Nursing Alumni Bulletins

Fall 2011

Nurses Alumni Association Bulletin, Fall 2011

Susan Albrecht Curcio
Diane Warder Carugno
Sarah Hindson Wagner
Jane Ryan Dietrich
Aileen Ishuin MacMillan

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Nurses’ Alumni Association Bulletin

Diploma School of Nursing
Thomas Jefferson University Hospital
1895 – 2011

Fall 2011
MEETINGS AND ANNUAL LUNCHEON

REGULAR MEETING DATES
Wednesday, September 14, 2011, 11 a.m.
Wednesday, November 9, 2011, 11 a.m.
Wednesday, January 11, 2012, 11 a.m.
Wednesday, March 7, 2012, 11 a.m.
Wednesday, September 12, 2012, 11 a.m.
The above Meetings are held in the Edison Building, Room 1229
130 South 9th Street, Philadelphia, PA 19107

ANNUAL MEETING
Saturday, May 5, 2012, 10:30 a.m.
Jefferson Alumni Hall, Solis-Cohen Auditorium
1020 Locust Street, Philadelphia, PA 19107

ANNUAL LUNCHEON
Saturday, May 5, 2012
Social Hour: 11:30 a.m.
Luncheon: 1 p.m.
Jefferson Alumni Hall, 1020 Locust Street
Philadelphia, PA 19107

Diploma Nurses’ Alumni Office
130 South 9th Street, Room 724, Philadelphia, PA 19107
Phone: 215-955-8981
E-mail: nurses.alumni@jeffersonhospital.org
jane.dietrich@jeffersonhospital.org

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OFFICERS FOR 2011 – 2012

Bulletin Publication Committee:
Co-Chair
Susan Albrecht Curcio, '80
Co-Chair
Diane Warden Carugno, '78
Advisor
Sarah (Sally) Hindson Wagner, '54
Jane Ryan Dietrich, '59
Aileen Ishuin Mac Millan, '76
The Bulletin is published annually by:
Jefferson Nurses' Alumni Association
Thomas Jefferson University Hospital
130 South 9th Street, Room 724
Philadelphia, PA 19107-5233

Officers
President
Aileen Ishuin Mac Millan, '76
President Elect
Maria Gratzik Marinelli, '70
Vice President
Jane Ryan Dietrich, '59
Treasurer
Rae Matz Fierro, '77
Recording Secretary
Patricia Maro DeHart, '77

Board of Directors
Emily (Lee) Nash Hollenbach, '50
Mary Greenwood Schaal, '63
Tamara (Tammy) Tichian Magenta, '81
Dolores (Dee) Heckenberger, '55
Nancy Dunkle Konstanzer, '50
Jeanette (Nettie) Plasterer, '51
Joan Caruso, '76
Florence (Flossie) Roche, '56

Committee Chairs
Constitution & By Laws
Joan Caruso, '76
Nominating
Theresa (Terry) O'Brien, '75
Satellite
Jane Ryan Dietrich, '59
Marie Joan LeVan Keller, '58
Coordinator, Central PA Satellite
Relief Trust Fund
Tammy Tichian Magenta, '81
Scholarship
Dee Heckenberger, '55
Social
Jane Ryan Dietrich, '59
Alumni Office Coordinator
Jane Ryan Dietrich, '59

Volunteers
John J. Wagner, Jr.
Betty Prisnock, '47
Jeanette (Nettie) Plasterer, '51
Gerald (Jerry) Dietrich
Sally Hindson Wagner, '54
Genevieve Alderfer Batten, '54
Flossie Roche, '56
Janet Blumberg O'Brien, '62
Donna Webster Hetrick, '70
Frederick Mac Millan
Maria Gratnik Marinielli, '70
Theresa O'Brien, '75
Pat Mars DeHart, '77
Eileen Cosney McDevitt, '77
Rae Matz Fierro, '77
Susan Albrecht Curcio, '80
Tamara (Tammy) Tichian Magenta, '81

PRESIDENT’S MESSAGE

Dear Fellow Graduates,

This year was a milestone for me. It was my 35th Anniversary graduating from our diploma school, starting work at Jefferson and getting married to Fred; all in the same year, in that order.

I am thankful for the many people I have met on my journey through life. My classmate, Kathy Munda McNamara '76, reserved a room for a Friday night dinner on the Moshulu Ship on the Delaware. This added to our 35th Anniversary celebration to make it a special weekend reconnecting with old friends. Thank you, Kathy!

I met Dr. Joyce Shaffer '61 who came in for her 50th Anniversary and to help others learn how to keep our brains fit. She has written several books and after much research on the subject, wrote a book called "Ideal Aging" and had a book signing during the social hour at our luncheon. She also stayed until Monday, at her own expense to provide a free CEU program for the Jefferson nurses and alumni as a way of giving back to our school where she began her journey. Thank you, Joyce!

Two of Joyce's classmates, Patricia Michaels Calhoun '61 and Jill Danh Mascena '61 were instrumental in gathering their class for the luncheon. They also took it upon themselves to collect information from their classmates and printed a booklet so they could share their past lives and catch up over the last 50 years. Thank you, Jill and Pittie.

We had classmates from the anniversary classes share their experiences of their Jeff days which added a special touch to the luncheon. Those who couldn't make it wrote some of the memories of their nursing days to share with their anniversary classes including Gene Roush Jenbek '41 and Shirley Schroy Hersey '46. For those unable to attend, we have enclosed their memoirs in this Bulletin. What a great group of nurses! Thank you all!

Thank you all again for continuing to support our General Operating Fund. We received over $47,000 in contributions and dues so we were able to stay within our targeted budget. This is how we pay for the Annual Bulletin, salaries, postage, office supplies, telephone, the 50th Anniversary Luncheon, etc. We're in much better financial shape this year thanks to all those giving above and beyond. We must continue these efforts since our pool of contributors is declining and we need to have a rainy-day fund to continue serving our Alumni.

Sincerely,

Aileen (Ish) Ishuin Mac Millan, '76, RNC, BSN, CBC
President
**TREASURER’S FINANCIAL REPORT**

**General Operating Fund**

Treasurer’s Report: July 1, 2010 – June 30, 2011

**Receipts and Contributions**

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dues</td>
<td>6,790</td>
</tr>
<tr>
<td>Flower Reimbursement from Trust Fund</td>
<td>12,981</td>
</tr>
<tr>
<td>Bulletin Reimbursement from Trust Fund</td>
<td>3,636</td>
</tr>
<tr>
<td>Net Assets released from restriction</td>
<td>1,950</td>
</tr>
<tr>
<td>Interest Dividends</td>
<td>185</td>
</tr>
<tr>
<td>Realized Gains</td>
<td>92</td>
</tr>
<tr>
<td><strong>Total Receipts and Dues/Contributions</strong></td>
<td><strong>66,879</strong></td>
</tr>
</tbody>
</table>

**Disbursements**

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries</td>
<td>41,012</td>
</tr>
<tr>
<td>Employee Benefits Accs (10% of salaries)</td>
<td>6,190</td>
</tr>
<tr>
<td>Telephone</td>
<td>127</td>
</tr>
<tr>
<td>Others</td>
<td>1,959</td>
</tr>
<tr>
<td>Petty Cash</td>
<td>7,184</td>
</tr>
<tr>
<td>Flowers (rest of reimbursement pending)</td>
<td>719</td>
</tr>
<tr>
<td>Graphics</td>
<td>177</td>
</tr>
<tr>
<td>Direct Expenses:</td>
<td></td>
</tr>
<tr>
<td>Relief benefits to Alumni, flowers</td>
<td>2,454</td>
</tr>
<tr>
<td>Fiduciary fees (July – June)</td>
<td>25,911</td>
</tr>
<tr>
<td>Assets Disbursed (Jan)</td>
<td>108,595</td>
</tr>
<tr>
<td>Clara Melville (January)</td>
<td>39,368</td>
</tr>
<tr>
<td>Bulletin (April)</td>
<td>3,636</td>
</tr>
<tr>
<td>PA Fiduciary Taxes (April)</td>
<td>2,860</td>
</tr>
<tr>
<td><strong>Total Disbursements</strong></td>
<td><strong>186,024</strong></td>
</tr>
</tbody>
</table>

**Rollforward Working Balance Report as of July 1, 2010**

| Balance as of July 1, 2010 | $1,950,314 |

| Contributions | $4,035 |
| Realized Gains | 2,177 |
|Unable to be released from restriction | (1,950) |
| Change in Net Unrealized Gains (Losses) on Investments | 4,331 |

**Ending Temporarily & Permanently Restricted Net Assets**

| Balance as of June 30, 2011 | $2,292,273 |

**Respectively submitted,**

Rae Fierro
Treasurer, Diploma Nurses’ Alumni Association

September 6, 2011

---

**The Jefferson Diploma Nurses Relief Fund Trust**

Activity for FY’11: July 1, 2010 – June 30, 2011

**Balance as of July 1, 2010**

| Receipts | $1,950,314 |

| Interest/Dividends/Income | 78,509 |
| Net Change in Market Value | 375,501 |
| Assets Received | 67,773 |

| Total Receipts | $521,783 |

| Direct Expenses: | |
| Relief benefits to Alumni, flowers | 2,454 |
| Fiduciary fees (July – June) | 25,911 |
| Assets Disbursed (Jan) | 108,595 |
| Clara Melville (January) | 39,368 |
| Bulletin (April) | 3,636 |
| PA Fiduciary Taxes (April) | 2,860 |

| Total Disbursements | $186,024 |

| Balance as of June 30, 2011 | $2,292,273 |

---

**Clinical Nursing Practice and Patient Outcome Endowed Fund**

**Temporary & Permanently Restricted Net Assets**

| Beginning Temporarily and Permanently Restricted Net Assets | $35,124 |

| Contributions | 4,035 |
| Realized Gains | 2,177 |
| Unrealized Gains (Losses) on Investments | (1,950) |
| Change in Net Unrealized Gains (Losses) on Investments | 4,331 |

