

3-1-2022

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Sobol, Keenan Rhys; Fram, Brianna R; Strony, John T; and Brown, Scot A, "Survivorship, complications, and outcomes following distal femoral arthroplasty for non-neoplastic indications." (2022). *Department of Orthopaedic Surgery Faculty Papers*. Paper 173.
<https://jdc.jefferson.edu/orthofp/173>

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Survivorship, complications, and outcomes following distal femoral arthroplasty for non-neoplastic indications

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Aims

Endoprosthetic reconstruction with a distal femoral arthroplasty (DFA) can be used to treat distal femoral bone loss from oncological and non-oncological causes. This study reports the short-term implant survivorship, complications, and risk factors for patients who underwent DFA for non-neoplastic indications.

Methods

We performed a retrospective review of 75 patients from a single institution who underwent DFA for non-neoplastic indications, including aseptic loosening or mechanical failure of a previous prosthesis ($n = 25$), periprosthetic joint infection (PJI) ($n = 23$), and native or periprosthetic distal femur fracture or nonunion ($n = 27$). Patients with less than 24 months' follow-up were excluded. We collected patient demographic data, complications, and reoperations. Reoperation for implant failure was used to calculate implant survivorship.

Results

Overall one- and five-year implant survivorship was 87% and 76%, respectively. By indication for DFA, mechanical failure had one- and five-year implant survivorship of 92% and 68%, PJI of 91% and 72%, and distal femur fracture/nonunion of 78% and 70% ($p = 0.618$). A total of 37 patients (49%) experienced complications and 27 patients (36%) required one or more reoperation. PJI ($n = 16$, 21%), aseptic loosening ($n = 9$, 12%), and wound complications ($n = 8$, 11%) were the most common complications. Component revision ($n = 10$, 13.3%) and single-stage exchange for PJI ($n = 9$, 12.0%) were the most common reoperations. Only younger age was significantly associated with increased complications (mean 67 years (SD 9.1)) with complication vs 71 years (SD 9.9) without complication; $p = 0.048$).

Conclusion

DFA is a viable option for distal femoral bone loss from a range of non-oncological causes, demonstrating acceptable short-term survivorship but with high overall complication rates.

Cite this article: *Bone Jt Open* 2022;3-3:173–181.

Keywords: Distal femoral replacement, Megaprosthesis, Distal femur, Fracture, Periprosthetic joint infection, Mechanical failure, Trauma, Total joint

Introduction

Over the last two decades, the number of primary and revision total knee arthroplasties (TKAs) performed in the USA, and the resultant economic burden, have increased dramatically and are projected to continue to rise.^{1,2} This has led to an increase in patients with distal femoral bone loss relating to osteolysis, component failure, periprosthetic joint infection (PJI), periprosthetic distal femur

fractures, and cumulative loss from multiple revisions.³⁻⁵ There is debate around how best to address these defects. Traditionally, distal femoral bone loss has been managed with augmentation (cones and/or sleeves),^{6,7} structural allografts,^{5,8} modular prostheses,⁹ and endoprosthetic replacement (EPR) in the form of distal femoral arthroplasty (DFA).^{4,10-12} Compared to the salvage alternatives of arthrodesis and amputation, endoprostheses

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doi: 10.1302/2633-1462.33.BJO-2021-0202.R1

Bone Jt Open 2022;3-3:173–181.

Table I. Demographic details of patients undergoing distal femoral arthroplasty, subdivided by surgical indication.

Variable	Mech failure (n = 25)	PJI (n = 23)	Fracture (n = 27)	All (n = 75)	p-value
Mean age, yrs (SD)	68.9 (9.5)	64.8 (9.5)	72.9 (8.9)	69.1 (9.7)	0.012†
Female, n (%)	13 (52)	12 (52)	22 (78)	47 (63)	0.041‡
Mean BMI, kg/m ² (SD)	33.7 (6.0)	32.4 (7.6)	32.6 (10.9)	32.9 (8.4)	0.847†
Mean CCI* (SD)	0.83 (0.98)	1.05 (1.82)	0.58 (1.06)	0.81 (1.31)	0.456†
Mean ASA grade (SD)	2.8 (0.4)	2.9 (0.4)	2.75 (0.4)	2.8 (0.4)	0.414†
Diabetes mellitus, n (%)	5 (20)	2 (9)	5 (18)	12 (16)	0.512‡
Rheumatoid arthritis, n (%)	0	1 (4)	2 (7)	3 (4)	0.394‡
Active smoker, n (%)	11 (44)	9 (39)	10 (37)	30 (40)	0.872‡
Mean no. prior knee surgeries (SD)	3.5 (2.6)	4.6 (1.7)	1.5 (0.9)	3.1 (2.3)	< 0.001†

*Age was not adjusted.

