Fall 1989

Nurses Alumni Association Bulletin, Fall 1989

Alice C. Boehret
Margaret Summers
Julie S. Berkowitz
Grace Bird Petersen
Frances Baker Anderson Crossan

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ALUMNI ASSOCIATION OF THE SCHOOL OF NURSING
College of Allied Health Sciences
Thomas Jefferson University

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JEFFERSON NURSES' ALUMNI ASSOCIATION MEETING CALENDAR

Regular meetings of the Alumni Association will be held on the following dates:
- September 12, 1989
- November 14, 1989
- January 9, 1990
- March 13, 1990
- May 5, 1990 (Annual Meeting)

The meetings will be held at Jefferson Alumni Hall, 10th and Locust Streets, Philadelphia, PA. Meetings begin at 4:30 P.M., except the Annual Meeting which will begin at 10:00 A.M. Room number will be posted in the lobby.

OFFICERS 1989-1990

President
ALICE C. BOEHRET, '42

First Vice President
CAROLE ROSELE, '56

Second Vice President
JEANETTE PLASTERER, '51

Recording Secretary
NANCY T. POWELL, '51

Treasurer
DOROTHY A. CLOUD, '42

President ex-officio
FLORENCE ROCHE, '56

BOARD OF DIRECTORS

DORIS E. BOWMAN, '42
PATRICIA DUNN, '71
DOLORES HECKENBERGER, '55
JANET HINDSON, '50
BETTY PIERSOL, '34
MABEL C. PREVOST, 29
DOROTHY RANCK, '39
MARGARET SUMMERS, '41

THE BULLETIN PUBLICATION COMMITTEE 1989

BETTY PIERSOL, '34
NANCY T. POWELL, '51
ELIZABETH K. PRINSON, '47
MARGARET SUMMERS, '41, Chairman

Credits
MARIA ELRIETH
Assistant Director of Development and Director of Alumni Programs—C.A.H.S.

GAL DRYDEN
Alumni Events Coordinator—C.A.H.S.

The Bulletin is published annually by Alumni Association of the School of Nursing of Thomas Jefferson University, Philadelphia, PA 19107

COMMITTEE CHAIRMEN

Bulletin
MARGARET SUMMERS, '41

By-Laws
DOROTHY RANCK, '39

Finance
BETTY PIERSOL, '34

Nominating
PATRICIA DUNN, '71

Relief Fund (co-chairmen)
MILDRED DEKORTE, '42
LOUISE McCALL, '49

Scholarship
MABEL C. PREVOST, 29

Social
DORIS E. BOWMAN, '42

THE President's Message

Dear Fellow Alumni,

Well, our first year is over and we have had a very busy year. Several changes have been instituted which we hope will be of benefit to the members of the Jefferson Nurses' Alumni Association. These changes are included in the committee reports and the minutes of bi-monthly meetings reported elsewhere in this Bulletin.

There were nineteen added to our Life Membership list this year. This brings our total to 240 living Members. A total of 40 graduates joined our ranks as members but 23 members died. So we did gain a few.

The format of the Annual Meeting changed. We tried to include a summary of all of the actions taken during the year. The Melville-Lewis Scholarship Fund regulations were amended and approved by the members in attendance. These regulations are in detail in the Report of the Scholarship Committee.

For the first time, a Budget was presented to the membership and approved. No one is ever really satisfied with a budget, but it is a first step and will improve the membership direct.

The Meeting was too short for the 72 members attending to grasp all that was being presented. The Board of Directors are considering ways to lengthen the meeting and still give reunioning classes time to socialize to catch up on the intervening years.

One of the major problems we face, is lack of people to carry on the work of the organization. Very few Jeff nurses who live in the Philadelphia area come to the bi-monthly meetings, or serve on the committees essential to the success of activities. The Luncheon Committee (Social) was chaired by Nancy Scott and due to the death of one member and the illness of the husband of another, she had to carry the load alone. She did a magnificent job and we are grateful.

The Officers and Board of Directors just seem to be shuffled from one job to another in the organization. Many are serving their second term in an office, and two are in their third term which is contrary to the By-Laws. However, the Chairman of the Nominating Committee can find no one to serve, or even run for office. In the same vein, two of the Board serve on five of the six committees. They need a rest and the organization needs new people to carry on the work which is for our membership.

The Satellite group in Harrisburg is moving ahead at a full head of steam. Several of their suggestions have been acted upon and the organization improved. Dorothy Ranck who spearheaded the group with Gladys Keiper is to be complimented on the excellent job. There are other groups who have indicated interest and we wish them well in their endeavors.

It is with regret that we announce the resignation of Caroline Masuda as Treasurer. She is moving to Florida and that is much too far to commute to meetings. The Board has appointed Dorothy Cloud '42 as an interim Treasurer while we seek for someone who can serve for an extended period. Our Treasurers tend to serve for 20 years.

This is a long report; however, much happened this year. Next year will probably be the same. We hope we will see more of you at our meetings, bi-monthly for the Philadelphia area, and the rest of you at the Annual Meeting.

Respectfully submitted,
Alice C. Boehret, RN, EdD
President
TREASURER'S REPORT May 1, 1988 — April 30, 1989

Cash Receipts

Cash Disbursements

Marguerite G. Barnett Memorial Fund

- Annual Dues
- Dues
- Annual Giving
- Luncheon Receipts
- Sale of Caps
- Reimbursement from First Pennsylvania Bank (for Christmas checks & floral birthday arrangements)

Cash Balance as of May 1, 1989

Cash Balance as of May 1, 1988

Relief Fund

Assets as of March 28, 1989

Total Assets as of May 1, 1989

Cash Disbursements

- Salaries
- Society Hill Florists (22 birthday arrangements)
- Printing & Office Supplies
- Scholarship Fund
- United Way Contribution
- Luncheon Expenses
- Office Supplies
- Satellite Committee Expenses
- Christmas Checks (8 ($100.00 each)
- Winnchell Co. (3000 annual bulletins)
- Winnchell Co. (1988 Financial Statement)

Total Disbursements

- Miscellaneous Expenses
- Internal Satellites

- Scholarship Fund
- Internal Satellites
- Miscellaneous Expenses
- Winnchell Co.

$38,300.91

$25,120.31

$7,220.00

$20,187.00

$4,950.00

20.00

65.00

1,963.50

$35,070.50

MARGARET SUMMERS, Treasurer

Brown, Brouse & Company

Certified Public Accountants

ALUMNI ASSOCIATION OF THE SCHOOL OF NURSING
THOMAS JEFFERSON UNIVERSITY

STATEMENT OF ASSETS AND FUND BALANCE
DECEMBER 31, 1988

CASH

$4,580

ENDOWMENT FUNDS:

Relief Fund $988,424

Scholarship Fund 105,406

Marguerite G. Barnett Memorial Student Loan Fund 57,974

1,169,804

2,518

$1,156,382

4

Decade Fund

Early in 1984 Thomas Jefferson University started a Decade Fund to raise monies for the University. We, the Alumni Association were invited to participate, and we accepted the challenge.

In 1984 the Alumni Association started a Decade Fund, by doing this we would benefit from the accrued interest. The fund was closed December 31, 1988. March 1989 the money including the interest amounting to $25,000.00 was transferred to the University. The Alumni Association requested that $25,000.00 go the Department of Nursing, to be used for nursing research by the Department of Nursing. The request to use the funds for nursing research by the Department of Nursing, to be used for nursing research by the Department of Nursing.

Margaret Summers, '41

AGREEMENT

April 1, 1937

Nurses' Alumnae Association Relief Fund

The following is a reprint of the Relief Fund Agreement established April 1, 1937

AGREEMENT

April 1, 1937

The Nurses' Alumnae Association of the Jefferson Hospital, an unincorporated organization, membership in which is restricted to the nurses who have graduated from the School of Nursing of the Jefferson Hospital, hereby, through its Officers specifically directed to make this request by the Association itself, request the Board of Trustees of the Jefferson Medical College to receive, in trust, the sum of Eleven Thousand Dollars ($11,000.00), to be invested in perpetuity in a fund to be known as 'The Jefferson Nurses Relief Fund', the same to be maintained as the Alumnae Fund of the above organization and to be invested and re-invested for the benefit of the Association, the income from the principal sum of $11,000.00, to be used for the benefit of members of the Association who may be ill or otherwise unfortunate, and to be paid to the Treasurer of the Nurses' Alumnae Association, upon request signed by the President and Secretary of the Association after due authorization given by the Association itself.

The Nurses' Alumnae Association requests that the Board authorize additions to this principal fund from time to time and that they be received under the same conditions as stated heretofore.

In the event that the Nurses' Alumnae Association should cease to exist or to function, the Board of Trustees are authorized and requested to utilize the fund for the purposes for which it was established, as stated above.

Heine Weber President

Fern Nunemaker Secretary

Bertrice L. Freidenberger Treasurer

Margaret Summers, '41
Rediscovery of a Rare Antiquity at Jefferson

by Julie S. Berkowitz, the University Art Historian
Adapted from an article in the Jefferson Medical College Alumni Bulletin, Winter, 1989

Thompson Annex's ground floor elevator lobby is an unlikely site for an archaeological "find," yet recently it hosted such an event. A niche there yielded a full-length, 46 1/2 inch, marble statue of the Goddess Athena. The torso was created in the early Roman Imperial period, and the head and arms were added to the damaged work in the eighteenth or nineteenth century.

The statue was not hidden, but actually had been on view for decades. In recent memory it attracted little attention except from Jefferson pranksters who occasionally rotated the work on its pedestal and festooned the costume with balloons, scarves and tinsel. Surprisingly, no records on the sculpture have emerged. No one yet interviewed has documented information about the work's donor or date of donation.

Since this work does not appear in any inventories or insurance appraisals, many interested Jefferson staff have inquired how I was able to recognize the statue's antiquity. An analogous situation is a physician's or nurse's visual observations of a patient before taking a history or conducting laboratory tests. Previous experience and accumulated knowledge form a working hypothesis of the disease or condition. When an art historian sees an unfamiliar art work, this knowledge forms a working hypothesis of the disease or condition.

I purchased numerous ancient Greek and Roman female figures dressed in Classical costume. From the mid-fifth century B.C. there was a typical stance-weight on one leg, the other bent at the knee-with softly draped folds of the costume revealing the musculature of underlying forms. This suggested probable burial in antiquity and long exposure to the elements.

At first, I felt uneasy about the head and arms which were white, anodized, and free of accretions. They were heavy and stiff compared with the delicately carved drapery folds over the slender, lithe body. Then I noticed cracks and bonding elements at the neck, and concluded that the head and arms must have been added centuries later.

Since the hypothesis was only an educated guess because ancient art is outside my area of expertise, I consulted with area scholars who specialize in ancient art and archaeology. All six experts agreed unequivocally that the torso is an ancient Roman work ranging in date from 100 B.C. to the 3rd century A.D. Because of shallow carving in the figure's back, the experts also agreed that the sculpture originally must have stood in a niche or against a wall and was probably part of a larger architectural assemblage in or near Rome.

Many such sculptures came to America either directly from Rome or via England. I think that the unknown donor was probably a Jefferson trustee, faculty member or graduate. Several Jefferson "oldtimers," including Peg Summers (class of '41), Betty Piersel (class of '34) and Martha Riland (class of '27), remember the work as "always" being in its niche in Thompson Annex's ground floor elevator lobby.