**Ending Temporarily & Permanently Restricted Net Assets**

| Balance as of June 30, 2011 | $44,317 |

| Receipts | $33,184.50 |

| Interest and Dividends | 5,378.76 |
| Realized Gains | 26,698.84 |
| Unrealized Gains | 64,574.46 |
| Income | - |
| Transfer | 36,019.24 |
| Contributions | 1,520.00 |

| Total Disbursements | $124,361.30 |

| Loan Collections | (173,894.14) |
| Max Loan Activity | 6,773.49 |

**Rollforward Working Balance as of June 30, 2011**

| Balance as of June 30, 2011 | $652,834.38 |

| Disbursements | $667,295.80 |

| Loans | - |

| Fund Balance | $58,200.20 |

---

**Margurite G. Barnett Memorial Student Loan Fund**

**Fund Balance – June 30, 2010**

| Receipts | $274,762.70 |

| Interest and Dividends | (587.07) |
| Realized Gains | 5,380.25 |
| Unrealized Gains | 13,078.39 |

| Loans | - |

| Fund Balance | $120,513.62 |

---

**Nurses Alumni Association Educational Fund**

**Fund Balance – June 30, 2010**

| Receipts | $56,213.04 |

| Interest and Dividends | 554.13 |
| Realized Gains | 2,299.19 |
| Unrealized Gains | 6,904.84 |

| Loans | - |

| Fund Balance | $66,471.20 |

---

**Margurite G. Barnett Memorial Student Loan Fund**

**Fund Balance – June 30, 2011**

| Receipts | $56,213.04 |

| Interest and Dividends | 554.13 |
| Realized Gains | 2,299.19 |
| Unrealized Gains | 6,904.84 |

| Loans | - |

| Fund Balance | $66,471.20 |

---

**Nurses Alumni Association Educational Fund**

**Fund Balance – June 30, 2011**

| Receipts | $56,213.04 |

| Interest and Dividends | 554.13 |
| Realized Gains | 2,299.19 |
| Unrealized Gains | 6,904.84 |

| Loans | - |

| Fund Balance | $66,471.20 |
### Diploma School of Nursing Alumni Association

- **Fund Balance - June 30, 2010**: $130,084.00
  - **Receipts**
    - Interest and Dividends: 1,282.06
    - Realized Gains: 6,476.39
    - Unrealized Gains: 15,975.66
    - Contributions: -
  - **Disbursements**
    - Scholarships: 23,734.11
  - **Fund Balance - June 30, 2011**: $113,295.16

### Alumni Scholarship Fund

- **Fund Balance - June 30, 2010**: $161,025.38
  - **Receipts**
    - Interest and Dividends: 975.59
    - Realized Gains: 4,928.29
    - Unrealized Gains: 12,156.84
    - Contributions: -
  - **Disbursements**
    - Scholarships: 11,249.66
  - **Fund Balance - June 30, 2011**: $113,332.11

### Nora Shoemaker

- **Fund Balance - June 30, 2010**: $194,747.71
  - **Receipts**
    - Interest and Dividends: 1,931.05
    - Realized Gains: 9,716.71
    - Unrealized Gains: 23,253.73
    - Contributions: 40,024.52
  - **Disbursements**
    - Scholarships: 75,408.01
  - **Fund Balance - June 30, 2011**: $258,823.72

### Resume of Minutes

**September 14, 2010**
- 12 Members present
- **Old Business**
  - Announced Special Meeting resolution
- **New Business**
  - Building an Alumni Group for nurses with the School of Nursing

**November 9, 2010**
- 14 Members present
- **Old Business**
  - Alumni Affiliation discussed. Annual Giving letter completed
- **New Business**
  - None

**January, 2011**
- 12 Member present
- **Old Business**
  - Poem Book submitted by husband Wilbur for Mary Jane Holcomb Trautman ’45
  - Donations for Luncheon Auction
- **New Business**
  - None

**March 8, 2011**
- 9 Members present
- **Old Business**
  - None
- **New Business**
  - Mary Schaal leaving for sabbatical in July and Maria will take care of gift
May 7, 2011 Annual Meeting
The Annual Meeting was held in Solis-Cohen Auditorium in Jeff Hall at 10:30 a.m.

Call to Order: Aileen "Ish" Mac Millan ’76 called the meeting to order and noted 57 attendees at the meeting. Nominations for Board of Directors were announced and ballots were distributed.

Minutes: Pat Maro DeHart ’77 requested a silent reading. Accepted as 'read'.

Treasurer's Report: Rae Fiore ‘77, provided February and March general operating fund reports. After silent review there was a question, Ish responded that unused annual interest from the Relief Fund Trust goes to the Clara Melville-Adele Lewis Scholarship Fund (39K).

New Business:
Relief Fund Trust: Tammy Magenta ’81, No relief provided this year.
Bulletin: Susan Caruso ’80, Assistance requested to help with the bulletin
By-Laws: Sally Wagner ’54 Development will no longer be a committee. The president will prepare a giving letter. Future meetings will change to Wednesday.
Satellite: Joan Keller ’58 is trying to increase the number of participants from the Harrisburg area.
Nominating: Mary Schaal and Emily Nash Hollembach were voted onto the Board of Directors.
Office Coordinator: Ish Mac Millan expressed thanks for Jane’s efforts.

Communications:
Correspondence: Thank you for flowers acknowledged.
Deaths: Moment of silence for deceased classmates; there are 40-50 deaths/yr
New Business: Joyce Shaffer ’61 provided an overview of her research and book. She will conduct a CEU program on Monday, May 9 at Jefferson. No other new business discussed.
Meeting adjourned. Next meeting: Wednesday, September 14, 2011, 11 a.m.

Report of Standing Committees
Social: "Ish" reported on behalf of Jane Dietrich that there were 184 at the luncheon. 14 states were represented and 1 person from England. Thanks to Tammy Magenta for finalizing the event details in Jane’s absence.

Relief Fund Trust:

Ballots and whatever else we need to be done at the Annual Meeting. Thanks for doing a great job!

Marta Aldover-Ayon, Nettie Plasterer, Lisa Marzucchi, Sally and John Wagner. Our volunteers graciously assist with all the mailings making a tedious task more pleasant. If you would like to volunteer, please contact us at the office.

Thanks to Genevieve Alderfer Batten, ’54 for greeting the guest at the event. Thanks to Genevieve’s roommate, John Wagner for helping us with the mailings.

Volunteers
We are very appreciative of our dedicated volunteers: Marta Aldover-Ayon, Nettie Plasterer, Lisa Marzucchi, Sally and John Wagner. Our volunteers graciously assist with all the mailings making a tedious task more pleasant. If you would like to volunteer, please contact us at the office.

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Thanks to Genevieve Alderfer Batten, ’54 for greeting the guest at the event. Thanks to Genevieve’s roommate, John Wagner for helping us with the mailings.
78th Annual Jefferson Nurses’ Alumni Association Luncheon
June 18, 2011

One hundred and eighty four alumni attended the luncheon. There were fourteen states represented and included Lynn Broome in Scanzafava ‘71 who traveled from England to celebrate her 40th reunion with her classmates.

The day began with the Annual Meeting which was held in the morning. The business meeting was followed by a presentation of a gift from the Alumni to our Dean of Nursing, Mary Greenwood Schaal ’63. She will be resigning as Dean and going on sabbatical this coming year. We are very grateful to Mary for her many years of support to our organization.

Following the meeting and during the cocktail hour, we held a silent auction. Memorabilia from our days as students at Jefferson were included. This was arranged by Patricia Maro DeHart ’77. Included in this memorabilia were two nurses’ caps donated by Dolores Heckenberger ’55 and Georgia Noll Pontias ’60. Nurses’ caps were also donated by Elizabeth Allison Koch ’46.

A book signing by Dr. Joyce Schaffer ‘61 was also part of our social hour. Joyce’s book is titled Ideal Aging and can be purchased through her web site. It was enjoyable to share the fondness of our days at Jefferson as students and alumni.

We are very fortunate to have volunteers to help with the many details of the luncheon. This year, Tammy Tichian Magenta ’81 assumed the many duties of the social coordinator. Nettie Pflasterer ’51 was responsible for collecting materials remaining in the back of the Bulletin or from the alumni Office. 

We continue to have four meetings a year. The two remaining meetings are Sept 1st, 2011 and Oct. 27th, 2011. The meetings start at 10:30 a.m. and have a guest speaker talking on health issues or other subjects of interest.

Relief Fund Committee
July, 2011

There were no recipients of relief benefits this past year. If you have questions or comments about the requirements for the fund, we will be glad to help. All requests are kept in the strictest of confidence and will be considered in a timely fashion by the committee. If you know of a classmate or Diplomat Nurse graduate who is in need of assistance, please contact the alumni office on their behalf. You will find the initial application for relief on the back of this Bulletin and also note the "exclusions" and application process on the back page of the application.

Satellite Committee

The Jefferson Central PA Satellite has been meeting every year since its first meeting in August of ’88. We continue to have four meetings a year. The two remaining meetings are Sept 1st, 2011 and Oct. 27th, 2011. The meetings start at 10:30 a.m. and have a guest speaker talking on health issues or other subjects of interest to our group, followed by a luncheon. In early Spring, phone calls and letters were sent to many alumni in the area as an invitation to encourage them to become involved. We hope for more participation to help keep our satellite enjoyable and functioning. This is a great opportunity to meet other alumni in our area.
Please be sure to include your year of graduation on all correspondence. Anyone wishing to help with the Bulletin is welcome, please contact us via the Alumni Office.

Enjoy your Bulletin, it is for and about YOU!

Respectfully submitted,
Susan Albrect Curcio '80
Chair, Bulletin Committee

By-Laws Committee Report
Following are the By-Law modifications approved by the Board of Directors and will be presented for approval by the members at the 2012 Annual Meeting.

2012 Recommended changes to Constitution and By-Laws

Revised Page Add: May 2012


Article IX: Section 1. President: The duties of the President shall include but not be limited to the following: arranging and presiding at all Meetings of the Association and Board of Directors; appointing the Treasurer, and Alumni Coordinator(s) upon the recommendation of the Board of Directors, including fund raising activities; as approved by the Board of Directors; appointing all standing committee chairpersons and delegating to them the responsibility for choosing their committees; representing the Association at special functions; answering all correspondence; casting the deciding vote in all cases of a tie, except in the election of officers; sending a letter of condolence to a graduate when family circumstances warrant; notifying elected Officers of their election; preparing and sending Life Membership cards; and be designated to write checks that will be for disbursement and requests for payment.

Article XI: Section 6. Delete Development Committee.

All recommended changes are underlined.

