

Division of Internal Medicine Faculty Papers & Presentations

**Division of Internal Medicine** 

7-15-2022

# Echocardiographic Predictors of Symptomatic Cardiotoxicity Among Patients Undergoing Chemotherapy: A Systematic Review and Meta-analysis

Muhammad Umer Siddiqui Thomas Jefferson University Hospital

Youssef Yaacoub Catholic Medical Center

Heidi-Anne Hanson Lake Region General Hospital

Joey Junarta Thomas Jefferson University Hospital Follow this and additional works at: https://jdc.jefferson.edu/internalfp

Part of the Cardiology Commons, and the Internal Medicine Commons Mayo Clinic Health System Let US KNOW NOW access to this document benefits you

## See next page for additional authors Recommended Citation

Siddiqui, Muhammad Umer; Yaacoub, Youssef; Hanson, Heidi-Anne; Junarta, Joey; Pasha, Ahmed K; and Shah, Mahek, "Echocardiographic Predictors of Symptomatic Cardiotoxicity Among Patients Undergoing Chemotherapy: A Systematic Review and Meta-analysis" (2022). *Division of Internal Medicine Faculty Papers & Presentations.* Paper 51.

https://jdc.jefferson.edu/internalfp/51

This Article is brought to you for free and open access by the Jefferson Digital Commons. The Jefferson Digital Commons is a service of Thomas Jefferson University's Center for Teaching and Learning (CTL). The Commons is a showcase for Jefferson books and journals, peer-reviewed scholarly publications, unique historical collections from the University archives, and teaching tools. The Jefferson Digital Commons allows researchers and interested readers anywhere in the world to learn about and keep up to date with Jefferson scholarship. This article has been accepted for inclusion in Division of Internal Medicine Faculty Papers & Presentations by an authorized administrator of the Jefferson Digital Commons. For more information, please contact: JeffersonDigitalCommons@jefferson.edu.

## Authors

Muhammad Umer Siddiqui, Youssef Yaacoub, Heidi-Anne Hanson, Joey Junarta, Ahmed K Pasha, and Mahek Shah



## Echocardiographic predictors of symptomatic cardiotoxicity among patients undergoing chemotherapy A systematic review and meta-analysis

Muhammad Umer Siddiqui, MD, MS<sup>a,\*</sup>, Youssef Yaacoub, MD<sup>b</sup>, Heidi-Anne Hanson, MD<sup>c</sup>, Joey Junarta, MBBS<sup>a</sup> Ahmed K. Pasha, MD<sup>d</sup>, Mahek Shah, MD, FACC<sup>a</sup>

#### Abstract

**Background:** Chemotherapeutic agents have been associated with cardiotoxicity; thus, they require close monitoring. Several echocardiographic variables have been investigated as early predictors of symptomatic cardiotoxicity in patients undergoing chemotherapy.

**Objective:** To identify if global longitudinal strain (GLS) is a better predictor of symptomatic cardiotoxicity compared to left ventricular ejection fraction (LVEF) in patients receiving chemotherapy.

**Methods:** MEDLINE, Scopus, and Cochrane Central Register of Controlled Trials were searched from inception through December 2020. Adults who developed symptomatic cardiotoxicity (New York Heart Association [NYHA] Class III–IV heart failure, cardiac arrest, or cardiac death) after undergoing chemotherapy with pre- and postchemotherapy echocardiographic measures of cardiac function were included. The primary focus was on the prediction of symptomatic cardiotoxicity. Estimates were reported as random effects hazard ratios (HR) with 95% confidence intervals (CI).

**Results:** Four studies met inclusion criteria. The most common malignancy identified in the included studies was breast cancer, and the most common chemotherapeutic agent utilized was anthracyclines. Most studies utilized the Simpson biplane method to measure echocardiographic parameters. Pooled results demonstrated no significant association between LVEF and the prediction of symptomatic cardiotoxicity (HR 1.48; 95% Cl, 0.96–2.27; P = 0.07). However, 2 studies that analyzed GLS found it to be a strong predictor of symptomatic cardiotoxicity (HR 1.46; 95% Cl, 1.34–1.58; P < .001). There was no significant association between symptomatic cardiotoxicity and baseline left ventricular end diastolic volume, end systolic volume, or end diastolic volume index.

**Conclusions:** GLS may predict symptomatic cardiotoxicity and be used to monitor patients on chemotherapy for symptomatic cardiac dysfunction. While the pooled results for baseline LVEF identified that it is not a predictor of symptomatic cardiotoxicity, this differs from the findings of the only randomized trial included in this meta-analysis. The data for baseline GLS as a predictor of symptomatic cardiotoxicity is encouraging, but definite evidence that GLS may be superior to LVEF is lacking. Prospective randomized, blinded trials are required to identify if 1 echocardiographic parameter may be superior to the other.

**Abbreviations:** ASLS = average segmental longitudinal strain, CI = confidence intervals, GLS = global longitudinal strain, HR = hazard ratio, LVEDV = left ventricular end-diastolic volume, LVEDVI = left ventricular end-diastolic volume index, LVEF = left ventricular ejection fraction, LVESV = left ventricular end-systolic volume, LVESVI = left ventricular end-systolic volume index, LVID = left ventricular internal diameter end diastole, LVIS = left ventricular internal diameter end-systole, MACE = major adverse cardiac events, NYHA = New York Heart Association, OS = observational studies, PLS = peak longitudinal strain, PRISMA = Preferred Reporting Items for Systematic Review and Meta-Analyses, RCT = randomized controlled trials.

