

10-11-2023

NRG/RTOG 0837: Randomized, Phase II, Double-Blind, Placebo-Controlled Trial of Chemoradiation With or Without Cediranib in Newly Diagnosed Glioblastoma

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Recommended Citation

Batchelor, Tracy T.; Won, Minhee; Chakravarti, Arnab; Hadjipanayis, Costas G.; Shi, Wenyin; Ashby, Lynn S.; Stieber, Volker W.; Robins, H. Ian; Gray, Heidi J.; Voloschin, Alfredo; Fiveash, John B.; Robinson, Clifford G.; Chamrathy, UshaSree; Kwok, Young; Cescon, Terrence P.; Sharma, Anand K.; Chaudhary, Rekha; Polley, Mei-Yin; and Mehta, Minesh P., "NRG/RTOG 0837: Randomized, Phase II, Double-Blind, Placebo-Controlled Trial of Chemoradiation With or Without Cediranib in Newly Diagnosed Glioblastoma" (2023). *Department of Radiation Oncology Faculty Papers*. Paper 183.

<https://jdc.jefferson.edu/radoncfp/183>

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NRG/RTOG 0837: Randomized, phase II, double-blind, placebo-controlled trial of chemoradiation with or without cediranib in newly diagnosed glioblastoma

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Abstract

Background. A randomized, phase II, placebo-controlled, and blinded clinical trial (NCT01062425) was conducted to determine the efficacy of cediranib, an oral pan-vascular endothelial growth factor receptor tyrosine kinase inhibitor, versus placebo in combination with radiation and temozolomide in newly diagnosed glioblastoma.

Methods. Patients with newly diagnosed glioblastoma were randomly assigned 2:1 to receive (1) cediranib (20 mg) in combination with radiation and temozolomide; (2) placebo in combination with radiation and temozolomide. The primary endpoint was 6-month progression-free survival (PFS) based on blinded, independent radiographic assessment of postcontrast T1-weighted and noncontrast T2-weighted MRI brain scans and was tested using a 1-sided Z test for 2 proportions. Adverse events (AEs) were evaluated per CTCAE version 4.

Results. One hundred and fifty-eight patients were randomized, out of which 9 were ineligible and 12 were not evaluable for the primary endpoint, leaving 137 eligible and evaluable. 6-month PFS was 46.6% in the cediranib arm versus 24.5% in the placebo arm ($P = .005$). There was no significant difference in overall survival between the 2 arms. There was more grade ≥ 3 AEs in the cediranib arm than in the placebo arm ($P = .02$).

Conclusions. This study met its primary endpoint of prolongation of 6-month PFS with cediranib in combination with radiation and temozolomide versus placebo in combination with radiation and temozolomide. There was no difference in overall survival between the 2 arms.

Key Points

- Cediranib is safe and feasible in newly diagnosed glioblastoma subjects.
- Cediranib improved progression-free survival (PFS) but not overall survival.
- Disease progression is challenging to define with VEGF-targeting therapies.

Importance of the Study

This randomized, placebo-controlled, and double-blind study confirmed the safety and benefit of an oral, pan-VEGF receptor tyrosine inhibitor, and cediranib in prolonging progression-free survival, the primary study endpoint when added to radiation and temozolomide in newly diagnosed glioblastoma. However, there was

no overall survival benefit of cediranib and defining disease progression is confounded by the anti-permeability effects of a VEGF-targeting drug. These results with cediranib are consistent with those observed with bevacizumab in newly diagnosed glioblastoma.

Glioblastoma, IDH-wildtype (glioblastoma), the most common primary malignant brain tumor in adults, causes significant neurological morbidity and is associated with poor survival.^{1,2} Microvascular proliferation, a histopathological hallmark of glioblastoma, is a consequence of the high expression levels of proangiogenic cytokines, particularly of vascular endothelial growth factor (VEGF) and signaling via its endothelial tyrosine kinase receptor VEGFR2.^{3–6} Levels of VEGF and its receptor correlate with the histological grade of gliomas, with the highest levels present in glioblastoma.^{7,8} Thus, novel anti-VEGF agents, such as monoclonal antibodies and tyrosine kinase inhibitors are attractive therapeutic strategies in glioblastoma.⁹ The US Food and Drug Administration approved bevacizumab, an anti-VEGF monoclonal antibody, as a monotherapy for recurrent glioblastoma in 2017 based on the radiographic response rates observed in 2 phase II trials.^{10–12} However, 2 subsequent randomized trials of bevacizumab versus placebo in combination with radiation and temozolomide demonstrated no survival benefit in newly diagnosed glioblastoma.^{13,14}

Cediranib, an orally available pan-VEGFR tyrosine kinase inhibitor has a sub-nanomolar IC₅₀ for VEGF receptors with additional activity against c-Kit and lower potency against PDGFRβ.¹⁵ Based on a half-life of 22 h it can be administered once daily. In a phase II study of cediranib (45 mg/day) for patients with recurrent glioblastoma, 8/30 (27%) subjects achieved a partial radiographic response.^{16,17} Subsequently, this phase II, randomized, blinded, and placebo-controlled study (ClinicalTrials.gov identifier NCT01062425) was conducted to investigate the efficacy of cediranib, in combination with temozolomide and fractionated radiation in newly diagnosed glioblastoma.

