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Sternal wound infection caused by *Mycobacterium chelonae*. A case report and review of literature.

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Short running Title: Mediastinitis caused by *Mycobacterium chelonae*

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Abstract

Introduction: Sternal wound infection caused by *Mycobacterium chelonae*, a member of rapidly growing non-tuberculous mycobacteria, is rare and may present without signs and symptoms of systemic infection.

Methods: We present a patient who had a *Mycobacterium chelonae* infection of the sternum following excision of a left atrial myxoma and conducted a review of the literature from 1976 to 2013.

Results: 70 cases of NTM sternal wound infection after cardiac surgery was identified, including 6 outbreaks and 10 sporadic cases including the present case. 34 cases were isolated coronary artery bypass grafting surgery (CABG), 16 cases were isolated valve replacement and 2 cases were valve replacement with CABG. The age range of the patients was between 6 and 78 years. The average time from the surgery was 49 ± 58 days which was longer than usual bacterial mediastinitis. The overall mortality rate was 29%.

Conclusion: NTM sternal wound infection is rare but may be fatal if not properly treated. The toxic signs are often subtle and it will take longer to isolate compared to typical bacterial mediastinitis. Early recognition, the use of appropriate antibiotics based on susceptibility tests and aggressive surgical debridement is required for full recovery. **(Word count of abstract: 197)**

Key words: cardiac surgery, mediastinitis, mycobacterium, surgical site infection, acid fast bacilli

Introduction

Sternal wound infection has remained one of the most devastating complications of cardiac surgery with its incidence of 1-3%.¹ The most common organisms are Staphylococci group and gram-negative bacilli.¹ Therefore, standard prophylactic antibiotics are cephalosporins.^{2,3} However, most non-tuberculous mycobacteria (NTM) are not sensitive to cephalosporins.⁴ We report a case of *Mycobacterium chelonae* infection of the sternum following excision of a left atrial myxoma in a 60-year-old man. This case report illustrates the unique clinical presentation and the treatment for NTM sternal wound infection and would alert clinicians that NTM may be a cause of culture negative sternal wound infection.

Case Report

A 60-year-old male with a past medical history of hypertension, hyperlipidemia and multiple episodes of right lower lobe pneumonia secondary to chronic aspiration was found to have a left atrial myxoma (4 x 2.5cm). He underwent excision of the myxoma, which was complicated by postoperative bleeding and tamponade requiring re-exploration on postoperative day 0. Otherwise, he had an uneventful hospital course and he was discharged to a rehabilitation facility on postoperative day 7. Three months later, on a scheduled office visit, there was serosanguinous drainage from the sternal incision. He denied pain, fever, chill, malaise or fatigue. He was admitted to the hospital with a diagnosis of sternal wound infection. He was afebrile. Physical examination showed mild serosanguinous drainage from the mid-sternal incision without erythema or tenderness. Laboratory data showed white blood cell count (WBC) 7.6 B/L and procalcitonin 0.11 ng/ml. Chest CT (Figure 1) showed a sub-sternal fluid collection with sternal dehiscence. He was scheduled for a wound exploration and drainage in the operating room. Antibiotics were not started until the operative exploration due

to his stable condition. His sternal incision was opened, all the wires were removed, and the wound was closed with a vacuum assisted closing device. The gram stain and acid-fast stain of the drainage and tissue obtained in the operating room showed no organisms. The culture initially showed very light growth of coagulase negative staphylococcus and *propionibacterium acnes*; thus, vancomycin was started. However, 5 days later, the culture turned positive for acid-fast organism. Antibiotic regimens were modified to tobramycin, imipenem, moxifloxacin and clarithromycin, in addition to vancomycin. He underwent a total sternectomy on postoperative day 6 and his chest was closed on postoperative day 12 with a pectoralis major muscle flaps. The specimen was sent to FOCUS Diagnostics (Cypress, CA) for further speciation and susceptibility testing, and the organism was later identified as *Mycobacterium chelonae*. The antibiotics were changed to tigecycline and clarithromycin based on the sensitivity. Tigecycline was continued for 2 weeks. He was discharged on postoperative day 32 on oral clarithromycin, which was continued for 6 months. He is currently being followed as an outpatient without relapse for 1 year.

