Planning and integrating tablet computing in an accelerated nursing curriculum.

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PLANNING AND INTEGRATING TABLET COMPUTING TECHNOLOGY IN AN ACCELERATED NURSING CURRICULUM

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Project Origin

- Educational Technologies Advisory Group
  - Includes one representative and one alternate from:
    - Library
    - Education Services
    - JeffIT
    - JCGS, JMC, JSHP, JSN, JSP, JSPH
Project Origin

- Educational Technologies Advisory Group
  - Charged with reviewing, evaluating and recommending new instructional technologies
  - Was considering how tablet computing could enhance student learning, access to information, and potential for assessment
Project Origin

- Educational Technologies Advisory Group
  - Went from everyone wanting to work with them…
  - Down to nursing alone once we asked for specifics on how it would be incorporated into the program
JSN Background

- Since 1891, Jefferson has educated women and men as highly respected nurse clinicians, educators, and researchers.

- Jefferson School of Nursing offers a distinguished educational program that combines research and technology with compassionate care. We are one of six colleges and schools dedicated to health sciences education and research at Thomas Jefferson University.

- Jefferson’s patient-centered model of healthcare education brings future nurses, pharmacists, physicians, therapists and technologists into the same classrooms and simulated clinical settings. Training together using the latest technologies in realistic environments gives students the knowledge, experience, and mindset to be successful members – and leaders – of the integrated healthcare team.
Pilot Project: JSN FACT Cohort

- The Facilitated Academic Coursework Track (FACT) is for highly talented students who already hold a bachelor’s degree in a field other than nursing. FACT students earn the BSN degree in 12 consecutive months of intensive full-time study.

- Students accepted into this program option are admitted to both the undergraduate and graduate programs. During the program’s undergraduate phase, students earn 55-credits, and an additional 9 graduate credits at JSN. Students are scheduled for theory course content two days per week; and clinical practicum experience 24 hours per week. This schedule allows time to integrate theoretical concepts and constructs into clinical practice. Clinical hours may include evenings and weekends.

- At the end of the program, students take the state nursing licensing exam and if successful, select their specialty area in the MSN specialty they wish to pursue.
JSN: FACT

- Jefferson School of Nursing has included using a personal digital device (qualified smart phone, pda or iPod Touch) in its curriculum for several years.

- These devices are used in the classroom, simulation laboratories and clinical setting.

- The content made available on these devices was from Unbound Medicine – Nursing Central. It included:
Premier Nursing Resource

Nursing Central™ is the premier source of disease, drug, and test information for nurses. Five trusted references, including a leading medical dictionary and literature searching, make finding answers and improving patient care easy. Learn More...

Search Nursing Central

Browse

- Davis's Drug Guide
- Davis's Lab & Diagnostic Tests
- Diseases and Disorders
- MEDLINE Journals, Selected
- Taber's, 21st Edition

Nursing Central™ for Mobile Devices

Nursing Central, available for iPhone®, BlackBerry®, Android™ and Windows Phone® is optimized for each platform and features superior navigation, so answers are easy to find at the bedside or anywhere they’re needed.

Download Nursing Central
Project Objectives

1. Evaluate the usability of the iPad as single tool for accessing instructional materials used in the nursing curriculum.
2. Measure student and faculty satisfaction with using the iPad.
3. Measure student satisfaction with wireless access in the lecture hall, simulation laboratories, library and clinical sites.
4. Evaluate use of the iPad as an audience response tool, compared to the use of the handheld "clickers" used the previous year.
5. Evaluate the use of the iPad as a clinical reference tool, compared to the use of the PDD used the previous year.
6. Evaluate the use of the iPad as an assessment tool for exams in Blackboard.
7. Evaluate the usability of the iPad as single tool for accessing instructional materials used in the nursing curriculum.
Project Support

- Chief Information Officer provided funding to help offset the student cost of purchasing iPad2.
- School of Nursing Dean provided funding to purchase faculty devices.
- Education Services and University IT provided support services for faculty and student training and development.
Campus Support Services

- Classroom and library support are provided by AISR (Academic & Instructional Support & Resources)
- JeffIT is our infrastructure group responsible for wireless network, desktop computers, enterprise systems, etc.
- Together this group tested the wireless availability in the classrooms and identified where increases in services would be needed (everywhere!)
- Additional access points were installed in the classrooms and a support team of personal from both groups would be available on the first and second days to help make sure students were able to get the iPads onto the network, sign into the email and Blackboard accounts, and provide help with any apps the students were having trouble with.
Faculty Support

- Timing – iPad2 just released
- User Manual
- Setup (campus wifi network, e-mail, calendar, etc) and ongoing support/troubleshooting
- Meaningful Use – everybody hopes for it
  - Instant access to text books
  - Include searching web in class activities
  - TurningPoint for interaction and attendance
  - Drug dosing calculations
  - Heart sounds
  - Testing
  - Clinical companion resource
Student Support

- iPad distribution with the bookstore
- Orientation workshop and User Manual
- Getting onto the wireless network
- Setting up email
- Configuring the TurningPoint and Nursing Central applications
There’s an app for that...

