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ALUMNAE DAY
FIRST SATURDAY IN MAY
EVERY YEAR
FINANCIAL REPORT
December 31, 1961

Receipts:
- Dues and reinstatements $2,422.51
- Sale of cook books $1,145.50
- Sale of blue books $224.00
- Miscellaneous income $417.75
- Interest on savings account $204.39
- Investment income - Scholarship Fund $1,572.20

Contributions:
- Relief Fund $2,575.00
- Scholarship Fund $20.00
- Adele Lewis Memorial $165.00

Disbursements:
- Sick benefits $1,741.99
- Graduation class dinner and prizes $554.05
- Annual luncheon in excess of per capita charges $550.50
- Printing:
  - Cook books $3,018.80
  - Blue books $1,320.25
  - Annual bulletins $798.80
  - Convocation expenses $401.75
  - Scholarship award $500.00
  - Operating expenses $1,802.66
- Transfer to Relief Fund for investment $3,000.00

Excess of disbursement over receipts $13,659.10
Cash balance, January 1, 1961 $13,141.02
Cash balance, December 31, 1961 $9,515.27

In addition to the $3,000.00 transfer to the Relief Fund for investment, $2,500.00 of income was transferred directly to principal by the Trustee.

NURSES' ALUMNAE ASSOCIATION BULLETIN
April, 1962

Dear Fellow Alumnae,

Nursing is an ever young, ever changing profession. It must be gratifying for you to know that its growth is actually a product of your talents, your skills, your imagination, your dedication and your hard work. Think, for instance, of the influence Colonel Glenn's visit to space has already had on our profession.

The fact that our membership has shown a constant increase is gratifying. However, we can continue to grow stronger and bigger only through your active participation, using your capacity to accept and seek to change to progress. Active members this year have seen a change by being able to vote for their officers by mail ballot.

Let's make '62 a year of vitally renewed interest as well as renewed membership.

(Mrs.) Perma E. Davis, President

ALUMNAE MEETINGS 1961

January 3, 1961
19 Members present

A recommendation was made and accepted to amend the voting procedure in the By-Laws. The exact wording of the Amendment to be formulated by the By-Laws committee.

Miss Doris Bowman announced that the N.L.N. approved the school program and we are now accredited with the National League for Nursing.

The Nominating Committee held a meeting and selected the Alumnae officers as follows:
- First Vice-President Mary Ann Stauffer
- Recording Secretary Janet Hindson
- Board of Directors Margaret Summers, Julia Gaskill

February 7, 1961
19 Members present

Ways and Means Mrs. Gaskill

Annual Giving to concentrate on Relief Fund. All contributions to be listed in the Bulletin by Class-Amount-Contributors.

By-Laws Mrs. Gaskill

Amendment of voting procedure reads:

Article IV Officers

Section 3. All elected officers shall be elected by sealed ballot and shall continue in office for two years.

Article VI Standing Committees

Section 3. The Nominating Committee shall prepare a ballot consisting of two or more names of members who have consented to serve if elected, for each office to be filled. The ballot shall be presented at the November meeting. Nominations may be made from the floor. Each Active and Life members shall receive by mail before December 10th preceding Annual meeting, a biography of each candidate and a ballot.

Article IX Voting body and Elections

Section 1. The voting body shall consist of Active and Life members of the Alumnae Association in good standing.

Section 2. Elections shall be held by vote of members qualified to vote either by casting a sealed ballot at a meeting before 8:15 the night of the Annual meeting, or by sending it in by mail before December 31st. The outside envelope must be signed. No voting by proxy shall be permitted.

Section 3. The President shall appoint three tellers who are not candidates for office, to tabulate the ballots at the Annual meeting. The candidate receiving the greatest number of votes shall be elected and shall assume office immediately following the Annual meeting.

TABLE OF CONTENTS

1. Staff Nurses Association
2. Alumnae Meetings 1961
3. Social Committee
4. Class Merit Scholarship Fund
5. Ways and Means Report
6. Cook Book Report
7. Bulletin Committee
8. Private Duty Nurse's Section
9. Hospital Report and Nursing Service
10. Federal Nursing Service
11. Practice of Nursing
12. Report of Student Council Activities
13. Medical Work in Ghana
March 7, 1961
26 Members present
New members:
Carolyn Doorly, Elaine Kunzman, Beatrice Rhoda, Joan Sailer, Rose Tumolo.
An interesting talk on Physical Medicine was given by Mr. John Kraynak, Chief Physical Therapist of the hospital.

April 4, 1961
23 Members present
Permission granted to send cards of acknowledgment for Annual Giving.

May 2, 1961
20 Members present
New member — Joan Gasperon, 1958

September 5, 1961
17 Members present
Social — Miss Piersol
100%, attendance at the Senior Dinner given by the Alumnae Association.
A recommendation was made accepted to change the wording in Section I, Article 4 of the By-Laws to read the retiring president be a member of the Board for the ensuing two years.

October 3, 1961
24 Members present
Nominating — Miss Hippiensteel
Ballot to be presented at the November meeting. Information on ballot will be as follows:
Year of Graduation — Present and Past Nursing Positions — Professional Associations — Advanced Professional Education — Past Alumnae Offices.
Ways And Means — Mrs. Gaskill
Annual Giving to date:
Scholarship — $20.00
Relief Fund — $2,476.50

The following members were selected as delegates and alternates to attend the P.N.A. Convention in Pittsburgh.
N.S.A. — Miss Piersol
Alter — Miss Stauffer
Education — Mrs. Davis
Private Duty — Mrs. Spruance

Recommendation made and accepted to donate $75.00 to the United Fund.

Following the business meeting refreshments were served and a successful Auction was held.

November 7, 1961
21 Members present
There was $70.00 profit on the auction sale. It was recommended and accepted the money be placed in the General Fund.
Annual Giving to date:
Scholarship $20.00
Relief Fund — $2,525.90

School scholarship form to be revised to require more information of applicant.

