Sleep Strategies: Sleep in Women A Changing Perspective

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Sleep in Women: A Changing Perspective

Brian J. Whipp, PhD, DSc, died on October 20, 2007, at the University of Wales Hospital in Cardiff, Wales, United Kingdom.

Dr. Whipp received his PhD in physiology from Stanford University, and he then set out on what was to become an illustrious career in physiology, both as a research investigator and a teacher. He taught at the Harbor-UCLA Medical Center in Torrance, California, proceeding through the academic ranks before becoming Professor of Physiology and Medicine and Vice-Chairman of UCLA’s Department of Physiology. During this period, he was awarded an Established Investigatorship of the American Heart Association and was a Visiting Research Scientist at Oxford University. In 1992, he returned to the United Kingdom to become Professor and Chairman of the Physiology Department at the University of London’s St. George’s Hospital Medical School.

Dr. Whipp was a recipient of the ACCP Distinguished Scientist Honor Lecture Award in 2007. Dr. Whipp was a well-respected and recognized researcher with interests centered on the control of ventilation and pulmonary gas exchange during exercise in health and disease, with special reference to the nonsteady state. In addition to more than 300 publications on these topics, he was author or coauthor of nine books and monographs. He was also an accomplished teacher, combining scientific rigor with humor, wit, and enthusiasm.

Dr. Whipp retired from the University of London’s St. George’s Hospital Medical School in 2001. He remained active since that time, working from his home in the Welsh village of Crickhowell and presenting many invited lectures worldwide.

Lessons for January

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