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Over a Score and Ten Take 'Em Again

by John Patrick Welch

Thirty-five members of the never failed a course while at class of 1980, who failed to Jefferson and that the word passed the National Board from upperclassmen that he examination, Part I in June of knew had been to: "relax this year, are retaking those and enjoy the two weeks exams this week. This is the before the boards. Another largest number of Jefferson contributing factor to this student to fail the boards. a relaxed attitude, the past ten years and was the fact that he was not decline in overall perfor- notifed by the Dean's office mance is of concern to both he. At his birth of the administration and stu-failing the boards. Each year- dents alike. The reexam is of a number of students are in- special significance to the voted to take advantage of students since their contin- computerized self-assess- ed enrollment at Jefferson is ment and of Saturday contingent upon their pass-morning review sessions ing the National Boards, al- prior to taking the boards though any student who fails the retest has the option of able to students unless they taking the exam a third time are invited. According to Dr. June of 1979. If a student Robinson, Associate Dean passes the exam at that time and Director of Minority he must apply for Re- Affairs, logistical and mon- admission to the College. Itary considerations made it However, Dr. Conley, Assimpossible to make this a cotiate Dean and Director of Service available to more Admissions, said in an interview this summer. Dr. approval that the admission is pretty well assured not available to students who for students who have no actually failed the boards other than those who are students. Examination of the annual student expressed bitterness report of Jefferson Medical over the development. College for 1976-1977, which lists National Board results. Although fifteen percent for the past eight years, led of the sophomore class did fail to the conclusion that no re- to pass the National Board cent class has done so poorly examination. Part I, it should on the boards. Reasons for be pointed out in fairness to the poor showing are actively the College and students being sought by Dr. affected that Jefferson Mackovj and other students are not the only members of the admin- ones having trouble with the stration and official com-National Board exam- on the results will be in- tions. Below is a quote included in the next issue of from the Penn Med Notes of the Ari. He has requested last December, "The Dean the National Board to do an indicated concern with the item analysis on each students' performance in question in the examination, National Board examination, this analysis compares the Part one. The scores have per-formance of Jefferson declined and the number of students with that of all other failures has increased. Of the students who took the students taking part during June, 1977, 25 percent of the Examination. Student reaction to the second-year and 28 percent results varied. One student of the first-year students failing to pass the boards ed the examination."

The Class of 1982: A First Look

What's different, what's this class. Names have been student to work for Ariel unique about the class of omitted due to the continuing humor is decidedly stale. If one looks at the denial of admissions - I'm sure he'll be more statistics one might conclude records, prior to matriculating who's the best student on the Freshman that there is much to dis- sention, but a few anonymous fellows this spring. ing this class from previous "one-liners" about a former microbiology years - There are 223 members of this class who will professor at Jefferson is cross- from students - same as last give a little better insight into the ranking and is now a class of 399 students - women - 2 less the makeup of this class than member of the freshman than last year. 37 are Alumni the cold statistics. For in-class. Hopefully, there's a few of the survivors from last year but 2 more than in will come in handy in Jeff you're seeing double when 1976; 11 minority students majors. So what? you Now, if when you finish last year but 2 more than in will come in handy in Jeff you're seeing double when 1976; 28 are members of the Hall when she tries to take you look up - look again the Penn State - Jefferson pro-the escalators to the 15th. There is a set of twins who were a more than last year. Floor for anatomy or histo-have mariticated at Jefferson. The only truly significant lab's labs and finds alternate son this fall. The statistic is the number of ones turned off or broken. But what of the other 218 students participating in the down. But wait, not only has students in this class We Physicians Shortage Area this girl hit the heights, she's don't wish to slight anyone. Program. Due to a new affilitaioo bound to make a hit in so if you want to you can in- dicate with Indiana State Uni- the depths of Jef fluid's Hall that submit to the paper name, on dicty 24 students are parti-since she is a past address, along with the most double the number last year. Another student in the done in your life and we'll be a new class has written T.V. sure to publish it in the next 3.5.

Biochemistry

THE SQUEEZE IS ON

In a move reportedly un- related to the Class of 1980 performance on the National Boards, the biochemistry department decided to make the textbook by White et al mandatory for freshman classes this fall. Dr. Shephartz, coordinator for the course again this fall, discusses the change in an interview this summer. Dr. Shephartz praised the textbook as being both readable and up to date. This may make the task of reading the text a little more bearable since Dr. Shephartz stressed that it is required in more than name only: "text questions will definitely come from the textbook." When asked about whether the move to a mandatory textbook was re- leased to the national board results, Dr. Shephartz said the decision was in the works well before the news of National Board scores was received. In relation to the National Boards, Dr. Shephartz added that scores were low in all of the basic sciences and that no de- partment could be par- ticularly proud of the scores in their area.

