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# Successful management of severe liver failure on venoarterial extracorporeal membrane oxygenation using molecular adsorbent recirculating systeme.

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A 49-year-old female with Adriamycin induced cardiomyopathy presented with decompensated biventricular congestive heart failure. Despite multiple Inotropes, the patient's hemodynamics deteriorated and she underwent veno-arterial extracorporeal membrane oxygenation (VA-ECMO) placement as a bridge to decision. Pre-ECMO workup showed liver dysfunction with elevated total bilirubin of 5.9 mg/dl, normal liver enzymes and liver ultrasound image. Tentative diagnosis of "end-stage liver failure" was made without a biopsy.

Shortly after initiation of ECMO, the patient developed massive hemoptysis which was successfully managed with continuation of ECMO and ventilator management. <sup>1</sup> The patient's total bilirubin continued to increase to peak of 56 mg/dl on ECMO day #9 (Figure 1). Molecular adsorbent recirculating system (MARS) was initiated on ECMO day 9 thru 14. The bilirubin improved dramatically with MARS. Liver biopsy performed while on ECMO provided a definitive diagnosis of cholestasis without cirrhosis. The patient underwent Heart Mate II left ventricular assist device (LVAD) placement and ECMO removal on ECMO day 20. There was no further episode of liver failure, and the patient was eventually discharged from hospital.

VA-ECMO is a support therapy for the patients with profound cardiac and/or respiratory failure, and its outcomes are closely related with end-organ recovery. <sup>2</sup> Non-survivors of ECMO follow a common pathway of development of intractable and progressive multi-organ dysfunction. Death can rapidly follow the development of liver dysfunction. Current therapy of liver failure superimposed on cirrhosis is limited to treat the precipitating event; if the precipitating event can be eliminated, the liver can recover to its previous compensated state. Patient with liver failure accumulate toxic molecules and accumulation of these substances may induce encephalopathy, hypotension, renal failure, macrophage dysfunction, and/or inhibition of hepatocyte recovery.

MARS is a cell-free extracorporeal liver support device based on the principle of albumin dialysis. <sup>3</sup> Blood is perfused through a specific membrane dialyzer that uses 20% albumin as a

molecular adsorbent that is re-circulated and perfused in-line through charcoal and anion exchanger columns. Toxic molecules accumulated in the plasma can be eliminated by passage of blood or plasma over sorbent columns since most of these molecules are lipophilic and albumin bound. The molecules which can be removed by MARS include bile acids, conjugated bilirubin, aromatic amino acids, medium chain fatty acids, mercaptans, and cytokines. MARS not only remove selectively albumin bound substances but also MARS will eliminate water soluble toxins such as ammonia, creatinine. <sup>3</sup> Removal of these toxins by MARS may preserve end organ functions and decreased toxin molecule levels to facilitate organ recovery. <sup>4</sup>

Previously Peek reported that no patient survived from ECMO with MARS if the bilirubin was greater than 23 mg/dl (400 umol/L). <sup>3</sup> The peak bilirubin of our patient was 56 mg/dl (957 umol/L). A decrease in serum bilirubin for three consecutive days was the primary end point of MARS support on this patient. The bilirubin level remained stable and did not increase after completion of MARS treatment. Liver biopsy confirmed reversible pathology of liver. At this point, this patient's end-organ (liver) dysfunction was resolving. The right ventricular function was recovered while on ECMO and no longer required biventricular support. Chronic left ventricular failure necessitated implantable LVAD. MARS was initiated as a bridge to the decision to LVAD, eliminating elevated bilirubin without adverse effects. Retrospective, the liver dysfunction may have been transient although the peak serum bilirubin level was fatally high. The LVAD implantation was prohibited until hepatic failure was resolved with MARS.

## **Disclosure statement**

All of the listed authors indicated no potential conflict of interest.

### References

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## **Legends of Figures**

**Figure 1:** Total bilirubin was significantly improved after molecular adsorbents recirculating system (MARS) during extracorporeal membrane circulation (ECMO), which was followed by left ventricular assist device (LVAD)

placement.

