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Nurses' Alumnae Association Bulletin, April 1962

Perma E. Davis

Janet Hindson

Betty Piersol

Margaret Summers

Anna Kuba

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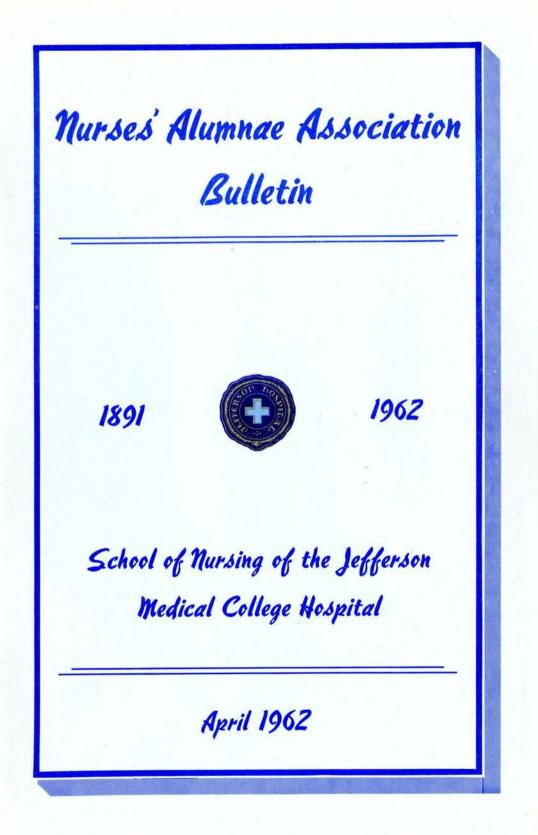
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Authors

Perma E. Davis, Janet Hindson, Betty Piersol, Margaret Summers, Anna Kuba, Catherine T. Betz, Catherine G. Paine, Julia Tyler Gaskill, Christina Rodgers, Catherine C. Prendergast, Mabel C. Prevost, and Phyllis S. Sutthill

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ALUMNAE DAY FIRST SATURDAY IN MAY EVERY YEAR

JEFFERSON NURSES' ALUMNAE ASSOCIATION BULLETIN

PUBLISHED ANNUALLY

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SPECIAL COMMITTEES

By-Laws JULIA GASKILL

Blue Book NANCY SCOTT

FINANCIAL REPORT

December 31, 1961

Receipts:

Receipts:	
Dues and reinstatements\$ Sale of cook books	1,145.50
Sale of blue books	224.00
Miscellaneous	411.75
Interest on savings account	204.39
Investment income - Scholarship Fund	1,372.20
Contributions:	0 575 00
Relief Fund	2,575.00
Scholarship Fund	20.00
Adele Lewis Memorial	168.00
	10,363.35
Disbursements:	1.00
Sick benefits	5 1,741.99
Graduation class dinner and	554.05
Annual luncheon in excess of per capita charges	550.80
Printing:	3,018.80
Cook books	1,220.25
Blue books	1,320.25
Annual bulletins	798.80
Convention expenses	401.75
Scholarship award	500.00
Operating expenses	1,802.66
investment	3,000.00
	\$13,689.10
Excess of disbursement over	
receipts	3,325.75
receipts Cash balance, January 1, 1961	\$13,141.02
Cash halance December 31	
1961	\$ 9,815.27

In addition to the \$3,000.00 transfer to the Relief Fund for investment, \$3,500.00 of income was transferred directly to principal by the Trustee.

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NURSES' ALUMNAE ASSOCIATION BULLETIN

April, 1962

Dear Fellow Alumnae,

Nursing is an ever young, ever changing profession. It must be gratifying for you to know that its growth is actually a product of your talents, your skills, your imagination, your dedication and your hard work, Think, for instance, of the influence Colonel Glenn's visit to space has already had on our profession.

The fact that our membership has shown a constant increase is gratifying. However, we can continue to grow stronger and bigger only through your active participation, using your capacity to acept and seek change to progress. Active members this year have seen a change by being able to vote for their officers by mail ballot.

Let's make '62 a year of vitally renewed interest as well as renewed membership.

(Mrs.) Perma E. Davis, President

ALUMNAE MEETINGS 1961

January 3, 1961

19 Members present

A recommendation was made and accepted to amend the voting procedure in the By-Laws. The exact wording of the Amendment to be formulated by the By-Laws committee.

Miss Doris Bowman announced that the N.L.N. approved the school program and we are now accredited with the National League for Nursing.

The Annual election of Alumnae officers are as follows:

First Vice-President......Mary Ann Stauffer Recording Secretary.....Janet Hindson Board of Directors......Margaret Summers, Julia Gaskill

February 7, 1961

19 Members present

Ways and Means......Mrs. Gaskill

Annual Giving to concentrate on Relief Fund. All contributions to be listed in the Bulletin by Class-Amount-Contributors.

By-Laws......Mrs. Gaskill

Amendment of voting procedure reads:

Article IV Officers

Section 3. All elected officers shall be elected by sealed ballot and shall continue in office for two years.

Article VI Standing Committees

Section 3. The Nominating Committee shall prepare a ballot consisting of two or more names of members who have consented to serve if elected, for each office to be filled. The ballot shall be presented at the November meeting. Nominations may be made from the floor. Each Active and Life members shall receive by Mail before December 10th preceding Annual meeting, a biography of each candidate and a ballot.

Article IX Voting body and Elections

Section 1. The voting body shall consist of Active and Life members of the Alumnae Association in good standing.

Section 2. Elections shall be had by vote of members qualified to vote either by casting a sealed ballot in person before 8:15 the night of the Annual meeting, or by sending it in by mail by December 31st. The outside envelope must be signed. No voting by proxy shall be permitted.

Section 3. The President shall appoint three tellers who are not candidates for office, to tabulate the ba'lots at the Annual meeting. The candidate receiving the greatest number of votes shall be elected and shall assume office immediately following the Annual meeting.

March 7, 1961

26 Members present

New members:

Carolyn Doorly, Elaine Kunzman, Beatrice Rhoda, Joan Salter, Rose Tumolo. An interesting talk on Physical Medicine was given by Mr. John Kraynak, Chief Physical Therapist of the hospital.