Interestingly, the earliest documentary evidence of Athena's whereabouts is a photograph in the 1939 Nosokomia. Since I have not been able to examine yearbooks to determine 1910-1933, I would appreciate alumnae or families who own such books to look for additional photos or mention of the statue.

The statue has now been relocated to the anteroom of the Eakins Gallery in Jefferson Alumni Hall. While it is not a great masterpiece, its size, origin, and good condition make it an historic treasure, the kind of object rarely owned by an American health care institution.

Looking Backward 50 Years

I'm looking forward to my 50th anniversary after graduating as a registered nurse in 1939, at Jefferson Medical College Hospital School of Nursing. I am sure many of us think back to the day when it all began.

I arrived at the nurse's residence from New Jersey. Philadelphia was the farthest I had ever been from home. I was taken to a large front room in 1016. Two large windows faced on Spruce Street. The curtains and walls seemed to be one dull color-no pictures. There were five cots with a thin mattress, five clothes lockers, three chests of drawers, five straight chairs, and all of things, a rocking chair.

Right next door was a bathroom with one tub, two sinks and two toilets. This was shared with three other girls from a room down the hall. You can imagine the commotion that took place there in the mornings when we were all preparing to go on duty. We rushed in and out in all stages of dress and undress so as not to miss our turn.

We were given work for duty on 9th and 11th Streets to get to the hospital in the mornings. Along the way we passed the loading platform of Horn and Hardart's bakery, in the winter the warmth and aroma of freshly baked bread was intoxicating.

The Night Supervisor, Miss Anna Shafter, sat at a table just inside the dining room and watched us sit in—no rings or nail polish allowed. She would also tell us when to report to another place of duty.

When we were probationers we reported for duty about an hour before going to our classes. During this time we set up trays, helped to serve breakfast and collected the trays. The water pitchers and glasses were collected, taken to the kitchen to be washed, then filled and returned to the patients. The bedside tables were washed, floors swept and the beds lined up in a straight line.

The hours of duty were from 7 a.m. to 7 p.m. We had two hours off but did not know when until we went on duty. Sometimes we were allowed to sit on our two hour off. The hours for night duty were 9 p.m. to 7 a.m., with a meal between 10 and 11 p.m. A nurse from the day shift usually washed up on the ward from 7-8 p.m. She would get two extra hours off during the day.

All of the girls in our room were from various places in Pennsylvania. We got along with each other very well, although I thought some of their Pennsylvania Dutch expressions were a little strange. In fact, Barbara Harding, Mary Lou Fisher, and I still exchange letters and visit. In our yearbook we were called "The Three Marx Sisters." One of us was assigned to "relief duty" on Men's Special Ward. We could hardly wait for her to come off duty as she always seemed to have something unusual or funny to tell us.

One night she came in and told us—"one of the men had put a paper bag over his head and then jumped off the 3rd floor balcony." It was not long after this episode that she decided she would not continue in training. We wondered if her decision was influenced by Men's Special Ward. We could not visit her or send messages. We sent her a letter through the mail, saying that we were sorry we could no longer associate with her.

Of course, we had all been doing the same thing, but from then on we looked out to see if anyone was coming. The assistant House Mother was a short buxom lady who began every conversation with "now honey." Honey Conson was how all the students referred to her.

One day she met with "now honey," you should not have sent your clothes to the laundry in a pillow case. When I kept telling her that I had not done so, she said, now Miss Harding, you did just that. I finally convinced her that she had the wrong person. Barbara and I were sometimes mistaken for each other and we made the best of it. Barbara's mother made her beautiful clothes and we traded around as the need arose. No wonder Miss Melville told us in Ethics class that she had seen the same hat go down the street several times and each time with a different face under it.

On week nights we were to be at 9 p.m. and Saturday and Sunday at 10 p.m. You could apply for a late pass until 11 p.m. once a month, but you didn't always get it.

"The Three Marx Sisters"
1936
Barbara M. Harding
Grace E. Bird
Mary Lou Fisher
"Honey" always opened the entrance door promptly at 9 p.m. Girls and their dates would be grouped on the sidewalk. One winter night someone threw a snowball just as she opened the door and it hit her on the chest. You can be sure we were flushed in — in a hurry that night. When we were assigned to the Diet Kitchen we went on duty an hour earlier. Three times a day we loaded a large cart with various foods and went to the different floors to provide "special diets." I always felt sorry for the patients at the last place, usually Second Floor Medical. If we ran out of a certain food we had to use something else. Weighing out a portion of a 6% vegetable could mean a whole plate full of something like turnips. The dietician, Miss Martha Walker, must have branded these two words on my brain — "substitute" and "improvise." I have never forgotten them.

I also remember, Mary the termagant who ran the second floor kitchen. She put the fear of death into anyone who dared to leave a spot on her new stainless steel sink. Miss Walker had her office in a corner of the Diet Kitchen. She kept a bright, yellow canary there. Not very sanitary, but it stayed in the cage. One day someone poured a large bowl of peas on high speed. The entire area turned green, including the canary. The purse was to be part of the gals and gals of liquid feeding that we made for patients with stomach feeding tubes. Milk, strained oatmeal, corn syrup, and pureed vegetables. It may have been nourishing, but, it looked like grey, beige food for the patients in the J. H. Chronic. I have often thought of those days, the companionship, and many shared experiences both on and off duty. It seems like it was yesterday, but now we are celebrating our 50th anniversary.

P.S. Now that I can use a rocking chair, I don't have one.

Gracie Bird Peterson, '39

When You're the Patient

The following article has been reprinted from Vol 4 #1, 1989 with the permission of AD NURSE JOURNAL, Data Design Inc., 2901 Oakhurst Ln., Franklinville, WI 53126.

By Nancy S. Braillard, ARNP, C, MSN

It was a "miraculous accident" according to my surgeon's operation report. I had been in the hospital for nearly a year, with increasing pain and some rather severe complications, but certainly not surgery nor emergency procedures. In the surgical ward for duty as usual. Miss Waltman was very understanding, and thereafter helped me overcome my fear. I certainly tried to observe and be brave. But I was still afraid. We finally became seniors and worked our way through all of the various departments of the hospital, Pine Street, and finished our lectures and exams. We were called to the office, one by one, to be told that we had passed and were given our grades. Although the discipline seemed harsh, the training and education were the best. You could always sense the respect when it was known that you were a "Jefferson Nurse." Over the years I have often thought of those days, the companionship, and many shared experiences both on and off duty. It seems like it was yesterday, but now we are celebrating our 50th anniversary.

"Jeff" Memories

In my sheltered life before 1924, I had not been exposed to birth, death, pain and suffering, and certainly not surgery or emergency procedures. I often fantasized as to how I would react to these encounters for the first time — my motto was BE BRAVE! I ran my first surgery patient to OR for a subcutaneous resection, and I certainly tried to observe and be brave. But after a half hour of cutting, chiseling, sawing and pounding, I fainted dead away, and was revived and sent back to the surgical ward for duty as usual. Miss Waltman was very understanding, and thereafter helped me overcome my weakness while on duty in her operating room.

With birth and death, the reactions were very emotional, from one extreme to the other. Joy and happiness as a new life was delivered to a happy mother. In death — disappointment that we were unable to save a life, and sadness to watch the last flicker of life slowly leave the body.

One special episode occurred that makes me wonder if any of my classmates remember. I was on night duty in busy men's Medical (mostly pneumonia patients), and we were nearing 7:00 A.M. with luxury thoughts of sleep, when orders came from Miss Anna Shafer to report to Miss Martin in maternity to attend a craniootomy operation. A member of the "little people's" circus in New Jersey had gone into labor, but was unable to deliver the head. After attempts had been made to "finish" the job at two other hospitals, she was referred to Dr. Montgomery. I shall never forget the witnessing experience of this tragedy. The baby was dead on arrival, of course, and we heard that the mother died later.

All of my experiences guided me safely through 5 years as a Jefferson Nurse in a rural area, with 24 hour "on call" duty. Besides home care to confined patients, I responded "on call" to Dr. Montgomery. I shall never forget the witnessing experience of this tragedy. The baby was dead on arrival, of course, and we heard that the mother died later. I have often thought of those days, the companionship, and many shared experiences both on and off duty. It seems like it was yesterday, but now we are celebrating our 50th anniversary.

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Bee Happy

In July of 1985, my husband Reyer and I attended a workshop and lecture on Beekeeping at an Eastern Apiary Society held at Franklin and Marshall College in Lancaster, Pa. We were challenged and impressed by the great amount of knowledge that exists about Beekeeping and because we wanted to eventually understand all that we saw and heard. In the spring of 1986 we enrolled in a Beekeeping course at Delaware Valley College in Doylestown, Pa. This course was then and is today taught by Dr. Robert Berthold Jr. We received our certificates after successfully completing the written, final and lab requirements. And so, armed with much confidence and a beginning knowledge of this subject, we bought protective suit, head-covering nets and long gloves. Reyer — as a woodworker/hobbyist — made the necessary boxes, hive bodies, broad chambers and honey supers. We bought two Nucleys (new, small bee colonies). We were on our way!!!

Now, this Spring of 1989, we have six hives living on Amish farms in our community. The farmers have the benefit of an increased yield of crop production due to super pollination and we have a maximum, delicious crop of honey to use and sell.

Reyer retired from Medical Practice last August. Now we have more time to work together. With the help of many friends in our local beekeepers association, we have learned to manage the hives to maximize honey production — to extract the honey — to package and to market. We take great pride in the care we use in producing a beautiful, clear, uncooked natural food product. We are also learning to use the bee products — Wax, Pollen, Royal Jelly and even the Propolis.

In this name of the Bee
And of the Butterfly
And of the Breeze
Amen

Emily Dickinson

Kindness

A little word in kindness spoken,
A motion, or a tear.
Has often healed the heart that's broken
And made a friend sincere.
A word, a look, has crushed to earth
Full many a budding flower.
Which, had a smile but owned its birth,
Would bless life's darkest hour.

Then deem it not an idle thing
A pleasant word to speak.
The face you wear, the thought you bring,
A heart may heal or break.

John Greenleaf Whittier

Beams of Sunshine

Do an act of kindness,
Gladdened someone's day,
Give a smile to someone
Passing by your way.
Share a thought with someone,
Could mean so much...
Little beams of sunshine
Brightening lives you touch.

Beverly J. Anderson

Nursing on an Indian Reservation

On December 19, 1976 I started work at the USPHS Indian Hospital on the Mescalero Apache Reservation.

The Mescalero Apache Indian Reservation was established by treaty in 1873 and is located in the Sacramento and Sierra Mountains. An elevation of 6500 ft. provides us with ideal conditions to care for patients with an average of 2-3 snowfalls a year and a rainfall of about 15 inches. You get to see the sun every day that it is very depressing when you get a cloudy day. I live on the reservation in government housing for 12 years.

The Inn of the Mountain Gods, owned and operated by the Mescalero Apache Tribe, is a resort for all seasons and has been featured on the TV program "Playgrounds of the Rich and Famous." Forty minutes from the Inn, is Ski Apache the largest ski area in southern New Mexico, also owned and operated by the tribe. They operate a large sawmill, two campgrounds and have a very successful beef cattle operation which all contribute to the prosperity of the tribe.

The Mescalero Apache Tribe has between 2500 and 3000 enrolled tribal members. They are the descendants of Cochise, Geronimo, Victorio, Mangas Colorado and I am sure many others. I have known the grandchildren of Cochise and it is very interesting when they tell you stories about their grandfather.

