Oh the Places You’ll Go: Assessing the Effectiveness of Community Interventions for Adults with Physical Disabilities
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PICO: To what extent do community interventions increase social and leisure participation for adults with physical disabilities?

Objectives of Presentation:
1. IDENTIFY barriers in the community that affect social and leisure participation for adults with physical disabilities
2. RECOGNIZE opportunities for implementing client-centered interventions that facilitate social and leisure participation in the community
3. APPLY the information to your clinical practice setting

Methods:
- Databases Used: Scopus, OVID, SPORTDiscuss-EBSCO
- Search Terms:
  - P: physical disabilities, adults
  - I: occupational therapy, environment, community-based, community mobility, outdoor mobility, mobility limitation, intervention
  - O: community integration, community access, community participation, leisure participation, community mobility, social participation
- A quantitative and qualitative synthesis of 16 articles was completed using Qualitative and Quantitative Critical Review Forms (Law & McDermid, 2014).

Results: Overall limited and moderate evidence to support themes. Minimal interventions found; themes and meaningful contributions regarding participation for social and leisure activities identified. The following themes influence participation in the community:

<table>
<thead>
<tr>
<th>Themes</th>
<th>Key Points</th>
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<tr>
<td>Use of Wheeled Mobility Device</td>
<td>• Skills, training and the wheeled device influence participation</td>
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<td>Client Factors</td>
<td>• Interpersonal factors influencing participation: support, involvement, connectedness, enjoyment</td>
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<td>• Intrapersonal factors influencing participation: positive inclination to activity, self-regulation, self-perception, personal agency</td>
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<td>Environment</td>
<td>• Natural environment: weather, green space</td>
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<td>• Built environment: curbs, sidewalks, communities &amp; neighborhoods</td>
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<td>Policies and Societal Level</td>
<td>• Accessibility of resources</td>
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<td></td>
<td>• Community planning</td>
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<td>• Transportation</td>
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<td>• Finances</td>
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<td>• Political advocacy</td>
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References