Three interesting and informative reports on the P.N.A. convention were given by Mrs. Davis, Miss Piersol and Mrs. Spruance.
A recommendation was made and accepted to use the $167.00 collected for Miss Adele Lewis to purchase a painting with a plaque and be placed in the Nurses Residence.

It was recommended and accepted a special fund be established and named A. M. Lewis Memorial Fund.

Thank You from Miss Bowman for the prizes given at Commencement.

Miss Bowman requested that the School Of Nursing Library and the Director of School Of Nursing to be placed on permanent mailing list for Alumnae Bulletin so that a copy of the Bulletin may be retained each year in the school of Nursing Library. It was recommended and accepted to continue Readers Digest for the following members:
Mabel Boller, Frieda Wood, Bernice Collins, Ada Zimmerman, Recording Secretary, Janet Hindson.

SOCIAL COMMITTEE

The Social Committee has had another full year in planning some very important functions.
The largest highlight of the year '61 was our Alumnae Day on Saturday, May 7th, 1961. The Luncheon was held in the Ballroom of the Benjamin Franklin Hotel. There were 418 present. There were three nurses present who were celebrating their 50th anniversary. Corsages were given to each one.

A dinner for the graduating class of 1961 was held on Tuesday, May 16th, 1961 at the John Bartram Hotel. There were 100% in attendance. Each were given an application for membership and a copy of the By-Laws.

On Thursday, October 3rd, 1961, we had a very profitable Auction Sale, held in the Nurses Residence. Following and during the Auction Sale coffee and cookies were served. The proceeds from the Auction Sale, which was $70.00, was placed in the General Fund.

A very enjoyable Christmas Party and Buffet Supper was held at the Nurses Residence on Tuesday, December 5th, 1961. Each one received a gift from Santa Claus. There were 58 present.

Please make an effort to attend the Annual Alumnae Luncheon on the First Saturday in May.

The committee wishes to thank all the Alumnae members for their continued support and cooperation displayed by their attendance at these functions.

Betty Piersol, Chairman.
Margaret Summers, Co-chairman.

THE CLARA MELVILLE SCHOLARSHIP FUND
ANNUAL REPORT 1961

Presented to the Alumnae Association on January 9, 1962

Since 1948 when the first scholarship was awarded, a total of $4700.00 has been granted to thirteen Alumnae pursuing nursing education. During the calendar year 1961, no scholarships were awarded.

There are three applications which have been submitted in the last two months, but only one of the applicants fulfills all requirements at this time. According to the By-Laws, these applications are to be considered by the Scholarship Committee in April and recommendations made to the membership in May.

The interest received on the scholarship investment amounted to $1331.00 in 1961. The investment totals $21,000.00.

ANNA KUBA, Chairman
CATHERINE T. BETZ
CATHERINE G. PAINE
WAYS AND MEANS COMMITTEE REPORT 1961

In March of 1961 a letter was mailed to the graduates explaining the Annual Giving Drive, and that the money received would be directed toward the Relief Fund. The response from 320 graduates and members to January 9, 1962 is as follows:

- $2559.50 Relief Fund
- $20.00 Scholarship Fund
- $2579.50 Total

Last year totals as of March 1, 1961 — $2538.00 (312 contributors) This year drive is ahead $41.50.

COOK BOOK REPORT

Last spring a slip was enclosed in the Annual Giving Appeal letter advertising our cookbook.

Since October Approximately 200 letters were sent to members of the Women's Board, and Approximately 300 letters to the Faculty Wives; also 2500 letters were sent out to graduates of our school of nursing, 80 books were sold.

We received publicity through the Philadelphia Inquirer and the Evening Bulletin. 7 books were sold through these channels. A total of 87 books have been sold since the fall drive began. My records show that 512 books have been sold to date. The remaining books are stored in our alumni room and the office where I work.

The printing for the above letters was done by Greathead & Woodruff and by the printing department in the hospital.

Respectfully submitted,

JULIA TYLER, GASKILL, Chairman

BULLETIN COMMITTEE

Dear Alumnae,

We wish to thank all of you for your kind responses to make the bulletin newsworthy.

Please write and let us know what you are doing.

Sincerely,

CHRISTINA RODGERS, Chairman

PRIVATE DUTY NURSES’ SECTION

The number of members of the Private Duty Section of the Alumnae is decreasing. Young graduates fail to join our group, either entering other fields of nursing or joining an outside registry that appears to have “greener pastures.”

We will strive to continue to carry on nursing care in the true and proper Jefferson manner. A small group—kept busy—usually is much in demand, but frequently the unjust object of criticism when hospital routine is upset.

CATHERINE C. PRENDERGAST, Chairman

HOSPITAL REPORT AND NURSING SERVICE

Dear Alumnae:

Another year, more progress to report about the School of Nursing and Nursing Service. The reorganization of the Department of Nursing, authorized in 1958, has become a reality with the appointment of three new Department Heads during the past year.

Miss Doris E. Bowman occupies the position of Director of the School of Nursing, and is responsible for the student program, the students, Faculty, and the Nurses’ Residence Staff. In October 1961, Miss Elizabeth Sweevey, graduate of Abington Memorial Hospital, was appointed to the position of Director of Nursing Service. She is responsible for the graduate nurse staff and the auxiliary personnel who give patient care in all areas except the Operating Rooms. In November, Miss Mary J. Evans, graduate of Ohio State University School of Nursing, assumed her duties as Director of Operating Rooms. In this position, she is responsible for all personnel in the Operating Rooms.

The Department of Nursing has acquired new offices and now occupies all of the space from the main corridor on the first floor of the Thompson Building back to the street separating the College and the Hospital. The Administrative Offices of the School of Nursing have been moved to the newly renovated area next to the main corridor, and Nursing Service Administration is situated in the offices formerly occupied by the two departments. The Private Duty Registry office is located on the main corridor, next to the Volunteer Service Office. The Nurses’ Alumnae files are kept in this office.

This physical division of the Department has resulted in improved communications and a smoother operation.

In February 1961, the last February class to enter the School of Nursing completed its program. All of the nine graduates accepted positions on the staff and all passed their State Board Examinations with high scores. The School now accepts only one class each year.