Patients and Methods

Patients

Patients with newly diagnosed glioblastoma were the target population for this clinical trial. Inclusion criteria included age ≥ 18 years, pathological diagnosis of glioblastoma, and Karnofsky Performance Status (KPS) ≥ 70. Exclusion criteria included any prior anti-VEGF therapy, prior treatment with temozolomide, or prior treatment with radiation to the head or neck (except for T1 glottic cancer). All patients were required to sign an informed consent form approved by the Institutional Review Board of the enrolling institution.

The study was performed in accordance with the Declaration of Helsinki and the International Conference on Harmonization/Good Clinical Practice.

Study Design

The study was a phase II, comparative, randomized, and multicenter trial. Patients were stratified by Recursive Partitioning Analysis (RPA), class III versus IV versus V and by the promoter methylation status of 06-methylguanine-DNA-methyltransferase (MGMT), methylated versus unmethylated versus invalid, prior to being randomized to receive cediranib (20 mg) versus placebo in combination with temozolomide (75 mg/m²/daily) and radiation (60 Gy in 2 Gy fractions) daily for 42 days followed by cediranib (20 mg) versus placebo in combination with temozolomide (150–200 mg/m² for 5 consecutive days in 28-day cycles) for up to 12 cycles maximum. Patient randomization was performed at the time of registration, with a 2:1 allocation ratio

in favor of the cediranib arm, based on the permuted block design using the method described by Zelen.¹⁸ The primary endpoint of this study is 6-month progression-free survival (PFS) using MacDonald criteria.¹⁹ Secondary endpoints of this study included overall survival (OS), PFS, treatment-related toxicity, and the association between MGMT methylation status and clinical outcomes.

The sample size calculation would address whether the addition of cediranib to concurrent chemoradiation and standard temozolomide would improve the 6-month PFS rate in patients with glioblastoma. The null hypothesis was that the 6-month PFS rates for both arms were 50%, and the alternative hypothesis was that patients receiving the experimental regimen would have a 6-month PFS rate of 66%. With 150 eligible patients, there would be an 80% statistical power to detect the 16% absolute increase in 6-month PFS at a significance level of 0.15, using a 1-sided Z test for 2 proportions.²⁰ Guarding against up to a 47% rate for patients who were retrospectively found ineligible or did not get randomized due to early disease progression, patient refusal, insufficient tissues, or other reasons, 283 patients were required to be enrolled in order to have 150 eligible and randomized patients.

Imaging reviews of disease progression by 6 months were first performed locally. The central radiology review of progression was performed by a team of reviewers including 2 readers and an adjudicator, per MacDonald criteria. The reviewers were blinded to treatment assignment and clinical information (except for neurologic function and KPS). If there was a disagreement between the 2 readers, the adjudicator provided the final determination of the progression status. Out of 34 patients judged by local sites to have disease progression by 6 months, 30 cases (88%) were confirmed by central reviews. However, among 83 patients who were judged to be progression-free by 6 months by local assessments, only 49 cases (59%) were confirmed by central reviews; the central reviews identified 34 progressors who were judged to be progression-free by 6 months per local reads.

OS was measured from the date of randomization to the date of death, or otherwise, the last follow-up date on which the patient was reported alive. PFS was measured from the date of randomization to the date of first progression, or death, or otherwise, the last follow-up date on which the patient was reported alive without progression. OS and PFS rates were estimated using the Kaplan–Meier method,²¹ and differences between the 2 treatment arms were tested using the log-rank test.²² Multivariate analyses for OS and PFS were performed using the Cox proportional hazards model²³ with the stratification factors included as covariates, to assess the adjusted treatment effects. Toxicities were measured using CTCAE version 4. Differences in the observed severe toxicities (grade 3+) between the 2 arms were tested using the Chi-square test. The log-rank test was used to assess the effect of MGMT methylation status on OS and PFS, both overall (combining 2 treatment arms) and within each treatment arm. The Cox proportional hazards model was used to adjust for stratification factors (RPA class and MGMT methylation status). The proportional hazards assumption was verified using testing and graphical methods. For all the secondary

endpoints, a 2-sided test with a significance level of 0.05 was used to declare statistical significance.