April 4, 1961

23 Members present

Permission granted to send cards of acknowledgment for Annual Giving.

It was recommended and accepted that the Alumnae Association contribute \$50.00 to the American Nurses Foundation.

Following the business meeting there was an interesting talk on General Hair Care by Mr. Albert.

May 2, 1961

20 Members present

New member - Joan Gasperon, 1958

September 5, 1961

17 Members present

Social — Miss Piersol

100% attendance at the Senior Dinner given by the Alumnae Association.

A recommendation was made accepted to change the wording in Section I, Article 4 of the By-Laws to read the retiring president be a member of the Board for the ensuing two years.

Octobre 3, 1961

24 Members present

Nominating — Miss Hippensteel

Ballot to be presented at the November meeting. Information on ballot will be as fol-lows: Year of Graduation — Present and Past Nursing Positions — Professional Associations —Advanced Professional Education—Past Alumnae Offices.

Ways And Means - Mrs. Gaskill

Annual Giving to date: Scholarship - \$20.00

Relief Fund - \$2,476.50

The following members were selected as delegates and alternates to attend the P.N.A. Convention in Pittsburgh.

> N.S.A. - Miss Piersol Alter - Miss Stauffer Education - Mrs. Davis Private Duty - Mrs. Spruance

Recommendation made and accepted to donate \$75.00 to the United Fund.

Following the Business meeting refreshments were served and a successful Auction

was held.

November 7, 1961 21 Members present

There was \$70.00 profit on the auction sale. It was recommended and accepted the money be placed in the General Fund.

Annual Giving to date:

Scholarship \$20.00 Relief Fund - \$2525.90 Scholarship form to be revised to require more information of applicant,

Three interesting and informative reports on the P.N.A. convention were given by Mrs. Davis, Miss Piersol and Mrs. Spruance.

A recommendation was made and accepted to use the \$167.00 collected for Miss Adele Lewis to purchase a painting with a plaque and be placed in the Nurses Residence.

It was recommended and accepted a special fund be established and named A. M. Lewis Memoiral Fund.

Thank You from Miss Bowman for the prizes given at Commencement.

Miss Bowman requested that the School Of Nursing Library and the Director of School of Nursing to be placed on permanent mailing list for Alumnae Bulletin so that a copy of the Bulletin may be retained each year in the school of Nursing Library. It was recom-mended and accepted to continue Readers Digest for the following members:

Mabel Boller. Frieda Wood, Bernice Collins, Ada Zimmerman.

Recording Secretary, **Janet Hindson**

SOCIAL COMMITTEE

The Social Committee has had another full year in planning some very important functions.

The largest highlight of the year '61 was our Alumnae Day on Saturday, May 7th, 1961. The Luncheon was held in the Ballroom of the Benjamin Franklin Hotel. There were 418 present. There were three nurses present who were celebrating their 50th annivesary. Corsages were given to each one.

A dinner for the graduating class of 1961 was held on Tuesday, May 16th. 1961 at the John Bartram Hotel. There were 100% in attendance. Each were given an application for membership and a copy of the By-Laws.

On Thursday, October 3rd, 1961, we had a very profitable Auction Sale, held in the Nurses Residence. Following and during the Auction Sale coffee and cookies were served. The proceeds from the Auction Sale, which was \$70.00, was placed in the General Fund.

A very enjoyable Christmas Party and Buffet Supper was held at the Nurses Resi-dence on Tuesday, December 5th, 1961. Each one received a gift from Santa Claus. Miss Mary Ann Stauffer was our jolly Santa Claus. There were 58 present.

Please make an effort to attend the Annual Alumnae Luncheon on the First Saturday in May.

The committee wishes to thank all the Alumnae members for their continued support and cooperation displayed by their attendance at these functions.

> Betty Piersol, Chairman. Margaret Summers, Co-chairman.

THE CLARA MELVILLE SCHOLARSHIP FUND ANNUAL REPORT 1961

Presented to the Alumnae Association on January 9, 1962

Since 1948 when the first scholarship was awarded, a total of \$4700.00 has been granted to thirteen Alumnae pursuing nursing education. During the calendar year 1961, no scholarships were awarded .

There are three applications which have been submitted in the last two months, but only one of the applicants fulfills all requirements at this time. According to the By-Laws, these applications are to be considered by the Scholarship Committee in April and recommendations made to the membership in May.

The interest received on the scholarship investment amounted to \$1331.00 in 1961. The investment totals \$21,000.00.

ANNA KUBA. Chairman CATHERINE T. BETZ CATHERINE G. PAINE

WAYS AND MEANS COMMITTEE REPORT 1961

In March of 1961 a letter was mailed to the graduates explaining the Annual Giving Drive, and that the money received would be directed toward the Relief Fund. The response from 320 graduates and members to January 9, 1962 is as follows:

\$2559.50 Relief Fund 20.00 Scholarship Fund

\$2579.50 Total

Last years totals as of March 1, 1961 — \$2538.00 (312 contributors) This years drive is ahead \$41.50.

COOK BOOK REPORT

Last spring a slip was enclosed in the Annual Giving Appeal letter advertising our cookbook.

Since October Approximately 200 letters were sent to members of the Womens Board, and Approximately 500 letters to the Faculty Wives; also 2500 letters were sent out to graduates of our school of nursing. 80 books were sold.

We received publicity through the Philadelphia Inquirer and the Evening Bulletin. 7 books were sold through these channels. A total of 87 books have been sold since the fall drive began. My records show that 512 books have been sold to date. The remaining books are stored in our alumnae room and the office where I work.

The printing for the above letters was done by Greathead & Woodruff and by the printing department in the hospital.

Respectfully submitted,

JULIA TYLER, GASKILL, Chairman

BULLETIN COMMITTEE

Dear Alumnae,

We wish to thank all of you for your kind responses to make the bulletin news-worthy.

Please write and let us know what you are doing.

