

Spread the Science, *NOT* the Virus









Spread the Science, *NOT* the Virus Series Hosts



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Spread the Science, *NOT* the Virus Series

Today: COVID-19 Epidemiologic Basics Dr. Ami Patel, PhD, MPH

Dr. Ami Patel is an adjunct instructor at Jefferson's College of Population Health. She has spent 10 years teaching epidemiology to Jefferson students and recently developed the Infectious Disease Epidemiology course within the College. Outside of the college she has extensive applied epidemiological experience in both government and industry settings.

Currently, Dr. Patel is an Associate Director of Epidemiology at CSL Behring where she is responsible for the planning, coordination, and execution of epidemiology research programs to support product development and lifecycle management activities in immunology, cardiovascular, and transplant therapeutic areas.

Prior to transitioning into her present role, Dr. Patel directed the Philadelphia Department of Public Health Acute Communicable Disease Program as a Centers for Disease Control (CDC) and Prevention Career Epidemiology Field Officer. At the health department, she and her team performed surveillance and investigation of enteric, vaccine-preventable, vectorborne, waterborne, health-care associated, and emerging infections and conditions.

Dr. Patel began her 15 year career at the Centers for Disease Control Prevention while in graduate school at the University of Pittsburgh. Upon receiving her doctoral degree she completed CDC's Epidemic Intelligence Service (EIS) Fellowship.



COVID-19: What can epidemiology tell us?

Ami S. Patel, PhD MPH
Jefferson College of Population Health

Disclosures and Acknowledgement

- Dr. Patel is an employee of CSL Behring and a former employee of the Centers for Disease Control and Prevention
- Sincere thanks to all frontline public health professionals who were involved in the collection, analysis, and interpretation of the data presented in this webinar

Objectives

- Introduce the emergence of COVID-19
- Detail the overall epidemiology of COVID-19 with a focus on US and local data
- Describe public health surveillance systems for COVID-19
- Identify strengths and limitations of surveillance data
- Illustrate the importance of epidemiological studies in generating evidence for disease control

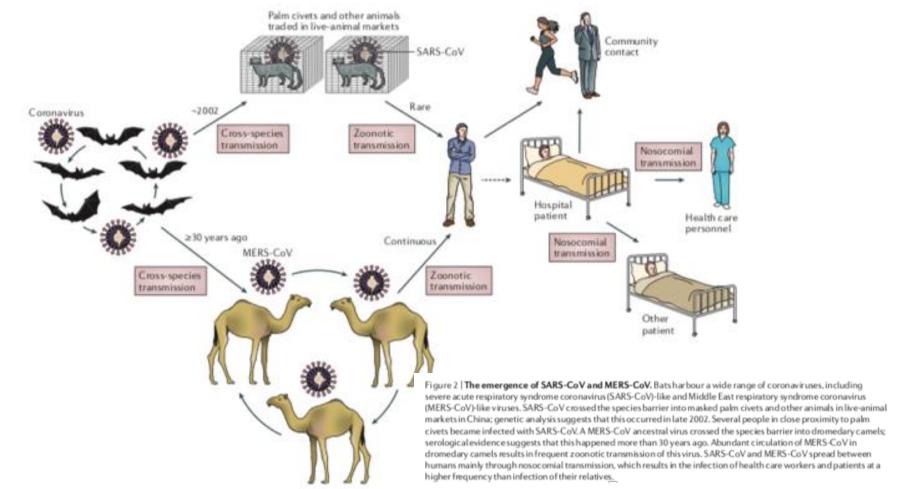
Coronaviruses: Mild Nuances with Pandemic Potential

- Coronaviruses routinely circulate globally
- The first human coronavirus (HCoV) was isolated during 1965 from the nasal discharge of patients with the common cold and termed B814
- Typically, coronaviruses cause mild, self-limiting, upper respiratory tract infections
 - 10-30% of colds have been estimated to be caused by these viruses
- Currently, seven different CoV strains are known to infect humans
 - HCoV- 229E (229E), HCoV-OC43 (OC43), severe acute respiratory syndrome coronavirus (SARS-CoV), HCoV-NL63 (NL63), HCoV-HKU1 (HKU1), Middle East respiratory syndrome coronavirus (MERS-CoV), and SARS-CoV-2

Su, Shuo et al. (2016) Epidemiology, Genetic Recombination, and Pathogenesis of Coronaviruses. Trends in Microbiology, Volume 24, Issue 6, 490 - 502.



