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## Lewy Body Dementia Association's Research Centers of Excellence Program: Inaugural Meeting Proceedings.

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MEETING REPORT

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# Lewy Body Dementia Association's Research Centers of Excellence Program: Inaugural Meeting Proceedings

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## Abstract

The first Lewy Body Dementia Association (LBDA) Research Centers of Excellence (RCOE) Investigator's meeting was held on December 14, 2017, in New Orleans. The program was established to increase patient access to clinical experts on Lewy body dementia (LBD), which includes dementia with Lewy bodies (DLB) and Parkinson's disease dementia (PDD), and to create a clinical trials-ready network. Four working groups (WG) were created to pursue the LBDA RCOE aims: (1) increase access to high-quality clinical care, (2) increase access to support for people living with LBD and their caregivers, (3) increase knowledge of LBD among medical and allied (or other) professionals, and (4) create infrastructure for a clinical trials-ready network as well as resources to advance the study of new therapeutics.

**Keywords:** Lewy body dementia, Lewy Body Dementia Association, Parkinson's disease dementia

## Introduction

The first Lewy Body Dementia Association (LBDA) Research Centers of Excellence (RCOE) Investigator's meeting was held on December 14, 2017, in New Orleans. The program was established to increase patient access to clinical experts on Lewy body dementia (LBD), which includes dementia with Lewy bodies (DLB) and Parkinson's disease dementia (PDD), and to create a clinical trials-ready network. Mayo Clinic, Rochester MN, was designated the coordinating center following a competitive application process. The 24 centers were selected by an application and peer-review process.

## Background

The top national research priority for LBD is to initiate clinical trials to address symptoms that have the greatest impact on patient function and caregiver burden. LBDA's RCOE program establishes infrastructure to run multi-center studies with expertise, centralization, and standardized data collection. The program will yield a well-characterized, nationwide group of LBD patients for rapid recruitment into therapeutic trials.

## Aims of the program

The major aims are to:

- Increase access to high-quality clinical care
- Increase access to support for people living with LBD and their caregivers

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- Increase knowledge of LBD among medical and allied (or other) professionals
- Create infrastructure for a clinical trials-ready network as well as resources to advance the study of new therapeutics.

Four working groups (WG) were created to pursue the LBDA RCOE aims. WG chairs (JEG, JGG, HP, MJA, DK, DI, JBL, AS) were selected; all PIs self-selected in which WGs they would participate. Each WG had several goals to achieve for the meeting, summarized below.

## Working groups

### Clinical care and professional education WG

WG goals are to ascertain best practice clinical guidelines and identify opportunities for professional LBD education. The group discussed strategies to solicit feedback from experts and other stakeholders on diagnosis and symptom management. Diagnosis using the fourth consensus report of the DLB consortium was emphasized [1], but challenges regarding its widespread implementation remain. Important clinical milestones in LBD management include referrals to allied health therapies, utilization of community resources, and entry into skilled nursing and long-term care facilities. Examples of LBD research and clinical service toolkit development such as the DIAMOND-Lewy research program may help inform the LBDA RCOE efforts [2].

Increasing awareness and disseminating knowledge on LBD to healthcare professionals remains a critical priority. Key target audiences include (a) healthcare professionals such as physicians, advanced practice providers, and trainees practicing in Neurology, Psychiatry, Geriatric Psychiatry, Geriatrics, Sleep Medicine, Cardiology, Urology, Gastroenterology, and Palliative Care; those practicing in Psychology and Neuropsychology; and those practicing in long-term care settings; (b) allied health professionals (nurses, social work, physical, occupational and speech therapy, nutrition, arts/music therapy, chaplaincy, and hospice); and (c) healthcare workers in specific environments, including hospitals, assisted living facilities, long-term care facilities, and adult day programs.

### Community education and support WG

WG goals are to develop core themes and materials, and identify opportunities for community education, assistance for support groups, and best practices for caregiver education and support for non-pharmacological approaches to behavioral changes in LBD.

The WG surveyed 23 RCOE sites. Ten sites (43%) already hosted LBD-specific support groups, most commonly targeting caregivers alone or caregivers and people with LBD together. These groups were typically

led by either clinical staff or former caregivers and met on a monthly basis. Sites preferred either in-person or mixed in-person/virtual monthly support groups led by clinical staff. Most sites favored targeting caregivers and/or early-stage people with LBD; some sites suggested support groups for moderate- and late-stage people with LBD. Trained facilitators were described as essential.