Sincerely,

CHRISTINA RODGERS, Chairman

PRIVATE DUTY NURSES' SECTION

The number of members of the Private Duty Section of the Alumnae is decreasing. Young graduates fail to join our group, either entering other fields of nursing or joining an outside registry that appears to have "grener pastures".

We will strive to continue to carry on nursing care in the true and proper Jefferson manner. A small group—kept busy—usually is much in demand, but frequently the unjust object of criticism when hospital routine is upset.

CATHERINE C. PRENDERGAST, Chairman

HOSPITAL REPORT AND NURSING SERVICE

Dear Alumnae:

Another year, more progres to report about the School of Nursing and Nursing Service. The reorganization of the Department of Nursing, authorized in 1958, has become a reality with the appointment of three new Department Heads during the past year.

Miss Doris E. Bowman occupies the position of Director of the School of Nursing, and is responsible for the student program, the students, Faculty, and the Nurses' Residence Staff. In October 1961, Miss Elizabeth Sweeney, graduate of Abington Memorial Hospital, was appointed to the position of Director of Nursing Service. She is responsible for the graduate nurse staff and the auxiliary personnel who give patient care in all areas except the Operating Rooms. In November, Miss Mary J. Evans, graduate of Ohio State University School of Nursing, assumed her duties as Director of the Operating Rooms. In this position, she is responsible for all personnel in the Operating Rooms.

The Department of Nursing has acquired new offices and now ocupies all of the space from the main corridor on the first floor of the Thompson Building back to the street separating the College and the Hospital. The Administrative Offices of the School of Nursing have been moved to the newly renovated area next to the main corridor, and Nursing Service Administration is situated in the offices formerly occupied by the two departments. The Private Duty Registry office is located on the main corridor, next to the Volunteer Service Office. The Nurses' Alumnae files are kept in this office.

This physical division of the Department has resulted in improved communications and a smoother operation.

In February 1961, the last February class to enter the School of Nursing completed its program. All of the nine graduates accepted positions on the staff and all passed their State Board Examinations with high scores. The School now accepts only one class each year.

Graduation exercises were held at the Sheraton Hotel for the February Class and for the sixty-six membrs of the September section. Dr. Frank Braceland, a graduate of Jefferson Medical College, and now Psychiatrist-in-Chief of The Institute of Living, Hartford, Connecticut, high-lighted the occasion with an excellent address.

One hundred and three students were admitted to the School of Nursing in September 1961. The 1962 Class will add another one hundred and twenty to the enrollment, bringing the total student body to three hundred and eleven. When all new faculty positions are filled, this Class may be increased in number.

The Student Nurses' Residence continues to be a source of joy. The students have had many parties, and have invited students from other schools to participate in activities in the Residence. They, too, are impressed with the student housing accommodations. Through the interest and generosity of the Student Residence Committee of the Women's Board, the lounge has been redecorated and presents a bright new look to the decor.

The students' report of their activities will show that they are very busy young ladies with broad interests.

The Board of Trustees and the Hospital Administration have shown their keen interest in the welfare of the nursing staff which in turn promotes good patient care, by their approval of improved personnel policies. As a result, the turnover rate has decreased.

In July 1961, the United States Department of State approved our application to amend our Exchange Visitor Number to include graduate nurse education. However, because of the large number of our own graduates who wish to work on the staff, we were not able to start the program until January of this year. The first group of nurses from the Philippine Islands arrived in January to participate in our work-learn program. The second group started in March, and another will begin the program in May. The first and second groups are enrolled in the Medical-Surgical Program, coordinated and ably taught by Miss Betty Piersol and Miss Lorraine Roche. Five of the May section will be enrolled in classes devoted to Operating Room Technics conducted by Miss Evans and Mrs. Mamie Polite Peace, Operating Room Supervisor.

The program is proving of mutual advantage — the Filipino nurses are benefiting from the teaching and broad clinical program provided by Jefferson, and work experience at a salary comparable to that of our staff nurses, and our staff and patients are profiting by increased nursing care hours available to the units. Another advantage to Jefferson is apparent in the kindly attitudes and the interest in their work that these nurses demonstrate. We are pleased with the program.

During the year 1961-1962, we participated in two refresher programs for graduate nurses. The first, sponsored by the Southeastern Pennsylvania League for Nursing, and the Philadelphia County Medical Society, was coordinated and taught by Miss Florence Kauffman, Miss Betty Piersol and Miss Margaret Summers. Other Departments of the hospital helped with the program. The second, coordinated and taught by Miss Piersol and Miss Summers, was offered to members of the Alumnae Association. Both programs were highly successful, and brought some graduates back into active nursing. We should be pleased to conduct another program for our own graduates if enough nurses for a class might be interested.

We are sorry to report that Dr. Ellsworth R. Browneller resigned from his position as Medical Director to assume that of Administrator at the Geisinger Memorial Medical Center in Danville, Pennsylvania. Mr. Maurice P. Coffee, Jr., has been appointed to the position of Acting Director of the Hospital, replacing Dr. Browneller. We have been and are fortunate that both Dr. Browneller and Mr. Coffee are interested in and support good nursing policies and practices. The entire Department has moved forward during the past few years.

No report would be complete without informing you of still further physical changes in our hospital. In June 1961, the Barton Memorial Hospital moved to "big Jeff" and now occupies the newly renovated second floor area formerly occupied by Men's Medical and Center Wards. The former Women's Medical Ward is now an Isolation Unit of twenty beds. Also on this floor is a new student nurse classroom and Instructor-Supervisor office, and a nurses' powder room. The entire floor is bright and cheerful for both patients and staff. The Wards and Barton Committees of the Women's Board furnished the patient accommodations with modern and colorful furniture.

We are all proud of the new Jefferson and its many accomplishments and hope that each of you will want to visit us and see the changes for yourselves.

May I take this opportunity to thank those of you who have recruited for our School of Nursing and our Nursing Staff, those who have returned to work, either on a full or parttime basis, and those who have written us items of information about our Association. May the coming year be happy and profitable for all of you.

> Sincerely, Mabel C. Provist Assistant Director

THE STAFF NURSES' ASSOCIATION

The election of new officers for the coming year 1961-1962 was held in October with the new President Christina Rodgers, Secretary Marilyn Fritts, Jane P. Ryan Treasurer.