- **Required**
  - Nursing Central (purchased by students)
  - Kaplan (via Safari)
  - Elsevier’s Vital Bookshelf (for ebooks, app is free)
  - TurningPoint ResponseWare (paid for by JSN)
There’s an app for that…

- Recommended by us
  - Find my iPhone/iPad (free)
  - DropBox (free)
  - NCLEX-RN Quiz Cards ($2.99)
  - Blackboard Mobile Learn (free)
  - MedLab Tutor (free)
  - Mnemonics ($1.99)
  - Pages ($9.99)
  - Keynote ($9.99)
  - iStethoscope Pro ($.99) or iAuscultate ($.99)
  - iAnnotate ($9.99) or Noterize (free)
Also Required/Recommended

- Passcode Lock (required)
- Wallpaper image with name and contact information (recommended)
- Erase Data on 10 failed passcode attempts (required)
Facilitated Academic Coursework Track (FACT)

Welcome to the Facilitated Academic Coursework Track website

- **Pulse**
  Your Jefferson courses and organizations, including your JSN Fact website with support documents and videos

- **JEFFLINE**
  JEFFLINE is the University’s library website

- **Nursing Skills Videos**
  Access to downloadable videos (will appear in your iPod app in the iTunesU library)

- **Evolve**
  Evolve is the Elsevier website where you enter your book codes

- **Kaplan**
  Kaplan provides self-study tools

- **AppleCare (online) or 1-800-375-2273**
  24/7 Support for any questions or problems with your iPad, including questions about downloading apps and syncing with iTunes

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Student Organization

[Image of a webpage with announcements and links]

**Announcements**

- Mon, May 16, 2011 -- Welcome to FACT Class of 2012!  
  Posted by: Karen Papanastat
Video Demonstrations

- Video Demonstrations
- Installing iTunes
- Launching iTunes
- Editing a photo for your lock screen wallpaper
- Setup your lockscreen
- How to setup Find my iPad
- Registering your ResponseWare Device

[RegisteringTPResponseWare_demo.zip](#) (Package File)
Discussion Groups: Support

Welcome FACT Class of 2012,

Post your questions here! Need an answer to your questions? Post questions here and read through the postings for more valuable information! This iPad student-to-students support site offers you an opportunity to use the discussion board format to help you to become familiar with iPad technology, and get quick answers and information from your colleague related to the iPad, electronic information, e-books, app, resources and more for your iPad.

How to post to the DISCUSSION BOARD:
Select the highlighted word link "FORUM", which will launch you into the discussion board. To submit your answer, select "ADD A NEW THREAD" and then, type in your response and then, be sure to click on "SUBMIT". To view your fellow student responses click on the response and read. You may chose to reply to their response by selecting the "Reply" tab at the bottom of the screen and then "SUBMIT" to post it or cancel.

How to send a group or individual EMAIL:
Go the the "Communication Tab," left hand side, under tools. Select "send email" to all users or to selected users.

A special recognition and thank you to the FACT student "super-users" who volunteered to assist and help guide their fellow students!

Rick McEwan
Amber Tran
Tony Pinto
Chamaio Cheyenne-Ridge
Eric Eleneko
Christina Furia
Tiffany Fearone
Karen Papastrat, Asst. Dean Senior Level
Discussion Groups: Apps

Organization Discussions: Share new apps

- Love Notarize
  - RE: Love Notarize
  - RE: Love Notarize
  - RE: Love Notarize
- Applications that may peak your interest

- Jillian Bird 5/24/11 9:27 PM
- Anne Spiegelman 6/4/11 9:18 PM
- Jillian Bird 6/5/11 10:36 PM
- Jillian Bird 6/5/11 10:37 PM
- Jillian Bird 6/5/11 10:37 PM
- Amber Tran 5/30/11 12:23 PM
Evaluation

- Student Demographic and Orientation Surveys
- Student and Faculty Satisfaction Surveys
- Student and Faculty Focus Groups
- Classroom Observation
- Course Evaluations
Next…

- We are continuing with the FACT program again this year – new ebook provider.
- We are expanding to the traditional undergraduate program (entering students, not required for seniors)
- We are expanding to the DNP
- And we’re moving to an alternative eBook source, Kno.
Next: Changing from Elsevier Vital Source Bookshelf to Kno
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Next: Changing from Elsevier Vital Source Bookshelf to Kno
Next: Changing from Elsevier Vital Source Bookshelf to Kno

Clinical Nursing Skills & Techniques, 7th Edition
Chapter 10 Exercise and Ambulation

rationales for the ROM exercises, and describe and demonstrate exercises to be performed.