Respectfully Submitted,
Sarah (Sally) Hinsdon Wagner Committee Chair

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Janet C. Hindson Award

2011 Recipient
Carol Muto, MSN, RN, FNP-BC, CPAN
Mary Ann McGinley, RN, PhD, Senior Vice President, Patient Services and Chief Nursing Officer
Sarah H. Wagner

2011 Nominees
Donna Warr, ASN, RN, IBCLC; Maryanne McCarrin, RN; Dawn Stiler, ASN, RN, CCRN; Carole Muto, MSN, RN, FNP-BC, CPAN; Lisa Wus, MSN, RN, CRNP, PCCN-CMC; Elise Dorr-Dorynek, BSN, RN, CRRN, CGRN; Kamini Patel, MSN, MBA, RN; Patricia Dallmeyer, BSN, RN

Award Criteria

Janet C. Hindson Award
Thomas Jefferson University Hospital, Inc.
Department of Nursing

The Miss Janet C. Hindson Award recognizes individuals whose work exemplifies the caring and service to others that characterized Miss Hindson’s life. The award is given to an individual who demonstrates steadfast caring for the most vulnerable in society. Steadfast caring embodies devotion to relieving suffering, respect for colleagues and commitment to creating environments that enhance the physical, mental and spiritual comfort of others.

Criteria for selection of Nominees
Evidence of the following qualities:

a. A commitment to relieving the suffering of others.
b. Respect for colleagues and interest in the professional growth of others.
c. Creation of environments that support the physical, mental and spiritual comfort of others.

Nomination Process
Individuals wishing to nominate a candidate should describe in a letter the qualities of the candidate and their relevance to the Janet C. Hindson Award. Explicit examples of behavior of the nominee and the impact the nominee’s behavior on the environment of care and on colleagues should be included. The letter should also contain the name, title, address and phone number of the nominee and the person nominating the candidate.

The Janet C. Hindson Award Steering Committee:
- Mary Ann McGinley, PhD, RN, Senior Vice President for Patient Services, Chief Nursing Officer
- Chair and two members of the Nurses’ Week Committee
- Sarah (Sally) Hindson Wagner, ’54
- Two members of the Jefferson Diploma Nurses’ Alumni Association
- Vice President for Nursing
- Chair of the Nursing Leadership Group
- Ms. Katie Dugery

Past Recipients
Nora Kramer, RN, MSN, Rae Conley, RN, MSN, Mary Ann McGinley, RN, PhD, Sarah H. Wagner, Carole Muto, MSN, RN, FNP-BC, CPAN, Eleanor Fitzpatrick, RN, MSN, Therese McGurkin, RN, MSN, Patricia Horner, RN, BS, MSN, APRN
JANET C. HINDSON RECIPIENT AND NOMINEES

2011 Recipient
Carole Muto, MSN, RN, FNP-BC, CPAN
Staff Nurse, Jefferson Hospital for Neuroscience Gamma Knife

Carole demonstrates all that a "nurse" should be. Over the past two years, I have worked very closely with this staff nurse. On a daily basis she comes into contact with patients that are in an extremely vulnerable state. They are dealing with extraordinary medical diagnoses that often do not have a good prognosis. In addition to the actual patient, the patient's family members and friends are also at a vulnerable point in their lives. They are dealing with the life altering and often life ending, diagnosis of cancer. Carole treats the patient and all who accompany the patient during his/her treatment, as one. She goes above and beyond to make sure that their comfort, concerns and needs are met.

She is generally committed to relieving the suffering of others and demonstrates this 110% of the time. Carole's contribution to the department is immeasurable. She advocates for her patients (family members included) whenever she is in doubt of the care that they are receiving or when she believes that she can make a difference in their care. She will identify an issue or a concern and then take it to the next level by "doing something about it." She is a nurse who never gives up. Established out of her desire to be more efficient for her patients, she initiated pre and post-treatment phone calls in her department. She also goes as far as to schedule all follow-up appointments for the patients, prior to them leaving the hospital on the day of the treatment. She told me that she is fearful that they may not make the appointments themselves, due to their condition and/or mental status, and that this is an unnecessary burden that they can remove from the plates of the family/friends of a patient. She also sends packet of information to the patients' primary care physicians at home, including a Gamma Knife Brochure that explains the procedure to them. She told me that she felt this would not only improve the primary care physician's understanding of his/her patient's diagnoses, but it would provide advertisement for our hospital and if the CPN had another patient with the same diagnosis, he/her may think to refer them to this institution. She is truly exceptional on every level and I envy her commitment and dedication to our institution, her peers and her patients.

This nurse and her co-workers have a very close relationship. Her passion is contagious to all those who come in contact with this individual. She respects the duties of all persons involved in an individual's care and seeks opportunities to learn from others whenever possible. She has created an environment that is sensitive to the needs of others, whether it is the patients, family members or her peers. Her enthusiasm and tenacity is evident in her daily practice. She has a hobby of writing song lyrics. She is the author of our hospital's "Magnet" song and inspired the lyrics for the video. When a co-worker retires or celebrates a milestone in his/her life, she always comes up with a catchy tune in their honor. Most recently, a co-worker had the challenge of dealing with his own vulnerability in facing a cancer diagnosis himself. This nurse stepped into action and composed a song, honoring the individual and then recruited multiple peers, across many hospital departments, to participate in a video to send to him while he was home and receiving treatments of his own.

I believe that Janet Hindson herself would be proud to have such a worthy and upstanding as Carole, represent her good name by receiving this award. This nurse is a role model for all of us. I look up to her and respect her immensely for her dedication and commitment to our institution and to the patients and to the patients' who entrust their lives to each and every one of us. She respects each and every aspect of all individuals who she encounters during her day. She treats the "whole person," physically, mentally or spiritually, each and every time that she crosses paths with another. She has received countless "thank yous" from patients and their loved ones about the care that they receive from this nurse. Many of these people have stopped to say that "she takes a horrible situation and manages to turn it into a "pleasurable experience." When dealing with terminal cancer, I think that is by far the ultimate compliment.

In closing, I want to say that Carole exemplifies all that a nurse in our institution should be. No request is ever "too much" for her to handle. I respect this individual and strive to be more like her every day. She not only "talks the talk," but she "walks the walk" as well. She sets the bar very high for all of those who come in contact with her.

2011 Nominees
Elise Dorr-Dorynek, BSN, RN, CCRN, CCRN
Staff Nurse, Endoscopy Unit

Long before teamwork and collaboration where buzz words in nursing initiatives, Janet Hindson lived them. She believed that nursing units and outpatient areas should work together to foster excellence in nursing care. Elise is a great supporter of the Fall Prevention Resource Group. She has made herself available to promote Safety Fair, moving Full educational carts, and is a vocal contributing member at the monthly meetings. Keep it Low Until its time to go is a sign seen above the stretchers in the Endoscopy unit, designed by Elise.

In an effort to decrease patient procedure delays and procedure cancellations pre-procedural rounding has been initiated by Elise. Rounds are done the night before, pre-procedure prep orders are reviewed and education is often provided to the patient, family and staff.

Elise also is a Magnet ambassador. She attends the monthly meetings and presents ideas to promote staff involvement in the Magnet designation process. She encourages other nurses to become involved and stay involved. She is steadfast in protecting patients and caring for their physical and mental comfort. Elise works on 3 Rehab on the weekends and has volunteered her time as Pastoral Care offering emotional support, a kind word, a hand to hold or quietly listen to patients and families in their time of need. She is a nursing energizer bunny.

Donna Warr, BSN, RN, IBCLC
Staff Nurse, ICU

Donna has over twenty years in nursing. She instituted various changes in our unit associated with breastfeeding. In our environment has encouraged and successfully motivated staff towards advancements with breast feeding. The advancement continues despite resistance she has never given up. Established advancements in policy and procedures associated with breast feeding the premature infant.

Maryanne McCarrin, RN
Clinical Charge Nurse, JHN, NICU

Without fail Maryanne goes above and beyond the role of charge nurse. Her dedication and perseverance is exceptional. In addition to her responsibilities of being charge nurse, often stressful and demanding in the high-turnover floors of JHN, she's always assisting bedside nurses making sure that each nurse has a tolerable, fair, and effective day.

Whenever there are staffing shortages, she does everything in her power to make sure each shift is well staffed by calling nurses or making changes whenever possible to ensure optimal patient care every day. While her contributions to JHN overall are integral to the optimal functioning of bed flow, her strengths lie in her personality, caring and motivation.

She has contributed continually to the education of staff, effectiveness of bed management and well being of patients, families, and staff. She also facilitates effective communication among staff and has an incredible ability to solve problems and mediate stressful situations in all aspects of nursing.

Dawn Sitler, ASN, RN, CCRN
Staff Nurse, 4 West

Dawn began her career in nursing as a medical ICU nurse at St. Francis Hospital in Tulsa, Oklahomana. Upon starting her career in the surgical ICU at TJUH, Dawn presented with an exuberant personality, absorbing the daily routine of our busy unit. As her co-worker, I never cease to be amazed at her bedside manner that she gives in each and one of her patients. She speaks slowly, and clearly to each patient, explaining and re-explaining procedures and interventions to both family members and patients, in the manner you would want to be treated. She is eager to assist colleagues in their daily work. Even though Dawn has only been a JHN nurse for one year and a critical RN for three years, she strives to improve her professional image. She is well loved not only by her patients and families but also by her nursing colleagues. She has gained the units respect and is well loved by all.
Kamini Patel, MSN, MBA, RN
Charge Nurse, INICU
Kamini does what needs to be done to get the job done. When Jefferson made a decision to move the ASU to JHN there was a need for additional support. This person stepped up to the plate and made the transition the smoothest that I have ever seen at Jefferson and I have been here for 22 years. She has a way of making everyone feel supported and valued. As Jefferson continues to strive to be an employer of choice it is important to have personal in leadership that value the opinions of their staff.
She holds patient satisfaction and staff satisfaction as the most important part of the day. She supports all nursing activities and leads by example. She is a charge nurse of a very busy unit that works well with the patients the families the health care team to provide the best working environment.

Lisa Win, MSN, RN, CRNP, PCCN-CMC
Clinical Nurse Specialist, 5 West
I met this nurse in 1996. During this time I witnessed her development from a novice nurse to competent professional nurse she is today. During her years as a bedside nurse, she performed competently with compassion. She approached each patient assignment with enthusiasm and meticulous detail. Her ability to teach was evident early in her career. Her peers that she precepted expressed their gratitude in her patience and her ability to teach nursing concepts as a CNS, she portrays an example of a professional nurse who strives to provide excellent care. She is an excellent teacher. Staff are comfortable approaching her with questions and lend a hand. She provides the education necessary to keep staff current in their knowledge to provide adequate patient care. She also participates in research activities.

