1975

Alumnae Association Bulletin of the School of Nursing, 1975

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Authors
ALUMNAE ASSOCIATION BULLETIN
of the
SCHOOL OF NURSING

1891 1975

COLLEGE OF ALLIED HEALTH SCIENCES
THOMAS JEFFERSON UNIVERSITY
PHILADELPHIA, PA.
DUE TO THE BICENTENNIAL
1976 ALUMNAE LUNCHEON DATE
CHANGED TO
SECOND SATURDAY IN MAY
(MAY 8, 1976)
ALUMNAE ASSOCIATION OF THE SCHOOL OF NURSING
COLLEGE OF ALLIED HEALTH SCIENCES
THOMAS JEFFERSON UNIVERSITY

FINANCIAL REPORT
December 31, 1974

Receivables:
Dues and Re-instatement of Members $7,823.50
Annual Luncheon Reservations 1,896.00
Interest on Savings Accounts 3,466.77
Miscellaneous 1,425.35
Annual Giving Contributions
General Fund 4,361.00
Relief Fund 586.00
Scholarship Fund 635.00
Total Receivables $19,992.62

Disbursements:
Annual Luncheon Expenses 2,412.15
*Printing, Mailing and Stationery 9,493.19
Sick Benefits for Members 556.50
Graduation Prizes 125.00
Contributions (Unitaid Fund, etc.) 375.00
Other Operating Expenses 3,889.98
Convention Expenses 800.00
Scholarships Granted 1,300.00
Gifts for Shut-Ins 267.45
Total Disbursements $19,169.27

Cash Balance as of December 31, 1974:
General Fund 3,313.58
Savings Account 8,309.17
Relief Fund 20,598.48
Scholarship Fund 14,534.61
Total $46,575.84

"PROGRESS — THOMAS JEFFERSON UNIVERSITY HOSPITAL"

Thomas Jefferson University Hospital continuously examines its programs and services to insure that each is delivered in the most efficient and effective manner, and consistent with the latest advances in technology. This past year was no exception. Our 664 bed hospital offered a variety of levels of patient care which ranged from primary through tertiary, and also a comprehensive scope of outpatient facilities and programs.

The primary goal of the Hospital is to render high quality health care while concurrently providing a setting that complements the University’s education and research programs, all of which have a major impact on our capability to provide health services to the community. The health care field is constantly in a state of flux and it is incumbent upon hospitals to adjust in a positive fashion to change. Jefferson’s programs reflect the positive attitude of the University.

The Curtis Clinic outpatient program is currently undergoing a major transformation. The final plans call for the relocation of all former clinic activities into the University’s new Health Sciences Center, one city block to the east of the Hospital. This relocation will permit Jefferson to offer high quality, personalized, comprehensive outpatient health care services at the lowest possible cost. The broad-based ambulatory care center was designed to meet the comprehensive and preventive health care needs of the community. We serve to complement the educational function of the University, and, in appropriate instances, to provide a setting for clinical investigation.

The new Health Sciences Center will permit a focus on primary family medicine in the ambulatory setting, integrating laboratory, x-ray, pharmacy, and other ancillary services in order that patients may enjoy “one stop” medical care. Equally important is the fact that one level of care will be provided for all patients, regardless of the payment mechanism available to them.

A number of physical plant improvements in the Hospital were completed during recent months. Included among them were renovations to the 6th and 9th Thompson patient floors, the completion and dedication of the Radiation Therapy Center, the relocation of the Heart Station to completely remodeled modern and attractive facilities on 4th Main, and the addition of an ACTA Scanner to be used by the Radiology Department in computerized axial tomography. Each of these improvements took place while the planning for a new 400 bed Hospital (Clinical Teaching Facility) also proceeded at a rapid pace. During the past year, design drawings for the inpatient and outpatient areas were prepared as well as plans for a remodeled Foerderer Pavilion. The plans for the Clinical Teaching Facility were also reviewed with groups both inside and outside of the Jefferson Family. More recently, demolition and a groundbreaking ceremony for the CTF have taken place.

Complementing these physical changes were the institution of a variety of new patient care programs. The Department of Rehabilitation Medicine has expanded its services to include an orthotics treatment program, rehabilitation for cardiac patients, and, in conjunction with the Departments of Neurosurgery and Orthopedic Surgery, a spinal cord clinic. A rehabilitation workshop for graduate nurses was also conducted.

A Belzer Kidney Profusion Machine was acquired with a grant from the Foerderer Foundation, and expanded dialysis services are being planned. Other services initiated include a federally supported Breast Diagnostic Center using thermography and mammography which should provide approximately 20,000 free examinations, and a new screening program for patients suspected of having anemia.

Jefferson will continue to strive to be a leader in the health field by not only conforming to change, but also by seeking to initiate change in response to burgeoning technological and social demands. We invite you to return to see these exciting developments which have recently taken place in our Hospital.

Edwin L. Taylor,
Hospital Director
school that reflect changing times and growth.

August marked the beginning of another new era—the School of Nursing moved its offices and classrooms into newly renovated facilities in the Health Sciences Center. This move offered updated office and classroom facilities, the major advantage being an increased number of offices and classrooms, better ventilation and lighting, and better communication within the school since more offices are together in the same building. We are still working on two major weaknesses in the new facility, one being too small a space for the classroom designated to hold the entire freshman class and the other being the lack of a lounge for students.

An organization change in September created two new positions: assistant director for administration and student affairs and assistant director for curriculum. This change commits delegation of responsibility for these areas and establishes new lines of communication with our thirty-seven faculty members, which to date seems to be most effective.

Currently we are engaged in curriculum revisions in relation to the new courses in medical-surgical nursing in an effort to avoid repetition, and to develop content in a more meaningful manner under overall concepts of patient care. In addition to faculty, students are represented on our curriculum committee and have additional input through clinical evaluations, course evaluations and senior interviews.

In recent years research in nursing has received much attention. In line with this we have about completed three rather extensive projects. The last to be completed is a five-year follow-up on our graduates. We are in the last year of the study. Results to date are gratifying and indicate that we must be doing something right because employers are still satisfied with our product.

The Baccalaureate Nursing Program at Jefferson is one of the largest in the nation. The graduating class, with 85 students, forms the largest group of graduates ever to complete the program. As graduates, we hope that you continue to be interested in the progress of your school and that you will stop by to see us if you are in the area.

With many diploma programs phasing out or closing, we probably wonder about the status of our school. Current plans are to continue the diploma program for as long as we can attract qualified students. To this it has been an uphill battle.

My best wishes to you for a happy, successful and healthy year ahead, I am,

Doris E. Bowman
Director
School of Nursing

DEPARTMENT OF BACCALAUREATE NURSING

A Continuing Education Conference for Registered Nurses was held on Friday, May 2, 1975. The theme for the day was "The Professional Nurse: Rights and Responsibilities." Dr. Clifford Jordan, President of the Pennsylvania Nurses' Association, scores Dr. Miriam Lundgren, Board Member, Pennsylvania Nurses' Association spoke during the morning session. Faculty members in the baccalaureate nursing program and Thomas Jefferson University Hospital personnel participated in the afternoon session.

The Conference was very well received. We expect to schedule similar sessions more frequently after next year.

Charlotte E. Voss, Chairman
Department of Baccalaureate Nursing

ANNUAL REPORT OF THE SCHOOL OF PRACTICAL NURSING

The School of Practical Nursing has entered its second decade of existence after graduating its largest class of fifty-four women and three men on September 9, 1974. After the same period of time the school has also been removed from its quarters in the old Junto Building to the pleasant attractive and very adequate 10th floor of the Health Sciences Center. Student nurses from the School of Nursing and School of Practical Nursing have been sharing new classroom facilities on the 10th floor since last September which is certainly an improvement over the former areas available for Instruction.

Increasing interest in vocational nursing education is quite evident from the large number of applicants for admittance to the program each year. Although the number of male applicants has been very small in the past there are indications that a substantial increase will be received and accepted this year. Female applicants have included a few daughters of School of Nursing alumnae who for personal reasons have chosen to be educated on this level rather than become part of a professional educational program in nursing. Nurses in these classes are provided to instruct for instruction for between 60 and 70 students each September and it is anticipated that we will have no difficulty reaching our goal.

(Mrs) Elizabeth J. Sweeney, R.N.
Director, School of Practical Nursing

ANNUAL REPORT OF THE NURSING SERVICE DEPARTMENT

During the past year at Jefferson nursing has seen a period of much growth. Several decisions were made which will have long-range effects on the department.