The monthly educational program with the able chairmanship of Miss E. Hippensteel provided the staff nurses with a series of pharmacology lectures presented by the Department of Pharmacy.

A Christmas Tea was held in the Board Room December 13, 1961 for the exchange of Christmas greetings from the Staff Nurses to the Staff physicians. All the physicians and their associates were invited. Miss Piersol and Miss Summer helped to make it a huge success.

The new year found the nurses welcoming our new nurses from the Philippines.

Miss Sweeney spoke to the staff nurses in February and March explaining the need for an increase in membership to the American Nurses Association. She stress the need for unity among a professional group and the opportunities which can result from a large participation.

The Staff Nurses Association at Jefferson is primarily for a closer unity of all its members to strengthen our standards and improve our care to the patient; thus having the hospital give the best nursing care available.

Christina Rodgers, President

FEDERAL NURSING SERVICE

An Annual Award was given to a member of our Alumnae for 1961 to Lieutenant Harriet H. Werley Class of 1945. Lieut. Colonel Werley is Chief, Department of Nursing Walter Reed Army Institute of Research, Walter Reed Army Medical Center, Washington, D.C. Her esay is entitled "Promoting the Research Dimension in the Practice of Nursing."

The following is a summary of Miss Werley's esay through the kind permission of Colonel Robert Bitner Editor Military Medicine a monthly publication. Colonel Werley's essay was printed in the March issue of its publication.

P.S.

A picture of Colonel Werley's receiving her award will be framed and hung in the Alumnae Room.

PROMOTING THE RESEARCH DIMENSION IN THE PRACTICE OF NURSING

Through The Establishment and Development of A Department of Nursing In An Institute of Research

An essay submitted for the Federal Nursing Service Award,

*Chief, Division of Nursing, Walter Reed Army Institute of Research, Washington, D.C.

By LIEUTENANT COLONEL HARRIET WERLEY, Army Nurse Corps*

IT IS axiomatic that progress in the professions requires that they rest soundly on the triad of reasearch—education—practice. This is no less true for nursing than it is for medicine, dentistry, veterinary medicine, engineering law, and the other professions. This is a point which must, and is, receiving serious attention by both medicine and nursing so that these two complmentary and "colleague" professions may progress together. Planning must assure an appropriate balance of the triad of research—education—practice, even in the face of pressures from the following: (1) the increasing demands for nursing services because of population growth; (2) the changing role of the hospital from that of an institution solely for the care of the sick to that of a health center encompassing both the curative and preventive, or positive health, aspects; (3) the expansion of areas or fields of practice open to nurses, and (4) the concomitant need for more teachers of nursing and more graduates. It isthrough emphasis on the research dimension that the effectiveness of nursing care and nursing services to the patient may be enchanced. And, as a noted sociologist has stated, "... we must recognize that a profession is committed to the task of enlarging the body of knowledge that it applies to the problems and troubles with which it deals. A prefession not rooted in systematic knowledge is a self-contradiction, a myth rather than a reality."

Of importance at this stage of nursing's efforts to stimulate and promote research in nursing and active, knowledge interdisciplinary participation in general medical care research is the creation of situations in which potential research nurses may be placed. Only through the opportunity to function in research situations may nurses decide for themselves whether they are interested in and suited for research in the clinical practice of nursing. It is the purpose of this paper to describe in a narrative fashion the evolvement and development of a Department of Nursing at the Walter Reed Army Institute of Research, long known for its contributions to research in medicine, dentistry, veterinary medicine and allied sciences.

Frame of Reference

The concept of research in nursing is not new. In fact, the founder of modern nursing, Florence Nightingale, was a research expert and statistician of the first order. It was she who persuaded one of her influential English friends to establish the first endowned chair of statistics in a university, and reports of some of her studies, reflecting many areas of interest, are today considered classics.

Since the research dimension is the focal point of interest here, several persons' descriptions of research seem appropriate. The first two simply are: research is "the systematic investigation of problems" or research is "a planned or systematic effort, or series of activities to answer a question." Two words contained in these two definitions are the crux of the research endeavor; these words are systematic and question. By systematic is meant that research must begin with a clearly defined problem and with definitely drawn objectives. Everyone must know precisely what the investigator proposes to study and what he or she hopes to accomplish by a study. As relates to the question, the researcher must have the question which he or she desperately wants to answer, and the question must be of the type that is researchable. The wording of the question actually gives direction to the research. One of nursing's supporters adds another element necessary to distinguish research, namely: the motivating factor. This he explains by saying, "... the research worker must be desirous of learning new ideas, new points, new theories, new facts, and possess the willingness to accept them." He summarizes this by saying, "... in order to do research one must have a burning yearning for learning and not a burning yearning for earning."

One could not be present in the Institute of Research very long without becoming aware of the implications for nursing in the numerous areas where medical and basic science research was being conducted. Why wasn't nursing participating? Why weren't nurses being prepared for research so they might participate more completely as members of an interdisciplinary team? Why wasn't nursing studying its practice systematically as the other disciplines were doing? Why, since doctors and nurses traditionally have worked together in the interest of patient care, did we have to wait until 1955, or 62 years after the establishment of the Institute, before an Army Nurse Corps officer was assigned to full-time duty in the Institute itself to not only carry on her assigned departmental duty but also to view possibilities of planning and developing nursing's role in a research—education—service institution?

Nursing Research Projects Conducted or in Progress

The nursing projects pursued to date cut across four broad general types of research ranging from the simple to the complex. The types included are: simple survey, cases study, comparative case analysis and experimental. The approaches, problems encountered, and progress in these differing types of projects are shared by the nurse officers of the Department through the media of protocol sessions, seminars, and staff meetings thus making it possi ble for staff members to learn from one another. Possibly one of the greatest gains from these early projects is to provide nurses with an opportunity for actual involvement in the research processes or vicarious learning experience as work on the various studies is shared.

The following are brief reports of the research projects which appear listed on the authorized research and development program of the Institute of Research.

