Figure 1 Key Points

Return to work is an important milestone of recovery after stroke.

Facilitating factors of RTW include positive valuation of work, positive perception of ability to return to work, flexible work environment, social support and support for psychiatric morbidity.

Interventions to physical, social, and psychiatric barriers may be used to improve rates of RTW.

Nurses may facilitate RTW for patients by initiating discussions about short and long-term goals and making appropriate referrals.