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### **Growing a Sustainable Community**

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# Growing a Sustainable Community

Student Interns: Joseph Fulginiti, Alexander Moxam, Roderick Thompson Community Preceptor: Skip Weiner

Academic Preceptor(s): James D. Plumb, MD, MPH, Jefferson Medical College

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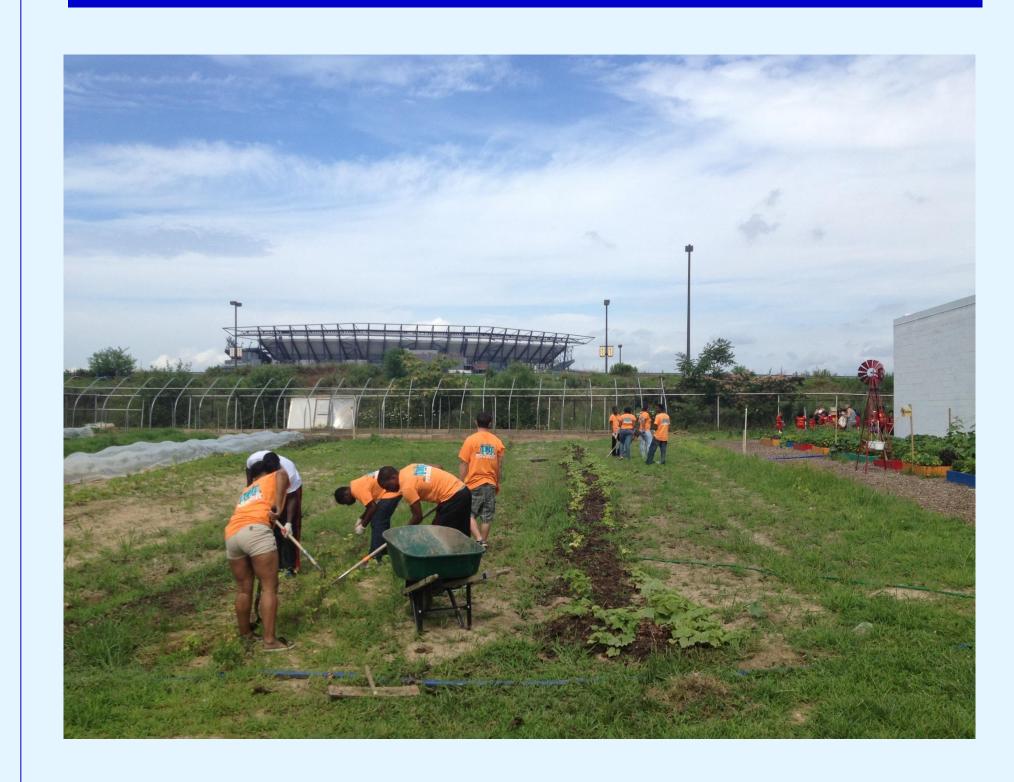
## **Summer Goals**



- Community
- Teamwork/Collabor ation
- Courage/Selfempowerment
- Responsibility
- Initiative

"Spending the summer toiling in the fields with a group of West Philly teenagers was a deeply (and surprisingly) enjoyable experience. Although we attempted to teach our teens about health and nutrition, it was me who learned a thing or two about how people and plants can flourish in a challenging environment." - Roderick Thompson

# **Community Barriers**



- Poverty
- Violence
- Lack of access to healthy food
- Failing education system
- Contaminated environment

# **Community Assets**



- Block captains
- Local Businesses
- Community organizations
- City programs

# **Fruits of Labor**



- Community
   beatification and
   increased access
   to fresh produce
- Improved selfconfidence and sense of accomplishment
- Development of leadership and team-building skills
- Education in food and social justice

"The work has been challenging but the outcomes amazing. I've learned so much about community organizing, adolescence, and gardening." -Alex Moxam

## Room for Growth

- Increasing the appeal of healthy foods
- Increasing the awareness of community assets
- Appropriate funding to increase scale of PYN
- Improve accountability and evaluation to maximize impact of the program