(1) Nursing Measures of Oral and Nasal Hygiene. This study, employing the case study method, was limited to patients with acute renal failure because stomatitis is frequently a complication. The assumptions on which this project was based were: (a) nursing care is therapeutic, and (b) stomatitis is not caused by renal failure but is a complication which frequently develops concomitantly with the symptoms of uremia. Believing that nursing care, founded on scientific principles and experimentation could prevent or alleviate the stomatitis, the study was initiated to accomplish two thing: (a) to describe the oral condition in acute renal failure as seen by the nurse practitioner and (b) to identify the nursing principles of of oral hygiene to be followed in this disease.

Based on criteria established for admission to the study, 11 of the 14 patients seen constituted the study population. Appropriate data-collecting instruments were devised to assure systematic, complete and accurate reporting. In addition to diagrammatic and word description of the size and location of any oral changes, color photography was employed for corroborative purposes. Effects of various procedures and materials, and time and ease of administration were compared in providing oral care.

Uremic stomatitis did not develop in the limited number of patients included in the study. Miriam Ginsberg found little if any difference between the various procedures, materials, and time of oral hygiene nursing care, but observed that omission of care for even a short period of time markedly reduced the value of past care. She indentified several nursing principles as guides for the nurse in determining a patient's needs for oral hygiene nursing measures.

There were several outgrowths of this study. One is a comfort measure which was devised to combat the intense thirst of patients in the early phases of renal failure. This comfort measure, in the form of an internally cooled metal disc, has been tested on patients several times and mechanical improvements are being made as indicated following each test.

Another outgrowth of this study came about as a result of a survey designed to learn what methods of routine mouth care nurses traditionally employ and why. This led to the initiation of a laboratory project to study the merits, effects or therapeutic value of various solutions on the oral mucosa—the substance of the next project, conducted in conjunction with the Division of Dentistry.

JEFFERSON NURSES' ALUMNAE BULLETIN

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(2) Nursing Therapy and Procedures in the Treatment of Induced Oral Lesions and Manifestations. This is an experimental study of the effects of solution or lubricants traditionally used by nurses in giving oral care to patients with non-specific oral disease. Experimental lesions were induced by x-radiation of the buccal area of guinea pigs. The local treatment procedures evaluated are glycerin, ascorbic acid, mineral oil, akaline aromatic mouth wash, normal saline and hydrogen dioxide. In addition to a local irrigation three of the four experimental series received systemic treatment consisting of an intraperitoneal injection of streptomycin, ascorbic acid or a combination of the two. From the fifth to the twenty-third day post-radiation the animals were sacrificed and the buccal tissue was taken for histological examination. Analysis of data and histological studies are not yet completed.

(3) Nursing Measures Which Contribute to Development, Prevention, Care and Treatment of Pressure Areas and Decubiti. The comparative case analysis method is employed to study the effectiveness of various nursing measures on decubitus ulcers and pressure areas. Over a two-year period 52 patients have been included in the study. Data-collecting instruments consist of a criterion measure used to record in detail the progress of the decubitus ulcer, a nursing check-list for recording detailed pertinent patient information, and color photography to illustrate progress of healing of the ulcer. Patient observations are made weekly. In order that more objective comparisons may be made, patients are divided into age groups and into gross diagnostic categories. Nursing plans of care are evaluated systematically for effectiveness of the therapeutic measures, comfort to the patient and ease of administration.

Collection of data in the clinical investigation will be continued until larger numbers of patients are included in the study. Phyllis J. Verhonick reported preliminary findings of one protocol in which granulated sugar and a solution of 50% glucose were dramatically effective with 10 patients in the first year of the study.

In conjunction with the Division of Bio-chemistry a laboratory investigation was completed to study the effect of molar concentrations of sucrose on mitochondrial respiration in an attempt to explain the effectiveness of glucose and sucrose in decubitus ulcer healing. Other laboratory studies will be accomplished as indicated to arrive at basic principles uncerlying theraputic nursing measures.

(4) Indentification of Principles of Nursing Care Underlying Taking Oral Temperature. This was an exprimental study to test the variables which may influence oral temperature readings. The hypotheses tested were that cigarette smoking, gum chewing and ingestion of hot or cold liquids do not make a significant difference in the degree of oral temperatures in afebrile and in febrile patients. Through analysis of variance tests of significance Phyllis Verhonick found that cigarette smoking and gum chewing do not make a significant difference in the degree of oral temperature in afebrile patients, but ingestion of hot and cold liquids by afebrile patients does make a difference in the degree of oral temperature at the 0.05 level of significance. The findings in regard to cigarette smoking and gum chewing contradict published results of previous investigators. The findings in her research may be attributed to the experimental design in which experimental and control groups were used. In studies previously done subjects were used as their own controls.

Significant differences were shown in oral temperature readings of febrile patients, which may be attributed to the alteration of the experimental design. Febrile patients were used as their own controls because the existence of fever had different causes and control groups could not be designated.

On the basis of the experimental findings four principles were formulated as guides for nurse practitioners when taking oral temperatures of afebrile patients.

(5) Influence of Bed Bath Procedures on Skin Conditions. This in an experimental study to est the hypothesis that the use of a specific nonionic emulsifier used in giving complete or partial bed baths does not make a significant difference in the skin condition of selected patients. One-half of the body is bathed with soap and water (control) and the other half is bathed with a specific nonionic emulsifier and water (experimental). The double-blind approach is used to make independent observations of roughnes and scaliness on the experimental and control portions of the body.

Epithelium is stripped from the skin by placing cellulose tape on the lateral surfaces of the ankles on the control and experimental sides three times during the 21-day period of the study. The strippings are exposed to a densitometer for an objective reading of the amount of epithelium. This is an on-going study which will be continued until a larger number of patients are included.

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In addition to the nursing projects described above several others are being worked on intermittently as workload and staffing permit. These projects are at various stages of the exploratory phase, or in the feasibility stage, prior to submission of project proposal for approval. The scope of these projects is broader but they are focused more specifically on nursing in the military setting or pertain to matters of military significance.