In April 1974, we decided to phase out the Exchange Visitor Program and this was begun in October of 1974. At present we have only four Exchange Visitors remaining. This summer, when we employ the graduating classes, we will have a full compliment of Registered Nurses. Because of the decision to phase out the Exchange Visitor Program, there were periods this year when staffing was a little tight. However, the staff nurses and physicians worked very well together to provide excellent patient care. We have received many letters of compliment concerning the type of care which we are giving at Jefferson.

In order to maintain a high quality of care, we implemented a Quality Assurance Program. The nurses involved with a special group of Illness are developing criteria by which they can measure the care they have given to their patients. An example of this is the criteria developed for the care of the patient with a total hip operation. In May, at the Annual Alumni Day, the staff from the orthopedic unit presented the criteria and demonstrated the care which they give. We are very proud of the accomplishments of this group of people and of the others who have done criteria for measurement of care. It is our belief that it is only by continually evaluating what we are doing and determining the effectiveness of our actions that we will improve care.

Primary nursing has continued to develop at Jefferson. As you may know, there are several stages in its growth and development. One of the things we find most difficult to teach is the idea that one nurse is responsible and accountable for the care of a group of patients. This will take some time, but we are enjoying following the same patients from their admission to their discharge, but at times they find it difficult to accept the responsibility. Most of this is due to their youth and as they gain experience in caring for patients, they do seem to enjoy the responsibility.

The Cardiac Rehabilitation Program also continues. This year we received a grant from the United Fund to develop a teaching program for the patients in the Cardiac Rehab. We will begin in July of 1975. There will be one nurse responsible for interviewing patients to determine their needs for teaching, and for developing a teaching program which will meet these needs. Finally, she will interview them again eight to ten weeks post discharge to see if the teaching has been effective. We think this is a major step forward in patient care and we are very proud that Jefferson has received the opportunity to do this.

The Joint Commission visited Jefferson this year and in their accreditation of Nursing Service, had only one recommendation to make—continue our retrospective audit and do a joint audit with the physician staff. It was most gratifying to us to know that these were the only areas in which they felt we needed to progress. They were very pleased with our documentation of care and our documentation of care planning. They felt that both patients and staff at Jefferson had "a very contented appearance."

All in all, I feel that much progress can be made at Jefferson and that we have many people who are very dedicated to patient care. This has been a very pleasant year, although a very hard one, for those of us who work at Jefferson, and we are very proud of our accomplishments.

Carol Hutelmyer
Director, Nursing Service
OPERATING ROOM NURSING

Our intensive orientating and rotating program has encouraged many nurses and graduating senior students to choose the operating room as their specialty.

During the first six to eight weeks the newest team member is under the direct supervision and guidance of the Clinical Specialist in charge of the staff development programs. The purpose during this period is not only to familiarize the nurse with the staff but the general floor plan, but also to teach the basic methods of operation and to evaluate his or her technical capabilities.

One month rotation for each surgical service follows [exception—open heart—two months]. Each service is supervised by a Unit Specialist for that particular area.

The final team placement is predicated upon capability, staffing needs and individual's selection.

Plans are now being formulated for an on-going pre and post operative visitation program. This type of patient involvement, we feel, should make for a more meaningful operating room experience.

Marnie Polite Peace, R.N.
Director Operating Room Nursing

CHANGES IN ALUMNAE CONSTITUTION AND BY LAWS

The following amendments were voted on and accepted at the Annual Alumnae Meeting on April 8, 1975.

Article I — Membership

(a) Life members shall be those who have been members of the Alumnae Association for forty (40) consecutive years. These members are exempt from the payment of dues, but shall enjoy all the privileges of active membership. Members eligible for life membership will be notified by the President.

Article VII — Relief Fund Benefits

Section 1 — Active and Life members are entitled up to five hundred dollars ($500.00) annually toward their hospital bills and/or bills incurred due to an extended illness at home, greater than or thirty days duration and requiring services of a physician.

Margaret Summers, President

THE DIPLOMA NURSING PROGRAM

This has been a year of changes for the School of Nursing. In August, the administration offices in the Martin Building and instructors' offices and classrooms in the Curtis Clinic moved to the newly renovated offices and classrooms in the Health Sciences Center at 130 South 9th Street.

There has been some reorganization and additions to the curriculum. Operating Room Technique is now presented to the Junior students as part of surgical nursing. The Community Health Nursing course is being developed into an eleven week experience for the Junior year. This will include the emergency room, outpatient department plus an experience in geriatric nursing at the Lutheran Home in Germantown.

The Martin Residence is now under the supervision of the Director of Housing at the University. The director will work with a Student Affairs Residence Hall Council periodically to develop residence rules and to discuss concerns of dormitory living. A few changes in rules have occurred this year: curfews have been extended, overnight female guests are permitted and open house is held monthly.

Since Student Council no longer had responsibility for enforcement of residence rules it undertook reorganization with its prime concern now being coordination of all school social activities. The name of the group was changed to Student Affairs Council.

The Council began the year in September by orienting the 112 incoming freshmen to the various activities available to them. The first Student Council social, a Halloween Party, was held Thursday, October 30th, at Jefferson Alumni Hall. Many of the students attended and dressed appropriately for the theme, "A Fifties Night." Taped music of the fifties was provided by a disc jockey and refreshments were served; everyone seemed to have an enjoyable time. A Valentine's Day Party was held October 13th.

Several Council projects helped to make holidays in the Pediatric Department a little more enjoyable. At Christmas new and used toys were collected and distributed in the department. The Council also sponsored an Easter Egg Decorating Party. Results of this party were fifteen beautifully decorated baskets which were greatly appreciated by the children.

Other functions of the Student Affairs Council included raising funds for the cheerleaders so they could make new uniforms for the squad, holding a stationary sale and planning an orientation booklet for the freshman entering in September 1975.

Fund raising activities continue to keep individual classes busy. An enthusiastic freshman class has already started to build their bank account through sponsoring several candy sales. Junior events included a Valentine's Day Dance and a Continental Breakfast in addition to candy and poster sales. The Senior class put forth their final effort in order to raise money for the purchase of their yearbook. Among some of their activities were sales of baked goods, white elephants, plants and popcorn. A very successful class project was the Senior Play. Written by a group of Seniors, it was a spoof of daytime T.V. shows. With some help from a local disc jockey and the many students who took an active part it was an evening of real fun. The Annual Senior Spaghetti Dinner was held at Jefferson Alumni Hall on April 9th. With this event the Seniors ended their fund raising as they reached their goal of three thousand dollars!

A most popular student activity still seems to be basketball. The team finished in third place this year in the Southeastern Pennsylvania League for Nursing. Student Nurse Basketball League. They also won their fourth consecutive exhibition game at the Spectrum. Donna Ranieri was this year's recipient of the Women's Board Award for Athletic Achievement.

Our cheerleaders are still quite active at all the games. Even though they did not bring home a trophy this year they were a valuable source of spirit not only to the team, but to the Student Body.

This year has seen a slight increase in student interest in SNAP. Junior student, Nancy Malloy, attended the SNAP Area No. 1 Convention, March 8th, at Philadelphia General Hospital. The National Student Nurses' Association Convention was held in Philadelphia from April 24 to 27th and Terry Mayne, Freshman, attended as the school SNAP representative. The convention theme was, "Rights with Responsibility."

A new group on campus, the University Forum, convened in November for the first time. It is composed of students from all of the schools of the university; there are four representatives from the diploma school. The Forum is concerned with matters, both social and academic, which affect all students of the university. The primary purpose of the group is to develop an atmosphere of a true university embodying ideals of free expression and exchange of ideas, education, research and social mixing.

While some things have continued as traditional activities at the school others have changed as the diploma program participates with other programs within the University.

Respectfully submitted,
Donna Ranieri
Student Affairs Council
THE BACCALAUREATE NURSING PROGRAM

The Baccalaureate Nursing program graduated its second class in June and awarded fifty-six students a Bachelor of Science in Nursing. This new program has experienced its share of growing pains and probably will keep on revamping certain aspects of the curriculum for some time to come. However, the basics such as core courses in nursing and several sciences (both social and natural) coupled with some fine team-taught courses are there.

The emphasis in the Baccalaureate program seems often to be on "modern society." Do other nursing programs visit the CHOICE Abortion Counseling Agency or explore human sexuality by viewing films and discussing openly? This program deserves credit for making an effort to expose students to reality and previously taboo subjects.

The elective taken in the senior year is attractive to students who need to develop the confidence and expertise often sorely lacking in their chosen field. The fact that students spend no more than one hundred days (or parts of days) in the hospital or outpatient setting in two years sheds some light on the reason behind feelings of incompetence. But this is a deliberate attempt to allow for some part of what being a baccalaureate-prepared nurse is all about. Those who thrive on three or more days on the floor per week (five in the summer) might want to investigate other programs available. Surprisingly enough to outsiders, many baccalaureate students do not miss the l.ack of clinic time. They are here because the program appeals to them. A conservative estimate at best, 25% of the class of 1972 had weekend jobs in hospitals...in some cases more for the experience than the money.

