

**Table 2. Demographic and Clinical Characteristics (N = 221) by Cognitive/Social Activity Level (Florida Cognitive Activity Scale)**

<b>Variables</b>	<b>Low (n = 37)</b>	<b>Medium (n = 147)</b>	<b>High (n = 37)</b>	<b>Statistic</b>	<b>df</b>	<b>p</b>
<b>Demographic/Psychosocial</b>						
Age (mean, SD)	74.3 (7.2)	76.0 (7.2)	74.2 (5.6)	F = 1.60	2,218	.204
Female (n, %)	32 (86.5)	116 (78.9)	29 (78.4)	$\chi^2 = 1.15$	2	.564
Education, yrs. (mean, SD) <sup>1</sup>	11.8 (2.7)	12.5 (2.5)	13.4 (2.6)	F = 4.04	2,218	.019
WRAT (mean, SD) <sup>2,3</sup>	23.3 (7.9)	27.6 (6.8)	28.1 (5.5)	F = 6.44	2, 218	.002
GDS score (mean, SD) <sup>4,5</sup>	5.2 (3.2)	3.2 (3.1)	2.1 (2.1)	F =11.2	2, 218	<.001
<b>Physical</b>						
Chronic Disease Score (mean, SD)	4335.6 (4007.5)	4552.5 (4571.3)	3553.2 (2389.7)	F = .83	2, 218	.433
Able to walk 2 blocks without assistance (n, %)	18 (50)	114 (79.2)	29 (78.4)	$\chi^2 = 13.20$	2	.001
ADL-PI score (mean, SD) <sup>6,7</sup>	30.8 (6.6)	36.3 (5.3)	38.8 (4.3)	F = 22.00	2, 218	<.001
<b>Neuropsychological</b>						
Mini Mental Status Score	25.6 (2.9)	25.8 (2.3)	26.2 (2.3)	F = .51	2, 218	.602
HVLT Total Recall <sup>7,8</sup>	13.1 (3.6)	14.8 (3.4)	16.3 (2.9)	F =8.23	2, 218	<.001
HVLT Delayed Recall <sup>8</sup>	2.1 (1.8)	1.6 (1.8)	1.9 (1.9)	F = 1.41	2, 218	.248
Boston Naming Test	11.6 (2.4)	12.3 (2.2)	12.6 (1.7)	F = 2.10	2, 218	.124
Category Fluency	11.8 (3.7)	12.3 (3.6)	13.2 (3.1)	F = 1.49	2, 218	.228
Trail Making Test, Part A <sup>9</sup>	91.6 (38.5)	77.4 (33.1)	69.1 (32.7)	F = 4.26	2, 218	.015
Trail Making Test, Part B <sup>10</sup>	249.7 (73.0)	244.6 (73.6)	202.9 (78.9)	F = 5.17	2, 218	.006
Digit Symbol Substitution <sup>10</sup>	27.8 (13.2)	31.1 (12.7)	37.2 (14.2)	F = 5.11	2, 218	.007
Digit Span - Forward	6.7 (1.9)	7.1 (1.8)	7.2 (2.0)	F = .87	2, 218	.420

Digit-Span - Backward	4.3 (1.5)	4.4 (1.4)	4.4 (1.8)	F = .06	2, 218	.940
Wechsler Memory Scale-R Logical Memory IA <sup>9</sup>	7.6 (2.7)	9.1(3.7)	10.0 (3.2)	F = 4.39	2, 218	.014
Wechsler Memory Scale-R Logical Memory IIA	5.2 (3.5)	6.2 (4.1)	7.0 (3.3)	F = 1.983	2, 218	.140
Amnesic MCI-multiple domain (n, %)	6 (16.2)	25 (17)	14 (37.8)	X <sup>2</sup> = 8.38	2	.015

<sup>1</sup> The low activity group has fewer years of education than the high activity group.

<sup>2</sup> Wide Range Achievement Test; higher scores signify better literacy.

<sup>3</sup> The low activity group has significantly lower scores than the middle and high activity groups.

<sup>4</sup> Geriatric Depression Scale; higher scores signify worse depression.

<sup>5</sup> The low activity group has significantly higher scores than the middle and high activity groups.

<sup>6</sup> Alzheimer's Disease Cooperative Study Activities of Daily Living–Prevention Instrument; higher scores signify better function.

<sup>7</sup> All 3 activity groups differ significantly from each other.

<sup>8</sup> Hopkins Verbal Learning Test; higher scores signify better memory.

<sup>9</sup> Scores for the low activity group are significantly worse than those of the high activity group.

<sup>10</sup> Scores for the high activity group are significantly better than scores of the middle and low activity groups.