Keywords: cardiotoxicity, chemotherapy, echocardiogram, ejection fraction, global longitudinal strain

### 1. Introduction

In 2016, there were more than 10 million cancer survivors in the United States, which is expected to double by 2026 approximately.<sup>[1]</sup> Certain chemotherapeutic agents are associated with cardiotoxicity, which leads to their limited use in eligible

Consent for publication: Not applicable.

The authors have no funding and conflict of interest to declare.

Ethics approval and consent to participate: All procedures performed in studies involving human participants were in accordance with the ethical standards of

candidates. Left ventricular ejection fraction (LVEF) is routinely used to monitor cardiac function in patients undergoing chemotherapy.<sup>[2]</sup> However, various studies have shown that by the time the LVEF is reduced, patients may have already suffered from irreversible damage. Cardinale et al found that among patients treated with anthracyclines and diagnosed with impairment

the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. This article does not contain any studies with animals performed by any of the authors. This study did not require approval by our institutional review board.

Competing interests: The authors declare that they have no competing interests. The results presented in this paper have not been published previously in whole or part, except in abstract form.

Supplemental Digital Content is available for this article.

Availability of data and materials: Data is safely kept in a password protected security system at Thomas Jefferson University Hospital. The datasets used and/or analyzed during the current study are de-identified and available from the corresponding author on reasonable request.

in LVEF, 36% of patients failed to recover to normal LV function, often despite therapeutic interventions.<sup>[3]</sup> Similarly, Tan et al reported that among patients treated with anthracyclines, taxanes, and trastuzumab, who developed LV dysfunction, the abnormality generally persisted for greater than 2 years.<sup>[4]</sup>

There is a lack of consensus on how to define cardiotoxicity. The American Society of Echocardiography defines cardiotoxicity as >10% decline in LVEF to a final value of <53% or >15% relative decline in global longitudinal strain (GLS).<sup>[5]</sup> Whereas the National Cancer Institute includes symptoms of LV dysfunction in their definition and divides the dysfunction into 5 grades, with grade 2 suggesting mild heart failure symptoms and grade 5 involving death.<sup>[6]</sup> Once symptoms persist due to anthracycline-induced heart failure, the prognosis is poor, with <50% survival at 1 year.<sup>[7]</sup> Thus, it has been proposed that merely relying on LVEF may not identify the insidious remodeling that results in symptomatic cardiotoxicity.<sup>[8]</sup> Studies have also suggested that myocardial deformation and GLS might be more sensitive than LVEF and may be able to detect chemotherapy-induced symptomatic cardiotoxicity earlier.<sup>[9,10]</sup> Early reductions in peak longitudinal strain (PLS) and strain rate while the LVEF remains normal may predict further decreases in systolic function of the left ventricle.<sup>[11,12]</sup>

A recent meta-analysis by Oikonomou et al identified GLS as having a good prognostic performance for subsequent cancer therapy-related cardiac dysfunction.<sup>[13]</sup> However, Oikonomou et al incorporated studies that included patients with both symptomatic and asymptomatic cardiotoxicity. It remains unclear whether a drop in GLS among patients receiving chemotherapy will predict eventual symptomatic cardiotoxicity. We, therefore, conducted a systematic review and meta-analysis to identify echocardiographic predictors of symptomatic cardiotoxicity among chemotherapy patients to fill this knowledge gap.

#### 2. Methods

#### 2.1. Data sources and search strategy

According to the Preferred Reporting Items for Systematic Review and Meta-Analyses (PRISMA) guidelines, this systematic review and meta-analysis was reported.<sup>[14]</sup> Medline, Scopus, and Cochrane Central Register of Controlled Trials were searched from database inception through December 2020 using the following combination of keywords: Echocardiography OR global longitudinal strain OR left ventricular function OR myocardial strain OR echocardiographic characteristics AND chemotherapy OR anthracyclines AND left ventricular dysfunction OR myocardial ischemia OR myocardial infarction OR cardiac events OR cardiac death OR heart failure. No time restriction was placed on the search; however, the language was restricted to English. Online libraries including www.clinicaltrialresults.org, www.clinicaltrials. gov, abstracts, and presentations from major cardiovascular proceedings were also searched to identify gray literature. The Supplementary Material (Supplemental Figure 1, http://links. lww.com/MD/G899) outlines a complete description of the search strategy. All citations retrieved from the search were transferred to EndNote X7.5 (Thompson ISI ResearchSoft,

Copyright © 2022 the Author(s). Published by Wolters Kluwer Health, Inc.

Philadelphia, PA) Reference Manager, and duplicates were removed. As this is a meta-analysis, this study did not require approval by our institutional review board.