Results

Summary of Patient Enrollment

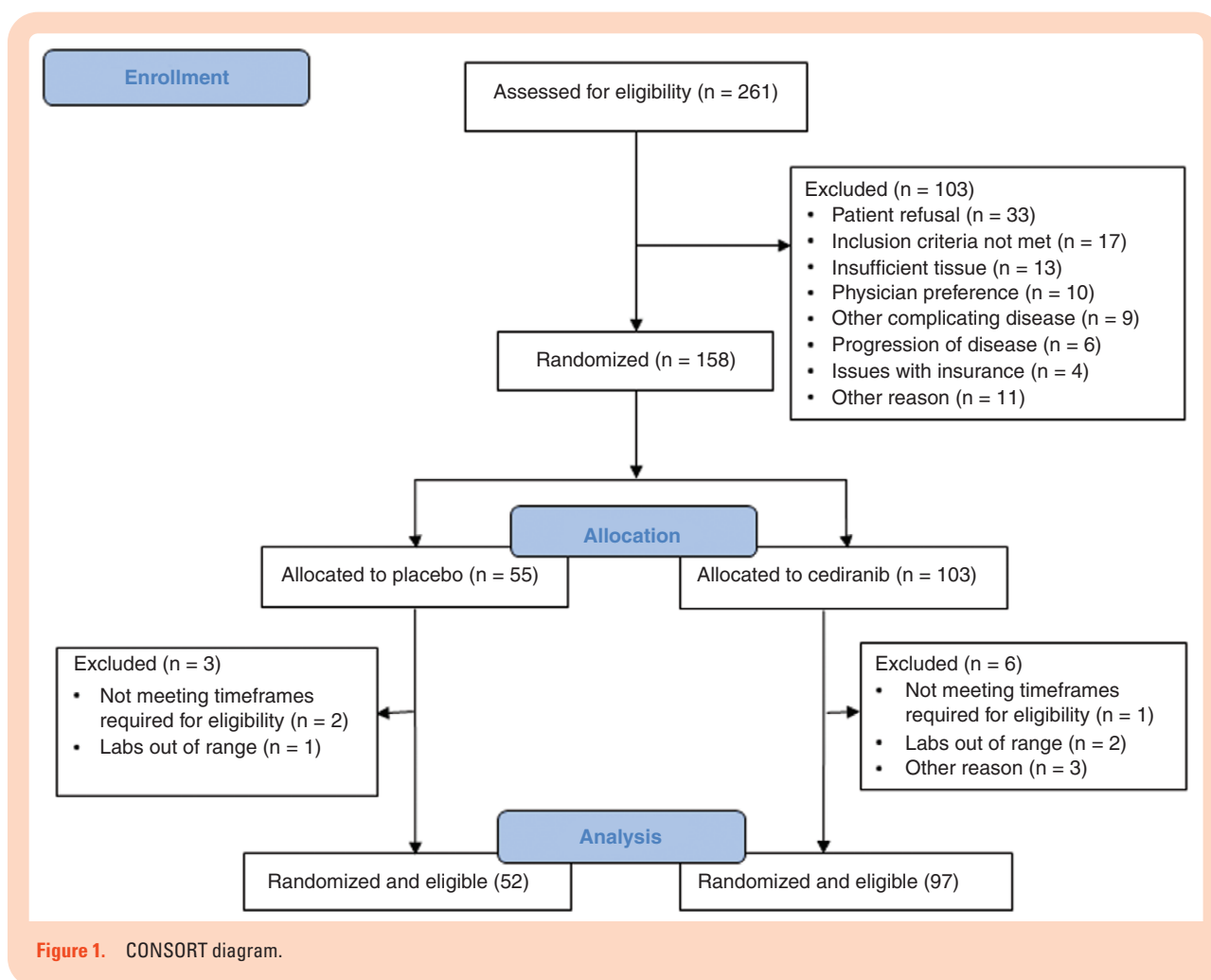
This study opened to accrual on February 26, 2010. Accrual was completed on May 9, 2012, with a total of 261 patients enrolled. One hundred and fifty-eight patients (60.5%) were randomized, and 9 (5.7%) of them were subsequently found ineligible. Reasons for not being randomized and ineligibility are noted in Figure 1. Therefore, for the statistical analyses, there were 52 and 97 eligible and randomized patients in the placebo and cediranib arm, respectively. Table 1 shows the distributions of pretreatment characteristics by treatment arm for all the eligible and randomized patients. The distributions of the stratification factors, MGMT methylation status, and RPA class appear balanced between the 2 treatment arms.

