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Jason L. Chien
Thomas Jefferson University

Kareem Sioufi
Thomas Jefferson University

Sandor Ferenczy
Thomas Jefferson University

Emil Anthony T. Say
Thomas Jefferson University

Carol L. Shields
Thomas Jefferson University
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Optical Coherence Tomography Angiography Features of Iris Racemose Hemangioma in 4 Cases

Jason L. Chien, BS; Kareem Sioufi, MD; Sandor Ferenczy, CRA, OCT-C; Emil Anthony T. Say, MD; Carol L. Shields, MD

IMPORTANCE Optical coherence tomography angiography (OCTA) allows visualization of iris racemose hemangioma course and its relation to the normal iris microvasculature.

OBJECTIVE To describe OCTA features of iris racemose hemangioma.

DESIGN, SETTING, AND PARTICIPANTS Descriptive, noncomparative case series at a tertiary referral center (Ocular Oncology Service of Wills Eye Hospital). Patients diagnosed with unilateral iris racemose hemangioma were included in the study.

MAIN OUTCOMES AND MEASURES Features of iris racemose hemangioma on OCTA.

RESULTS Four eyes of 4 patients with unilateral iris racemose hemangioma were included in the study. Mean patient age was 50 years, all patients were white, and Snellen visual acuity was 20/20 in each case. All eyes had sectoral iris racemose hemangioma without associated iris or ciliary body solid tumor on clinical examination and ultrasound biomicroscopy. By anterior segment OCT, the racemose hemangioma was partially visualized in all cases. By OCTA, the hemangioma was clearly visualized as a uniform large-caliber vascular tortuous loop with intense flow characteristics superimposed over small-caliber radial iris vessels against a background of low-signal iris stroma. The vascular course on OCTA resembled a light bulb filament (filament sign), arising from the peripheral iris (base of light bulb) and forming a tortuous loop on reaching its peak (midfilament) near the pupil ($n = 3$) or midzonal iris ($n = 1$), before returning to the peripheral iris (base of light bulb). Intravenous fluorescein angiography performed in 1 eye depicted the iris hemangioma; however, small-caliber radial iris vessels were more distinct on OCTA than intravenous fluorescein angiography.

CONCLUSIONS AND RELEVANCE Optical coherence tomography angiography is a noninvasive vascular imaging modality that clearly depicts the looping course of iris racemose hemangioma. Optical coherence tomography angiography depicted fine details of radial iris vessels, not distinct on intravenous fluorescein angiography.

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Author Affiliations: Ocular Oncology Service, Wills Eye Hospital, Thomas Jefferson University, Philadelphia, Pennsylvania.

Corresponding Author: Carol L. Shields, MD, Ocular Oncology Service, Wills Eye Hospital, Thomas Jefferson University, 840 Walnut St, 14th Floor, Philadelphia, PA 19107 (carolshields@gmail.com).

Iris racemose hemangioma is a benign arteriovenous malformation with direct artery to vein communication but without intervening capillary bed.^{1,2} Reports have used intravenous fluorescein angiography (IVFA), anterior segment (AS) optical coherence tomography (OCT), and ultrasound biomicroscopy (UBM) to describe features of this iris abnormality.³ Optical coherence tomography angiography (OCTA) was introduced in the clinical setting in 2012 and is best known for detecting retinal neovascularization, with only limited reports of AS vasculature.⁴⁻⁸ We report herein AS imaging of iris racemose hemangioma using OCTA.

Methods

This is a retrospective observational case series of 4 consecutive unilateral iris racemose hemangiomas seen on the Ocular Oncology Service of Wills Eye Hospital, Philadelphia, Pennsylvania, from August 2016 to November 2016. Institutional review board approval of Wills Eye Hospital was obtained, and Health Insurance Portability and Accountability Act guidelines were followed. Written consent was obtained from all patients.

All patients underwent comprehensive ophthalmic examination including slitlamp evaluation and photography, dilated funduscopy examination, UBM, AS-OCT, IVFA (when possible), and OCTA. Optical coherence tomography angiography was performed with Optovue RTVue XR Avanti, version 2016.1.0.26 (Optovue Inc).⁹ For AS OCTA, a volume cube scan protocol was used to scan the lesion (3.00 × 3.00 mm; AngioRetina); however, the Z-motor positioning and focus settings were adjusted manually to allow visualization of the AS and precise focus of the OCT B-scan, and the P-motor was automatically adjusted.

