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# Nurses' Alumnae Association Bulletin, April 1961

Vivian I. Moyer

**Margaret Summers** 

**Betty Piersol** 

Anna Kuba

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# Authors

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# Nurses' Alumnae Association









School of Mursing of the Jefferson Medical College Hospital



ALUMNAE DAY FIRST SATURDAY IN MAY EVERY YEAR

#### JEFFERSON NURSES' ALUMNAE ASSOCIATION BULLETIN

#### PUBLISHED ANNUALLY

#### OFFICERS

President ......VIVIAN MOYER First V.-P. .....MARY ANN STAUFFER Second Vice-Pres. ....JULIA KENNEDY Secretary .....JANET HINDSON Treasurer .....ALMA MILLER

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By-Laws JULIA GASKILL, Chairman

Blue Book NANCY SCOTT, Chairman

FINANCIA	R	EPO	ORT
December	31	. 1	960

#### Receipts:

Receipts.	
Dues and reinstatements\$ Interest on savings account Miscellaneous	4,315,50 381.95 1,455.45
Contributions:	
Relief Fund Nurses Home Fund Scholarship Fund	2,514.50 92.00 5.00
Bequest-Ella Shoemaker estate	500.00
Disbursements—expenses	5 9.264.40 7,183.68
Cash balance, January 1, 1960	5 2,080.72 11,060.30

Cash balance, December 31, 1960 \$\$13,141.02

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# NURSES' ALUMNAE ASSOCIATION BULLETIN

April, 1961

Dear Alumnae.

The world is moving at a rapid pace. Man seems to be conquering outer space and an astronaut will soon be in orbit.

Not to be outdone, the faithful and devoted workers at your association headquarters have been whirling too — spurred on always by the spirit and substance of your support.

I hope you will enjoy reading and proudly note the activities of The Association, School of Nursing and Hospital.

As a retiring officer, I humbly Thank the Officers, Committee Chairmen, Committee Members, Board of Directors and faithful attendees at meetings, without whose tremendous help I could not have served as your President.

Sincerely yours,

Vivian I. Moyer, President

#### **ALUMNAE MEETINGS 1960**

January 5, 1960

34 Members present

Annual election of officers was held

The proposed By-Laws were read by the Committee chairman, Julia Gaskill. Each article and section was read individually and discussed. The proposed By-Laws were adopted.

#### February 2, 1960

41 Members present

The following recommendations were accepted by the group:

1. That Mrs. Miller talk to Miss Carrol in the business office, to decide on some plan whereby Miss Carrol will know if hospitalized nurses are in good standing.

2. That Mrs. Miller have special cards printed to present to life members to use as their indentification as a member in good standing.

3. That the emphasis on the Annual Giving this year will be for the benefit of the Relief Fund.

4. That the Alumnae Association continue to have a dinner for the graduating class.

5. That all new members who join the Alumnae Hospitalization Plan be Alumnae Members and remain as such or be dropped out of the Group Hospitalization.

New Life Members. Mary B. Mullen Dorothy Rehm

March 1, 1960

75 Members present.

It was recommended and accepted that we send two delegates and one student nurse to the A.N.A. Biannual Convention in Miami, Florida in May.

Delegates were: Miss V. Moyer, Miss Janet Hindson.

The student nurse to be selected by student council.

The business meeting was followed by a very successful and enjoyable Auction.

#### April 5, 1960

20 Members present.

A recommendation was made and accepted that the 151.46 profit from the Auction Sale be placed in the Nurses Relief Fund

Mr. Boniti from the Capital Flower Shop demonstrated many flower arrangements.

#### May 10, 1960

25 Members present.

#### Social — Miss Piersol

A message of thank you to the committee and to everyone that helped to make Alumnae Day a huge success.

Annual Giving - \$2400.00 Relief Fund

25.00 Nurses Home

5.00 Scholarship Fund

A recommendation was made and accepted that Norma Jean Dawson class of 1956 be given the scholarship for September, 1960.

#### New members.

Sara Evancho Werner - 1947

Janice Kline Jacoby — F 1945

Convention reports were given by Miss Moyer and Miss Hindson.

#### September 13, 1960

36 Members present

A recommendation was made and accepted that the Alumnae Association purchase a filing cabinet large enough to hold the permanent filing cards of each Jefferson Graduate.

Annual Giving to date:

\$2528.00 Relief Fund 25.00 Nurses Home Fund 5.00 Scholarship Fund

Mrs. Gaskill and her committee were given permission to proceed with the cook book to be published by the Alumnae Association.

The Blue Book will go to press and cards will be mailed to graduates. The price was set at \$2.00 per copy.

Delegates were selected to attend the P.N.A. Convention to be held in Philadelphia on October 31 to November 4, 1960.