†Analysis of variance.

‡Chi-squared test.

ASA, American Society of Anesthesiologists; CCI, Charlson Comorbidity Index; SD, standard deviation.

demonstrate improved cost-effectiveness, more rapid recovery, earlier weightbearing, and superior psychological, physical, and functional outcomes.^{10,13-15} Despite high complication rates, the benefits of megaprosthesis implantation in revision knee arthroplasty have been shown to outweigh the risks.^{10,13} For these reasons, EPR has become increasingly popular for non-neoplastic indications.⁹⁻¹¹

There is additional interest in DFA in the setting of geriatric distal femoral fractures. To date, DFA is considered primarily in highly comminuted intra-articular fractures, patients with severe pre-existing knee arthritis, those with periprosthetic fracture with a loose component or inadequate distal bone stock for fixation, and those with fracture non- or malunion.^{16,17} These often low-energy fractures occur in a similar patient population as low-energy hip fractures, and have reported nonunion rates of up to 24% following open reduction internal fixation (ORIF),¹⁸ with up to 25% one-year mortality rates. Treatment with internal fixation often requires prolonged limited weightbearing in this already susceptible population. Arthroplasty for displaced geriatric femoral neck fractures has demonstrated improved functional scores and decreased revision rates when compared to ORIF.^{19,20} There is early suggestion DFA in geriatric native distal femur fractures may have similar benefits: it has shown decreased rates of wheelchair dependence at one year (0% vs 23%) compared to ORIF, albeit without significant differences in reoperation rate.¹⁶ In periprosthetic distal femur fractures deemed unfixable, DFA had decreased estimated blood loss (EBL), operating time, and length of hospital stay compared to reconstruction with allograft-prosthesis composite, or revision components with augments.²¹ The major downside of EPR is the potential complications of infection, aseptic loosening, implant mechanical failure, and periprosthetic fracture.^{4,12,22-24}

Published literature has shown favourable outcomes following DFA in patients with oncological indications;^{25,26} however, there is a scarcity of studies describing

megaprosthesis use and outcomes for non-oncological reconstructions. The primary aim of this study was to determine the survivorship, complications, and outcomes for patients who presented to our institution with non-neoplastic disease for DFA. The secondary aim was to identify predictors and risk factors that influenced postoperative outcomes.

Methods

Demographic data. We performed a retrospective review to identify all cases of DFA performed at our single institution between January 2002 and April 2019. Included in this study were patients with minimum two-year clinical follow-up and non-neoplastic indications for DFA, including acute native and periprosthetic distal femoral fracture, distal femoral nonunion, PJI, and aseptic loosening or mechanical failure of a previous prosthesis. This study was approved by our institutional review board.

Overall, 75 patients met the inclusion criteria. The demographic details of the study's population are shown in Table I. For analysis, indications for DFA were categorized as mechanical failure (n = 25), PJI (n = 23), and trauma (n = 27). Within the trauma group, 20 (74%) of distal femur fractures were periprosthetic and 7 (26%) were in native femora.

