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## Aboriginal Urban Design for Health

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## **Authors**

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# Aboriginal Urban Design for Health

2017 Montreal Vanguards • 06.02.2017

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**We would like to acknowledge  
that we are on unceded Mohawk  
territory.**

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# Our Co-Designers

Montreal Urban  
Aboriginal Health  
Committee

<https://www.facebook.com/Aboriginalhealthcentre/>

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# The Challenge

## Health Disparities for Aboriginal People in Montreal, due to:

- Racial Equities & Discrimination
  - Language Barriers
  - Lack of Culturally Appropriate Health Practices
  - Barriers Regarding Physical Access (e.g. transportation, papers, etc.)
-

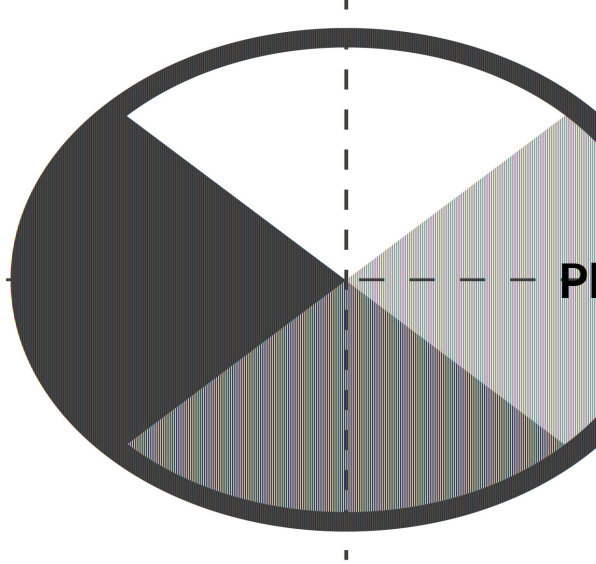
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**Spiritual**

**Emotional**

**Physical**

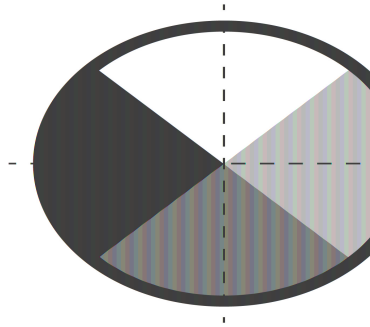
**Mental**



*Holistic Health Framework | Medicine Wheel*

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# The Long-Term Solution



# Montreal Urban Aboriginal Health Centre

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# Building Proposal

## Location: Ville-Marie

- Central
- Large existing Aboriginal population (31,310)
  - *Includes uncounted population (e.g. homeless)*

## Physical Space

- 10,000 square feet
- Outdoor space

## Uses

- Clinical Health Services
  - Outdoor Healing Space
  - Social Service Referrals
  - Sweat Lodge
  - Daycare
  - Kitchen
  - Birthing Center
-



*One Proposed Building Location | 975 rue Lucien-L'Allier*

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# Relevancy to Mayor's Vision

“safe and inclusive city”

Changing of Flag

- “We have to refer to the diversity among Aboriginal people. We have 10 different First Nations [and the Inuit] in Province.”

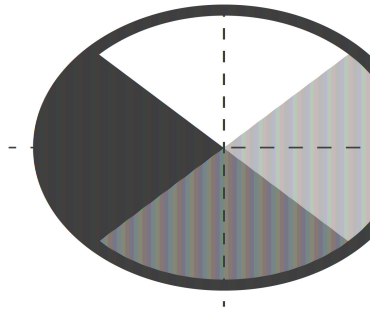
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# Relevancy to UN & Canada

## United Nations Declaration on the Rights of the Indigenous People (UNDRIP)

- “...Indigenous peoples have the right to actively be involved in developing and determining health programmes...”
  - *Adopted by Canada (2016)*