Delegates: E.A.C.T. — Miss Murray I N.A. — Miss Stauffer Private Duty — Miss Prendergast

Mrs. Sara Werblum a Philadelphia Police Woman, presented a very interesting and enlightening talk on "Crimes Against Women."

#### October 4, 1960

21 Members present.

Scholarship was granted to Barbara G. Smith class of 1955.

Recommendation was made and accepted to donate \$75.00 to the United Fund.

Thank You from Miss Bowman for the prizes given at Commencement.

The Alumnae Prize to Miss M. Mockkaitis and the Thomas A. Shallow award to Miss Dorothy Wolters.

#### November 1, 1960

#### 24 Members present.

A recommendation was made and accepted that Mrs. Miller write to Mr. Barringer concerning re-investments of interest money on the Relief and Scholarship Fund.

A recommendation was made and accepted that we order one thousand Cook Books to be printed and to be sold at 4.00 per copy.

Coronet Magazine will be sent as a Christmas gift to the following members:

Ada Zimmerman Bernice Collins Mabel Boller Frieda Wood

Mrs. Violet Gray from Jewel Creations presented an interesting program.

Recording Secretary. Margaret Summers

# SOCIAL COMMITTEE

The Social Committee has attempted to plan several functions for the association this year so that everyone could meet and have a social "get together."

On Thursday, March 1, 1960, we had a very enjoyable Buffet supper and an Auction Sale. The proceeds from the Auction Sale of \$151.46 was placed in the Relief Fund.

A dinner for the Graduating Class of 1960 was held on Wednesday, May 25, 1960 at the John Bartram Hotel. There was 100% in attendance.

It has been a policy that our Alumnae Luncheon is always planned for the First Saturday in May. This year it was held at the Benjamin Franklin Hotel on Saturday, May 7, 1960. There was an attendance of 384. Following the luncheon there were conducted tours of the new Nurses Residence.

A very enjoyable Christmas Party and Buffet Supper was held at the Nurses Residence on Thursday, December 9, 1960. Each one that attended received a gift from Santa Claus. Miss Mary Ann Stauffer was our very delightful Santa Claus.

We hope that you will mark the date on your Calendar for the Annual Luncheon as the First Saturday in May.

Again we Thank each and every Alumnae Member for their continued support in attending these affairs.

#### BETTY PIERSOL, Chairman

MARGARET SUMMERS, Co-Chairman

# THE CLARA MELVILLE SCHOLARSHIP FUND

All organized fund-raising efforts during 1960 were directed toward the Relief Fund. Nevertheless, the scholarship investment was increased by somewhat more than 1,000.00 the interest from the investment — bringing the total to 21,000.00. The Scholarship Fund also received a bequest of 500.00 from the estate of Ella Shoemaker '16.

Scholarships of \$500.00 each were awarded to Norma Jean Dawson '56 and Barbara Godfrey Smith '55. Miss Dawson is attending the School of Nursing, University of Pennsylvania and Miss Smith, the School of Nursing, University of Colorado.

> ANNA KUBA, Chairman CATHERINE T. BETZ CATHERINE GRAY PAINE

#### **BULLETIN COMMITTEE**

Each year this committee attempts to bring you accurate news and items of interest about your association and hospital. The committee appreciates any suggestions offered by alumnae members for future Bulletins.

We wish to extend our gratitude to all of those that have helped us.

JANET HINDSON, Chairman

## **PRIVATE DUTY NURSES' SECTION**

The private Duty Section of the Alumnae has had a very busy year. Although we are a very small group now, at times we are much in demand. We regret that our section does not attract new graduates, but perhaps we can hope for increased membership in the future.

With so much activity in other professional and commercial registaries, our big question so frequently is "Will the Jefferson Nurses Alumnae Registry stay in existence?" We hope so!

CATHERINE C. PRENDERGAST, Chairman

## REPORT OF THE SCHOOL OF NURSING AND NURSING SERVICE

Looking back over the past decade we can point with pride to the many progressive changes made at Jefferson. I am happy to report that Jefferson is still forging ahead, and that during the next decade we shall see the completion of some projects, and the beginning of others in the development and expansion program planned for the Jefferson of Tomorrow. The first step in this program was the building of the new Nurses' Residence opened in 1959.

We are proud to announce that in December 1960, the School of Nursing was granted full accreditation by the National League for Nursing. This is a major accomplishment for the year 1960, and represents much effort and hard work on the part of the faculty, and complete confidence and support on the part of the Board of Trustees and the Hospital Administration. Although we have attained this coveted status, we must not be complacent, but continue our efforts to improve the educational program, and maintain our full accreditation.

One of the major problems confronting all schools of nursing today is the difficulty in securing an adequate number of qualified faculty members to conduct the programs. Several years ago, the universities and colleges discontinued the program offering a baccalaureate degree in nursing education, thus eliminating the major source of supply of instructors. School enrollments have increased over the same period, increasing even more the need for faculty.