Graduation exercises were held at the Sheraton Hotel for the February Class and for the sixty-six members of the September section. Dr. Frank Braceland, a graduate of Jefferson Medical College, and now Psychiatrist-in-Chief of The Institute of Living, Hartford, Connecticut, highlighted the occasion with an excellent address.

One hundred and three students were admitted to the School of Nursing in September 1961. The 1962 Class will add another one hundred and twenty to the enrollment, bringing the total student body to three hundred and eleven. When all new faculty positions are filled, this Class may be increased in number.

The Student Nurses’ Residence continues to be a source of joy. The students have had many parties, and have invited students from other schools to participate in activities in the Residence. They, too, are impressed with the student housing accommodations. Through the interest and generosity of the Student Residence Committee of the Women’s Board, the lounge has been redecorated and presents a bright new look to the decor.

The students’ report of their activities will show that they are very busy young ladies with broad interests.

The Board of Trustees and the Hospital Administration have shown their keen interest in the welfare of the nursing staff which in turn promotes good patient care, by their approval of improved personnel policies. As a result, the turnover rate has decreased.

In July 1961, the United States Department of State approved our application to amend our Exchange Visitor Number to include graduate nurse education. However, because of the large number of our own graduates who wish to work on the staff, we were not able to start the program until January of this year. The first group of nurses from the Philippine Islands arrived in January to participate in our work-learn program. The second group started in March, and another will begin the program in May. The first and second groups are enrolled in the Medical-Surgical Program, taught by Miss Betty Piersol and Miss Lorraine Roche. Five of the May section will be enrolled in classes devoted to Operating Room Technique conducted by Miss Evans and Mrs. Mamie Polite, Operating Room Supervisor.

The program is proving of mutual advantage — the Filipino nurses are benefiting from the teaching and broad clinical program provided by Jefferson, and work experience at a salary comparable to that of our staff nurses. and our staff and patients are profiting by increased nursing care hours available to the units. Another advantage to Jefferson is apparent in the kindliness of attitudes and the interest in their work that these nurses demonstrate. We are pleased with the program.

During the year 1961-1962, we participated in two refresher programs for graduate nurses. The first, sponsored by the Southeastern Pennsylvania League for Nursing, and the Philadelphia County Medical Society, was coordinated and taught by Miss Florence Kauff- man, Miss Betty Piersol and Miss Margaret Summers. Other Departments of the hospital helped with the program. The second, coordinated and taught by Miss Piersol and Miss
Sumsper, was offered to members of the Alumnae Association. Both programs were highly successful, and brought some graduates back into active nursing. We should be pleased to conducts another program for our own graduates if enough nurses for a class might be interested.

We are sorry to report that Dr. Ellsworth R. Browneller resigned from his position as Acting Director of the Hospital, replacing Dr. Browneller. We are pleased and are fortunate that both Dr. Browneller and Mr. Coffee are interested in and support good nursing policies and practices. The entire Department has moved forward during the past few years.

No report would be complete without informing you of still further physical changes in our hospital. In June 1961, the Barton Memorial Hospital moved to "big Jeff" and now occupies the newly renovated second floor area formerly occupied by Men's Medical and Center Wards. The former Women's Medical Ward is now an Isolation Unit of twenty beds. Also on this floor is a new student nurse classroom and Instructor-Supervisor office, and a nurses' powder room. The entire floor is bright and cheerful for both patients and staff.

The Wards and Barton Committees of the Women's Board furnished the patient accommodations with modern and colorful furniture.

We are all proud of the new Jefferson and its many accomplishments and hope that each of you will want to visit us and see the changes for yourselves.

May I take this opportunity to thank those of you who have recruited for our School of Nursing and our Nursing Staff, those who have returned to work, either on a full or part-time basis, and those who have written us items of information about our Association. May the coming year be happy and profitable for all of you.

Sincerely,
Mabel C. Provost
Assistant Director

THE STAFF NURSES' ASSOCIATION

The election of new officers for the coming year 1961-1962 was held in October with the new President Christina Rodgers, Secretary Marilyn Fritts, Jane P. Ryan Treasurer.

The monthly educational program with the able chairmanship of Miss E. Hippensteel provided the staff nurses with a series of pharmacology lectures presented by the Department of Pharmacy.

A Christmas Tea was held in the Board Room December 13, 1961 for the exchange of Christmas greetings from the Staff Nurses to the Staff Physicians. All the physicians and their associates were invited. Miss Fierol and Miss Smolen helped to make it a huge success.

The new year found the nurses welcoming our new nurses from the Philippines.

Miss Sweeney spoke to the staff nurses in February and March explaining the need for an increase in membership to the American Nurses Association. She stressed the need for unity among a professional group and the opportunities which can result from a large participation.

The Staff Nurses Association at Jefferson is primarily for a closer unity of all its members to strengthen our standards and improve our care to the patient; thus having the hospital give the best nursing care available.

Christina Rodgers, President

FEDERAL NURSING SERVICE

An Annual Award was given to a member of our Alumnae for 1961 to Lieutenant Harriet H. Werley Class of 1945. Lieut. Colonel Werley is Chief, Department of Nursing, Walter Reed Army Institute of Research, Walter Reed Army Medical Center, Washington, D.C. Her essay is entitled "Promoting the Research Dimension in the Practice of Nursing."

The following is a summary of Miss Werley's essay through the kind permission of Colonel Robert Bitten Editor Military Medicine a monthly publication. Colonel Werley's essay was printed in the March issue of its publication.

P.S. A picture of Colonel Werley's receiving her award will be framed and hung in the Alumnae Room.

PROMOTING THE RESEARCH DIMENSION IN THE PRACTICE OF NURSING

Through The Establishment and Development of A Department of Nursing In An Institute of Research

An essay submitted for the Federal Nursing Service Award,
"Chief, Division of Nursing, Walter Reed Army Institute of Research, Washington, D.C.