Emergence of Novel Coronaviruses: From Reservoir to Animal to Human



de Wit, E., van Doremalen, N., Falzarano, D., & Munster, V. J. (2016). SARS and MERS: recent insights into emerging coronaviruses. Nature reviews. Microbiology, 14(8), 523-534. https://doi.org/10.1038/nrmicro.2016.81



Emergence of COVID-19

• On December 27, 2019, 3 adult patients presented with severe pneumonia to a hospital in Wuhan, China; a 49-year-old woman, a 61-year-old man, and a 32-year-old man. The woman was a known retailer in a seafood and wet animal wholesale market, while the older man was a frequent visitor. Similar circumstances and patients had been involved with the SARS-CoV outbreak, leading to suspicions of an n-CoV, and further testing revealed an n-CoV as the

likely etiologic agent in all 3 cases.

Zhu, N., et al (2020). A Novel Coronavirus from Patients with Pneumonia in China, 2019. *The New England journal of medicine*, 382(8), 727-733. https://doi.org/10.1056/NEJMoa2001017



Lam Yik Fei for the New York Times
Retrieved from: https://www.nytimes.com/2020/01/25/world/asia/china-markets-coronavirus-sars.html on April 10 2020

Emergence of Novel Coronaviruses: From Reservoir to Animal to Human



Shereen MA, et al. (2020) COVID-19 infection: Origin, transmission, and characteristics of human coronaviruses. Journal of Advanced Research, Volume 24: 91-98.



Transmission Aspects

- Virus can be secreted within respiratory droplets, sputum, serum, blood, stool (?)
- Average incubation period = 4 5 days
 - Range = 2 14 days

Clinical Picture of COVID-19

Asymptomatic

Mild Disease

- Fever
- Fatigue
- Dry Cough
- Shortness of Breath

Moderate Disease

- Acute Respiratory Distress Syndrome
- Dyspnea
- Cardiac injury
- Renal dysfunction

Critical Disease

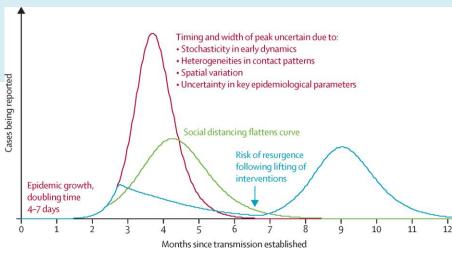
- Septic shock
- Multi-organ system dysfunction
- Respiratory failure

Death

 Case Fatality rates vary based on age, underlying medical conditions, and timing of outbreak



Data for "The Curve"



The Lancet 2020 395931-934DOI: (10.1016/S0140-6736(20)30567-5)



Philadelphia University + Thomas Jefferson University

Public Health Surveillance: Definition and Purpose

- The ongoing systematic collection, analysis, and interpretation of outcome-specific data for use in the planning, implementation, and evaluation of public health practice.
- To assess public health status, to define public health priorities, to evaluate programs, and to stimulate research
- Tells us where the problems are, who is affected, and where the programmatic and prevention activities should be directed

Surveillance Pyramid

Deaths

Death Certificates

Hospitalizations

Hospital Discharge Data Electronic Medical Records

Lab Confirmed Cases

Laboratory Reports

Symptomatic Cases

Contact Tracing Screening Surveys

Asymptomatic Cases

Antibody testing Household/Facility Surveys

Surveillance Systems: Information Outputs

Case-Based Surveillance

- Magnitude of Disease
- Clinical Picture
- Contacts for Tracing

Outpatient and Emergency Department Illness Surveillance

- Magnitude of Disease
- Clinical Picture

Hospitalizatior
Surveillance

- Clinical Burden
- Risk Factors for Severe Disease

Mortality Surveillance

Risk Factors for Severe Disease

<u> Virologic Surveillance</u>

- Additional measure of disease magnitude
- Strains for vaccine development, antiviral recommendations
- Mutation detections