Patricia Dallmer, BSN, RN
Clinical Charge Nurse, 9 Center/North Center
Patricia began her career as a graduate nurse on 9 Center whose primary patient population includes Neurosurgery, Neurology, ENT, and Trauma. She quickly advanced from novice to expert. She is a caring nurse who provides care to our patients at a level that is exemplary of the highest standard, adheres to the hospital vision every day with her dedication to improving the health and well-being of our patient population by providing high quality and compassionate care to everyone. She embraces the hospital values by respecting human dignity, maintaining integrity, being compassionate, caring, and utilizing resources to foster stewardship in her never ending pursuit of excellence.
Patricia always maintains that our patients are our main focus and they should be treated with respect, compassion and dignity. She exemplifies the very best in what it means to be a nurse leader, mentor and teacher. She delegates responsibilities well and invites feedback. She is a good listener and fosters critical thinking skills among the staff and encourages staff to be proactive. Has an ability to teach in an unselfish respectful way that does not blame, but stays neutral. If any teaching opportunity arises on the unit, she always gathers others to grow their experiences and knowledge.

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MEMORIES

Dallas, Texas
Come along with me, I’m on my way to a star, the Lone Star State. Little I knew what I was in for, I’m deep in the heart of Texas! From February 1976, until my retirement in January 1987, I was employed as a nurse consultant, for Region VI, U.S. Department of Health, Education and Welfare (DHEW), headquartered in Dallas. The position encompassed the states of Arkansas, Louisiana, Oklahoma, New Mexico and of course Texas. In Dallas I was the Regional Program Officer for Nursing Manpower which involved assisting the nursing profession in this five state region in any way I could. This was a time when the country was experiencing a great shortage of nursing personnel, when diploma schools were closing and collegiate programs emerging. From Houston to El Paso, from Albuquerque, to Oklahoma City, Little Rock to New Orleans, and in places in between, schools were requesting grants to develop special projects, to recruit and retain minorities into nursing, to retrain inactive nurses, or to improve and construct nursing facilities.
The position entailed assisting schools prepare grants, attending grants review meetings at the Division of Nursing in Rockville, Maryland, and should grants be approved, seeing that the money was indeed used for the purpose for which it was intended. It was on one of those review meetings in Bethesda that a secretary from the Division of Nursing asked me if I had ever worked in Nicaragua. When I said yes, she told me there was someone there who wanted to see me. She returned shortly with a woman who, much to my surprise, turned out to be one of the nuns who was held hostage in Managua, the same as I, during the mini revolution in December 1967! She had since left the convent and was a consultant currently employed in the Division of Nursing.
Other duties as assigned included making site visits to a medical school, dental school, and college of pharmacy at the request of the Office of Civil Rights, or the Facilities Division etc. to discuss the status of its grant. It also meant corresponding with physicians and nurses from various parts of the world seeking employment in the U.S. In 1981 I was asked to represent Region VI at a Seminar on the Administration of Public Policy at Oak Ridge, Tenn., and in June that same year, I represented the Region at 17th Quadrennial Congress of the International Council of Nurses in Los Angeles, CA.

I've many other happy memories working for DHEW in Region VI. On a site visit to a school in El Paso, I had the opportunity to meet Madge Trambley Abel, a classmate of mine whom I hadn't seen since our graduation from Jeff in 1947. A visit to a nursing school in New Orleans coincided with the pageantry of Mardi Gras where I too, became one of the happy carefree crowd shouting "Hey Mister, throw me some beads!" as colorful costumed characters passed by on floats while bands played on. And then there was that luly (1983) evening in Dallas when a friend and I were in

St. Rita's Church parking lot talking and I was telling her that my family was coming to visit in August. I barely had the words out of my mouth when I heard someone behind me murmur, "Why, in God's name, would anyone come to Dallas in the summertime?" I immediately turned around and replied, in no uncertain terms, "Because I'm getting married, that's why!" Of course the eavesdropper was most chagrined, for she was someone I knew, and I'm certain this was the last thing she expected to hear from me. In spite of the Texas heat some of my family did come to Dallas that August as, on the 27th, in St. Rita's Chapel, I married Leo J. Peters, Jr., a retired physician, formerly the Medical Officer in Charge of Region VI Federal Employee's Health Unit! I continued to work after my marriage but made plans to retire in January 1987 when I would have completed twenty years of federal employment.

Dallas brings back so many happy memories, my marriage, the wonderful friends I've made, a job I enjoyed, and then, last but not least, the "gift" from President Reagan. Yes, barely a month before I
handed in my resignation, the President signed an administrative order granting civil service credit coverage to currently employed nurses who served in the Cadet Nurse Corps during WWII. This meant I was "given" three extra years to count toward retirement since as a student nurse at Jefferson during WWII, I was a member of the Cadet Nurse Corps. Good things come to those who wait!

One day shortly after we were married, L.J. said to me, "If God gives us one year together, I'll be happy." You see, in 1978 L.J. suffered a massive stroke which affected his right side and seriously impaired his walking. After a three month period of intensive rehabilitation he returned to work and was well loved by his staff and patients. From the day we were married however, we knew we were living on borrowed time and always considered each day a gift from God. We lived each day to the fullest, traveling when we could. We flew to Munich, cruised the Danube, toured Big Bend National Park. In 1987 we sailed the Inside western coast California, Mexico and Central America, sights of Aruba, Puerto Rico and the Virgin Islands. We gave me my husband and God gave me memories to last a lifetime. And what memories they are!

Happy is the house that shelters a friend.

Ralph Waldo Emerson

Grace "Gigi" Braun, '64 retired in 2010 after 42 years in the position of Evening Administrative Nursing Supervisor at Jefferson. This is Part 2 of 3 of her spirit-guided journey through a letter of memoirs to Mary Ann McGinley PhD, RN, Senior Vice President for Patient Services and Chief Nursing Officer of TJUH. Part 3 will be published in the 2012 Bulletin. Names were changed to protect patient privacy.

In 1978, Jefferson opened the newest of its' inpatient facilities, Jefferson New Hospital, later to be called the Gibbon Building (1990). My entire family and I enthusiastically celebrated its' inaugural day and as I stood amongst the throngs of employees and visitors, listening to the dignitaries present, I couldn't help but notice the presence of the person standing by my side. He was strikingly handsome, deeply tanned and immaculately dressed, including wearing a kelly green blazer. Within minutes, several of the speakers recognized him in the crowd and called him up to the podium. Not only was he wearing a kelly green blazer with a rower's emblem on the pocket – he was a Kelly. He was Jack Kelly, brother of the beautiful movie star Grace Kelly. Jefferson's history and prestige drew people from far and wide to experience the opening of this new building -- a new concept facility designed with inpatient floors and doctors' offices. The dignitaries included recognized distinguished Faculty, the School of Nursing, Dr. Frank Sweeney; Dr. Peter Herbut (who had participated in the groundbreaking which I had witnessed down from a Thompson Building window), a high court judge, Judge Higgenbotham; Miss Mabel Prevost and now – Jack Kelly.

With the addition of the Gibbon Building, nursing supervision was restructured and now daily I covered 7 and 9 Gibbon. We had a large population of spinal cord injuries and once we knew the gift of having a heliport, it was part of the Nursing Supervisors' responsibility to retrieve patients, along with Security, from the helipad. Now this experience didn't do much for my fear of heights but it made it a reality for me to frequently be a part of a patient's care, literally from the time of arrival until their discharge. Again, there was that answered prayer of being able to be an active team member in delivering patient care, while simultaneously representing Nursing Administration. I thrived on that "care program specific" concept; it promoted my joy and rewards of continuity of care. Our population of spinal cord injured patients had a lengthy stay, often up to 3 months. And during those days, weeks and months, I came to know them and follow their progress. I committed an hour each Tuesday to the Rehabilitation Unit and that time was spent sharing the patients' care, family involvement and individual patient needs. Because my job had no physical boundaries, I had input to offer from arrival; through acute phase in NICU; transitional downgrading to the INCU; to the anticipation of heading to Rehab. These weekly meetings were exciting and informative and our patients and families saw a connection; a network of caregivers who knew their individual history and who were helping plan the life changes they, their families and friends faced upon discharge.

There was one such patient however in whose care I played no role and that was his respected choice. On July 4th, DL was flown in from the New Jersey shore. He had dove into shallow water and was described in his history and physical as being found perpendicular to the sand – head down; feet up in the air! DL was "celebrating" the beginning of his much anticipated summer vacation but now had sustained a devastating SCI that rendered him a high level (soon to be ventilator dependent) quadriplegic. Witnessing these horrific accident results often present the caregivers with the added stress of encountering tremendous patient anger. DL's anger was so intense that it was
established early in his care plan that his treatment would best be managed by using selected staff members only. The fewest "new faces" he dealt with, the better he did. We allowed him a degree of sense of control as to who was assigned to his daily care; relationships between him and his caregivers were more therapeutic with consistency. During the weeks (that led into being 2 months) that DL was in bed #8 in NICU, I never entered his room, just for the reasons described; but my evening report almost always included the frustrations that this very committed nursing staff had endured for the day. My last night of work before vacation in September, I was one of the nursing staff to see him and I brought back incredible words of faith and encouragement.

Incredible number of subsequent admissions after his initial discharge and extended care inpatient days, usually due to sepsis and/or respiratory complications and Roland's big brown eyes lit up and he said to me, "O.O.O.O. -- that's good ain't it?" And I said, "Roland, that's better than good -- that's great!" Carlos and I told him, "You're helping to meet the environment GOD has given us and you're doing a great job to help save it."

He now saw himself as a vital contributor; at every level of functioning, we all need to feel as vital contributors to our society. Humility has taught me to love special people as my wonderful brother for their spirit of adventure; their willingness to take risks; their impulsive positiveness. They don't carry a lot of baggage in their mind that causes prejudices and intolerances. Humility has taught me to trust, as my brother did; he expected to live within disciplines, rules and guidelines that he didn't write -- that was a requirement for someone else; someone higher in the decision making level than he. Humility has been a force that has driven me to faith, hope and love and I tell my family and friends humility taught me and I grew up one day and became a child.

In 2003, one of Mary Ann's mentors taught me a lesson in humility. Mary Ann had asked the supervisors covering the unit where Sister Mary was a patient to please visit her. I wanted to meet this mentor who had exerted such impact upon Mary Ann so, on my own, I visited Sister Mary. As soon as I walked into her room, even before I introduced myself, she chuckled (it was an unmistakable chuckle) and said, "I know, you're one of those supervisors that Mary Ann sent to check on me." I was surprised but answered, "No, I didn't but that was more than 30 years ago." Surely the visitor had mistaken me for someone else but she expressed certainty that it was I. Could it possibly be? Well, I knew a moment of conviction when she very accurately described the white starched uniforms that I wore; my uniforms had been tailor made and were of a very classic style. I was perplexed and said, "I was 20 years old; you took care of my mother and I remember you favorably." GOD had blessed me with yet another humbling experience. Together we went to visit her mom, who had had a joint replacement and was now thankfully well on the road to recovery. The unique tailor made uniforms had helped her identify the wearer.