By LIEUTENANT COLONEL HARRIET WERLEY, Army Nurse Corps"

IT IS axiomatic that progress in the professions requires that they rest soundly on the triad of research—education—practice. This is no less true for nursing than it is for medicine, dentistry, veterinary medicine, engineering law, and the other professions. This is a point which must, and is, receiving serious attention by both medicine and nursing so that these two complimentary and "colleague" professions may progress together. Planning must assure an appropriate balance of the triad of research—education—practice, even in the face of pressures from the following: (1) the increasing demands for nursing services because of population growth; (2) the changing role of the hospital from that of an institution solely for the care of the sick to that of a health center encompassing both the curative and preventive or positive health, aspects; (3) the expansion of areas or fields of practice open to nurses, and (4) the concomitant need for more teachers of nursing and more graduates. It is through emphasis on the research dimension that the effectiveness of nursing care and nursing services to the patient may be enhanced. And, as a noted sociologist has stated, "... we must recognize that a profession is committed to the task of enlarging the body of knowledge that it applies to the problems and troubles with which it deals. A profession not rooted in systematic knowledge is a self-contradiction, a myth rather than a reality."

Of importance at this stage of nursing's efforts to stimulate and promote research in nursing and active, knowledge interdisciplinary participation in general medical care research is the creation of situations in which potential research nurses may be placed. Only through the opportunity to function in research situations may nurses decide for themselves whether they are interested in and suited for research in the clinical practice of nursing. It is the purpose of this paper to describe in a narrative fashion the evolution and development of a Department of Nursing at the Walter Reed Army Institute of Research, long known for its contributions to research in medicine, dentistry, veterinary medicine and allied sciences.

Frame of Reference

The concept of research in nursing is not new. In fact, the founder of modern nursing, Florence Nightingale, was a research expert and statistician of the first order. It was she who persuaded one of her influential English friends to establish the first endowed chair of statistics in a university, and reports of some of her studies, reflecting many areas of interest, are today considered classics.

Since the research dimension is the focal point of interest here, several persons' descriptions of research seem appropriate. The first two simply are: research is "the systematic investigation of problems"; or research is "a planned or systematic effort, or series of activities to answer a question." Two words contained in these two definitions are the crux of the
research endeavor; these words are systematic and question. By systematic it meant that research must begin with a clearly defined problem and with definitely drawn objectives. Everyone must know precisely what the investigator proposes to study and what he or she hopes to accomplish by a study. As relates to the question, the researcher must have the question which he or she desperately wants to answer, and the question must be of the type that is researchable. The wording of the question actually gives direction to the research. One of the criteria established for admission to the study was that the question should have another element necessary to make the situation researchable, i.e., the motivating factor. This he explains by saying, "... the research worker must be desirous of learning new ideas, new points, new theories, new facts, and possess the willingness to answer the question. In order to do research one must have a burning yearning for learning and not a burning yearning for earning."

One could not be present in the Institute of Research very long without becoming aware of the implications for nursing in the numerous areas where medical and basic science research was being conducted. Why wasn't nursing participating? Why weren't nurses being prepared for research so they might participate more completely as members of an interdisciplinary study population? Why wasn't nursing studying its practice systematically as the other disciplines were doing? Why did doctors and nurses traditionally have worked together in the interest of patient care, did we have to wait until 1955, or 62 years after the establishment of the Institute, before an Army Nurses Corps officer was assigned to full-time duty in the Institute itself to not only carry on her assigned departmental duty but also to have possibilities of planning and developing nursing's role in a research-education-service institution.

Nursing Research Projects Conducted or in Progress

The nursing projects pursued to date cut across four broad general types of research ranging from the simple to the complex. The types included are: simple experiment, comparative case analysis and experimental. The approaches, problems encountered, and progress of the different types of projects are shared by the instruments of the Division to meet through the media of protocol sessions, seminars, and staff meetings thus making it possible for staff members to learn from each other. Possibly one of the greatest gains from these early projects is the opportunity for active participation in the research processes or vicarious learning experience as work on the various studies is shared.

The following are brief reports of the research projects which appear listed on the authorized research and development program of the Institute of Research.

(1) Studies of Oral and Nasal Hygiene. This is a study to test the effect of employing the case study method, was limited to patients with acute renal failure because stomatitis is frequently a complication. The assumptions on which this project was based were: (a) nursing care is therapeutic, (b) stomatitis is not caused by renal failure, (c) stomatitis complications frequently develops concomitantly with the symptoms of uremia. Believing that nursing care, founded on scientific principles and experimentation could prevent or alleviate the stomatitis, the study was initiated to accomplish two things: (a) to describe the oral condition in acute renal failure as seen by the nurse practitioner and (b) to identify the nursing principles of oral hygiene to be followed in this disease.

Based on criteria established for admission to the study, 11 of the 14 patients seen were eligible for data-collecting. Appropriate data were collected by the investigators as they proceeded to determine the reliability and validity of the findings. Oral hygiene data were used to study the possible role of oral hygiene measures in improving the quality of life of these patients.

Uremic stomatitis did not develop in the limited number of patients included in the study. Miriam Ginsberg found little if any difference between the various procedures, materials, and time and ease of administration were compared in providing oral care.

(2) Nursing Therapy and Procedures in the Treatment of Induced Oral Lesions and Manifestations. This is an experimental study of the effects of solution or lubricants traditionally used by nurses in giving oral care to patients with non-specific oral disease. Experimental lesions were induced by x-radiation of the buccal area of guinea pigs. The local treatment procedures evaluated are glycerin, acetic acid, milk of magnesia, and hydrogen peroxide. In addition to a local irrigation three of the four experimental lesions were left to be treated by systemic treatment consisting of an intraperitoneal injection of streptomycin, acetic acid, or a combination of the two. Following the twenty-third day post-radiation the animals were sacrificed and the buccal tissue was taken for histological examination. Analysis of data and histological studies are not yet completed.

