Effects of Transition Services for Students with Cerebral Palsy on Employment
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Objectives of Presentation:
- Discuss the need for effective transitions programs to support students with cerebral palsy (CP) moving from school to long term employment.
- Compare types of transition programs for students with cerebral palsy that are transitioning from high school to employment.
- Understand the clinical implications of at least two employment barriers and/or supports for individuals with CP and application into practice.

PICO: Which interventions within the scope of OT practice facilitate a transition from high school to long term employment among individuals with CP?

Methods:
- Databases: CINAHL, PubMed, Ovid, and Scopus
- Search terms: (P) cerebral palsy, adolescents with cerebral palsy, students with disabilities, hemiplegia, quadriplegia, young adults with cerebral palsy, neuromuscular disorders, developmental disability (I) occupational therapy, transition*, vocation*, work, job, train*, school to work transition (O) vocation, employ*, gainful employment, long term employment, career, profession

Results:

<table>
<thead>
<tr>
<th>Themes</th>
<th>Barriers to Employment</th>
<th>Employment Supports (n=2)</th>
<th>Job Attainment Services (n=3)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subthemes</td>
<td>Physiological Factors (n=3)</td>
<td>Transportation Barriers (n=2)</td>
<td>Physical Environment (n=4)</td>
</tr>
<tr>
<td>Strength of Evidence</td>
<td>Moderate</td>
<td>Limited</td>
<td>Moderate</td>
</tr>
</tbody>
</table>

Implications: Due to the lack of evidence found throughout this review, it is clear there is an opportunity for occupational therapists to contribute to the literature regarding interventions to overcome these barriers. We did find some evidence supporting the correlation between ongoing employment supports and positive employment outcomes, indicating that further research into the efficacy of specific supportive employment interventions is required.

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References


