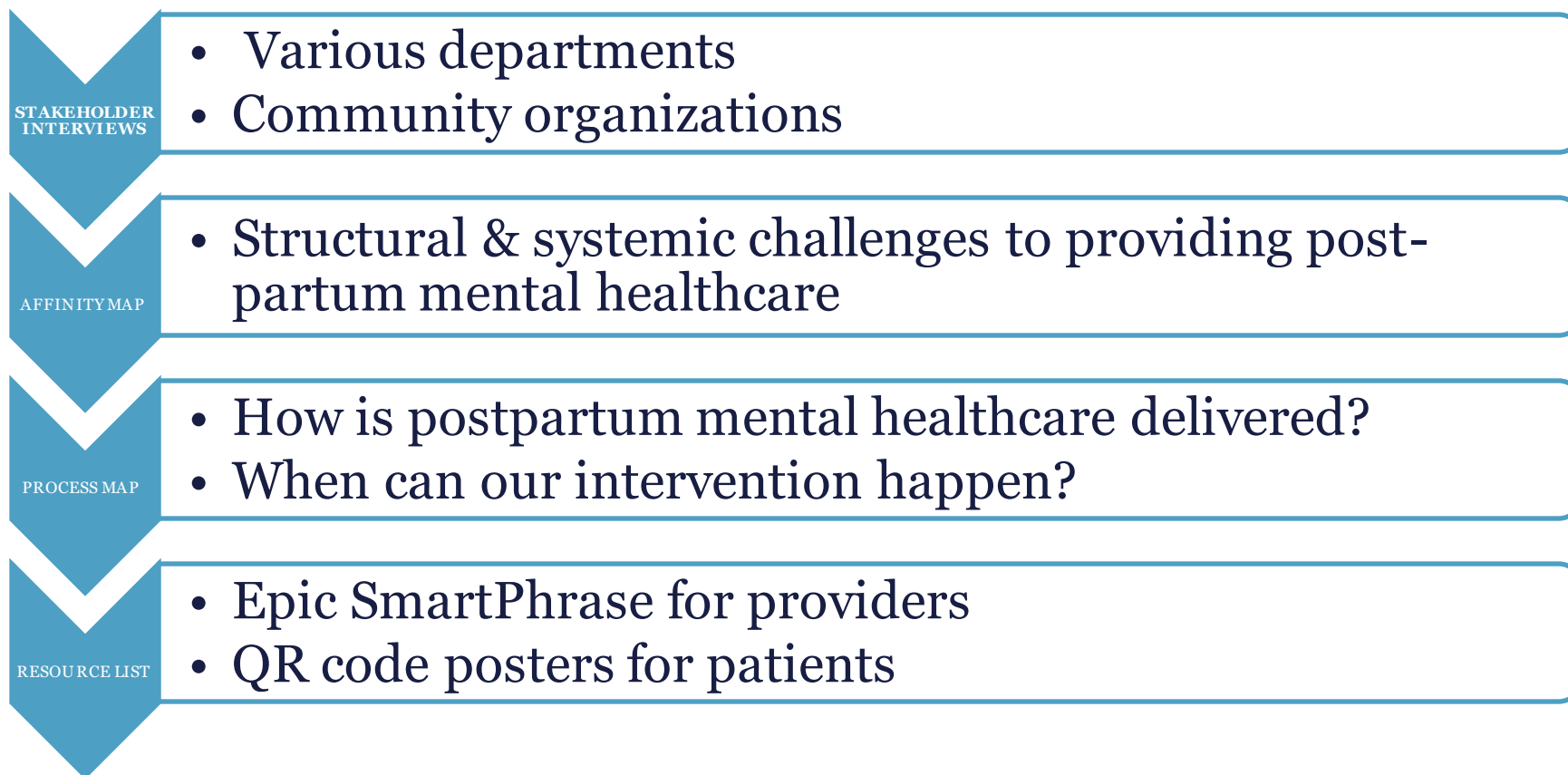


INTRODUCTION

- **Problem Statement:** Post-partum depression (PPD) is common among patients who receive care at Jefferson¹. Social determinants and health inequities create a wide disparity in access to mental health services in the post-partum period. These barriers need to be addressed to improve post-partum mental health.
- **Aim:** Develop a culturally sensitive list of mental health services and resources easily accessible to women in the Jefferson community who are at risk of or have PPD.
- **Interdisciplinary Team:** Attending physicians, fellows, residents, and students from Departments of Obstetrics & Gynecology, Psychiatry, and Population Health.

