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# Communication

## Transforming Growth Factor- $\beta$ Stimulation of Lung Fibroblast Prostaglandin E<sub>2</sub> Production\*

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Transforming growth factor- $\beta$  (TGF $\beta$ ) stimulated the production of total protein, collagen, and fibronectin by normal human lung fibroblasts. The stimulatory response was maximal at 100 pm TGF $\beta$  and reversed toward control at higher concentrations. Inhibition of fibroblast prostaglandin (PG) synthesis enhanced TGF $\beta$ -induced stimulation of total protein, collagen, and fibronectin production and reversed the negative slope of the dose-response curve at high concentrations of TGF $\beta$ . Determination of the steady-state levels of Types I and III procollagens and fibronectin mRNAs employing specific cDNA probes demonstrated that inhibition of fibroblast PG production increased the stimulatory effect of TGF $\beta$  on the levels of these transcripts. Exogenous PGE<sub>2</sub> abrogated the stimulatory effects of TGF $\beta$ . These findings suggest that fibroblast stimulation by TGF $\beta$  may be down-regulated by endogenous PG synthesized in response to TGF $\beta$ . This notion was supported by the demonstration that  $TGF\beta$  markedly stimulated fibroblast PGE<sub>2</sub> production. These results indicate that  $TGF\beta$ -induced stimulation of fibroblast PGE<sub>2</sub> production may be an autoregulatory control mechanism to limit the effects of  $TGF\beta$ on connective tissue protein synthesis.

The extracellular matrix of connective tissue consists of complex and highly organized macromolecules, including collagen and fibronectin. Synthesis of connective tissue components is necessary for maintenance of the structural and functional integrity of most parenchymal organs as well as for a variety of dynamic events such as wound healing, repair, and development. The net accumulation of extracellular matrix is dependent on a precise balance between the synthesis and the degradation of connective tissue components. Excessive deposition of collagen and fibronectin is characteristic of pathological states of fibrosis, including scleroderma and pulmonary fibrosis (1, 2). Fibroblast connective tissue production must, therefore, be self-limited in order to prevent abnormal fibrogenesis. Thus, these cells must be responsive to both stimulatory and inhibitory influences. The frequent observation of a proximity of fibroblasts and chronic inflammatory cells in areas undergoing active fibrogenesis has suggested that cytokines may play an important role in modulation of fibroblast functions (3, 4).

Transforming growth factor- $\beta$  (TGF $\beta$ ),<sup>1</sup> a polypeptide produced by neoplastic and normal cells including macrophages and lymphocytes (5), has been shown to stimulate fibroblast protein, collagen, and fibronectin production in vitro (6-8) and to accelerate wound healing and angiogenesis in experimental animals in vivo (9, 10). Fibroblasts cultured in the presence of TGF $\beta$  display an increase in the steady-state levels of fibronectin and Types I and III procollagen mRNAs (11-13), which remain elevated even after removal of TGF $\beta$ from the culture medium (12). It therefore appears that  $TGF\beta$ can stimulate and perpetuate augmented connective tissue biosynthesis and may, thus, play a major role in the development of fibrosis. On the other hand, fibroblast collagen and fibronectin production is inhibited by prostaglandins (PG) (14, 15), suggesting that endogenous PG production by fibroblasts may participate in the autocrine modulation of  $TGF\beta$ effects. To examine experimentally this hypothesis, we investigated the effect of TGF $\beta$  on lung fibroblast PGE<sub>2</sub> production and the influence of endogenous and exogenous PGE<sub>2</sub> on TGF $\beta$ -stimulated total protein, collagen, and fibronectin synthesis by these cells. We found that  $TGF\beta$  markedly stimulated the production of  $PGE_2$  by the fibroblasts and that the stimulatory effects of TGF $\beta$  on connective tissue production were further enhanced by inhibition of endogenous PGE<sub>2</sub> synthesis. Measurement of the steady-state levels of Types I and III procollagen and fibronectin mRNAs showed that inhibition of fibroblast prostaglandin production resulted in augmentation of the stimulatory effect of TGF $\beta$  on the levels of these transcripts. Endogenous and exogenous PGE<sub>2</sub> abrogated the stimulatory effects of TGF $\beta$  on collagen and fibronectin production. Our results indicate that under normal circumstances, endogenous PGE<sub>2</sub> may play an important role in limiting or terminating the stimulation of fibroblast connective tissue synthesis induced by  $TGF\beta$ .