For a few days before and after the Fourth of July many Mescalero families and visitors, Indian families as well, pull up their tents, teepees and brush arbors on the hill surrounding the beach heads and live for a short time as their ancestors did. This is the time they celebrate the Mescalero Apache Maiden Publicity Rites Ceremony. The girls follow all of the traditional customs, drink only through reeds, they must avoid water on their bodies, never lose their temper or use harsh language, talk little and avoid excessive laughter lest they face becoming prematurely old. The Mountain Gods (the tribes sacred dancers) dance every night and it is very impressive. They dance only at night around a huge bonfire, takes you back in time. The public is invited to attend these ceremonies.

Another interesting time is Halloween, the last year I lived on the reservation I had 425 trick or treaters at my door. Everyone was dressed in costume. We would last about 3 hours and then they go to the Halloween party at the Community Center. If you were working that night you took your treats to work with you because they trick or treat at the hospital. You always count how many you had so you know how much candy to buy next year.

The existing hospital was built in 1967 and is a 15 bed facility with a very active Out Patient Department. Our Nursing Staff consists of 14 RN's, 2 LPN's and 2 MA. Our Medical Staff consists of 5 physicians and 1 dentist. The hospital also obtains the services of Medical Students. Several months ago we had a Medical Student from Jefferson and it was like a visit with someone from home. He was very well liked by both patients and staff. Dr. Eileen Hammar, one of our physicians will be joining the Associate Faculty at Jefferson later this summer.

When I started work here I was assigned to the In Patient Department. It was quite a change after doing nothing but Operating Room Nursing (many years as an O.R. Supervisor) after graduating from Jefferson in 1948. During this time I not only brushed up on my nursing care, I learned a lot about Indian culture. The medicine men are permitted to come into the hospital and practice Indian Medicine. You usually do not know when they have been here so you learn early not to destroy or comment on their medicines and food on the bedside table.

In 1979 our Director of Nurses became ill and had to retire. I was appointed Acting Director of Nurses. This lasted 2 years until they found someone to fill the position permanently. I received letters of commendation from our Area Director and the Area Nurse Consultant for my performance during this time.

My next assignment was Nurse Educator and Training Coordinator for the Service Unit. I was in charge of planning in-service and education seminars for the nursing staff and coordinating training for the hospital employees. I worked with the Eastern New Mexico Emergency Services in providing continuing education for our ambulance drivers and other EMT's on the reservation. In 1984 I received their award for outstanding Nursing In-Service Director.

In 1986 the government closed the hospital and I was moved back into the present care for Out Patient Supervisor. This is a very busy area with about 1500 patient visits per month. We have General Clinic everyday plus many Specialty Clinics. For our Specialty Clinics we use physicians in private practice and physicians from William Beaumont Army Medical Center in El Paso, Texas. Our Well Child, Prenatal, and Diabetes Clinics are staffed with our own physicians.

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My current title is Out-Patient Supervisor, Nurse Educator, Training Coordinator and Site Manager for the computer system. A long title and it keeps me busy.

Over the years my career has branched out into many areas. I believe this proves that I received a well rounded education at Jefferson and I am very proud to be a Jefferson Nurse. With retirement just a few years away we bought a property on the desert and moved off the reservation. Living on an Indian Reservation was quite an experience and fulfilled a life long dream. I enjoyed the 1988 Eulenia very much, especially the article about Sister Rose. I wonder if she remembers the night we tried to make whipped cream and ended up with butter; or the time we liberated via the Philadelphia sewer system. I have many happy memories of my days at Jeff. I tried to put names to the picture of my classmates with about a 50% success rate. I do know I will ever make it back to a reunion but I think of you every May.

Hello to all my classmates and if you ever find yourselves in Alamosa, New Mexico, please look me up.

Dorothy graduated September 1948 from Jefferson's School of Nursing.

Dorothy Mogle Forshay
P.O. Box 3524, Bales Sta.
Alamosa, N.M. 81101

11
Supporting Parents With Mental Retardation

Twenty-four hours a day, every day of the year, young children depend upon their parents to make sure their needs are met. This is a pretty incredible challenge, especially for parents of children with mental retardation. Helping these families, in which one or both parents have mental retardation, to meet this challenge is a growing concern for those who work with children and families in the fields of public health, education, child development, developmental disabilities and child welfare.

Like all parents, those with mental retardation have a wide array of parenting capabilities that vary according to their own experiences, education, knowledge and skills in caring for children, and personality style. However, because of their cognitive limitations, parents with mental retardation often have difficulty understanding their child's needs and how to procure services to help them meet these needs.

All too often, these parents do not receive the kinds of community services and support that would enhance their capacity as parents. Generally, these parents require more extensive and specialized training to develop parenting skills.

The Positive Parenting Project (PPP), in partnership with Specialized Management Services, a non-profit Wisconsin entity, is an innovative response to the needs of families in which one or both parents have mental retardation.

Parents who participate in PPP have difficulty understanding their child's needs and how to provide services to help them meet these needs.

The Positive Parenting Project (PPP) of Brown County, Wisconsin, is an innovative response to the needs of families in which one or both parents have mental retardation. This 3-year project, funded by the Wisconsin Department of Health and Social Services, is part of the Supported parenting Program, a joint effort among social services for eligible families, including evaluation, treatment and education in the areas of nutrition, home management, health and each child's developmental and parenting skills. Eligible families are referred to the project by a variety of sources, including public health nurses, social workers or physicians. Consists of a registered nurse and project assistant — provides services for 10 to 15 families. While the goal of the project is to help each child reach his or her full potential, the focus is the whole family. Teaching the parents to teach the children may be time-consuming and resource-intensive in regard to parents with mental retardation.

The project is operated through the Community Service Center in Green Bay, Wisconsin, a nonprofit organization that offers services to persons with mental retardation. Currently, PPP is part of the Supported parent Program in the Department of Developmental Disabilities and the Waisman Center on Mental Retardation and Human Development of the University of Wisconsin-Madison. This 3-year project is funded by a grant from the Wisconsin Medicaid and Child Health Improvement Program, DHD5, as well as provides technical assistance and consultation regarding parents with mental retardation to health and social services agencies throughout Wisconsin.

Parents who participate in PPP generally have functional skills within the normal to mild range of mental retardation. While most of the parents are concerned and committed to the welfare of their children, they typically exhibit difficulty in coping with the changes of caring for their children and are experiencing significant parenting problems. Although each parent has unique strengths and deficits, there seem to be some common problems among parents served by the project.

One major problem for these parents is difficulty in learning parenting skills. This might be due to several factors, including a tendency to over- generalize, difficulty following directions, and difficulties in coping with children. For example, one parent was instructed to call the project nurse if her child developed a chicken pox after a known exposure. This parent called the nurse repeatedly because she thought each rash she noticed on her child—whether it was diaper rash, heat rash or mosquito bites—was chicken pox. The project nurse recognized the mother's difficulty in understanding the information she was given and spent extra time helping her figure out what to do. Other parents have had problems stumbling from a lack of knowledge of normal child development. One father, for example, consistently described his 2-year-old child as being "naughty" when the child exhibited the normal behavior of a 2-year-old.

Many problems arise because of a lack of knowledge in such areas as safety, hygiene, cooking nutritious and economical foods, and health and physical care, particularly grooming, dressing and toilet training. Limited social skills, lack of "play" skills and poor money management skills also affect parenting abilities. For parents with limitations in the areas of communication and social skills, these difficulties affect not only the parent-child relationship, but also the family's ability to relate within the community and the human service system.

In addition to personal characteristics that might create difficulties in parenting, the children of parents with mental retardation are often relatively high-functioning physically, with the exception of communication. They may have special needs for food, clothing and shelter. Thus, a major role for helping these families is to meet their basic needs. A mother will retain little information regarding optimized management techniques if she has no logical table for the children.

Parents with low intellectual functioning often have difficulty securing resources from the complexities of the human service system. Agencies providing human services may not be accessible, since information about programs is usually stored in a non-communicating form, also these patients lack the transportation needed to obtain service.

These parents—who typically are unable to process or understand the information—never see that in the children's affect, they smile more frequently, their eyes are brighter, and they are kept in the community. In the community, staff members have observed a change in attitudes and perceptions of the problems that parents with mental retardation face, compared with the traditional view held with greater respect by service providers as a result of their increased skills, improved personal appearance and positive advocacy efforts by project staff.

The significant changes that can occur as a result of participation in PPP are particularly apparent in the Grants (not their real name), a family of two parents and five children. When first referred to PPP, the Grants live in a modest home with little furniture. Their house was always dark because the drapes were always closed; the children's clothing was either too large or too small, the mother wore only dark clothing and had an unpleasant appearance. Both parents appeared depressed, had little energy and exhibited a flat affect.

Now, after nearly three years in PPP, the Grants are living in a more suitable home. The mother keeps the drapes open during the day and lets in through a large picture window. Flowers and plants sit on the window sill. The children's teachers have commented on the dramatic change in the children's appearance; they are clean and more appropriately dressed.

The mother seems more cheerful, even her clothing is brighter, and she has been able to discontinue anti-depressants. The Grants have attended community parades, fair and other activities, and they visit amusement parks, movies and museums.

Parents themselves speak very favorably about their participation in the project. "We used to think we were bad par­tents," Mr. Grant said. "This has made us appreciate our children more.

"The help I get is great," another mother reported. "It get me on the right path, thanks for being there for me and Rodney.

Another parent told her visiting teacher, "The best part is mom and dad couldn't pay for the things in the community.

Finally, many professionals in the community who see fam­i­lies in the project have noted positive change in children and parents.

A public health nurse commented: "PPP has helped to build self-confidence in the decision making process for several clients. Mothers whom I have referred have shown increased independence and knowledge of child care. One mother was able to stand up to her husband on at least minor issues because of her increased self-esteem." The success of the PPP staff working in the Birth-to-Three program, serves to summarize the im­pact of PPP on families in the project. "I believe that many of these children would show less improvement if PPP were not encouraging their parents, teaching them and assisting them in managing their children and finding the resources they need to provide adequate parenting. Generally, project staff believe that over the course of their contact with the project many mothers have shown a noticeable improvement. Sometimes their positive behavior takes more time in their personal appearance, begin to show a sense of humor, become more assertive, and demonstrate improved parenting skills. Some mothers show a greater appreciation of their children, and they seem to value themselves and their children more.

Among the children, there is generally a noticeable im­provement in hygiene and physical health, particularly in height and weight. Their clothes fit more appropriately. The most dramatic change is observed in their affect, they smile more frequently, their eyes are brighter, and they are kept in the community.

In the community, staff members have observed a change in attitudes and perceptions of the problems that parents with mental retardation face, compared with the traditional view held with greater respect by service providers as a result of their increased skills,
“News About Our Graduates”

Dorothy Dewess LoSasso, ’51, received a New Jersey Woman of Achievement Award on March 31, 1989. She is an assistant hospital administrator at Ancora Psychiatric Hospital. The award was presented by Douglass College and the New Jersey State Federation of Women’s Clubs.

Dorothy has worked at Ancora since 1955, and has developed guidelines and procedures for an Intensive Treatment Unit designed to work with the most severely disturbed patients who were not responsive to existing programs. This Unit has been highly successful and on occasion has handled patients other institutions could not manage.

Over the years Dorothy has received seven letters of commendation: She says: “working with the mentally ill is the most challenging specialty a nurse can choose.”

Dorothy is married, has three children and two grandchildren. Her hobbies include traveling and reading about history.