(Continued On Page 3)
Philadelphia

Lists Phil's Finest

by Brad Feldstein

Philadelphia magazine has scourcd the Philadelphia area and beyond to present its "Best and Worst of Philly." Describing its efforts as the "ultimate exercise in arrogance," the magazine has left no stone unturned in its efforts to protect the unsuspecting public. Everybody and everything from the Best Tennis-playing Doctor to the Worst Emergency Ward has been unveiled, and, it seems, Jef- ferson has been awarded in these "accolades." What follows is a selected list of some of the best from "Best and Worst of Philly." Why bother with the worst right?

Best Cheesesteak Sandwich: Jim's at 4th and South. Best Exotic Steak Sandwich: Japanese Steak House at 12th and Sansom. [Ariel: This little restaurant is becoming increasingly popular with Jefferson students. Many of us first found out about the place when it received several minutes of promotion on TV's "Evening Magazine." In addition to their Japanese steak sandwich, they also serve a Japanese shrimp sandwich and a Japanese chicken sandwich. For an inexpensive, different, good-tasting meal, this would be a good place to go. Only about eight people can sit in the place at one time, and it's usually packed around lunchtime. The restaurant (if you can call it that) is incredibly less crowded during early evening hours.]

Best Strawberry Cheesecake: The Tideler at 1515 Locust.

Best Cheesecake with Alco- holic Filling: The Pink Colada cheesecake at the Newstand, 1500 Market.

Best Hamburger: Downey's at Front and South.

Best Steak Filet: Mitchell's at 207 S. Juniper.

Best House Salad: The Karon Bistro Special at The Knave of Hearts, 230 South St.

Best Deli: The Famous at 4th and Bainbridge.

Best Potato Salad: The Fruit Lady at 1717 Walnut.

Best Salad Bar: Wildflower's at 5965, 3rd St.

Best Cheese Shop: DiBruno's at 930 S. 9th.

Best Ice Cream Parlor: Hillary's at 1929 Chestnut.

Best Creative Sandwich: Panini at Cafe Soffe, 404 South St.

Best Mug of Beer: McCollin's Old Ale House at 1310 Drury Lane.

[Ariel: This place is packed on Friday and Saturday nights. Although they usually have a live band, it's not a very good place for dancing, unless you're prepared to fight your way onto the dance floor (which is about the size of a postage stamp). Go there for lunch some time if you enjoy a good sandwich.]

Best Big Cookies: The oatmeal and raisin cookies from the Original Cookie Company at The Gallery

Best Daquiri: The Newstand at 1500 Market.

Best Frozen Daquiri: The Newstand at 1500 Market.

Best Strawberries Daquiri: Elckey Split at 401 South St.

Best Place for an Exotic Drink: Happy Hour Rooster at 10th and Sansom.

Best French Bread: Le Tourneul at 779 Walnut and 17th Sansom.

[Ariel: This place is right down the street from my apartment, and well worth the trip. In addition to their breads, they have their French pastries and cakes, including, their Chocolate Mousse Cake and Black Forest Cake.]

Best Italian Bread: Sarcone at 735 S. 9th St.

Best Prime Ribs Dinner: Stanley Green's Holly- wood at 1711 Walnut.

Best Fish Restaurant: Fish Market at 15th and Sansom.

Best Meat Under $5: Layla at 12th and Pine.

Best Meat Over $5: Le Bec Fin at 1312 Spruce.

Best Breakfast: The Commis- sary at 1710 Sansom.

Best Brunch: Lautrec at 406 S. 5th.

Best Indoor Lunch: Frog at 264 S. 10th.

Best Outdoor Lunch: The Garden at 1637 Spruce.

Best Onion Soup: Sassafraz at 45 S. 2nd.

Best Comed Beef Sandwich: The Cow and the Cow Baka- cery at 1725 S. 12th.

Best Reuben Sandwich: Philadelphia at 410 South St.

Best Restaurant Dessert: The carrot cake from the Com- missary at 1710 Sansom.

Best Crabs: DiNardo's at 312 Race.

[Ariel: Another good place for crabs and seafood is Wall's at 804 South 2nd St. If you're looking for atmospheric or congenial service, this is definitely not the place. However, if you enjoy good seafood at a reasonable price, you'll probably like Wall's, self- professed as the "King of Crabs."

Best Crimson Buns: Tif- fany's at The Gallery.


Best Crêpes: Crepes and mushroom crepes from Frog at 264 S. 10th.

Best Mushroom Soup: Tay- lor's Country Store at 16th and Sansom.

Best Chinese Restaurant in Chinatown: Ho Sai Gai at 10th and Race.

[Ariel: There are so many good restaurants in Chinatown; it's almost impossible to sample them all. If you have an hour free for lunch one day, try one of them. Many of the restaur- ants in Chinatown offer luncheon specials for $2 to $3. If you're interested in vegetarian Chinese food, the original Mayflower at 220 N. 10th would be a good place to go.]

Best Place to Pick Up Some- body Trying to Pick Up a Girl: Watson's at 216 S. 11th.