#### MATERIALS AND METHODS

Fibroblast Culture and Labeling Conditions-Human lung fibroblast cell lines were established using explant techniques from histologically normal areas of lungs surgically resected for diagnostic reasons. Early passage cells were seeded at a density of  $5 \times 10^4$  cells/ well in 24-well flat-bottom plates and cultured in Eagle's minimal essential medium supplemented with 10% fetal calf serum and 1% vitamins, and incubated at 37 °C in 5% CO2. After the cultures reached confluency, the media were removed and fresh media containing 1% fetal calf serum, ascorbic acid (50  $\mu$ g/ml), and various concentrations of  $PGE_2$  (Sigma) and human  $TGF\beta$  (Collaborative Research Inc., Bedford, MA) were added to the wells. Appropriate cultures were preincubated for 30 min with indomethacin  $(1 \mu g/ml)$ . After 5 h,  $\beta$ -aminopropionitrile (100  $\mu$ g/ml) and 1.5  $\mu$ Ci/ml [U-<sup>14</sup>C] proline were added and the incubation continued for 24 h. In some experiments, the factors were added every 24 h for 3 days and the cultures were labeled for the last 20 h of incubation. At the end of the experiments, the media were harvested and added to a solution containing a mixture of protease inhibitors to yield the following concentrations: 5 mM EDTA, 0.2 M phenylmethylsulfonyl fluoride, 5 mM N-ethylmaleimide, 1 mM p-aminobenzamidine hydrochloride. Cell monolayers were washed twice with a cold solution of 0.15 M

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<sup>&</sup>lt;sup>1</sup> The abbreviations used are: TGF $\beta$ , transforming growth factor- $\beta$ ; ELISA, enzyme-linked immunosorbent assay.

NaCl, 50 mM Tris-HCl, and protease inhibitors, and the cells were detached mechanically and then sonicated in the same buffer. Control cultures were handled exactly as described above, except that the culture media did not contain  $TGF\beta$  or  $PGE_2$ . All experiments were performed in triplicate.

Analysis of Labeled Proteins and  $PGE_2$  Assay—Aliquots of media and cell layers were exhaustively dialyzed to remove unincorporated radioactive precursors. Total incorporation of [U-<sup>14</sup>C]proline into macromolecules was measured in a scintillation spectrophotometer. The amount of radioactive collagen synthesized by the fibroblasts was determined by a bacterial collagenase assay (16) and the relative proportion of collagen calculated following the formula of Breul *et al.* (17). The labeled proteins in the media and cell layers were analyzed by electrophoresis on SDS-polyacrylamide slab gels (7%) under reducing conditions. After electrophoresis, the gels were processed for fluorography, and the relative proportion of radioactivity in each band was determined by densitometric scanning (540 nm). In addition, newly synthesized fibronectin was quantified by immunoprecipitation with a specific anti-human fibronectin antibody (Bethesda Research Laboratories) as described previously (18).

 $PGE_2$  production by control and treated fibroblast cultures was determined by a specific ELISA assay of the undialyzed media (19) of confluent fibroblast cultures incubated with TGF $\beta$  for 24 h as described.

Isolation and Analysis of Total RNA from the Lung Fibroblasts-Lung fibroblasts were cultured in T-75 flasks in the presence or absence of 500 pm TGF $\beta$  and indomethacin as described above. At the end of the incubation period the cell layers were washed in Hanks solution and harvested in 4 M guanidinium isothiocyanate, and total RNA was isolated in a CsCl<sub>2</sub> discontinuous gradient as described by Maniatis et al. (20). For Northern blot analysis, aliquots of 10  $\mu$ g of total RNA were denatured in formaldehyde, electrophoresed in 0.8% agarose gels, and then transferred to nitrocellulose filters. Human cDNA clones Hf677 specific for  $\alpha 1(I)$  procollagen (21), S318 specific for  $\alpha 1(III)$  procollagen (a gift from Dr. Leena Ala-Kokko, Jefferson Institute of Molecular Medicine, Philadelphia, PA), and pFH1 specific for fibronectin (22) were nick-translated with  $[\alpha^{-32}P]dATP$  to a specific activity of 2.1 to  $7.2 \times 10^{-8} \text{ dpm}/\mu \text{g}$  as described by Rigby et al. (23). The filters were hybridized for 24 h in a 50% formamide solution. Autoradiographs were scanned with a densitometer. For quantitative estimation of specific mRNA levels hybridized to each cDNA clone the integrated areas were corrected for total RNA and DNA using the following equation: specific mRNA = integrated area of RNA hybridized/ $\mu g$  of RNA electrophoresed × total RNA/total DNA as described (24). The amount of DNA was quantified by a fluorimetric method (25).

