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by Edward G. Zurad

"The faculty and administration are happy with the (National Board) results," according to Dr. Robert C. Mackowiak, Associate Dean and Director of Student Affairs. In 1979, 221 students took the National Board examination with 13 students failing which resulted in a failure rate of 5.9 percent. However, in 1978, 220 students took the examination with 35 students failing which resulted in a failure rate of 16 percent. Dr. Mackowiak indicated that this year's results are more demonstrative of the normal performance of Jefferson students on Part I of the Board. (Jeffer son has never had a failure rate of more than 10 percent during the seventies excluding 1978). The failure rate has even been as low as 2 percent in 1973 and 2.2 percent in 1976. The national failure rate is normally about 11 percent.

When asked whether he believed that the abundance of publicity concerning last year's performance on the National Boards had any effect on the motivation of the Class of 1981, Dr. Mackowiak replied, "Absolutely." However, he indicated that other classes have done well without requiring such extra motivation. In discussing the performance on the different subject areas covered by the examination, Dr. Mackowiak observed that there was a "a significant difference among depart ments" but he stated that he could not comment further on this subject.

Upon reviewing this year's results, Dr. Mackowiak expressed his perplexity regarding last year's "disaster." He has been examining MCAT scores of those students who failed the boards. He found that the average MCAT science score for those who failed in 1979 as 583, Paradoxically, in 1978, those failing had an average MCAT science score of 617. According to Dr. Mackowiak, this would lead one to believe that beyond a certain point, the MCAT scores can not accurately predict a student's performance.

Dr. Mackowiak has also studied the first year averages of the failing students and found that the mean first year average for those failing in 1979 was 76.1, while in 1978 it was 76.1. Dr. Mackowiak noted the lack of difference.

Dr. Mackowiak emphasized that one "has to prepare for the boards — you can't take them cold." He speculated that some of the students who did fail probably took the boards "kind of cold." He talked with 27 of the 35 students who failed in 1978 and found that many did not put much time into studying for the boards.

In order to stress the fact that one must study for the Boards, Dr. Mackowiak cited the fact that he had to memorize and re-remember the collocation sequence "thirteen times" between his freshman year and the day he took his specialty boards in Internal Medicine. "If you have a good set of notes, you can go over them easily," asserted Dr. Mackowiak.

Dr. Gonzalo E. Aponte, late Professor of Pathology and Chairman of the Department, reviewed the pathology questions on the 1978 examination, according to Dr. Mackowiak, and found that 130 of a total of 140 questions could be answered directly from the notes. The additional 10 questions were more research oriented and Dr. Aponte was not upset that these questions might have been answered incorrectly. Dr. Mackowiak also noted a review of the questions concerning lipid and carbohydrate metabolism completed by Dr. Arthur Allen, Associate Professor of Biochemistry, in which Dr. Allen found that "only a few questions" could not have been answered from the notes. Dr. Mackowiak mentioned that students should read the examination outline provided by the National Board of Medical Examiners. He stated that if a particular subject is not on the outline, then they are not going to ask questions about it. The commencement of classes was marked with this year's 150th annual opening exercises, held on Wednesday, September 5 at 8:00 p.m. in McCreary Hall. Dr. Lewis W. Bluemle, President of TJU, gave the convocation and presided over the ceremony. Dr. William F. Kellow, Dean of the Medical College and Vice President of the Class of 1983, presented the prizes to the deserving medical students.

John W. Clayton, III won the Ob-Gyn Prize, and sophomore John S. Radomski was awarded the Melvin J. Katzman, Pathology Prize. The William W. Bodine, Jr. Award was given to Edward H. Japer.