The program, as any other, has its idiosyncrasies, some laughable and some not. Female students wearing navy polyester dresses with white collars (the standard uniform) have been mistaken for elevator operators and nurses in short habit. White shoes are not mandatory—a ghastly thought to some, and the wearing of pantyhose has been sanctioned for next year.

Not until the last quarter of the senior year did students in the class of 1975 spend eight-hour days in the hospital. Considering that a majority of students will work in hospitals soon after graduation, the invaluable experience of feeling part of the team and working all shift was a bit delayed for some people's eyes. But again, the basic emphasis here is not on accumulating time on the floor. The Baccalaureate program has set its priorities; it is up to the student to set his or her own when deciding among A.D., R.N., or B.S.N. schools.

The instructors' backgrounds can only be advantageous to Jefferson's Baccalaureate students. Most of them are Diploma graduates who went back to school to get their Bachelor of Science in Nursing and later their Masters degrees. Needless to say, each has a special area of interest about which he or she is a fountain of information.

Although baccalaureate programs in general are not new, Jefferson has recently undertaken an academic commitment to, as the pamphlet states, "prepare men and women to become effective professional nurses with the background necessarily to be responsible, self-directed practitioners of nursing." With the high quality of integral components such as teachers and participating hospitals, it would seem that chances are good for the Baccalaureate program becoming successful.

Nancy Bedfarn

A NURSE'S GARDEN

1. First plant four rows of peas; a. presence b. preparation c. perseverance d. promptness
2. Next plant three rows of squash; a. squash gossip b. squash criticism c. squash indifference
3. Three rows of lettuce; a. let us be faithful b. let us obey rules and regulations c. let us love one another
4. No garden is complete without turnips; a. turn up for meetings b. turn up with a smile c. turn up with new ideas d. count up with determination to make everything count for something good and worthwhile e. turn up on time

Selected
[Read at the Luncheon and published by request]

THE PRACTICAL NURSING PROGRAM

The practical nursing program at Jefferson, twelve months in length, includes various nursing disciplines. Accordingly, fundamentals are presented in body structure and function, pharmacology, nursing skills and techniques, nutrition with diet therapy practice, family living, community health and also communication skills. Along with these, general medical-surgical nursing procedures are taught. Also, a topic of continued interest, maternal and child health nursing.

Through earnest attention to the course of studies the student will be prepared to provide for the physical and emotional comfort of the patient as well as his safety. She will also be knowledgeable in the recording and photographing of physical and mental conditions of her patients along with an awareness of signs and symptoms indicative of any undesirable change.

Contrary to what many believe, the academic instruction cannot be regarded lightly. Serious study is absolutely necessary to progress as quickly as the course demands.

The student practical nurse is able to carry out general bedside nursing care in a variety of hospital units such as Jefferson and an affiliate, Jefferson Hospital. Such units include: general medical-surgical, orthopedics, gynecology, maternity, nursery and pediatrics.

Along with routine tasks such as bed making, bathing, vital signs, and assisting with meals, the nurse has time to observe overt symptoms and emotional circumstances affecting the patients' progress.

She is also encouraged to assist the physician in research examinations, and often observes and studies the more technical diagnostic studies done. She is able to assist the team leader or registered nurse as investigator of situations, events and patients' response to therapy or treatment.

Because the hospital has three distinct schools of nursing, cooperation is learned early if efficient and harmonious operations are to continue. Much can be learned in a spirit of inter-dependence.

Time is allotted to the study of the patient care plan; therefore, problem solving becomes an essential component to patient progress. Not only the today of a patient is considered. Research into his past medical, psychological and social history becomes important as it has influenced his present state of health.

Utilized with benefit is the nursing kardex. Through this, continuity of care is clearly defined as each nurse may freely contribute.

Students, for the most part, feel that the clinical experience offered at Jefferson is equal to or surpassing courses provided by other similar schools.

The role of student demands study, investigation, listening, questioning and reacting. The role of nurse compounds these with qualities of understanding, caring, and practice of theory in precise action and maturity.

Whatever her given title today and tomorrow, there will invariably be need of a dedicated bedside nurse. With the attainment of further knowledge and experience will come greater competency in care.

Monica Daugherty

FAMILY MEDICINE AT JEFFERSON

Family Practice became a recognized specialty in 1969. With specialty status, Family Practice has become an attractive alternative for medical school graduates, but a more demanding one as well. For example, a three-year graduate residency program and recertification every six years are required of Family Practice specialists. This year, twenty percent of American medical school graduates will enter Family Practice residency programs.

Jefferson started its Family Practice program by establishing a Division of Family Medicine in 1971. Dr. Willard Krehl, Professor and Chairman of the Department of Community Health and Preventive Medicine, along with enthusiastic representatives from the Pennsylvania Academy of Family Physicians, organized a new Division by essentially twenty-five Board-certified family physicians who helped to establish an undergraduate curriculum in Family Medicine.

In January 1973, Dr. Paul C. Brucker, a faculty member in the Division of Family Medicine, was appointed to chair a new, separate Department of Family Medicine in the Medical College. The new Department has been responsible for developing programs in the undergraduate, graduate, and post-graduate areas.

Undergraduate Programs

With the development of the new Medical College curriculum in the Spring of 1974, the Department of Family Medicine in the Departments of Psychiatry and Human Behavior, Community Health and Preventive Medicine, Physical Medicine, Pediatrics, and the Office of Medical Education helped to design
the new "Medicine and Society" course offered weekly to freshmen and sophomores. In addition to helping plan the course that pays attention to such subjects as epidemiology, growth and development, human sexuality, ethics, medical jurisprudence, and psychopathology, members of the Family Medicine faculty helped to teach, to course through both lectures and seminar discussions. In the Fall of 1974, the first mandatory six-week clerkship in Family Medicine was started. Every six weeks, approximately twenty-seven students were assigned to primarily an outpatient activity where they participated in the ambulatory care of patients and their families. Students were assigned to programs in Family Medicine at Jefferson and three of its affiliates—i.e., Wilmington Medical Center,泸州 Area Hospital, and Chestnut Hill Hospital. In addition, some of the students were assigned to preceptorships with Family Medicine faculty members in Delaware, New Jersey, and Pennsylvania.

Beginning in September 1975, approximately forty senior students have elected to spend their senior year in a track in Family Medicine. During this year, the students will participate in twelve weeks of ambulatory care, where he or she will have the opportunity to elect in-patient specialty contact both in- and outpatient wise. The resident will be expected to pass the Board examination for certification in Family Practice. It is hoped that the resident will then enter the field of Family Practice in one of the many areas where they are so desperately needed. In all cases, the resident's training is individualized in order to help the resident establish his or her own educational and professional goals, particularly with respect to the medical needs of the community in which he or she plans to practice. Jefferson's program encourages the concept of group practice.

Philosophically, the Department attempts to instill the desire in the learner to continue his or her medical education programs, by extension of and reinforcement of necessary professional skills, by participation in medical audit and by involvement in teaching health staff, preceptee students, and peers. It is anticipated that the resident will feel comfortable and enjoy delivering quality, comprehensive care.

Family Practice Facilities

The primary training facilities for the residency program are on the Thomas Jefferson University campus. These include the Hospital and the Model Family Practice Unit, consisting of approximately 8,000 square feet, which is located in the newly renovated Thomas Jefferson University Health Science Building, a twenty-two-story building designed for ambulatory care. The Model Family Practice Unit's facilities include adult and children's waiting rooms, record room, insurance and clerical section, nurses' stations, laboratory, special procedures room for sigmoidoscopy, a paramedical work-up room for vision testing, hearing testing, tonometry, etc., doctors' offices, examining rooms, interviewing room, conference room, and an observation room with one-way mirror and close-circuit television equipment.

Jefferson is also affiliated with four additional approved residency programs which are located at Wilmington Medical Center, Bryn Mawr Hospital, Chestnut Hill Hospital, and the Lutheran Area Hospital. Approximately twenty-two residents are enrolled in the first-year class of these programs. This means that by July 1977, Jefferson will be intimately involved with the training of some forty-six residents.
There followed a gradual evolution of ideas in preventive medicine resulting in a more practical notion to incorporate a community system to assess health, screen out those at high risk for a variety of diseases, and where sufficient knowledge can be applied to prevent disease. For instance, to prevent coronary artery disease, premature stroke and other vascular diseases, and there are enough good early detection devices for cancer to make the removal of the teeth, to make it a reasonable certainty that primary prevention and early detection of certain vascular diseases are feasible. It is also my experience that the overall yield in detecting risk factors important in primary prevention is more than justifies the annual examination in the age group we are studying, who are mostly over 40. Multiple risks are often encountered. In a background of emotional distress, including marked anxiety and often depression, which makes compliance a difficult problem, we are beginning to recognize and attempt to delineate the causes of poor compliance in our health maintenance program. However, it is my impression that often enough patients heed advice and are able to reverse bad health habits.

