Let’s Create a Culture of Emotional Intelligence

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At the conclusion of this session participants will be able to:

- Identify challenges of navigating institutional culture for students interacting in a variety of clinical settings.

- Discuss the importance of integrating concepts of emotional intelligence throughout curricular plans of study.

- Consider contemporary research findings in the health science literature regarding emotional intelligence among students.
Impetus to Design a Learning Session focused on Emotional Intelligence
5 Characteristics of Emotional Intelligence

- Self awareness
- Self regulation
- Motivation
- Empathy
- Social skills
Description of the Activity

• Two educational sessions were delivered to students
  • matriculated across health professions
  • optional leadership development program
    • Spring of 2014
    • “Leadership Live”

• The presenters represented the School of Nursing and the School of Health Professions
Purpose

• Inform health professional students of the use of emotionally intelligent behaviors that shape institutional culture

• Stimulate dialogue regarding concepts of emotional intelligence as they relate to subgroups of health professionals

• Lay foundation for future interprofessional research themes

• Discussion of the power of institutional culture and opportunities to shape culture
  • the use of emotionally intelligent behaviors
What did you learn by attending this session?

I never heard the term emotional intelligence before. It was an interesting presentation.

I learned the importance of connecting with others and how my emotions impact others; introspection and motivation.

How EQ and culture, along with self awareness, self regulation, motivation, empathy, and social skills all reflect leadership and influence fellowship.

Being emotionally intelligent is one of the most important things in your job and even in life. It makes your employees, patients, and people around you happier and more optimistic. Emotional intelligence can make you a good role model and empower others around you.
Fundamental Assumptions in Health Science Education

- Faculty
  - gate keepers of the profession
  - as professionals, accountable to society at large for our performance

- Patients
  - expect safe, high quality care
  - considered an integral part of the health care team

- Students
  - are vulnerable
  - a hierarchical relationship exists
    - between the teacher and the learner
Layers of Culture

- Student
- Profession
- Clinical Agency
- Thomas Jefferson University
Relevance to Interprofessional Education and Practice

• These sessions were designed to stimulate dialogue regarding concepts of emotional intelligence as they relate to subgroups of health professionals.
Preliminary Assessment

• Discussion of institutional culture and opportunities to shape culture through the use of emotionally intelligent behaviors prompted consideration of additional areas of interprofessional research on this topic.
Recommendations for Future Investigation

• Develop educational sessions based on interprofessional research that focus on the development of emotional intelligence among health science students.
Thank you!

Questions?