#### 2.2. Study selection

All citations were screened by 2 independent reviewers (MUS and YY) based upon eligibility criteria. Inclusion criteria include identifying adults who developed symptomatic cardiotoxicity after undergoing chemotherapy with pre-and postchemotherapy echocardiographic measures of cardiac function. Symptomatic cardiotoxicity was defined by the presence of signs and New York Heart Association (NYHA) Class III-IV symptoms of congestive heart failure (shortness of breath, swelling, paroxysmal nocturnal dyspnea), cardiac arrest, or cardiac death. No restrictions to the type of malignancy were placed. Studies that did not report the relation of echocardiographic measures to cardiotoxicity were excluded. nonrelevant citations were excluded based on title and abstract. Abstracts, case reports, and editorials were also excluded. Both randomized controlled trials (RCTs) and observational studies (OS) were included. Any disagreements between the 2 investigators were resolved by consensus of the study group.

#### 2.3. Data extraction and risk of bias

Two independent reviewers (MUS and YY) extracted the data regarding the year of publication, sample size, study design, baseline patient profiles, echocardiographic parameters, type of malignancy, type of chemotherapy agent, and follow-up time using a standardized data extraction form. Echocardiographic parameters included were GLS, LVEF, left ventricular end-diastolic volume (LVEDV), left ventricular end-diastolic volume index (LVEDVI), left ventricular end-systolic volume (LVESV), left ventricular end-systolic volume index (LVESVI), and average segmental longitudinal strain. The risk of bias was assessed using the Cochrane risk of bias tools for RCTs and SIGN methodology for observational studies. Each potential source of bias was graded as high, low, or unclear.

#### 2.4. Statistical analysis

Outcomes from each study were pooled and compared using a random-effects model to account for potential between-study variance. The treatment effect was reported as hazard ratios (HR) with 95% confidence intervals (CI). The I<sup>2</sup>-statistic was quantified to measure heterogeneity, with values >25%, 50%, and 75% consistent with low, moderate, and high degrees of heterogeneity, respectively.<sup>[15]</sup> Review Manager Software v5.3 was used for all analyses. Publication bias was not assessed since the number of studies was low (<10). *P* values <0.05 were considered statistically significant. Certainty in the evidence (i.e., confidence in the final estimates) was assessed using the GRADE approach (Grades of Recommendation, Assessment, Development, and Evaluation) based on the risk of bias, imprecision, indirectness, inconsistency, and publication bias.<sup>[16]</sup>

http://dx.doi.org/10.1097/MD.00000000029562

<sup>&</sup>lt;sup>a</sup> Internal Medicine, Thomas Jefferson University Hospital, Philadelphia, PA,
<sup>b</sup> Internal Medicine, Catholic Medical Center, Manchester, NH, <sup>c</sup> Internal Medicine, Lake Region General Hospital, Laconia, NH, <sup>d</sup> Vascular Medicine, Mayo Clinic Health System, Rochester, MN, <sup>e</sup> Cardiovascular Medicine, Thomas Jefferson University Hospital, Philadelphia, PA.

<sup>\*</sup>Correspondence: Muhammad Umer Siddiqui, Department of Internal Medicine, Thomas Jefferson University Hospital, 833 Chestnut Street, Suite 701, Philadelphia, PA 19107 (e-mail: muhammad.siddiqui@jefferson. edu).

This is an open access article distributed under the Creative Commons Attribution License 4.0 (CCBY), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

How to cite this article: Siddiqui MU, Yaacoub Y, Hanson H-A, Junarta J, Pasha AK, Shah M. Echocardiographic predictors of symptomatic cardiotoxicity among patients undergoing chemotherapy: a systematic review and meta-analysis. Medicine 2022;101:28(e29562).

Received: 2 September 2021 / Received in final form: 14 December 2021 / Accepted: 21 April 2022

#### 3. Results

#### 3.1. Baseline demographics

Of 708 unique articles screened, 4 studies were included in the analysis. The systematic review and study selection are outlined in the PRISMA flow chart (Fig. 1). Among the 4 included studies, only 1 was an RCT. A summary of the included studies is shown in Table 1. The mean follow-up period was 7.3 years. The most common echocardiographic parameter measured was LVEF. The baseline LVEF in patients with and without symptomatic cardiotoxicity was >50%. The baseline GLS for patients with symptomatic cardiotoxicity varied from -15 to -16, whereas the baseline GLS in patients without symptomatic cardiotoxicity varied from -17.8 to -19.7. Supplemental Table 1, http://links.lww.com/MD/G899 and Figure 2 show the risk of bias assessment, and all studies had a low risk of bias overall. However, the risk of selection bias was high among OS due to a lack of randomization. Similarly, the risk of performance bias was high among OS due to a lack of blinding.

#### 4. Predictors of symptomatic cardiotoxicity

#### 4.1. Baseline left ventricular ejection fraction

All 4 trials analyzed LVEF as a predictor of symptomatic cardiotoxicity. The Simpson biplane method was the most utilized technique to measure LVEF. Two studies reported that LVEF could be used to predict cardiotoxicity in patients receiving chemotherapy.<sup>[17,18]</sup> Two studies did not show any significant relationship between LVEF and prediction of symptomatic cardiotoxicity (Supplemental Table 2, http://links.lww.com/MD/G899).<sup>[9,19]</sup>

The pooled analysis did not demonstrate any significant association between LVEF and prediction of symptomatic cardiotoxicity (HR 1.48; 95% CI, 0.96–2.27; P = .07). The I<sup>2</sup> value was 97%, indicating an increased level of heterogeneity among the studies (Fig. 3).