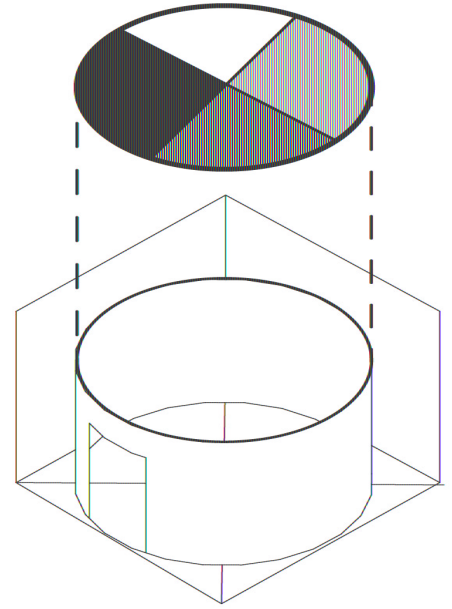
# Our Big Idea: The Short-Term Solution



Teaching &  
Healing Lodge

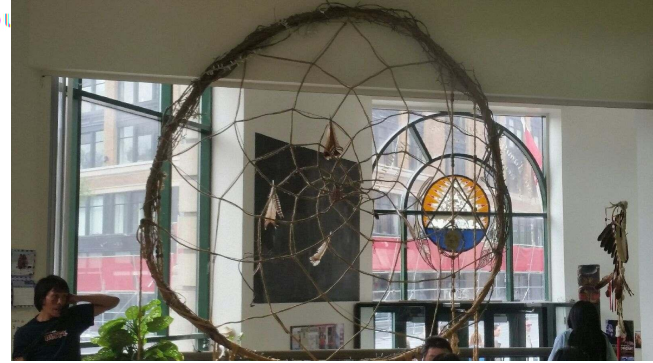
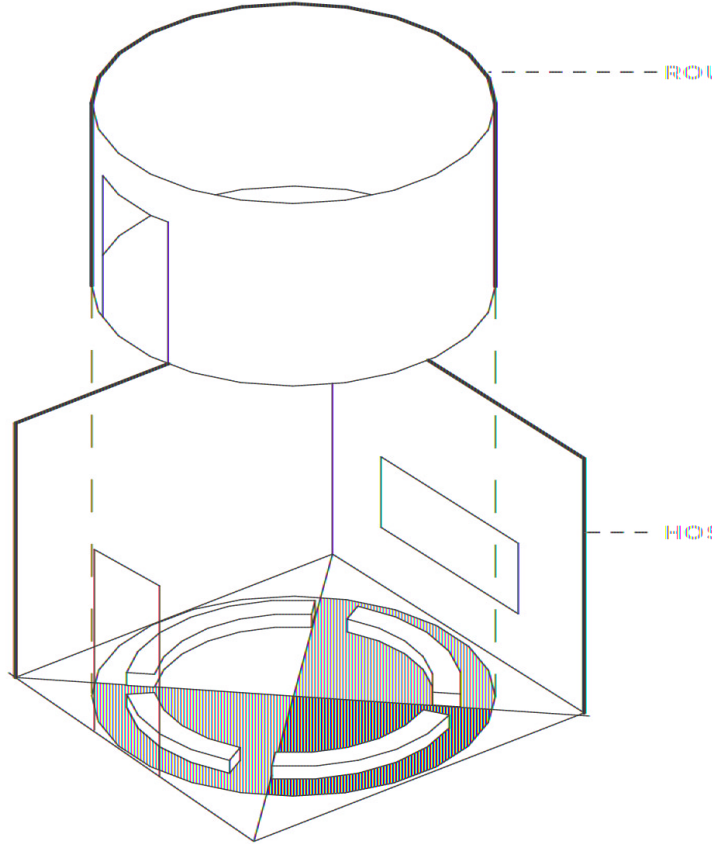
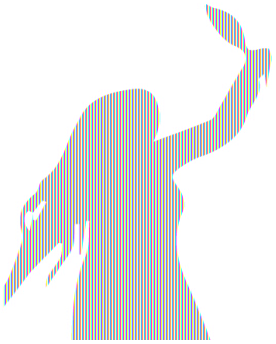