4. Assess patient’s level of comfort (on a scale of 0 to 10 with 10 being the worst pain) before exercises. Determine if patient would benefit from pain medication before beginning ROM exercises.

5. Wear clean gloves if wound drainage or skin lesions are present.

6. Assist the patient to a comfortable position, preferably sitting or lying down.

7. When performing active-assisted or passive ROM exercises (Table 10-2, p. 232), support joint by holding distal portion of extremity or using cupped hand to support joint (see illustration).

STEP 7 A. Support joint by holding distal and proximal areas adjacent to joint. B. Support joint by cradling distal portion of extremity. C. Use cupped hand to support joint.

- Orthodox Jews may not be able to operate a continuous passive motion (CPM) machine during Sabbath and Holy Days.
- Concede the table to obtain permission for the patient to use the CPM machine.
- Names should be responsible for turning the CPM machine on and off during the Sabbath and Holy Days (Galatian, 2007).
- Use gender-congruent care to apply elastic stockings and sequential compression devices for women from cultures that emphasize female modesty. Hindus, Muslims, and Orthodox women may not comply with the treatment measures for fear of being exposed to the opposite sex.
- Most elderly Asian, Hispanic, and African women prefer tobare their legs and thighs only to other women.
- Provide for female privacy when assisting patients with ambulation.
- Muslims should be told to be fully covered when in public because of the emphasis on AZ hi, or female modesty (Simpson and others, 2009).
- South Asian women such as Cambodians, Vietnamese, and Southeast Asian severely restrict exposure of their lower torso and will use their ambulatory aids properly dressed.

Skill Performance Guidelines

- Check the physician’s orders to determine the patient’s activity level and type of exercises or assistive device.
- Remove the patient’s cast or splint for the exercise of the extremity.
- Explain or demonstrate the exercise to the patient.
- Encourage the patient to participate and assist in the exercise.
- Observe and report the patient’s response to the exercise.
- Adjust the exercise as necessary to meet the patient’s needs.
- Provide support and relaxation to the patient during the exercise.
- Assist the patient to a comfortable position for exercise.

PROCEDURAL GUIDELINE 10-1 Performing Range-of-Motion Exercises

Rapid or forceful ROM exercises may be active, passive, or assisted. They are effective if the patient is able to perform the exercises independently and passively if the exercises are performed for the patient by the caregiver. In every aspect of activities of daily living (ADLs), encourage the patient to be as independent as possible. Active and passive ROM exercises are encouraged and supervised every day by the nurse. Inconspicuous active ROM exercises in the patient’s ADLs (Table 10-1, p. 231). Incorporate passive ROM into bathing and feeding activities. Collaborate with the patient to develop a schedule for ROM activities.

Delegation Considerations

The skill of performing ROM exercises can be delegated to nursing assistant personnel (NAP). Patients with spinal cord or orthopedic surgery usually require exercise by professional nurses or physical therapists. The nurse directs the NAP by:

- Monitoring the patient’s responses and providing feedback to the NAP.
- Providing guidance in the performance of the exercise.
- Ensuring the patient’s comfort and safety during the exercise.
- Assessing the patient’s progress and effectiveness of the exercise.
- Ensuring that the exercise is performed safely and effectively.

Equipment

- No mechanical or physical equipment needed
- Clean gloves (optional)

Procedural Steps

1. Review patient’s chart for physical assessment findings, physician’s orders, medical diagnosis, medical history, and progress.
2. Obtain data on patient’s baseline joint function. Observe for limitations in joint mobility, edema, or warmth over joints, joint tenderness, deformity, or crepitus produced by joint motion.
3. Determine patient’s or caregiver’s readiness to learn. Explain all rationale for the ROM exercises, and describe and demonstrate exercise to be performed.
4. Assess patient’s level of comfort on a scale of 0 to 10 with 10 being the worst pain before exercises. Determine if patient will benefit from pain medication before beginning ROM exercises.
5. Wear clean gloves if wound drainage or skin lesions are present.
6. Assist the patient to a comfortable position, preferably sitting or lying down.