(3) Nursing Measures Which Contribute to Development, Prevention, Care, and Treatment of Pressure Areas. This is a study of the nursing procedures, equipment, techniques, and Decubitus. The comparative case analysis method is employed to study the effectiveness of various nursing measures on reducing pressure sores. Over a two-year period 53 patients have been included in the study. Data-collecting instrument consisted of a criterion measure used to record in detail the progress of the decubitus ulcer, a nursing check-list for recording the action, and a color photograph to illustrate progress of healing of the ulcer. Patient observations are made weekly. In order that more objective comparisons may be made, patients are divided into age groups and into gross diagnostic categories. Nursing plans of care are evaluated systematically for effectiveness of the therapeutic measures, comfort to the patient and ease of administration.

Collection of data in the clinical investigation will be continued until larger numbers of patients are included in the study, Phyllis J. Verbonick reported preliminary findings of one protocol in which granulated sugar and a solution of 50% glucose were dramatically effective on 10 patients in the first year of the study.

In conjunction with the Division of Bio-chemistry a laboratory investigation was completed to determine the molar concentrations of sucrose on mitochondrial respiration in an attempt to explain the effectiveness of glucose and amino acids in aiding the healing process. Other laboratory studies will be accomplished as indicated to arrive at basic principles underlying therapeutic nursing measures.

(4) Identification of Principles of Nursing Care Underlying Taking Oral Temperature. This was the first attempt to identify the principles of nursing care underlying taking oral temperature readings. The hypothesis tested were that cigarette smoking, gum chewing and ingestion of hot or cold liquids do not make a significant difference in the degree of oral temperatures in febrile and in non-febrile patients. The study was designed with the objective of testing the possibility that temperature readings may influence oral temperature readings. The findings in regard to cigarette smoking and gum chewing contradicted published results of previous investigators. The findings in her research may be attributed to the experimental design in which experimental and control groups were used. In studies previously done subjects were used as their own controls.

Significant differences were shown in oral temperature readings of febrile patients which may be attributed to the alteration of the experimental design. Febrile patients were used as their own controls because the existence of fever had different causes and control groups could not be designated.

On the basis of the experimental findings four principles were formulated as guides for nurse practitioners when taking oral temperatures of febrile patients.

(5) Influence of Bath Procedures on Skin Conditions. This is an experimental study to test the hypothesis that the use of a specific nonionic emulsifier used in giving complete or partial bath procedures does not make a significant difference in the skin condition of selected patients. One half of the body was treated with soap and water (control) and the other half of the body was bathed with a specific nonionic emulsifier and water (experimental). The double-blind approach is used to make independent observations of roughness and scale on the experimental and control sites of the body.

Epithelium is stripped from the skin by placing cellulose tape on the lateral surfaces of the ankles on the control and experimental sites three times during the 21-day period of the study. The stripings are exposed to a densitometer for an objective reading of the amount of epithelium. This is an on-going study which will be continued until a larger number of patients are included.
In addition to the nursing projects described above several others are being worked on intermittently as workload and staffing permit. These projects are at various stages of the exploratory phase, or in the feasibility stage, prior to submission of project proposal for approval. The scope of these projects is broader but they are focused more specifically on nursing in the military setting or pertain to matters of military significance.

**EVOLUTION AND IMPLEMENTATION OF A CLINICAL PRACTITIONER RESEARCH NURSE PROGRAM**

To help move us along in matters of developing young clinical practitioners—research nurses who may stride along as full-fledged professional members of the Army Medical Service teams which are advancing practice in the military, we are looking toward initiation this fall, of a 40-week program entitled “Military Nursing Practice and Research.”

**SUMMARY AND CONCLUSIONS**

From this small beginning, then, in a research situation unique in nursing, it is believed that a small core of research nurses will be developed to cope with research—teaching—practice responsibilities. Some of the required special preparation, obtained through experience in the Institute of Research and through this program, will enable personnel to become facile with research design and methodology. Some of the officers who demonstrate special aptitude for work and contributions in the research field may go on to universities for further graduate study. If we wish to have nursing stride along in unison with the other disciplines as progress in the medical sciences and medical practice is made, provision for personnel development through special preparation is most essential.

As discussed with us at the Nursing Research Conference in 1959 by Colonel Huber, we can gain nothing by the founding of pseudo-investigators. He believes that by the development and achievement of one single great investigator more solid progress can be achieved than through the founding of a hundred uninitiated or uninterested individuals. He stated that this fundamental core of elite investigators are found and are productive. Nursing will experience difficulties in getting young, highly motivated and dedicated nurses to research activities.

Properly prepared personnel will eventually develop operational definitions and criteria—measures needed for research in nursing care. As members of teams they will be able to contribute to the definition of problems in terms broad enough to involve the interest of the nursing discipline and in respect to the pertinent hypotheses of that discipline. They will be capable of working on the team, contributing to the over-all project and feasibility at the same time be testing the hypothesis related to nursing or describing the situation in the interest of nursing. This will facilitate forward movement in the quality and amount of patient care.

Aside from studies which members of this research nucleus will conduct independently and collaboratively with members of the other medical disciplines at their respective stations, competent research nurses will become available for assignment to the Army Medical Service research teams which frequently are sent to investigate medical problems of military significance elsewhere around the globe in peace and war. In this way nursing aspects of the problems too will be studied and new knowledge will accrue for application to both military and civilian nursing practice.

**REPORT OF STUDENT COUNCIL ACTIVITIES**

Phyllis S. Sutthill  
President 1961–62

The following article is designated to briefly summarize the activities occurring within the Student Council of Jefferson Medical College Hospital School of Nursing for the sixty-one, sixty-two-year of office. The present officers of Student Council are: President, Miss Sutthill; Vice President, Miss Reese; Secretary, Miss Haines; Treasurer, Miss Davis; Student Nurses Association of Penna., Chairman, Miss Julius; Social Chairman, Miss Weiss; House President, Miss Kurzen.

To begin the year all freshmen students were oriented to the functions of SNAP, Resident rules and regulations, and the constitution of student council by the respective head of each organization.

Miss Kurzen established an organized proctor system. This system furnished each proctor team with a mimeographed list of the various areas on each floor to be checked nightly.

The compiled list is turned in at the completion of the four week period.