With respect to the overall annual yield in our health maintenance program at Jefferson, I have only space enough for a few broad generalizations. Approximately 10-20% of persons have significant abnormalities in blood sugar, cholesterol and other serum lipids, and blood pressure, uncovered by the comprehensive examinations. Nearly 20% of persons have significant obesity underlying the preceding metabolic problems and this overall yield constitutes almost 30% of the population in our program. In addition, another 20% of people continue to smoke heavily. We have abstainers in the original program including 90% of persons have serious depression on the threshold and those that make them prone to premature blindness.

The role of the nurse in the health maintenance program can be extremely important. We have experimented in a limited way with nurses in the role as educators, including developing a role for the nurse in a certain percentage of the population. The overall yield in our experience has been excellent, although third party support is currently lacking. Public interest continues to run very high in the area of health assessment. I can visualize a new role for the nurse in a health maintenance program.

THE HEALTH MAINTENANCE PROGRAM AT JEFFERSON

by I. L. Stoloff, M.D.

Associate Professor of Community Health & Preventive Medicine, Thomas Jefferson Medical College

Jefferson's Health Maintenance Program has been in operation for approximately 28 years-oldest of its kind in the area, devoted to preventive medicine. It started in 1947 with funds provided by two Jeffersonians, Drs. Rife and Hamill, and under the guiding wing of Dr. William Harvey Perkins, then Dean of the Medical College. It grew to be a large community program outside of the Jefferson complex of buildings at 6th near Delancey Street in Philadelphia.

The program at that time included entire families encompassing pediatrics to geriatrics, with the only limitations being the available knowledge in preventive medicine.

Besides the initial efforts, there has been a steady growth resulting in a reduction in costs for screening examinations. While the public has responded to the idea of preventive health care, funding for such a program, including government and private insurance, has been slow in responding. Currently, much of the cost must be assumed by the individual requesting the examination. This appears to be short-sighted, in view of the high cost of illness, which is a dollar spent in prevention can save, in some instances, nearly ten times the amount necessary to treat later stages of the disease. These results have been established for carcinoma of the cervix, but may apply to other diseases as well.

The current health maintenance program at Jefferson has been designed as a comprehensive evaluation with emphasis on the primary prevention and early detection of disease, particularly as it relates to the more serious diseases encountered in our population, such as coronary artery, other premature vascular disease and cancer. Briefly, the process of screening in the health maintenance program involves the use of questionnaires which provide physicians time and enables a more complete assessment of the individual's history, measurements taken during the physical examination, the laboratory findings. A complete medical history and physical examination can be done to aid in the compliance of the individual's overall health, a period of health education and a follow-up of significant abnormalities.

Results:

We have found it informative and important in the utilization of our program. We have these three types of annual findings. Assessment is a continuous process if one is to obtain the most out of the comprehensive examination offered. It is important to record these for each of the maneuvers, including laboratory tests, physical examination and laboratory and physical findings. A cost benefit formula must be applied to determine the worth of each of these parts of the examination.

In terms of justification of the concept of preventive medicine—that is to say, does a comprehensive examination after disability and life expectancy?—we have been able to show that it is too expensive, not rewarding, and not feasible for the individual who pays for it. A number of false positive findings are obtained, as well as false negative findings, in the screening of some patients. It is my own impression that the overall value of a comprehensive examination justifies its use in our clinic population. In the first place, sufficient evidence exists to prove a technique for coronary artery disease, premature stroke and other vascular diseases, and there are enough good early detection devices for cancer to make the removal of the teeth, to make it a reasonable certainty that primary prevention and early detection of certain vascular diseases are feasible. It is also my experience that the overall yield in detecting risk factors important in primary prevention is more than justifies the annual examination in the age group we are studying, who are mostly over 40. Multiple risks are often encountered. In a background of emotional distress, including marked anxiety and often depression, which makes compliance a difficult problem, we are beginning to recognize and attempt to delineate the causes of poor compliance in our health maintenance program. However, it is my impression that often enough patients heed advice and are able to reverse bad health habits.

With respect to the overall annual yield in our health maintenance program at Jefferson, I have only space enough for a few broad generalizations. Approximately 10-20% of persons have significant abnormalities in blood sugar, cholesterol and other serum lipids, and blood pressure, uncovered by the comprehensive examinations. Nearly 20% of persons have significant obesity underlying the preceding metabolic problems and this overall yield constitutes almost 30% of the population in our program. In addition, another 20% of people continue to smoke heavily. We have abstainers in the original program including 90% of persons have serious depression on the threshold and those that make them prone to premature blindness.

The role of the nurse in the health maintenance program can be extremely important. We have experimented in a limited way with nurses in the role as educators, including developing a role for the nurse in a certain percentage of the population. The overall yield in our experience has been excellent, although third party support is currently lacking. Public interest continues to run very high in the area of health assessment. I can visualize a new role for the nurse in a health maintenance program.

YOUR SESQUICENTENNIAL CAMPAIGN

ONE HUNDRED FIFTY PLUS ONE

It is with pleasure and pride that Jefferson congratulates its Alumni.

The excellent support of all to the Sesquicentennial Campaign is deeply appreciated and has given a great lift to the future of the University as well as establishing a relationship and alliance between the University and all the Colleges. We still welcome with open hearts and hands any gifts to come our way. At present, our Nurses have contributed $85,892.00 of our original goal of $100,000.00. It would indeed be wonderful to receive pledges to reach this goal. The total campaign has now reached $12,818,000.00 of the planned and expected $15,000,000.00 goal.
Now that the Sesquicentennial is over, one may ask: Is it really over? What did we accomplish? The real answers will develop only as this money is translated into the education of our people in the last quarter of this century. The interdisciplinary seminars held in May 1974, provided a pattern for other continuing education programs that many nurse alumnae have requested. Many of you were there and know the success of this event. The first session following was conducted May 3, 1975 and was received with an enthusiasm that provides a basis for others in the months ahead.

The 22 floors of the New Health Science Center at 9th & Sansom Sts. is already in use and houses Nursing Education. There is a new Primary Health Care Center named "Suzanne & Joseph L. Eastwick Community Health Center", at 29th & Reed Sts. operating with Philadelphia Health Care Plan.

The new building arising north of Locust St between 10th & 11th St is being financed by Penna. Higher Education Facilities Authority and not through the Campaign Funds. This building will house 400 cars and should eventually pay for itself.

The Clinical Teaching Facility (Hospital) to be built between 10th & 11th St. & Chestnut to Samson and connected by ramps to the Foederer Pavilion is in the land clearing/ demolition stage. Bids for this new building will be invited from contractors by the end of June. Tax free bonds should go on the Market September of this year. The original floor plans have been modified to incorporate designs and plans made by the Nursing staff. Construction should begin before the end of this year.

As we work together toward the future medical care and needs of our University and Nation, I wish to thank everyone for the very great way this campaign was received and for the wonderful donations and good wishes sent to Jefferson.

Harriet K. O'Connor '39

BICENTENNIAL CONSORTIUM EXHIBITION—PENN MUTUAL BUILDING
(facing INDEPENDENCE SQUARE)

"Twelve Philadelphia area colleges and universities have announced plans for a bicentennial exhibition that will chronicle the contributions of higher education in the Delaware Valley from colonial times to the present.

The exhibition, to be housed in the new Penn Mutual Building facing Independence Square, will include documents, moments, artifacts, art work and antique scientific equipment. Among the diverse objects on display will be:

- The 1783 writ by which University of Pennsylvania trustees conferred an honorary degree on George Washington.

"Jug books" from a century ago, in which are recorded the misdeeds of Villanova students and the punishments meted out to them.

- A ceremonial sword presented to Temple University founder Russell Connell when he joined the Union Army in 1862.

- Letters from Bryn Mawr College's first president regarding the development of graduate education for women in America.

- An 1873 photograph of students arriving from Liberia to study at Lincoln University.

Participating in the unusual cooperative venture with the schools mentioned above are Drexel and Thomas Jefferson universities, Haverford, La Salle, St. Joseph's and Swarthmore colleges and Medical College of Pennsylvania. The schools have banded together to form a consultant group, coordinated by Dr. Varton Gregorian, dean of the Faculty of Arts and Sciences at the University of Pennsylvania.