Discussion

Bacteriology: *Mycobacterium chelonae* is one of the species of rapidly growing NTM (RGM). The most common strains among RGM are *Mycobacterium fortuitum*, *Mycobacterium abscessus* and *Mycobacterium chelonae*.⁵ NTM is ubiquitous in the environment and has been isolated from house dust, raw and pasteurized milk, fish, cattle, soil and various water related sources, including water in hospital tanks as well as scrub sinks in operating room.^{2, 6, 7} They have been isolated from sputum and saliva of healthy adult humans.⁷ Some NTM strains are resistant to the commonly used disinfectants such as organomercurials, chlorine, formaldehyde, and alkaline glutaraldehyde.⁸

Lung infection, post-traumatic wound infection, post surgical wound infection, and

catheter related infection are the common clinical manifestations caused by NTM.⁹ NTM was also reported to be the pathogen of meningitis, peritonitis, salpingitis, prostatitis and epididymitis.⁷ In cardiac surgery, 25 Hancock porcine valves implanted at ten medical centers were contaminated by *M. chelonae* subspecies *chelonae* in 1976-77.^{10, 11} These valves were found to be contaminated during the harvesting process from pigs,¹² and the organism was relatively resistance to 2% formaldehyde which was used for valve sterilization.^{10, 13, 14} Two of the 24 patients (1 patient received 2 valves) developed mycobacterium infection; mycobacterial pericarditis and aortic root abscess.¹⁰ Few cases of isolated native valve endocarditis caused by *M. abscessus* are reported as well.¹⁵⁻¹⁷

To the best of our knowledge, a total of 70 cases of NTM sternal wound infection after cardiac surgery were reported, including 6 outbreaks in the 1970s -1980s and 10 sporadic cases including the present case (Table 1). Interestingly, all of the NTMs that were isolated from sternal wound infections were RGM. *M. fortuitum* was isolated in most cases, followed by *M. abscessus*, and *M. peregrinum*. An isolated case of *M. porcinum* sternal wound infection was reported from Spain, and *M. smegmatis* was submitted to Tyler Mycobacteria / Nocardia laboratory from sternal wound infection that occurred in Texas and California.¹⁸

In 1966, *M. fortuitum* was divided into three subgroups; biotypes A, B and C, based on the differences in acid production from carbohydrates.^{9, 19} In 1974, Pattyn renamed them as *M. fortuitum* biovariant *fortuitum*, *M. fortuitum* biovariant *peregrinum*, and an unnamed third biovariant.^{9, 20} In early 1990s, based on genomic DNA studies, *M. fortuitum* biovariant *fortuitum* and *M. fortuitum* biovariant *peregrinum* were upgraded to species status, *M. fortuitum* and *M. peregrinum* respectively.^{9, 21, 22} Therefore, “*M. fortuitum*” infections reported before 1990s may have not accurately separated the subgroups of *M. fortuitum*. For example, the organism isolated in the second outbreak in Colorado was initially reported as “*M. fortuitum*” but

was later identified as *M. fortuitum* biovariant *fortuitum*.²³

Another RGM, *M. chelonae* was isolated from the lungs of turtles in 1903 by Friedmann²⁴, and the name was changed to the more correct Latin; *M. chelonae* in 1984.²⁵ *M. abscessus* was identified by Moore and Frerichs in 1953 from a knee abscess. In the past, *M. abscessus* and *M. chelonae* were believed to be the same organism because they had almost identical biochemical features. In 1972, Kubica demonstrated that *M. chelonae* and *M. abscessus* were different and needed to be classified as subspecies. These were renamed as *M. chelonae* subspecies *chelonae* and *M. chelonae* subspecies *abscessus*.²⁶ Genomic DNA studies showed that the two subspecies were different species, and once again, they were renamed as *M. chelonae* and *M. abscessus* in early 1990s.^{21, 22} Like in the case of *M. fortuitum*, little effort was made to differentiate the two species in the reports before 1990.⁹ The organism that was isolated in the first outbreak in North Carolina was initially reported to be “*M. chelonae*” but was later identified as *M. chelonae* subspecies *abscessus*.²⁷ To the best of our knowledge, other than our report, sternal wound infections caused by *M. chelonae* (*chelonae*) have been only reported once, by Yew in 1988²⁸, when *M. chelonae* and *M. abscessus* might have not been differentiated.