Surgical data. In the cohort, three types of implants were used: 61 Global Modular Arthroplasty System (GMRS; Stryker, USA), 11 Limb Preservation System (LPS; Depuy Synthes, USA), and three Orthopaedic Salvage System (OSS; Zimmer Biomet, USA). Implant type as well as the use of adjunctive fixation options, such as hydroxyapatite (HA) collar, cone, and sleeve choice, were based on surgeon preference. In 70 patients the DFA component was cemented, and in five it was press-fit. All patients received a rotating hinge implant. A total of 19 patients' implants included segmental modular extension components for distal femoral length. The mean operating time for the entire cohort was 172 minutes (standard deviation

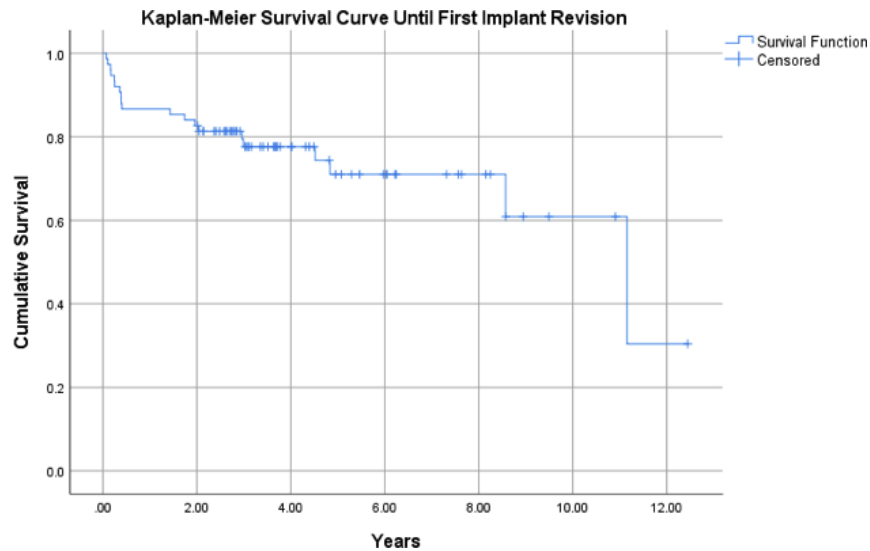


Fig. 1

Kaplan-Meier survival curve for all patients' status post-distal femoral arthroplasty for non-oncological indications, with endpoint of time until first reoperation for implant revision (95% confidence interval 7.73 to 9.97).

(SD) 49.1) and the mean estimated blood loss (EBL) was 461 ml (SD = 790).

Radiological data. The Anderson Orthopaedic Research Institute (AORI) classification was used preoperatively based on radiograph images to determine degree of femoral bone loss in each patient. Overall, 16 were type 2 A, 17 type 2B, and 42 type C.²⁷

Follow-up data. The clinical follow-up duration was recorded for all patients. The mean follow-up duration was 60.3 months (SD 35.8; 24.2 to 203). The Kaplan-Meier survivorship analysis was only performed using patients who fulfilled the minimum two-year clinical follow-up.

Statistical analysis. The rates of complications and reoperations were determined from hospital electronic medical record (EMR) notes and physician follow-up records. Survivorship of the DFA was established using Kaplan-Meier curves with revision as the endpoint.²⁸ Survival was calculated for the entire cohort as well as for each category of surgical indication. All p-values for parametric data were calculated using independent-samples *t*-test or analysis of variance (ANOVA), and all nonparametric data were calculated using the Mann-Whitney U test. All p-values for categorical data were calculated using Fisher's exact test or chi-squared test. All p-values for Kaplan meier curves were calculated using log rank test. The mean and SD were calculated for age, BMI, previous surgeries, and CCI. All analyses were performed using R studio software version 3.5.1 (R Foundation for Statistical Computing, Austria).

Results

Survivorship. With any implant revision, including polyethylene exchange, as the final endpoint, Kaplan-Meier

analysis of the 75-patient cohort (95% CI 7.73 to 9.97) demonstrated a survival rate of 87% at one year and 76% at five years (Figure 1). Patients with an original indication of mechanical failure ($n = 25$ (95% CI 5.28 to 9.96)) demonstrated a survival rate of 92% at one year and 68% at five years. Those with an indication for PJI ($n = 23$ (95% CI 7.50 to 11.8)) had a one-year survival rate of 91% and a five-year survival rate of 72%. Patients with an initial indication of trauma ($n = 27$ (95% CI 6.11 to 9.64)) had a one-year survival rate of 78% and a five-year survival rate of 70% (Figure 2). There was no statistically significant difference between groups ($p = 0.618$).