We are making every effort to meet any deficiencies we may have either in number or preparation of faculty members. In addition to our faculty, college level in-service program, made possible by an endowment fund sponsored by the Nurses' Residence Department of the Women's Board, we have been successful in initiating another program to offer required courses in education to our key nursing personnel. On February 1961, a cooperative program between Jefferson Nursing Department and Pennsylvania State University was established. Classes in education for graduate nurses are being conducted in the Medical College by faculty of the Pennsylvania State University. College credit will be granted. For this initial program in which twenty-seven faculty members, supervisors, and head nurses are participating, the hospital is assuming total financial responsibility. We are looking forward to expanding this program next semester, probably offering it to nurses employed at other hospitals.

In January 1961, the Board of Trustees approved our recommendation for more faculty positions with salaries which meet Pennsylvania Nurses' Association recommendations and are commensurate with the preparation and experience of the faculty member. If the education program is to progress, we must have qualified instructors in proper ratio to the number of students enrolled in the school. We should like to enlist your assistance in helping us to fill these positions. If any of you are interested in and qualified for teaching positions, or if you know anyone with such qualifications, we hope that you will contact the Director of the school of Nursing.

A tour through the hospital would show you the many changes in the physical facilities made during the past year. Among these, is the renovated Intensive Care Unit which is now a thirteen-bed facility, with wall oxygen and suction. Through the generosity of the Women's Board and its various committees, we have been able to place in this unit, some of the most modern and effective life-saving equipment.

Another major change which shall be completed within a month is the closing of Barton Memorial Division on South Broad Street, and its moving into the completely renovated Medical Floor of the Main Building. The Barton Division will occupy the area in which Men's Medical, Women's Neurology, and Center Wards were located. Twenty-seven beds will be assigned to the Barton Unit, and twenty-beds at the former Women's Medical site, to Medicine. Instead of the large open wards, patients will enjoy two or four-bed rooms with baths in each. Each unit will have a patient lounge. The expansion and development program provides for the rehabilitation of the entire Main Building to be completed within the next five years, at a cost of \$5,000,000.

These projects are only the beginning of the major plans for the expansion of our Medical Center, a tremendous undertaking which will cost \$40,000,000 and will be completed in a fifteen-year period. We invite you to return to us as staff members and guests, and to share with us the new Jefferson as it unfolds each year.

The Nursing Offices are being extended, and will soon occupy all of the office space to the corridor which connects the Thompson Annex and the Pavilion Buildings. This project will provide offices for both the School of Nursing and Nursing Service personnel. In addition, more instructors' offices are being constructed on each patient Pavilion floor where students are assigned for experience.

As each new unit opens, more nursing personnel are required. Recognizing the continued need for nurses to give good patient care, the Board of Trustees in January. 1961, approved our recommendations for salary increases for professional and practical nurses. With the exception of government hospitals, we now offer the highest starting salaries in the area. Because of this, we have been able to employ more nurses. Romance and marriage with all their complications, however, cause a rapid turnover in the young general staff group, and we are still in need of more nurses. Again, we need your help in recruiting more staff.

Miss Betty Piersol and Miss Margaret Summers rallied to the cause and are conducting a refresher program for some of our graduates who have been away from active practice. The enthusiasm of the "students" speaks well for the success of the program. We shall be offering another course in the fall and hope that any of you who wish to return to work at Jefferson, but who feel the need to brush up on modern nursing, will contact us.

We have appreciated your many communications during the past year and hope that you will always feel that your school of nursing is interested in you, your activities and plans, and stands ready to offer any support and assistance possible. We are grateful also for your help and understanding when we call upon you.

May the next year be a rich and rewarding one for each of you

Mabel C. Prevost Assistant Director

#### THE STAFF NURSES' ASSOCIATION

The Graduate Nurses' Association of the Jefferson Medical College Hospital has again been quite active during the year.

The monthly In-Service Educational Programs have been held regularly; as were the monthly Business Meetings. The attendance at these meetings has improved.

During the year cards and flowers were sent to those with long hospitalization.

Results of the October election brought two new officers to the Association replacing Janet Hindson and Ann Gallagher. Judith Romack was elected to the Vice-President office and Barbara Hand became Treasurer.

Again this year in January, we sponsored the play. "'All for Mary".

In April, the Spring Variety Show was given. The participation included a larger area of the Medical Center than it had in previous years.

May 27th, will bring the Annual Spring Dance which is to be held at the John Bartram Hotel in the Crystal Room.

#### E. P. Shenk, President

#### STUDENT ACTIVITIES

The year began with the entrance into the school of the class of 1963. The class of 1961 showed the new students to their rooms in order to establish a good relationship between the classes. This has continued throughout the year.

The Social Committee sponsored the Big Sister — Little Sister party given by the second year class. The party was held in our recreation room where all students congregated to meet one another and enjoy an entertaining evening.