Entitled "Learning, Revolution and Democracy", the exhibition will tell the story of the role of learning in social, political and economic change over a two hundred year period.

The institutions' archival contributions will be displayed in four categories: "Learning in the Colonial Era", "Revolution in Education", "Democracy in Education", and "Contributions to Mankind".

(Excerpts have been taken from an article presented to us by the Director of Public Relations, Thomas Jefferson University)

SOCIAL

On December 10, 1974 the Alumnae held their Annual Christmas party in the Faculty Club of the Jefferson Alumni Hall.

On March 10, 1975 the Alumnae held a Dinner and Auction Sale in Jefferson Alumni Hall. Proceeds from the sale were placed in the General Fund.

The main event of the year for the Alumnae Association was the Annual Spring Luncheon held May 3, 1975 in the Crystal Ballroom at the Benjamin Franklin Hotel. There were 339 in attendance.

The Graduating Class of 1975 was guests of the Association. There were 46 members present. A caricature was presented to Ms. Catherine Glavoy, Class President.

The 50th Anniversary Class were guests of the Association. Present were: Marion Briggs, Sara Conrad, Elizabeth Stanton, Elizabeth Ewing, Ullian Hartman, Clara Luchinger, Alverda Kaufman, Helen Hoss, Mildred Okinski, Myrtle Frank, Edith Ogden, and Mafalda Zipplier. In behalf of her class, Marion Briggs presented to the Association to be placed in the Alumni Room — a class year book, class pin and a picture of Clara Melville.

The guests at the head table were: Miss Doris Bowman — Director of the Diploma School of Nursing, Miss Elizabeth Sweeney — Director of the School of Practical Nursing, Miss Carol Hutelmyer — Director of Nursing Service.

Flowers were presented to the following alumnae: Miss Elizabeth Heston — 60th Anniversary, Mrs. Ann Craver — Class of 1913, Mrs. Grace Touman — Class of 1922, Miss Clara Brunner — Class of 1923, Mrs. Julia Ganster — Class of 1924, Mrs. Estelle Taylor — Class of 1924.

The largest Anniversary Class present was the Class of 1950 with 33 members present.

The flowers at the head table were given to Charles O'Donnell, husband of Emna O'Donnell — Class of 1935, who was hospitalized on the day of the luncheon.

The Social Committee extends their thanks to all members for their continued support.

The Annual Spring Luncheon for 1976 will be held the SECOND Saturday on May 8, 1976. Let us make every effort to make this a big year for all classes.

Janet Hindson '50
Chairman

SICK AND WELFARE

During the past year there were alumnae members hospitalized at Thomas Jefferson University Hospital. Cards were sent and visits made to all known members.

Jeanette Plasterer '51
Chairman

MEMBERSHIP

On January 29, 1975, the structure and functions of the Alumnae Association were outlined for the senior class. Copies of the Alumnae Association Bulletin and Constitution and By-Laws were distributed to the students. The senior class also completed membership forms for entry into the Alumnae Association.

The class was invited to the Annual Luncheon on May 3, 1975. Forty-six members accepted the invitation and were guests of the Association.

Deidre Watkins Blank '67
Chairman

RESOURCE COMMITTEE OF THE BOARD OF TRUSTEES

Regular monthly meetings are held to discuss and report on the Progress of the Campaign, including the amount pledged or received for the Sesquicentennial Campaign.

There is also discussions and reports on the Bequest and Deferred Giving Program and our foundation and corporate relations.

The Jefferson Medical College Alumni and Nurses Alumnae reports are also given at this time.

Betty Fierol '34
Chairman
For Memorabilia

We would like to complete the collection of "Graduating Exercises Programs" for the Alumnae files. The Programs missing from the collection — 1941 to 1947 and 1948 to 1964.

If any Alumna has in her possession one of these Programs and would like to give to the Alumnae Association, or if you want it returned we will make a copy and return the original to you.

A note of interest: From 1893 to 1975 there have been 4572 graduates from the School of Nursing, this includes the 85 members of the Graduating Class of 1975.

Our records show as of May 1975, we have Alumnae living in the following countries:

Africa — 1
China — 1
Canal Zone — 2
Canada — 3
Caracas — 1
Brazil — 1

I am in the Alumnae Room on Tuesdays, 10 to 4, of each week. The Alumnae Room is on the Mezzanine Floor of Jefferson Hall, 11th and Locust Streets, Room M-2. Telephone No. 829-9891.

Martha E. Rilond
Clerk-Typist

LIFE MEMBERS

We congratulate the following, who received life membership in 1975. They have been members of the Alumnae Association for fifty consecutive years.

Edith Bashore Ogden, '25
1829 Greenwood Ave.
Trenton, N.J. 08609.

Lillian Dillard Hartman, '25
108 East 21st Street
Northampton, Pa. 18067.

Myrtle Goldberg Frank, '25
2121 Faunce Street

Mary Kibbe, '25 Deceased.

Alveta Haines Kaufmann, '25
1114 - 29th Ave.
Altoona, Pa. 16601.

Clara Luehring, '25
5712 North 5th Street

Margaret MacDonald Staples, '25
610 Berwick Street
White Haven, Pa. 18661.

Marian Robinson Briggs, '25
C-104 Concord Arms
215 W. Montgomery Ave.
Haverford, Pa. 19041.

Nora Smith Fry, '25
631 University Street
Walla Walla, Wash. 99362.

Anna Molloy Craver, '21
Waltz Park Plaza
63rd and Walnut Streets

MISSING ALUMNAE

Please help us find the correct addresses for the following: The letters for the annual giving and luncheon invitations sent February 1975 were returned to the Alumnae Office — marked moved — no forwarding address.

Hattie Williams Book, '19
Nellie Clappoddy Gillis, '34
Grace A. Roller Castner
Dorothy McCann Talbot, '40
Kathryn Rutt Convis, '43
Mary K. Cump, '44
Mary Peck Boll, '44
Annie Hansen Rozynka, '49
Nancy Kohnen Kohn, '51
Colleen Hayman Winslip, '51
Diane DeCerf Fischer, '54
Aleks Balcer Scott, '57
Mary Hickie Blue, '58
Barbara Smith Pranderbag, '59
Carolyn Catringer Kong, '59
Eunice Brittan, '60
Rhoda Smeltzer Little, '60
Virginia Siddell Teimann, '63
Joan Yelen Kleinman, '64
Pauline Lupo, '63
Judy A. Bublitz Mitchell, '66
Amelia Christie Lyons, '67
Ann Gotthold Walker, '67
Kathleen Shannon Cook, '69
Alice Bordfeld, '69
Carolyn Carey, '69
Donna Preston Schmidt, '69
Judith E. Zelph, '70
Kathryn C. Husbands, '71
Cheryl Bourganger, '72
Constance E. Logue, '73
RESUME OF MINUTES OF ALUMNAE ASSOCIATION MEETINGS

September 10, 1974
16 members present.
Recommendations of the Board were approved as follows:
1. By-Laws committee to write into the By-Laws for the Annual meeting approval, that Relief Fund benefits be increased from $200.00 to $500.00 for active members and from $150.00 to $300.00 for associate members. Consideration to be given to including Nursing Homes.
2. To send all Graduates who are in Nursing Homes a $25.00 check at Christmas, money to be taken from Relief Fund.
3. To increase the Thomas A. Shallow award, given at graduation, to the sum of $100.00.
4. A motion was made and carried to send to the By-Laws committee the question of increasing the scholarship to $1000.00 and to give two per year.

Mrs. Lenora Schwartz presented a talk and slide show about the 1974 A.N.A. convention.

October 8, 1974
18 members present.
It was approved that a scholarship be granted to Miss Mary Ann Taraskas for the Spring Term of 1975.
Student Scholarship was granted to Suzanne Mary Tomlinson. We were happy to activate the Adele Lewis Student Scholarship Fund as this was our first recipient. Mrs. Harriet O'Connor reported that a total of $84,962.00 has been pledged for the Sesquicentennial Campaign.
Slides from a trip to Hawaii were presented by Miss Summers and Mrs. Piersol.

November 12, 1974.
11 members present.
The Christmas Party was held Tuesday, December 10th, 1974 in Jefferson Alumnae Hall. 14 members present.

Graduates who are in Nursing Homes will receive a $25.00 gift check from the Alumnae Association. This will replace sending Readers Digest, flowers or candy. Revision of By-Laws were presented by Mrs. Betty Miller.
Miss Margaret Donohue from Philadelphia Electric presented a delightful talk and Slideshow entitled “Seasons for Joy.” A small cook book of favorite recipes was presented to everyone present.