With any reoperation as the endpoint, Kaplan-Meier analysis of the 75-patient cohort (95% CI 5.81 to 8.66) demonstrated a survival rate of 77% at one year and 62% at five years (Figure 3). Patients with an original indication of mechanical failure ($n = 25$ (95% CI 4.60 to 8.81)) demonstrated a survival rate of 80% at one year and 70% at five years. Those with an indication for PJI ($n = 23$ (95% CI 6.08 to 10.9)) had a one-year survival rate of 83% and a five-year survival rate of 63%. Patients with an original indication of trauma ($n = 27$ (95% CI 4.67 to 8.57)) had a one-year survival rate of 70% and a five-year survival rate of 56% (Figure 4). There was no statistically significant difference between groups ($p = 0.630$).

Complications and reoperations. A total of 38 patients (51%) did not experience any complications. For the remaining patients, ten (13%) had complications managed exclusively nonoperatively, while 27 (36%) had at least one reoperation (Table II). There were 13 patients (17%) who underwent multiple reoperations (Table III). Broken down by initial indication for DFA, the mechanical failure cohort had 14 (56%) patients with any complications,

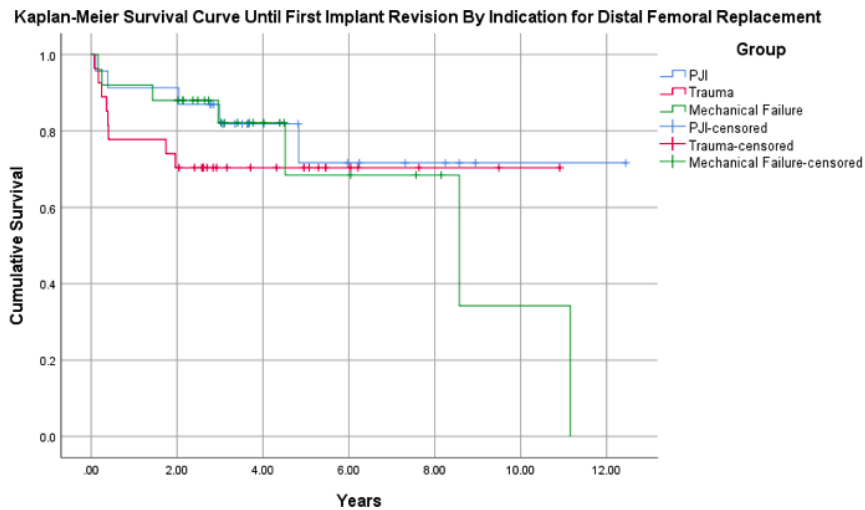


Fig. 2

Kaplan-Meier survival curve for patients status post-distal femoral arthroplasty for non-oncological indications, subdivided by initial indication for megaprosthesis, with endpoint of time until first reoperation for implant revision. Patients with an original indication of mechanical failure (n = 25): 95% confidence interval (CI) 5.28 to 9.96; periprosthetic joint infection (PJI) (n = 23): 95% CI 7.50 to 11.8; and trauma (n = 27): 95% CI 6.11 to 9.64.