The first of several dances in the recreation room was held in October. The dances have been well attended. Music is provided by jukebox or band.

Throughout the year, the Nurses Residence Department of the Women's Board has graciously gives us tickets to concerts and the theatre. Everyone who has had an opportunity to attend one of these functions is most appreciative. Six television sets were given to the students in January by the Nurses Residence Department of the Women's Board. They provide news and entertainment to us after working.

The Music Committee of the Nurses Residence Department of the Women's Board gave us records at Christmas and Easter. Our residence is more cheerful through the use of these gifts over our intercom system.

The students sponsored the winter dance in McClellan Hall during Christmas Season. In April, the hospital sponsored our dance at the John Bartram Hotel. Both dances were well attended by all classes.

Interest in S.N.A.P. is increasing among the students. Four second and third year students attended and reported on the State Convention. One student from each class attended the N.S.N.A. Convention in Cleveland, Ohio, in April.

Our cheerleaders made us very proud this year by placing first in competition in the Cheerleading Contest of the Basketball League. Our basketball team placed second in the league and has formed a club this year. A bus provided us with transportation to every game so that we were able to cheer our team on to near victory.

The Social Committee sponsored "Fun Nights" in the recreation room throughout the year. Most memorable were the Hallowe'en party and the party given by our Residence Director, Mrs. Patterson. At the Hallowe'n party we bobbed for apples, had our fortunes told, went through a fun house, and awarded prizes for the prettiest, funniest and most unique costumes at the party. The Newspaper Club continues to inform us and the circulation of our paper has increased. We have been busy trying to stimulate more interest among the students in helpping to publish the paper a few of us who have participated feel that it is a rewarding experience.

JEFFERSON NURSES' ALUMNAE BULLETIN

The reputation of the Student Chorus continues to grow and each year we seem to have an increasing number of invitations to participate in community programs.

Hoagies, stockings, sweaters, etc., are sold every Wednesday night in the recreation room in an effort to increase our funds for the publication of our Year Book.

Our year was "topped off" when we heard we had received our N.L.N. accreditation, making us still prouder that we are students at "Jeff."

> Barbara Braithwaite, President Student Council

#### PERSONAL ITEMS OF INTEREST

Ethel Lloyd Grone, '25, hospital hostess at Geisinger Memorial Hospital and Fos Clinic in Danville. This is a special program of patient care and the key responsibility of the hostess is to visit patients in the private rooms and wards to make certain that no patient becomes a mere medical file number going through the hospital or clinic.

Gladys McConnell Temple, '47, expects to settle in Balboa, Canal Zone until retirement.

Adele Lewis, '15, retired after 35 years of faithful service to Jefferson. She is living in Fort Meyers, Florida. Jennie Kutz, '21, retired after 20 years of service to Jefferson.

Mildred Woodhead Hawkesworth, '37, Clinical Instructor at Jefferson Hospital.

Mayda Fruehan Maxwell. '26, is with her family in Azores Morocco, North Africa doing Mission work. Her oldest daughter, Elsie, had been a missionary for seven years when the family decided to help her in her work. She sends greetings to all her classmates, and any who remember her.

Mary L. Pufnock, '57, is stationed at Myrtle Beach AFB South Carolina.

# \$40 MILLION EXPANSION SET BY JEFFERSON

JEFFERSON MEDICAL COLLEGE and MEDICAL CENTER announced a \$40,-000,000 development program that will triple the center city area occupied by the institution.

President Bodine called the program "the most important single undertaking by Jefferson since its foundingin 1825."

Designated as "top priority' structures are a proposed \$10,800,000 Basic Science Building on the south-west corner of 10th and Locust Streets, and a \$2,000,000 Student Commons Building on the southeast corner of 11th and Locust Streets.

Scheduled later are an administration building and a "complex of residential facilities" to house 1006 persons.

An urgent need for research space put the Basic Science Building at the head of the priority list and would enable the college to increase its enrollment. It would also make possible an expansion amounting to about \$1,000,000 a year in research.

Plans call for the acquisition of land bounded by 10th, 11th, Walnut and Spruce Streets, extending Jefferson to a north-south distance of a quarter of a mile.

The rehabilitated second floor of the Main Hospital, scheduled for occupancy this spring will house the Barton Division of Diseases of the Chest. Expert planning assures even finer service for these patients and convenient relation to the key laboratories.

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#### THE ARTIFICAL KIDNEY UNIT

The Artificial Kidney Unit is a specially designed area on the North side of the 5th Floor, Thompson Building. This area provides facilities for extra-corporeal hemo-dialysis for hospital inpatients.

The Unit consists of two rooms. One room is utilitzed as a dialysis room where the patient is kept on circulation with an artificial kidney. The adjacent room is designed as a laboratory, where all necessary hematology and blood chemistry studies can be performed immediately prior to, during and at the completion of the dialysis. Now operational, this unit will provide better care to patients in acute renal failure than has been possible at Jefferson in the past. This unit is available on a 24-hour basis to both private and ward patients.