Treatment Adverse Events

Information on the adverse events (AEs) is presented by the treatment arm for all eligible and randomized patients who received protocol treatment. Table 2 lists the summary, overall and by system organ class, of the highest-grade AEs regardless of relationship to protocol treatment. Overall, there were 5 patients (9.6%) in the placebo arm, and 11 (12.0%) in the cediranib arm with reported grade 5 AEs. Of these 11 grade 5 AEs, 4/11 (3 infectious and 1 neurological) grade 5 events were deemed possibly, probably, or definitely related to cediranib. The proportions of patients with grade ≥ 3 AEs were summarized and compared between the treatment arms. Out of all eligible and randomized patients who received protocol treatment, 35 (67.3%) from the placebo arm and 77 (83.7%) from the cediranib arm had reported grade ≥ 3 AEs regardless of relationship to protocol treatment, resulting in a *P*-value of .02.

Test for the Primary Endpoint

The median follow-up time for all eligible patients who were still alive at the time of the analyses was 36.7 months, with a range of 2.2–53.9 months. Out of the 149 eligible and randomized patients for both arms, 137 (91.9%) were evaluable for 6-month PFS. Three patients from the placebo arm and 9 patients from the cediranib arm were not evaluable for the primary endpoint due to withdrawal before 6 months, scan not evaluable, or no protocol treatment given. Based on central radiology reviews on the primary endpoint, the 6-month PFS rate for the cediranib arm was 46.6%, as compared to 24.5% for the placebo arm, resulting in a *P*-value of .005 by 1-sided Z test for 2 proportions. This suggested that the experimental regimen significantly improved 6-month PFS for this patient population, as compared to the treatment of the placebo arm.



Results for the Secondary Endpoints

The median survival time (MST) was 14.5 months (95% CI: 12.3–19.7 months) for the cediranib arm, and 13.8 months (95% CI: 9.6–18.9 months) for the placebo arm, with a hazard ratio (HR) of 0.87 (95% CI: 0.60–1.24; P -value = .44). The median PFS time was 6.2 months (95% CI: 4.5–8.1 months) for the cediranib arm, and 2.7 months (95% CI: 2.5–3.7 months) for the placebo arm. The corresponding HR for PFS was 0.67 (95% CI: 0.47–0.95) with a P -value of .03. The Kaplan–Meier curves on OS and PFS by treatment arm are demonstrated in [Figures 2 and 3](#), respectively.

[Tables 3 and 4](#) show the results of Cox proportional hazards models for OS and PFS. After adjusting for the stratification factors, the HR of the cediranib effect on OS was 0.91 (95% CI: 0.62–1.34) with a P -value of 0.65 and the HR of the cediranib effect on PFS was 0.67 (95% CI: 0.46–0.97) with a P -value of 0.04.

The 6-month PFS rates were also compared between the treatment arms by gender. For males, the 6-month PFS rates for the cediranib and placebo arm were 55.3% (95% CI: 40.1–69.8%) and 26.9% (95% CI: 11.6–47.8%), respectively. For females, the 6-month PFS rates for the cediranib and placebo arm were 36.6% (95% CI: 22.1–53.1%) and 21.7% (95% CI: 7.5–43.7%), respectively.

Results of the Analyses on the MGMT Methylation Status

OS and PFS rates by MGMT methylation status were assessed for all the eligible and randomized patients from both arms. The MST was 13.0 months (95% CI: 10.9–15.4 months) for unmethylated patients, and 29.3 months (95% CI: 17.1–36.2 months) for methylated patients, with a P -value < .001 and the HR was 2.13 (95% CI: 1.44–3.15). The median PFS time was 5.2 months (95% CI: 3.8–6.4 months) for unmethylated patients, and 3.2 months (95% CI: 2.5–8.0 months) for methylated patients, with a P -value of .52 and an HR of 1.13 (95% CI: 0.78–1.63). The Kaplan–Meier curves on OS and PFS by MGMT methylation status for patients from both arms are demonstrated in [Supplementary Figures S1 and S2](#), respectively online only.

OS and PFS rates by MGMT methylation status were assessed for patients in the placebo arm. The MST was 13.4 months (95% CI: 10.7–19.7 months) for unmethylated patients, and 17.7 months (95% CI: 2.4–39.6 months) for methylated patients, with a P -value = .20 and an HR of 1.56 (95% CI: 0.79–3.06). The median PFS time was 3.2 months (95% CI: 2.6–6.1 months) for unmethylated patients, and 2.4 months (95% CI: 2.1–2.7 months) for methylated patients, with a P -value = .054, and an HR of 0.55 (95% CI: 0.30–1.02).