[Ariel: What can you say about Dottie Watson's? Except that it's a perennial favorite of Jefferson students. After class, the employees are Jeffersonians-wives of medical students, nurses, or medical students themselves.]

Best Chili: Twenty-first St. at 20th and Sansom.

Best Potato Pancakes: Downey's at Front and South.

Best Center City Florist: Eberth and Smith.

Best Mystery Books: The Whodunit Bookstore at 1701 Chestnut.

[Ariel: If you're looking for murder textbooks, the Whodunit Bookstore at 1706 Rittenhouse Sq. has a good selection. Certain American murder mystery is a bigger mystery than Agatha Christie!]

Best Plants: Rago's at 274 S. 20th.

Best Army-Navy Store: I. Goldberg at 20th and Sansom.

Best Card and Gift Shop: Le Bistro Store at 15th and Lo- cost.

Best Shoe Repair: Foschi Shoe Repairing at 253 S. 14th.

Best Bike Repair: South Street Bicycle Shop at 626 S. 4th.

Best Sexual Super- store: The Treasure Chest at 2039 Walnut.

[Ariel: Ask Don Kramer about this one. (If ever turns you on, right?)

Best Dirty Movie- Theatres: 1812 Chestnut.

Best Place for a Nightcap: Le Bistro at 2375 S. 7th.

Best Place to Run: The bike path along East River Drive where you have a respiratory problem, it is a good place to run from muggers, rapists, etc.

Best Pinball Arcade: Fun- town III on Chestnut near 20th.

Best Afternoon Tea: Conver- sation at 1464 Pine.

Best Place to Have a Before- Dinner Drink: The East Philly Cafe at 2nd and South.

Best Place for Panhand- lers: St. John's at 13th and Walnut.

[Ariel: The quad in back of the Jefferson library is a pretty good place, too. Get a load of them when wearing the red bandana!]

Best Emergency Ward: Moosecordia Hospital.

[Ariel: How is it that Philadelphia magazine said about Jefferson: "If you've got a respiratory problem, you'll wait about two hours with a lot of chain smo- ke."

Best Place to Sit Down In Public: The Jefferson Library.

Best Tennis Playing Doc- tor: Kenneth Brownstein from the Medicine Department at Jefferson.

Best Train System: PATCO's Lindenwoods High-Speed Line.

Best Place to Catch a Cab: Sheraton at 17th and JFK.

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Philadelphia

Lists Phil's Finest

September 6, 1978

Ariel

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Prizes to Be Given
by George Coar

The efforts of anti-smoking groups to restrict smoking in public places could cause a loss of 932 million in sales for R. J. Reynolds Tobacco Co., should every smoker decide on one less cigarette per day.

Regarding the technique in protecting two "soft potato-tube babies", a laparoscope is inserted through the mother's umbilical cord to remove the ovary and to recover eggs. These eggs are fertilized with the father's sperm in an artificial environment. After developing to a blastocyst stage, usually less than one hundred cells—one or more of the blastulas is implanted into the uterus.

Dr. Robert Dupont, former director of the National Institute on Drug Abuse states, "Probably fifteen percent of the auto accidents in this area, are associated with marijuana intoxication."

Between 1967 and 1985, an estimated 10.4 million

college graduates will be competing for only 7.7 million jobs which require the applicant to have college training. Opportunities will be better for those seeking positions such as dental hygienists, dietitians, lawyers, economists, engineers, geologists, physicians, registered nurses, statisticians and systems analysts than for those individuals desiring positions as architects, broadcast technicians, chemists, college personnel workers, historians, home economists, lawyers, librarians, newspaper reporters, mathematicians or school teachers.

Completing his first eighteen months in office, Secretary of State Cyrus Vance trails his predecessor, Henry Kissinger in travels abroad. The totals are: Kissinger, 38 trips and 142,092 miles; Vance, 33 trips and 234,602 miles.

Biologists state that under normal circumstances, twenty-five percent of the world's population is born with some genetic abnormality.

Lawmakers are writing a bill in a House of Representatives' committee that could:

- reduce individual income taxes by about ten billion dollars, with the largest slices going to middle-income families in the annual range of $15,000 to $40,000;
- increase the personal deduction from $750 to $1,000 per dependant and end the $35 credit;
- cut the top corporate tax rate from 46 to 46 percent;
- make the 10 percent investment-tax credit a permanent fixture;
- reduce the maximum rate for capital gains taxes from 49 to 35 percent;
- eliminate the taxpayers' deductions for state gasoline taxes.

by Victor Onufreiczuk

July 20- Washington, D.C.

Peter Bourne, Presidential adviser on drugs and narcotics, resigned after being given leave with pay due to his involvement with a falsified prescription for a powerful sedative. He allegedly used a pseudonym on the prescription to protect the identity of one of his aides. The aide asked a friend to get the prescription for her and when the friend tried to get it filled, she was arrested for using a falsified prescription.