January 14, 1975
16 members present.
Miss Hindson reported that the Christmas Party was enjoyed by everyone and the “highlight of the evening” was a visit from Santa.
Mrs. Harriet O’Connor reported that the total amount of the Nurses’ Alumnae giving to date to the Sesquicentennial Campaign is $85,412.00. All records of the campaign were turned in, to be filed in the Alumnae office.

Revised By-Laws were presented by Mrs. Betty Miller and approved.

Mildred Kraft gave a most interesting and informative demonstration on “Cover-up” for scars, birthmarks etc.

February 11, 1975
13 members present.
Miss Janet Hindson reported a Buffet Supper and Auction Sale to be held on March 10, 1975. Plans are being made for the Annual Luncheon on May 3, 1975.
The following ballot was approved:
1st Vice President—Evelyn Frazier
Mabel Prevost
Mary Hindson
Recording Secretary—Betty Piersol
Harriet O’Connor
Board of Directors—Perma Davis
Mary Ellen McDonald
Doris Bowman
Charlotte Hoerst
Eileen Blum

April 8, 1975
17 members present.
A recommendation was made, seconded and carried that the Fall 1975 Scholarship be given to Miss Dolores T. Hughes, class 1969.
Janet Hindson reported that 37 attended the dinner and auction sale in March.
Proceeds were $107.60. Saturday May 3rd, 1975 is the date for our Annual Luncheon.

Results of the election:
1st Vice President—Miss Mabel C. Prevost
Recording Secretary—Miss Betty Piersol
Board of Directors—Miss Doris Bowman
Mrs. Perma E. Davis

A delightful color film “Winter in New England” was presented by Dolores Heckenberger.

May 13, 1975
14 members present.
There were 376 reservations for the Alumnae Luncheon with 339 in attendance. The Alumnae Association is still short a little over $14,000.00 of their goal for the Sesquicentennial Campaign. We have hopes of meeting this goal within the next three years.
We have raised $350.00 from the sale of charms, caps, mugs, paper weights etc. It was recommended and accepted that we give this $350.00 to the Sesquicentennial Campaign.

A motion was made and approved that the President and Board of Directors conduct all business of an emergency nature until the regular business meeting in September 1975.

Respectfully submitted,
Betty Piersol,
Recording Secretary
## WAYS AND MEANS COMMITTEE REPORT

**May 15, 1974 — May 15, 1975**

Thank you once again for your continued support and your generous giving to your Alumnae Association. The contributions to the Relief Fund, Scholarship and General Fund brought the total amount to $5,778.00. All contributions received after May 15, 1975 will be acknowledged in the Alumnae Bulletin for 1976. Following is a list of contributions according to classes:

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1941—Frances Louise Huston Rumberger, 2111 Yale Ave., Camp Hill,
1938—Emma Winger
1936 - Mary E. Tananis, 523 Mass.

1940—Charles E. Steerman-earned his B.S. in December 1975. Joanne Collevich graduated from Northern Highland Regional High School in Allenwood, Pa. in 1974. She entered Jefferson University in September and is currently a junior there.

1939—Son-R. Jack, 1172 72nd Ave., Clifton, Pa.

1938—Son-Charles E. Steerman-earned his B.S. in December 1975. Joanne Collevich graduated from Northern Highland Regional High School in Allenwood, Pa. in 1974. She entered Jefferson University in September and is currently a junior there.

1937—Son-Raymond W. Bastian, 115 W. Mifflin St., Orwinsburg, Pa.

1936—Son-Raymond W. Bastian, 115 W. Mifflin St., Orwinsburg, Pa.

1935—Bairstow Clark, R.D., 201 S. 6th St., North Wales, Pa.

1934—Son-John E. Vranken, 1156 Hidden Springs, Glendora, Calif.


1932—Daughter-Mary Alice Alexander Krall, 47 Elm St., Eldred, Pa.


1930—Daughter, Nancy, is in Nurses Training at Jackson Memorial Hospital in Miami. She will graduate in 1976.

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1910—Daughter, Nancy, is in Nurses Training at Jackson Memorial Hospital in Miami. She will graduate in 1976.

1909—Daughter, Nancy, is in Nurses Training at Jackson Memorial Hospital in Miami. She will graduate in 1976.

1908—Daughter, Nancy, is in Nurses Training at Jackson Memorial Hospital in Miami. She will graduate in 1976.

1907—Daughter, Nancy, is in Nurses Training at Jackson Memorial Hospital in Miami. She will graduate in 1976.

1906—Daughter, Nancy, is in Nurses Training at Jackson Memorial Hospital in Miami. She will graduate in 1976.

1905—Daughter, Nancy, is in Nurses Training at Jackson Memorial Hospital in Miami. She will graduate in 1976.
1961—Ruth Low Simmons Woods, 760 Planet Ave., Reading, Pa. 19605. I graduated from Allegheny State College in August 1972. I am now a graduate student in the School of Nursing at the University of Pittsburgh. My career goal is to become a nurse educator. I have been a volunteer for the American Red Cross for 15 years. My husband, John, is a volunteer for the American Red Cross as well. We have two children: Susan, age 14, and Robert, age 12.

Patricia Smith Richardson, 19 1/2 East Ave., Westfield, N.J. 07090. I have been a registered nurse for 10 years and I have a daughter, Sarah, age 3.

Margaret W. Smith, 1020 Howarth St., Philadelphia, Pa. 19124. I am working as a volunteer with elderly adults. In my free time, I enjoy reading, cooking, and gardening.


Joyce Ann McHugh Kormanis, Ford Brazil, Brazil, Brazil, engineer in Ford at Brazil. I am married with two children: Jennifer, age 8, and Tim, age 5.

Marcie Grieshaber Moore, 4523 Hazelwood St., Reading, Pa. 19614. I am busy with our four children and their many activities. I am also working on my dissertation in Psychology.

Longmore Community Hospital, 11 Forest Drive, Northfield, N.J. 08225, Corp. My second child was born 4/17/74. In the fall, I expect to start another graduate program in Nursing. We are living in a small apartment in the city.

Mary Elizabeth Schults, 311 Bellanca Rd., Bricktown, N.J. 08723. I have joined the ranks of full-time employees. I am working in the O.R. area of Brandywine Hospital. The '74 season is still going strong. I am still at Prab, the O.R. coordinator. I am also working in the Children's Hospital in continuing education. Kristine is in 1st grade in the city school. I am still teaching at the school. Mary Beth, who is seven, is in 2nd grade. I am still teaching at the school.


Suzanne Marar Smith, 1014 Topanga, Calif. 90290. Karl received a promotion with Atlantic Richfield, so we are now packing up our house and moving on. We have been inducted into Sigma Theta Tau, am still in Navy Corps, and will be stationed at Naval Hospital Whidbey Island, Wash.

Rita M. Mickey Mendel, 121 Know Blvd., Marlton, N.J. 08033. She has been inducted into Sigma Theta Tau, is still in Navy Corps, and will be stationed at Naval Hospital Whidbey Island, Wash.

Nancy Schirva Taylor, 340 Pineland Ave., Glenside, Pa. 19038. I continued to work full time and remain interested in Intensive Care. Ron and I also attended the American Association for the Advancement of Science.

Virginia Magee Best, 221 S. 2nd St., Philadelphia, Pa. 19107. In 1974, I was employed for a while. Jenny is 3 years old and we are currently living in Coral Gables. I am an Assistant Professor of Education and Chairman of the Pediatric Nursing Program at Dickinson College.

Judy Jean Abbott Gatz, 5424 Widger Dr., Wilmington, Del. 19801. I have decided to stay at home and raise our two children. I am looking for a job in pediatrics.

Judith Anne Schwager, 775 East 2nd Ave., Denver, Colo. 80206. We have settled in Western Mass. Husband, Paul, now been certified in Neurology. Children: Eliza, age 4 yrs., and David, age 6 yrs. The family is very happy and living a busy life.

Dorothy Bulmer Delano, 30 Rosemont Drive, Denville, N.J. 07834. I have been a nurse for 10 years and have a cumulative average of better than 3.4 as a full time student. I have worked in a psychiatric hospital and have a cumulative average of better than 3.4 as a full time student while working in a psychiatric hospital.

Mary Lou Smith, 6006 Warner Rd. #147, Huntington Beach, Calif. 92647.

Judith Kerrey Tracy, R. 1, Box 85, Whiteville, Wis. 53190. I plan to return to nursing after a year's break. I will be teaching at a community college and remain interested in Intensive Care.