QI PROCESS & METHODS



BASELINE METRICS

- Patient QR code usage
- Clinician Epic SmartPhrase usage

ACKNOWLEDGEMENTS

Thank you to our EQUIP for Equity hub team, Dr. Cheney-Peters, Dr. Jaffe, Christine Shusted, Dr. Rickie Brawer, Olga Martinez, Laura Gontz, and all Jefferson clinicians and community organizations that provided invaluable input.

INTERVENTION PLANNING & RESULTS

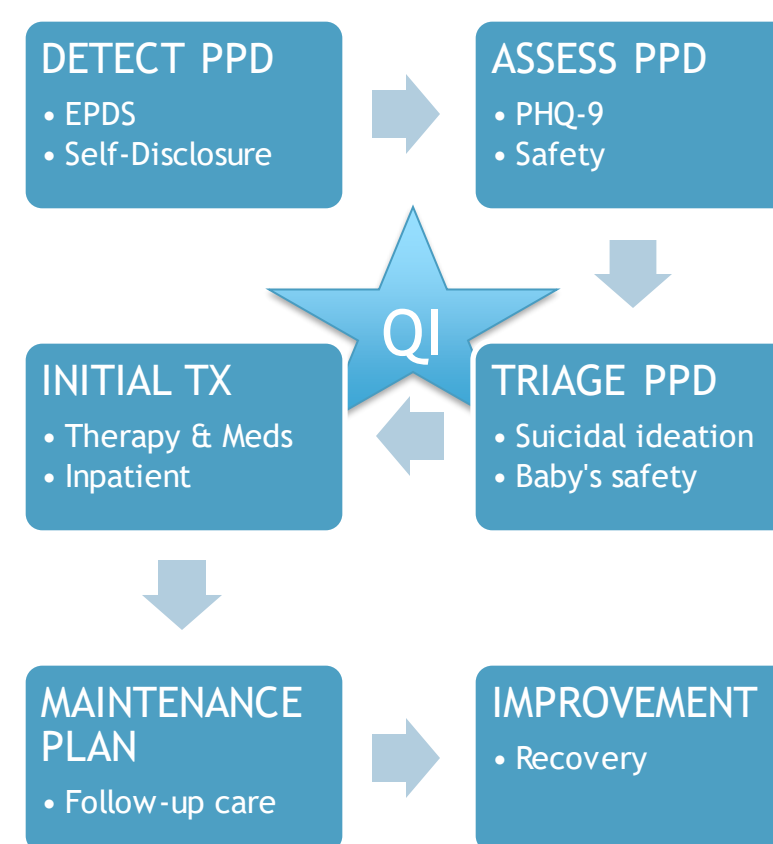
STAKEHOLDER INTERVIEWS

COMMUNITY ORGANIZATIONS	JEFFERSON DEPARTMENTS
<ul style="list-style-type: none"> • Maternity Care Coalition • Community Behavioral Health • Oshun Family Center • Casa del Carmen 	<ul style="list-style-type: none"> • Family Medicine • OB/GYN • Pediatrics • Psychiatry

AFFINITY MAP

Ineffective Provider Collaboration	Access Challenges	Patient-Provider Relationship	Workflow
<ul style="list-style-type: none"> • Working in siloes • Communication is disjointed 	<ul style="list-style-type: none"> • Insurance • Limited mental health providers 	<ul style="list-style-type: none"> • Language/Culture barriers • Trust 	<ul style="list-style-type: none"> • Short visit • 1 post-partum visit in 4th trimester