The sensitivity analysis of the pooled findings after the exclusion of the RCT data conducted by Pivot et al showed results consistent with the overall HR of the baseline LVEF (1.80, 95% CI 0.80–1.35) (Fig. 3).<sup>[18]</sup> Interestingly, when evaluated individually, the trial conducted by Pivot et al was significant for baseline LVEF as a predictor of symptomatic cardiotoxicity. This is likely due to a lower baseline LVEF (50–59%) of the participants in the study and the addition of trastuzumab to anthracyclines for the treatment of breast cancer, which in itself is cardiotoxic.<sup>[20]</sup>

#### 4.2. Baseline global longitudinal strain

Two studies reported baseline GLS prior to initiating chemotherapy.<sup>[9,19]</sup> Both studies found GLS to be a significant predictor of symptomatic cardiotoxicity in patients receiving chemotherapy. Data for meta-analysis was pooled from the 2 studies. The meta-analysis demonstrated a significant association between





Author,					Type of		Follow-up
/ear	Study design	Inclusion criteria/baseline LVEF & GLS	Primary endpoint	Echocardiogram technique/variables	cancer	Chemotherapy regimen	duration
Ali, 2016	Retrospective	Patients with hematologic cancers treated with anthracycline who	Symptomatic heart failure or	Simpson biplane method/	Leukemia or	Anthracyclines	4.2 years
0107	study	uiuerwent precientiourerapy ecrocerulography basemite Ever. 62 (No MACE), 58 (MACE) & GLS: -19.7 (No MACE), -15 (MACE)	נימן טומני טלמוון	LVETLVED VLVED VILVES VLVESVIGLSASLS	iyiripirorila		
Mousavi,	Prospective blinded	Patients treated with anthracyclines with a baseline LVEF between	NYHA class III or IV CHF,	Modified Biplane Method and 2D CPA/	Multiple	Anthracyclines	10 years
2015	observational	50 and 59% by 2D echocardiography/Baseline LVEF: 54 (No	cardiac arrest, or cardiac	<b>LVEFLVEDVLVEDVILVESVLVESVIGLS</b>	cancers		
	study	MACE), 53 (MACE) & GLS: -17.8 (No MACE), -16 (MACE)	death				
Pivot,	Open-label phase	12- to 6-months of trastuzumab given either concomitantly or	Cardiac death and NYHA	Not Reported/LVEF	Breast	Anthracycline + Trastuzumab	5 years
2015	3 randomized	sequentially after standard (neo)-adjuvant chemotherapy in	class III or IV CHF		cancer		
	noninferiority trial	women with HER2-positive early breast cancer/ Baseline LVEF:					
		>50%					
Vang,	Retrospective	Patients with cancer and underwent chemotherapy/ Baseline LVEF:	New York Heart Association	Visua//LVEFLVIDLVIS	Multiple	Anthracyclines	10 years
2015	observational	64 (MACE), 68 (No MACE)	class III or IV CHF, cardiac		cancers		
	study		arrest, or cardiac death				
SLS = ave	stade sedmental londitudina	I strain CHE = connective heart failure GIS = diobal longitudinal strain TVEDV =	e left ventricular end diastolic volume	IVEDVI = left ventricular end diastolic volume index	IVFF = left ventrici.	lar election fraction. IVESV $\equiv$ left ven	tricular end

Table





Figure 2. Risk of bias summary for the included studies.

GLS and prediction of symptomatic cardiotoxicity (HR 1.46; 95% CI, 1.34–1.58;  $P \le 0.001$ ) (Fig. 4). The I<sup>2</sup> value was noted to be 0, indicating no heterogeneity.

#### 4.2. Baseline left ventricular end diastolic volume

Two studies reported baseline LVEDV.<sup>[9,19]</sup> Ali et al did not find any association between LVEDV and subsequent cardiac events (HR 0.99; 95% CI, 0.98–1.01; P = .580). In contrast, Mousavi et al found a significant association between LVEDV and symptomatic cardiotoxicity (HR 1.03; 95% CI, 1.01–1.05; P = .012). The pooled analysis did not identify any significant association (Fig. 5).

#### 4.3. Baseline left ventricular end systolic volume

Two studies reported baseline LVESV, and the results were contrasting.<sup>[9,19]</sup> Ali et al found LVESV not to be a predictor of cardiotoxicity (HR 1.01; 95% CI, 0.98–1.04; P = .370), whereas Mousavi et al found LVESV to be associated with the development of symptomatic cardiotoxicity (HR 1.07; 95% CI, 1.02–1.12; P = .0029). The pooled analysis did not identify any significant association (Fig. 5).

