

Health Mentors Reflection

By Julie DiStasi

My experience with the Health Mentors Program, and specifically Mr. Lanza, has been truly enjoyable. Getting to know Mr. Lanza has definitely been the highlight and I always look forward to our get togethers. His drive and want to give back is truly inspirational and getting to participate in a program that allows students to meet and learn from individuals such as Mr. Lanza is priceless. It is easy to get caught up in the difficulties of school but he is a constant reminder of why we do what we do. I have gotten so much out of meeting Mr. Lanza; I look forward to our next get together and I am equally excited to take what he has taught me into my career!



*Health Mentors Cohort 13, Team # 44:
Earl Bampo (Medical Student), Mr. Lanza
(Health Mentor), Lauren Banner (Medical
Student), Julie DiStasi (Physical Therapy
Student)*