Victor F. Altadonna received the Class of 1947 Scholarship Award.

by Edward G. Zurad

One particular student has participated in a six-week European concert tour in 1974. She has also sung with the Pittsburgh Symphony Orchestra at Carnegie Hall. You might ask whether she is studying at the Philadelphia Musical Academy or the Curtis Institute of Music. The answer would be neither. Another student has worked for the United States Department of Marine Fisheries as a field worker in shark-tagging migrations. You might assume that he is doing post-graduate work in ecological studies. You're wrong. One student worked as a waiter during his 1975 and 1976 summer breaks. During the 1976 Philadelphia Bicentennial celebration, he was selected to serve as a waiter for the head table of Queen Elizabeth II. It is highlighted at Le Bec Fan! Wrong Again! All three of these students are members of the Class of 1983; a class which, at first glance, appears very similar to other classes at Jefferson, but, is one which contains its share of colorful individuals. For example, another member of this class is a co-owner of a scuba diving service specializing in boat hull cleaning. He will probably be a draft choice for the Jefferson Scuba Club. A former NCAA 2 mile relay champion is also a member of this class. He should find his speed helpful for running around the lab during Anatomy practicals. Statistically, the Class of 1983 looks like this: There are 223 new students with 157 in-state and 66 out-of-state members; 33 are alumni sons and daughters (4 less than last year); 24 students are participating in the Physician Shortage Area Program (the same amount as last year); 24 are members of the Penn State-Jefferson Program (1 less than last year); 20 are members of the Jefferson-Delaware Medical Education Program. Of these 20 students are the sons and daughters of faculty members. Only 14 students knew that they were accepted by Jefferson before October 1, 1978 via the Early Decision Program.
FROSH BEWARE!!

by Jim O’Brien

THE TWELVE MOST FREQUENT MISTAKES MADE BY FRESHMEN ACADEMIC.

1) Relying on precedent. Test questions are changed yearly so they may not be identical to previous tests.

2) Taking LATEX courses too lightly. Last year’s seemingly harmless Spring IC2 Final proved to be a more academic disaster than either of the concomitant Physiology and Anatomy Finals.

3) Taking “Neuro-golf, tennis, beach” too lightly. More people flunked this course than any other last year.

4) Overstudying. Most behaviors agree that there is a “pale of-no-return” where an increase in time studied produces little or no benefit.

5) “The Bodhisattva Syndrome.” Behavioral is a Buddhist idiosyncrasy that rekindles pleasure in iniquities for many other more obscure categories. Of those you familiar with the listing will recall that many of the “beats” are “out-bested” from year to year. To keep everyone current, here is a selection of this year’s elite:

- Restaurants, Food, & Nightlife
  - Dell: The Famous 700 South 4th Street
  - Salad Bar: Wildflowers 516 5th Street

- Afternoon Tea: Conversation 1624 Pine Street
- Japanese restaurant: Choyo 8136 Gt. mantown Avenue Chestnut Hill
- Korean restaurant: Onaxis 1735 Sansom Street
- Mexican restaurant: Las Amigas 218 14 Street

- Health Food restaurant: Natural Food Eater 1345 Locust Street

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HELP YOURSELF
TO PHILADELPHIA
by Meg Trexler

For the readers of this illustrious journal who are new to the area, the ABIERS offers little Basic Bits of Information on the basic subject of how to entertain oneself in this shining city. The City of Brotherly Love is not the Big Apple (don’t mind the cliches), but there is plenty to do to help entertain one.

The new arrival to the city may or may not be all gung ho to breathe the historical atmosphere of Old Philadelphia, but as it’s basic to the city’s flavor and color, might be worth checking out. Independence Hall is a short five-block walk down Chestnut Street; the Liberty Bell house; and Independence Hall, now stands ensconced in a new plexiglass shrine across the walk from the same area is Old City Hall, Carpenter’s Hall, and other sites.