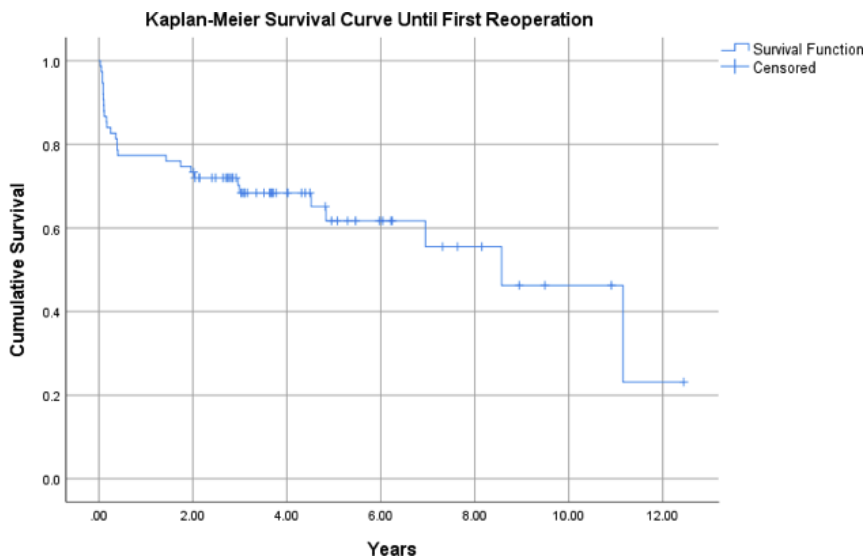


Fig. 3

Kaplan-Meier survival curve for all patients status post-distal femoral arthroplasty for non-oncological indications, with endpoint of time until first reoperation for any cause (95% confidence interval 5.81 to 8.66).

with nine (36%) undergoing a total of 23 additional surgeries. PJI was again the most common complication, occurring in six (24%) patients. Two patients underwent knee arthrodesis and two patients underwent above-knee amputations. The PJI cohort had 12 (52%) patients with one or more complication, with five (22%) managed nonoperatively and seven (30%) undergoing a total of 21 additional surgeries. Recurrent PJI was the most common complication, occurring in five (22%) patients.

One patient underwent knee arthrodesis, and one underwent above-knee amputation. The trauma cohort had 11 (41%) patients with any complications, with all 11 undergoing at least one reoperation for a total of 24 additional surgeries. PJI was again the most common complication, occurring in five (19%) patients. Three patients underwent above-knee amputations. Overall, among the entire population the most common complications were PJI (n = 16, 21%), aseptic loosening (n = 9, 12%), and wound

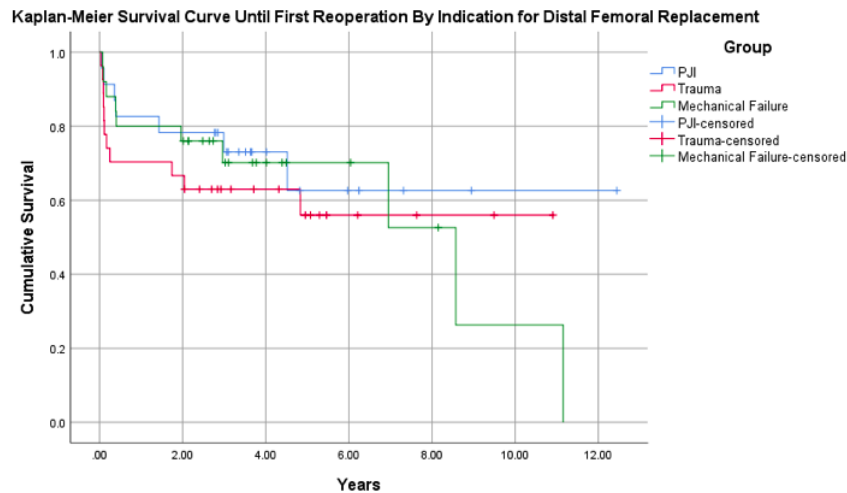


Fig. 4

Kaplan-Meier survival curve for patients status post-distal femoral arthroplasty for non-oncological indications, subdivided by initial indication for megaprosthesis, with endpoint of time until first reoperation for any cause. Patients with an original indication of mechanical failure (n = 25): 95% confidence interval (CI) 4.60 to 8.81; periprosthetic joint infection (PJI) (n = 23): 95% CI 6.08 to 10.9; and trauma (n = 27): 95% CI 4.67 to 8.57.

Table II. All complications following distal femoral arthroplasty, by initial surgical indication.

Complication	Indication, n (%)		
	Mech fail (n = 25)	PJI (n = 23)	Fracture (n = 27)
Total complications	14 (56)	12 (52)	11 (41)
PJI	6 (24)	5 (22)	5 (18)
Aseptic loosening	4 (16)	4 (17)	2 (7)
Wound complication	3 (12)	2 (9)	3 (11)
Surgical site infection	2 (8)	1 (4)	1 (4)
Periprosthetic fracture	1 (4)	3 (13)	2 (7)
Extensor mechanism disruption	1 (4)	3 (13)	0 (0)
Haematoma	0 (0)	3 (13)	0 (0)
Nerve palsy	1 (4)	1 (4)	0 (0)
Dislocation	0 (0)	0 (0)	1 (4)
Arthrofibrosis	0 (0)	0 (0)	1 (4)

PJI, periprosthetic joint infection.

complications (n = 8, 11%). Of the factors analyzed, only younger age was significantly associated with increased risk of complication (Table IV).

