

Sex and Gender Based Women's Health: A Practical Guide for Primary Care

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Background and Objectives:

- Few training programs provide dedicated training in women's health, and graduates are unable to demonstrate competency to care for female and gender diverse patients.
- No single resource or curriculum is widely available to guide educators and learners in the evidenced-based primary care of women.

We sought to:

1. Create a textbook grounded in curricular principles for educators and primary providers for women and gender-diverse patients.
2. Foster community amongst authors across generations and institutions throughout the writing and editing process.

Pregnancy
Headaches
Amenorrhea
LGBT Health
Incontinence
Anxiety

Endometriosis
Transgender Care
Sexual Dysfunction
UTI
IPV
Opioid Use Disorder
AUB

IBS
Cardiovascular Disease
PCOS
Fibroids
Contraception
Vaginitis
Cervicitis
Cervical Cancer
HPV
STIs
Breast Cancer

Interstitial Cystitis
Gynecologic Cancer
Eating Disorders
Female Veterans
Ovarian Cysts
Chronic Pain
Fibromyalgia
Osteoporosis
Pelvic Pain
Depression
Menopause

Outcomes:

- 78 authors contributed with a range of expertise from residents to full professors.
- 600+ pages, 39 chapters of content focused on the preventive, medical, reproductive, psychological, and social needs of patients.
- The text can serve educators and clinicians as a textbook, curriculum, or stand-alone reference.
- Each chapter includes Learning Objectives, Case Vignettes, Summary Statements, and Annotated Questions to check understanding.
- CME and MOC credit are available.