#### INDICATIONS FOR DIALYSIS

Dialysis with an artificial kidney may be indicated in patients with acute renal failure having:

- 1) hyperkalemia with electrocardiographic changes
- 2) water overloading
- 3) rapidly rising blood urea nitrogen
- 4) general clinical deterioration, such as convulsions or stupor.

It may be indicated also in selected patients with chronic renal failure, and in patients who have ingested certain drugs or poisons. Dialysis may be contraindicated in patients in shock, or actively bleeding.

#### PROCEDURE TO OBTAIN DIALYSIS

Dialysis must be performed on hospitalized patients. It is not an outpatient procedure. Arrangements for patients to be seen and evaluted for use of the artificial kidney should be made by contacting James E. Clark, M.D., Department of Medicine, or Donna Reed Mc-Curdy, M.D., Resident in Medicine. The patient, either ward or private, will be seen by a team of physicians who will make recommendations as to whether dialysis is indicated and if indicated what steps must then be taken to effect this. It should be emphasized that a significantly higest mortality rate is associated with delay in the patient receiving proper therapy.

#### **TECHNIC OF DIALYSIS ...**

At the time of dialysis, a plastic cannula is inserted in an artery and another in a vein of the patient. The blood is then pumped from the artery through plastic tubing to the artificial kidney where waste products and selected crystalloids are removed. The blood is then returned to the patient by way of plastic tubing through the cannula placed in the vein. These cut-down procedures are accomplished under local anesthesia and usually a radial artery and a near-by forearm vein are utilized.

#### VISITORS TO THE UNIT

Occasionally, members of the family may be permitted to visit the patient during a dialysis procedure if the patient's condition warrants it. The patient is not anesthetized during the procedure, however, he is usually given sedatives as necessary. The procedure lasts approximately 6 hours while the patient is on circulation on the kidney, and the patient is in the dialysis unti for 7 or 8 hours total time. Uusally the patient is returned to the Intensive Care Unit immediately following dialysis.

Visitors and the family of patients undergoing dialysis should use the lounge on the First Floor, Thompson Building, located directly across from the Information Desk.

#### COST OF DIALYSIS

In addition to the professional fees by the physician staff members of the Artificial Kidney Unit, there will be a Dialyzing Charge of \$150 for first dialysis, \$100 for each subsequent dialysis.\* In addition, the patient will be charged for whatever drugs he utilized while he was in the unit and for any blood given.

Ordinarily three pints of blood must be available at the beginning of a dialysis. Approximately half of the blood is necessary for priming of the machine and from past experience 1,500 ml. of whole blood represents an average amount used during a single dialysis. Unless the patient has specific hematologic defects, it is not necessary to use fresh blood for this procedure. Banked blood, however, must be heparinized and the patient also heparinized

Jefferson's Artificial Kidney Unit is unique in that it is the first physical area of its kind designed primarily for this purpose of five other functioning artificial kidney units in the Greater Philadelphia area. There is an artificial kidney unit in the following area hospitals: Cooper Hospital, Germantown Hospital, Hahnemann Medical College Hospital. Temple University Hospital, and the University of Pennsylvania Hospital.

# MEDICAL WORK IN THE CONGO

Since 1952 I have been working as a missionary of the Methodist Church in the northern part of the Kasai Province of the former Belgian Congo. We work among the people of the Atetela tribe. Since their diet consists mainly of rice millet, palm oil, and cassava greens, their general nutritional state is better than that of many other tribes in Africa. the majority of whom have the cassava root as their staple food. Although the diet is low in protein, we see very little **kwashiorkor**, a major protein-deficiency disease seen in many other parts of Africa.

Malaria is the most widespread disease, as elsewhere in tropical areas. It is caused by the Plasmodium parasite and is transmitted by the Anopheles mosquito. It kills many babies by cerebral complications, and drags down the health of the adults by destroying red blood cells. We had attempted some programs of control by prophylactic medication, but very little was being done to control the mosquito by spraying.

Sleeping sickness (African Typanosomiasis) caused by the Trypanosome and transmitted by the Tse-tse fly, is the most tragic disease, because it can cause insanity if not caught in the early stages. A good control system had been practiced for many years. Every person had to carry a medical passport showing that he had had his cervical glands palpated every six months. During the first stage of the disease the Trypanosome can be found in the swollen neck glands. We gave intramuscular injections of Pentamidine every six months as prophylaxis.