#### RESULTS

Effect of Inhibition of Fibroblast PGE<sub>2</sub> Synthesis on the Stimulation of Collagen and Fibronectin Production by  $TGF\beta$ —Treatment of lung fibroblasts with TGF $\beta$  up to a concentration of 250 pM resulted in stimulation of total protein, collagen and fibronectin production. At higher  $TGF\beta$ concentrations, however, the amount of newly synthesized macromolecules declined toward control values (Table I, Fig. 1, A and B). To investigate the mechanisms responsible for this decline, we examined the effects of inhibition of endogenous lung fibroblast PG production by indomethacin. The rationale to perform these experiments was the well known inhibitory effect of PGE<sub>2</sub> on fibroblast connective tissue biosynthesis (14, 15). The addition of TGF $\beta$  to cultures pretreated with indomethacin resulted in progressive and quantitatively higher stimulation of fibroblast total protein, collagen, and fibronectin production by TGF $\beta$  concentrations of up to 500 pm (Table I, Fig. 1, A and B). These effects on fibronectin production were confirmed by immunoprecipitation (data not shown).

To examine if this finding was reproducible, we evaluated the response of four separate lung fibroblast cell lines to TGF $\beta$  (500 pM) in the presence and absence of indomethacin (data not shown). TGF $\beta$  in the absence of indomethacin caused stimulation of the production of total protein, collagen, and fibronectin by three cell lines whereas a fourth cell line showed a moderate decrease in collagen but an increase in fibronectin production. Pretreatment of cultures with indomethacin enhanced TGF $\beta$  effects in the three stimulated cell lines and reversed the decrease in the fourth with a net stimulatory effect.

Effect of TGF $\beta$  on PGE<sub>2</sub> Production by the Fibroblasts— The finding of a negative slope on the dose-response curve of lung fibroblasts stimulated with high concentrations of  $TGF\beta$ in the absence of indomethacin suggested that  $TGF\beta$  at these concentrations might induce an endogenous inhibitor of collagen and fibronectin production by these cells. The restoration of a stimulatory response to  $TGF\beta$  by preincubating the cultures with indomethacin indicated that this inducible endogenous inhibitor might be a cyclooxygenase product. To confirm this possibility directly, the amount of  $PGE_2$  in the media of control and TGF $\beta$ -treated cultures was measured by an ELISA. The addition of TGF $\beta$  to the cultures caused a dose-dependent stimulation in the synthesis of PGE<sub>2</sub>. Although a 4-fold increase in the production of PGE<sub>2</sub> was noted at low doses of  $TGF\beta$ , dramatic stimulation was apparent when TGF $\beta$  concentration exceeded 100 pM (Fig. 1C). In a separate experiment, we tested if the TGF $\beta$  effect on PGE<sub>2</sub> production was saturable and compared  $PGE_2$  production by cultures exposed to 500 and 1000 pM TGF $\beta$ . We found that TGF $\beta$  at a concentration of 1000 pM did not cause further stimulation ( $62 \pm 1.3$  versus  $64 \pm 1.8$  ng/ml).

Effect of Exogenous PGE<sub>2</sub> on Collagen and Fibronectin Production by  $TGF\beta$ -treated Fibroblasts—To confirm that the diminished response to  $TGF\beta$  by lung fibroblasts cultured in the absence of indomethacin was a consequence of endogenous PG synthesis induced by TGF $\beta$ , the effect of exogenous PGE<sub>2</sub> on collagen and fibronectin synthesis by cultures treated with TGF $\beta$  was examined. In these experiments endogenous fibroblast PG production was blocked by preincubation with indomethacin. As shown in Table II, the addition of increasing concentrations of PGE<sub>2</sub> to the cultures exposed to TGF $\beta$  plus indomethacin caused a reversal of TGF $\beta$  effects. At a concentration of 100 ng/ml of PGE<sub>2</sub>, the TGF $\beta$ -induced stimulation of collagen and fibronectin production was almost completely abrogated. The amount of PGE<sub>2</sub> added to the cultures (10-100 ng/ml) was in the range of that produced by the TGF $\beta$ treated fibroblasts.

Effects of TGF $\beta$  on Procollagen and Fibronectin mRNA Levels in the Presence and Absence of Indomethacin—In order to investigate the mechanism of augmentation of TGF $\beta$  effects on fibroblast collagen and fibronectin synthesis by cyclooxygenase inhibition, the steady-state mRNA levels for  $\alpha 1(I)$  and  $\alpha 1(III)$  procollagens and fibronectin were examined by Northern blot hybridization using specific cDNA probes for these transcripts (Fig. 2). The autoradiographs of the Northern blots were quantified by densitometric analysis (Table III). The results indicate that TGF $\beta$  caused a 3-fold increase in the amount of Type I and Type III procollagen mRNAs and a 5-fold increase in fibronectin mRNA. When endogenous PG synthesis was inhibited by the addition of indomethacin to the cultures, TGF $\beta$  caused a further increase in the levels of these mRNAs.