Patient demographics (including age, race/ethnicity, and sex) and referral diagnoses were recorded. Data regarding clinical features included affected eye, visual acuity, iris color, tumor clock-hour location, tumor size (number of clock hours), and presence of iris or ciliary body mass. Imaging features were recorded from UBM, AS-OCT, IVFA, and OCTA, including visualization of hemangioma, vascular course, and hemangioma type (simple vs complex).¹⁰

Results

Mean age was 50 years (range, 43-67 years), and all patients were white with bilateral 20/20 visual acuity. By slitlamp biomicroscopy, the hemangioma was minimally visible within the iris stroma as a large, dark-red vessel with a tortuous course buried within normal stromal tissue without solid tumor in the iris or ciliary body. The hemangioma was located temporally or inferotemporally in the right (n = 3) or left (n = 1) eye and demonstrated 1.0-1.5 clock hours of involvement (Table).

Key Points

Question How does iris racemose hemangioma appear by optical coherence tomography angiography?

Finding In this case series using optical coherence tomography angiography, iris racemose hemangioma appears as a large-caliber vascular tortuous loop with intense flow characteristics superimposed over small-caliber radial iris vessels against a background of low-signal iris stroma. It resembles a light bulb filament (filament sign), arising from the peripheral iris (base of light bulb), forming a tortuous loop on reaching its peak (midfilament) near the pupil or midzonal iris, before returning to the peripheral iris (base of light bulb).

Meaning These findings suggest iris racemose hemangioma has distinct features on optical coherence tomography angiography.

On UBM, the hemangioma could not be identified. Anterior segment OCT over the hemangioma showed its lumen as a hyporeflective spherical core with poorly delineated margins against normal iris stroma and vasculature. By OCTA, the hemangioma appeared as a uniform, large-caliber vascular tortuous loop without aneurysmal changes, and with intense flow characteristics superimposed over small-caliber radial iris vessels against a background of low-signal iris stroma. The vascular course on OCTA resembled a light bulb filament (filament sign), arising from the peripheral iris (light bulb base) and forming a tortuous loop on reaching its peak (midfilament) near the pupil (n = 3, Figure 1B and D and Figure 2D) or midzonal iris (n = 1, Figure 1F), before returning to the peripheral iris (light bulb base). Optical coherence tomography angiography was not able to visual-

Table. Iris Racemose Hemangioma: Clinical and Imaging Features in 4 Cases

Demographics	Patient 1	Patient 2	Patient 3	Patient 4
Age, y	45	43	43	67
Race/ethnicity	White	White	White	White
Sex	Female	Male	Male	Female
Referral diagnosis	Iris lesion	Iris lesion	Iris lesion	Iris lesion
Clinical features				
Involved eye	Right	Right	Right	Left
Visual acuity	20/20	20/20	20/20	20/20
Iris color	Blue	Blue	Green	Green
Clock hours, h:min	7:00-8:30	7:00-8:30	9:00-10:00	4:00-5:30
Iris or ciliary body mass ^a	Negative	Negative	Negative	Negative
Imaging features				
UBM	Indistinct	Indistinct	Indistinct	Indistinct
AS-OCT				
Visualization	Partial ^b	Partial ^b	Partial ^b	Partial ^b
IVFA				
Visualization	NA	NA	NA	Yes
Vascular course	NA	NA	NA	PI-Pupil-PI
Hemangioma type	NA	NA	NA	Simple
OCTA				
Visualization	Yes	Yes	Yes	Yes
Vascular course	PI-Pupil-PI	PI-Pupil-PI	PI-Midzone-PI	PI-Pupil-PI
Hemangioma type	Simple	Complex	Simple	Simple

Abbreviations: AS-OCT, anterior segment optical coherence tomography; IVFA, intravenous fluorescein angiography; NA, not applicable/not done; OCTA, optical coherence tomography angiography; PI, peripheral iris; UBM, ultrasound biomicroscopy.

^a Imaged using UBM and AS-OCT.

^b Lumen of racemose hemangioma was partially visualized.

Figure 1. Iris Racemose Hemangioma Under Slitlamp Photographs (A, C, and E) and Corresponding Optical Coherence Tomography Angiography (B, D, and F)

ize vascular details in the angle; hence, it was difficult to ascertain the exact origin of the hemangioma by OCTA. In the 1 case that received AS IVFA, the vascular course of the hemangioma was delineated on AS IVFA; however, details regarding relationship to normal iris microvasculature were not fully captured on AS IVFA (Figure 2B and C).