“revolutions” in the area.
Further north and towards the River (the Delaware, that is), still within walking distance is Elfreth’s Alley. This quaint little walkway is bordered by eighteenth century houses, including BETSY ROSS’ S. Somewhere of which, Philadelphia boasts a great wealth of old houses (many open to the public), some remarkable for their architectural beauty and others known more for their historical significance. A number of these places are located in Fairmount Park, a magnificent site for walking, bicycling, dining, and generally enjoying. For precise locations and a more exhaustive discussion of historical Philadelphia, you might want to check with the Tourist Information (Visitors’ Center) at Penn Center or at 3rd and Chestnut.

When it comes to the subject of culturally-oriented things-to-do, one cannot omit the subheading “Museums.” It will probably come as no surprise to you that Philadelphia has lots. Those devoted to the arts include the Philadelphia Museum of Art, the Philadelphia Art Alliance, the Second Bank of United States Portrait Gallery, the Academy of Fine Arts, and the Rodin Museum (a bit specialised, obviously)!

The Academy of Natural Sciences and the Franklin Institute are “musts” for science buffs (be sure to see the renowned human heart model at the Franklin), and the University Museum at Penn has something for everyone, but is particularly noted for its archeological exhibits. Others of miscellaneous variety include the Philadelphia Fire Museum, the Perelman Antique Toy Museum, and the Philadelphia Maritime Museum.

Before moving on to the topic of “nightlife and lights,” another area of interest worth mentioning are the U.S. Mint (especially “Tour for the Lightfingered”), the Philadelphia Zoo, and the Philadelphia Zoo (complete with zoos and staff of all sorts).

Head House Square, New Market, and Society Hill are fun for long walks on a free afternoon (should such a thing occur).

As and now, the subject so many have been waiting for... nightlife, etc. Again, Philadelphia has tons. There are the bars to eat, drink, dance, and revel to your heart’s content. The topic of restaurants and nightlife establishments is so overwhelming that I can only suggest that you refer to The City Guide to Philadelphia to fer yourself and ask around, or you can check Philadelphia by mail. Philadelphia is a city to correspond with Center, the Spectrum, the Academy of Music, and Robin Hood Dell run a busy schedule of events.

One final topic of note—the shopping scene (not for the fainthearted). Any major city has its own famous old department stores, and Philadelphia is no exception. Within them or four blocks of the Jefferson campus are Wanamaker’s, Strawbridge and Clothier’s, and Gimbel’s. Wanamaker’s and Strawbridge and Clothier’s are both housed in classic old buildings with huge chandeliers and the works. Be sure to see the famous Eagle on the first floor at Wanamaker’s. Gimbel’s is an old firm in a new building, located in The Gallery.

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by Eric Singel

Welcome, all you new-comers, to our hallowed halls, and welcome back, all of you old-timers, acquired in the heading for this (hopefully) regular column is serious. No matter what it is that you're doing here at Jefferson, there is time for a night out every so often. If you can't find that time, you're probably working too hard. There are opinions to the contrary, but I refuse to listen to them. Case closed.

To assist you in planning your night out, this column hopes to provide a few pertinent comments on the entertainment media here in Philadelphia, specifically movies and the theater. Here's the first installment, in the form of two movie reviews.

* * *

"Everyone's talking about it." That's usually the kiss of death for any subject, from roller-disc to Star Wars. But in the case of this month's movie of the month, The Seduction of Joe Tynan (four stars out of five), reviews are justified. Alan Alda has turned in a warm, witty, wonderful screen performance and a headache-understanding lead performance which just might net him a matching set of Oscars. His story of the turning point in the political career of the ambitious Senator Joe Tynan (Christopher), is a welcome change from the usual Watergate-inspired documentary dramas to which we've been subjected lately. It is a political drama, yet, American can get involved in, because Alda has written his character as human beings instead of newspaper headlines. Even the "heavies" of the piece, the Senators who oppose Tynan on the question of a Supreme Court appointment, are very human, and even the cardboard cut-out black-hatted villains. Alda is the best kind of "woman's man" — a staunch supporter of the woman's rights movement — and he has written two women's roles to prove it. Add Barbara Harris and Meryl Streep to play these roles to perfection and you have two more Oscar contenders. Harris is Tynan's somewhat neglected wife, a politician who has been through a nervous breakdown and back. Streep is his mistress, a Southern lawyer who starts out as Tynan's partner in his battle to block the Supreme Court appointment. Both are nothing short of brilliant. With Alda, they combine to form a triangle one of which you want everyone to win, even though you know they can't. They also provide some of the best cinematic sex scenes I've seen in a long time.