EVOLVEMENT AND IMPLEMENTATION OF A CLINICAL PRACTITIONER RESEARCH NURSE PROGRAM

To help move us along in matters of developing young clinical practitioner—research nurses who may stride along as full-fledged professional members of the Army Medical Service teams which are advancing practice in the military, we are looking toward initiation, this fall, of a 40-week program entitled "Military Nursing Practice and Research."

SUMMARY AND CONCLUSIONS

From this small beginning, then, in a research situation unique in nursing, it is believed that a small core of research nurses will be developed to cope with research—teaching—practice responsibilities. Some of the required special preparation, obtained through experience in the Institute of Research and through this program, will enable personnel to become facile with research design and methodology. Some of the officers who demonstrate special aptitude for work and contributions in the research field may go on to universities for further graduate study. If we wish to have nursing stride along in unison with the other disciplines as progress in the medical sciences and medical practice is made, provision for personnel development through special preparation is most essential.

As discused with us at the Nursing Research Conference in 1959 by Colonel Huber, we will gain nothing by the floundering of pseudo-investigators. He believes that by the development and achievement of one single great investigator more solid progress can be achieved than through the floundering of a hundred uninspired or uninterested individuals. He stated that until that hard core of elite investigators are found and are productive, nursing will experience difficulties in attracting young, highly motivated and dedicated nurses to research activities.

Properly prepared personnel will eventually develop operational definitions and criterion-measures needed for research in nursing care. As members of teams they will be able to contribute to the definition of problems in terms broad enough to involve the interest of the nursing discipline and in respect to the pertinent hypotheses of that discipline. They will be capable of working on the team, contributing to the over-all project and possibly at the same time be testing the hypothesis related to nursing or describing the situation in the interest of nursing. This will facilitate forward movement in the quality and amount of patient care, research. This is in keeping with The Surgeon General's belief in, and support of, research as a fundamental responsibility of the Army Medical Service.

Aside from studies which members of this research nucleus will conduct independently and collaboratively with members of the other medical disciplines at their respective stations, competent research nurse personnel will become available for assignment to the Army Medical Service research teams which frequently are sent to investigate medical problems of military significance elsewhere around the globe both in peace and war. In this way nursing aspects of the problems too will be studied and new knowledge will accrue for application to both military and civilian nursing practice.

REPORT OF STUDENT COUNCIL ACTIVITIES

Phyllis S. Sutthill President 1961 - 62

The following article is designated to briefly sumarize the activities occuring within the Student Council of Jefferson Medical College Hospital School of Nursing for the sixtyone, sixty-two term of office. The present officers of Student Council are: President, Miss Suthill; Vice President, Miss Reese; Secretary, Miss Haines; Treasuere, Miss David; Student Nurses Association of Penna. Chairman, Miss Julius; Social Chairman, Miss Weiss; House President, Miss Kurzen.

To begin the year all freshmen students were orientated to the functions of SNAP, Resident rules and regulations, and the constitution of student council by the respective head of each organization. Miss Kurzen established an organized proctor system. This system furnished each proctor team with a mimeographed list of the various areas on each floor to be checked nitely.

The compiled list is turned in at the completion of the four week assignment.

Miss Blumberg was placed in charge of the Newspaper Club. A sum of money was donated by Student Council to aid the club in beginning a successful year.

Student Council sponsored attendence of three girles to the state SNAP convention held at the Pick-Roosevelt Hotel in Harrisburg. The girls participating were: Miss Julius, Miss Greenwood, and Miss Collins.

Miss Sutthill attended a future student nurse raly at the Woodrow Wilson High School representing Jefferson.

In December student council in the true spirit of Christmas called upon the student body to fill baskets for the needy families. This was accomplished under the able leadership of Miss Weiss and with the assistance of the hospital Social Service.

The Newspaper Club held a very successful mixer early in December again raising funds to carry on more activity.

The student body atended and enjoyed the Christmas party given for their benefit by the faculty. It was thoroughly enjoyed and appreciated by all.

The Social Committee held a mixer in January to raise funds for a spring dinner dance.

A mock SNAP convention was held at Albert Einstein Hospital in February. Five students from the freshman class participated in the talent show held at that time.

The SNAP meeting for area one was held in March in McClellan Hall of the college. Refreshments were provided in the recreation room of the residence following the meeting.

The Newspaper Club recently presented the Miss Jefferson contest held in the residence. The program was similar to the Miss America pagent. The judges were composed of faculty members and hospital staff nurses. Each contestant was judged on poise, appearance in uniform clinical performance, scholastic aptitude and personality. The winner from the second year class was Miss Maguire. It is hoped that this contest will perpetuate annually stimulating each student to be an ideal nurse.

The student council will be presenting a minstrel, Showboat on April 12th and 13th in McClellan Hall. The organization of this show was placed in the capable hands of Miss Julius who has chosen various chairmen in specialized fields. Rehearsals are being conducted triweekly by Miss Weiss, musical director; and Miss Welsko, show director. It is hoped that this program will be successful in creating a more complete student unity by combining the efforts of all classes.

The social committee is planning a dinner dance to be held at Kuglers on April 28th. Students attending the dinner will supply their own funds. The hospital is providing funds for the dance. There is much enthusiasm from the student body and a successful evening is expected.

The social committee will also be responsible for planning a student faculty picnic in the late spring.

Nominations will be held this month for one girl from each class to attend the National Student Nurses Association Convention in Detroit, Michigan.

The Student Council is an active organization at Jefferson and through the course of years has done much to improve student unity and to provide an opportunity for many girls to exhibit their leadership qualities. It is my hope, as president, that this organization will continue at its high level of development and wit heach succeding class be met with the same enthusiasm, building a stronger unity of students and a greater realization of its ncessity for harmonious living.

We appreciate the interest and loyal support of the Jefferson Medical College Hospital School of Nursing Alumnae Association. Many of our activities would not have been possible without this interest and support.