In most of the reported outbreaks of RGM sternal infection, the source-identification failed despite extensive workup. In 1976, Robicsek reported an outbreak of RGM sternal infections that occurred in 19 of 80 patients who underwent cardiac surgery.²⁹ He cultured materials used in the operating room such as bone wax, gauze, povidone-iodine, needle and wire, surgeon’s hair, nose, throat and hands, but was unsuccessful. In another outbreak, Kuritsky reported that the water for cooling the cardioplegia solution in the operating room was considered to be a source of contamination by *M. chelonae*.³⁰ From an epidemiological point of view, the fact that the reported outbreaks were caused by different strains, some outbreaks had more than one strain, the outbreaks occurred in areas of high endemicity of all forms of NTM infection,

suggests that the outbreaks of NTM infection could be more related to the local environmental source, rather than a contaminated surgical material.³¹

Characteristics of NTM Sternal infection: Among the 70 cases of NTM sternal infections, 34 cases were isolated coronary artery bypass grafting surgery (CABG), 16 cases were isolated valve replacement and 2 cases were valve replacement with CABG. The age range of the patients was between 6 and 78 years. The patients were not necessarily immune-compromised; however, prolonged surgical exposure, the use of cardiopulmonary bypass, prosthetic material, intravenous and intra-arterial catheters for monitoring and infusion may increase the risk of nosocomial infections.³² Almost all patients had an uneventful postoperative course and most of the patients were initially discharged from hospital in a reasonable time period with stable condition.

Sternal wound infections caused by RGM have unique manifestations compared to typical bacterial infections. One of the interesting features of RGM sternal wound infection is the delayed onset, as in our case. Although they are categorized as “rapidly growing” mycobacterium, the growth is slow compared to typical sternal infection organisms, such as Staphylococcus or gram negative bacilli. Chow reported a case whose first symptom started 11 months after the surgery.³³ The average time from the surgery based on the available data was 49 ± 58 days. Whereas, typical bacterial sternal mediastinitis is reported to occur between 4 and 30 days, mostly within the first 2 weeks.³⁴ The patients with RGM sternal infection do not appear to be septic in most cases.²⁹ High fever with elevated WBC is rare in RGM sternal infection, in contrast to typical bacterial mediastinitis which the patients frequently present with fever, elevated WBC count, and a septic picture.^{35, 36} Procalcitonin, a biomarker that increases in bacterial infection³⁷, was only slightly elevated in our case. Sternal drainage is the most common presentation of RGM sternal infection, and in most cases, the drainage was odorless and

watery rather than purulent.²⁷ Presence of satellite abscesses are also characteristic.² The initial aerobic and anaerobic cultures are usually negative, or it may grow normal flora of the skin, such as *staphylococcus epidermidis* or *corynebacterium species*. RGM grows on blood or MacConckey's agar but may take up to 7 days to culture.² The delay of the isolation may cause delay in treatment, since the drug sensitivity is different from typical pathogen of sternal wound infection.⁷

Antibiotics therapy: RGM is usually resistant to the first-line antituberculous drugs such as isoniazid, rifampin, and pyrazinamide.^{5, 38} In the reported outbreaks, antibiotics were selected based on sensitivity tests.^{27, 30} Hoffmann reported the use of kanamycin for 7-10 days, followed by erythromycin and rifampin. Kuritsky reported the use of amikacin and cefoxitin. Yew reported the efficacy of oral single daily dose oxacillin therapy.²⁸ Clarithromycin is currently the drug of choice for *M. chelonae* and *M. abscessus*, because of the excellent tissue penetration, susceptibility and few side effects.³⁵ Combination therapy is recommended to minimize the development of drug resistance.^{35, 39} Recently, linezolid, tigecycline, telithromycin, gatifloxacin are reported to be effective against RGM.^{8, 40} Approximately 50% of *M. abscessus*, 96% of *M. fortuitum* are susceptible to linezolid.⁸ At least 4 to 6 months of antibiotic treatment based on susceptibility test is recommended.⁸ In our case, clarithromycin was continued for 6 months.