Epidemiological Studies Provide Needed Evidence for Disease Control

Types of Evidence Needed for Controlling an Epidemic.			
Evidence Needed	Study Type		
No. of cases, including milder ones	Syndromic surveillance plus targeted viral testing		
Risk factors and timing of transmission	Household studies		
Severity and attack rate	Community studies		
Severity "pyramid"	Integration of multiple sources and data types		
Risk factors for infection and severe outcomes, including death	Case-control studies		
Infectiousness timing and intensity	Viral shedding studies		

Lipsitch M, Swerdlow D, Finelli L. 2020. Defining the Epidemiology of Covid-19 — Studies Needed. N Engl J Med 2020; 382:1194-1196.



Surveillance Systems: Information Output

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Risk Factors for Severe Disease

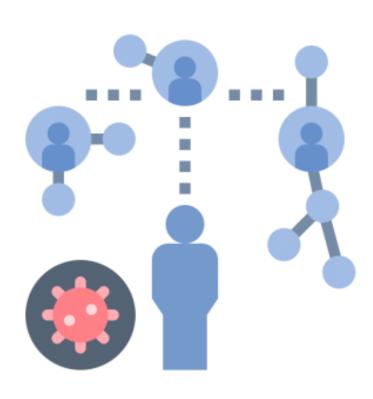
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Case-Based Surveillance

- Case identification
 - Laboratory testing
 - Contact tracing
- Data provided
 - Demographics
 - Clinical picture
 - Risk Factors
 - Epidemiological linkages
- Prevention and control
 - Disease prevention education
 - Case-finding



Data Collection

- Demographics
- Symptoms
- Clinical Course
- Travel History
- Healthcare exposure
- Diagnostic Testing

Human Infection with 20 Person Under Investigation (2019 Novel Coronaviru (PUI) and Case Repor	ıs
	(PUI) and Case Repor	
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Interviewer information		
Name of interviewer: Last First Affiliation/ Organization: Telephone		-
	Email	
Patient under investigation (PUI) Hispanic / Latino	Date of first positive specimen collection (MM/DD/YYYY): Unknown NA NA NA NA NA NA NA NA	Was the patient hospitalized? ves
Symptoms present during course of litheses: Symptomatic or litheses: Symptomatic Symptomatic Stiff symptomatic Symptomatic Symptomatic Stiff symptomatic Stiff symptomatic Symptomatic Stiff symptomatic Stiff symptomatic Symptomatic Stiff symptomatic Symptomatic Stiff symptomatic Stiff symptomatic Stiff symptomatic Symptomatic Stiff symptomatic Stiff symptomatic Stiff symptomatic Stiff symptomatic Symptomatic Stiff symptomatic	Unknown symptom status inknown date	Date of death (MM/DD/WYY):
Is the partient a healthcare worker in the United States) wis _ No _ United Doos the partient have a halton of being in a healthcare facility is, a prient, worker in the _ halton of partient have a may of the following exposure in the _ 14 days prior to lifease onset, did the partient have any of the following exposure in _ 15 days prior to lifease onset, did the partient have any of the following exposure in _ 15 days prior to Hubel _ 15 days prior	ror visitor) in China?	sents with severe acute lower cown etiology No Unknown N/A

including suggestions for reducing this burden to CDC/ATSDR Reports. Georgia 20133, ATTN: PRA (0920-1011).