The mean time until the first reoperation was 21.1 months (SD 34.0). The types of reoperations varied based upon indication for surgery (Table III). The most common reoperations throughout the entire population were component revision (13.3 %) and single-stage exchange for PJI (12.0 %). The mean time to explant in those whose implant failed was 27.3 months (SD 36.7).

Discussion

As the volume of patients with distal femoral bone loss increases, it is imperative that the arthroplasty surgeon be knowledgeable on outcomes of available treatment

methods. The aim of this study was to identify whether DFA for non-neoplastic indications allows for acceptable outcomes and prosthesis survivorship in patients presenting with extreme distal femoral bone loss, and to report on predictive factors for prosthesis outcomes. It highlights the efficacy of DFA in these challenging cases, and identifies differing outcomes based on the indication for DFA, with trauma showing a non-significant decrease in implant survivorship at one and five years. The severity of complications also varied, with DFA indicated for trauma or mechanical loosening, resulting in higher rates of arthrodesis or amputation compared to DFA for PJI.

Distal femoral bone loss and fracture occur disproportionately in geriatric populations.^{1,2} These patients are prone to prolonged bed rest and partial weightbearing periods, increasing their risk of associated complications such as deconditioning, falls, pneumonia, and venous thromboembolism following surgery.^{29,30} Though used, megaprosthesis for these indications is an exceptional indication, as demonstrated by the small number of cases and limited published work on the procedure. In fact, the decision to place a megaprosthesis is sometimes only made during surgery.^{4,31} This decision is based on intraoperative factors such as bone quality, nonunion, and damage observed following cement spacer or existing prosthesis removal, and may differ from the original plan based on preoperative imaging and exam. A key benefit of DFA is the ability for early or immediate postoperative weight-bearing and range of motion. In most cases, the pathologies necessitating megaprosthesis reconstruction are in fact limb- and even life-threatening. Previous research has shown that lower limb salvage is feasible for a majority of patients, thus sparing them the negative psychological,

Table III. Reoperations following distal femoral arthroplasty, by initial surgical indication.

Variable	Indication		
	Mech fail (n = 25)	PJI (n = 23)	Trauma (n = 27)
Patients undergoing reoperations, n (%)	9 (36)	7 (30)	11 (41)
Total reoperations	23	21	24
One reoperation	3	3	8
Two reoperations	3	1	1
Three reoperations	0	1	0
Four reoperations	2	0	0
Five reoperations	0	0	0
Six reoperations	1	1	1
Seven reoperations	0	1	1
Single-stage exchange (PJI), n (%)	4 (17)	4 (19)	2 (8)
Revision (aseptic loosening), n (%)	4 (17)	4 (19)	3 (12)
Irrigation and debridement (infection), n (%)	4 (17)	0 (0)	9 (38)
Amputation, n (%)	2 (9)	1 (5)	3 (12)
Explant and antibiotic spacer, n (%)	2 (9)	3 (14)	3 (12)
Irrigation and debridement (wound), n (%)	3 (13)	2 (10)	1 (4)
Knee arthrodesis, n (%)	3 (13)	1 (5)	0 (0)
Spacer removal and reimplantation, n (%)	1 (4)	2 (10)	0 (0)
Flap, n (%)	0 (0)	0 (0)	1 (4)
ORIF, n (%)	0 (0)	1 (5)	0 (0)
Other, n (%)	0 (0)	3 (14)	1 (4)

ORIF, open reduction internal fixation; PJI, periprosthetic joint infection

social, physical, and functional effects associated with amputation.^{4,32-34}

The survivorship of our entire cohort, regardless of indications, was 87% at one year and 76% at five years. In an earlier published series of 37 patients who received 39 DFAs for non-neoplastic indications, Berend and Lombardi⁴ reported a 12-month implant survivorship of 97% at and a 46-month implant survivorship of 87%. This study's rate was 87% at one year and 78% at 46 weeks, lower than survivorship reported in other studies. Perhaps this lower value reflects the larger number of patients in our cohort with a history of PJI and the higher mean number of previous surgeries on the knee. Although the survivorship numbers appear to be low, they are higher than the one- and five-year survivorship of other rotating hinge prostheses that are used in salvage revision TKA.^{35,36} Additionally, the limb salvage was ultimately successful in 92% (n = 69) of patients, similar to the previously reported 95% by Berend and Lombardi.