FM, the ultimate listener, absorbed every word that I shared of DL's and my visits. Together, we prayed for him and I brought back incredible words of faith and wisdom from FM to DL. She and I also went to the University of Kentucky bookstore and bought him a Kentucky sweatshirt, as a gift from her. DL had an incredible number of subsequent admissions after his initial discharge and extended care inpatient days, usually due to sepsis and/or respiratory complications and I visited his bedside during each hospitalization. Hard to believe but, he had gotten to the point in his life when he now asked the nursing staff to page me whenever he was admitted. But one such response to his requested page was different. Two and a half years after DL's injury, he spoke to me about those random acts of kindness. He said, "My home is on a hill. I had no access to it and along with all the other changes in my life, I was going to have to move. And then some friends -- I didn't know a lot of them very well -- they came on their own time -- and they used their own money -- and they built an addition onto the side of my house. They built a way that was wheelchair accessible and I could power my chair, on my own, right inside." DL spoke through tears of gratitude and he kept saying, "It was just like you said it would be." DL and I still reminisce... and laugh together, whenever he pays one of those supervisors that Mary Ann sent to check on me." I had come on my own. She and I developed a friendship, one that was renewed each time she required hospitalization. Our visits became so expected by the nursing staff that, whenever they would see me arrive on the unit around 9 - 9:30 p.m., they would automatically push the chair to her door, anticipating that I would sit by her bedside (after washing my hands) and share fellowship. One evening, Sister asked if I would please get her Chapstick out of her luggage. Her luggage was hardly more than a glorified cardboard, so basic and unremarkable; its contents were simply a soft white sweater, a plain shawl and... Chapstick. When I left her bedside that night, I had been moved by her simplicity. You see, to Sister Mary, those simple tangibles were probably all she really felt she needed; she was content with the contents of that suitcase and I had learned a lesson in humility from a tube of Chapstick. Thanks to Mary Ann's thoughtfulness (and that of Sister Ann) I was blessed to participate in Sister Mary's promotion to glory services, which included something newly learned for me -- vespers.

Several years ago, I rode the Gibbon Building elevator from street level to the 9th floor, non-stop. That was rare at that early evening time, due to the usual volume of people during visiting hours. And not only was it an express ride but there were only 2 passengers -- a visitor and myself. As I rode, the visitor frequently caught glimpses of me, so much so that he began to worry about my appearance. As we exited the elevator on the 9th floor, she asked, "Did you ever work on gynecology?" I was sort of surprised but answered, "Yes I did but that was more than 30 years ago." Surely the visitor had mistaken me for someone else but she expressed certainty that it was I. Could it possibly be? Well, I knew a moment of conviction when she very accurately described the white starched uniforms that I wore; my uniforms had been tailor made and were of a very classic style. I was perplexed and then she said, "I was 20 years old; you took care of my mother and I remember you favorably." GOD had blessed me with yet another humbling experience. Together we went to visit her mom, who had had a joint replacement and was now thankfully well on the road to recovery. The unique tailor made uniforms had helped her identify the wearer.
In July, Mary G. Schaal, EdD, RN, will step down as dean of Jefferson School of Nursing, first embarking on a yearlong sabbatical and then returning for two years to support the school's strategic plan initiatives. Schaal's relationship with Jefferson dates to 1963, when she earned her diploma in nursing from Jefferson Medical College Hospital School of Nursing. "From the start, the message was clear: 'This is just the beginning of your education and the beginning of your career. Jefferson graduates do more,'" Schaal said.

Mary "made possible the transition of nursing at Jefferson from a relatively small educational endeavor to being the undisputed best nursing program in the Delaware Valley," she said.

She returned to earn her BSN from Thomas Jefferson University in 1981, and then she earned a MSN from the University of Pennsylvania in 1982 and a doctorate in education from Rutgers University in 1989, all while working in clinical practice and education.

In January 1997, Schaal joined the Department of Nursing as associate professor and vice chair and director of the graduate program. "I felt like I had come back home, and that was such a good feeling," she said. She was named acting chair of the department in December 2001 and chair in August 2002. When Jefferson School of Nursing formed in July 2006, Schaal was named dean and professor.

James Erdmann, PhD, was dean of the Jefferson College of Health Professions when Schaal became chair. "It was my pleasure and great good fortune to have as the head of the nursing program a woman who demonstrated the vision and leadership that made possible the transition of nursing at Jefferson from a relatively small educational endeavor to being the undisputed best nursing program in the Delaware Valley," he said. "Such an accomplishment would not have been possible were it not for Mary's remarkable organizational and management skills."

Of her 14 years at Jefferson, Schaal can list numerous accomplishments, including increasing the student population by more than fourfold; revising the undergraduate curriculum and raising NCLEX scores; designing the master's program curriculum and developing accelerated second-degree programs; several master's specialties and a doctor of nursing practice. But she doesn't take all the credit: "It's a sense of accomplishment in knowing that with a really strong team of people and a really strong student body you can really make changes that have the outcomes that you anticipated," she said.

One of Schaal's team members is Beth Ann Swan, PhD, CRNP, FAAN, professor and senior associate dean of academic affairs who has worked closely with Schaal since July 2005. Swan said: "Dr. Schaal leaves a legacy of leadership and innovative programs and curriculum in nursing, as well as across the health professions. She has a place in Jefferson's rich history as a student, faculty member and founding dean of the Jefferson School of Nursing."

What's next? Schaal is considering how she will spend her sabbatical, and one option involves developing a further connection between Tianjin Medical University and JSM. Yue Zhao, PhD, dean of Tianjin School of Nursing, has been a visiting professor scholar this year. "Dr. Zhao tells us that Tianjin students are interested in pursuing graduate nursing education here at Jefferson," Schaal said. She and Swan are attending Tianjin School of Nursing's 60th anniversary celebration in June and hope to explore the relationship. "We need to get a sense of the healthcare system in China. What's the role of the advanced practice nurse there? Is it different from in the U.S.? If we proceed, we will need to do a comparative analysis of the two institutions."

An international focus is new for Schaal. "She was a team member in missions to Romania and Africa before global health was vogue," Swan said. Schaal's interest in health care around the world is an extension of her background in community and public health nursing.

Following her sabbatical, Schaal plans to work with the new JSM leadership on implementing the long-range strategic plan that she helped to develop. "JSM will always be known as a premiere educational institution," Schaal said, "but we've now reached the point where there is an emerging research agenda within the school. We have the faculty, we have the facilities and being in a health science university positions us very well to look at the advanced area of nursing, the graduate and doctoral programs."

"We can collaborate with the hospital to create evidence for practice, working in interdisciplinary teams that take the bench research that our colleagues in Jefferson Medical College, the College of Graduate Studies and Kimmel Cancer Center are doing and ultimately translating it at the bedside to improve patient care. That will advance the research agenda within the School of Nursing."
When asked to write on what I do, I eagerly agreed to the writing because of the love I have for all things professional in my life. Now, many months later, as I note I've not even strudled my thoughts on the topic. I ask of friends "which way and where to begin?" Funny, isn't it, how ease diminishes as the "morrow down", the task comes due, and the blinking cursor implies urgency. Out steps one little judge saying, "Oh DO get on with this, would you?" while another asks "What of REAL consequence DO you do?" or some such. Not always kind, these internal judges.

Which brings me to the matter at hand, so to speak. Part-time employment by the University of Washington at Harborview Medical Center in Seattle includes a faculty appointment as a Clinical Assistant Professor in the Psychiatry and Behavioral Sciences Department. A small part of my responsibilities at Harborview includes educating new staff, medical students, and residents about the Involuntary Treatment Act (ITA). However, the bulk of my work there is as a forensic psychologist (court evaluator) for ITA patients. During their first 72 hours of detention, my job is to evaluate the patients to see if they have a mental disorder and, if so, if they are dangerous to others, dangerous to themselves, dangerous to the property of others, or gravely disabled as a function of this mental disorder. Further, I need be a "good faith" voluntary patient or need a court order for treatment.

My other half-time employment is my private practice as a Cognitive Behavioral Therapist in Bellevue, Washington. When the occasional patient there says, "I know you're gonna think I'm crazy..." it's quite natural to assure the patient they are NOT ("Trust me, I work at Harborview. That's where I know from crazy.") Cognitive Behavioral Therapy is my treatment modality of choice. Stress management and psychoneuroimmunology are major areas of emphasis in my work. I don't attempt to sort out whether I choose these as a major line of personal defense related to a less than quiet life (including three decades of dealing with a child born with meningomyelocele and hydrocephalus)... or just came by the interests naturally because of a bent toward the sciences of life. In any case, once again my nursing background comes in very handy. It's pretty exciting to provide a kind of psychotherapy which stresses the prevention of illness, and putting an emphasis on society's most vulnerable populations. (Tell THAT to the little judges within! Joyce.)

Joyce Shaffer, Class of 1961, Diploma School of Nursing.

My first article in this Nurses' Alumni Association Bulletin was entitled Psychology and Nursing: a Healthy Union. It was written at the request of Mabel Prevost. It was very sad to receive that bulletin with my article because it also carried a tribute to her announcing her death, and which asked me to write on what I do "because it sounds interesting." I am deeply grateful to be continually fascinated by career opportunities. I'm writing now to comment on some minor shifts in what I do since that first article. One gift of this combined career is the appreciation of how much more promise our futures can hold than we had ever anticipated. Consider one example from the realm of evolving stem cell research. Scientists can now take a sample of your skin cells, induce them to become stem cells, influence their career choice, and grow them into a body part you need replaced. Currently, there are thirty people that have new bladders that were created this way. This method has an unlimited supply of stem cells from a non-controversial source; since the stem cells are induced from your own cells, there are no tissue- and organ-rejection issues; and when these new kidneys are placed in children, they grow with the child. So, the future of medicine is to regenerate, restore, and rebuild! Another gift is the celebration of the many advances in neuroscience. Remember being taught that brain growth continues to a certain point and it is all downhill from there? Do you also remember being counseled to plan ahead for the so-called "normal atrophy of aging" in your brain? For example, the hippocampus, the brain part most associated with memory and new learning, shows an average 2% decrease in volume across a adult life. Functionally, this "normal aging" perspective meant you could count on memory problems, slower speed of processing your thoughts, and other cognitive deficits. The beauty of new neuroscience is the accumulation of studies that refute the "decline is inevitable" hypothesis. That's why another gift in the combination of psychology and nursing is the ability to translate new neuroscience for the non-scientific. Based on random controlled trials, the gold standard of research, we have unprecedented hope for improvements as we age. A recent study showed a 2% increase in volume of the hippocampus "effectively reversing age-related loss in volume by 1 to 2 years" in humans aged 55 to 80! And this is but one example of information we can use to empower ourselves for a better future in brain architecture and performance than we had ever imagined possible. That's related to why I became eligible to grant contact hours for CNE.