Norma Ziegler Smith, ’40, and her husband Woodward love to travel, but they also love to share their experiences with others. Norma shoots roll after roll of colored slides, and takes notes while on their many trips to exotic places.

They usually present one or two shows a week at various senior centers. Norma spends many hours preparing for each one in her basement where she keeps her slides and research materials, including a collection of National Geographic dating back to 1912.

Norma worked for the Baltimore County Department of Health, both as a nurse at the Ridge Road School and as a supervisor of nursing services for special schools. She was the first nurse in the County to work in a school setting with mentally limited and physically handicapped children. In 1979 she was named Nurse of the Year by the National Foundation of the March of Dimes “for professional leadership in the fight against birth defects.” May 17, 1985 was proclaimed Norma Z. Smith Day by County Executive Donald P. Hutchinson, recognizing her outstanding service in the care of handicapped children.

When she retired she and her husband “Red” started attending Elderhostels. So far they have attended eleven. In the future they would love to see India and Africa and ride the Sri Lankan Railway.

Pauline Wall Still, ’26, at the age of 15 she made a decision that ultimately charted the course of her life. World War I was in progress and Pauline enrolled in the “Home Nursing” course given by the American Red Cross, which helped her decide to become a nurse.

Now 70 years later Pauline is still actively traveling her course in life. She believes today’s nurses receive an education that is one-sided, “The nurses just don’t get the practical training anymore,” she maintains. “They are booklearned but many don’t know what to do when it comes to the practical side of the job.”

During World War II Pauline set up blood banks at the Olmsted Air Force Base in Middlefield, taught classes to officer’s wives, and aided the state nurses in giving meals and polo shots.

The Mother’s Congress free baby clinic has been supervised by Pauline since January 1969. “We’re made up of 12 to 15 members and we’re all old women.” The clinic has been provided to the community the first Wednesday of each month for over 50 years. The monthly service is open to Middletown residents in need of free health services for babies.

Harriett H. Welby, PhD, RN, ’41, To add to her list of accomplishments, Harriett presented a paper at the International Congress of Nurses 15th Quadrennial Congress in June 1989 in Seoul, Korea. At the June commencement from the University of Illinois at Chicago Harriett received an honorary Doctor of Science degree.

Mary Peck Britt, ’44, loves to cook and bake. Recently she won the first place prize for her Concord grape pie at a Festival of Grapes. In addition to her pie, two other desserts were submitted and took second and third place in the annual competition.

Her pie recipe is an original, one she came up by making samples and having her friends taste them. Below are the recipes for two of her prize winning desserts.

**Mrs. BRILL’S GRAPE PIE FILLING**

2 cups Concord grape pulp
1 cup sugar
Grated rind of one-half lemon and orange
3 tablespoons cornstarch
1 teaspoon nutmeg
In saucepan: Cook, cook grapes (about seven bunches), bring to a boil. Cook until soft, press through sieve or cheesecloth. Some cooked grape skins may be used. After removing seeds, put skins in blender to chop. Add remaining ingredients. Cook on stove until thickened. Allow to cool. Makes a 9-inch pie.

Bake at 350 degrees for 10 minutes and lower oven to 250 degrees for 20 minutes. Cover crust with aluminum foil to prevent too much browning.

Mrs. Britt’s other prize-winning recipes include:

**GRAPE DESSERT**

3 pears gelatin
2 cups grape pulp
1% cup coconut
1 cup grapes (seedless)
1/4 cup marshmallows
1 cup heavy cream (whipped)
Heat 2 cups grape pulp; dissolve gelatin. Soft set. Add 1 cup heavy cream (whipped) to the gelatin mixture. Add coconut, grapes and marshmallows. Chill until set.

Serve with a dab of whipped cream and top with a grape.

Mary R. Godfrey, Class of 1909
22 McColly Street
Ligonier, PA 15658

Claire Gerber Hardy, Class of 1927
Birthdate, January 26
51 Hurley Court
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Martha E. Eiland, Class of 1927
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Florence (Bonnie) Browning, Class of 1916
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Birthdate, February 14
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Elmira, NY 14901

Eleanor Scott Fetter
Resumé of Minutes of Alumni Association Meetings

September 13, 1988 - 16 members present.
The minutes of the May meeting were distributed, read and approved as corrected.
The Treasurer’s Report was read and approved.
Committee reports were given.
The Satellite committee reported that 32 questionnaires were mailed to graduates living in the Baltimore area. Dorothy Ranck reported for the Harrisburg area. Their first meeting was held August 17, 1988, morning and afternoon. Total attendance — 18. This group is very interested in the nursing needs of today.
Since our last meeting, birthday flowers were sent to: Nova Shafer Parsons, '42, Florence Butler Pangburn, '16, Anne Lucas, '31, Frances M. Grove, '17, Hennetta Corriston, '30.
Committee reports were given.

November 8, 1988 - 15 members present.
The minutes of the previous meeting were distributed, read and approved.
The Treasurer’s report was read and approved.
Committee reports were given.
The Satellite committee reported that the Harrisburg group have had a good meeting, and all seem interested. They are planning a Christmas luncheon for December 6, 1988.
Since our last meeting, birthday flowers were sent to: Clara Brunner, '23, Dorothy Dunkore Williams, '32, Myrtle Sticker Clough-Lees, '27, and birthday greetings (by request) to Margaret McVey, '27.
It was agreed that the Alumni Association continue to send Christmas cards to our graduates who are chronically ill or confined to nursing homes.

January 10, 1989 - 17 members present.
The minutes of the previous meeting were distributed, read and approved.
The Treasurer’s report was read and approved.
Committee reports were given.

Respectfully submitted,
Nancy Powell
Recording Secretary

Bequests
We have received a number of questions concerning bequests to the Nurses Alumni Association. If you are thinking about such a bequest, we would suggest the following sample paragraph for your consideration:

I give to the Nurses Alumni Association of the School of Nursing, Diploma Program, College of Allied Health Sciences, Thomas Jefferson University, located in Philadelphia, Pennsylvania, or its successors, such sum of money (or any item of property) to be used for the general purposes of the Association.

This suggested clause is exclusively for the information of our alumni and heirs. You should, of course, consult your own attorney as to the applicability of any item to your own situation.

Whereas, 1989 marks the 94th “birthday” of the Alumni Association, and the 56th Alumni Day, therefore be it
Resolved that this assembled body recognize and pay tribute to all Alumni members; and be it further resolved that we recognize and pay tribute to the elected officers comprising the Board of Directors; to the committee chair persons and members; and to the Alumni Coordinators who, over the years, have provided a solid foundation and continuity for this Alumni Association.

Madam President, I move the adoption of this resolution.

Dorothy Ranck, Chairman of the Satellite Group, Central Pennsylvania, Harrisburg. Alumni Office Coordinators report was given. - none.

Mary Ann McGinley, R.N., M.S.N. Associate Executive Director/Director of Nursing spoke to the group and thanked the Alumni Association for the contribution to the Decade Fund. A portion of our gift was given to the Nursing Department for Nursing Research. Ms. McGinley also showed slides on the current renovations being done at Jefferson, which is preparing the first floor of the Main, Thomas, and Pavilion Buildings for the Emergency Department.

The President requested that a moment of silence be observed in memory of our deceased alumni members.

New Business.
The Central Pennsylvania Satellite group made a recommendation, and a contribution for a memorial to Gladys D. Kepner.

By-Laws—The amended by-laws were unanimously accepted at the annual meeting. They will be printed and sent to all graduates.

A motion was made and carried for the officers and board of directors to handle business as necessary prior to the September 1989 meeting.

The following resolution was presented by Dorothy Ranck and adopted by the group on May 6, 1969.
The first class of 13 students entered Jefferson Medical College in 1911; 5 of whom completed a 2 year course and graduated November 23, 1910. This was the first graduation exercises to be held.
Those five nurses were the first of more than 2,000 Jefferson graduates to follow in the ensuing years, the last class of 38 members graduated June 10, 1982. The Jefferson Nurses Alumnae (Alumni) Association was founded in 1895 in memory of our deceased graduate, Gladys Kepner, by Susan Harrett. It was incorporated in 1912 and its first president from 1895-1905. The first official residence was given by Dot Ranck. The word to describe this group is enthusiastic.

Report from Central Pennsylvania (Harrisburg) group was given by Dot Ranck. The word to describe this group is enthusiastic.

Three meetings were held in 1988 — August 17, October 19, and December 6, this one being a meeting and Christmas luncheon. President A. Boonnet attended.
Five meetings are planned for 1989 — the first one was April 6th with 20 members present. Next meeting is June 8th.

Chairman’s report will include Mississippi, Maryland Alumnae.

1. The minutes of the previous meeting were distributed, read, and approved with the following correction. There were three abstentions to the vote concerning the distribution of the Decade Fund. The vote was carried.

2. The Treasurer’s report was read and approved.

3. Committee reports were given.

4. Wilkes-Barre-Scranton area — 200 letters were sent out. Gladys Kiernan has been trying to get a group started.

5. Inquiries have been received from Florida and Boston concerning starting groups there.

18
Alumni Office News

Every year it seems we write the same message. Although we do the same things over and over, it never becomes boring. We continue to be amazed at the amount of time we use trying to locate lost graduates (we have no new graduates to increase our numbers), so we like to pursue all leads for addresses and telephone numbers. Thanks to all who send us addresses and address changes of their classmates.

During 1989 thus far we have had three big mailings, lunchens and two annual giving plus the ballots. Many thanks to our faithful volunteers who help us staff and label the envelopes. We really do appreciate their help. In our "spare" time we work on our projects for Dr. Wagner, who is planning to publish the names and home states of all Jefferson graduates. He is also interested in any special achievements of graduates or work events that happened the year of graduation.

Our working relationship with the CAHS office staff continues to be very good, and we do appreciate all the help Maria Elfreth and Gale Dryden provide for us. One big help—when we are not in the office they answer our phone and take messages.

Our address: Nurses' Alumni Association, Thomas Jefferson University, 11th and Pine Streets, Philadelphia, Pennsylvania 19107. M: 6-7 Jefferson Alumni Hall. The telephone number is 215-926-8881. We are usually in the office on Tuesday from 9:30 A.M. to 4:30 P.M. Stop by for a visit if you are in the area. Make it a Tuesday, call first to be sure we are in the office.

Birthday flowers: If you are 85 years old or older and would like to receive flowers on your birthday from the Nurses' Alumni Association please send us the month, day, and year of your birthday, telephone number and social security number.

Dr. Frederick B. Wagner, Jr., author of the book "Thomas Jefferson University, 1949, with 39 classmates. We need the assistance of any graduate who may be interested in any geographic area. We hope to see further progress as the alumni reach out even further to attract more graduates and members of our Association.

The Satellite Committee

The Satellite Committee has gained momentum during the past year and we hope to see further progress as the satellites reach out even further to attract more graduates and members of our Association.

The first satellite, located in Southern New Jersey, has been inactive due to many problems among its members. It now shows promise of being revived and plans are in progress for a meeting in September. Mildred Greenlee Durham and Nancy Thompson Powell will lead this group.

The satellite is thriving in Central Pennsylvania. Started under the guidance of Dorothy Franck and Gladys Keiper, it has shown a steady progress. The members are enthusiastic and responding to the urging of the many needs.
For All Born Before 1940

WE ARE SURVIVORS!!!!! Consider the changes we have witnessed:

We were before television, before penicillin, before polo shots, frozen foods, Xeroxes, contact lenses and THE PILL.
Before radar, credit cards, supermarket, shopping malls, split atoms, laser beams and ballet flats, pens, before panty hose, dishwashers, clothes dryers, electric blankets, air conditioners, drip-dry clothes — and before man walked on the MOON.