Tuberculosis is the most serious public health problem at present. Most cases arrive in the far advanced stage and we were not in a position to do any case-finding, except among the school children for whom we were responsible, because we had no place to hospitalize patients except in our small general hospital. We had opened a camp a few miles from the Mission station where the patients' families would build residences and a Congolese male-aid would care for the patients under supervision of the Mission doctor. Unfortunately all the missionaries had to be evacuated from our area the last of January. We are trying to keep the medications going in to our African nurses by United Nations transport and hope that they will keep up the Tuberculosis treatments.

Venereal disease is another great problem. There is much sterility due to Gonorrhea and the area is under-populated, unlike the situation in most of the rest of the world

Leprosy exists, but not in a very large percentage, and is not nearly as contagious as popular belief would have it. The most important element in the prevention of leprosy is separating the babies from mothers who have active disease. This is very hard to do in Africa, where all mothers insist on nursing their babies, but we do have baby-folds in connection with our two leprosy camps and manage to raise many healthy children

Other diseases encountered are Amebiasis, Filariasis, roundworm and hookworm. In our area we do not have Bilharzia, which requires a certain tiny snail for an intermediate host.

Not all diseases are tropical. The Congolese people suffer from most of the illnesses that we have here: infectious hepatitis, poliomyelitis, measles, mumps, pneumonia, colds, etc.

The most common condition requiring surgery are inguinal hernia in the men and uterine tumors in the women and complications of gonorrhea in both. Appendicitis is very rare and I have never seen a case of gall bladder disease. We often see cancer cases, but usually in a stage too advanced to be able to help. The most common causes of trauma are falling trees during the season of clearing the forest for planting, and bicycle accidents. The Congolese seem never to have brakes on their bikes!

Obstetrics is a most satisfying kind of work in the Congo. We practice natural childbirth, early ambulation, rooming-in and demand breast feeding - everything the most natural possible. The greatest danger is hemorrhage because of the ever-present anemia. There is very little toxemia and our rate of Cesarian sections and forceps deliveries is very low. We do few sections partly because there are fewer indications and partly because we must consider that in the next pregnancy the woman may not come to the hospital and may have a ruptured uterus in the village. This did happen even when there were doctors within have a ruptured utertis in the vinage. This dut happen even when there were doctors which reach — the woman says "They cut me last time, so I'm going to have my baby at home this time." Now when there are no doctors available, I am especially glad we were cautious ab-out leaving scarred uteri behind us. We have about 600 deliveries a year in our 15-bed Maternity. About 15 sets of twins are born a year, a much higher incidence than in the white race. In some parts of Africa the people used to kill at least one of the twins, but I haven't been able to discover that our people did that. When twins are born the family shakes rattles and sings many different songs, appearing very happy to welcome the babies. In the days before the missionary medical people arrived when a mother died in childbirth the baby was always buried with her. Partly this was because the mother's family believed the baby was a witch, responsible for the mother's death, and partly because therewas no knowledge of artificial feeding and it was too heart-breaking to listen to the baby's feeble cry as it slowly starved to death. Now the baby is brought in immediately to a Mission hospital where the family knows it will be fed and lovingly cared for.

In the days before the Congo became independent, there was a network of hospitals, dispensaries and Public Health services througout the Congo, directed by about 700 government and mission doctors. All these doctors were European (Belgian, American, British, Scandinavian). There is not one Congolese physician. The highest trained Congolese are called "medical assistants"; then there are graduate nurses, nurse-aids, midwives and sanitary assistants. Most of the medical personnel, except the midwives, are men. The education of women lags far behind in all fields because of early marriage and the bride-price system. On our Mission we have a school for nurse-aids and midwives, but those who want the more advanced medical training go to a neighboring Mission which has a nursing school and a dental school.

I believe Public Health to be the most important aspect of the medical work in a country like the Congo. The Belgians carried on programs of control of smallpox, leprosy and sleeping sickness and were making a good start in tuberculosis and other diseases. They sent us the drugs and our personnel carried on the program in the area for which we were responsible. There still remained, however, tremendous challenges in preventive medicine and health teaching. With our hospital at Wembo Nyama as the center, we had established dispensaries in six strategic locations throughout the district. A nurse-aid lived in each of the villages with his family and was responsible for the medical care of that village and surrounding country. Each month I made a visit to each dispensary to supervise, help the nurse with his problems, and hold prenatal and well-baby clinics.

Medical missionary work in the Congo has been very satisfying to me, in spite of the great gaps I can see in what we have done. My training was in nursing education and nurse-midwifery, but I had no preparation in Public Health. I plan to remedy this lack during the next year, since it seems unlikely that I will be able to return to Wembo Nyama very soon. I do expect to go back there later when the Congolese people have worked out a stable government and restored law and order. Meanwhile missionaries are at work in many other areas and emergency medical needs are being met by WHO and private organizations such as Church World Service. The Congolese medical personnel themselves are carrying on valiantly in their local areas under great difficulties. In their letters they express a need for the prayers of their Christian friends in America. In this way, even when we cannot go there ourselves, we can back them up in their work of healing, which is surely one of the most direct ways of demonstrating God's love for mankind.