The falsification was traced back to Dr. Bourne who was then asked to take a leave of absence. He later resigned because he did not want any scandal involving himself to hurt President Carter. Dr. Bourne was already known as a controversial figure in the administration for his support of the decriminalization of marijuana and his claims that he alone, with many others on the White House staff had tried marijuana and found it safer than tobacco.

On the Domestic Front...

HMO Act Amended

by George Coar

Recently, the Senate passed the Health Maintenance Organization Amendment of 1978 which was co-sponsored by Senators Richard Schweiker, a Republican from Pennsylvania, and Edward Kennedy, a Democrat from Massachusetts.

Health Maintenance Organizations are prepaid health plans in which participants make fixed regular payments which entitle them to the health care services which are provided by the organization. Because these payments are made in advance, there is an economic incentive for HMO's to maintain the health of their members in order to avoid costs and unnecessary treatment procedures. The traditional emphasis upon chronic or chronic illness is redirected in the direction of preventative health care.

HMO's can at the same time reduce the costs of health care while improving this care at the same time by operating through internal incentives rather than by direct government intervention.

It is believed that HMO's can create savings in health care from ten to forty percent. The provisions of the bill are as follows:

1) extending for three years the authorization of appropriations for HMO feasibility, planning, and initial demonstration grants and contracts;

2) adding new authority for low interest loans guarantees to assist in the costs of equipping, construction, acquisition, or renovation of ambulatory care facilities for HMO's and entities intending to become HMO's;

3) extending for three years the authority for initial operating loan guarantees;

4) strengthening programs.

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Lines From Levine by Steve Levine

In addition to an obligation to welcome Jefferson to all new students. I would like to welcome you all as citizens of Philadelphia. What ever the exception. I am sure many of you will maintain that you are still legal residents of your Town You, USA, and that others of you have lived in this city for quite some time. With the exception of the Center City community, the majority of you now live in Barringer, Oliphant, and the surrounding apartments and residences as students and residents you also have a very important legal responsibility to this area. While many view this responsibility as a right or a privilege, it has become evident that students seem feel very burdened by it, and therefore tend to ignore it. I am speaking, of course, of the right to vote in elections as a student citizen of this city while maintaining a legal residence far from 10th and Walnut. It is vitally important that every young students and old, register to vote in the fall elections. These elections will bring a new governor to the Commonwealth, considering our present fiscal dependence on the federal government, that is very important to you your Jefferson careers. Also on the Philadelphia ballot in the fall will be a proposed change of the city charter which, if approved (and 40 plus years of living under King Rizzo) more on this later in the year. There are, of course, other matters, city and local elections to be decided which will have very important effects on you. As to local politics, you will note as the fall progresses that several of your fellow students and neighbors are running for office, your votes can make the difference to them. The electoral division in which Barringer Residence Hall is located has less than two hundred residents, double the spring primaries. There are more eligible voters than that on the first four floors of Barringers; obviously, most of them are students. You may make up a large part of the local ward divisions, and can therefore carry a great deal of power, if you register and vote.\n
With the new mail-in system, registering to vote has become a very simple process. Forms are available at post offices, libraries, stores, parks, schools, and the registration office in the City Hall Annex. It takes no more than five minutes and a fifteen cent stamp to register. You will need to mail in your form. You will be eligible to vote in the November election October 15, 1976.

If you are registered for time out from Dr. Zeiger, from whatever you are studying or doing, and should your responsibility, as a Philadelphia citizen. Of course, in November you will be registered to vote; but registering is the first step, and if you don't take this step, and soon, your voice will never be heard in the fall. Once again, welcome new citizen of Philadelphia, may you stay here be warm and pleasant--and responsible.

Olshin Goes On

by Irving J. Olshin, M.D.

It seems to me that one of the severest facing college seniors who then enter professional training. Any quality within the span of a few months they must listen to both the axe and the siren and then welcoming speech. Well meaning speech. Then even if you come out of them and attempt to ignore them, but too frequently all that comes within the university is a form of euphemism be to ignore it. The excitement of graduation and the summer of freedom leads minds of most graduates to those other important things as learning, seeing, sunning, and romancing and not the multitudinous problems of the world and the challenge to this year's graduating class to solve them. Similarly, the prospect of entering medical school with its new demands and challenges, it seems to me, evokes too much anxiety for the captive audience to pretend entirely to resist the speaker's orator.

You might then well ask why it is that I have under taken to convey a message to you, when I have such a cynical view of the value and usefulness of addresses to students. First, I found it impossible to pass up the invitation of the editors of Ariel to make a contribution to this issue. To have one's prose made immortal through publication, is too tempting not to accept an offer to refuse. I suppose that like all those conference speakers I feel that I have something important to tell you. By writing at this hope that you will be able to read it at your leisure and perhaps even to give it to your fellow students who have been presented, especially at times when medical school that students seem to need.