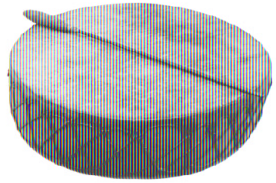
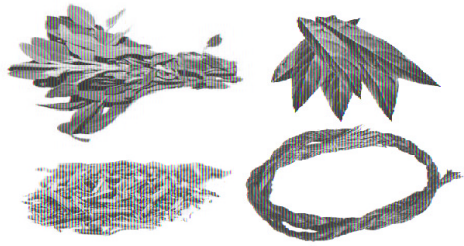
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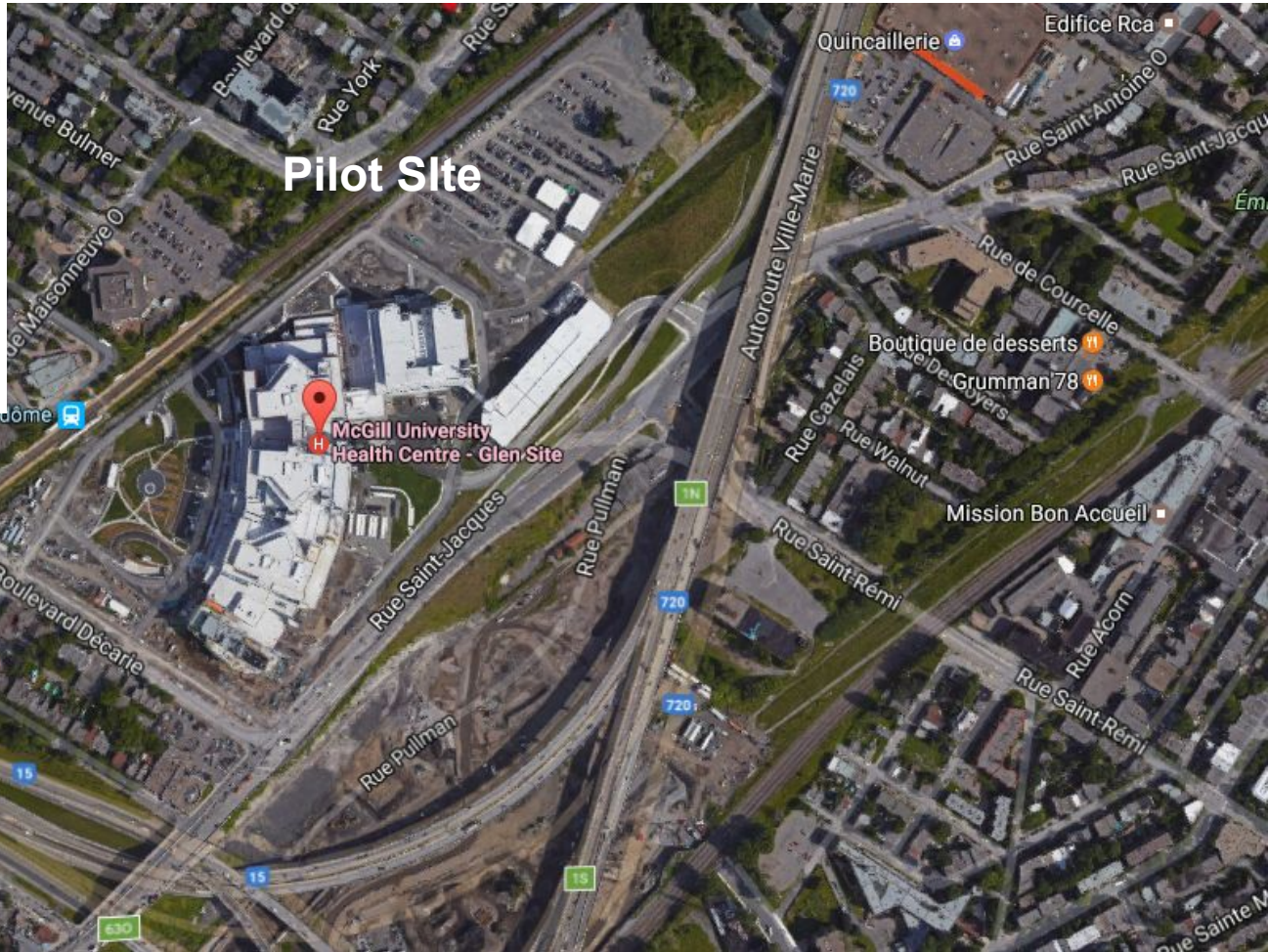
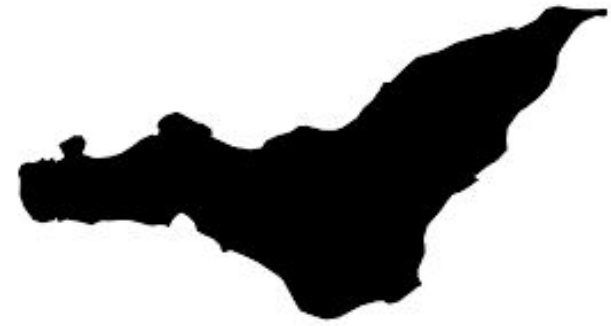
# Teaching & Healing Lodge Glen Site