### 4.3. Baseline left ventricular end diastolic volume index

Two studies reported LVEDVI.<sup>[9,19]</sup> Ali et al did not find any association between LVEDVI and occurrence of symptomatic cardiotoxicity (HR 1.00; 95% CI, 0.97–1.03; P = .910). In contrast, Mousavi et al found LVEDVI to be associated with the occurrence of symptomatic cardiotoxicity (HR 1.04; 95% CI,



Figure 3. Forest plot for left ventricular ejection fraction as a predictor of symptomatic cardiotoxicity with pooled hazard ratios and study types. The pooled hazard ratio (HR) with 95% confidence interval (CI) were calculated using a random effects model. Weight refers to the contribution of each study to the pooled estimate. Squares and horizontal lines denotes the point estimate and 95% CI for each study's HR. The diamond signifies the pooled HR; the diamond center denotes the point estimate and the width denotes the 95% CI. CT = cardiotoxicity, OS = observational study, RCT = randomized controlled trial.

Study or Subaroun	Ion[Hazard Ratio]	SE	Weight	Hazard Ratio	Hazard Ratio
Aliotal	0 2852	0.0434	97 1 %	1 47 [1 35 1 60]	
Mousavietal.	0.3075	0.113	12.9%	1.36 [1.09, 1.70]	
Total (95% CI)			100.0%	1.46 [1.34, 1.58]	•
Heterogeneity: Tau <sup>2</sup> =	= 0.00; Chi <sup>2</sup> = 0.41, df	'= 1 (P =	0.52); l² =	:0%	

Figure 4. Forest plot for global longitudinal strain as a predictor of symptomatic cardiotoxicity with pooled hazard ratios. CT = cardiotoxicity.

1.00-1.09; P = .039). The pooled analysis did not identify any significant association (Fig. 5).

#### 4.4. Baseline left ventricular end systolic volume index

Two studies reported this echocardiographic parameter.<sup>[9,19]</sup> Ali et al did not find a significant association between LVESVI and the occurrence of symptomatic cardiotoxicity (HR 1.05; 95% CI, 0.99–1.11, P = .058), whereas Mousavi et al found LVESVI to be associated with the occurrence of symptomatic cardiotoxicity (HR 1.11; 95% CI, 1.02–1.20, P = .012). The pooled analysis did identify a significant association (Fig. 5).

#### 4.5. Other 2D transthoracic echocardiographic parameters

Other echocardiographic parameters examined in association with symptomatic cardiotoxicity included average segmental longitudinal strain (ASLS), left ventricular internal diameter end diastole (LVID), and left ventricular internal diameter end-systole (LVIS). Ali et al observed that ASLS had a significant association with cardiotoxicity development (HR 1.85; 95% CI, 1.65–2.08, P < .001.<sup>[9]</sup> Wang et al found LVID and LVIS to be associated with symptomatic cardiotoxicity (LVID: HR 1.38; 95% CI, 1.08–1.76;  $P \le 0.0001$ ; LVIS: HR 1.50; 95% CI, 1.15–1.95; P = .003).<sup>[17]</sup>

#### 4.6. Certainty in the estimates

The included studies were observational except for the trial conducted by Pivot et al with variable methodological quality resulting in an increased risk of selection and confounding bias. The estimates were precise for baseline LVEF but not for other predictors, given a smaller number of events. There was no indirectness or evidence of publication bias. Studies were heterogeneous as they included patients with variable malignancies, co-morbidities, and baseline LVEF. Overall, the certainty in the estimates in all the 5 predictors was judged to be low.

#### 5. Discussion

This systematic review identified LVEF as the most utilized echocardiographic measure in the literature to predict symptomatic cardiotoxicity. However, it may not be the most accurate. We demonstrate that baseline LVEF is inconsistent in predicting symptomatic cardiotoxicity in patients undergoing chemotherapy for malignancies. This may partly be due to the variable loading conditions and physiologic conditions such as heart rate, blood pressure, anemia, volume status, and fever that can all influence LVEF. Studies have identified that applying automated echocardiography techniques using deep learning algorithms and artificial intelligence can increase the accuracy of LVEF measurement and improve disease diagnosis. However, these techniques are not commonly applied in clinical settings.<sup>[21,22]</sup> Myocardial deformation indices, particularly GLS, can detect changes in systolic dysfunction earlier in comparison with LVEF. Baseline GLS also appears to be a better predictor of symptomatic cardiotoxicity and overall mortality, as identified by this meta-analysis. Other echocardiographic parameters such as LVEDV, LVESV, and LVEDVI have been reported in studies for predicting symptomatic cardiotoxicity. The results from these measures of LV dimension have been mixed with no clear association with symptomatic cardiotoxicity.

We did not find a similar systematic review or meta-analysis performed previously. This is likely due to the scarcity of data regarding this topic. Oikonomou et al published a

				Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	Weight	IV, Random, 95% Cl	IV, Random, 95% CI
1.3.1 LVEDV					
Ali et al.	-0.0051	0.0077	51.6%	0.99 [0.98, 1.01]	
Mousavi et al.	0.0294	0.0099	48.4%	1.03 [1.01, 1.05]	
Subtotal (95% CI)			100.0%	1.01 [0.98, 1.05]	•
Heterogeneity: Tau <sup>2</sup> :	= 0.00; Chi <sup>2</sup> = 7.57, df	′= 1 (P =	0.006); I <sup>z</sup>	= 87%	
Test for overall effect	:: Z = 0.67 (P = 0.50)				
1.3.2 LVESV					
Ali et al.	0.0095	0.0152	55.2%	1.01 [0.98, 1.04]	
Mousavi et al.	0.0666	0.0239	44.8%	1.07 [1.02, 1.12]	-
Subtotal (95% CI)			100.0%	1.04 [0.98, 1.09]	+
Heterogeneity: Tau <sup>2</sup> :	= 0.00; Chi <sup>2</sup> = 4.06, df	= 1 (P =	0.04); I <sup>z</sup> =	: 75%	
Test for overall effect	:: Z = 1.24 (P = 0.22)				
1.3.3 LVEDVI					
Ali et al.	-0.0005	0.0153	56.6%	1.00 [0.97, 1.03]	
Mousavi et al.	0.0431	0.022	43.4%	1.04 [1.00, 1.09]	t <del></del>
Subtotal (95% CI)			100.0%	1.02 [0.98, 1.06]	•
Heterogeneity: Tau <sup>2</sup> :	= 0.00; Chi² = 2.65, df	′= 1 (P =	0.10); l² =	= 62%	
Test for overall effect	: Z = 0.85 (P = 0.39)				
1.3.4 LVESVI					
Ali et al.	0.0472	0.0292	65.0%	1.05 [0.99, 1.11]	+=-
Mousavi et al.	0.1011	0.0415	35.0%	1.11 [1.02, 1.20]	
Subtotal (95% CI)			100.0%	1.07 [1.02, 1.12]	•
Heterogeneity: Tau <sup>2</sup> :	= 0.00; Chi² = 1.13, df	'= 1 (P =	0.29); l² =	= 11%	
Test for overall effect	:: Z = 2.57 (P = 0.01)				
					0.5 0.7 1 1.5 2
Test for subgroup dit	fferences: Chił= 3.36	df = 3/6	P = 0.34V	P = 10.4%	Does not predict CT Predicts CT

Figure 5. Forest plot for LVEDV, LVESV, LVEDI and LVESVI as a predictor of symptomatic cardiotoxicity showing individual and pooled hazard ratios. CT = cardiotoxicity, LVEDI = left ventricular end diastolic volume index, LVEDV = left ventricular end diastolic volume, LVESV = left ventricular end systolic volume, LVESVI = left ventricular end systolic volume index, .

meta-analysis of the prognostic value of GLS for chemotherapy-related cardiotoxicity but included studies with patients having both symptomatic and asymptomatic cardiac dysfunction related to chemotherapy.<sup>[13]</sup> Therefore, a relationship solely to symptomatic cardiotoxicity could not be ascertained. Like our study, Oikonomou et al identified that GLS had an excellent prognostic performance for subsequent chemotherapy-related cardiac dysfunction. Several other studies have established an association of lower absolute GLS values with a risk of developing chemotherapy-induced cardiotoxicity, both before and during treatment.<sup>[23–25]</sup> Whether or not these results can be extrapolated to symptomatic cardiotoxicity remains unclear.

Most of the studies included in this analysis are nonRCTs or observational studies. Therefore, the scientific evidence is not of the highest quality. The question of whether echocardiography can predict clinical cardiotoxicity remains challenging. This is because of the wide variance in the results reported from observational and randomized trials conducted on this topic. Furthermore, the American Society of Echocardiography and the European Society of Cardiovascular Imaging Guidelines for measuring LVEF using the Simpson volumetric biplane method are not always employed in LVEF assessment.<sup>[26]</sup> Adopting society guidelines and moving to a more accurate and reproducible 3D LVEF may overcome some of these challenges.<sup>[27]</sup>

Our analysis demonstrated that baseline GLS has a significant association with symptomatic cardiotoxicity. The importance of GLS in predicting cardiotoxicity has been

under-investigated to date. Ali et al found that a prechemotherapy GLS value of less than an absolute value of -17.5%before anthracycline treatment would have correctly identified 24 out of the 28 patients who eventually developed symptomatic cardiotoxicity.<sup>[9]</sup> Additionally, GLS can predict symptomatic cardiotoxicity in patients with normal LVEF. Similarly, Mousavi et al prospectively studied a patient population with normal EF prior to the initiation of anthracycline chemotherapy.<sup>[19]</sup> GLS was found to be highly predictive of major adverse cardiac events (MACE), and when GLS was added to any other clinical variable, the prognostic value increased. Furthermore, GLS was predictive of symptomatic cardiotoxicity even in patients with a normal EF (50-59%), highlighting the role of earlier detection prior to a clinically detectable reduction in EF.<sup>[8]</sup> GLS may be more accurate than LVEF since it is measured using automated software with less human interference. The values are reproducible if the same software is utilized for measurement.[28,29]

