To Those Who Don The White Coat

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Don't lose your idealism
At least, don't let it be snatched
If at all it seems at some point that you have to lose it, drag the process along
Let it be slow, cling on to what you believe in
Your road will be tough
You may not be able to "attain" certain things, but you will certainly achieve
Remember that your coat stands for
Responsibility
Hard work
Display of warmth and affection
Patience
Putting others before your own self
Believing that holding a person's hand is the most important thing in the world when they are scared
Hoping even when there is no hope
And at times, not speaking the bare "truth" without lying
Continuing to believe that one person can make a difference in this world
A small difference may be, albeit a difference
But above all, remind yourself that your white coat stands for privilege
Yes, the privilege to study the art and science of medicine, and to use it everyday
It is a privilege to know the privileged information of fellow human beings
Respect that privilege
And then, and only then, will the "white coat" respect you!