Table 1. Patient and tumor characteristics for all eligible patients in RTOG 0837

Patient or Tumor Characteristic	Placebo		Cediranib		Total	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Age (years)						
Median	59		61		60	
Min–max	37–82		27–83		27–83	
Q1–Q3	51–67		54–65		53–66	
≤ 49	11	21.2	16	16.5	27	18.1
50–59	17	32.7	27	27.8	44	29.5
60–69	15	28.8	38	39.2	53	35.6
≥ 70	9	17.3	16	16.5	25	16.8
Gender						
Male	28	53.8	53	54.6	81	54.4
Female	24	46.2	44	45.4	68	45.6
Race						
Black or African American	3	5.8	4	4.1	7	4.7
White	48	92.3	93	95.9	141	94.6
Unknown or not reported	1	1.9	0	0.0	1	0.7
Ethnicity						
Hispanic or Latino	1	1.9	9	9.3	10	6.7
Not Hispanic or Latino	48	92.3	87	89.7	135	90.6
Unknown (individuals not reporting ethnicity)	3	5.8	1	1.0	4	2.7
KPS						
70–80	25	48.1	42	43.3	67	45.0
90–100	27	51.9	55	56.7	82	55.0
Surgery						
Subtotal	26	50.0	33	34.0	59	39.6
Total (gross)	24	46.2	64	66.0	88	59.1
Other	2	3.8	0	0.0	2	1.3
Neurologic Function						
No symptoms	11	21.2	29	29.9	40	26.8
Minor symptoms	26	50.0	49	50.5	75	50.3
Moderate symptoms	15	28.8	19	19.6	34	22.8
MGMT status						
Methylated	18	34.6	36	37.1	54	36.2
Unmethylated	31	59.6	57	58.8	88	59.1
Invalid	3	5.8	4	4.1	7	4.7
RPA class at randomization						
III	8	15.4	11	11.3	19	12.8
IV	34	65.4	68	70.1	102	68.5
V	10	19.2	18	18.6	28	18.8

Similar analyses were performed for patients in the cediranib arm. The MST was 13.0 months (95% CI: 10.3–14.5 months) for unmethylated patients, and 30.0 months (95% CI: 18.9–40.1 months) for methylated patients, with an HR of 2.59 (95% CI: 1.58–4.25; *P*-value < .001). The median PFS time was 6.0 months (95% CI: 4.1–7.9 months) for unmethylated patients, and 6.2 months (95% CI: 2.5–16.3 months) for

methylated patients, with an HR of 1.51 (95% CI: 0.96–2.40; *P*-value = .07). As an exploratory analysis, we examined the prognostic value of MGMT methylation status for patients in the cediranib arm, adjusting for RPA class in the Cox proportional hazards model: the HR for MGMT unmethylated versus methylated for OS and PFS were 2.91 (95% CI: 1.74–4.86) and 1.46 (95% CI: 0.91–2.35), respectively.

Table 2. Distribution of RTOG 0837 patients by highest grade adverse event by system organ class for all reported adverse events without regard to attribution