To see The Seduction of Joe Tynan, preferably before the primaries begin. It may just give you a whole new perspective on politics. I personally am putting Joe Tynan on my ballot as a write-in, in me, with Carter, and Kennedy..."
GET INVOLVED

A drama club here at Jefferson? That's right. It occurred to us that the fine talent displayed in the past three years' spring musical productions (ANNIE and DICK ALBIN'S OLD TESTAMENT REVEUE, LIT ABNER, AND A FUNNY THING HAPPENED ON THE WAY HOME) FORUM should have a few more outlets. And so, this year, a drama club is being formed for the lovers of "presenting an informal theatrical workshop atmosphere for "artistic talent..." and other" or "free" release, possibly getting together a show or two (or three—or maybe with all of you, and we hope it will generally have a good time.

So if you've got an actor hiding inside of you just dying to get out, or if you'd just like to have a lot of fun with some people who think they do, come and check out the first meeting of the new Jefferson Drama Club on Tuesday, 11th of September at 7:00 P.M. in Room 123 on vegetable Alumni Hall. If you are interested but can't make that meeting, the club will be meeting at the same time in the same place every Tuesday, so drop in anytime! Any questions or comments may be addressed to Eric Singel, Box 922-7154.

Are you married to a Jefferson student? Would you like to meet other married students and their wives? The Jefferson Student's Wives Club provides activities for the spouses of students and faculty. It is a good way to get involved in the Jefferson community. The Jefferson Student's Wives Club is a recognized club on campus, and meets every 3rd Tuesday of the month. Some of the activities planned for this coming year are a Halloween Party, a Christmas dinner, and a medical school marriage panel.

The club will kick off this year's activities with a party on Wednesday, September 12 at 7:30 p.m. in Orlowsk Social Lounge. All married students and their spouses are invited to this wine, cheese, and grape party.

The first regular meeting of the Wives Club is set for 8:00 p.m. September 19th. The group will meet at Orlowsk, and then walk over to Alumni Hall for an introduction and tour of the commons facilities. The event will be lead by Brenda Peterson, Director of Commons.

For further information regarding the Wives club contact Janet Jurkowski at 923-6459.

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ALLEN TELLS ALL

Yeahhh Brenda!

COMMONS DEMANDS ACTION

With the recent departure of Commons Director David Grebosi, significant changes can be expected in the organization of the Jefferson Commons. The Commons attempts to meet the extracurricular needs of Jefferson students personal through such activities as University Hours. These activities have, until now, been arranged by the Commons staff for the most part. Ms. Brenda Peterson will assume many of the responsibilities of the departing Mr. Grebosi. Her role may be less that of program director and more . . . that of student planning events, they will not take place. Low attendance at Commons events in the past has led to this situation.

If anyone has an idea or three-quarters of an inspiration Brenda would just love to hear about. Stop in, she's an interesting person just overflowing with enthusiasm. Or
In Memoriam

Gonzalo E. Aponte, M.D.
1929 - 1979

With the untimely death of Dr. Gonzalo E. Aponte last June, the entire Jefferson community suffered a tremendous loss. Many of us cannot appreciate the full impact of this tragedy, and for that we lose the more.