Mabel Prevost was one of my role models. She was my mother's friend when they were becoming "Jefferson Nurses." She was the Assistant Hospital Director while I was a student in the Thomas Jefferson Diploma School of Nursing. Her brilliance, beauty and high standards were a beacon that helped us rise to the tasks at hand. I am very grateful for her influence in my life. I believe she and my mother would be very happy with the new hope afforded in medicine. It is my passion to educate all interested people on ways we can regenerate, restore and rebuild... at any age. Joyce Shaffer, PhD, RN

Author of Ideal Aging: 5 Steps to Keep Your Brain Fit
Luncheon reservations were received for the enlisted Alumni and their guests. Unfortunately, unforeseen circumstances may have prevented some from attending.

65th Anniversary
Class of 1946
Claire Shottin Hogue

Class of 1947
Elizabeth Prisnock
Marie Oesterle Thiers
Karen Thiers Luft (Guest)
Maria Lutf (Guest)
Doris Young Moore
Barbara Hendershot Marks

Class of 1948
Betty Johns Budrow
Bertha Degan Geary
Betty Parsons Konjusky
Kathryn Hafer Eyrich
Helen Taylor Currier
Irene Narzwick Kaufman
Mercedes Breen Christ
Nancy Werner Ritzman
Inez Cornelius Mirenda
William Mirenda (Guest)
Nadine Dopirak Fetkso
Eleanor Fetkso Adams

Class of 1950
Nancy Dunkle Konstanzer
Emily (Lee) Nash Hollenbach
Jane Matsuo Fujita
Kathryn Cummings (Guest)
Anne Werner Beatch
Rita Krestinck Bolinsky
Christine (Sister) Guest
Elinore Satterfield Lynch

50th Anniversary
Class of 1956
Mary Alice Bond Romig
Nancy Thompson Powell
P. Jean Bins Smith
Lorraine Smith Mullfinger (Guest)
Barbara Edwards Beam
Barbara Duckworth Arkes
Louise Zug Souders
Janet Souders (Guest)
Elizabeth Moll Chevola

Class of 1957
Shirley Irler Johns

Class of 1958
M. Joan LeVan Keller

50th Anniversary
Class of 1961
Elizabeth McQuillen Larkin
Jill Danch Mascena
Mary Ann Gravish Cushing
Shirley Keller Hermann
Jacquilin Elsesser Harris
Theresa Capolarelo Lipinski
Pat Patterson Hilton
Barbara Jaazzaalt Birsey
Edna Maule Stahl
Carolyn Doorly Vizard
Joseph Vizard (Guest)
M. Diane Schafer Cook
Noreene Mostoller Shaffer
Clare Lynch
Janet Coppersmith Brechtel
Cleopha Hartlaub Herzog
Patricia Lewis Truitt
Dolores Gilmore Dunn
Susanne Williams Jacobson
Marjorie Ross Berrier
William Berrier (Guest)
Edie Wilson Brennan
Patricia Michaels Calhoun
Barbara Canal Obin
Dr. Joyce Shaffer
Ellen Kremmer Warren
Barbara Braithwaite Schwartz
Susan Steelman Caselli

Class of 1962
Frances Falcone Baumgartner

Continued on page 44
These fifty years of living
Cast a softened light
Over memories,
And we allow
That all of those very young women
Went through a lot together
And emerged uncommonly strong.
Mary Jane (Holcomb) Trautman '45

Through the past fifty years
Each of us has lived
A remarkable story.
Take the moment
Of our reunion
To listen and tell.
Mary Jane (Holcomb) Trautman '45
2011 Luncheon Reservations CONTINUED

Continued from page 41

Class of 1963
Terry Robson Cooke
Jean Allen McConnell
Marie Bretschneider McClade
Dr. Mary Greenwood Schaal
Joy David McCann

Class of 1964
Judith Welsko Lynn-Schoen
Mary Lou Woerner Schuel
Linda Cone Rutherford
Dorothy Chambers Ulrich

45th Anniversary
Class of 1966
Connie Burt Trudgeon
Agnes Halliwell Kirschner
Carol DeCort Mian
Bonnie Ann Croftord
Rita Novario Gutowski
Jane Murphy Skreeci
Mary Jo Oakley Fusaro

Class of 1969
Maria DiBartholomeo Longworth

Class of 1970
Kathleen Kelly Ballek
Gail Johnston Gallagher
Maria Gratik Marinelli
Beverly Guise Cockemham
Linda Burger Belis
Cynthia Grabowski Howe

40th Anniversary
Class of 1971
Patricia Briley McKay
Russ Hoffman Pearson
Deidre Mullin Yukawich
Sally Dupras Blessinger
Patricia Powers Boger
Grace Spena
Christine Stack Morrissey
Eileen Kubiak Burgos
Carol Beck
Kathryn Francis Burgess
Mary Feeney Zimmerman
Jeanette Steiniggen
Katherine Fitzhary
Louise Anderson Powers
Eileen Blum Moran
Lyn Broomall Scanzafilo
Elizabeth Gore Coughlin
Linda Smith Korey
Frances Boothby Koniers
Kathleen Shreiner Gareth
Linda Christianson Gough
Judy Jones
Catherine Dery Webber
Millie Newby Riff
Katherine VanDyke Hayes
Jane Lease O'Hara
Patricia Appell Dunn

Class of 1973
Joanne Bender

35th Anniversary
Class of 1976
Claudia Schmidt DeMond
Kathleen Mundia McNamara
Karen Guida Shauer
Aileen Ishin Mac Millan
Fred Mac Millan (Guest)
Colleen P. McGrath Kraus
Richard Kraus (Guest)
Leslie May Tabler
Karen Asper Jordan
Cecelia Marston Ellis
Deborah Sutton Allen
Mary Keller Mitchell
Donna Mancini Chiumento
Dorothy Grailey Medon
Anna Marie Malloy Quinn
Joan Caruso
Donna Orsine Simone
Nancy Edgar Hall

Class of 1977
Patricia Maro DeHart
Rae Matt Fierro
Eileen Cooney McDevitt

Class of 1980
Ann Curcio
Susan Albrecht Curcio

30th Anniversary
Class of 1981
Lisa Bressi Auletta
Karen Gallo Kramer
Tammy Tichia Magenta
Kristi Marcusen Grassi
Rose Franchette Stapleton
Barbara Owens Zlotnik
Kathleen Rodriguez Browne
Sylvia Speth-Brayton
Angelia Mihalas Silani
Eileen Santoro Stone

Class of 1982
Terry Sylvester

States Represented:
Arizona
California
Connecticut
Florida
Massachusetts
Maryland
New Jersey
Ohio
Pennsylvania
South Carolina
Tennessee
Texas
Washington
Wyoming

Country Represented:
England
70th Anniversary Class of '41
Gene Roush Jerabek '41 (e-mail read)

Thanks for the offer; I would like to greet all; my friends from 1941.

I served several years during World War II as a nurse in a unit—the Eight Evacuation Hospital, in Italy. During that time, I was married to George Jerabek whose sister lived in the same town as my parents in Pennsylvania. George was stationed in the Air Force Engineers. The 8th Evac was with the Fifth Army and in order for us to be married we had to have the OK of Gen Mark Clark and Gen Hag Arnold. I also had to wear my uniform—to "wedding" dress, which was ok with me. Incidentally, neither of the Generals attended the ceremony. We had a honeymoon across Southern Italy—since we were both officers, we were not allowed to drive, so had a Sergeant on our honeymoon with us.

When we came back to the States, we lived in Illinois and raised a family; two girls and three boys. Spent some time working in a medical clinic in Illinois. Eventually we retired to Kingman, Arizona and that was great. George passed away in 1986 and I still live in Kingman. I worked at the local Mohave County Medical Center. Currently, I volunteer weekly at Kingman Regional Medical Center.

(Pick out anything you wish to share and if you have questions, let me know. I am grateful for your sharing my story.) Got plenty of room for visitors so anytime you are coming West, ring the doorbell.

Thanks again. Gene

65th Anniversary Class of '46
Shirley Shroy Hersey '46 (e-mail read)

Sixty five years ago I finished training in the Indian Service in Tacoma Washington. I missed my own graduation from Jeff. My mother attended the graduation service in my place I was in the Cadet Nurse Corp. as were most of the girls in my class. As members of the Cadet Nurse Corp. we could choose to spend our last six months of training in a government service. The services were the Army, Navy, Public Health, VA or Indian Service. The Cadet Nurse Corp. was established during the war to encourage young women to go into nursing. We had gray uniforms with silver buttons and red trim. We also received a small stipend. The Cadet Nurse Corp. lasted three years.

While in Tacoma I did send in a few drawings for our year book.

After graduation I stayed at Jefferson as a PRN nurse and then became supervisor of the third floor. Three years later I married Francis Hersey who was a senior medical student at University of Louisville, KY. After his graduation he interned at Jersey City Medical Center. I worked until our first child, Coral, was born in Jersey City. From there we moved to Topoka Kansas.

He became a psychiatrist at the Menninger School of Psychiatry. All these many years later we have four grown kids who we raised in Needham, Massachusetts. We have ten grandchildren, and so far four great grandchildren. We are enjoying our nursing with octogenarians, in retirement on Cape Cod by being active painters and members of the Falmouth Artists Guild. We also play golf at the Woods Hole Golf Club. Retirement I can recommend. I send love to my class mates, and to you.

50th Anniversary Class of '61
Margaret Zarella '61 (e-mail read)

I wish I could attend our 50th but in Feb 2011 I moved to TX to be closer to my family and unable to make the trip back at this time. Pat my sister, is celebrating her 60th yr, and was instructor during our time, placed her in NH1 here for Alzheimer's dx and to be closer to family. I want to say hi to all my classmates and wish them the best and have a great luncheon. I will be thinking of all of you on that day.