System Organ Class	Placebo (n = 52)					Cediranib (n = 92)				
	n and (%) of Patients by Grade					n and (%) of Patients by Grade				
	1	2	3	4	5	1	2	3	4	5
Overall highest grade	2 (3.8)	12 (23.1)	19 (36.5)	11 (21.2)	5 (9.6)	1 (1.1)	13 (14.1)	44 (47.8)	22 (23.9)	11 (12.0)
Blood and lymphatic system disorders	16 (30.8)	2 (3.8)	5 (9.6)	2 (3.8)	0 (0.0)	19 (20.7)	7 (7.6)	7 (7.6)	3 (3.3)	0 (0.0)
Cardiac disorders	2 (3.8)	2 (3.8)	0 (0.0)	0 (0.0)	0 (0.0)	7 (7.6)	1 (1.1)	0 (0.0)	1 (1.1)	0 (0.0)
Ear and labyrinth disorders	8 (15.4)	2 (3.8)	0 (0.0)	0 (0.0)	0 (0.0)	7 (7.6)	4 (4.3)	0 (0.0)	0 (0.0)	0 (0.0)
Endocrine disorders	2 (3.8)	1 (1.9)	0 (0.0)	0 (0.0)	0 (0.0)	7 (7.6)	3 (3.3)	1 (1.1)	0 (0.0)	0 (0.0)
Eye disorders	6 (11.5)	1 (1.9)	0 (0.0)	0 (0.0)	0 (0.0)	21 (22.8)	1 (1.1)	0 (0.0)	0 (0.0)	0 (0.0)
Gastrointestinal disorders	17 (32.7)	15 (28.8)	2 (3.8)	0 (0.0)	1 (1.9)	18 (19.6)	49 (53.3)	16 (17.4)	0 (0.0)	0 (0.0)
General disorders and administration site conditions	13 (25.0)	25 (48.1)	7 (13.5)	0 (0.0)	2 (3.8)	16 (17.4)	47 (51.1)	16 (17.4)	0 (0.0)	2 (2.2)
Hepatobiliary disorders	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.1)	0 (0.0)	1 (1.1)	0 (0.0)	0 (0.0)
Immune system disorders	0 (0.0)	1 (1.9)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.1)	1 (1.1)	0 (0.0)	0 (0.0)	0 (0.0)
Infections and infestations	2 (3.8)	10 (19.2)	6 (11.5)	2 (3.8)	0 (0.0)	3 (3.3)	16 (17.4)	9 (9.8)	0 (0.0)	4 (4.3)
Injury, poisoning, and procedural complications	13 (25.0)	2 (3.8)	1 (1.9)	0 (0.0)	0 (0.0)	18 (19.6)	8 (8.7)	1 (1.1)	0 (0.0)	0 (0.0)
Investigations	8 (15.4)	10 (19.2)	10 (19.2)	8 (15.4)	0 (0.0)	24 (26.1)	24 (26.1)	16 (17.4)	21 (22.8)	0 (0.0)
Metabolism and nutrition disorders	15 (28.8)	10 (19.2)	11 (21.2)	2 (3.8)	0 (0.0)	22 (23.9)	28 (30.4)	18 (19.6)	6 (6.5)	0 (0.0)
Musculoskeletal and connective tissue disorders	7 (13.5)	3 (5.8)	9 (17.3)	0 (0.0)	0 (0.0)	15 (16.3)	21 (22.8)	11 (12.0)	0 (0.0)	0 (0.0)
Neoplasms benign, malignant, and unspecified (incl cysts and polyps)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.9)	1 (1.1)	0 (0.0)	0 (0.0)	0 (0.0)	2 (2.2)
Nervous system disorders	14 (26.9)	13 (25.0)	14 (26.9)	1 (1.9)	0 (0.0)	20 (21.7)	29 (31.5)	18 (19.6)	1 (1.1)	3 (3.3)
Psychiatric disorders	9 (17.3)	12 (23.1)	2 (3.8)	1 (1.9)	0 (0.0)	17 (18.5)	18 (19.6)	2 (2.2)	0 (0.0)	0 (0.0)
Renal and urinary disorders	5 (9.6)	5 (9.6)	1 (1.9)	0 (0.0)	0 (0.0)	15 (16.3)	6 (6.5)	1 (1.1)	0 (0.0)	0 (0.0)
Reproductive system and breast disorders	2 (3.8)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	2 (2.2)	1 (1.1)	0 (0.0)	0 (0.0)	0 (0.0)

Table 2. Continued

System Organ Class	Placebo (n = 52)					Cediranib (n = 92)				
	n and (%) of Patients by Grade					n and (%) of Patients by Grade				
	1	2	3	4	5	1	2	3	4	5
Respiratory, thoracic, and mediastinal disorders	13 (25.0)	1 (1.9)	0 (0.0)	0 (0.0)	1 (1.9)	24 (26.1)	7 (7.6)	5 (5.4)	2 (2.2)	0 (0.0)
Skin and subcutaneous tissue disorders	19 (36.5)	15 (28.8)	1 (1.9)	0 (0.0)	0 (0.0)	33 (35.9)	27 (29.3)	5 (5.4)	0 (0.0)	0 (0.0)
Social circumstances	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.1)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Surgical and medical procedures	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)	1 (1.1)	1 (1.1)	0 (0.0)	0 (0.0)
Vascular disorders	3 (5.8)	8 (15.4)	6 (11.5)	1 (1.9)	0 (0.0)	5 (5.4)	23 (25.0)	17 (18.5)	2 (2.2)	0 (0.0)

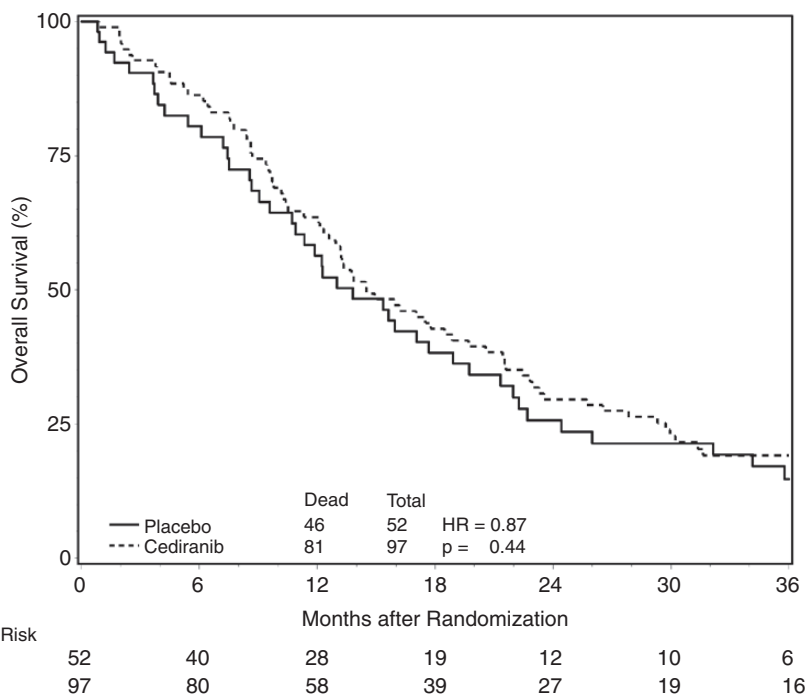


Figure 2. Overall survival by treatment arm.