For sternal infection caused by *M. chelonae*, one of the injectable agents such as imipenem, tobramycin was recommended in combination with clarithromycin for at least the first 2 weeks.⁹ Tobramycin is preferred to amikacin because of its greater in-vitro activity against *M. chelonae*.⁹ Oral agents such as minocycline and doxycycline are effective against only 20% of *M. chelonae*.⁹ Cefoxitin which is used for *M. abscessus* is uniformly resistant for *M. chelonae*.⁸

For sternal infections caused by *M. abscessus*, amikacin plus cefoxitin or imipenem is used for the first 2 to 6 weeks in combination with clarithromycin, until clinical improvement is

evident.^{8,9} *M. abscessus* is usually resistant against tobramycin.⁴ For the majority of *M. abscessus* and *M. chelonae* isolates, imipenem is the preferred carbapenem over meropenem and ertapenem.⁸

Antibiotic therapy against *M. fortuitum* is much easier than *M. abscessus* or *M. chelonae*, since *M. fortuitum* is less drug resistant. Amikacin, ceftazidime, imipenem, sulfamethoxazole, and fluoroquinolones are recommended.⁹ Amikacin combined with beta-lactam (ceftazidime or imipenem) or a quinolone is used for initial therapy against serious infection. Yew reported the use of ofloxacin as a monotherapy⁴¹, but the development of mutational resistance resulted in treatment failure and relapse.⁹ Therefore, if a quinolone is used, an additional antimicrobial agent should be used. 80% of *M. fortuitum* are susceptible to clarithromycin, but recent studies have shown that all isolates of *M. fortuitum* contain an erythromycin methylase gene *erm*, which may induce macrolide resistance.⁸

Surgical treatment: Surgical debridement in conjunction with appropriate antibiotic therapy is mandatory for complete recovery. Among the 70 reported cases, almost all cases underwent extensive drainage and debridement. All wires should be removed. If the combination of surgical debridement and appropriate antibiotics fails to eliminate the infection, more aggressive approach such as sternectomy combined with a pectoralis flap or omental flap will be required.

Outcomes: The outcome of the RGM sternal infection is not benign: 14 out of 49 cases died giving the overall mortality rate of 29%, although 21 cases did not report the outcome. Of the 14 deaths, 6 cases (75%, 6/8) had valve replacement surgery, 5 cases (19%, 5/26) had CABG, $p=0.003$. The common cause of mortality was prolonged sepsis, prosthetic valve endocarditis, and stroke. Robicsek reported that fatal hemorrhage from the aortotomy suture line and cannulation site, sepsis, prosthetic valve endocarditis resulting in stroke were the cause of 4 deaths in an outbreak in North Carolina.²⁹ Narasimhan reported a case that developed

mediastinitis 5 weeks after aortic valve replacement. In that report, mediastinitis caused sepsis, and subsequently infected the prosthetic valve. Emboli from the vegetation resulted in stroke and death.⁷ Chow reported a case of *M. fortuitum* superficial sternal wound infection that occurred 2 months after aortic and mitral valve replacement. The sternal wound was healed completely after 4 weeks of ofloxacin treatment; however, the patient was readmitted for RGM-aortic root abscess 11 months later from the initial procedure and resulted in mortality.³³ In valve replacement surgery, prosthetic valves may be a nidus of RGM infection and would result in prolonged sepsis and endocarditis. The additional suture lines would be susceptible to mediastinal infection, which will eventually lead to uncontrollable bleeding, causing a high mortality rate in valve replacement surgery, compared to CABG.²⁷ If infection of RGM occurred after valve surgery and if the valve was infected, valve replacement with homograft should be considered.

Conclusion: It is possible that many reported cases of culture negative sternal wound infection may be due to mycobacterial infections, especially if the patient had a delayed onset and failed to response to standard antibiotic therapy. The diagnosis may be difficult, because the toxic signs are often subtle and it will take longer to isolate compared to typical bacteria. Delay of specific treatment may result in dismal outcomes. Early recognition, the use of appropriate antibiotics based on susceptibility tests and aggressive surgical debridement is required for full recovery.

Legends of figures

Figure 1: CT scan showed substernal fluid collection with sternal dehiscence.