When looking at survivorship based on indication, our study showed one- and five-year implant survivorship for mechanical failure of 92% and 68%, PJI of 91% and 72%, and distal femur fracture/nonunion of 78% and 70% (p = 0.618, log-rank test). We were underpowered and unable to detect a significant difference in survivorship between cohorts; however, there are no current studies comparing these three indications. Although low, our survivorship and cohort size compare to recently published literature on a cohort-to-cohort basis (Table V). For PJI (n = 41), Theil et al³⁷ reported 66% survivorship at two years and 50% at five

Table IV. Complications following distal femoral arthroplasty by patient and surgical factors.

Factor	No complication (n = 38)	Complication (n = 37)	p-value
Mean age, yrs (SD)	71.2 (9.9)	66.8 (9.1)	0.049†
Female, n (%)	27 (71)	20 (54)	0.128‡
Mean BMI, kg/m ² (SD)	32.3 (8.9)	33.6 (7.8)	0.504†
Mean CCI* (SD)	0.94 (1.2)	0.65 (1.5)	0.358†
Mean ASA grade (SD)	2.8 (0.5)	2.8 (0.4)	1.000†
Diabetes Mellitus, n (%)	6 (16)	6 (16)	1.000‡
Rheumatoid arthritis, n (%)	2 (5)	1 (2.7)	1.000‡
Active smoker, n (%)	17 (45)	13 (35)	0.396‡
Mean no. prior knee surgeries (SD)	3.1 (2.4)	3.1 (2.1)	1.000†
Estimated blood loss, ml (SD)	512 (1,068)	407 (298)	0.566†
Operating time, mins (SD)	162 (40)	183 (56)	0.065†

*Not age-adjusted.

†Independent-samples *t*-test.

‡Chi-squared test.

ASA, American Society of Anesthesiologists score; CCI, Charlson Comorbidity Index; SD, standard deviation.

years. Matar et al³⁸ reported a five-year, 80% survivorship for a cohort composed of patients who underwent DFA for PJI (n = 16) and aseptic loosening (n = 17).

Other options for knee reconstruction are available for patients in need of lower limb preservation. One



Fig. 5

Pre- and postoperative anteroposterior radiographs of a 60-year-old female with prior total knee arthroplasty (2009) and periprosthetic joint infection (PJI) and revision (2010) presenting with a) imaging of her existing total knee arthroplasty. b) Six years after the revision knee arthroplasty and multiple failed antibiotic courses for recurrent methicillin-sensitive *Staphylococcus aureus* PJI, the implant was explanted and an antibiotic cement spacer was placed. c) Four months later she underwent distal femoral arthroplasty (DFA). d) Due to suspected ongoing PJI she then underwent a polyethylene exchange and irrigation and debridement three weeks later. e) Without resolution of the PJI, she underwent DFA explantation and placement of antibiotic spacer after another two months and, lastly, f) after an additional three months she underwent arthrodesis of the right knee. There have been no signs of PJI since fusion.

Table V. Summary of cited literature data for use of distal femoral arthroplasty in non-oncological patients.