Dr. Aponte knew virtually no peer in his overall administration of Jefferson's pathology course. His mimeographed handouts, by now legendary, were as consistently complete, accurate, and well-written as any student could ask. Fortunately, we still can benefit from his genius in those synopses he left behind. The first-rate lectures and reviews for which he became famous, though, we shall miss keenly. Few lecturers anywhere could combine an awe-inspiring command of knowledge (of which many stories were told on his behalf as further tribute to his brilliance) with the ability to lucidly cover vast amounts of material in short time. Yet Dr. Aponte gave this and more to the Jefferson student body. He devoted himself to an immense degree to the students, offering time for help, never refusing to discuss problems. Furthermore, he never held his nanoparadigm knowledge over the students and never "pulled rank" on them to dismiss trivialities, for Dr. Aponte knew not the word triviality. Certainly his examinations provided convincing testimony to that. His policy of examination was in itself unique. Though Dr. Aponte's exams notoriously conquered the greatest of minds, he realized as much. Therefore, he implicitly passed all students willing to work hard and make the best of a difficult situation, that being the overwhelming amount of pathology to be learned in a mere thirteen weeks. Far was this policy from those of other departments, which sometimes seemed to present an avant-garde theory of learning which included 5% motivation and 95% stark panic of failure.

Thus the Pathology Department has the unenviable task of carrying on in the absence of Dr. Aponte, a name Jefferson had come to regard as synonymous with pathology. Gonzalo E. Aponte will surely be remembered with love, admiration, and respect by all who knew him.

Always Unpredictable

Pathology and Pinball: Games of Chance
Do you want to kick the smoking habit? Then start eating bicarbonate of soda. Psychologist James Fix at the University of Nebraska reports that ingesting the equivalent of four grams a day of bicarbonate of soda helped smokers stop. Students who smoked 30 cigarettes a day dropped to 14 cigarettes a day in the fifth week of the experiment. The procedure utilizes previous research which showed that people with high levels of acid in their urine usually smoked more than people with low acid levels. Therefore, students who took acid lowering bicarbonate tablets in stressful situations smoked less than those on placebo tablets.

Should you abstain from sex? A report in the New England Journal of Medicine states that sexual intercourse may cause disorientation and a transient amnesia. As you are at the peak of biologic activity, the brain is flooded with a chemical cocktail that appears to make the night revolve in a waltz of pleasure. However, the night is not without repercussions. This is the time to try pleasuring one's self in a pot of water.

A new cure for acne scars is waiting state approval in California. The treatment costs for the injection of collagen. The collagen is extracted from cattle hide and transformed into a white substance that is then injected under the skin. Once injected the substance helps smoothe out scars and becomes part of the body. Future uses include facial wrinkles breast implants and heart valve replacements.

Once a day inhalation of the spray prevents ovulation by blocking the pituitary gland from releasing luteinizing releasing hormone which is essential for ovulation.

A chemist at the University of Missouri thinks he has found the reason why onions make you cry. His research proves that the agent responsible is propylene, a volatile compound, which decomposes rapidly in the water around the eye. The reaction between water and propenial produces sulfuric acid which irritates the eye and causes tearing. The solution is to try pleasuring one's self in a pot of water.

Carrigan, carrighen, carrighens are everywhere. That is the latest report from the Food and Drug Administration which says that cosmetics such as shampoos, creams, and cream lotions are likely to be contaminated by nitrates, which can be transformed into nitrosamines. Some brands of toothpaste also contain nitrates. If you are thinking of changing to the drinking of water, beware, since even water has nitrates in it. Doctors at the University of Arizona are using metal staples to help patients lose weight. The stomach is stapled in half with only a small hole left connecting the two parts. When a patient eats, the top part of the stomach fills quickly and leads to a feeling of fullness. The food then moves slowly through the slit to the bottom part of the stomach where it is digested normally. The technique works fine, unless you ingest a lot of milkshakes which pass through both parts of the stomach very easily and therefore prevents you from losing weight.

In the fifth week of the intervention, patients who took acid lowering bicarbonate tablets in stressful situations smoked less than those on placebo tablets.