But can you be?

I seek silence when silence is as rare as a Gutenberg Bible. The man I live with is my husband and after 50 years he's still the same OH. How embarrassing.

Ance L. M. Brown

We got married first and THEN lived together — how quaint can you be?

In our time, cloves were for clothes, not for "coming out". Dainties were small rabbits and rabbits were not Volks-wagons. Designer Jeans were scheming gits named Jean or Jeanne, and having a meaningful relationship meant getting along with our cousins.

We thought fast food was what you ate during Lent, and Outer Space was the back of the Colonial Theatre. We also had girdles with garters on them and petticoats were for your partner hold you close and double dip. We had hats and white gloves, maids, and white table clothes, napkins and candles.

We were before house-husbands, gay rights, computer dating, dual careers and computer marriages. We were before television, before penicillin, before polio before radar, credit cards, supermarkets, shopping malls, AIDS, or Jeanne, and having a meaningful relationship meant getting along — not computers or hardware and software wasn't even a word!

Instant coffee were unheard of.

For us, time-sharing meant togetherness — not computers or hardware and software wasn't even a word!

We cooked in.

AIDS meant JUNK and the term " coming out " making out "

We got married first and THEN lived together — how quaint can you be?

We had housemothers and big sisters. We had beds that were helpers in the Principal's office.

"The English comp. We had hats and white gloves, maids, and white table clothes, napkins and candles."

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What A Life!!!

I have become a few years older since I saw you last and a few changes have come into my life since then.

Frantsy, I've become quite a frivolous old gal. I am seeing five gentlemen at a time and as soon as I wake up, Bill Power helps me get out of bed. Then he leaves, and I go to see John. Charley Horse comes along, and when he is here, he keeps me on the run. When he leaves, Arthur Rits shows up and stays the rest of the day. He doesn't like to stay in one place very long, so he takes me from joint to joint. After such a lively day, I am really tired and glad to go to bed with Ben Gay.

What a life!!!
The Annual Luncheon

1939 student nurses uniform donated to archives by Isaphine Bowmaster Kasper, Class of 1934

Peggy Summers '41 holding uniform

Mildred Kroupa Okunishi, Class of '25 (oldest graduate attending luncheon)—receives corsage from President Alice C. Bohrer, '42
Hooray!

Uniontown, and ten things, but so grateful that Guthrie turned from a dollar who live in the Lancaster area. Louise Herrold side, near Clearwater Beach.

In pre-med at Temple University. Paul grandchildren. Margaret Armstrong Tunnard, winter in California.

All Christmas and Easter preparation and rehearsals. Yes, I hear from both at Christmas.

I've come back on the Concorde.

I'm encouraged me to move there near them. So, I'm living in the Berkshires this winter.

I'm a practicing Urological surgeon here in Tampa. We enjoy our 4 granddaughters and 1 grandson.

Our Christmas and Easter preparation and rehearsals. Please keep me busy.

We enjoy our 4 granddaughters and 1 grandson. Our 50th anniversary is soon to happen.

I'm sorry I could not make the 50th reunion in 1988. Good luck to all.

I'm still enjoying life in the country and the view of the beautiful Blue Ridge Mountains. I enjoy snowshoeing and playing lots of golf, not easy at 72 years. I will never forget my days at our beautiful Warm Springs, GA.

I'm hoping to put in some coffee time. I have two grandchildren, one in college at Texas Tech. I'm reasonably good health and I am thankful.

We spend our summer at our home in River Forest, NJ.

I'm an honorary state commander, Department of Arizona American ex-Confederate Veterans of the 38th General. I also serve as the Treasurer of the 38th General.

Having a one week trip to Ireland in July 1988. My grandson Willie 8 is getting ready for his first year at 1st grade. Makes us feel like we are getting old. We thank God for his health.

I'm a practicing Urological surgeon here in Tampa. We enjoy our 4 granddaughters and 1 grandson. Our 50th anniversary is soon to happen.

I heard the antics of my immediate family in Pennsylvania. My son in North Carolina encouraged me to move there for my retirement. So, I am happy in my own company. I am also a retired social worker and play bridge, tennis, and golf. Also volunteer a few hours a month at the city library, and of course there are my grandchildren.

Edna Fortner Feloni, 3012 South Avenue, Beacon, NY 12508. No big news with us. We keep active in church and National American Ex-Confederate Veterans of the 38th General. I also serve as the Treasurer of the 38th General.

I hope you are well, healthy, busy and happy. It is hard to believe our 50th anniversary is soon to happen. I hope to be there.

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I continue to take life easy.

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the State of Connecticut. She teaches one class a week at Yale in French.

Irene Louver Polder, 118 Upper Orchard Drive, Levittown, PA 19056. My son Paul Polner, M.D., is practicing dentistry in Bloomsburg, PA. My daughter Mrs. Peggy Polner is teaching English and has her masters in guidance counseling, and has three children, one boy and two girls.

Class of 1943
Ruth S. Sunderland, 12 South Market Street, McVeytown, PA 17052. P.O. Box 293. I'm still working part time after 43 years doing occupational health nursing. I'm looking forward to your luncheon and the 40th anniversary at the May luncheon.

Karen Carpenter, 223 C. Lori Street, Lebanon, PA 17042. I'm enjoying my retirement. Doing a lot of volunteer work. I especially enjoy helping out my "little sister" in Rhode Island, GA (Jeanne Lebeck) and her family.

Evelyn Sherrick Berlin (Doris), 251 Ocean Bld., P.O. Box 44, Atlantic Highlands, NJ 07716. I have a son Joyce. A. S. graduated this year from Trenton State College with a B.S. in nursing and passed state boards in July. She works on oncology at St. Mary's River Hospital, Red Bank, NJ. She also does private duty for Private Care Service. I am also doing private duty for Private Care Service.

Jane B. Entell Mask (William), P.O. Box #3, 21 Chestnut Dr., Chesterston, PA 19056. I'm really looking forward to our weekly calls. If you had any hints of the "day time" sand bags, etc., please let me know.

Betty L. Calhoun Satella, 20 Driscoll Drive, Ashburn, OH 43004. I am very proud of my 3 great grandchildren and great-grandchildren.

Muriel E. Lloyd Peak, 507 Calhoun Road, Wilmington, DE 19809. I wish to thank the Alumni Association for my lifetime membership. I didn't think I'd live that long, so I'm really pleased. I retired in 1966 from the Brandywine School District, where I had been a staff nurse for 30 years. I worked as a registered nurse during my first six years of my life and that was enough. Now it's time for me and it's looking pretty good.

Margaret J. Koscieniegard, 1613 White Street, Waite, OH 44561. I am an active employee at the Kilimanjaro Cancer Center, Eastern Hospital, Dayton, OH, for two and a half years. I am retired for 34 years and that's enough, too. I'm enjoying this phase of life and I'm sure you are also.

Evelyn L. White Collot (Milo), 269 East 95th St., South, UT 84105. I had a heart attack in April 1986 and established a new coronary artery which was 95-96% blocked. I am doing well and I feel like I have my cholesterol down to 190 as of February 1989.

Carla C. Ezell, 229 C. Lori Street, Lebanon, PA 17042. I'm enjoying my retirement. Doing a lot of volunteer work. I especially enjoy helping out my "little sister" in RI, GA (Jeanne Lebeck) and her family.

Elizabeth Golden Cooper (Warren), 2070 Brink Road, Quaero, PA 19091. I retired from staff nursing in June 1986. I'm enjoying retirement very much. I was able to spend 3 weeks in California when my youngest son was married last October.

Irene Schwartz Heller (Donald E.), P.O. Box 8646, Port Charlotte, FL 33986. My husband retired in late 1987. I'm very pleased that he's retired at the skilled unit of a nursing home. I had a triple by-pass in January 1988. I did very well. I want to thank the Alumni Association for my lifetime membership. I'm enjoying our transplant to the Mid-West. I'm very pleased living near the children and grandchildren. Best regards to all.

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mnr.png
"No Time To Brag"

Two zebras were going to start their annual migration when they met a frog who begged to be taken along. The two zebras thought, "Oh, sure, why not?" and they stopped to pick the frog up.

The frog was so happy, he joined them under the sun. They plodded on for miles. Suddenly, the frog gasped, "Oh, my!" and dropped back down to the ground. The zebras asked him what was the matter.

"Oh, my!" he said. "I'm hungry."

"Well, what do you want?" asked one of the zebras.

"I want to eat a fly," replied the frog.

"Oh, my!" said the other zebra. "We'll go find you a fly for dinner." And they did.

The frog was so happy, he decided to stay with the zebras. They continued on their way, enjoying the beautiful day. And the frog was never forgotten by the zebras, who always made sure to bring enough food for everyone on their migration.
Class of 1966
Judith Kranner Seifter (Leonard), 713 Severn Road, Wilmington, DE 19803. Our family had a wonderful vacation in England in July 1988. We were hosted by Judy Lawrence Weckler at her lovely home in Sarrey.

Judith Lawrence Weckler (Richard). Dale House Sandy Lane, Oxford. Summer homes—BR FL EU. Our children are 17, 12, and 10. I'm working now but I am very actively pursuing courses in comprehensive health therapy at the Oxford College of Health Science in Oxford. It is color therapy and reflexology. I am always grateful for the excellent training I received at Jefferson.

Linda J. Kenneth Tracy (John), Rt. 1, Box 85, Whitecourt, W5 3190. I obtained my certification as a rehabilitation counselor (C.R.C.) after passing the exam in October 1987.

Judith Hazel Hays (Sargent). 2205 McKinley Court, Amma, 50301. I am a homemaker and "professional" volunteer. Bill is professor of Clinical Sciences (Orthopedics) at Iowa State University Veterinary College. Billy 18, is a freshman at Oklahoma State University, on a golf scholarship. Page 16, is a junior in high school.

Beverly Ann Costello, 45 Sullivan Road, Prague, IA 50223. I am still working as a clinical nurse specialist in gerontology/neurology at Bryn Mawr Rehabilitation Hospital. In June 1988, I had the honor of presenting a paper at the National Association of Rehabilitation Facilities National Conference in San Juan, Puerto Rico.

Mary Ann Reeler Harvey (Thomas). 1439 Via Sevilla, LaVerne, CA 91750. I am a clinical nurse specialist at Harbor-UCLA Medical Center—Army Nursing Corps. My fourteenth and last assignment is at Brooke Army Medical Center, Fort Sam Houston in San Antonio, TX 78239. I am working as a surgical care coordinator in the operating room. I have been in the operating room for a total of 25 years. I am now 50 years old. I have one son, Robert, 10, and we have just added a new "little boy" into the family. We have 7 grandchildren—ages 4, 3, 2, 1, and one who is one year old on 7/17/89, she's adorable. My husband is a former Army Engineer, now working for the Department of Defense.

Catherine Mary Dirr (Fowler), 1561 Loma Vista Drive, Medford, OR 97502. I have been in the field of rehabilitation nursing since 1969. I am a member of the Oregon Association of Rehabilitation Nurses and have served as President and as the newsletter editor. My current clinical focus is rehabilitation of the spinal cord injured. My husband, John, is a former Army Engineer, now working for the Department of Defense.

