
2023

Honickman Center to Include Employee Wellness Space

Follow this and additional works at: <https://jdc.jefferson.edu/jss>

[Let us know how access to this document benefits you](#)

Recommended Citation

(2023) "Honickman Center to Include Employee Wellness Space," *Jefferson Surgical Solutions*: Vol. 19: Iss. 1, Article 7.

Available at: <https://jdc.jefferson.edu/jss/vol19/iss1/7>

This Article is brought to you for free and open access by the Jefferson Digital Commons. The Jefferson Digital Commons is a service of Thomas Jefferson University's [Center for Teaching and Learning \(CTL\)](#). The Commons is a showcase for Jefferson books and journals, peer-reviewed scholarly publications, unique historical collections from the University archives, and teaching tools. The Jefferson Digital Commons allows researchers and interested readers anywhere in the world to learn about and keep up to date with Jefferson scholarship. This article has been accepted for inclusion in *Jefferson Surgical Solutions* by an authorized administrator of the Jefferson Digital Commons. For more information, please contact: JeffersonDigitalCommons@jefferson.edu.

Honickman Center to Include Employee Wellness Space

Jefferson's Honickman Center is being built to create an exceptional patient experience that combines comfortable, healing spaces with the convenience of many care services in a single location. In addition to supporting patients' health and well-being, the building will offer an abundance of resources to support employee wellness.

"The COVID-19 pandemic revealed just how difficult it can be to work in healthcare," explains Catriona McDonald Harrop, MD, Senior Vice President of Jefferson Medical Group and Clinical Associate Professor of Medicine. "The pandemic also compounded longstanding challenges related to stress and burnout among care teams."

Alongside growing emphasis on more holistic healthcare for patients, Jefferson is investing in resources to provide whole-person support to physicians, nurses and other clinical staff. As Dr. Harrop explains, "Jefferson has gradually expanded

our framework to support our people's health and wellbeing. We're using two evidence-based models – the Substance Abuse and Mental Health Services Administration's eight dimensions of wellness, which we call 'Holistic Health,' and Stanford University's three-domain model of professional fulfillment."

Earlier this year, Jefferson introduced the Jefferson Wellbeing Council to guide implementation of these practices. This council has created a standard of wellbeing for all Jefferson employees across the enterprise. To support that standard, the sixth floor of the Honickman Center is being designated as the Staff Support floor.

The Staff Support floor will feature an Employee Wellness Center – more than 1,000 square feet of workout equipment and yoga zones with beautiful views of the city below. There will also be lounges, a lactation room, offices and conference rooms.

"These spaces will all be reserved for Jefferson care teams and employees to help them relax, unwind and reconnect," says Dr. Harrop.

The Employee Wellness Center is being built with generous support from Dr. Harrop, Drs. Charles and Theresa Yeo, and other department chairs within Jefferson Health. The Office of Institutional Advancement invites Jefferson leaders, clinicians and patients to make a gift – or name a space in the gym – to send a powerful message of support to Jefferson's care teams.

Use the QR code to explore opportunities to express your gratitude and support.



Surgical Solutions

Jefferson Department of Surgery
620 Curtis Building
1015 Walnut Street
Philadelphia, PA 19107
[JeffersonHealth.org/Surgery](https://www.jeffersonhealth.org/Surgery)

Jefferson Surgical Solutions

is published by
Thomas Jefferson University and
Thomas Jefferson University Hospital.
Jennifer Brumbaugh, MA, Editor-in-Chief
Susan Murphy, Writer

Information in Surgical Solutions
is not intended to provide advice
on personal medical matters
or to substitute for consultation
with a physician.

Editorial Board

Kelly Austin
Andrea DeMastro
Amanda Malinchak
Florence Williams
Charles J. Yeo, MD

CS 24-0120

620 Curtis Building
1015 Walnut Street
Philadelphia, PA 19107

Non Profit Org.
US Postage
PAID
Phila., PA
Permit #276

News in Brief



Scott W. Cowan, MD, has been promoted to Professor. Dr. Cowan is also the Enterprise Medical Director of Risk Management for Jefferson Health.



Hien Dang, PhD, was awarded a National Institutes of Health R01 grant supporting "Deciphering the role of NELFE in modulating MYC signaling in hepatocellular carcinoma." Dr. Dang is one of 11 scientists selected for the inaugural cohort of Cancer Moonshot Scholars, President Biden's program to support outstanding early-career researchers.



Aditi Jain, PhD, has been promoted to Research Assistant Professor. She was recently awarded a National Institutes of Health (NIH) Investigator-Initiated Small Research Grant (R03)

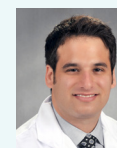
entitled "Elucidating the relevance of BARD1-PLK1 interaction in Pancreatic Ductal Adenocarcinoma (PDAC) and response to therapy."



Melissa A. Lazar, MD, has been promoted to Associate Professor. She specializes in breast surgery and cares for patients at Jefferson Methodist Hospital and Thomas Jefferson University Hospital.



Olugbenga T. Okusanya, MD, has been promoted to Associate Professor. Dr. Okusanya was also recently name the inaugural Vice Chair for Inclusion, Diversity and Equity in the Department of Surgery. He specializes in thoracic surgery and cares for patients at Jefferson Einstein Hospital, Jefferson Methodist Hospital, and Thomas Jefferson University Hospital.



Matthew M. Rosen, MD, has been promoted to Clinical Assistant Professor. Dr. Rosen specializes in acute care, trauma, and general surgery. He cares for ICU patients at Thomas Jefferson University Hospital (TJUH) and patients at Paoli Hospital's Level II Trauma Center (staffed by TJUH trauma surgeons).



Vakhtang Tchantchaleishvili, MD, has been promoted to Associate Professor. He specializes in cardiac surgery and cares for patients at Thomas Jefferson University Hospital.

For more news about the Department follow us on social media. [f JeffersonSurgery](https://www.facebook.com/JeffersonSurgery) [@JeffSurgery](https://twitter.com/JeffSurgery)