COVID-19 cases in the United States by date of illness onset, January 12, 2020, to April 13, 2020, at 4pm ET (n=313,279)*

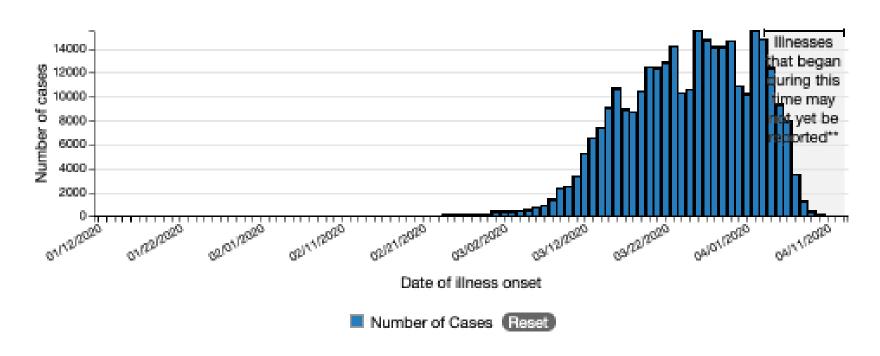
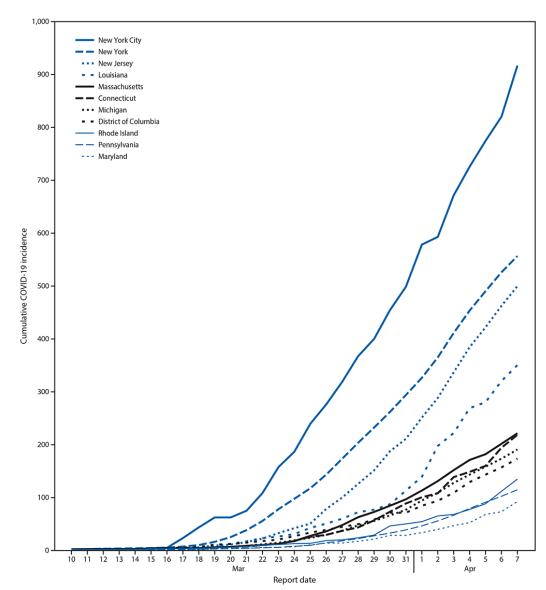




FIGURE 2. Cumulative incidence* of COVID-19, by report date — selected U.S. jurisdictions,^{†,§} March 10–April 7, 2020



Abbreviation: COVID-19 = coronavirus disease 2019.

Geographic Differences in COVID-19 Cases, Deaths, and Incidence — United States, February 12–April 7, 2020. MMWR Morb Mortal Wkly Rep. ePub: 10 April 2020.

DOI: http://dx.doi.org/10.15585/mmwr.mm6915e4external icon



Philadelphia University + Thomas Jefferson University

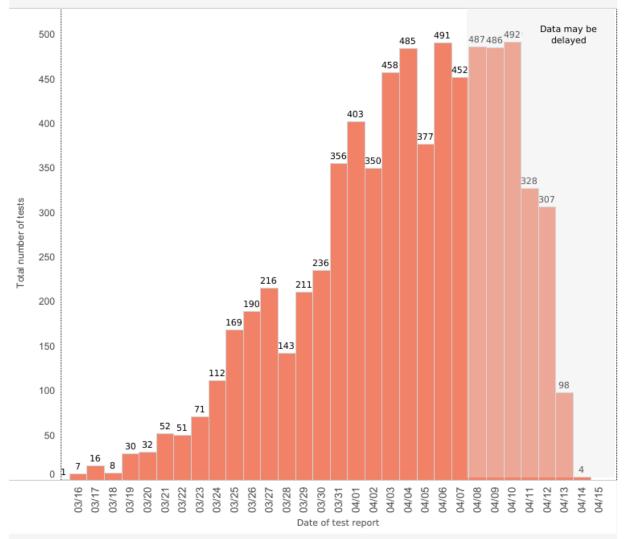
^{*} Cases per 100,000 population.

[†] Restricted to the 11 jurisdictions reporting the largest absolute increase in COVID-19 cumulative incidence during the most recent 7-day reporting period, March 31–April 7, 2020.

[§] Data from New York are exclusive of New York City.

City of Philadelphia COVID-19 Cases among Philadelphia Residents

Total COVID-19 Cases: 7,130 4/14/2020 1:00 PM



Data may be delayed several days due to reporting timeframe varying between laboratories. Past days will sometimes increase in volumes due to this delay.