Dorothy R. Gilbert, R.N.,C.N.M.

## MARRIAGES

Mildred (Dore) Estrada, '34 Lorraine (Pensinger) Phillips, '39 Elinore (Satterfield) Lvnch. '50 Joan (Yancoski) Barry '53 Barbara (Reiner) Bachman, '54 Ann (Johnson) Bess '55 Margaret (Schwechler) Kane, '57 Joan (Harmer) Tribolet, '58 Nancy (Knoll) Viereck. '59

Sandra (Davis) Marsden, '59 Mary (Moser) Shonk, '59 Pauline (Kraus) Parsons '59 Esther (Hertesteiner) Barbsher, '59 Kathryn (Berry) Stout. '59 Carol (Corkery) Stass, '59 Patricia (Heisey) Heiser, '59 Judith (Reubman) Mearig, '60 Carol (Riegel) Mertz. '60

Bette (Keller) Tinslev, '59

#### **NEW ARRIVALS**

Hlen (Dougherty) Barrett, '49 ......Girl Priscilla (Kresge) Nicholson, '49 ......Girl Irene (Ottoson) Frett, '50 ......Girl Marian (Barry) Koerner, '50 ..... .....Boy Emily (Nash) Hollenbach '50 ......Boy Helen (Sheriff) Rightor, '50 ......Girl Alice (Delameter) Chase, '52 ......Boy Nancy (Griesing) Wilhelm, '52 ......Boy Joan (Yancoski) Barry, '53 ......Girl Janet (Edwardson) Meridth, '53 ......Boy Jean (Tangye) Crummer, '54 ......Boy Ellie (Wise) Charmella, '54 ......Boy Judith Ann (Wright) Bloes, '59.....Boy Janet (Painter) Doman, '54.....Girl

Christine (Morrison) Blasius, '48 ......Boy Doris (Amorose) Giordano, '55.....Boy Adrienne (Morasco) Rodgers, '55 ......Girl Barbara (Lynch) Hummer, '55......Boy Nancy (Yocum) Dodson, '55 ......Boy Naomi (Walls) Wilson, '55 ......Girl Susan (Watson) Simoneau, '55 ......Boy Jane (Hancock) DeAngelis, '55 ......Boy Gwendolyn (Larimer) Reese, '55 ......Girl Wilma (Miller) Miller, '57 ......Girl Rose Marie (Knaff) Glanfield, '58 ......Girl Alice (Koch) Zilling, '58 ......Boy Barbara (Smith) Prendergast, '59 ......Girl

NECROLOGY

Katherine (Dolan) Tipping, '07 Evelyn (Doon) Supplee '08 Clara May (Sweger) Sweeney, '08 Virginia (Danser) Scattergood, '11 Bertha E. Price '11 Alberta (Morgan) Hall, '11

Mary (Longacre) Grim, '17 Irene (Haag) Beck, '17 Florence Donohue W.H. '27 Lillian (Cool) Wells, '29 Eleanor (McCully) Lau, '35 Emily (Porter) Martin, '41

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# ANNUAL GIVING FUND DRIVE

During the 1960 Annual Giving Fund Drive the following loyal and devoted alumnae contributed a total of \$2538.00. We congratulate all the contributing classes — especially the Class of 1930 who gave the largest gift, the Class of 1950 — second, and the Class of 1940 — third.

We are grateful for your gifts and wish to express our thanks to all. Please notify us if any names have been omitted.

Ways and Means Committee

20/ 90-0000 - 90/ 30

1900 - 191010 gifts - \$253.00 1900 Mabel Croft Harley 1904 Maude Clippinger Faust 1906 Florence E. Carnahan 1907 Anne Wadsworth Lynch 1908 Nora E. Shoemaker Evelyn D. Supple 1909 Daisy Strunk Rumbaugh Helen Rhode 1910 Jessie Scudder Fisher Dorothy Toddings Rehm

#### 1910 - 191517 gifts - \$163.00

1911 Mary Calhoun McNitt Elizabeth D. Jones Elsie M. Casperson Sue M. & Mary A. Early (W.H.) 1912 Leona Waller Drum Nora S. Parsons Bessie Stalford

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1916

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Emma Gillespie Frigar Ethyl Maull Ruth Purinton Katherine Purcell Smock Della Peterman Speidel Henrietta Fitzgerald Spruance Jennetta Wolf

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6 gifts - \$51.00 Dorothy Smith Bennett Lena Carey Davis Helen Rebert Murray Marion B. Smith Hannah Wertman Umpstrad Frances Pierson Woolf

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#### JEFFERSON NURSES' ALUMNAE BULLETIN