A Safe Space for Indigenous  
People to Access Healing

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# Teaching & Healing Lodge Glen Site

## McGill University Health Center Glen Site

- Code of Ethics:
    - “The [McGill University Health Center] Community “strives to continually strengthen relationships with all the different groups we serve.”
  - Respect for Cultural and Linguistic Diversity
  - Buy in of McGill Senior Leadership (Dr. Kent Saylor)
-

# Project Budget

## \$7,000

### SUPPLIES

\$5200

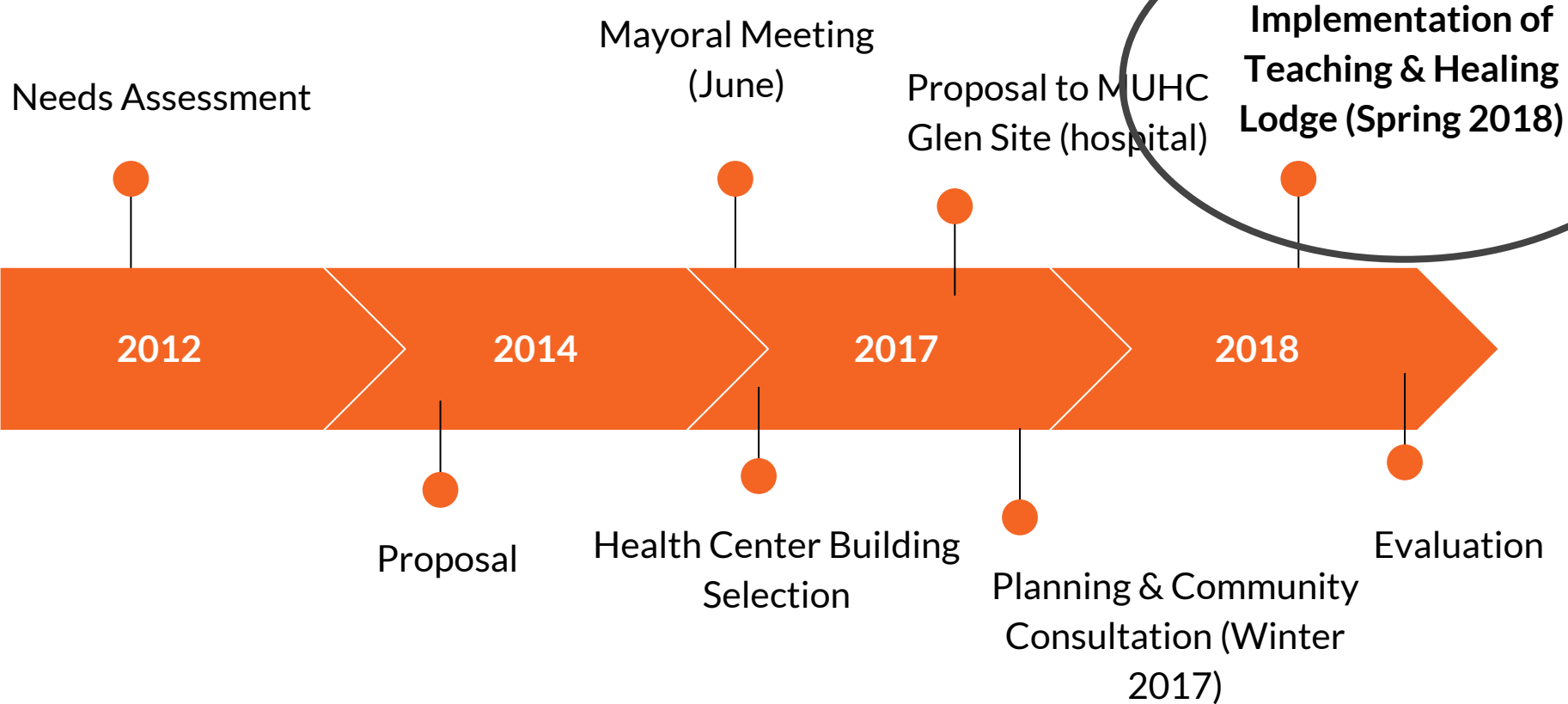
- Traditional Medicines (\$600)
- Furniture (\$1000)
- Indigenous Objects & Art (\$2600)
- Sound System (\$1000)

### MARKETING

\$1800

- Logo Design
  - Printing
-

# Timeline



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**Your support is a significant step  
towards reconciliation with the  
Indigenous population.**

***Thank you.***

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