Irene Taylor Carrelo (Peter M.), 2815 Steve Drive, Johnson City, TN 37604. We are firmly settled in the East Tennessee Mountains. Peter's growing up fast. He is 1 year old. I am still the nosy one in the family. Our daughter Melissa, 16 is an musician. She plays the flute. In January I had a week RN refresher course at the NICH. I would like to hear from Gina Strach DBA 04.

Joan Reed Garden (A), 4502 North Creek Court, Albany, NY 12217. I have completed the course work for my ABD at Georgia State University - Atlanta. My second article was published in the AAN. I'm teaching pediatrics at Darton College, where I was tenured this year. The children are fine. Chrisy is a sophomore at Georgia Tech. Jee is a freshman at the University of Georgia. Laura and Heather are in high school.

Janice L. Ostertig Shipley (Les), 3317 Century Court, Santa Rosa, CA 95404. I am a family nurse practitioner working part time with a neurologist. I do my master's project on the relationship between cognition and the Alzheimer's population. Our children are 11, 10, 5, 4, and 3. We've just moved from "new" and "new place."

Patsy Lease Rich (Melvin), 811 Windsor Square, Philadelphia, PA 19130. I am now in my 8th year of my own continuing education and nursing consulting business called "Professional Nursing Development." My current focus is community health. I have also become involved in the nursing diagnosis movement.

Linda Goodman, 11 Aspley Lane, Lebanon, OH 45037. I was promoted to senior nurse practitioner in pediatrics at the Children's Medical Center, and continue to care for children and their families. It was so good to see so many classmates at Sally Felten's this year at the annual luncheon.

Suzanne Siegman Christoff, an RN, 119 Kumbrah Road, Los Angeles, CA 90080. Brett 17 graduated from Episcopal High School in Alexandria, VA in June. Todd is a freshman there. Christine 12 continues with classical ballet and also takes part in various community programs. We are back in school, so will be back in school for another year. Enjoying our family gatherings. I would love to hear from classmates.

Holly Pleiersdork Warnbrod (Jim), 33 Natchez Place, Jackson, TN 38305. We are very happy and excited about our oldest graduating from high school this June. We are looking forward to go to Philadelphia for the reunion lunch and see all of you.

Dr. Linda Moshefsky Schect (Robert), P-101 RD; #2, Monroe, NY 10950. I am presently nursing supervisor, division of nursing, Mount Saint Mary College, Newburgh, NY. Our children, Kim 17, Kerry 16, and Bobby 15, are healthy and active. I enjoyed renewing old friendships at the reunion and was elated to be able to get to Philadelphia for the reunion lunch and see you all of you.

Dr. Linda Lake Doyle (David), 519 Mohawk, Burlington, NJ, 85726. I am a course supervisor of nursing service management (a 2-month military course to educate nurses to charge nurses). Because of this I will not be able to attend our 20th reunion. Davie, the kids 23 & 4, and I have a few hours left to work and hope to be there.

Annie Ehrlich Kohn (Elizabeth), 7616 15th Avenue, Takoma Park, MD 20912. Joel has become self-employed. His new venture is computer consulting. Year 1988 was a very busy one. He's a 7th grad and co-captain of the Safety Patrol at her school. She is especially excited about her middle school next year. Becky, 8 years old, is a safety patroller in training. She would like to hear from Lena's post next year.

Lorna Passell, 2339, Rousier Street, Philadelphia, PA 19145. Happy to see all my classmates and most of our hands. I have been back at Jeff since April '88. Cory 4½ will be in Kindergarten this fall.

Anne Plaza Hennessy (David H.), 621 Grove Street, Sewickly, PA 15143. We are feeling a bit like it's happening . We are small but deeply meaningful passages. Laura and her oldest leaves her Havertown High School in September, and we will again have to wish with Philadelphia. Graham's youngest is finally off to his first grade. We are all fine. We'm still going to University of Pittsburgh for a 2nd degree, and still not working, though that could change. So many theses as she works hard on her work hard on our class reunion and her obviously giving and loving spirit.

Kathleen Shanahan Huffman (Girard), 110 Plymouth Place, Medford, NJ 08055. Hope to get in touch with her soon. For getting it all together. I'm sticking back again to real estate. We're decided not to go out to dinner. I'm going to have a tie with Philadelphia. Graham our youngest is one year old on 7/17/89, she's adorable. My husband wins our family sueure-"Woke"-out. Cell or visit anytime.

Gail Keenmpf, 4342 "A" Street, Philadelphia, PA 19124. I graduated a second time. My second article was published this spring in AJN Journal. I'm pursuing clinical nurse specialist in a local hospital.

Janice Nancy D. O'Neil (Jim), 19 Central East Drive, Millis, MA 02054. I'm working at home raising our four children. Joyce is 13, Kennti, 11, Kevin 9, and Brian 3½ in.

Gail Ann Peterson Gallagher (Fred), 4124 Ingredient Lane, Plymouth Meeting, PA 19452. I'm working as a school nurse and loving every minute of it. Gail will be a sophomore this fall. Kristie will be in 8th grade, and I'm in 8th grade. We are all well. I hope to see you there.

Mary Ann Conners Marchett (B), 23864 Stratford Street, West Hills, CA 91304. I'm still working on a CIBA for Kaiser here in Los Angeles. I'm also working part time for a small company. I have a son Stephen Michael, 4 years old is a true Skiing , painting and having fun together. May I contact you for information on reunions.

Christine M. Reed Little (James E.), 1434 King Cross Drive, Cadott, WI 54727. We're still part time working in the operating room at St. Mary's in Marinette Division. Our son, David is 6 years old and keeps me in my "space" from working in school and social events. We're planning a class reunion for next May. Please contact me for information on our reunion.

Jackie M. Kannner Gallagher (John), 2614 8th Street, Philadelphia, PA 19131. I am working towards seeing everyone in May 1990 for our twenty year reunion.

Class of 1971
Grace Ann Spena, 2551 S. Satter, Philadelphia, PA 19145. Since May '88 she has been employed at Saint Agnes Medical Center in South San Francisco. Sue has been working as a research nurse in the Department of Defense.

Karen L. Fennig (John), 618 Pennsylvania Avenue, Washington, DC 20001. I have returned to school, working towards a degree in psychology.
Major Kathryn M. Francis, 1207 Darby Road, Barkersville, TX 77335. I’m back in the “real world” again, folks. I thoroughly enjoyed my trip west and getting a chance to visit with Denise and Peppy. I am looking for interesting and practical tasks and challenges! We left San Antonio in February. I am at Shriner’s Children Hospital in Philadelphia now. I am looking forward to seeing you all in May 1991.

Francis M. Bottley Keisers (Christner), 501 Jennifer Avenue, Chenhallen, PA 19012. I am back in the operating room again. This time at Memorial Hospital. I am looking forward to seeing you all.

Ellen Blum Morse (James), 515 Franklin Avenue, Chenhallen, PA 19012. Ellen and I both lost in high school, but she is still doing fine. She is busy with being a member of the executive board of both Robyn (13 years old) and Darby (12 years old). I am looking forward to seeing you at our next reunion.

Joanne Bender, 3 Williamsburg Circle, Glassboro, NJ 08028. I was never seeing everyone on your list. I am having an affair with a teacher in the 3rd grade. I will be happy to see everyone. I will be keeping in touch. I am looking forward to seeing you all.

Barbara Goldfarb (Hobrman), 1424 Forest Drive, Kingwood, TX 77335. I am enjoying it. I am looking forward to seeing you all.

Diane Warden Vanderveer (Phillips), 711 Seminole Avenue, Philadelphia, PA 19112. I am looking forward to seeing you all.

Karen E. Van Dyke (Nell A.), 120 Reflection Way, Sterling, VA 20121. I am looking forward to meeting you all in April to be closer to home. I am looking forward to seeing you all.

Suzan Sheaffer Cantwell (Wall), 804 Pumley Drive, West Chester, PA 19382. This year seems to be getting busier and more fast-paced. I am looking forward to seeing you all.

Shelby B. Holmber (later), Robert S., 5133 New 2nd Terrace, Coral Springs, FL 33067. Can you believe you will be 15 years in 1972? I am looking forward to seeing you all.

Jeanne Marie Margraf Wagner (Kathie L.), 3020 Woodland Drive, West Chester, PA 19380. I am enjoying my life. We are looking forward to seeing you all.

Kathy E. Decker (later), 11999 3rd Avenue, Brooklyn, NY 11219. I am back in Pennsylvania. I am looking forward to seeing you all.

Susan Goldfarb (Maiss), 36 1st Circle, Endwell, NY 13760. I am looking forward to seeing you all.

Carol Miller Muller (later), 416 Lynn Lynn, Langhorne, PA 19040. We have two children. Gina was 13 in May and Hank turned 6 in May. We are in the process of changing our address. I am looking forward to seeing you all.

Joanne Montier, 51 Williamsburg Circle, Glassboro, NJ 08028. I was never seeing everyone on your list. I am having an affair with a teacher in the 3rd grade. I will be happy to see everyone. I will be keeping in touch. I am looking forward to seeing you all.

Barbara Goldfarb (Hobrman), 687 5th Street, Philadelphia, PA 19118. I am an assistant head nurse of the operating room at Fox Chase Cancer Hospital and I am starting my last year of law school at Temple this September. I am looking forward to seeing you all.

Nancy Webcam (Peggy) Smith, 602 Watson Street, Philadelphia, PA 19118. I am a new school nurse practitioner at our old alma mater—Radbourn High School, and have times have changed. I am also a nurse Practitioner at the University of PA. I am also a private-duty home nurse. My children Matthew and Jessica, are 12 and 10 years old respectively and looking forward to our vacation with you all at the end of August. I would love to hear from classmates.

Linda Miranda Lee, 6 1st Avenue, Norristown, PA 19401. I will be happy to see everyone. I am looking forward to seeing you all.

Louise K. Van Riper (later), 742 Oakley Drive, Mechanicsville, MD 20659. I keep pretty busy raising our two little ones. Stephanie 4 and Christopher 3. I continue working part-time in pediatric home nursing. We are all well. I would love to hear from classmates.

Wendy L. McCulloch (Mishler), 82nd Terrace, West Chester, PA 19382. I am enjoying it. We are looking forward to seeing you all.

Joanne Bender, 3 Williamsburg Circle, Glassboro, NJ 08028. I was never seeing everyone on your list. I am having an affair with a teacher in the 3rd grade. I will be happy to see everyone. I will be keeping in touch. I am looking forward to seeing you all.

Lauren is ten years old. I am looking forward to seeing you all.

Becky H. Hill (later), 25 North Road, Mountain Top, PA 18702. I am enjoying my life. We are looking forward to seeing you all.

I am currently serving as the vice president for the Pennsylvania Nurses Association. I am looking forward to seeing you all.

Diane Warden Vanderveer (Phillips), 711 Seminole Avenue, Philadelphia, PA 19112. I am looking forward to seeing you all.

Karyn is 9, going into 4th grade. She is a joy. I am looking forward to seeing you all.

Mark is 8, and Karyn is 9. I am looking forward to seeing you all.

We are enjoying our life. We are looking forward to seeing you all.
and volunteering for Red Cross. Joey is 7 and Chris is 3. Next year he one more year and he is starting kindergarten. Everyone is well. Write if you'd like to be in Japan.

Shane I. Scott Ross (Charles), 22 Dropmore Drive, Somers Point, NJ 08244. I'm still working part time in surgery at the Memorial Hospital. I'm starting my second year of residency at Cooper University Hospital in Surgery. I'm enjoying my year so far, and I'm looking forward to the new year.