LBDA RCOE sites commonly educate people with LBD and their families with LBDA-produced materials, the LBD booklet from the National Institutes of Health, and materials produced by the individual sites.

### Clinical trial design and optimization WG

WG goals are to identify ongoing or planned therapeutic trials in LBD, identify and address key gaps in clinical assessment tools for use in diagnosis of LBD and clinical trials, identify current or emerging biomarkers relevant for LBD clinical trials, and develop strategies for implementation. Collectively, the LBDA RCOE network is estimated to see >2600 new patient visits (~1300 DLB and ~1300 PDD) and >7,500 return visits (~3000 DLB and ~4500 PDD) annually. The majority of sites are very active in clinical trials for LBD and related disorders, with 16 centers participating in  $\geq 1$  clinical trial for LBD and collectively enrolling ~430 LBD patients in the past year. Furthermore, 21 sites participated in  $\geq 2$  and 18 sites are active in  $\geq 5$  clinical trials for related neurodegenerative disorders.

The RCOE investigator survey and discussion revealed a strong interest in trials focused on both symptomatic therapies and potential disease-modifying agents. Prioritized targets for non-pharmacological interventions included caregiver-stress, agitation, and motor function limitations. One critical need is to identify and develop clinically meaningful DLB clinical outcome measures, including ways to account for and/or quantify the effects of cognitive fluctuations. Emerging biomarkers were classified on their potential for diagnostic and/or prognostic use based on review of the current state of the science. High-yield applications of diagnostic biomarkers for LBD included identifying prodromal disease, differentiation of LBD from other dementias, and stratification of biologically meaningful subgroups of DLB patients such as those with significant AD co-pathology or those harboring a glucocerebrosidase gene mutation. There was strong interest in the need for alpha-synuclein-specific markers; however, it was felt that current assays require further development and validation. Other top priorities identified included tissue-validation and standardization of imaging and fluid biomarkers, and the development of an infrastructure for sharing biomarker specimens and data that will be obtained in future clinical trials to the research community at large.

### Industry engagement WG

WG goals are to determine general principles for interacting with industry partners and determine requirements for industry-sponsored clinical trials, including data and sample sharing and publication plan, contract and budget development, and protocol optimization. The WG serves as a central resource for exploring collaborations between the RCOE and industry on LBD clinical trials.

To maximize efficiencies in collaborations with industry, this working group has proposed an accessible, centralized data resource on the clinical trial capabilities of all RCOE sites. This will facilitate exploring clinical research collaborations and expedite site selection for industry-sponsored trials. Each site will determine its unique clinical trial capacity, its ability to recruit people with LBD for trial enrollment, and its testing capabilities. The RCOE program will strive to use a standardized contract and a central institutional review board. In parallel with the effort to build the infrastructure, this working group will provide guidance on establishing expert panels to advise clinical trial sponsors.

### Conclusions

The LBDA established the RCOE program to accelerate access to high-quality care and support, increase disease awareness among healthcare providers, and advance the study of symptomatic and disease-modifying treatments. As the RCOE program grows and evolves, it will continue to share its successes and lessons learned with the scientific community. The next RCOE Principal Investigator's meeting will be in June 2019.

### Abbreviations

AD: Alzheimer's disease; DLB: Dementia with Lewy bodies; LBD: Lewy body dementia; LBDA: Lewy Body Dementia Association; PDD: Parkinson's disease dementia; RCOE: Research Centers of Excellence; WG: Working group

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### Authors' contributions

All authors contributed to the concept and design on the RCOE program. The chairs of the working groups (JEG, JGG, HP, MJA, DK, DI, JBL, AS) authored their sections, and all authors edited and contributed to the data collection. All authors read and approved the final manuscript.

### Competing interests

Melissa Armstrong—Dr. Armstrong receives research support from ARHQ (K08HS24159), a 1Florida ADRC pilot grant, as the local PI of a Lewy Body Dementia Association Research Centers of Excellence, and from the University of Florida Dorothy Mangurian Headquarters for Lewy Body Dementia and the Raymond E. Kassir Research Fund for Lewy Body Dementia. She receives compensation from the American Academy of Neurology for work as an evidence-based medicine methodology consultant and serves on the level of evidence editorial board for Neurology and related publications (uncompensated). She receives royalties from the publication of

the book *Parkinson's Disease: Improving Patient Care* (2014), and she has received honoraria for presenting at American Academy of Neurology annual meetings and participating in Medscape CME.