The single most important thing that I would like to tell you is that all of you have the intelligence to meet the demands of the medical school curriculum. Your mothers all know that, and the Admissions Committee was assured of it when they reviewed your credentials and invited you here to join us for four years. Everyone accepted to medical school has the intellectual capacity to deal with both the pre-clinical and clinical material. What does happen in medical school, however, is that many students who had been accustomed as undergraduates to obtaining As and Bs' in their coursework now discover that in this highly selected company of medical students they are working on top of their game. The pendulum from swinging too far in one direction or the other, many of you will probably feel the level of the individual. This leads to a measure of consistency in academic performance from one class to another.

Once in a great while, however, a class will deviate from the norm, and unfortunately the case recently when 35 Jefferson medical students failed Prelim 1 of the National Board Examinations and average scores (68%) compared to classes of previous years. Such a deviation makes the answer to the question--what happened?

Did the Admissions Committee relax academic standards? Is not evident to support this assumption about a comparison of class MCAT scores and college grade point averages. Is not break in the curve of previous years. Further, on the other hand, that there is no correlation between the National Board scores and the academic success reflected by Science MCAT scores. The mean Science MCAT score for students who failed Prelim 1 the 35 students who failed Prelim 1 of the Board.

Can a radical curriculum change be faulted? Relatively minor modifications of curriculum occurred during the period in question Concomitantly the introduction of the clinical mini-clerkships in the second year may have just supposed. I will not know the answers, but hope that the student of both classes at work at, can have remedial effects as well as the problem. The student of the problem, that it could persist into both its classes the needs to be maintained by both classes. For them, it would be a good idea to come back in a few months in this period. I cannot make the indications that the student of both classes at work. I do not know at all the answers, but hope that the student of both classes will be able to deal with the other.

Non Pluribus Carborundum

by John P. Welch

The first year of medical school is extremely hard. It's hard physically, the hectic hours of class and of study often leave one ex hausted and ready to throw in the towel. But the physical part is the easy part. The really hard work is the mental. The thing which is so important to deal with is the mental part. My attitude was that of a freshman dealing with the mental part of med school. When I first entered med school, I found it very easy to deal with biochemistry; I found it very easy to deal with biology. I found it very easy to deal with microbiology; I found it very easy to deal with the clinical part. I found it very easy to deal with the medical part. I found it very easy to deal with the medical part.

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September 6, 1978

More-Levines

According to a report from a special committee of the University Board of Trustees, the only effect here of the recent Supreme Court decision in the Bakke case has been "legal approval of the admissions procedures of our institution." The committee, headed by Dean of the Graduate School, Dr. Robert Baldwin, analyzed the present University admissions policies in the light of the Bakke decision. "The process that was found to be objectionable is tempered with professional and dedicated judgement of many faculty members and students. Race is considered, but there is not a fixed number of spaces set aside for members of minority groups.... The past accomplishments of all applicants are judged in the light of their social, intellectual environments in an attempt to determine their potential. For those who are members of minority groups, the effect of past discrimination is taken into account. Our admissions procedures... are designed to provide a diverse student body... and it is our policy to actively recruit qualified minority students. At present we see no impact (from the decision) other than legal approval of the admissions procedures of our institution. Similarly, affirmative action programs regarding the employment and promotion of members of the minority groups such as the one at Jefferson are not negated by the decision." Note that in this context, the term "minority groups" is defined as Jefferson and the American Association of Medical Colleges includes blacks, mainland Puerto Ricans, American Indians, Mexican Americans and socio-economically disadvantaged whites.

It is interesting to note that the Medical School Class of 1981 has twenty black students, while the incoming Class of 1982 has but five. According to Dean of Admissions, Dr. Samuel Conly, almost twice as many places were offered to blacks last year as compared to this year, while the total number applying was fifteen percent lower this year. Dean Conly attributes these two apparent discrepancies to several factors. The number of places offered was smaller due to a decrease in the number of well qualified black applicants. At the same time, many of those who were offered a space in the class chose to attend other schools. Over the past eleven years, an average of nine black students have attended the School each year, but the numbers have ranged from two to twenty per year. According to Dr. Conly, the school, in general, "attempts to recruit and retain as many well qualified minority students as we possibly can.

Congratulations are in order to the University Department of Performing Arts for its oneruous in the recent meal ticket plan crisis. Following the June 15, 1978 announcement that there would be no such plan available in the hospital cafeteria, a petition was circulated calling for a re-evaluation of that decision. In splendid form, the Department of Auxiliary Services sent out a questionnaire concerning the actual need for such a service on June 26, 1978. Unfortunately, the department overlooked the fact that the medical students who used the meal ticket plan for the first and second year students--were away for summer vacation. In fact, the only medical students in town were the tired, virtually dispersed third year students whose schedules virtually prohibit their using the service anyway. Needless to say, the response to the questionnaire was minimal. Now don't take me wrong, the quick response to the grievance petition was very commendable, and the thought was appreciated; only the timing was wrong. All I ask is that before the idea of a meal ticket plan including medical students is canned for good, recirculate the questionnaire now that the students have returned. Give it another chance. This time you'll get a strong response from the students who signed those petitions in June. Too many people depend on that inexpensive, reliable service for it to fall by the wayside due to an error in timing.

by Robert I. Bredt, M.D.