#### DISCUSSION

In these experiments we found that  $TGF\beta$  induced a reproducible stimulation of the production of total protein, collagen, and fibronectin by several cultured human lung fibroblast cell lines. Blockade of endogenous PG synthesis with indomethacin potentiated the stimulatory effect of  $TGF\beta$  on the production of these proteins. These findings suggested that PG may function to down-modulate the effects of  $TGF\beta$  on

#### TABLE I

#### Effects of indomethacin on $TGF\beta$ -induced stimulation of total protein,

collagen, and fibronectin synthesis by lung fibroblasts

Confluent human lung fibroblasts were incubated for 24 h with control medium or with media containing different concentrations of TGF $\beta$  with or without indomethacin (1 µg/ml) and labeled with [U-<sup>14</sup>C]proline. The amount of newly synthesized total protein, collagen, and fibronectin in the media and cell layers was determined as described under "Materials and Methods." Values represent the average from triplicate experiments which varied less than 10% from each other. The numbers in parentheses show the percentage relative to control values.

	Total protein		Collagen		Fibronectin	
	Indomethacin	Indomethacin +	Indomethacin	Indomethacin +	Indomethacin	Indomethacin +
	$cpm  imes 10^{-3}$		$cpm  imes 10^{-3}$		$cpm  imes 10^{-3}$	
Control $TGF\beta$	36.9	41.7	6.7	7.0	5.6	6.4
10 pM	35.4 (95)	48.6 (116)	8.0 (119)	11.6 (165)	8.1 (144)	10.0 (156)
50 pM	43.0 (116)	60.9 (146)	12.0 (179)	15.6 (222)	11.2 (200)	
100 рм	59.2 (160)	68.7 (164)	13.5 (201)	16.0 (228)	11.9 (212)	17.6 (275)
250 рм	56.5 (153)	72.4 (173)	13.9 (207)	19.0 (271)	14.1 (251)	19.2 (300)
500 рм	48.1 (130)	79.2 (190)	11.3 (168)	19.7 (281)	9.7 (173)	21.5 (336)



FIG. 1. Effects of indomethacin on TGF $\beta$  stimulation of collagen, fibronectin, and PGE<sub>2</sub> production by lung fibroblast cultures. Confluent human lung fibroblasts were incubated with varying concentrations of TGF $\beta$  in the presence or absence of indomethacin (1 µg/ml) for 24 h and labeled with [U-<sup>14</sup>C]proline as described under "Materials and Methods." The amounts of radioactivity in newly synthesized collagen were determined by a specific bacterial collagenase assay (16) and those in fibronectin by densitometric analysis of fluorographs. The levels of PGE<sub>2</sub> in the media were measured by an ELISA (19). A, newly synthesized collagen; B, newly synthesized fibronectin; C, PGE<sub>2</sub> levels.  $\bigcirc$ , cultures incubated in the presence of indomethacin;  $\Box$ , cultures incubated in the absence of indomethacin.

collagen and fibronectin production. When higher concentrations of TGF $\beta$  (250 and 500 pM) were used, the dose-response curve of the production of these proteins displayed a downward slope. Furthermore, the potentiation of this TGF $\beta$  effect by indomethacin was much more pronounced at high TGF $\beta$ concentrations. These findings suggested that the higher concentrations of TGF $\beta$  resulted in the production of an endog-

TABLE II

#### Effect of the addition of exogenous $PGE_2$ on total protein, collagen, and fibronectin production by $TGF\beta$ - or $TGF\beta$ plus indomethacin (IND)-treated cultures

Confluent human lung fibroblasts were incubated in triplicate for 24 h with control medium or with media containing 500 pM TGF $\beta$ , 1  $\mu$ g/ml indomethacin, and either 10 or 100 ng/ml PGE<sub>2</sub>. Following labeling with [U-<sup>14</sup>C]proline, the media and cell layers were processed as described under "Materials and Methods."