Table 1: Characteristics of the sternal infection caused by rapidly growing non-tuberculosis mycobacteria.

Reference	Year	No. of cases (sex)	Age range (median)	Place	Organism	Duration after surgery (median)	Fever	Quality of drainage	WBC (median)	Long-term antibiotics	Outcome
Robicsek	1976	19 (15 male and 4 female)	42-66 (57)	North Carolina, USA	<i>M. chelonae</i> subspecies <i>abscessus</i>	6-40 (14) days	low grade	no odor, more watery than purulent	6.9-29.6 (10.3)	erythromycin and rifampin	5 deaths
Hoffman	1976	5 (3 male and 2 female)	30-70 (54.5)	Colorado, USA	<i>M. fortuitum</i>	6-44 (25) days	NA	thick, whitish, cheesy, brown, or purulent	7.0-18.5 (9.2)	rifampin, ethambutol, and isoniazid (4) ethionamide ethambutol, and isoniazid (1)	all healed
Jauregui	1977	1 (male)	55	Michigan, USA	<i>M. chelonae</i> subspecies <i>abscessus</i>	61 days	38°C	yellowish, white	9.4	erythromycin and vancomycin	death (bleeding from anastomosis)
Szabo	1977	6 (sex unknown)	NA	Hungary	<i>M. chelonae</i> subspecies <i>abscessus</i>	11-45 days	fever (5) no fever (1)	serous, containing yellowish fragment, odorless	normal	NA	3 deaths
Narasimhan	1978	1 (male)	57	Canada (Ontario)	<i>M. fortuitum</i>	5 weeks	38.5°C	NA	4.8	ethinamide, isoniazid, and rifampin	1 death
Preheim (reference Brown-Elliott 2002)	1981	5 (sex unknown)	NA	Nebraska, USA	<i>M. fortuitum</i>	NA	NA	NA	NA	NA	1 death

Kuritsky	1981	4 (all male)	49-76 (62.5)	Texas, USA	<i>M. chelonae</i> subspecies <i>abscessus</i> , <i>M. fortuitum</i> biovariant <i>fortuitum</i>	21-92 (26) days	fever (2), no fever (2)	NA	NA	amikacin and cefotaxime (2) amikacin, cefotaxime and doxycycline (1)	1 death, 3 healed
Sethi	1982	1 (male)	61	North Carolina, USA	<i>M. fortuitum</i>	30 days	37.8°C	serous, odorless	4.4	doxycycline, sulphamethoxazole, and ethionamide	1 healed
Kuhn	1983	1 (male)	56	Indiana	<i>M. fortuitum</i>	28 days	low grade	brown purulent		ciprofloxacin, erythromycin, and amikacin	1 death
Yew	1987 - 1989	21 (13 male and 8 female)	28-70 (58)	Hong Kong	<i>M. fortuitum</i> biovariant <i>fortuitum</i> (7) <i>M. fortuitum</i> biovariant <i>peregrinum</i> (12) <i>M. fortuitum</i> third biovariant complex (2)	0-2 months	NA	NA	NA	NA	NA
Chow	1988	1 (female)	45	Hong Kong	<i>M. fortuitum</i>	11 months	NA	NA	NA	oxacillin	1 death
Samuels	1996	1 (female)	49	PA, USA	<i>M. fortuitum</i>	35 days	low grade	watery	NA	ciprofloxacin, sulfamethoxazole, and clarithromycin	1 healed
Syed	1997	1 (male)	6	Saudi Arabia	<i>M. fortuitum</i>	19 days	38.5°C	yellowish, odorless, thick pus		amikacin, sulfamethoxazole and trimethoprim	1 healed
Idigoras	2003	1 (male)	78	Spain	<i>M. porcinum</i>	6 months	NA	pus	NA	ciprofloxacin	1 healed

Sarma	2010	1 (male)	75	India	<i>M. abscessus</i>	1 month	No	serosanguinous	10.4	azithromycin, amikacin, and ciprofloxacin	1 healed
Unai	2013	1 (male)	60	PA USA	<i>M. chelonae</i>	3 months	No	serosanguinous	7.6	tigecycline, and clarithromycin	1 healed

NA: not available; WBC: white blood cell count (B/L).

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