On several occasions during student orientation, I have mentioned how frequently faculty and students will fail to greet each other when passing in the corridors or walking about the small campus. Certainly, every faculty member does not know every student and vice versa. The chances are very good that if two individuals in white coats are walking about our property, they are both Jeffersonians. And what tragedy would there be if you occasionally greeted a beautiful, butcher, or member of Pennsylvania Hospital Staff? It surprises me how many students will turn away or feign preoccupation rather than make eye contact and say hello. It is an individual plan to enter medicine, I would hope that he or she would be at ease with people and have a genuine interest in reaching out

I can understand the reticence of students to initiate a greeting to a faculty member with whom they have never had contact. But there are many skills dealing with interpersonal relationships that a good physician or nurse should develop during his/her years in training. All these skills do not necessarily have to be developed at the bedside or in the classroom. I remember one experience that my wife and I had in Italy almost 20 years ago. A street vendor in Rome, who could barely speak English, befriended us. He had a meager education but he was very proud of the fact that he was a very successful vendor. He and his wife had an apartment and were able to accomplish this in postwar Italy with his perseverance and personality. He was the least bit reticent in admitting his trade secret. He was very much at ease when looking into people's eyes. He enjoyed making eye contact.

I suggest that there is no excuse for faculty and students ignoring each other on a small campus such as ours. Furthermore, if you have difficulty in making eye contact, what do you plan to do with the patients you will be caring for the rest of your life?

Maybe we can rely on those students from small towns and very small colleges to show us how it's done. I would hope that the class of 1982 will accept my challenge and make the Jefferson campus and corridors a friendlier place.

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And On... And On... And On

(Continued From Page 4.)

(Continued From Page 4.)

allow it to become so. I believe that if your needs are reasonably attended to, you can then bring to your patients a fresh out looked of optimism, and a genuine empathy. Harrassed, overworked, and feeling you can't define yourself, you can feel only resentment at the demands of your patients. You will then compromise your ability to be of help to them, and no matter how great your knowledge and technical skills.

I do not minimize the difficulties of finding time to jog, to swim, to attend a movie or a play or a social hour when you are required to learn the intricacies of the Krebs’s cycle or the blood flow of the brain. But you can and must use your organizing skills to allocate your time so that friendships are maintained and your interests outside of medicine and school continue to be cultivated. Sometimes the pressure of study may make you wish to isolate yourself, to shut out others to intensify your concentration. But

Programmed Progs

by Mark Rubin

Remember when you attended your first pre-med meeting back in college? Probably the head of the Biology department told you to look at the students sitting next to you and realize that only one of you was going to make it to medical school.

The above is a perfect example of the law of the wild, kill or be killed or only the strong survive. Throughout those days you were forced to develop an indifference to the plight of your fellow students. Now as future physicians, you are supposed to become humanitarians and show your concern for human suffering. Since many students have difficulty making this transition, it seemed appropriate for this paper to help you start right here in "your backyard." It is time to open up your eyes and examine case of true human suffering - the Penn State five year program.

The five year program gives a selected high school senior the opportunity to obtain both a B.S. and M.D. degree in five years. These students (often referred to as "programmers") attend Penn State for the equivalent of six trimesters, which is one half the amount of time required for regular Penn State graduates. Within these six trimesters the programmer must fit their medical school science requirements as well as twenty four credits of elec-

There are obvious drawbacks to this type of streamlined education, and they have prompted many programmers to think twice about what they had to give up at college. There are a large number of colleges so it is easy to feel that the sacrifice was too large, and if they had to reheat the whole process they would prefer to take four full years of college.

The whole situation was summed up very well by a programmer who graduated last year. His statement about the program is like everything else in life, you get out of it what you put into it.
A Poster For Your Fridge

COMMONS EVENTS
WEEKS OF SEPTEMBER 8- OCTOBER 31, 1978

SEPT. 8, FRI. 5:00-6:30 pm, Steamship Round Roast Beef Picnic Plaza, Music by Don Dilleno.
8:00pm, Commons Feature Film "ALL THE PRESIDENT'S MEN", Solis Cohen.

SEPT. 9, SAT. 8:00pm, Commons Feature Film "ALL THE PRESIDENT'S MEN", Solis Cohen.

SEPT. 11, MON. 8:30am-10:00pm, Registration begins for Fall Co-Curricular Courses, Front Desk, Jeff Hall Receptionist.

SEPT. 12, TUES. 8:00-11:00pm, Square Dance, Plaza, John Krumm, teaching and calling.

SEPT. 14, THURS. 9:00pm, Contemporary Concert, Musica Orbis opens the series.