Continued
Next: Changing from Elsevier Vital Source Bookshelf to Kno

No way back from here, have to go to table of contents.
RATIONALES FOR THE ROM EXERCISES, AND DESCRIBE AND DEMONSTRATE EXERCISES TO BE PERFORMED.

4. Assess patient's level of comfort (on a scale of 0 to 10 with 10 being the worst pain) before exercises. Determine if patient would benefit from pain medication before beginning ROM exercises.

5. Wear clean gloves if wound drainage or skin lesions are present.

6. Assist the patient to comfortably sitting or lying down.

7. When performing active-assisted or passive ROM exercises (Table 10-2, p. 232), support joint by holding distal portion of extremity or using cupped hand to support joint (see illustration).

STEP 7 A. Support joint by holding distal and proximal areas adjacent to joint. B. Support joint by cradling distal portion of extremity. C. Use cupped hand to support joint.
Next: Changing from Elsevier Vital Source Bookshelf to Kno

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STEP 7 A. Support joint by holding distal and proximal areas adjacent to joint. B. Support joint by cradling distal portion of extremity. C. Use cupped hand to support joint.

- Orthopedic team may not be able to operate a continuous passive motion (CPM) machine during Sabbath and Holy Days.
- Cancel the table to obtain permission for the patient to use the CPM machine.
- Names should be responsible for turning the CPM machine on and off during the Sabbath and Holy Days (Cohen, 2014).
- Use gender-appropriate care to apply elastic stockings and sequential compression devices for women from cultures that emphasize female modesty. Hindus, Muslims, and Orthodox women may not comply with the treatment measures for fear of being exposed to the opposite sex.
- Most older Asian, Hispanic, and African women will not let their legs and thighs touch other women.
- Provide for female privacy when assisting patients with their undergarments.
- Muslims instructed to be fully covered when in public because of the emphasis on faith, or female modesty (Spruenn and others, 2008).
- Southeast Asian women such as Cambodians, Vietnamese, and Laotians severely restrict exposure of their lower torso and will only likely ambulate unless properly dressed.

Skill Performance Guidelines

1. Check the physician’s orders to determine the patient’s activity level and type of exercises or assistive device.

PROcedural GUIDELINE 10-1 Performing Range-of-Motion Exercises

RUM exercises may be active, passive, or active-assisted. They are active if the patient is able to perform the exercises independently and passive if the exercises are performed for the patient by the caregiver. In every aspect of activities of daily living (ADLs), encourage the patient to be as independent as possible. Active and passive ROM exercises are encouraged and supervised every day by the nurse. Incorporate active ROM exercises in the patient’s ADLs (Table 10-1, p. 231). Incorporate passive ROM into bathing and feeding activities. Collaborate with the patient to develop a schedule for ROM activities.

Delegation Considerations

The skill of performing ROM exercises can be delegated to nursing personnel (NAP). Patients with spinal cord or orthopedic trauma usually require exercise by professional nurses or physical therapists. The nurse directs the NAP by:
- Scheduling to perform exercises daily and to provide adequate support to each joint being exercised.
- Continuing to exercise joints beyond the point of resistance or to the point of fatigue or pain.
- Discussing the patient’s individual limitations or preexisting conditions such as arthritis that may affect ROM.

2. Know the patient’s past medical history. Know why the patient needs assistance with ambulation and any contraindications or limits to exercise.

3. Know the patient’s normal range for vital signs. Vital signs can change. Tachycardia and tachypnea can be frightening and stressful, so a set of baseline vital signs is necessary.

4. Assess baseline muscle strength. The patient may need muscle-strengthening exercises below ambulation.

5. Assess baseline joint function. This determines whether range-of-motion (ROM) exercises are needed and provides a baseline for comparison after ROM exercises are initiated.

6. Teach the patient with the type of assistive device used to prepare and use devices and teach patients to use them safely and independently.

7. Prepare the patient. Make sure the patient is wound and not agitated. Ensure extra personnel to assist, safety devices, and flat, nonskid shoes for the patient.

Address the patient’s fear of falling if present.

Determine the type and frequency of intervention. Activity that is appropriate for one day or one shift can change, resulting in an increased or decreased need for assistance with ambulation or a change in the type of intervention.

Know the patient’s home care plan. The patient may need to continue the exercise regimen or use an assistive device at home.
Next: Changing from Elsevier Vital Source Bookshelf to Kno

- Kno collects the highlights I make and builds a “journal” I can use for review.
Q & A

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