# The Dip: Orchestrating a Clinical Immersion Experience in Interprofessional Education

ST. CATHERINE UNIVERSITY

Karen M Sames OTD, OTR/L, FAOTA and Rebecca L. McGill, Ed.D, RN



### SETTING & BACKGROUND

## St. Catherine University Henrietta Schmoll School of Health



Two campuses –
St. Paul and Minneapolis
32 healthcare programs
from certificate to clinical
doctorate

Carondelet Village



Independent Living
Assisted Living
Memory Care
Care Center

### RESEARCH QUESTION

Do health professions students who participate in an interprofessional education experience report improved teamwork skills?

### DESIGN & IMPLEMENTATION

Final 14 Weeks

Observe

Implement

Evaluate

Plan

### Initial 2 weeks

Didactic portion of course

Form teams

teachers

 Assign mentors and elder

Study was conducted over two terms (J-Term and Spring) for 16 week in 2013 and 2014.

#### **Evaluations**

- QuantitativeRIPLS
- IEPS
- Qualitative
- IPEEQ
- Assignments, meeting summaries, field notes

### Interdisciplinary Education Perception Scale (IEPS)

15 items scored from 1 (strongly disagree) to 6 (strongly agree)

Two subscales showed steady improvement, one showed a dip at 6 weeks

The item with the largest positive change was

 Individuals in other professions respect the work done by my profession

Every item showed a positive change from day 1 to the last day of the project

### Readiness for Interprofessional Learning Scale (RIPLS)

19 items scored from 1 (strongly disagree) to 5 (strongly agree)

Average student scores became more negative at the 6 week mark, but improved and even surpassed original ratings by the end of the course.

The item that showed the most positive change was

• I would welcome the opportunity to work on smallgroup projects with other health-care students

One item showed a slight negative change from day 1 to the last day of the project

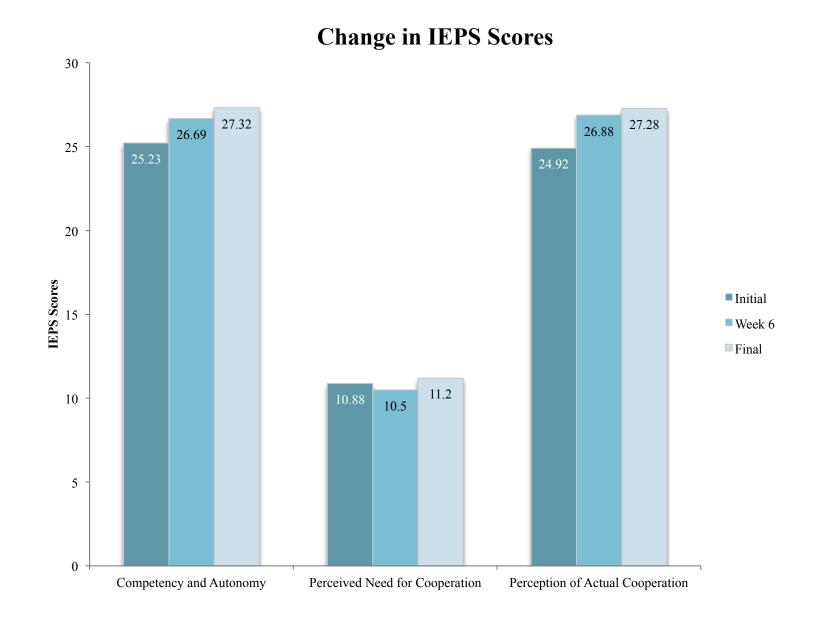
 Patients would ultimately benefit if health-care students worked together to solve patient problems

