

# The Power to Transform Development: Benefits of Power Mobility Devices for Children 0-3 Years

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## Background

- Pediatric power mobility devices (PMD) include power wheelchairs, ride-on toy cars, and robotic devices.<sup>1</sup>
- Children with mobility needs can learn as young as **7 months old**.<sup>2</sup>
- Children ages 0-3 years is a critical window for development.
- Early access to PMD promotes positive development for children.<sup>3,4</sup>
  - Develops **self-initiated movement**<sup>4</sup>
  - Enhances occupational participation and client factors.<sup>4</sup>
  - Promotes psychosocial development (Erickson's).<sup>4</sup>
    - Children becoming self-sufficient or doubting their own abilities.<sup>4</sup>
- Challenges to PMD usage in early childhood include:
  - Parents demonstrate resistance to use PMD.<sup>5,6</sup>
  - Providers have limited knowledge
    - Holistic benefits.<sup>5</sup>
    - Ability to effectively implement PMD.<sup>5</sup>
- PMD are often not prescribed until children reach school age because of limited device options, lack of access, safety concerns and the prevailing belief that power mobility should be a last resort.<sup>5</sup>

**The purpose of this poster is to describe the benefits of PMD for children 0-3 years old and to provide evidence-based recommendations for prescription and usage.**

## Methods

1. Form PICO question:
  - What are the benefits of PMD for children ages 0-3 years?**
2. Search journal databases
3. Select most relevant articles
4. Deconstruct article findings and develop themes
5. Interpret clinical implications and identify areas for further research
6. Disseminate work to audience

## Search Terms and Databases

<b>Databases</b>	CINAHL, Google Scholar, PubMed, SCOPUS, OT Search
<b>Search Terms</b>	Infant, Toddler, Child, Early, Baby, Development, Power mobility, Power wheelchair, Power car, Power toy, Ride-on Toy car, Modified car, Mobility aid
<b>Inclusion Criteria</b>	Published in past 16 years, Peer reviewed, Majority of participants ages 0-3 years old with any mobility impairment, Articles published in US and internationally, Articles written in English
<b>Exclusion Criteria</b>	Majority of participants over 3 years old, Articles focused on manual wheelchairs

## Recommendations for Providers

- The Rehabilitation, Engineering, and Assistive Technology Association Society of North America (RESNA) **outlined guidelines** for promoting PMD for children between the ages of 0-3 years.<sup>7</sup>
  - Introduce PMD in alignment with typical motor milestones.<sup>8</sup>
  - Recommend PMD that is **adaptable, flexible, durable, low-cost, aesthetically pleasing and accessible**.<sup>5</sup>
  - Utilize a **family-centered and context-focused approach** when suggesting, designing, and implementing the child's use of PMD in meaningful activities.<sup>9</sup>
  - Provide **intensive training** with the child and family increases use and competence.<sup>10</sup>

## Analysis of the Evidence

Citations	Evidence Level	PMD Type	Age of Subjects	Benefits
Dunaway, Montes, O' Hagen, Sproule, De Vivo & Kaufmann, 2012	III	PW	0 yrs - 2 yrs	F
Evans & Baines, 2017	III	W	1 yr 3 mos - 6 yrs	E
Galloway, Ryu & Agrawal, 2008	III	R	7 mos - 1 yr 3 mos	F
Guerette, Furumasu & Tefft, 2013	III	PW	1 yr 6 mos - 6 yrs	F, P, S
Huang, 2018	V	U	0 yrs - 3 yrs	F
Huang & Chen, 2017	II	C	1 yr - 3 yrs	F
Huang, Chen, & Huang, 2017	III	C	1 yr - 3 yrs	E, F, S
Huang, Chen, Huang, Shih, Hsieh & Chen, 2018	II	C	1 yr - 3 yrs	F, S
Huang, Ragonsei, Stoner, Peffley & Galloway, 2014	IV	C	2 yrs	E, F, P, S
Jones, McEwen, & Hansen, 2003	V	PW	1 yr 5 mos	A, C, F, P, S
Jones, McEwen, & Neas, 2012	I	PW	1 yr 2 mos - 2 yrs 6 mos	A, F, S
Kenyon, Farris, Aldrich & Rhodes, 2017	IV	PWT	3 yrs	C, F, M, S
Kenyon, Farris, Gallagher, Hammond, Webster & Aldrich, 2017	III	PWT	5 mos - 3 yrs	C, F, M, S
Logan, Catena, Sabet, Hospodar, Yohn, Govindan, & Galloway, 2019	III	SC	7 mos - 9 mos	E, F
Logan, Feldner, Galloway, & Huang, 2016	IV	C	6 mos - 5 yrs	E, F
Logan, Huang, Stahlin, & Galloway, 2014	IV	C	1 yr	A, F, S
Lynch, Ryu, Agrawal, & Galloway, 2009	IV	R	7 mos	C, F, S
Ross, Catena, Twardzik, Hospodar, Cook, Ayyagari... Logan, 2017	IV	C	1 yr - 3 yrs	P, S
Stansfield, Dennis, Altman, Smith, & Larin, 2018	II	We	5 mos - 10 mos	F
Stokes, Cook, Sanders, & Coker-Bolt, 2014	IV	C	1 yr 6 mos	F, C, S
Tefft, Guerette, & Furumasu, 2011	III	PW	1 yr 6 mos - 6 yrs	F, P, S, R