Discussion

Anti-angiogenic therapy is a beneficial component in the treatment of multiple solid tumors given the importance of adequate blood supply for tumor growth and metastasis.³ Despite promising preclinical data and early clinical trials, anti-angiogenic agents have failed to show an overall survival benefit in randomized controlled trials of patients with glioblastoma.^{13,14,24,25} In particular, agents targeting VEGF

appear to prolong PFS, possibly improve quality of life in some patients, and decrease steroid usage, yet the trials to date have demonstrated no improvement in overall survival. Moreover, it remains unclear whether the extension of “progression”-free survival observed in multiple randomized trials of anti-VEGF therapies represents a delay of tumor growth versus an artefactual effect of this class of agents. The anti-permeability effects of VEGF inhibitors reduce contrast extravasation through tumor blood vessels complicating the interpretation of postcontrast CT and MRI studies.

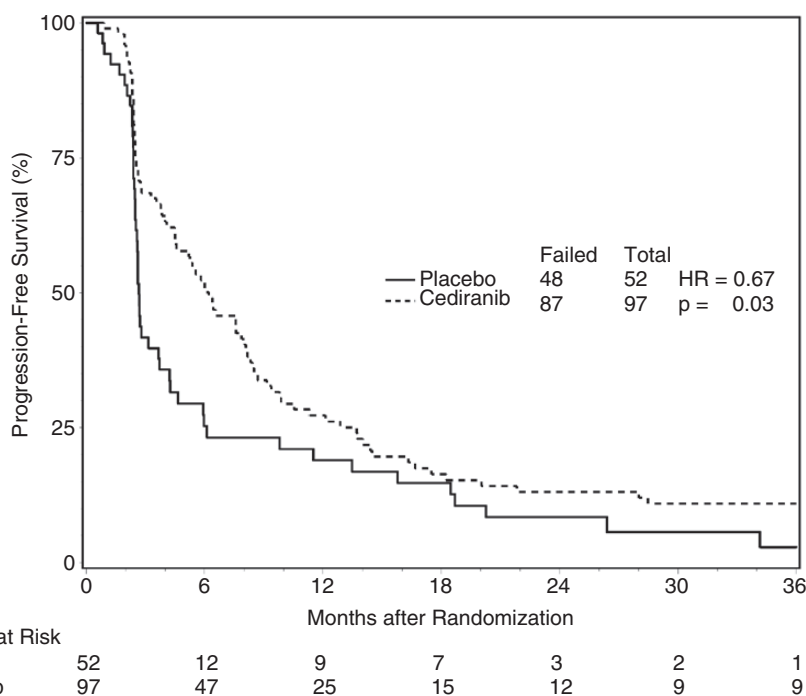


Figure 3. Progression-free survival by treatment arm.

Table 3. Cox proportional hazards model for overall survival

Variable (Bolded value has unfavorable outcome)	P-value	Hazard Ratio (95% CI)
Assigned treatment (Placebo vs. Cediranib)	0.648	0.91 (0.62, 1.34)
MGMT (Methylated vs. Unmethylated)	< 0.001	2.11 (1.40, 3.17)
RPA (RPA III vs. IV)	0.014	2.22 (1.18, 4.20)
RPA (RPA III vs. V)	< 0.001	5.72 (2.74, 11.97)

Table 4. Cox proportional hazards model for PFS

Variable (Bolded Value has Unfavorable Outcome)	P-value	Hazard Ratio (95% CI)
Assigned treatment (Placebo vs. Cediranib)	0.036	0.67 (0.46, 0.97)
MGMT (methylated vs. Unmethylated)	0.950	0.99 (0.68, 1.44)
RPA (RPA III vs. IV)	0.458	1.23 (0.71, 2.13)
RPA (RPA III vs. V)	0.010	2.39 (1.23, 4.63)

The addition of cediranib to standard concurrent chemoradiation and adjuvant temozolomide in this trial significantly improved the 6-month PFS rate in patients with newly diagnosed glioblastoma. However, OS was not significantly improved, and the rate of severe toxicities was significantly increased.