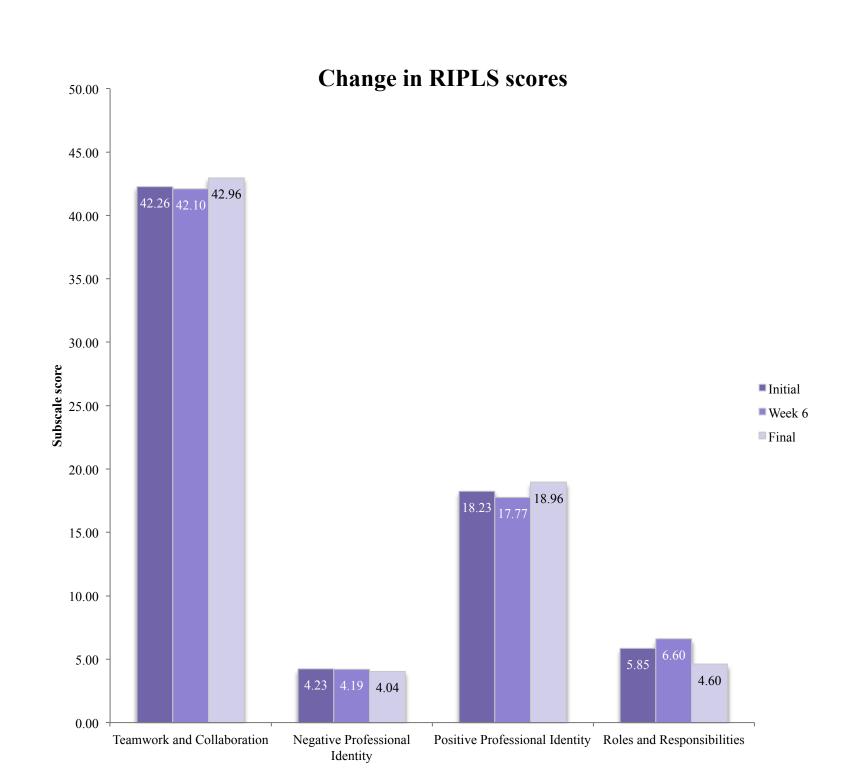
### Interprofessional Education Experience Questionnaire (IEEQ)

Students Quotes:

- "I am more open to communicating with other healthcare professions and stating my opinion."
- "It has been great to figure out how to communicate with others who don't have the same knowledge."
- "My thought process about how I see some health issues has changed because I know that working with other professions is more important than working alone."
- "Learned a lot about communication and importance of communicating expectations to team members."
- "I have learned that working together as an interprofessional team does not mean that you lose focus on your professional self."
- "I feel more comfortable talking with other medical professions and acting as an advocate for pts."

### OUTCOMES





### **Possible Explanations**

- Students overestimate their teamwork skills when they start an IPE experience (Pollard, Miers, & Gilchrist, 2005). They discover that working in IPE teams is not the same as working in teams with their classmates of the same profession.
- Differences in the vocabularies of each profession may have made communication within the team more challenging than students expected (Coleman, Roberts, Wulff, VanZyl, & Newton, (2008).
- Student discomfort with role overlap among professions may have surfaced early and then worked through as the team progressed.
- Students may have had stereotypes about other professions that began to crack as the teams worked together, creating doubt in their minds about what they thought they knew to be true about the other professions. This may have lead to a crisis of self-confidence (Ateah et al. 2011; Hean, Macleod, Adams, & Humphries, 2006; Tunstall-Pedoe, Rink, & Hilton, 2003).

References available on handout



### STUDENT PARTICIPANTS

Occupational Therapy (MAOT)
Physical Therapy (DPT)
Nursing (ADN, BSN)
Nurse Practitioner (MS)
Physician Assistant (MPA)
Holistic Health (MA)
Exercise Science (BS)
Spiritual Directions (MA)
Social Work (BSW, MSW)



### SAMPLE TEAM

### Elder teacher:

Male post CVA with OCD

Care Center

 Sits in wheelchair parked in dining room from 6 am to 7 pm every day

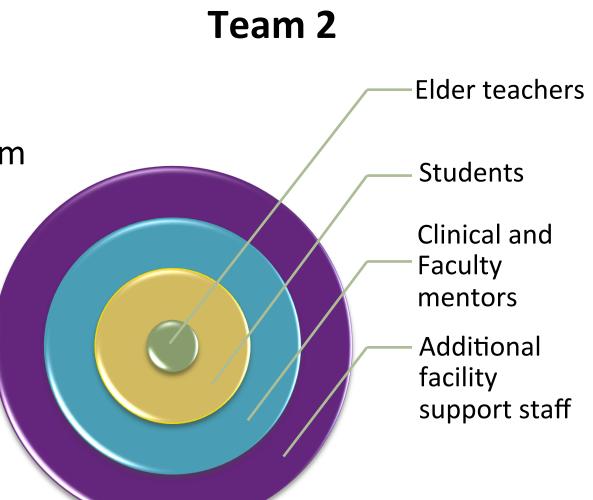
Constantly using call button

#### **Students:**

 OT, nursing, physician assistant, and PT students

#### **Clinical mentor:**

nurse



### SUMMARY

- The project resulted in mutual benefit for the University and Carondelet Village.
- Per CV staff, the student teams positively affected the health and vitality of the elder teachers.
- Students experience a dip in confidence part way into the project but work through it and come out stronger at the end.
- This project should be revised and replicated so more students can have an interprofessional team experience.
- Answer to the research question: Yes, they do report improved teamwork skills