Douglas Galasko has received consulting fees from vTv Pharmaceuticals, Inc., and for serving on the Data Safety Monitoring Boards for Cognition Therapeutics and for Proclara Biosciences. He has received compensation for serving as editor for *Alzheimer's Research & Therapy*. He has received clinical trial funding from Eli Lilly, Biogen, and Roche/Genentech and research funding from the National Institutes of Health (NIH) and the Michael J. Fox Foundation. James E. Galvin has received grant support from NIH, Michael J. Fox Foundation, Harry T. Mangurian Foundation, Lewy Body Dementia Association, and the Albert Charitable Trust and has received support for clinical trials from Biogen and Novartis. He has received consulting fees from Biogen, Axovant, Roche, Eisai, Lilly, Bracket, and Medavante and has licensing agreements with Roche, Lilly, Biogen, Quintiles, Roobrik, Continuum Clinical, and Langland.

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Daniel Kaufer has served as an investigator for clinical trials sponsored by Abbvie, Axovant, Janssen Research & Development, Navidea Biopharmaceuticals, and TauRx. He has consulted for Abbvie, Axovant, Janssen Research & Development, and Takeda/Zinfandel. He receives research funding from the NIH, HRSA, and Bryan Family Foundation.

James Leverenz has served as an investigator for clinical trials sponsored by Avid and Biogen. He serves as a consultant for Aptinyx, Eisai, Sanofi, and Takeda. He receives grant support from the Alzheimer's Association, Department of Defense, Lewy Body Dementia Association, Michael J. Fox Foundation, NIH, Alzheimer's Drug Discovery Foundation, and GE Healthcare. Angela Lunde receives NIH support in her role as co-director of the Outreach, Recruitment, and Engagement Core.

Ian G. McKeith has advised on clinical trials for Axovant, Eisai, Sumitomo Dainippon Pharma, and Sanofi.

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Kimiko Domoto-Reilly has served as an investigator for clinical trials sponsored by Avid Radiopharmaceuticals, Biogen, and Janssen Pharmaceuticals. She has served as Advisory Board consultant for Biogen. She receives research support from NIH.

John Duda declares that he has no competing interests.

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and the Lewy Body Dementia Association. He is an inventor on one issued patent (USPTO# 9600881) for MRI acquisition and processing methods and one provisional patent application for MRI analysis tools.

Carol Lippa has served as an investigator for clinical trials sponsored by Lilly, Roche/Genentech and Avanir. She serves on the Scientific Advisory Board of the AFTD and LBDA, and the Delaware Valley chapter of the Alzheimer's Association. She receives research support from NIH. She also owns index funds that may include healthcare companies.

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Victoria Pelak is serving as an investigator and/or co-investigator for clinical trials sponsored by Eli Lilly, GenSightBiologics, and Quark Pharmaceuticals. She receives royalties from the publication of a book entitled *Neuro-ophthalmology: Diagnosis and Management* (Elsevier, 3rd Edition) and for online book chapters (Visual Hallucinations and Ocular Myasthenia Gravis) from Up-To-Date, Inc. She receives research support from NIH, the Alzheimer's Association, and the North American Neuro-ophthalmology Society. Kathleen Poston has served as an investigator for clinical trials sponsored by AstraZeneca and Sanofi. She serves as a consultant for Allergan. She serves on the Steering Committee for the Parkinson's Progression Markers Initiative. She receives research support from the NIH and the Michael J Fox Foundation for Parkinson's disease Research.

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Mike Koehler is an employee of the Lewy Body Dementia Association.

Brad Boeve has served as an investigator for clinical trials sponsored by GE Healthcare, Axovant, and Biogen. He receives royalties from the publication of a book entitled *Behavioral Neurology Of Dementia* (Cambridge Medicine, 2009, 2017). He serves on the Scientific Advisory Board of the Tau Consortium. He receives research support from NIH, the Mayo Clinic Dorothy and Harry T. Mangurian Jr. Lewy Body Dementia Program, and the Little Family Foundation.

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