Discussion

Optical coherence tomography angiography can provide vascular imaging capability of iris and conjunctival tumors.⁶⁻⁸ Skalet et al⁶ showed increased intratumoral vascular density in iris melanomas compared with benign iris nevi using AS OCTA. Kang et al⁷ demonstrated iris microhemangiomatosis by OCTA, delineating pinpoint vascular lesions with flow arising from the posterior iris stroma,

while Chien et al⁸ used OCTA to visualize abundant vasculature within conjunctival racemose hemangioma not seen on IVFA.

In this study, we found that commercially available OCTA showed remarkable clinical utility for imaging iris racemose hemangioma. Cases in this study had lightly pigmented irides. In the iris, detection of flow signal depends on iris color, and flow is best detected in lightly colored irides.⁶ Thus, our findings may not be replicable in darkly pigmented irides. Further, OCTA allowed detailed visualization of the hemangioma in relation to the normal iris vasculature not possible with slitlamp examination, particularly when they were deep within the iris stroma as demonstrated in patients 1, 2, and 4. For patient 4, OCTA provided visualization of the hemangioma superimposed on the normal radial iris vessels, while the normal radial iris vessels were not distinctly visualized on IVFA. This is likely owing to the long operating wavelength of OCTA, allowing better

Figure 2. Iris Racemose Hemangioma Under Slitlamp Photograph, Early-Phase and Late-Phase Intravenous Fluorescein Angiography, and Optical Coherence Tomography Angiography

Optical coherence tomography angiography (D) showed dilated tortuous hyperreflective vascular lesion consistent with iris racemose hemangioma with looping course of vessel from the peripheral iris (yellow arrowhead) toward the pupillary margin (red arrowhead) and back to the peripheral iris (yellow

arrowhead). Small-caliber normal radial iris vessels (blue arrowhead) were more distinct on optical coherence tomography angiography (D) than early (B; 35 seconds) and late (C; 2.05 minutes) phase intravenous fluorescein angiography.

stromal tissue penetration, while IVFA exhibits diminished transmission of fluorescence through iris stroma.

Differentiation of iris racemose hemangioma from other vascular lesions is important. Iris racemose hemangioma is the most frequent iris vascular tumor and can be distinguished by its characteristic uniform vascular pattern, looping course, and location.^{2,10} In this study, OCTA showed racemose hemangioma emanates from the peripheral iris and courses to the pupillary margin or midzonal region, forming a tortuous loop before returning to the peripheral iris. In contrast, iris microhemangiomas is a minute nodular vascular sac at the pupillary margin, producing transient and intermittent hyphema,¹⁰⁻¹² while iris neovascularization appears as fine, thread-like haphazard vascularization of the iris stroma emanating from the pupillary margin or the angle.^{10,13}

Limitations

The characteristic vascular pattern of iris racemose hemangioma was identified on both OCTA and traditional IVFA. However, it is important to realize several limitations of each method and that each should not be used interchangeably. Intravenous fluorescein angiography is limited by light penetrance of deeper tissue and vascular leakage that can obscure microvascular details. Conversely, OCTA is limited by motion artifact and its inability to detect some flow patterns, especially vascular leakage. In cases where iris vascular lesions are clinically

indistinguishable, features on IVFA could potentially allow differentiation because iris racemose hemangioma does not leak, while iris neovascularization typically exhibits slow leakage of dye into the aqueous.^{10,13} In terms of time efficiency, OCTA may be advantageous because it allows a quicker noninvasive evaluation of iris microvasculature. Further, only lightly pigmented irides were imaged using commercially available OCTA. Light penetrance using superluminescent diode typically used in spectral domain OCT may not be sufficient for darker irides. Also, all patients scanned in this series had excellent cooperation during image acquisition. Anterior segment OCTA imaging requires patient cooperation because eye tracking and motion correction used for posterior segment OCTA demonstrate less proficiency when applied to the AS.

Conclusions

In summary, we report OCTA features in 4 cases of iris racemose hemangioma. Optical coherence tomography angiography allowed visualization of the characteristic uniform vascular caliber and looping course of iris racemose hemangioma and provided information in relation to normal iris microvasculature. Future improvements in OCTA technology may allow improved details and extend limitations on iris color.

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Concept and design: Chien, Sioufi, Say, Shields.

Acquisition, analysis, or interpretation of data: All authors.

Drafting of the manuscript: Chien, Sioufi.

Critical revision of the manuscript for important intellectual content: All authors.

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