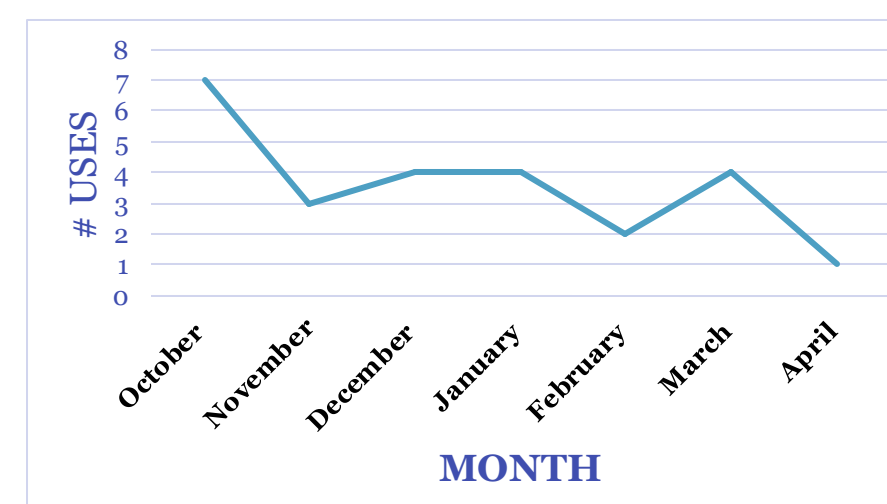
PROCESS MAP & POINT OF INTERVENTION



RESOURCE LIST

9 CLINICS
6 SUPPORT GROUPS
3 ONLINE GROUPS
9 ONLINE DIRECTORIES

EPIC SMARTPHRASE USAGE



LITERATURE CITED

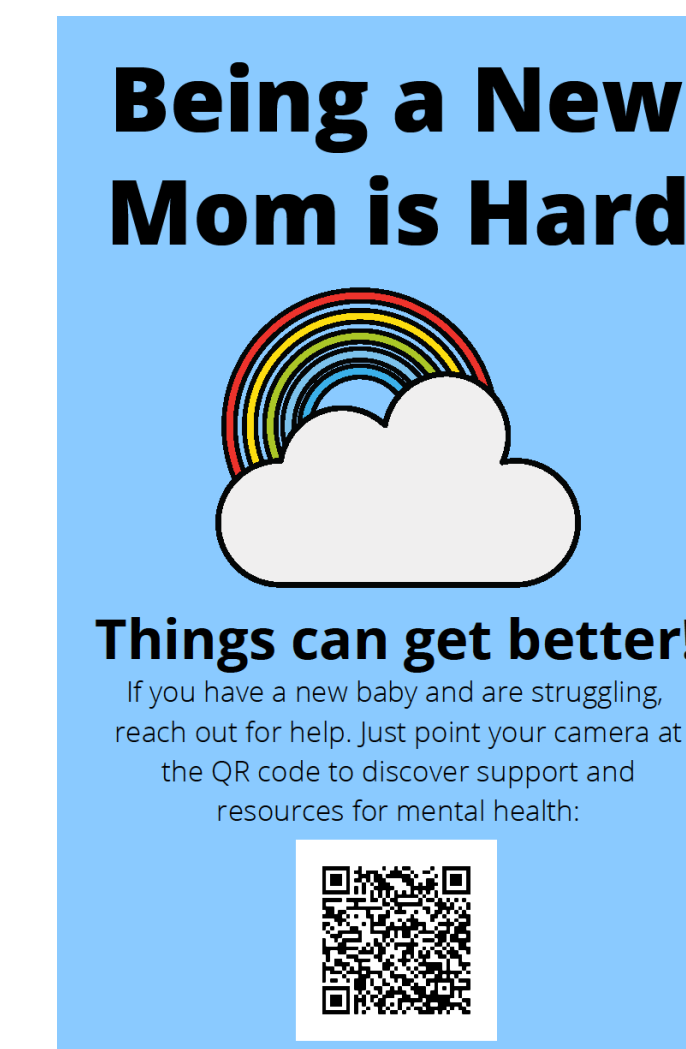
1. Philadelphia Department of Health. (2019). *Southeastern Pennsylvania Community Health Needs Assessment*. <https://hospitals.jefferson.edu/content/dam/health/PDFs/general/in-the-community/CHNA2019.pdf>

CHALLENGES & LESSONS LEARNED

- Interdisciplinary perspectives enriched the QI development experience
- Epic SmartPhrase has not been widely used
- QR code development and launch are still in progress
- Sustainability: who will keep resource list up-to-date?
- Engagement with mental health services cannot be discerned from QR analytics

FUTURE STEPS

- Obtain permission to hang patient-facing posters in the Jefferson ED, hospital and outpatient clinics
- Track frequency of QR click-throughs to resource list
- Increase accessibility of SmartPhrase to all Epic users
- Increase awareness of SmartPhrase
- Maintain resource list on FindHelp and in Epic



Scan this QR code to visit our Resource List

CONCLUSION

This QI project is actively working to address current health disparities and improve mental health outcomes amongst postpartum patients through increased collaboration between Jefferson Departments of Obstetrics & Gynecology, Psychiatry, and community organizations.