...Since this is the prime time for shopping, the stores are crowded with shoppers. Unfortunately, the prices are inflated. And is a good place to buy practically anything, though often at somewhat inflated prices. For shopping in a less departmental atmosphere, try the shops along South Street (towards the River), around New Market and Head House Square, as well as the multitudes along Chestnut and Market Streets. For more exotic purchasing, check out the antiques stores scattered all over the city. When shopping for the real necessities of life, there's the A&P supermarket near the 2nd Street, the Walgreens at the 9th Street, and the Italian Market (along Ninth Street, south of South Street) for a lot more fun. A colorful, European-type market, its vendors sell everything from live fish (you may see them swimming down the gutters on a rainy day) to underwear (black and lacy to warm and wooly). And the best thing about it is the prices, which are generally quite reasonable.

This list only just begins to number the possibilities of things to do in this city. There's lots going on here all the time, with something for every taste. Help yourself!

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**LEGIONNAIRE’S DISEASE**

**STILL A MYSTERY**

Although three years since Legionnaire’s disease made its debut in Philadelphia, not much more is known about the organism today. The mysterious bug captured headlines in all the newspapers in 1976, yet today’s outbreaks receive scant attention in the mass media.

Three years of intensive scientific investigation have convinced researchers that the puzzling organism is not a new lethal biological creature as once believed, but has “been around a long, long time.” It is now thought that one percent of all previous unexplained pneumonia was due to the Legionnaire bacteria.

The Center for Disease Control in Atlanta states that 1,605 cases of the disease have been reported worldwide. This total includes 708 sporadic individual cases and about 837 cluster cases. The largest cluster case occurred in Philadelphia where 221 persons became sick and 34 of them died. In “honor” of this major outbreak which occurred during a convention of the American Legion, the bacteria is now called Legionella pneumophila.

It appears that Legionnaire’s disease has two different clinical pictures. In the Philadelphia, the stricken individuals had “pneumonia with a long incubation period, a low attack rate, and a high fatality rate. In other cases, there is an influenza-like illness, no pneumonia, a short incubation period, high attack rate, and a zero fatality rate.” In both situations, the causative bacteria was identical. One of the mysteries of the Legionnaire bacteria is its principle home in nature. It has been cultured from air conditioning cooling towers, rivers, pond water, and from mud of excavation sites and the banks of rivers. Unfortunately, the bacterium has been found to replicate in unknown variables about its exact location.

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Next to the D.C.A.
by Al Signorella
Stuart Singer

Welcome to another year of Ariel sports coverage. The Jefferson Community is becoming more involved in sporting events every year and we, the Ariel staff, endorse the growth of athletic activity and aim to share the competition and fun with the community.

In the fall intramural circuit there are leagues to touch football, waterpolo, basketball, and volleyball. As winter approaches, intramural sports will continue with basketball and volleyball, as well as adding indoor soccer and indoor floor hockey, to the I.M. schedule. To sign up for these leagues, see the issue counter in the Jefferson Alumni Hall basement for further information.

Besides intramural sports, Jefferson Commons supports a variety of sports clubs and teams. The latest sensation to hit the medical community on a national level has been the National Hospital Tennis League. This league follows world team tennis format whereby teams of at least three female and three male members are formed from hospital employees and students of medicine, nursing, and allied health. All Philadelphia regional tennis matches take place at Pier 30 Tennis Club for a 30 week season with matches played every week for each team. The main attraction is that team members get to play competition

**Sports Spectacular**

by Stuart Singer

The popular Jefferson watering hole for squash enthusiasts will once again offer discount rates for squash court time throughout the school year. Squashcon, located at 210 West Washington Square, offers the best in squash with five regulation courts, scores, bar, and locker room facilities. A membership costs $10 for commons members and students, $20 for Jefferson employees, and last from September to January. It entitles members to play squash free during “non-prime time” hours. To sign up, go to the commons office at room M-63 Jefferson Alumni Hall. Membership is open to all who are interested in playing or learning squash.

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