MEDICAL WORK IN GHANA

Sister M. de Montfort Kershbaumer, R.N., (class of '48)

Daughter of Mrs. Rose Kershbaumer of Hazelton, Pa., received her R.N. from Jefferson Medical College School of Nursing in 1948. Before entering the Medical Mission Sisters whose headquarters are in Fox Chase, she was on the staff at both Jefferson Hospital and Graduate Hospital, University of Pennsylvania. 14

In 1954 after completing her religious training, Sister M. de Montfort was assigned to Holy Family Hospital, Berekum, Ghana. Two hundred and fifty miles inland from the South-Atlantic-swept coast, deep in the cocoa-growing forest region, Holy Family Hospital was a real "bush" center. Its 100 beds serve the 6000 villagers of Berekum and also the many sick and poor in the scattered surrounding villages.

Tropical medicine, daily contact with malaria, typhoid fever, filiariasis, yaws, leprosy, and parasites of many descriptions challenged Sister M. de Montfort from the start. Also, a new people and language, climate and diet, had to be met and adjusted to. In time, this all became part of every day life, so much so that now it is the United States that presents new adjustments!

In 1960, Sister moved another 40 miles inland to join the staff of Holy Family Hospital in Techiman. Until last month, the hospital depended on rain water in the wet season for drinking, washing, bathing, scrubbing, as well as for supplying the operating room and pharmacy. In the dry season, three hours of back-breaking work were spent daily by a full hospital crew hauling water from the river. Under Sister M. de Montfort's supervision, last month a Bore-Well was drilled on the hospital grounds. Today, it is supplying 900 gallons of water an hour, ample for the needs of the hospital and staff.

Sister M de Montfort will leave the Philadelphia area shortly for Santa Fe, New Mexico, to enroll in the School for Nurse-Midwives conducted there by the Medical Mission Sisters.

The Medical Mission Sisters staff two general hospitals and a leprosarium in Ghana, as well as a chain of hospitals and medical centers in India, Pakistan, South America and South Vietnam. The Sisters are professionally trained as doctors, nurses pharmacists, technicians, administrators, etc. to bring modern medicine to those parts of the world where the need is greatest.

MISS LEWIS DIES: Devoted Nurse

Jefferson lost one of its most devoted, faithful, and long service nurses October 13 when Miss Adele M. Lewis, R.N., died in our Medical Center. She was 72 and had served here, mostly in supervisory capacities, since 1918—except for the period 1920—24.

An alumna of the Jefferson Medical College Hospital School of Nursing, class of 1914, she served as assistant superintendent of the Millville (N. J.) Hospital, 1914-17. When the U.S.A. entered World War I, Miss Lewis joined the Jefferson Hospital Unit and served overseas as an Army Corps nurse.

When the war ended, she came back to Jefferson, and except for the period mentioned, was always in its service. On December 7, 1960, she, was honored at a special retirement recognition event in the Hospital Board Room, sponsored by the Staff Nurses Organization.

But this dedicated nurse could not stand the tedium of retirement and returned to Nursing, this time, in the Curtis Clinic under Miss Frances Grove, R.N.

Miss Lewis was admitted September 18 to the hospital she had served so loyally, and as one long-time friend remarked, "without any regard for time or the end of her tour."

ADELE M. LEWIS FUND

A Memorial has been established by the Jefferson Nurses Alumnae Association.

A painting with a plaque will be placed in the Nurses Residence with donations received on or before September, 1962.

Contributions may be made in care of the A. M. Lewis Memorial Fund c/o Jefferson Nurses Alumnae Association, 11th and Walnut Streets, Philadelphia, Pa.

Committee

EVELYN DUTE MARY ANN STAUFFER MARRIAGES

Marie Rose (Longworth) Kostello, 1959 Linda (Doll) Eppley, 1958 Mildred (Murray) Kline, 1955 Bette (Reaver) Light, 1960 Connie (Staley) Lesk, 1958 Carolyn (Cottringer) Kong, 1959 Margaret (Faust) Keates, 1952 Doris (Jones) Schecter, 1942 Sara Ellen (Little) Danyo, 1959 Loretta Lane (Davis) Cunningham, 1961 Sarah (Melissa) Horley, 1960 Anne (Major) Jones, 1959 Louise (Williams))Dunn, 1958 Darlene (Stoudt), 1958 Edna (Lockwood) Hneleski, 1958 Beverly (Hoffman) Vart, 1961 Shirley (Keller) Michael, 1961 Marjorie (Ross) Berrier, 1961 Elizabeth (Smigelski) Bready, 1961 Patricia (Caldwell) Turnbull, 1961 Lorretta (Ostroski) Dempsey, 1960 Dolores (Quinn) Atkinson, 1958

NEW ARRIVALS

Mulveena (Kovarie) Baldauf (Boy) Gertrude (Hung) Chang .1956 (Boy) Betty (Yost) Zehner .1946 (Girl) Aileen (Hickley) Wapner .1954 (Girl) Christine (Morrison) Blasius ...1954 (Boy) Barbara (Barrett) Borkowski .. 1958 (Girl) Bernadine (Tickly) Gashaw ...1958 (Boy) Joan (Mosley) Pesce .1958 (Girl) Barbara (Lynch) Hummer .1954 (Boy) Margaret (Schwechler) Kane .1957 (Boy)

1957 Margaret (Milotich) Martin (Bov) Class 1959 Nancy (Knoll) Viereck (Boy) Helen (Fetsko) Besecker 1954 (Girl) 1957 Betty (Hassenplug) Graham (Girl) .1942 Virginia (Lutz) Spalding (Boy) 1949 Marie (Beloff) Batten (Girl) .1958 Barbara (Wilson) Kelso (Boy) Betty (Rockefellow) Laird .1959 (Girl) Beverly Ann (De Teurk) Wentz .. .1960 (Boy) Rita (Mishofski) Curfmas (Boy)

NECROLOGY

Grace Wrights, Class 1923 Patricia A. McKelvey, 1948 Adele Lewis, 1915 Peggy (Waite) Lazar, 1955 Marian (MacAdam) Thomson, 1913

Dr. Mary (Brooke) St. Clair, 1899 Caddoe Gail (Huey) Fleming, 1917 Catherine (Newcomer) Foreman, 1949 Mary Ann Jamison, 1903 1913 Bessie (Hazel) Gamble, 1910 Hazel (Reed) Naffin, 1923

ANNUAL GIVING FUND DRIVE

We are very grateful to all of the following loyal and devoted alumnae who contributed \$2,589.50 to our 1961 Anual Giving Fund Drive. We congratulate all the contributing classes. The Class of 1951 gave the largest gift with the most members participating. The Clas of 1921 was Second. The Class of 1926 was third.