Rita M. Mickey Mendel, 121 Know Blvd., Marlton, N.J. 08033. I continued to work full time and remain interested in Intensive Care. Ron and I also attended the American Association for the Advancement of Science.

29
1967—Karen Lower Bedell, 1698 Westhaven Dr., of Jurisprudence from the Temple Camden.

1968—Mary E. Spruoz Gertz, R.D. #2, box 10 Q. Duham, born 1864. Bob (my husband) and I had our first child born 12/18/74, Jason. He was born on March 15, 1975. My plans are uncertain. We hope to return to Gyn at West Chester Hospital in the near future.

Eileen Duraco Fregoli, 48, 7th Chas Dr., born 10/7, married 8/8/75. We have two sons. One boy, Johnnie 3 years; Billy 1yr.—keep us busy. Love to hear from classmates.

Carol Cohn Lewin, 225 Wild Hill Rd., born 10/15, married 8/14/71. We now live in Philadelphia; student at Temple University. Received the Temple University Award, for Distinguished Academic Average in the college. Went to Japan with my family 1975, where we will be stationed for 2 years.

Stella Brown, 195 West Wyom, born 8/14/74. He weighed in at 8 lbs. 15 oz. and is going to be a year shortly. Our first child—Leah who is 3 months old. Love to hear from classmates!

Sandra Clarke, 1907 22nd St., born 1/16, married 8/14/71. My husband, Fred, is working at Neuro Inst. in Philadelphia. We have a beautiful baby girl, Monica, age 23 mos. and Todd—1 year. Our first child—Mary Kristina who is 2 years old. John has a daughter, Adrienne Donalynn, born 1/8/71; and a son, Stephen, born 6/10/72. Mike will be leaving shortly as we expect to return to Japan next year when our marriage was announced—you printed 19030. I am working part time as a staff nurse at West Chester Hospital in Camden, N.J. My husband has just finished 2 years of medical school so we will be moving to N.Y.C. and otherwise keeping real busy.

Ruth Brown Eberhart, 528 N. Muhlenberg St., Wilkes-Barre, Pa. born 12/25/73. My husband, Robert, is working on his first business. Presently, he is with the Import Bank. Enjoying life."

Karen Lower Bedell, 1698 Westhaven Dr., was born 1967. She is one of the many graduates of the Temple College of Education. On April 16, 1975 we are moving to a new home at the above address.

Ania Schlegel Hess, 252 Chester Ave., Horsham, Pa. 19040. Our first baby, Damien, was born on Jan 14, 1974—a pure Oregoner. He is a wonderful surprise. She is now taking a course to become a nursing mother's counselor.


Laurie Roe Contract, 171 Oakdale Ave., Audubon, N.J. 08106. I am Nurse Epidemiologist at Cooper Hospital in Camden, N.J.

Agnes Wahlby Kienitzer, #2 Stephen Ave., Berlin, N.J. 08009. I am a private duty nurse, working part time, also attending Glassboro State College. My son, Tom, is 7 years old and daughter, Janet is 5 years old.

1967—Kawen Lower Bedell, 1460 Westwyom Dr., Son, Joe, born 11/27/74—new in the family. Part time student. Has finished his G.E.D. and I am back in school full time for a B.S.N.

Carol Siegel Woods, 142 Avenue Rome, Philadelphia, Pa. 19152. 2 daughters, Karen, 3 years, and daughter, Patricia, 5 years. Husband is in residence in Grady or Univ. of Philadelphia.

Sharon Cremer Murphy, 3850 Sandoval Ave., Phila., Pa. 19156. Married 10/11/73, 1 son, Kevin Joseph born at T.J.U.H. Dec. 1973 and is keeping us busy. Two boys—Johnnie 3 years; Billy 1 yr.—keep us busy. Love to hear from classmates.

Bellaire Place, Philo., Pa. 19107. Mike will be leaving shortly as we expect to return to Japan next year when our marriage was announced—you printed 19030. I am working part time as a staff nurse at West Chester Hospital in Camden, N.J. My husband has just finished 2 years of medical school so we will be moving to N.Y.C. and otherwise keeping real busy.

Bonnie Ingraham, 2408 Carondelet, New Orleans, La. 70115. Husband practicing orthodontist. My daughter, Mary Kristina, was born 7 mos. and Todd—1 year. I continue to work part time at local hospital.

Kathie Shen Shih, 23 Ridgway St., M. H. 80060. I am working as a public health nurse with pregnant addicts and their children. Last year, I purchased our first home—it is 133 years old with eight bedrooms and we are having fun fitting it up with antiques.

Carol Cohen Lewin, 225 Wild Hill Rd., born 10/15, married 8/14/71. We now live in Philadelphia; student at Temple University. Received the Temple University Award, for Distinguished Academic Average in the college. Went to Japan with my family 1975, where we will be stationed for 2 years.

Kathleen Ronald Smith, 903 Manning, Phila. Pa. 19107. I am presently working as a Patient Care Coordinator at Pennsylvania Hospital. I will be marrying Mark Smith in May 4th of this year. Mark is a 3rd year medical student at Jefferson.


1975—Catherine M. Kuhneman, 17 Mover, Claymont, Delaware 19703. Returned to school full time to Univ. of Delaware College of Nursing to obtain B.S.N.—work part time.

Janet Welsh, 1817 Sterlingwood St., Phila., Pa. 19152. March 1, 1975 promoted to advanced staff nurse in St-Thompson.


SCHOOL OF NURSING
(DIPLOMA PROGRAM)

CLASS OF 1975

Dale Ann Barndolough 4322 Dixon Street
Philadelphia 19135

Maryanne Bortozek 589 Port Indian Road
Narritown, Pa. 19401

Nancy Jane Bauer 5726 N. Marshall St.
Philadelphia 19120

Denise Ellen Bertram 5133 Arbor Street
Philadelphia 19120

Linda Susan Bingaman 606 Belmont Avenue
Lavetulde, Pa. 19605

Diane Marie Blunphug 3755 S. 319th St.
Federal Way
Washington, D. C. 98002

Mary Josephine Bowes 4544 Woodland Avenue
Drexel Hill, Pa. 19026

Elizabeth Boyle 1909 McKee Avenue
Depford, N. J. 08096

Donna Byrne 878 Brill Street
Philadelphia 19124

Lynda Ann Corberry 3409 Wellington Street
Philadelphia 19149

Dava Smith Carlson 712 Broadway, Apt. C-4
Westfield, N. J. 07093

Marie Agnes Casper 6421 Peachall Ave.
Philadelphia 19142

Gloria Lynn Christopher Strawberry Avenue
Vineland, N. J. 08360

Eleanor Costello 817 Gay St.
Phoenixville, Pa. 19460

Florence Louise Cox 813 Johns Road
Cherry Hill, N. J. 08034

Carol Jean Craven
Levittown, Pa. 19055
12 Spiral Lane

Dorothy Marie D'Angelo
604 Longstreath St.
Philadelphia 19111

Helen Lee Davis
28 Creson Ave.
Audubon, N. J. 08106

Debra Elaine Deane
9 Hargrove Lane
Willingsboro, N. J. 08046

Patricia Ann Dick
208 Park Avenue
Collingswood, N. J. 08108

Loretta Marie DiNardo
315 N. Bobbin Mill Lane
Broomall, Pa. 19008

Carol Ann Daugherty
218 Swedes Run Drive
Delran, N. J. 08075

Jane Ann Dugan
521 W. Byberry Road
Philadelphia 19116

Patricia Ann Ellis
R. D. #1
Watkinsport, Pa. 17777

Joyce LynnEttenberg
108 Highland Parkway
Levittown, Pa. 19056

Judith Ann Ferraro
404 Acorn Road
Rancocas Woods, N. J. 08060

Mary Genevieve Fitzgerald
18 Chapel Avenue
Merchantville, N. J. 08109

Kathleen Ann Frazell
105 Harmony Road
Levittown, Pa. 19056

Debra Ann Friedmann
10807 Academy Road
Philadelphia 19154

Bonnie Michelle Gaymon
5316 Gilmour Road
Philadelphia 19111

Kathleen Gaynor
1121 Cornell Avenue
Drexel Hill, Pa. 19026

1974—Denise Boyd, 1999 Split Rock Drive, Lancaster, Pa. 17601. Work as a staff nurse 5-11 P.M. at Lancaster General Hospital in Intermediate Care Unit.
In Retrospect -- 50 Years Ago

JEFFERSON
MEDICAL COLLEGE HOSPITAL
TRAINING SCHOOL for NURSES

Graduation Exercises
May 14, 1925
8:00 P.M.