Shane I. Scott Ross (Charles), 22 Dropmore Drive, Somers Point, NJ 08244. I'm still working part time in surgery at the Memorial Hospital. I'm starting my second year of residency at Cooper University Hospital in Surgery. I'm enjoying my year so far, and I'm looking forward to the new year.

Diane Scott (Chip) BOX, 585 Lotts Road, Sussex, PA 19076. After 10 years I'm back in the hospital. I'm doing my 2nd year of residency in OB/GYN. We bought a new house in October 1988 so we're busy fixing it up. Danny is 5, and Devin is 11. I'm still working with Holy Redeemer VNA on weekends.

Clare Retey Ebersole (Tom), 113 Maple Lane, Plymouth Meeting, PA 19462. We had a great summer, swimming and enjoying the outdoor activities. I'm still working with Children's Hospital in Philadelphia. I hope to see everyone at the luncheon in the spring.

Patrick J. Dwyer Capasso (John), 7504 Perkavil Road, Upper Darby, PA 19082. In my last year—long time no see. We all are great, nothing much happening now, just living life. See you all at our 10 year reunion.

Tanya L. Alves Godschmidt (Joe), 19016, 216 Richard's Avenue, Atco, NJ 08004. I enjoyed seeing everyone at the luncheon. We are finally settled in our new home. We live in Egg Harbor, NJ. The boys are growing fast. Eugene is 5 and Christopher is 2. I am still working part time at TJUH in the intensive care nursery.

Jody DiGregorio, 2511-A Rod Lion Road, Philadelphia, PA 19114. I hope everyone is having a nice summer. I never got that SSLD as I told you in previous years. My husband was great and it was so good seeing you all. My latest " gig" is director of nursing in Delaware County Medical Center.

Class of 1980
Mary Anne Madson Ragone (Louis), 28 Dogwood Lane, Toms River, NJ 08753. I am still working as staff nurse at Jefferson. We have two children. Louis is 4 and Christopher is 2. We are expecting our third child in November. I still keep busy managing my husband's dental office in Pitman.

Deborah Jones, 13 Darby Lane, Hudson, N. J. 08005. All is well here at home. The kids are growing fast and the chickens are laying well. Lots of children in my life—none of my own. Makes up for the lack of grandchildren. Making up for the lack of grandchildren. Making up for the lack of grandchildren. Making up for the lack of grandchildren. Making up for the lack of grandchildren. Making up for the lack of grandchildren.

Lisa L. Lazzara (Mary), 220 Delaware Drive, Cherry Hill, PA 19012. I have completed my 2nd year of residency on the endoscopic unit. I am planning to work in a local hospital in the summer of 1990. So far I have been very happy. I would like to thank all of you.

Alice Leitch Guarino (Clare), 15 Oak Glen Drive, Marlton, N. J. 08053. We have been a very busy family in the last year. After 10 years I am now at home in August. Our oldest son, Eric, was born in December, Christmas is our oldest son was four in June. I am planning to return to the local hospital as a staff nurse on a part time basis this fall. Greetings to all in the class of 78.

Class of 1979
Elaine Harrison Lark (Craig), 21 Woodward Avenue, Wilmington, DE 19801. At June 1, 1989, we were faced with a 4-year-old degree in education. Craig and I expect our first baby to come in September. We bought an older house in the suburbs and we love it.

Lynne Brown (Judy), 1946 Westchase Drive, Charleston, SC 29407. I'm glad to be back in Charleston. After 10 years in the medical field I decided to return to my native Charleston. I am a staff nurse at Cayce Hospital and the Medical University Hospital. I've been working part time as a nurse in the obstetrics ward at Campus Drive Hospital in Charlotte.

Carmen William Russo (Tim), 24B Rustic Drive, Sewell, NJ 08081. I finally graduated from St. Joseph's University with my master in nursing anesthesia. Anyone know of any job openings for director of school of anesthesia? this year Robin and I took a long awaited cruise down the Nile River. I enjoy hearing from classmates, especially at Christmas. Regards to all.

Anita Finkelman Devlin (Joseph), RD #3, Box 205, York, PA 17402. I'm still working part time as a float nurse. The children all love being at home with our son John 4, and daughter Lyndsay 1, and we are expecting baby #3 in August 1989. Together.

Diane St. E. McIlhinney (Lena) 7342A 84th Road, Cape May Court House, NJ 08210. We have a busy family. Randy is now 6 and Ross is 2. We're very busy with them.

Sharon Miller Childs, RD #1010, Deerfield Road, Frederick, MD 21701. Matt and Craig are growing fast and doing fine. I started working part time in Mark's office. I'm the managing editor of the department of orthopedics, seeing him in the office is about the only time I see him.

Cynthia Baxter Barrett (Shirley), 10 Christine Drive, Downingtown, PA 19335. I'll be back this year after 3 years in Florida. I'm back at my old job as a full time nurse in the emergency room. I'm glad to have made it through 3 sets of chicken pox, scarlet fever and whooping cough. Eugene is 5 and Christopher is 2. I am still working part time at TJUH in the intensive care nursery.

Grace Duffin, 2421-A Rod Lion Road, Philadelphia, PA 19114. I hope everyone is having a nice summer. I never got that SSLD as I told you in previous years. My husband was great and it was so good seeing you all. My latest " gig" is director of nursing in Delaware Branch in NMC Home Care.

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Carmen William Russo (Tim), 24B Rustic Drive, Sewell, NJ 08081. I finally graduated from St. Joseph's University with my master in nursing anesthesia. Anyone know of any job openings for director of school of anesthesia? this year Robin and I took a long
Take Time

Whether you use most of your energies in homemaking or in a career outside your home, take time to "smell the roses" of life. TAKE TIME to feel. With your hand feel the soft fur of a cat. Feel a little hand in yours and the gnarled hand of an elderly person. Put a cool hand on the lowered brow of a child. At these experiences can be immeasurably comforting. Feel also with your heart. Don't let the pressures of the present you from being truly sympathetic, turning away instead of being there for someone who needs you. Don't become insensitive, but feel life to the fullest extent.

TAKE TIME to observe. The sight of a lone bird on a high wire or an unusual cloud formation can be a source of serenity in a hurry-scurry way of life. TAKE TIME to listen. Listen to a flock of geese in formation across the sky. Listen to the laughter of a baby, the chatter of children at play, the cooing of a dove. Take a walk with your thoughts in meditation and prayer. Sit outdoors and thank God for the beauties of nature.

TAKE TIME to pray. Pray for the person lying in the ambulance as it screams through the city traffic. Pray for the lonely person sitting in the corridor of a nursing home. Pray for the child with twisted arms and legs who is watching healthy children play.

TAKE TIME to live. Time is always precious, not just in an emergency. Regard each day as a special gift from God. Use your thoughts to help that person through a difficult time this day. Your smile at someone in a wheelchair must have meant the difference between recognition and rejection. TAKE TIME to love. Love the little life that has just begun and love the life that is fading away with age. Love the person who has strayed away from the fold of the good Shepherd, and the youth who finds it so difficult to be understood in this frenzied world.

TAKE TIME to be alone and enjoy it. Use your thoughts to be content and grateful and to show a kind, caring attitude. Don't become insensitive, but feel life to the fullest extent.

TAKE TIME to listen. Listen to the laughter of a baby, the chatter of children at play, the cooing of a dove. TAKE TIME to understand. Understand what a child's tears mean. Regard each day as a special gift from God. Understand the gratitude in the crooked smiles of the aged who are overjoyed to be recognized.

TAKE TIME to smile. Your smile as you met someone this day may have comforted a person who was lonely and hurting. Your smile as you met someone this day may have meant the difference between recognition and rejection.

TAKE TIME to realize. A smile is more contagious than a frown. Your smile as you met someone this day may have comforted a person who was lonely and hurting. Your smile as you met someone this day may have meant the difference between recognition and rejection.

TAKE TIME to be alone and enjoy it. Use your thoughts to be content and grateful and to show a kind, caring attitude. Don't become insensitive, but feel life to the fullest extent.

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The Jefferson Hospital School of Nursing Roll of Honor

The School of Nursing may be closed but many of its graduates have distinguished themselves and their school by their contributions to the field of nursing. It is a given fact that they were excellent patient bed-side nurses who gave full measure in caring for those committed to their care. We are interested in compounding a record of those who gave and continue to give to the growth and development of nursing.

Our successes, the graduates of the baccalaureate program, have no direct ties with the School of Nursing, so do not know of our contributions to nursing. Indeed, many of our alumnae sisters have no knowledge of the many contributions made by Jeff nurses. So, it is proposed that information be solicited and compiled into a permanent record for the edification of future nurses who will graduate from Thomas Jefferson University and give the graduates of the School of Nursing of Jefferson Hospital a source of pride in their accomplishments.

In order to determine criteria for selection of candidates for the Hall of Fame, Alumni Bulletins were reviewed and a list of criteria was prepared. The number and variety of contributions was staggering, however, it is believed that this is only the tip of the iceberg. The major problem the committee will face is the identification of those graduates who have made significant contributions to nursing and who have died. The committee, therefore, asks that you, the living graduates, identify those mothers, sisters, aunts, and acquaintances who were and are Jeff graduates. If the maiden name is given, and approximate year of graduation, our records will identify exactly the year of graduation.

The criteria identified are as follows:

1. Established a nursing education program
2. Served on state, regional, national or international committees
3. Wrote or edited books on nursing (articles)
4. Received honors or awards (nurse of the year)
5. Service to Government (not military)
6. Missionary in a foreign country
7. Served as officer in Nursing Organization(s) (Local, State, National)
8. Invented, designed or improved equipment

Criteria: Meets one or more of the following criteria which are beneficial to the advancement of nursing and nurses:

Please complete the form included with this Bulletin and return it to:

Dr. Alice Irvin
Nurse's Alumni Association
Thomas Jefferson University
11th and Walnut Streets
Philadelphia, PA 19107

46

Pack Away Your Troubles

Face your day with a happy heart
And end it with a song—
You'll find the hours in between
Can't go far from wrong.
A smile is more contagious
Than a dreary frown,
And nicer to remember
When the sun goes down.
Don't miss out on happiness
By looking toward the ground—
But keep looking skyward,
That's where the rainbow's found.
Just pack away your troubles
For some other day
And before you know it,
They'll have slipped away.

Catherine Janssen Irwin
PINS

Jefferson pins may be purchased from J.E. Caldwell and Company, Chestnut and Juniper Streets, Philadelphia, PA 19107 (graduates prior to 1969) and from Neff Jewelers, 742 Sansom Street, Philadelphia, PA 19106 (graduates 1969 and after).

Identification may be obtained by directing correspondence to the Director, Student Affairs and Services, College of Allied Health Sciences, Thomas Jefferson University, 11th and Walnut Streets, Philadelphia, PA 19107.

TRANSCRIPTS

All requests for transcripts must be submitted in writing to the Registrar, College of Allied Health Sciences, Thomas Jefferson University, 11th and Walnut Streets, Philadelphia, PA 19107, Telephone (215-928-8984). Requests should be submitted at least a month prior to the date needed, giving the name of the institution to which you want them to be sent. There is a $2.00 fee for each transcript. Checks should be made payable to the College of Allied Health Sciences, Thomas Jefferson University.