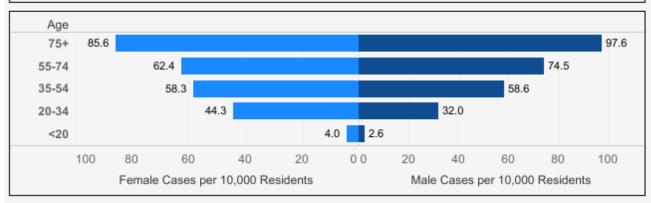
City of Philadelphia

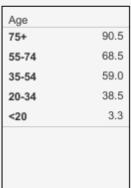
Characteristics of Philadelphia Residents with COVID-19

Total COVID-19 Cases: 7,130 55% Female 45% Male 4/14/2020 1:00 PM

Rate of COVID-19 Cases by Age and Sex (Per 10,000 Residents)

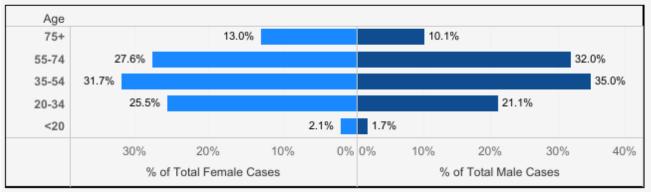
Rates by Age

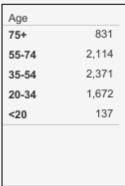




% of COVID-19 Cases By Age and Sex

Counts by Age



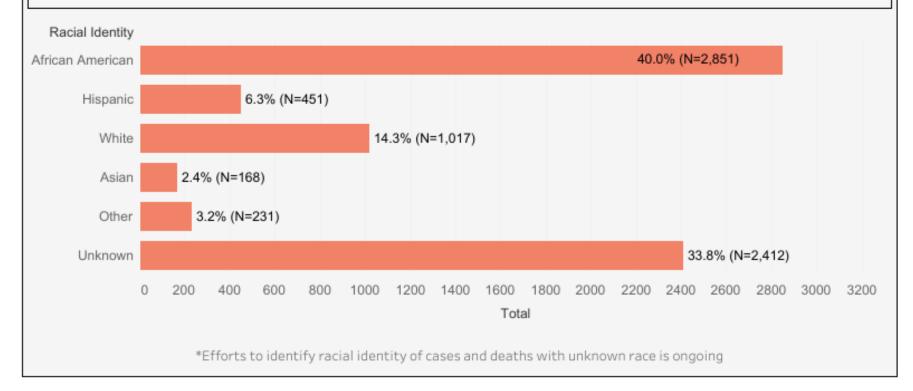




City of Philadelphia

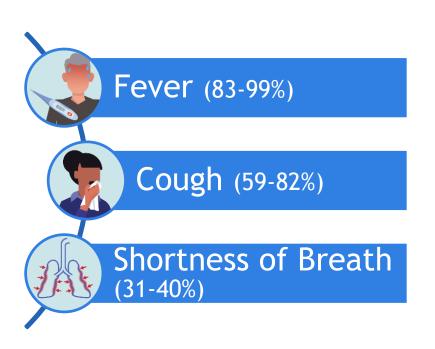
Characteristics of Philadelphia Cases with COVID-19
Total COVID-19 Cases=7,130
4/14/2020 1:00 PM







Clinical Picture: Insight from Surveillance in China



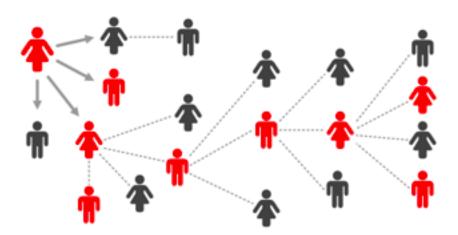
Symptom	Reported Frequency
Fatigue	44-70%
Anorexia	40-84%
Sputum production	28-33%
Myalgias	11-35%
Headache, confusion, rhinorrhea, sore throat, hemoptysis, vomiting, diarrhea	<10%

- Guan WJ, Ni ZY, Hu Y, et al. Clinical Characteristics of Coronavirus Disease 2019 in China. The New England journal of medicine. 2020.
- Chen N, Zhou M, Dong X, et al. Epidemiological and clinical characteristics of 99 cases of 2019 novel coronavirus pneumonia in Wuhan, China: a descriptive study. *Lancet (London, England)*. 2020;395(10223):507-513.
- · Huang C, Wang Y, Li X, et al. Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China. Lancet (London, England). 2020;395(10223):497-506.
- Wang D, Hu B, Hu C, et al. Clinical Characteristics of 138 Hospitalized Patients With 2019 Novel Coronavirus-Infected Pneumonia in Wuhan, China. Jama. 2020.