SEPT. 17, SUN. 3:00pm, Cushion Concert, James Van Dermark, Double Bass Solo, Cate. Center.

SEPT. 20, WED. 11:00am-2:00pm, Welcome Back Picnic, West Courtyard, music by Don Dilleno.
1:00pm, Univ. Hour, Les Whitten- "Behind the Headlines", Solis Cohen.

SEPT. 22, FRI. 8:00pm-12:00am, T.G., Music by "Minus John", Cafeteria-Center.

SEPT. 25, MON. Fall Co-Curricular Courses Begin.

SEPT. 27, WED. 1:00pm, University Hour, Dr. Joel Rodney "Newton and Liebniz - Physics and Free Will", Room 139.

SEPT. 28, THURS. 9:00-11:00pm, Shore Night, Entertainment by Julie Gold, West Courtyard, West Wing and Cafeteria Center.

SEPT. 29, FRI. 8:00pm, Commons Feature Film "ONE ON ONE", Solis Cohen.

SEPT. 30, SAT. 8:00pm, Commons Feature Film "ONE ON ONE", Solis Cohen.

OCT. 4, WED. 11:00am-2:00pm, Endless Summer Luncheon, West Courtyard, Clams and Oysters on the half shell, Coney Island Dog, Complimentary beverage.
1:00pm, University Hour, Britton Sisters-vocal and instrumental - folk and blues, Social Lounge.
4:30pm, Commons Board, M-21.

OCT. 10, TUES. 9:00-11:00pm, Italian Night, Music by Kim and Reggie Harris, Cafeteria, Center.

OCT. 11, WED. 1:00pm, University Hour, Dr. Frank Saul, Contemporary Theatre and Film Criticism, Room 139.

OCT. 13, FRI. 8:00-12:00pm, T.G. Party, Cafeteria-Center. Obtain guest passes from Receptionist, Jeff Hall Information Desk. Guest passes and I.D. required, only two guest passes given out to and I.D.

OCT. 17, TUES. 7:00-11:00pm, International Dance Night, Don Simon teaching, Cafeteria, Center.

OCT. 18, WED. 1:00pm, University Hour, William Tucker (Harpers) E.P.A., Solis Cohen.

OCT. 20, FRI. 8:00pm, Commons Feature Film, "THE WAY WE WERE", Solis Cohen.

OCT. 21, SAT. 8:00pm, Commons Feature Film, "The WAY WE WERE", Solis Cohen.

OCT. 22, SUN. 12:00-2:00pm, Champagne Brunch, East Wing.
3:00pm, Cushion Concert, Carl Wincenc-Flute Solo, Cafeteria-Center.

OCT. 24, TUES. 9:00-11:00pm, Coffeehouse, Phi Alpha, Cafeteria-Center.

OCT. 25, WED. 1:00pm, University Hour, Dr. John Okolowski, "Earnest Mach-Precurser of Einstein", Room 139.

OCT. 31, TUES. 7:00-9:00pm, Halloween Comedy Film, "ABBOTT AND COSTELLO MEET FRANKENSTEIN", Solis Cohen.

THE ARTS

Here you are back in Philly. All of the great activities of the summer are quickly becoming distant memories, and you are forced to face another long arduous year. With only a little effort on your part you can find countless things to do here in Philly. Most students overlook one of the greatest offerings of this city: culture. Below are listed several schedules for theater and opera, all within a 5 minute walk of where you are right now (commuters excluded). If you rip these schedules out of the paper and scatter them to your refrigerator door, you'll be up on some of the cultural events of our neighborhood. Who knows, it might even help make you a little more gib at the next cocktail party.

The Opera Company of Philadelphia
Office - 1518 Walnut St. Suite 310
October 24 & 27 "Manon" by Jules Massenet (in French)

November 26 & December 1 "Rigoletto" by Giuseppe Verdi (in Italian)

December 26, 27, 28, 29 & 30 "Rumplestiltskin" by Joseph Barber & John Gardner (in English)

January 9 & 12 "Die Fledermaus" by Johann Strauss Jr. (in English)

February 20 & 23 "Così Fan Tutte" by Wolfgang Mozart (in English)

March 21 & 30 "La Cenerentala" by Gioacchino Rossini (in Italian)

April 24, 27, 29 "Tosca" by Giacomo Puccini (in Italian)

Forrest Theater
1100 block of Walnut St.

September 2-16 "Broadway, Broadway"

September 39-? "The Wiz"

The specific dates for the performances of the productions will follow. "The Wiz" are unavailable at the present time. These productions will include:

The Can Game" "Dracula"

"A Chorus Line" " Ain't Misbehavin"

The Philadelphia Drama Guild at the Walnut Street Theater

October 20 - November 12 "The Lion in Winter" by James Goldman 

November 24 - December 17 "Twelfth Night" by William Shakespeare

January 5 - 28 "The Night of the Iguana" by Tennessee Williams

February 9 - March 4 "To Be Announced " by ?