Miss Blumberg was placed in charge of the Newspaper Club. A sum of money was donated by Student Council to aid in the beginning of a successful year. The newspaper sponsored attendance of three girls to the state SNAP convention held at the Pick-Roosevelt Hotel in Harrisburg. The girls participating were Miss Julius, Miss Greenwood, and Miss Collins.

Miss Sutthill attended a future student nurse rally at the Woodrow Wilson High School representing Jefferson.

In December student council in the true spirit of Christmas called upon the student body to fill baskets for the needy families. This was accomplished under the able leadership of Miss Weiss and with the assistance of the hospital Social Service.

The Newspaper Club held a very successful mixer early in December raising funds to carry on more activity.

The student body attended and enjoyed the Christmas party given for their benefit by the faculty. It was thoroughly enjoyed and appreciated by all.

The Social Committee held a mixer in January to raise funds for a spring dinner dance.

A mock SNAP convention was held at Albert Einstein Hospital in February. Five students from the freshman class participated in the talent show held at that time.

The SNAP meeting for area one was held in March in McClellan Hall of the college. Refreshments were provided in the recreation room of the residence following the meeting.

The Newspaper Club recently presented the Miss Jefferson contest held in the residence. The program was similar to the Miss America pageant. The judges were composed of faculty, the Jefferson and hospital staff nurses. Each contestant was judged on poise, appearance in uniform, clinical performance, scholastic aptitude and personality. The winner from the second year class was Miss Maguire. It is hoped that this contest will perpetuate annually stimulating each student to be an ideal nurse.

The student council will be presenting a minstrel, Showboat on April 12th and 13th in McClellan Hall. The organization of this show was placed in the capable hands of Miss Julius who has chosen various chairmen in specialized fields. Rehearsals are being conducted tri-weekly by Miss Weiss, musical director; and Miss Velcho, show director. It is expected that this program will be successful in creating a more complete student unity by combining the efforts of all classes.

The social committee is planning a dinner dance to be held at Keglers on April 28th. Students attending the dinner will supply their own funds. The hospital is providing funds for the dance. There is much enthusiasm from the student body and a successful evening is expected.

The social committee will also be responsible for planning a student faculty picnic in the late spring.

Nominations will be held this month for one girl from each class to attend the National Student Nurses Association Convention in Detroit, Michigan.

The Student Council is an active organization at Jefferson and through the course of years has done much to improve student unity and to provide an opportunity for many girls to exhibit their leadership qualities. It is my hope, as president, that this organization will continue at its high level of development and with each succeeding class be met with the same enthusiastic spirit and building a stronger unity of students and a greater realization of its necessity for harmonious living.

We appreciate the interest and loyal support of the Jefferson Medical College Hospital School of Nursing Alumnae Association. Many of our activities would not have been possible without this interest and support.

**MEDICAL WORK IN GHANA**

Sister M. de Montfort Kershbaumer, R.N., (class of '48)

Daughter of Mrs. Rose Kershbaumer of Hazleton, Pa., received her R.N. from Jefferson Medical College School of Nursing in 1948. Before entering the Medical Mission Sisters whose headquarters are in Fox Chase, she was on the staff at Jefferson Medical and Graduate Hospital, University of Pennsylvania.

Sister M. de Montfort Kershbaumer, R.N., (class of '48)

Daughter of Mrs. Rose Kershbaumer of Hazleton, Pa., received her R.N. from Jefferson Medical College School of Nursing in 1948. Before entering the Medical Mission Sisters whose headquarters are in Fox Chase, she was on the staff at Jefferson Hospital and Graduate School of Medicine, University of Pennsylvania.
In 1954 after completing her religious training, Sister M. de Montfort was assigned to Holy Family Hospital, Berekum, Ghana. Two hundred and fifty miles inland from the South-Atlantic-swept coast, deep in the cocoa-growing forest region, Holy Family Hospital was a real “bush” center. Its 100 beds serve the 6000 villagers of Berekum and also the many sick and poor in the scattered surrounding villages.

Tropical medicine, daily contact with malaria, typhoid fever, diphtheria, yaws, leprosy, and parasites of many descriptions challenged Sister M. de Montfort from the start. Also, a new people and language, climate and diet, had to be met and adjusted to. In time, this all became part of every day life, so much so that now it is the United States that presents new adjustments!

In 1960, Sister moved another 40 miles inland to join the staff of Holy Family Hospital in Techiman. Until last month, the hospital depended on rain water in the wet season for drinking, washing, bathing, scrubbing, as well as for supplying the operating room and pharmacy. In the dry season, three hours of back-breaking work were spent daily by a full hospital crew hauling water from the river. Under Sister M. de Montfort’s supervision, last month a Bore-Well was drilled on the hospital grounds. Today, it is supplying 900 gallons of water an hour, ample for the needs of the hospital and staff.

Sister M. de Montfort will leave the Philadelphia area shortly for Santa Fe, New Mexico, to enroll in the School for Nurse-Midwives conducted there by the Medical Mission Sisters.

The Medical Mission Sisters staff two general hospitals and a leprosarium in Ghana, as well as a chain of hospitals and medical centers in India, Pakistan, South America and South Vietnam. The Sisters are professionally trained as doctors, nurses, pharmacists, technicians, administrators, etc. to bring modern medicine to those parts of the world where the need is greatest.

MISS LEWIS DIES: Devoted Nurse

Jefferson lost one of its most devoted, faithful, and long service nurses October 13 when Miss Adele M. Lewis, R.N., died in our Medical Center. She was 72 and had served here, mostly in supervisory capacities, since 1918—except for the period 1920-24.

An alumna of the Jefferson Medical College Hospital School of Nursing, class of 1914, she served as assistant superintendent of the Millville (N.J.) Hospital, 1914-17. When the U.S. entered World War I, Miss Lewis joined the Jefferson Hospital Unit and served overseas as an Army Corps nurse.

When the war ended, she came back to Jefferson, and except for the period mentioned, was always in its service. On December 7, 1960, she was honored at a special retirement recognition event in the Hospital Board Room, sponsored by the Staff Nurses Organization. But this dedicated nurse could not stand the tempest of retirement and returned to Nursing, this time, in the Curtis Clinic under Miss Frances Grove, R.N.