We wish to express our thanks for your gifts and continuing interest.

Ways and Means Committee

1900 - 1910 10 gifts - \$275.00

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1900 Mabel Croft Harley

00/

16

1904 Mary Richards Ginder Ellen Simmons Welsh

1906 Florence E. Carnahan

1908 Nora E. Shoemaker

1909 Mary M. Hickman Helen L. Rohde Daisy Strunk Rumbaugh

1910 Jesie Scudder Fisher Dorothy Rehm

1911 - 1915 14 gifts - \$267.00

1911 Minnie O. Adams Elsie M. Casperson Elizabeth D. Jones

1912 Bessie Stalford 1913 Sarah R. Bergey Anna Schwab Mae Emmert Seibert

00 .

2000

1914 Mabel Grace Boller Rose McNulty Graham Effie B. Herring Nelle G. Hill

1915 Elizabeth Heaton Adele M. Lewis Mattie Allen Turner

1916 — 1920 9 gifts — \$64.00 \$10.00 Scholarship

1916 Viola R. Comsick Mary Heverly Moore

1917 Ethel Faust Frances M. Grove Marion S. Lauffer

1919 Hatt'e Williams Book Nora B. Dwyer 1920 Blanche Neifert Nora L. uufall

JEFFERSON NURSES' ALUMNAE BULLETIN

1921 13 gifts - \$176.00

Nellie D. Crandall Emma Gillespie Frigar Jennie E. Kutz Almira Rhule Kutz Ethyl S. Maul Elizabeth Garver Miller Frances Clendenin Platt Ruth Purinton Verna Keller Roberts Katherine Purcell Smock Della P. Speidel Henrietta Fitzgerald Spruance Jennetta Wolf

1922 - 1923 3 gifts - \$30.00

1922 Jessie Neibert Walker 1923 Ruth Roberts Pearl Moser Shappell

1924

7 gifts - \$50.00

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1925 3 gifts — \$20.00

Anna L. Bratton Nora S. Fry Clara I. Luchsinger

1926 21 gifts – \$149.00

Mary Bonenberger Mary C. Breth Marion Radir Buchanen Elsie Doron Chase Blanche Anthony Chedester Ruth Smith Davis Josephine Miles Dickerson Isabel Fowler Diezel Elizabeth Howard Farmer Ruth Fisher Laura Deitrich Gross Agnes Getz Milham Mary Lanks Peterson Mary L. Roller Ernestine G. Rowe Adele Gustitis Ruppersberg Lucille Bryon Spangler Eleanor Finn Stewart Pauline Wall Still Freida G. Wood Marjorie Workinger

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Anna Willims Candler Nora Shoemaker Ehrig Jane M. Ezell Blanche M. Henderson Mabel P. Nutter Florence B. Williams

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1930 5 gifts - \$40.00

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1931 29 gifts - \$130.00

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Anita Bryn Eisner Isabelle Williams Snedaker

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8

1947 2 gifts - \$7.00

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Nancu Katherman Kohut Dorothy Dewes LaSasso lean Laliberte Ida Joanne Eberly Loose Marilun Sparrow Marshall Mary Kate Weber Morgan Norma Jones Murray Marion Hoffman Narbuth Louise Simonson O'Neill Maru Barkley Paxson Ida Jane Snook Liebmann lanet Harrington Melvin Marion J. Ramp Elizabtth Moll Robbins Mary Bond Romig Ruth Young Roth Martha Hackett Santoro Isabel Smith Shaw Catherine uug Souders Bettie Laws Taylor Jeanne Binns Smith Nancy Thompson Nancy Kostenbauder Tibbins D'Etta Hoke Tracey Patricia Shotmaker Verbinski lanet Withka Warden Florence Thorp Williams Patricia uarella

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JEFFERSON NURSES' ALUMNAE BULLETIN

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Elizabeth Melville Margaret Melville

PLEASE NOTE

Jefferson graduates and friends—Look—Cook—and enjoy the Favorite Receipes published by the Jefferson Nurses Alumnae Association. Order your Cook Book now, at the Send your order to Julia Gaskill, Cook Book Committee, Nurses' Alumnae Associa-

cost of \$4.00 per copy.

tion, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.

*Correction on page 49. The John Ruzzeth or "Slum Gullion" recipe requires one tbsp. of crisco not one lb.

The 1960 revision of The Alumnae Blue Book may be purchased at the cost of \$2.00 per copy.

Send your order to Nancy Scott, Blue Book Committee, Nurses' Alumnae Association, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.

Jefferson caps may be purchased at C. D. Williams and Company, 246 South 11th Streets, Philadelphia 7, Pa. Cost per cap is \$.55.

Indentification necessary to make purchase.

Jefferson pins may be purchased at J. E. Caldwell and Company, Chestnut and Juniniper Streets, Philadelphia, Pa. Cost per pin is \$9.34.

Indentification may be obtained from Miss Mabel Prevost, Assistant Director, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.

PLEASE NOTE

The ALUMNAE BULLETIN will be sent to members only. Non-members may obtain these upon request, at the cost of \$1.00 per copy. Order your Bulletin by April 1st.

JOIN YOUR ALUMNAE ASSOCIATION

USE YOUR MAIDEN NAME

Whenever you have occasion to write your Alumnae, PLEASE use your first name, maiden name then your married name plus the year you graduated.

Example: Jean Lawrence Monroe, 1940

Mrs. Harold Monroe makes it very difficult for us to locate you in our files.

Thank you.

PLEASE CHANGE MY ADDRESS

Name as when graduated
if married husband's name in full
Former address (Street and No.)
City
New Address (Street and No.)
Class

Send to Perma Davis, Nurses' Alumnae Association, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa. NOTES

NOTES

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