	Total protein	Collagen	Fibronectin
	$cpm \times 10^{-3}$	$cpm \times 10^{-3}$	$cpm \times 10^{-3}$
Control	36.9	6.7	5.6
IND	41.7	7.0	6.4
$\mathrm{TGF}\beta$	48.1	11.3	9.7
$TGF\beta + IND$	79.2	19.7	21.5
$TGF\beta + IND +$	47.5	10.5	8.1
$10 \text{ ng/ml } PGE_2$			
$TGF\beta + IND +$	40.9	9.8	6.2
$100 \text{ ng/ml } PGE_2$			



FIG. 2. Northern blot hybridization analysis of steady-state mRNA levels for  $\alpha 1$  (I) and  $\alpha 1$  (III) procollagens and fibronectin in fibroblasts treated with TGF $\beta$  and indomethacin. Confluent human lung fibroblasts were incubated for 24 h in Eagle's minimal essential medium/1% FCS alone (lane 1) or with 1 µg/ml indomethacin (lane 2), 500 pM TGF $\beta$  (lane 3), or 500 pM TGF $\beta$  plus 1 µg/ml indomethacin (lane 4). Total RNA was extracted from each culture as described under "Materials and Methods," and after denaturation, samples containing 10 µg of RNA were electrophoresed in each lane of 0.8% agarose gels and transferred to nitrocellulose filters. The filters were hybridized to radiolabeled human cDNA probes specific for pro- $\alpha 1$ (I) collagen (Hf677), pro- $\alpha 1$ (III) collagen (S318), and fibronectin (pFH1).

#### TABLE III

Densitometric analysis of total RNA from TGF $\beta$ - and indomethacin (IND)-treated lung fibroblasts hybridized to procollagen  $\alpha 1(I)$ , procollagen  $\alpha 1(III)$ , and fibronectin cDNA clones

Northern blot autoradiographs shown in Fig. 2 were scanned with a densitometer and the areas quantified employing a planimeter. The values of integrated areas were corrected for the total yield of RNA and DNA according to the equation: specific mRNA = integrated area of RNA hybridized/ $\mu g$  of RNA electrophoresed × total RNA/ total DNA and are expressed as a -fold increase relative to control.

	$Pro-\alpha 1(I)$	$Pro-\alpha 1(III)$	Fibronectin
Control	1.00	1.00	1.00
IND	1.00	1.39	1.03
TGF <i>B</i>	3.71	3.85	5.64
$TGF\beta + IND$	5.77	5.38	6.60

enous inhibitory factor which reversed the stimulatory effect of TGF $\beta$  on collagen and fibronectin production. This inhibitory activity was completely abolished by pretreatment of cultures with indomethacin. The addition of exogenous  $PGE_2$ in the range of concentrations produced by the fibroblasts abrogated the TGF $\beta$  stimulation of collagen and fibronectin production. Furthermore, the measurement of PGE<sub>2</sub> levels in the media of cultures treated with  $TGF\beta$  showed a dosedependent increase in fibroblast PG production. These observations suggest that the marked elevation in PGE<sub>2</sub> levels induced by high concentrations of TGF $\beta$  was responsible for the negative portion of the TGF $\beta$  dose-response curve of collagen and fibronectin production. In addition, our observation that in some cell lines pretreatment with indomethacin permitted the expression of the stimulatory effect of  $TGF\beta$ on collagen synthesis implicated TGF $\beta$ -induced endogenous prostaglandin production as a possible explanation for the variable response to  $TGF\beta$  occasionally noted by us and others (11, 12).

The levels of mRNAs for  $\alpha 1(I)$  and  $\alpha 1(II)$  procollagens and for fibronectin were increased in TGF $\beta$ -treated lung fibroblasts. The TGF $\beta$ -induced elevation of the levels of these transcripts was increased further when endogenous PG production was inhibited by indomethacin. These findings provide evidence that the down-regulation of collagen and fibronectin production in TGF $\beta$ -treated fibroblasts by endogenous PGE occurs largely at a pretranslational level.

Our results suggest that the stimulation of endogenous fibroblast PGE<sub>2</sub> production by TGF $\beta$  may serve as a negative feedback mechanism to limit the increase in extracellular matrix protein production induced by this cytokine. Similar autocrine modulation of collagen biosynthesis mediated by endogenous PG has been demonstrated in fibroblasts stimulated with bradykinin (26) and interleukin 1 (27). The observations described in this paper raise the possibility that endogenous fibroblast PG may play a role in limiting the stimulation of extracellular matrix proteins deposition induced by TGF $\beta$  in vivo. A derangement in this autocrine regulatory mechanism could contribute to the initiation or progression of pathological states characterized by fibrosis. Acknowledgments—We gratefully acknowledge the assistance of Dr. Daniel G. Baker for performing the prostaglandin assays and the expert assistance of Esther Lobb and Meredith Billman in the preparation of the manuscript.

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