The prognostic value of MGMT methylation status for patients in the cediranib arm reflected a similar pattern, implying no significant biologic effect.

Although the primary endpoint of NRG Oncology/RTOG 0837, PFS at 6 months, was met, the anti-permeability effects of cediranib may confound the interpretation of postcontrast brain CT and MRI scans and raise questions about the validity of this endpoint in assessing the utility of VEGF inhibitors. However, no alternative imaging endpoint has been validated as a method of identifying tumor progression in this setting. Development of cediranib is ongoing in glioblastoma and other solid tumors, including

ovarian carcinoma. Preclinical models demonstrate that the hypoxia that results from inhibition of angiogenesis disrupts homologous recombination repair mechanisms rendering cancer cells susceptible to inhibition of poly (ADP-ribose) polymerase (PARP) even in the absence of BRCA 1/2 mutations.^{26,27} Cediranib in combination with PARP inhibition is being studied in a recurrent glioblastoma trial (NCT02974621).

The results of NRG Oncology/RTOG 0837 are consistent with the results observed in 4 randomized, controlled trials of bevacizumab or cediranib in newly diagnosed and recurrent glioblastoma.^{13,14,24,25} The lack of an overall survival benefit with VEGF inhibitors with different mechanisms of action (VEGF-A ligand sequestration, VEGF receptor tyrosine kinase receptor inhibition) in both the newly diagnosed and recurrent disease settings raises the question of whether these drugs have any role as single agents in the treatment of glioblastoma patients. While the confounding

impact of patient crossover from the placebo arms to ultimately receive anti-VEGF therapy exists for all these studies the precise impact of such crossover on overall survival cannot be defined. Moreover, there are no predictive markers to identify glioblastoma subpopulations most likely to benefit from anti-VEGF therapy. While the anti-permeability effects of VEGF inhibitors confound the interpretation of postcontrast brain imaging studies this biological effect has the benefit of reducing brain edema as demonstrated by the steroid-sparing impact of these agents. While neuropsychological and quality of life outcomes are conflicting in these prior studies there is at least some indication of benefit. Future studies are needed to identify predictive biospecimen or imaging markers of glioblastoma subpopulations most likely to benefit from anti-VEGF therapies and to identify the molecular mechanisms involved in the development of resistance to these drugs. The latter will inform future clinical trials of combinations of anti-VEGF agents with inhibitors of other proangiogenic signal transduction pathways.

Supplementary material

Supplementary material is available online at *Neuro-Oncology Advances* online.

Keywords

angiogenesis | cediranib | glioblastoma | vascular endothelial growth factor

Funding

This work was supported by National Cancer Institute (U10CA180868, U10CA180822); and AstraZeneca.

Conflict of interest statement

Dr Chakravarti, Ashby, Robins, Gray, Voloschin, Chamarthy, Kwok, Cescon, Sharma, Chaudhary, Polley and Ms Won have nothing to disclose. Dr Batchelor reports grants from AstraZeneca and Pfizer for support of clinical trials; personal fees from Merck for lectures, NXDC, Amgen, Roche, Oxigene, Proximagen/Usher, Genomicare, and Champions Biotechnology for scientific advisory board outside the submitted work; other potentially influencing activities, which are CME lectures Oakstone Medical Publishing, Oncology Audio Digest, Research To Practice, and Imedex, Editorial Board of UpToDate, Inc, and consulting in Jiahui Health, Consulting. Dr Hadjipanayis reports royalties from NX Development Corporation, and consulting in Synaptive Medical. Dr Shi reports grants from Regeneron for research funding; grants and personal fees from Novocure for research funding and consulting; personal fees from Brainlab,

and Varian for consulting. Dr Stieber reports personal fees from Novocure for the speaker's bureau. Dr Fiveash reports grants and others from Varian for consulting research and educational contracts. Dr Robinson reports grants and personal fees from Varian for MRA, grants for personal projects and consulting; grants from Elekta for personal projects; and equity from Radiologica. Dr Mehta reports personal fees from Karyopharm, Tocagen, AstraZeneca, Blue Earth, Celgene, and Abbvie for consulting, and Oncoceutics for the board of directors.

Authorship statement

T.T.B. contributed to experimental design, implementation of the study, analysis, and interpretation of data, writing and approval of the manuscript, and principal investigator of the study. M.W. contributed to the experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. A.C. contributed to the experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. C.G.H. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. W.S. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. L.S.A. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. V.W.S. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. H.I.R. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. H.J.G. contributed to the experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. A.V. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. J.B.F. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. C.G.R. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. U.C. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. Y.K. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. T.P.C. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. A.K.S. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. L.P. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. M.Y.P. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript. M.P.M. contributed to experimental design, implementation of study, analysis, and interpretation of data, writing and approval of the manuscript.

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