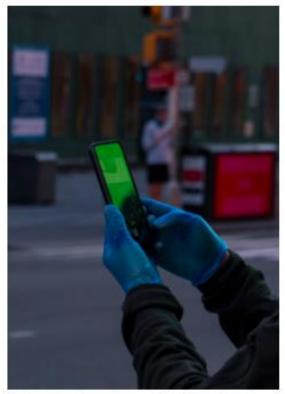
Contact Tracing

- 1. Develop rapport with case-patient
- 2. Identify contacts of case-patient
- 3. Develop rapport with contacts and follow-up



Apple and Google Team Up to 'Contact Trace' the Coronavirus

The technology giants said they would embed a feature in iPhones and Android devices to enable users to track infected people they'd come close to.



Apple and Google said they would be able to release the smartphone tool in several months. Ben Skiar for The New York Times

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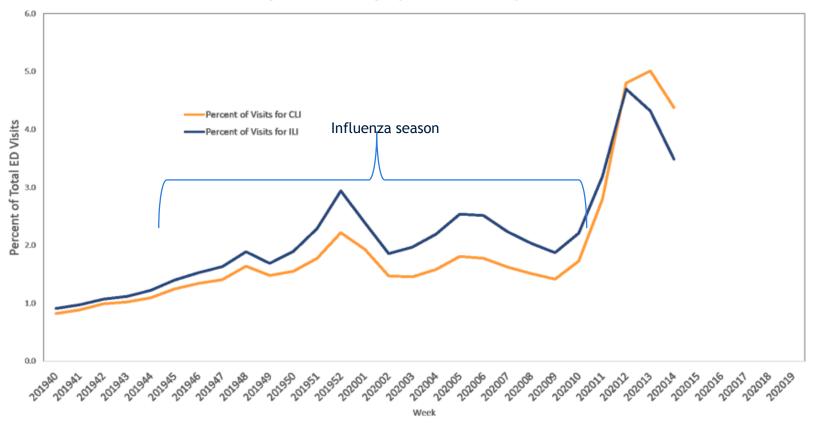
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Outpatient/Emergency Department Surveillance

NSSP: Percentage of Visits for Influenza-Like Illness (ILI) and COVID-19-Like Illness to Emergency Departments Weekly National Summary, September 29, 2020 - April 4, 2020



- Outpatient Surveillance leveraging Influenza Like Illness Network (ILINet)
 - % of patients seen with fever and sore throat each week
- Emergency Department Syndromic Surveillance
 - COVID-19 Syndrome: fever and cough or shortness of breath or difficulty breathing

CDC. 2020. COVID View Report: Week 14, ending April 4 2020. Accessed from: https://www.cdc.gov/coronavirus/2019-ncov/covid-

data/covidview/index.html on April 14 2020



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<u> Mortality Surveillance</u>

• Risk Factors for Severe Disease

Virologic Surveillance

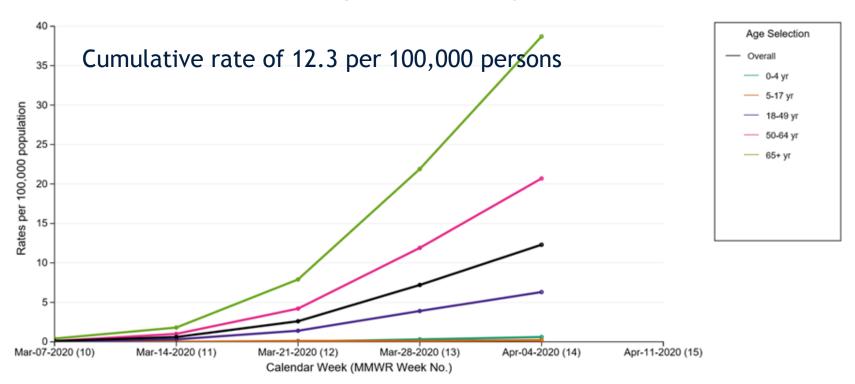
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Hospitalization Data