### Power Mobility Device (PMD)

**PW:** Power Wheelchair  
**PWT:** Power Wheelchair Trainer (Device that converts manual wheelchair to power wheelchair)  
**W:** Wizzybug  
**We:** Weebot  
**C:** Ride-on toy car  
**SC:** Standing ride on toy car  
**R:** Mobile Robot  
**U:** Unspecified power mobility device

### Occupations

**A:** ADLs  
**F:** Functional Mobility  
**P:** Play  
**R:** Rest and Sleep  
**S:** Social Participation

### Client Factors

**M:** Global Mental Functions (*Temperament and Personality* → **Motivation**)  
**E:** Specific Mental Functions (*Emotional* → **Enjoyment**)  
**C:** Specific Mental Functions (*Higher Level Cognitive, Attention, and/or Memory*)

## Levels of Evidence

**Level I:** Systematic reviews, randomized control trials  
**Level II:** Two groups, nonrandomized studies  
**Level III:** One group, nonrandomized

**Level IV:** Descriptive studies that include analysis of outcomes, case studies  
**Level V:** Case reports, expert opinions

## Results

- Children ages 0-3 years with impaired locomotion can benefit from PMD. In 21 studies, participants had a **variety of conditions** (some articles and conditions may be represented in multiple categories):
  - Neurological (14/21 articles)
  - Genetic (10/21 articles)
  - Developmental (9/21 articles)
  - Orthopedic (3/21 articles)
  - Unspecified (3/21 articles)
- Participants used a **variety of PMD**:
  - Ride-on toy cars (8/21 articles)
  - Power wheelchairs (5/21 articles)
  - Power wheelchair trainers (2/21 articles)
  - Mobile robots (2/21 articles)
  - Unspecified (1/21 articles)
  - Standing ride-on toy cars (1/21 articles)
  - Wizzybugs (1/21 articles)
  - Weebots (1/21 articles)
- Access to early power mobility **improved occupational performance** and participation in the following realms:
  - Functional mobility (19/21 articles)
  - Social participation (13/21 articles)
  - Play (5/21 articles)
  - ADLs (3/21 articles)
  - Sleep (1/21 articles)
- Furthermore, participants exhibited **improvements in client factors**:
  - Specific mental functions → higher level cognitive skill (5/21 articles)
  - Specific mental functions → enjoyment (5/21 articles)
  - Global mental functions → motivation (2/21 articles)
- In addition, research showed that access to early power mobility can **decrease parental stress** (3/21) and increase parental belief that the public accepts their child (1/21).

## Discussion

- The use of PMD for children ages 0-3 years can yield significant benefits. Children with early access to PMD have enhanced participation in childhood occupations, improved client factors, and reduced parental stress.
- Parents are often resistant to early use of PMD due to feelings of grief and loss associated with their child's lack of typical mobility.<sup>6,11</sup>
- A client-centered approach may help parents/caregivers experience the developmental, physical, and social benefits of PMD for their young child.

## Future Implications

- **Expand** research studies **beyond feasibility** and address quality of life, additional occupation performance areas including sleep, and the impact on various client factors.
- Develop **continuing education** opportunities to help providers be aware of the benefits associated with access to early power mobility devices.
- Create resources to help providers and families advocate for the use of early power mobility devices.

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