Our meta-analysis did not show a significant association between baseline LVEF and symptomatic cardiotoxicity. Nevertheless, LVEF is the most utilized echocardiographic measurement to monitor cardiac function in patients undergoing chemotherapy.<sup>[2]</sup> Sawaya et al studied the role of LVEF and LV dimensions in predicting symptomatic cardiotoxicity in patients receiving chemotherapy with anthracyclines, taxanes, and trastuzumab.<sup>[30]</sup> It was noted that LVEF measured at the completion of anthracycline treatment or changes in LVEF between baseline and completion of anthracycline treatment were not predictive of later cardiotoxicity. Separately, Mousavi et al prospectively studied a patient population with normal EF before the initiation of anthracycline chemotherapy.<sup>[19]</sup> The authors found no statistically significant association between LVEF and the occurrence of MACE.<sup>[19]</sup> These results were echoed in multiple other studies.<sup>[10,15,16,19]</sup> Ali et al, however, noticed that individuals with decreased LVEF prior to chemotherapy had a greater risk of subsequent cardiac events.<sup>[9]</sup> Similarly, Pivot et al noted that LVEF < 55% before initiation of trastuzumab corresponded to a higher risk of later cardiac events.<sup>[18]</sup>

#### 6. Limitations

This meta-analysis has certain limitations primarily due to limitations in the included trials. Apart from 1 trial performed by Pivot et al, all the other studies were observational, introducing the possibility of selection and sample biases. The studies are heterogeneous, as they enrolled patients with different malignancies and were treated with different chemotherapeutic regimens. The method of measuring echocardiographic parameters was not similar in the included trials. The universal definition of cardiotoxicity seems to be missing, and the studies included in this analysis described cardiotoxicity differently. Many studies included an asymptomatic decline in LVEF and GLS as cardiotoxicity; therefore, they were excluded. This limited the number of studies included in this analysis, particularly for GLS, which affects the generalizability of the results. The baseline cardiac characteristics and primary endpoints also differed between studies, and the data often did not include the number of events. As a result, the meta-analysis was performed using hazard ratios and confidence limits.

#### 7. Conclusions

Despite conflicting studies regarding the ability of LVEF reduction to predict symptomatic cardiotoxicity in patients receiving chemotherapy, LVEF assessment has remained the most used modality in predicting adverse clinical events in these patients. The data regarding GLS association with symptomatic cardiotoxicity in chemotherapy is encouraging. The studies examining this modality demonstrated that GLS was predictive of symptomatic adverse cardiac events, even in those patients with normal LVEF. Still, these results need further confirmation by RCTs studying the relationship between symptomatic cardiotoxicity and GLS. Further RCTs comparing GLS versus LVEF would be revealing. Global longitudinal strain is now automated and available on most commercial echocardiogram equipment and can also be performed offline using vendor-neutral software. Though normative values vary based on vendors, this should not be a significant issue if the individual patient is followed serially using the same product.

This study offers insight into the value of GLS in the risk stratification of patients receiving or who are about to receive chemotherapy, particularly anthracycline or trastuzumab-based regimens. Early detection of injury and subsequent intervention offers patients the best outcomes immediately and in the long term. In addition, patients deemed to be at higher risk of developing symptomatic cardiotoxicity can be monitored more closely, particularly with GLS pre-and postchemotherapy, with the addition of cardioprotective agents and cardiology consultation whenever clinically appropriate.

#### **Author contributions**

MS design, data collection, manuscript, supervision. YY data collection, analysis, manuscript. HH data collection, analysis, manuscript. JJ data collection, analysis, manuscript. AP data collection, analysis, manuscript, supervision.

