



LGBT Healthcare and Our Role in Smoking Cessation

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Healthy People 2020

- Access to Health Care
- Health Communication
- Heart Disease and Stroke
- HIV
- Tobacco Use

Mazzoni's goal is comprehensive LGBT care

Smoking cessation is especially important in the LGBT community

Our Project



How Mazzoni makes a difference

The staff at Mazzoni made a difference to the interns by helping to establish a realistic project that meets the needs of their community. More importantly, they make a difference to their patients every day through their multitude of resources, and their philosophy of treating each patient for more than just their medical needs.

As Riley (pictured above) notes, "I was going through a really hard time two years ago, and the people at Mazzoni really cared about me and took me in. I decided to stay in Philly because of the resources here." The interns agree our summer here was invaluable and we hope to carry what we've learned with us into the future.

The interns knew that tobacco use affects heart health, oral health, and general well-being. They became informed on smoking cessation resources in the area, and on the effects of nicotine replacement, Chantix and Welbutrin. Through motivational interviewing, presentation of resources, patient education, and follow-up phone calls, the goal was to help patients eliminate their tobacco use.

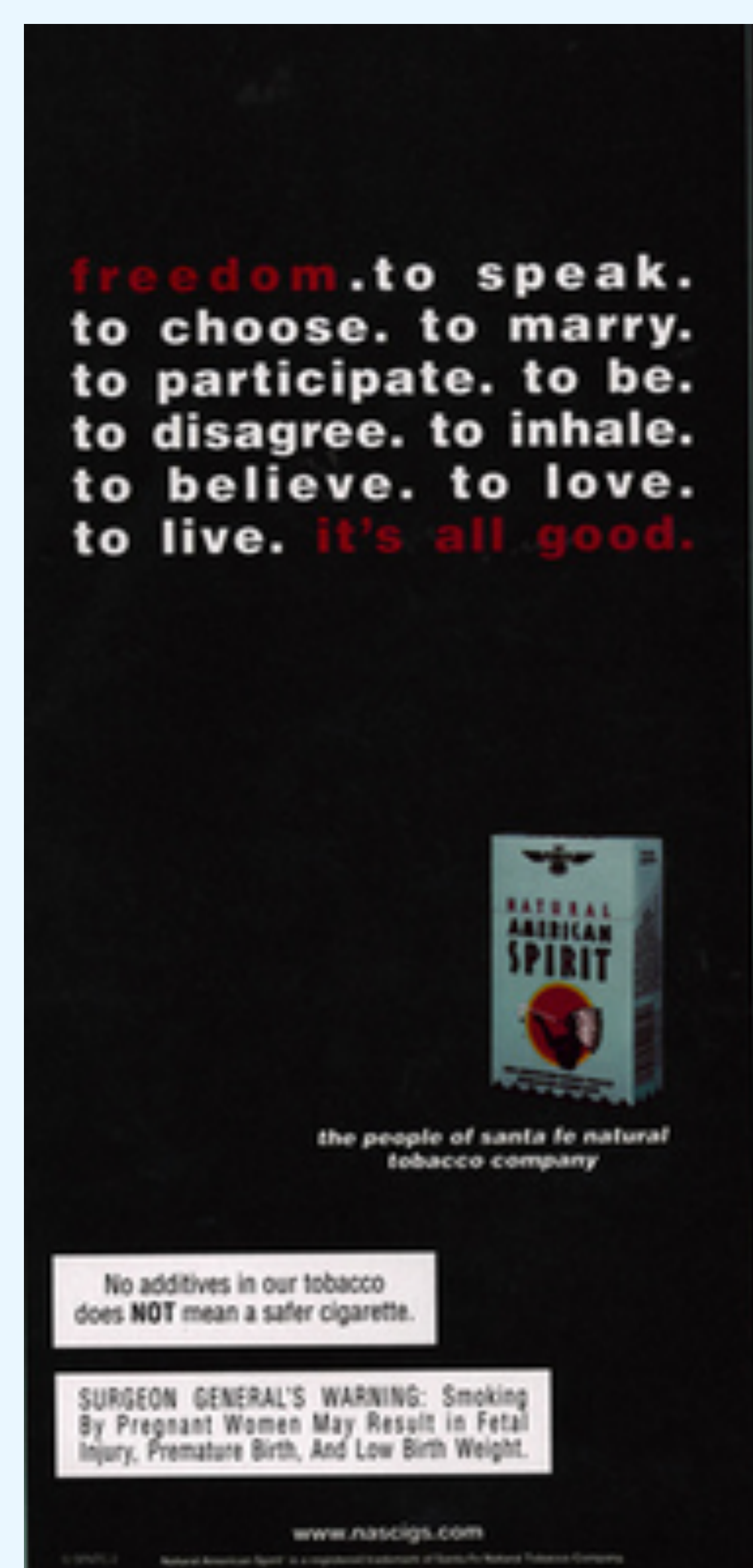
Cessation brochure for our patients



The interns reached out to about 75 patients and were able to help about half of them to reach a realistic smoking cessation plan.

- Being part of a population that is often overlooked and often feeling stressed because of this, the LGBT community has higher smoking rates.
- Additionally, patients who are smoking while on estrogen replacement therapy are at increased risk for thromboembolic disorders.
- Furthermore, the tobacco industry has been known to target the LGBT community.

Cigarette ads targeting a vulnerable population



Let's Talk About Sex

I best identify as:

heterosexual/straight
 bisexual
 gay
 lesbian
 unsure
 other _____

My sex partners are: (check all that apply)

male
 female
 transgender
 other _____

Do you have sex only with your current partner? Yes No

Does your current partner only have sex with you? Yes No

The interns learned the value of comprehensive care through observing roles of the nurses, transgender intake counselor, case managers, and physicians. Mazzoni's multi-disciplinary model allows patients' various needs to be met directly.

The interns also learned the importance of LGBT care through discussions about use of unisex bathrooms, preferred pronouns, and inclusive language. This is demonstrated by Mazzoni's new patient forms.