CLASS ADDRESS LISTS

Class lists are available from the coordinator of the Alumni Office at a charge of $2.00 per list. Please enclose a long self-addressed envelope. If you have occasion to write to the Alumni Association, please use your first name, maiden name, married name; also, include the year graduated. Make checks payable to Jefferson Nurses' Alumni Association.

We urge you to notify the coordinators of the Alumni office of any corrections, marriages, deaths or changes of address. Help us keep errors at a minimum and our files accurate. Direct correspondence to: Jefferson Nurses' Alumni Association, Thomas Jefferson University, 11th and Walnut Streets, Philadelphia, PA 19107, Telephone (215-928-8981).

CHANGE OF ADDRESS FORM

PRESENT NAME ____________________________ SPouse's NAME ____________________________ YEAR ____________________________

NAME WHEN GRADUATED ____________________________ FORMER ADDRESS ____________________________

NEW ADDRESS ____________________________ PRESENT PHONE NUMBER (Area Code) ____________

PRESENT POSITION ____________________________ PERSONAL NEWS ____________________________

Mail to: Jefferson Nurses' Alumni Association, Thomas Jefferson University, 11th and Walnut Streets, Philadelphia, PA 19107, Telephone (215-928-8981).

APPLICATION FOR RELIEF FUND BENEFITS

Nurses' Alumni Association · School of Nursing
College of Allied Health Sciences · Thomas Jefferson University
Philadelphia, PA 19107 · (215) 928-8981

APPLICANT DATA

Name ____________________________ Maiden Name ____________________________ Year Graduated ____________

Address STREET____________ CITY______ STATE__ ZIP________

Social Security Number ____________________________ Telephone ( ) ____________

Have you received Alumni benefits before ☐ Yes, Date ____________ ☐ No

List your specific needs ____________________________________________________________________________

Include the reason for this request ____________________________________________________________________

TYPE MEMBERSHIP

LIFE ☐ Relationship to Applicant ____________________________ Date ____________

ACTIVE ☐ Signature ____________________________ APPLICANT OR REPRESENTATIVE ____________ Date ____________

Address STREET____________ CITY______ STATE__ ZIP________

ATTENDING PHYSICIAN STATEMENT

Patient's Name ____________________________

Diagnosis (If injury, give date of accident) ____________________________

Date first consulted for this illness ____________________________ Length of illness ____________________________

If patient hospitalized: name of hospital ____________________________

From DATE ____________________________ To DATE ____________________________

If patient in nursing home or extended care facility: ____________________________

Name of Facility ____________________________ Address of Facility ____________________________

Physician's Signature ____________________________ Address ____________________________

Address STREET____________ CITY______ STATE__ ZIP________

Telephone ____________________________

AUTHORIZATION

I hereby authorize the above named physician to release any, and all information requested by the Jefferson Nurses' Alumni Association with respect to this claim for Relief Fund Benefits.

Signature ____________________________ APPLICANT OR REPRESENTATIVE ____________________________ Date ____________

Relationship to Applicant ____________________________

IMPORTANT: READ REVERSE SIDE OF THIS FORM

REV. 5/88
TO BE ELIGIBLE FOR RELIEF FUND BENEFITS

1. Membership in the Association for one year preferred. However, all requests will be given consideration. All things being equal, members will be given first consideration.

THE FOLLOWING ARE ENTIRELY EXCLUDED:

1. Pregnancy and its complications
2. Cosmetic surgery
3. Dental surgery and/or complications.

HOW TO APPLY FOR RELIEF FUND BENEFITS

1. Complete your part (the top portion) of the Benefit Form and sign the authorization at the bottom.
2. Have your physician complete his or her part of the Benefit Form.
3. If the Alumni member cannot complete the Benefit Form, the person submitting the form must show his or her relationship to the member when signing and give address and telephone number.
4. The completed Benefit Form should be sent to:

   Treasurer, Jefferson Nurses' Alumni Association
   Thomas Jefferson University
   11th and Walnut Streets
   Philadelphia, PA 19107

NOTE: Refer to your 1984 By-Laws for complete Relief Fund Benefit details.

All Relief Fund requests will be considered by the Board of Directors of the Nurses' Alumni Association for the amount of monies granted.

THE CLARA MELVILLE-ADELE LEWIS SCHOLARSHIP FUND
of the
NURSES' ALUMNI ASSOCIATION OF THE SCHOOL OF NURSING
(DIPLOMA PROGRAM)
COLLEGE OF ALLIED HEALTH SCIENCES
THOMAS JEFFERSON UNIVERSITY

Purpose: To assist members of the Alumni Association in the pursuit of college preparation for a degree in nursing.

General Requirements:
Membership in the Alumni Association (Continuous membership from the time of graduation is preferred).
At least one year of professional experience as a registered nurse.
Enrollment full-time, or part-time (for a minimum of six credits per semester), in an accredited program, leading to a degree in nursing.
Two satisfactory references.

Awards: Scholarships may be awarded annually to applicants meeting the general requirements.
All other things being equal, preference will be given to those who have been most active in the Alumni Association, and who have most nearly completed degree requirements.

Application Procedure:
Applications are available from the Chairman, Scholarship Committee, Jefferson Nurses' Alumni Association (Thomas Jefferson University, 11th & Walnut Streets, Philadelphia, Pennsylvania 19107).
Submit applications with references at least four weeks prior to the regularly scheduled meetings of the Alumni Association (second Tuesday of September, November, January, March, and the annual meeting in May).
Each application is given careful consideration and considered on a first come, first served basis.
THE CLARA MELVILLE-ADELE LEWIS SCHOLARSHIP FUND
of the
ALUMNI ASSOCIATION OF THE SCHOOL OF NURSING
(DIPLOMA PROGRAM)
COLLEGE OF ALLIED HEALTH SCIENCES
THOMAS JEFFERSON UNIVERSITY
215-928-8981

SCHOLARSHIP APPLICATION

1. NAME: ________________________________ ________________________________
   (LAST NAME) (FIRST NAME) (MIDDLE INITIAL) (MOTHER'S NAME)

2. ADDRESS: ________________________________ ________________________________
   (NUMBER AND STREET) (CITY AND STATE) (ZIP CODE)

3. Date of Graduation: ____________________ Social Security Number: ____________
   Telephone Number: __________________

4. Please have the following references sent to the Chairman, Scholarship Committee:
   Director or Dean of the school you plan to attend
   Director of the program at the time you graduated from your basic program

5. Positions held. Arrange in sequence, listing present or last position first.

<table>
<thead>
<tr>
<th>Title of Position</th>
<th>Name of Employer</th>
<th>Address</th>
<th>Dates of Employment</th>
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6. Are you a member of the Alumni Association? ________

7. List your activities in professional organizations.

8. Proposed program of study and plans for your future professional career:

   School in which you are enrolled ________________________________
   Address of school ________________________________________________
   Tuition cost __________ Other expenses __________ Amount of scholarship desired __________
   Describe Program (Continue on the back, if necessary).

9. Financial assistance available to you: (state amount(s))

   Scholarship __________________ Loans __________________
   Work reimbursement __________________ Other __________________

Signature __________________ Date __________________

REVISED NOVEMBER 1987
MARCH 1984
OCTOBER 1976

The Jefferson Hospital School of Nursing
Roll of Honor Nomination Application

I wish to nominate:
Name: ________________________________ ________________________________

Class: ________________________________ ________________________________

Who meets the criteria in the following ways:

1. Established a nursing education program

2. Served on state, regional, national or international committee

3. Wrote or edited books on nursing (including articles)

4. Received honors or awards (e.g. Nurse of the Year)

5. Service to Government (not military)

6. Missionary in a foreign country

7. Served as officer in Nursing Organization(s) (Local, State, National)

8. Invented, designed or improved equipment

Complete and return to:
Dr. Alice C. Boehret, RN
Nurses' Alumni Association
Thomas Jefferson University
11th and Walnut Streets
Philadelphia, PA 19107
M-6, J.A.H.
The Clara Melville-Adele Lewis Scholarship Fund
of the
Alumni Association of the School of Nursing
(Diploma Program)
College of Allied Health Sciences
Thomas Jefferson University
215-928-8981

Non-Graduate Scholarship Application

1. Name

2. Address

3. Please have the following references sent to the Chairman, Scholarship Committee:
   Director or Dean of the School
   High School Counselor/Principal

4. Graduate Information (parent, grandparent, aunt, uncle)

5. Proposed program of study and plans for your future nursing career:
   School in which you are enrolled
   Address of School
   Tuition cost Other expenses Amount of scholarship desired
   Describe Program (Continue on the back, if necessary).

6. Financial assistance available to you: (state amount/s)
   Scholarship Loans
   Work reimbursement Other

Signature Date

September 1989
Scholarships for Children/Grandchildren/Nieces/Nephews of Graduates

Purpose
To assist young people in the pursuit of a nursing career.
To more fully utilize the fund as it was intended.

General Requirements
Child, grandchild, niece, nephew of a graduate of the school of Nursing (Diploma Program).
Confirmation of enrollment in an accredited program to a degree in nursing.
Transcript of records, if part of nursing program has been completed.
Two satisfactory references (Dean of School, High School Counselor/Principal).
Letter from Jefferson graduate explaining relationship.

Application Procedure
Applications are available from the Chairman, Scholarship Committee, Jefferson Nurses' Alumni Association, Thomas Jefferson University, 11th and Walnut Street, Philadelphia, PA 19107.
Submit applications with references at least four weeks prior to the regularly scheduled meetings of the Alumni Association (second Tuesday of September, November, January, March and May).
Applications are considered in the order received and the level of commitment to a career in nursing.
The History of the Jefferson Cap

Jefferson graduated its first class of nurses in 1893. At that time the cap that was worn had a high crown and a wide brim with ruffle around the brim. It was made of a delicate material called "lawn," similar to material used to make handkerchiefs. The cap resembled the Philadelphia General Cap, which at that time was made of a similar material.

In 1894, Susan Hearle, a graduate of Philadelphia General became Director of Nurses at Jefferson. When she noticed the similarity between caps, Miss Hearle decided that Jefferson Nurses should have their own distinctive cap.

The crown was lowered, the ruffle was removed and the brim was narrowed, flattened and spread like wing tips, across the front of the cap. The material was changed to organdy which gave the cap more body.

In 1932, the cap was worn with the brim starched and the wings made to stand out—that is the way we wear it today.

Initially, it was traditional to earn the cap by passing the six-month probationary period. Now the cap is given to the student to wear as soon as she enters the school.

This was a great responsibility for the student, knowing that the Nurse's Cap originated historically from the veil worn by women who traditionally covered their heads in public, and the cap is a symbol of humility and service to mankind. A responsibility because the Jefferson Cap is recognized and respected the world over, being worn by more than 4500 graduates of the school; many of whom earned their cap and consider it an honor to wear it. (With the closing of the School of Nursing in June of 1982—the total number of graduates will be 5,078).

The student is entrusted with the cap and must wear it with dignity and respect for the tradition that is to be upheld.

(The above article was presented at Capping Exercises for the Class of 1982, by Patricia Zarella '51, R.N., B.S.N., Instructor School of Nursing, September 1958 to July 1980).

The Plaza is located between the Scott Building and Jefferson Alumni Hall.
NOTICE

ALUMNI LUNCHEON DATE

MAY 5, 1990

11:30 A.M.

JEFFERSON ALUMNI HALL

1020 Locust Street
Philadelphia, PA 19107

ANNUAL MEETING — MAY 5, 1990

10:00 A.M.