#### References

- Miller KD, Siegel RL, Lin CC, et al. Cancer treatment and survivorship statistics, 2016. CA Cancer J Clin. 2016;66:271–89.
- [2] Romond EH, Jeong JH, Rastogi P, et al. Seven-year follow-up assessment of cardiac function in NSABP B-31, a randomized trial comparing doxorubicin and cyclophosphamide followed by paclitaxel (ACP) with ACP plus trastuzumab as adjuvant therapy for patients with node-positive, human epidermal growth factor receptor 2-positive breast cancer. J Clin Oncol. 2012;30:3792–9.
- [3] Cardinale D, Colombo A, Lamantia G, et al. Anthracycline-induced cardiomyopathy: clinical relevance and response to pharmacologic therapy. J Am Coll Cardiol. 2010;55:213–20.
- [4] Tan TC, Bouras S, Sawaya H, et al. Time trends of left ventricular ejection fraction and myocardial deformation indices in a cohort of women with breast cancer treated with anthracyclines, taxanes, and trastuzumab. J Am Soc Echocardiogr. 2015;28:509–14.
- [5] Plana JC, Galderisi M, Barac A, et al. Expert consensus for multimodality imaging evaluation of adult patients during and after cancer therapy: a report from the American society of echocardiography and the European association of Cardiovascular Imaging. J Am Soc Echocardiogr. 2014;27:911–39.
- [6] Perez IE, Taveras Alam S, Hernandez GA, et al. Cancer therapy-related cardiac dysfunction: an overview for the clinician. Clin Med Insights Cardiol. 2019;13:1179546819866445.
- [7] Felker GM, Thompson RE, Hare JM, et al. Underlying causes and longterm survival in patients with initially unexplained cardiomyopathy. N Engl J Med. 2000;342:1077–84.
- [8] Hammermeister KE, DeRouen TA, Dodge HT. Variables predictive of survival in patients with coronary disease. Selection by univariate and multivariate analyses from the clinical, electrocardiographic, exercise, arteriographic, and quantitative angiographic evaluations. Circulation. 1979;59:421–30.
- [9] Ali MT, Yucel E, Bouras S, et al. Myocardial strain is associated with adverse clinical cardiac events in patients treated with anthracyclines. J Am Soc Echocardiogr. 2016;29:522–7 e3.
- [10] Moustafa S, Murphy K, Nelluri BK, et al. Temporal trends of cardiac chambers function with trastuzumab in human epidermal growth factor receptor II-positive breast cancer patients. Echocardiogr. 2016;33:406–15.
- [11] Smiseth OA, Torp H, Opdahl A, et al. Myocardial strain imaging: how useful is it in clinical decision making? Eur Heart J. 2016;37:1196–207.
- [12] Moustafa S, Ho TH, Shah P, et al. Predictors of incipient dysfunction of all cardiac chambers after treatment of metastatic renal cell carcinoma by tyrosine kinase inhibitors. J Clin Ultrasound. 2016;44:221–30.
- [13] Oikonomou EK, Kokkinidis DG, Kampaktsis PN, et al. Assessment of prognostic value of left ventricular global longitudinal strain for early prediction of chemotherapy-induced cardiotoxicity: a systematic review and meta-analysis. JAMA Cardiol. 2019;4:1007–18.
- [14] Moher D, Liberati A, Tetzlaff J, et al. Preferred reporting items for systematic reviews and meta-analyses: the PRISMA statement. Ann Intern Med. 2009;151:264–9
- [15] Turner RM, Davey J, Clarke MJ, et al. Predicting the extent of heterogeneity in meta-analysis, using empirical data from the cochrane database of systematic reviews. Int J Epidemiol. 2012;41:818–27.
- [16] Murad MH, Mustafa RA, Schunemann HJ, et al. Rating the certainty in evidence in the absence of a single estimate of effect. Evid Based Med. 2017;22:85–7.
- [17] Wang L, Tan TC, Halpern EF, et al. Major cardiac events and the value of echocardiographic evaluation in patients receiving anthracycline-Based chemotherapy. Am J Cardiol. 2015;116:442–6.
- [18] Pivot X, Suter T, Nabholtz JM, et al. Cardiac toxicity events in the PHARE trial, an adjuvant trastuzumab randomised phase III study. Eur J Cancer. 2015;51:1660–6.
- [19] Mousavi N, Tan TC, Ali M, et al. Echocardiographic parameters of left ventricular size and function as predictors of symptomatic heart failure in patients with a left ventricular ejection fraction of 50-59% treated with anthracyclines. Eur Heart J Cardiovasc Imaging. 2015;16:977–84.
- [20] Mohan N, Jiang J, Dokmanovic M, et al. Trastuzumab-mediated cardiotoxicity: current understanding, challenges, and frontiers. Antib Ther. 2018;1:13–7.
- [21] Liu X, Fan Y, Li S, et al. Deep learning-based automated left ventricular ejection fraction assessment using 2-D echocardiography. Am J Physiol Heart Circ Physiol. 2021;321:H390–h9.
- [22] Zhou J, Du M, Chang S, et al. Artificial intelligence in echocardiography: detection, functional evaluation, and disease diagnosis. Cardiovasc Ultrasound. 2021;19:29.

- [23] Gripp EA, Oliveira GE, Feijo LA, et al. Global longitudinal strain accuracy for cardiotoxicity prediction in a cohort of breast cancer patients during anthracycline and/or trastuzumab treatment. Arq Bras Cardiol. 2018;110:140–50.
- [24] Milks MW, Velez MR, Mehta N, et al. Usefulness of Integrating heart failure Risk factors into impairment of global longitudinal strain to predict anthracycline-related cardiac dysfunction. Am J Cardiol. 2018;121:867–73.
- [25] Fei HW, Ali MT, Tan TC, et al. Left ventricular global longitudinal strain in HER-2 + breast cancer patients treated with anthracyclines and trastuzumab who develop cardiotoxicity is associated with subsequent recovery of left ventricular ejection Fraction. Echocardiogr. 2016;33:519–26.
- [26] Lang RM, Badano LP, Mor-Avi V, et al. Recommendations for cardiac chamber quantification by echocardiography in adults: an update from the American society of echocardiography and the European Association of cardiovascular imaging. J Am Soc Echocardiogr. 2015;28:1–39 e14.
- [27] Thavendiranathan P, Poulin F, Lim KD, et al. Use of myocardial strain imaging by echocardiography for the early detection of cardiotoxicity in patients during and after cancer chemotherapy: a systematic review. J Am Coll Cardiol. 2014;63(25 Pt A):2751–68.
- [28] Belghitia H, Brette S, Lafitte S, et al. Automated function imaging: a new operator-independent strain method for assessing left ventricular function. Arch Cardiovasc Dis. 2008;101:163–9.
- [29] Medvedofsky D, Kebed K, Laffin L, et al. Reproducibility and experience dependence of echocardiographic indices of left ventricular function: side-by-side comparison of global longitudinal strain and ejection fraction. Echocardiogr. 2017;34:365–70.
- [30] Sawaya H, Sebag IA, Plana JC, et al. Assessment of echocardiography and biomarkers for the extended prediction of cardiotoxicity in patients treated with anthracyclines, taxanes, and trastuzumab. Circ Cardiovasc Imaging. 2012;5:596–603.