March 16 - April "Private Lives" by Noel Coward

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by jim McWeeney

In beginning your first year it is more than likely that a number of you budding young physicians are plagued with a fear of one kind or another pertaining to your future days at medical school. These fears, although not totally unfounded, are due primarily to the anxiety one develops when dealing with the unknown. Human beings have always feared the unknown and although many medical students seem not to fall into this species they are, in this case, no exception. This article was written primarily to put you at ease, taking the "ion" out of the unknown. However, I am also writing to inform you on how to avoid one of the most destructive and debilitating occurrences that you may encounter here at Jefferson. The Rumor.

How the various rumors reach the academic streets of Jefferson no one is ever sure, and they are less sure about their origin. Rumor has it that it starts somewhere on the 22nd floor of Ockerlott by someone whispering into a colleagues ear, "I hear that the test tomorrow will be tough." Amazingly enough, by the time the rumor reaches the ground floor it has turned into something like, "I heard that over the last 3 years the average on this test was a five and as punishment the students had to donate their first born child to scientific research at Jefferson.

Try to imagine going into a final exam believing that the class before you scored lower than a chimpanzee with Down's Syndrome and the faculty had to curve the exam to a 15 so that a total of 3 people could pass. These kinds of rumors definitely affect the way one approaches his or her studies and could easily drive one to drinking, or what's worse, not drinking; not doing anything for that matter for fear that the seconds one wastes with such frivolous activities as eating or sleeping could be much better spent reading the biochem notes upside down to see if you really understand them.

There is no reason why any of you should be forced to spend this first year in a panic. There's plenty of time for that in your third year (another rumor). However, in order to remain totally sane you must be wary of what you hear, taking most rumors with a bag of salt. I am making these suggestions in order to protect you so that when someone tells you, for example, that no one fails spring pathology, you may be less likely to rush off to that 3 week vacation in Burma while those suckers back in Philly are grinding theirgrandomoffs.

Over the years, I have a few suggestions learned through experience that I have found helpful in combating the perpetration of these rumors, in many cases stopping them all together. When someone comes up to you and says, "Did you hear that...?", you must kill him immediately. This, of course prevents the rumor from spreading but in the past has not gained a great deal of faculty support due to diminished attendance in the classrooms. Yet, it appears that the school administration must count on at least a few deaths over the first year because the classroom they give us as second year students is much smaller than the one we had as freshmen.

Here is a list of common erroneous rumors that you should prepare to defend yourself against:

1. You must wear your name tag to class.
2. Clinical correlations are relevant and interesting.
3. It helps to look at the histology kodachromes in the library.
4. Dr. Mackowiak has a secret file on all students and their families.
5. Attendance at Biostatistics helps your grade.
6. At the end of the first year you'll be able to do a complete history and physical.
7. There's gorilla on the 5th floor of alumni hall.
8. Jefferson does well on the boards.
9. You have to read Bates to pass the Boards.
10. Everyone passes spring pathology.
11. The Duke will save you.
12. Jefferson doesn't need a…

Biking is one activity which most Americans have had some experience with. That experience can be as varied as the bike itself, ranging from a single traumatic ride that ended in a spill to one where the bike may have become a way of life, as with a professional racer.

Since the late sixties and especially since the gas crisis of the mid-seventies bicycling has been undergoing a renaissance in the United States. Back when the car became popular and mass produced, the bicycle was put away in the garage and only infrequently taken out. The car then became the dominant means of transportation and even recreation in the American lifestyle. As far as I know the bike remained popular, and in Japan it is a major utility vehicle. The state of cycling in a country is reflected by the position of that country in international bike competition. It is only since the late sixties that the U.S. has been able to really compete internationally in bike racing. Biking as a sport has come a long way since its comeback but still has a way to go before it equals the activity it had in the thirties.

With the technological information available to industry it would be a sup­prise if some of this was not utilized by the bike industry. Some of the innovations resulting from this technology include parts made from titanium alloy, oval spools to reduce air friction, elliptical front chain rings for more efficient pedaling, and the use of graphite, boron, and titanium in the frame to decrease weight and maintain strength. The industry has improved along with construction, so that someone has designed and built a bike for almost any purpose and road condition imaginable. A visit to a large well-stocked, and versatile bike shop will show the variation in design and how it changes with the intended use of the bike.

The bike is an excellent means of transportation in a city like Philadelphia where parking is such a pain. Not only is the bike non-polluting but the health benefits are enormous, especially to the cardiovascular system. The biggest drawback for the bike is transportation security. There are two good locks made: Citadel and Kryptonite. Chains are heavier, more cumbersome, and not as safe. People using their bikes to commute to Jefferson have access to bike racks on campus which has the advantage of 1) increased health, 2) no pollution and 3) reduced use of gas. And 4) students or employees arriving at work fully awake. For those interested in bikes or biking the magazine Bicycle offers subscriptions or can be purchased at the newsstand on the N.W. corner of Broad and Locust.

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