Miss Lewis was admitted September 18 to the hospital she had served so loyally, and as one long-time friend remarked, "without any regard for time or the end of her tour."

ADELE M. LEWIS FUND

A Memorial has been established by the Jefferson Nurses Alumnae Association. A painting with a plaque will be placed in the Nurses Residence with donations received on or before September, 1962.

Contributions may be made in care of the A. M. Lewis Memorial Fund c/o Jefferson Nurses Alumnae Association, 11th and Walnut Streets, Philadelphia, Pa.

Committee
EVELYN DUTE
MARY ANN STAUFFER

MARRIAGES

Marie Rose (Longworth) Kostello, 1959
Linda (Doll) Eppley, 1958
Bette (Reaver) Light, 1960
Connie (Staley) Lesk, 1958
Carolyn (Cottringer) Kong, 1959
Margaret (Faust) Keates, 1952
Sarah Ellen (Little) Danyo, 1959
Loretta Lane (Davis) Cunningham, 1961
Sarah (Melissa) Horley, 1960

NEW ARRIVALS

Margaret (Milotich) Martin, 1957
Nancy (Knoll) Vreede, 1959
Helen (Fetko) Bescher, 1954
Betty (Hassenplug) Graham, 1942
Virginia (Lutz) Spalding, 1942
Barbara (Beloff) Batten, 1949
Barbara (Wilson) Kelso, 1958
Betty (Rockefeller) Lurig, 1959
Rita (Mishofski) Curfman, 1960

NECROLOGY

Grace Wrights, Class 1923
Patricia A. McKevey, 1948
Mary Ann Jamison, 1903

Dr. Mary (Brooke) St. Clair, 1899
Caddie Gail (Huey) Fleming, 1917
Catherine (Newcomer) Foreman, 1940
Bessie (Hazel) Gamble, 1910
### ANNUAL GIVING FUND DRIVE

We are very grateful to all of the following loyal and devoted alumnae who contributed $2,589.50 to our 1961 Annual Giving Fund Drive. We congratulate all the contributing classes. The Class of 1951 gave the largest gift with the most members participating. The Class of 1921 was Second. The Class of 1926 was third.

We wish to express our thanks for your gifts and continuing interest.

- **Ways and Means Committee**

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<th>Year</th>
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### 1930
5 gifts — $40.00

- Virginia Avery
- Dorothy Williams Derk
- Ella Engel Kelsh
- Vera E. Shontz
- Minerva L. Welch

### 1931
29 gifts — $130.00

- Evelyn Reeser Arnold
- Anna Foster Atkinson
- Emma Bahner
- Mary Kalbach Bisline
- Cathleen Singer Boyd
- Marion Horner Brady
- Hermorene Snoddy Brubaker
- Bernice Goodnow Cottrell
- Blanche Ford
- Edith Hoover Frizzell
- Elizabeth Youngblood Gaul
- Harriet Burgraf Goft
- Elizabeth Curtin Hoffner
- Eleanor Watt Hager
- Alyce Pusey Hammond
- Mildred English Hively
- Esther Conwe Huntberger
- Irene Jones
- Madelyn Reimel Knapp
- Yepraskse Tufenkian Kounjian
- Mary E. Kutz
- Esther Guyer Lentz
- Virginia Emmert Leo
- Laura Parker Matthews
- Dorothy T. Peterson
- Helen Rodewig
- Eleanor Mann Voorhes
- Sue Williams Wells
- Mildred Webner Witmyre

### 1932
2 gifts — $10.00

- Adeline Roth Miller
- Dorothea Butetta Watson

### 1933
6 gifts — $51.00

- Sara Blackburn Baxter
- Mildred Huber Bentz
- Ethel Sparks Cates
- Leona Clouser Gehris
- Helen D. Kiraly
- Irene Rice Sales

### 1934
10 gifts — $100.00

- Mildred Dunkle Bowman
- Angela R. Cozza
- Mildred Dore Estrada
- Evelyn Wilson Frazier
- Julia Tyler Gaskill
- Margaret Mariano Pargola
- Betty Piersol
- Sara Jones Ross
- Margaret Clayton Schellenger
- Mildred Myers Smith

### 1935
5 gifts — $45.00

- Evelyn Roland Curran
- Mary Roz Evans
- Rebecca Stees Feltwell
- Erma McCullar O’Donnell
- Alma Snyder Miller

### 1936
7 gifts — $60.00

- Janet McLlwain Cramer
- Evelyn L. Dute
- Laura Fawcett
- Mary Radel Menendez
- Margaret Pound Ransome
- Inga Olafson Wheat
- Mary Fielden Wiley

### 1937
5 gifts — $28.00

- Charlotte Hardin Buxton
- Mildred Woodhead Hawkesworth
- Mary Miller Sullivan
- Kathryn Rorabaugh
- Laura U. Johnson

### 1938
2 gifts — $8.00

- Anita Bryn Eisner
- Isabelle Williams Snedaker

### 1939
3 gifts — $19.00

- Olga Dygan Mitchell
- Lorraine Pensinger Phillips
- Johanna Laise Wagner

### 1940
3 gifts — $30.00

- Hope Kramer Mood
- Marion Jones Tracey
- Sara L. Westler

### 1941
9 gifts — $65.00

- Marie Malinowski Di Marco
- Perma Ehrhart Davis
- Dorothy Kishbaugh Freeman
- Rhea Moyer Johns
- Sara Hertzler Kroesen
- Geraldine Chamberlain Long
- Kathryn Duffy Quackenbush
- Frances Huston Rumberger
- Margaret Summers

### 1942
5 gifts — $40.00

- Alice C. Boehret
- Dorothy A. Cloud
- Garce Jennings Dundelberger
- Ellen McCurley Stewart
- Dorothy Fraley Templeton

### 1943
5 gifts — $30.00

- Esther M. Kahn
- Joan Farrell Kehn
- Vivian I. Moyer
- Helen Thomas Reistle
- Mary Keatley Williams

