Aboriginal Urban Design for Health

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We would like to acknowledge that we are on unceded Mohawk territory.
Our Co-Designers

Montreal Urban Aboriginal Health Committee

https://www.facebook.com/Aboriginalhealthcentre/
The Challenge

Health Disparities for Aboriginal People in Montreal, due to:

- Racial Equities & Discrimination
- Language Barriers
- Lack of Culturally Appropriate Health Practices
- Barriers Regarding Physical Access (e.g. transportation, papers, etc.)
Holistic Health Framework | Medicine Wheel
The Long-Term Solution

Montreal Urban Aboriginal Health Centre
# Building Proposal

**Location: Ville-Marie**

- Central
- Large existing Aboriginal population (31,310)
  - *Includes uncounted population (e.g. homeless)*

**Physical Space**

- 10,000 square feet
- Outdoor space

**Uses**

- Clinical Health Services
- Outdoor Healing Space
- Social Service Referrals
- Sweat Lodge
- Daycare
- Kitchen
- Birthing Center
One Proposed Building Location | 975 rue Lucien-L’Allier
Relevancy to Mayor’s Vision

“safe and inclusive city”

Changing of Flag

- “We have to refer to the diversity among Aboriginal people. We have 10 different First Nations [and the Inuit] in Province.”
Relevancy to UN & Canada

United Nations Declaration on the Rights of the Indigenous People (UNDRIP)

- “...Indigenous peoples have the right to actively be involved in developing and determining health programmes...”
  - Adopted by Canada (2016)
Our Big Idea: The Short-Term Solution

Teaching & Healing Lodge
Teaching & Healing Lodge
Glen Site

A Safe Space for Indigenous People to Access Healing
Teaching & Healing Lodge Glen Site

McGill University Health Center Glen Site

● Code of Ethics:
  ○ “The [McGill University Health Center] Community “strives to continually strengthen relationships with all the different groups we serve.”

● Respect for Cultural and Linguistic Diversity

● Buy in of McGill Senior Leadership (Dr. Kent Saylor)
Project Budget

$7,000

SUPPLIES $5200
- Traditional Medicines ($600)
- Furniture ($1000)
- Indigenous Objects & Art ($2600)
- Sound System ($1000)

MARKETING $1800
- Logo Design
- Printing
Timeline

- Needs Assessment
- Proposal
- Health Center Building Selection
- Mayoral Meeting (June)
- Proposal to MUHC Glen Site (hospital)
- Planning & Community Consultation (Winter 2017)
- Implementation of Teaching & Healing Lodge (Spring 2018)
- Evaluation
Your support is a significant step towards reconciliation with the Indigenous population.

Thank you.