Sincerely,
Margaret Zarella

Jacqueline Elesesser Harris, '61

We are happy to be here today to share our 50th graduation reunion with our Jeff colleagues and friends. Little did we know 53 years ago when we stepped with anticipation and some trepidation into the old Whittier Hotel first year student nurses residence at 15th and Cherry Sts. what an impact the next 3 years would have on us. As we progressed through those 3 years, moving to the interconnected townhouses on Spruce Street, and then the spanking new James R. Martin Residence, we were gaining significant knowledge, skills and experiences and just as importantly forming relationships which would last a life time. For example, working alone 11-7 on 6 main with its 2 or was it 3 dark hallway wings, 3-11 on Men's Surg Ward without an aide or orderly and night duty on OB with post partum as well as labor beds after only 3 weeks in obstetrics taught us to think fast, apply our knowledge, and use our ingenuity. These are lessons we learned quickly and never forgot. Back at the dorm, classmates were always there to listen to and support us. How much this helped us could never be measured! Our classmates helped us along towards that walk under the rose archway.

During the past 50 years, we accomplished many educational, personal and professional goals but the learning, experience and friendships gained during our three years in nursing school at Jeff are among our most significant achievements. Our Jeff education has been fundamental to our lives in so many ways and our bonds with our classmates remain strong and valued despite the intervening time and distances. Indeed 50 years seem to disappear when we come together.

We are sadly missing a number of our classmates some of whom have died and others who were not able to attend today. I have a few words to share from one not able to attend today—our class President, Barbara Grenewalt Eichhorn—Greenie to us. I think her words sum up our feelings.

"Dear Sisters – Jeff Class of 61

Letting you know I am with you in spirit and mind today, celebrating our 50th reunion!

The label of "Jeff Nurse" has been my finest other than 'Mother.' The continued friendships of so many of you has given me so much support through the years, and I feel so blessed and ever grateful to and for you all. These 53 years and all the memories give me great joy. I thank you all!

Love and hugs,
Barb – “Greenie”

45th Anniversary Class of '66
Carol DuCoin Moan, '66

I am happy to represent the class of 1966. I am speaking so that I can honor all the nurses that graduated in my class and in memory of those who have died. Especially for my nursing school roommate and good friend, Susane Berkowitz Zanitis. Susie, as she was know to us, went on to earn her Batchelors degree and a Masters in Nursing and a Masters in Education. She was a med surg nurse and a nursing instructor for 40 years. Susie died last June. Many of her previous students spoke at her funeral to say how much they learned and were inspired by Susie's love and knowledge of nursing.

When I look back to the changes in medicine that have occurred since our graduation 45 years ago; it seems unbelievable. I just wanted to mention some of the practices we had in nursing in the 60's.

We did not wear gloves routinely for patient care and there were no gloves at the bedside.

The IV's were in glass bottles and a needle was in the arm that was secured on an arm board. We did not have IVAC's so the fluid was controlled by the nurse calculating the drip rate and counting the drops per minute. Meds were not normally given IV at that time. Most meds were po or IM.

 Patients with broken hips laid in bed with a body cast for many weeks. Many of these patients developed blood clots or pneumonia.

Cataract surgery meant a difficult post op course as many patients developed blood clots or pneumonia.

Nurses were not as sophisticated as today. I actually had the chance to take care of a patient in iron lung, this was even considered a relic in the 60's.
Having a patient in an oxygen tent was a routine site in the hospital. We were sent to Henry R. Landis Tuberculosis hospital to learn to care for these contagious and very sick TB patients. We also went to Byberry State Mental Hospital for a 13 week psychiatric rotation; this facility sadly became the permanent home for most of these patients.

Smoking was allowed in the hospitals and patient rooms. I remember a time one of my classmates, on her first job after graduation, walked into her patient's room to find he had fallen asleep smoking and set his bed on fire. She grabbed the full urinal and threw it on the flames to extinguish the fire.

The nurses' wore dresses that were white uniforms; with their cap and school pin proudly displayed. No hair could touch your collar, fingernails had to be short with no polish, no jewelry, official white nursing shoes and white stockings.

I remember working in the wards in the main building. There was no air conditioning so our caps would sometimes droop. This was considered an infraction to our uniform codes and I was sent to my room to re iron the cap and get back to my nursing duties.

February 4th of this year I retired from my nursing job after many years of caring for patients in various nursing specialties. I was nervous about how I would get through that last day so I decided to dress like we did when I started in nursing. I wore white and my Jefferson cap and pin. It was so much fun as many of my patients, co workers, and physicians stopped to make comments about great nurses they had known in the past. I got to hear wonderful stories all day. People responded with many great memories by seeing a nurse with her cap on.

I want to thank Jefferson School of nursing for getting me started on a great career.

Carol DaCoint Moon RN, OCN
TUH School of Nursing - Class of 1966

Comments presented at the Alumni luncheon
May 7, 2011

35th Anniversary Class of 76
Debbie Sutton Allen 76

The class of 1976 was the class of change. We were the first class to wear pants to class; the first class to have 2 students marry and continue with their studies; the first class to have mothers with children; and so on. We are still the class of diversity. We are nurses, doctors, lawyers, writers, APNs, Phillips' ushers, and more. We run non profit organizations manage hospital units, and some even manage hospitals and ETC facilities.

Though ever changing however, there is one constant. And I am sure all of the graduating classes will agree. All of us are first and foremost nurses and Jefferson grads. And having that basis has allowed us to dream, to know that we can do anything, and to realize our dreams and goals.

In Memoriam

Mildred Myers Smith, '34
Wilma Berner Lewis, '38
Elizabeth Knowles Kain, '39
Julia Smekey Kennedy, '37
Margaret Fisher Reed, '40
Dorothy McComb Talbot, '40
Helen Gipe Loughry, '40
Sophia Pickens Driscoll, '41
Laura Christian Leeper, '42
Dorothy Maag Frizin, '42
Beatrice Samb Staron, '42
Gladys Druckenmiller
DuPELL-Backersto '45
Patricia Crawford, '45
Katheryn Glass Labate, '45
Betty Wagner Hudson, '45
Dorothy Fessler, '46
Geraldine Hart Rokeck, '46
Betty Weldon Sauderlin, '46
Mary Hunsinger Lorsch, '47
Anna May Chapula, '48
Margaret "Peggy" Hamill, '48
Aethea Claire Quairiere Snow, '48
Louise Schwartz Lorah, '48
Louise Deitz Strayer, '49
Jean Hohe Larkin, '50
Clara Richardson Flynn, '50
Janet Patricia Wassen Thomas, '50
Joanne Eberly Loose, '51
Jane Hawk Aires, '51
Louise Simonson O'Neill, '51
Elaine Keelins Carter, '54
Margaret Cordner Baker, '56
Eileen Horensky Telecky Lucywein, '59
Virginia Longhiotano, '60
Valerie O'Donnell, '64
Barbara Shermher Ruehl, '66
Marchia Kurtz Favinger, '67

Memories Build a Special Bridge

"Grieve not, nor speak of me with tears, but laugh and talk of me as if I were beside you there."
Isla Paschal Richardson

Remembrance is a golden chain
Death tries to break, but all in vain.
To have, to love, and then to part
Is the greatest sorrow of one's heart.
The years may wipe out many things
But some they wipe out never.
Like memories of those happy times
When we were all together.

Author unknown

When you are sorrowful look into your heart and you shall see that you are weeping for that which has been your delight
Kahlil Gibran

Fall 2011 Nurses' Alumni Association Bulletin
Life is not waiting for the storms to pass, it's about learning how to dance in the rain.

Vivian Greene

Life is a song – sing it
Life is a game – play it
Life is a challenge – meet it
Life is a dream – realize it
Life is a sacrifice – offer it
Life is a love – enjoy it.

Sai Baba

Joy is what happens to us when we allow ourselves to recognize how good things really are.

Marianne Williamson

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**Additional Information**

**Graduation Pins**
Grads up to 1968 can write or call, J.E. Caldwell, Attention: Nina, 215 S. Broad St., 3rd Floor, Philadelphia, PA 19107. Telephone: 215-545-9156


**Identification Cards**
Identification cards can be obtained by directing correspondence to the Nurses' Alumni Office or Student Life, Thomas Jefferson University, 130 South 9th Street, Suite 709, Philadelphia, PA 19107-5233. Telephone: 215-503-8189

**Transcripts**
All requests for transcripts must be submitted in writing to the University Office of the Registrar, Thomas Jefferson University, 1015 Walnut Street, Suite G-22, Philadelphia, PA 19107-5099. Telephone: 215-503-8734

Requests should include the name and address of the institution(s) to which you want the transcript(s) sent. There is a $5.00 fee for each transcript. Make checks payable to Thomas Jefferson University.

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**Class Address Lists and Information**
Class lists are available from your Alumni Office Coordinators. When requesting the class list from the Alumni Association, please include your first name, maiden name, married name, and the year you graduated.

Please continue to notify your Alumni Office Coordinators of name changes, deaths, and address, e-mail, and telephone number changes, or any information corrections. Help us keep errors to a minimum and our files accurate. Please send information to: Jefferson Diploma Nurses' Alumni Association, Thomas Jefferson University Hospital, 130 South 9th Street, Room 724, Philadelphia, PA 19107-5233. Telephone: 215-955-0981. E-mail: jane.dietrich@jeffersonhospital.org or nurse.alumni@jeffersonhospital.org

**TJU Book Store**

**Commuter Services**
1009 Chestnut St., Philadelphia, PA 19107. You may purchase parking stickers with your Alumni Card for certain parking garages in the vicinity. Telephone: 215-955-6417

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**Change of Address Form - Donations - Information Changes**

Present Name: ____________________________

Name when graduated: ____________________________ Year: ____________________________

Former Address: ____________________________

New Address (as of): ____________________________

New Phone Number(s): ____________________________

New E-mail address: ____________________________

Present Position: ____________________________

Donation: [ ] Operating Fund [ ] Other Fund ____________________________ Amount: $ ____________________________

Personal News for Bulletin: ____________________________

Mail to: Jefferson Nurses’ Alumni Association, Thomas Jefferson University 130 South 9th Street, Room 724, Philadelphia, PA 19107-5233. Phone: 215-955-0981.
The most beautiful discovery true friends make is that they grow separately without growing apart.
Elizabeth Foley

Warm friends meet warm hearts.
Proverbs

APPLICATION FOR NURSES' SCHOLARSHIP FUND

The Clara Melville-Adele Lewis Scholarship Fund
of the Alumni Association of the
School of Nursing (Diploma Program)
Thomas Jefferson University
215-955-8981

1. Name: 
   (Last Name) (First Name) (Middle Initial) (Middle Name)

2. Address: 
   (Street and Number) (City and State) (Zip Code)

3. Year of Graduation: 
   Social Security #: 
   Telephone #: 

4. Letter of acceptance from the University or College you plan to attend.

5. Positions held. Arrange in sequence, listing present or last position first.

<table>
<thead>
<tr>
<th>Title of Position</th>
<th>Name of Employer</th>
<th>Address</th>
<th>Dates of Employment</th>
</tr>
</thead>
<tbody>
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</tbody>
</table>

6. Are you a member of the:  □ Alumni Association  □ ANA  □ NLN  □ Other ______

7. List your activities in professional organizations.

8. Proposed program of study and plans for your professional career:
   School enrolled in
   Address of School
   Tuition cost: Total ___________________ Per credit ___________________

9. Available financial assistance (amounts)
   Scholarships ___________________ Loans ___________________ Work reimbursement ___________________

10. Have you received scholarship money from the Alumni in the past? □ No □ Yes If yes, amount ______________ Dates ______________

11. Number of credits: Taking this semester ______________ Earned toward Degree ______________ Needed for Degree ______________

12. Upon completion of course work, we require that you send proof of your passing grade to the Alumni Office.

Signature ___________________ Date ___________________

(for additional space, use back of this form).