Study	Indication for DFA	Patients, n	Median follow-up, mths	Complication rate, %	Reoperation rate, %	Survivorship 1 yr, %	Survivorship 5 yrs, %
Present study		75	60	49	36	87	76
	Fracture/nonunion	27	-	41	41	78	70
	PJI	23	-	52	30	91	72
	Aseptic loosening/mechanical failure	25	-	56	36	92	68
Theil et al ³⁷	PJI	41	59	-	47	66 at 2 yrs	50
Matar et al ³⁹	Periprosthetic fracture	27	48	7.4	3.7	-	-
Matar et al ³⁸		33	60	12	-	-	80
	PJI	16	-	-	-	-	-
	Aseptic loosening	17	-	-	-	-	-
Berend and Lombardi ⁴		37	46	18	14	97	83
	Revision TKA	11	-	-	-	-	-
	Fracture/nonunion	15	-	-	-	-	-
	Aseptic loosening/mechanical failure	11	-	-	-	-	-
Höll et al ¹³		21	34	55	24	-	-
	PJI	5	-	-	-	-	-
	Fracture/nonunion	14	-	57	-	-	-
	Aseptic loosening	2	-	-	-	-	-
Mortazavi et al ⁴⁰	Periprosthetic fracture	22	59	46	23	-	-

Dashes signify that a particular data point was not reported in the cited work. DFA, distal femoral arthroplasty; PJI, periprosthetic joint infection.

commonly used method is a structural allograft. However, complications following this procedure occur in 23% to 55% of cases and may include resorption, nonunion, and infection.^{9,13,41–43} Perhaps the worst impediment of the allograft is the varying time it takes for the patient to become weightbearing.⁴⁴ In this series of 75 patients, 49% (n = 37) suffered at least one complication, with nine patients (13%) needing revisions. This is consistent with other published literature, showing overall complication rates following DFA of up to 46% for periprosthetic fracture as the presenting indication,⁴⁰ and 55% across

all non-oncological indications.¹³ Revisions have been shown to range from 4% in patients with DFA for periprosthetic fracture to 18% for all patients who underwent DFA without tumour indications.^{4,13,39}

PJI was the most common complication. A total of 16 (21.3%) of our patients experienced PJI following implantation of their megaprosthesis (Figure 5). Though high, this rate is mirrored in published literature describing rates of PJIs with megaprotheses, with reported rates of 20% following DFA.^{13,45} In our study, PJI was a major driver of implant survivorship failure (n = 13). Another common

complication in this study was aseptic loosening. A study by Myers et al¹⁰ reported an aseptic loosening rate of 35% following prostheses over a period of ten years. The loosening rate in this study was predictably lower at only 12%, due to shorter follow-up time. However, in our study, loosening was a driver for survivorship failure. Overall, an increase in aseptic loosening can be expected with longer follow-up durations, and may decrease in populations with limited walking capacity.^{6,13}

This study has several limitations. The number of patients for each surgical indication is small, and powered analysis could not be conducted due to the infrequent performance of this procedure, though the size of each group is similar to reported populations in other studies. Additionally, it was a retrospective analysis and lacked a control group. Furthermore, despite our attempts, we were not able to obtain enough patient-reported pre- and postoperative functional outcome scores to include in this study. We suspect this is due to the length of our inclusion timeframe (starting in 2002), which may mean patients further removed from their procedure have since become mentally incapacitated or deceased.

This topic has much potential for future study. The field of arthroplasty would benefit greatly from an appropriately powered prospective comparison of the treatment options for distal femoral bone loss for each of the previously discussed indications, with inclusion of functional outcomes. Another area of future study is research into techniques for limiting aseptic loosening following DFA, possibly with methods such as press fitting implants, the use of cones/sleeves, or using hybrid cemented fixation.

To summarize, in this retrospective cohort study, we demonstrated that DFA is a viable surgical option for those patients with significant distal femoral bone loss or fracture. Patients should be counselled preoperatively about relatively high complications rates, likelihood of implant survivorship, and the reality of the often limb-threatening nature of their diagnoses.



Take home message

- Distal femoral arthroplasty (DFA) is a viable option for significant non-oncological distal femoral bone loss.
- Patients who underwent DFA for mechanical failure

demonstrated the highest survivorship as well as highest complication rate.

- Those who underwent DFA for trauma and its sequelae demonstrated the highest failure rate.

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Funding statement:

- The authors received no financial or material support for the research, authorship, and/or publication of this article.

Acknowledgements:

- We would like to thank Mathew Sherman for his help with the statistics.

Ethical review statement:

- Approval for this study was obtained from our institutional review board (IRB ID 19D.112)

Open access funding

- The authors confirm that the open access funding was provided by Thomas Jefferson University and Rothman Orthopaedics.

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