### 1944
$10.00 Scholarship

- Helen D. Anderson
- M. Elaine Barrick
- Capt. Catherine Betz
- Anna Kuba
- Gloria Sheckler Roberts

### 1945
5 gifts — $30.00

- Olga Dygan Mitchell
- Lorraine Pensinger Phillips
- Johanna Laise Wagner

### 1946
15 gifts — $116.00

- Elizabeth Misler Black
- Dorothy Ann Fossler
- Ruth Lee Goll
- Ruth Patterson Hart
- Marilyn Morrison Hecksher
- Dorothy M. Irwin
- Elaine Strong Kimbel
- Jeanne L. Lebkicker
- Mary M. Smith Moorhead
- Freida Mosser
- Mirian Kowalsky Purcell
- Evelyn Swartzland Riggen
- Geraldine Hart Rockel
- Nelmah Faust Shaffer
- Betty Yost Uehner
1947
2 gifts — $7.00
Elizabeth Feller McNulty
Elizabeth Prinsnock

Nancy Katherman Kohut
Dorothy Dewes Lasasso
Jean Laliberte
Ida Joanne Eberly Loose
Marilyn Sparrow Marshall
Mary Kate Weber Morgan
Norma Jones Murray
Marion Hoffman Norbury
Louise Simonson O'Neill
Mary Barkley Paxson
Ida Jane Snook Liebmann
Janet Harrington Melvin
Marion J. Ramp
Elizabeth Mott Robbins
Mary Bond Romig
Ruth Young Roth
Martha Hackett Santoro
Isabel Smith Shaw
Catherine Wind Souder
Betty Laws Taylor
Jeanne Binns Smith
Nancy Thompson
Nancy Kostenbauder Tibbins
D'Etta Hoke Tracey
Patricia Shotmaker Verbinski
Janet Withka Warden
Florence Thorn Williams
Patricia Varello

1948
3 gifts — $16.00
Sara Newkirk Boswell
Mercedes Breen Christ
Faye Thorne Kaufman

1949
3 gifts — $20.00
Helen Dougherty Barrett
Charmain L. Kissinger
Lorraine Milewski McCall

1950
12 gifts — $67.00
Barbara Fisher Ackerman
Mirin Shorn Bower
Mary L. Moore Brumbaugh
Joan Christman Claus
June Matsui Fujita
Janet Hindson
Shirley Mackley Hoffert
Lois Kleintop Jernstrom
Nancy Dunkle Konstanzer
Rose M. Glandel Mulligan
Jean L. Opel Serena
Audrey Koch Wolfberg

1951
41 gifts — $191.50
Jane E. Hawk Ares
Barbara Duckworth Arkes
Barbara Edwards Bram
Catherine L. Bolton
Grace Lehr Carleton
Joan Morrison Carlin
Alice Giesen Costello
Elizabeth Hastings Donald
Nelda Gothe Edson
Delores Pauster Gorham
Jean Holzbauer
Anna Troxell Humphreys
Lorraine A. Jeitner

1952
4 gifts — $30.00
Alice Delamar Chase
Margaret K. Faust
Nancy Groh Messick
Eloise J. Hippensteel

1953
4 gifts — $15.00
Susan O. Carney
Madeleine J. Delong Hnratty
Janet Edwardsen Meredith
Adelaide C. Richards

1954
4 gifts — $40.00
Barbara Reciner Bachman
Louise Mahnart Hoch
Joan P. Sode
Mary Ann Stauffer

1955
4 gifts — $23.00
Dorothy J. Brown
Patricia Castillo Mgley
Mildred Murray
Jeanne Curcio Pelleriti

1956
9 gifts — $48.00
Jean Krasinsky Coughlin
Mary Anne Saunders Port
Wilhelmina C. Fry
Marlyn R. Glauber
Mary Lou Groves
Ann Kneidel
Betty Depo Miller
Dorothy Puskar
Virginia H. Putney

1957
3 gifts — $20.00
Ruth S. Bunker
Kathleen M. Pollock
Martha M. Werler

1958
5 gifts — $23.00
Barbara B. Borkowski
Linda Doll Eppley
Mary Ellen McDonald
Darlene S. Stoudt
Bernice Timbrell

1959
2 gifts — $10.00
Carolyn M. Cottinger
Anne V. Major

1960
8 gifts — $24.00
Judith E. Haas
Madeline J. Henly
Sara C. Lipou
Sandra A. Mathie
Betty Ann Smith Patterson
Carolyn Lee Sell
Eileen J. Stambaugh
Carolyn M. Rissler

Honorary Members
2 gifts — $72.00
Elizabeth Melville
Margaret Melville

PLEASE NOTE
Jefferson graduates and friends—Look—Cook—and enjoy the Favorite Recipes published by the Jefferson Nurses Alumnae Association. Order your Cook Book now, at the

The 1960 revision of The Alumnae Blue Book may be purchased at the cost of $2.00 per copy.

Jefferson caps may be purchased at C. D. Williams and Company, 246 South 11th Streets, Philadelphia 7, Pa. Cost per cap is $3.84. Indentification necessary to make purchase.

Jefferson caps may be purchased at J. E. Caldwell and Company, Chestnut and Juniper Streets, Philadelphia, Pa. Cost per pin is $9.34. Indentification may be obtained from Miss Mabel Prevost, Assistant Director, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.
PLEASE NOTE

The ALUMNAE BULLETIN will be sent to members only. Non-members may obtain these upon request, at the cost of $1.00 per copy. Order your Bulletin by April 1st.

JOIN YOUR ALUMNAE ASSOCIATION

USE YOUR MAIDEN NAME

Whenever you have occasion to write your Alumnae, PLEASE use your first name, maiden name then your married name plus the year you graduated.

Example: Jean Lawrence Monroe, 1940

Mrs. Harold Monroe makes it very difficult for us to locate you in our files.

Thank you.

PLEASE CHANGE MY ADDRESS

Name as when graduated

if married husband's name in full

Former address (Street and No.)

City Zone State

New Address (Street and No.)

Class

Send to Perma Davis, Nurses' Alumnae Association, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.