Eligibility for Nurses' Scholarship Fund

Purpose
To assist members of the Alumni Association to meet their tuition obligation.

General Requirements
• Membership in the Alumni Association (preferred).
• At least one year of professional experience as a registered nurse.
• Enrollment full-time or part-time in an accredited program, leading to a baccalaureate or higher degree in nursing.
• Letter of acceptance from the University or College you plan to attend.
• A close relative (daughter, son, granddaughter/son) of a graduate of the Diploma Program planning to attend Jefferson's Nursing Program could be eligible to receive a scholarship, provided all requirements are met.

Awards
• All things being equal, preference will be given to those who have most nearly completed degree requirements.
• An application for Scholarship Funds is required for each semester.

Application Procedure
• Applications are available from the Nurses' Alumni Office or the Chairperson, Scholarship Committee:
  Nurses' Alumni Association
  Thomas Jefferson University
  130 South 9th Street, Room 724
  Philadelphia, PA 19107-5233
  Phone: 215-955-8981
• Submit all applications at least forty five (45) days prior to the regularly scheduled meetings of the Alumni Association (second Tuesday of September, November, January, March and the annual meeting in May).
• Include the name and address of the person or school to whom the scholarship check is to be sent.
• Each application is given careful consideration and considered on a first come, first served basis.

CERTIFICATION REIMBURSEMENT APPLICATION

The Clara Melville-Adele Lewis Scholarship Fund
of the Alumni Association of the
School of Nursing (Diploma Program)
Thomas Jefferson University
215-955-8981

1. Name: ____________________________ ____________________________ ____________________________ ____________________________
   (Last Name) (First Name) (Middle Initial) (Maiden Name)

2. Address: ____________________________ ____________________________ ____________________________ ____________________________
   (Number and Street) (City and State) (Zip Code)

3. Year of Graduation: __________ Social Security #: __________ Telephone #: __________

4. I applied and have been accepted to sit for  □ Certification  □ Re-certification  □ Examination in the following specialty:
   Name: ____________________________ ____________________________ ____________________________ ____________________________
   Date: ____________________________ ____________________________ ____________________________ ____________________________

5. Costs Incurred: ____________________________ ____________________________ ____________________________ ____________________________
   Examination Fee: ____________________________ ____________________________ ____________________________ ____________________________

6. Financial assistance available to you: (state amount)
   Work reimbursement: ____________________________ ____________________________ ____________________________ ____________________________
   Other: ____________________________ ____________________________ ____________________________ ____________________________

7. To receive financial assistance with Certification costs, send a copy of one of the following to the nurses Alumni Office:
   1. Canceled check
   2. Receipt of payment
   3. Your passing grade

8. Are you a member of the Alumni Association?  □ Yes  □ No

9. Plans for your future professional career:
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

Signature ____________________________ ____________________________ Date ____________________________ ____________________________
Qualifications on reverse side.


 FALL 2011 NURSES’ ALUMNI ASSOCIATION BULLETIN 79
Eligibility for Certification Fee Reimbursement

Purpose
To assist members of the Alumni Association to meet the costs of certification in a nursing specialty.

Requirements:
• Alumni of the Diploma Nursing Program of Thomas Jefferson University.
• Membership in the Alumni Association preferred.
• At least two years' experience in the nursing specialty requested.
• Application and acceptance by organization offering certification examination.

Awards
Monies will be granted to applicants who meet the requirements.

Application Procedure:
• Applications are available from the Diploma Nurses' Alumni Office or Chairperson, Scholarship Committee.
  Diploma Nurses' Alumni Association
  Thomas Jefferson University
  130 South 9th Street, Room 724
  Philadelphia, PA 19107
  Phone: 215-955-8981

  Submit applications at least four (4) weeks prior to the regularly scheduled meeting of the Alumni Association (second Tuesday of September, November, January, March and the annual meeting in May.)

  Each application is given careful consideration and considered on a first come, first served basis.

APPLICATION FOR RELIEF TRUST FUND BENEFITS

Nurses’ Alumni Association
School of Nursing (Diploma Program)
Thomas Jefferson University
215-955-8981

Applicant Data
1. Name: __________________________ (Last Name) __________________________ (First Name) __________________________ (Middle Initial) __________________________ (Maiden Name)
2. Address: __________________________ (Number and Street) __________________________ (City and State) __________________________ (Zip Code)
3. Year of Graduation: _______________ Social Security #: __________________________ Telephone #: __________________________

Type of Membership  □ Life □ Active
Have you received Alumni Benefits before  □ No □ Yes, Date __________________________

List your specific needs __________________________
Include the reason for this specific request __________________________

Signature __________________________ Date __________________________

Applicant or Representative __________________________

Relationship to Applicant __________________________

Attending Physician Statement
Patient’s Name __________________________

Diagnosis (If injury, give date of accident) __________________________

Date first consulted for this illness __________________________ Length of Illness __________________________

If patient hospitalized: name of hospital __________________________ Dates __________________________

If patient in nursing home or extended care facility:
Name of Facility __________________________

Address of Facility __________________________

Physician’s Signature __________________________ Degree __________________________

Address: __________________________ (Number and Street) __________________________ (City and State) __________________________ (Zip Code)

Authorization
I hereby authorize the above named physician to release any and all information requested by the Jefferson’s Nurses’ Alumni Association with respect to this claim for Relief Fund Benefits.

Signature __________________________ (Applicant or Representative) __________________________ Date __________________________

Relationship to Applicant __________________________

Rev. 5/88

Important: Read Reverse Side of this Form
To Be Eligible for Relief Fund Benefits

1. Membership in the Diploma Nurses' Alumni Association for one year preferred. However, all requests will be given consideration. All things being equal, members will be given first consideration.

   The Following Are Entirely Excluded:
   1. Pregnancy and its' complications.
   2. Cosmetic Surgery
   3. Dental surgery and/or complications.

How to Apply for Relief Fund Benefits:
1. Complete your part (the top portion) of the Benefit Form and sign the authorization at the bottom.
2. Have your physician complete his or her part of the Benefit Form.
3. If the Alumni member cannot complete the Benefit Form, the person submitting the form must include his or her relationship to the member when signing and give their address and telephone number.
4. The completed Benefit Form should be sent to:
   Chairman, Relief Trust Fund Committee
   Diploma Nurses' Alumni Association
   Thomas Jefferson University
   130 South 9th Street, Room 724
   Philadelphia, PA 19107-5233
   Phone: 215-955-8861

All information remains confidential.

All Relief Trust Fund requests are considered by the Board of Directors of the Nurses' Alumni Association for the amount of monies granted.

Hotels

The following hotels offer a "Jefferson" discount to your daily room rate. When calling for reservations be sure to mention that you are affiliated with Thomas Jefferson University Hospital/Jefferson Health System, and ask about "Jefferson" rates. Be sure to have your Jefferson Alumni Identification available at check-in.

- Park Hyatt Philadelphia at the Bellevue Hotel
  Broad & Walnut Sts., 19102
  215-893-1234

- Best Western – Center City Hotel
  501 N. 22nd St., 19017
  215-368-8310

- Double Tree – Philadelphia
  Broad & Locust St., 19107
  215-893-1600

- Holiday Inn Express – Midtown
  1305 Walnut Street, 19107
  215-735-9300

- Philadelphia Marriott
  1201 Market St., 19107
  215-238-6000

- Radisson Plaza Warwick – Philadelphia
  1701 Locust St., 19103-6179
  215-735-6000

- Comfort Inn Penn's Landing – Historic District
  100 N. Columbus Blvd., 19106
  215-955-8900

- Holiday Inn at Independence Mall – Historic District
  4th & Arch Sts., 19106
  215-923-8660

- Omni Hotel at Independence Mall
  4th & Chestnut Sts., 19106
  1-800-843-6664

- Penn's View Hotel
  14 N. Front St., 19106-9215
  215-922-7600

- Sheraton – Society Hill
  1 Dock St., 19106
  215-258-6000

- LaReserve Bed and Breakfast – Center City
  1804 Pine St., 19103
  215-735-1137

- Hampton Inn
  1301 Race St., 19107
  215-665-9100

- Martin Building/Alternate Housing
  11th & Walnut St., 19107
  215-955-8913
MEETINGS AND ANNUAL LUNCHEON

REGULAR MEETING DATES

Wednesday, September 14, 2011, 11 a.m.
Wednesday, November 9, 2011, 11 a.m.
Wednesday, January 11, 2012, 11 a.m.
Wednesday, March 7, 2012, 11 a.m.
Wednesday, September 12, 2012, 11 a.m.

The above Meetings are held in the Edison Building, Room 1229
130 South 9th Street, Philadelphia, PA 19107

ANNUAL MEETING

Saturday, May 5, 2012, 10:30 a.m.
Jefferson Alumni Hall, Solis-Cohen Auditorium
1020 Locust Street, Philadelphia, PA 19107

ANNUAL LUNCHEON

Saturday, May 5, 2012
Social Hour: 11:30 a.m.
Luncheon: 1 p.m.
Jefferson Alumni Hall, 1020 Locust Street
Philadelphia, PA 19107

Diploma Nurses’ Alumni Office
130 South 9th Street, Room 724, Philadelphia, PA 19107
Phone: 215-955-8981
E-mail: nurse.alumni@jeffersonhospital.org
jane.dietrich@jeffersonhospital.org