Program
Music

Presiding Officer
MR. VAN HORN ELY
Board of Trustees

PRAYER
REV. ANDREW MUTCH, D.D.
Bryn Mawr Presbyterian Church

ADDRESS
DR. FIELDING O. LEWIS
Professor of Laryngology, Jefferson Medical College

PRESENTATION OF DIPLOMAS, HON. WILLIAM POTTER
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MYRTLE GOLDBERG
PENNART

ALBERTA KATHLEEN HAINES
PENNART

MILDRED GLADYS HAMMOND
PENNART

ELISE HAUCK
PENNART

DEILIA T. HENDICK
PENNART

ANNA C. HOWERTER
PENNART

ALICE PEARL KELLY
PENNART

MARY ANN KIMBLE
PENNART

A. PAULINE KNAPP
PENNART

MILDRED LETITIA KROPA
PENNART

ETHEL LLOYD
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CLARA ISABEL LUCYINGER
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MAFALDA G. MARQUARDT
PENNART

MARGARET MARY MacDONALD
PENNART

MARGARET MacGREGOR
QUEBEC, CANADA

BARBARA M. McCOUN
PENNART

MARY A. MCGOZEY
PENNART

DELLA IRENE OWENS
PENNART

ABNER LIVINGSTON ROBINSON
PENNART

MARY R. SCHACHT
PENNART

E. ELIZABETH SCOTTON
PENNART

MAJORIE JEANNE SECOR
PENNART

HONOR PLEASANT SCHEEER
PENNART

NORA IRENE SMITH
PENNART

ELIZABETH STEWART
PENNART

MARVIN H. STYER
PENNART

ROWENA EVELYN WETMORE
PENNART

M. ELIZABETH YOCUM
MARYLAND

MABEL C. YODER
PENNART

CLASS OF 1925 -- THEN
Recently the "Hundredth Clinic 1925" — a year book of the Hundredth Class of the Jefferson Medical College was donated to the Alumnae Association by Mrs. Marian Robinson Briggs, a member of the 1925 Nurses Graduating Class. In this issue the contents are labeled Book One, Book Two, etc.; Book Six is titled "The Nurses" with a drawing of a striding angel holding a small child in her left arm and a partially filled urinal in her right hand — with the inscription "1 2 3 4 5 6 7 ALL GOOD NURSES GO TO HEAVEN".

Below is a copy of the introductory article.

THE JEFFERSON MEDICAL COLLEGE HOSPITAL TRAINING SCHOOL FOR NURSES

The Training School for Nurses has concluded its thirty-third year. During this period the school has been successful and prosperous. The first Commencement Exercises were held in the Old Clinical Amphitheatre in November, 1891, with five nurses receiving diplomas.

At this time the nurses received a few lectures given by the teachers of the College, and for practical experience many of them were sent out into homes to care for the patient; the physician being responsible for the nursing care. If the young nurse proved satisfactory she was retained; if not, she was succeeded by another who usually was anxious to make good and tried to do so.

Having few private rooms in the hospital, the nurses had little opportunity for private duty work or to be retained by the hospital for institutional work until 1907, when the main hospital was opened. It proved a new road and afforded many opportunities for enlarging the growth and bettering the facilities of the school. More student nurses were added, a consider-
MARRIAGES

1925 Delioh Hendricks Naugle, to Lawrence E. Lloyd
1935 Ruth McCabe Thomas, to George B. Cooper
1948 Anita Hawthorne, to Thomas C. Garrett, Jr.
1949 Elsie Skvir, to Richard M. Nielde, M.D.
1956 Dorothy Puskar, to Wayne Taylor
1960 Joanne Guthrey, to Mr. Taylor
1963 Sheila Rinehart, to Thomas Walsh
1966 Judith Hoffner, to Dennis Gries
   Edith Kreider, to Kevin O'Brien
1967 Janice L. Osterhus, to Leslie A. Shipley, D.O.
   Jacqueline Simons, to Daniel Alvarez, M.D.
1968 Dolores Crumlish, to Earl Brown
1969 Mary K. Hancock, to Lennie L. Reede
1970 Linda Hook, to Fred Garbrecht
   Suzanne M. Peters, to Frank McLean
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   Kathleen Konrad, to Mark Smith
   Donna Wunsch, to Dirk Stuorop
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   Helene Canney, to Robert Burgess
   Eugenia Goldfarb, to Zohar Green
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   Shelah Bath Haberman, to Robert M. Luber
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   Catharine Mikota, to John Branton
   Margaret Young, to Roy Silvester
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   Wendie Jo Hunt, to Dennis McCole
   Eileen R. Rocheleau, to William Arsenault

BIRTHS

1960 Carlyn Reesler Goepfert, Baby Girl
1964 Joanne Ronalds Miller, Baby Girl
1965 Judith Larson Moyse, Baby Boy
   Adrianna Lowe Daughenbaugh, Baby Boy
   Margaret Schofield Frashmuth, Baby Girl
1966 Judith Kenneth Tracey, Twin Boys
   Martha Rae Russell, Baby Girl
   Barbara Shermer Rush, Baby Girl
   Lenora Weiner Schwartz, Baby Boy
1967 Sharon Creamer Murphy, Baby Boy
   Karen Lower Bedell, Baby Girl
   Carol Singrist Woodruff, Baby Girl
1968 Virginia Bazzarh Waldron, Baby Girl
   Shirley Dubis Poling, Baby Girl
   Kay Hitchens Jennings, Baby Girl
   Mary Squires Getz, Baby Boy
1969 Marilyn Ouidi Rourke, Baby Girl
   Sandra Ramsey Bouer, Baby Girl
1970 Carol Evans Phillips, Baby Girl
   Gail Johnston Gallagher, Baby Boy
   Gini Ann Mayer Scott, Baby Boy
1972 Donna Monroe Phelps, Baby Girl

IN MEMORIAM

1911 Eleanor Smith Spear
1917 Florence M. Jones
1918 Elva Schoen
1920 Agnes Owl Madrano
1923 Rosa Diseroad
1925 Mary Kimble
1928 Lydia Clarkson
1932 Veronica V. Welsko
1936 Binnie Manges
1938 Lorraine Maclejewski Wallen
1940 Dorothy Schenley Somerville
1945 Phyllis Hartzell Smith (W. H.)
1945 Irene Larson Kessler (W. H.)
1946 Ruth Henney Warrack
1954 Constance Esterline McSurdy
CLASS ADDRESS LISTS

Class address lists will be available from the Alumnae Office Clerk-Typist, at a charge of $2.00 per list. Enclose a long, self-addressed, stamped envelope.

ALUMNAE BULLETIN

The Alumnae Bulletin will be sent automatically to all Association members, individuals who are not Association members may obtain a copy of the Bulletin upon request, at a cost of $3.00 per copy. An order form will be mailed to all graduates in the Spring of 1976.

MAIDEN NAME — YEAR OF GRADUATION

Whenever you have occasion to write to your Alumnae Association, please use your first name, maiden name, then married name, and the year you graduated.

EXAMPLE: JANICE SMITH GREEN — 1972

Mrs. John Green makes it very difficult for the Association to locate your card in the files. You are urged to notify the Secretary of the Alumnae Association of any corrections, marriages, deaths or changes of address. Please help us keep errors at a minimum, and our files accurate.

CAP CHARMS

Jefferson cap charms are available in sterling silver and 14 carat gold. For information please write Betty Piersol or Margaret Summers, 1002 Spruce Street, Philadelphia, Pa. 19107.

ALUMNAE DAY — SECOND SATURDAY IN MAY (May 8, 1976)

CAPS

Jefferson caps may be purchased from the Marvin-Neitzel Corporation, 2016 Fifth Avenue, Troy, New York 12181. The minimum order is for three caps at a cost of $2.45 each, plus a one dollar postage and handling charge.

Identification may be obtained by directing correspondence to the Director, School of Nursing, Thomas Jefferson University, 130 South Ninth Street, Eighth Floor, Philadelphia, Pa. 19107.

PINS

Jefferson pins may be purchased at J. E. Caldwell and Company, Chestnut and Juniper Streets, Philadelphia, Pa. 19107.

Identification may be obtained by directing correspondence to the Director, School of Nursing, Thomas Jefferson University, 130 South Ninth Street, Eighth Floor, Philadelphia, Pa. 19107.

TRANSCRIPTS

All requests for transcripts should be submitted in writing to the Director, School of Nursing, Thomas Jefferson University, 130 South Ninth Street, Eighth Floor, Philadelphia, Pa. 19107. Transcripts are sent only to institutions of higher learning. Requests should be submitted at least a month prior to the date needed, giving the name of the institution to which you want them to be sent. There is a $2.00 fee for each transcript. Checks should be made payable to School of Nursing, Thomas Jefferson University.