Laboratory-Confirmed COVID-19-Associated Hospitalizations

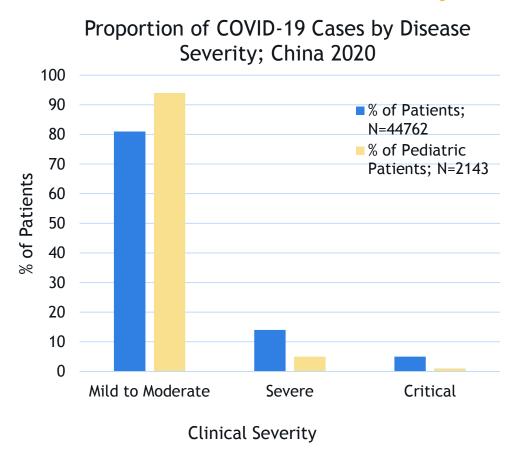
Preliminary cumulative rates as of Apr 04, 2020



CDC. 2020. COVID View Report: Week 14, ending April 4 2020. Accessed from: https://www.cdc.gov/coronavirus/2019-ncov/covid-data/covidview/index.html on April 14 2020



Characterization of Clinical Severity

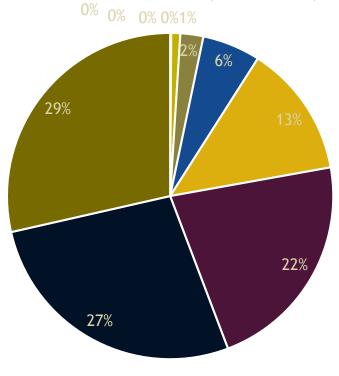


Wu Z, McGoogan JM. Characteristics of and Important Lessons From the Coronavirus Disease 2019 (COVID-19) Outbreak in China: Summary of a Report of 72314 Cases From the Chinese Center for Disease Control and Prevention. *Jama*. 2020.

Dong Y, Mo X, Hu Y, et al. Epidemiological Characteristics of 2143 Pediatric Patients With 2019 Coronavirus Disease in China. *Pediatrics*. 2020.



Deaths involving coronavirus disease 2019 (COVID-19 reported to the National Center for Health Statistics by age group, United States Week ending 2/1/2020 to 4/11/2020 (N=8,259)



- Under 1 year
- 1-4 years
- 5-14 years
- 15-24 years

- **25-34 years**
- 35-44 years
- 45-54 years
- **55-64** years

- 65-74 years
- 75-84 years
- 85 years and over



It's More Than the Curve



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Risk Factors

- >65 years of age
- Resident of a nursing home or long-term care facility
- Persons with underlying medical conditions, particularly if not well controlled, including:
 - Chronic lung disease or moderate to severe asthma
 - Serious heart conditions
 - Immunocompromised
 - BMI >= 40
 - Diabetes
 - Chronic kidney disease undergoing dialysis
 - Liver disease

CDC. 2020. Information for Healthcare Professionals: COVID-19 and Underlying Conditions. Accessed on April 14 2020 from: https://www.cdc.gov/coronavirus/2019-ncov/hcp/underlying-conditions.html



Risk factors associated with in-hospital death among 191 cases with confirmed COVID-19; Wuhan, China

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Zhou F et al. 2020. Clinical course and risk factors for mortality of adult inpatients with COVID-19 in Wuhan, China: a retrospective cohort study. The Lancet Volume 395 Issue 10229 Pages 1054-1062



Learning from Clusters



Long Term Care Facility Clusters

 Insight into asymptomatic presentation, attack rates, PPV, timing of transmission

Facility A; King County, WA

101/118 (86%) residents tested positive with the majority reporting symptoms Hospitalization Rate for Residents: 54.5% Case Fatality Rate for Residents: 33.7%

McMicheal et al. 2020. Epidemiology of Covid-19 in a Long-Term Care Facility in King County, Washington. NEJM.

Facility B; King County, WA

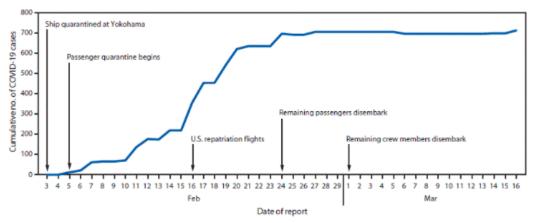
- 30% prevalence of SARS-CoV-2 within 16 days of introduction into Facility
- "Among 23 (30%) residents with positive test results, 10 (43%) had symptoms on the date of testing, and 13 (57%) were asymptomatic. Seven days after testing, 10 of these 13 previously asymptomatic residents had developed symptoms" Kimball et al 2020

Kimball A, Hatfield KM, Arons M, et al. Asymptomatic and Presymptomatic SARS-CoV-2 Infections in Residents of a Long-Term Care Skilled Nursing Facility — King County, Washington, March 2020. MMWR Morb Mortal Wkly Rep 2020;69:377–381. DOI: http://dx.doi.org/10.15585/mmwr.mm6913e1external.icon



Lessons Learned from Cruise Ship Investigation

FIGURE 1. Cumulative number of confirmed coronavirus disease 2019 (COVID-19) cases* by date of detection — Diamond Princess cruise ship, Yokohama, Japan, February 3-March 16, 2020



Source: World Health Organization (WHO) coronavirus disease (COVID-2019) situation reports. https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports/ https://www.who.int/emergencies/novel-coronavirus-2019/situation-reports/ https://www.who.int/emergencies/novel-coronavirus-2019/situation-reports/ https://www.who.int/emergencies/novel-coronavirus-2019/situation-reports/ https://www.who.int/emergencies/novel-coronavirus-2019/situation-reports/ <a href="https://www.who.int/emergencies/nov

* Decline in cumulative number of cases on February 13 and February 25 due to correction by WHO for cases that had been counted twice.

Cruise Ship N=3,711 19.2% positive for SARS-CoV-2 Clinical Status

Number of Patients (%)
N=712

Asymptomatic

331 (46.5%)

Symptomatic

381 (53.5%)

Intensive Care
Fatal

37 (9.7%)
8 (2.1%)

Moriarty LF, Plucinski MM, Marston BJ, et al. Public Health Responses to COVID-19 Outbreaks on Cruise Ships — Worldwide, February-March 2020. MMWR Morb Mortal Wkly Rep 2020;69:347-352. DOI: http://dx.doi.org/10.15585/mmwr.mm6912e3external.icon



Epidemiological Studies Provide Needed Evidence for Disease Control

Types of Evidence Needed for Controlling an Epidemic.			
Evidence Needed	Study Type		
No. of cases, including milder ones	Syndromic surveillance plus targeted viral testing		
Risk factors and timing of transmission	Household studies		
Severity and attack rate	Community studies		
Severity "pyramid"	Integration of multiple sources and data types		
Risk factors for infection and severe outcomes, including death	Case-control studies		
Infectiousness timing and intensity	Viral shedding studies		

Natural History of Disease → Registries
Treatment/Vaccine Effectiveness and Safety → Real World Evidence

Lipsitch M, Swerdlow D, Finelli L. 2020. Defining the Epidemiology of Covid-19 — Studies Needed. N Engl J Med 2020; 382:1194-1196.



It's More Than the Curve: Concluding Remarks

ami.patel@jefferson.edu





Spread the Science, *NOT* the Virus Series

Next Week: Impact on our Healthcare System Drew Harris, DPM, MPH

4/22/20 4-5pm

Register <u>here</u> or at:

https://www.jefferson.edu/university/population-health/degrees-programs/public-health/seminar-series-covid19-spread-the-science.html

Weekly Webinar recordings can be found at Jefferson Digital Commons:

https://jdc.jefferson.edu/phsscovid-19/

Look out for more info via email!