#### 1931 12 gifts — \$70.00

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#### 1932

3 gifts - \$13.00

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18 gifts - \$130.00 Esther Patton Benner Mary W. Coles Evelyn Roland Curran Frances Kelly Fisher Lucille Edmonds Hand Edna Spangler McAvoy Laura Burton McCabe Alma Snyder Miller Esther Latsha Neidig Erma McCullor O'Donnell Geraldine Hude Powers Blanche Rushin Margaret Armstrong Tannard Ellen Crawford Teague Ruth McCabe Thomas Mary Rotz Evans Rebecca Stees Feltwell Gertrude Swayer Rhoads

#### 1936

8 gifts – \$65.00 Mary Hyatt Dominick Evelyn L. Dute Laura Fawcett Elmetta G. Gowan Mary R. Menendez Margaret Pound Ransom Kathryn Rorabaugh Mary Fielden Wiley

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3 gifts – \$23.00 Mary Schwab Gregg Olga Dygan Mitchell Beatrice Schlenker Unrtamo

#### 1940 19 gifts — \$145.00 \$5.00 Scholarship

Virginia McRae Avitable Ellen Remensynder Carlton Doris Packer Engelbrecht Helen Job Enterline Mary Éisenhart Fleming Ruth Paden Frazer Elizabeth Parker Fuhse Catherine Crofton Lambert Geraldine Chamberlain Long Ellona Endicott Meyer Hope Kramer Mood Averne Summerfield Murphy Esther Armitage Musselman Ruth Nettles Painter Dorothy Cohick Rosenberg Norma Zeigler Smith Bernice Wigglesworth Sprecher Thelma Weaver Taylor Sara L. Werstler

#### 1941 10 gifts - \$59.00

Perma E. Davis Reba A. Flack Ruth K. Giletto Marie J. DiMarco (W.H.) Emily P. Martin Helen Swan Joslin Kathryn Duffy Quackenbush Margaret Summers Jean Lockwood Wagner Harriet H. Werley

#### 1942 9 gifts - \$101.00

Alice C. Boehert Sigbrit Olsson Butler Grace Jennings Dunkelberger Caroline Selby Gebel Laura Christian Leeper Elizabeth Hanes McKim Joyce Rose Sproch Dorothy Fraley Templeton Rhoda Burg Weisz

#### 1943 7 gifts — \$46.00 \$5.00 Nurses Residence

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Kathryn R. Combs Marion Dalgleish Gabuzda Esther M. Kahn Jean Farrell Kehm Vivian I. Moyer Katherine Naugle Painter Helen Thomas Reistle

#### 1944 – 1945 Spring & Fall 8 gifts – \$44.00

Janet Overdorff Nackerud Marion Kelly Carver (Sp) Betty Umbower Attanasio (F) Ada Kline Jacoby (F) Anna Kuba (F) Catherine T. Betz (F) Beryl Mathuse Chipowsky (F) Lillian Utterback Herrick (F)

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#### 4 gifts - \$21.00

Helen Kapilchack Elaine Strong Kimbel Dionysia Sweeney Ruht Nelmah Faust Shaffer

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#### JEFFERSON NURSES' ALUMNAE BULLETIN

#### 1949 5 gifts - \$30.00 Barbara Brown Breen Jean Beard Davison Charmaine Kissinger Iane Norstedt Johnson Lorraine Milewski McCall

1950 24 gifts - \$160.00 In Memory of Janet Stauffer Mayo Barbara Fisher Ackerman Rita Krestynick Balinski Helen Parcel Bowhall Ioan Christman Clauss Iune Matsuo Fujita Donna Fleck Gearhart Jouce Walters Hill Janet Hindson Shirley M. Hoffert Lois Kleintob Jernstrom Jeanette Bauschard Kaucher Eleanor Kowaleski Krestynick Nancy Dunkle Konstanzer Jean Hohe Larkin Mary Jane Skubic McDonald Joyce Madara Nancy Hummel Orsini Martha Lundfelt Peter Helen Sheriff Rightor Elinore Satterfield Iean Opel Serena Wealthy Morrow Shutt Ellen Baran Stahl lanet Wasson Thomas

#### 1951 4 gifts - \$14.00

June Hawk Aires Ieanette Plasterer Janet Withka Warden Marion Thorp Williams

#### 1952 7 gifts - \$35.00

\$25.00 Nurses Residence Alice Delameter Chase Margaret K. Faust Eloise J. Hippensteel Nancy Groh Messick Ann Savage Stout Ann Summers

#### 1953

Nancy Greising Wilhelm

5 gifts - \$18.00 Madelyn DeLong Hanratty Marilyn Horton Kofert Barbara Bowen Lewis Iane Edwardson Meredith Emogene Fitzwater Oskin

#### 1954

5 gifts - \$40.00 Marcia Graham Bell Ioan Nichols Davis Louisa Manhart Hoch Mary Ann Stauffer Ioan P. Sode

#### 1955 13 gifts - \$68.00

Dorothy I. Brown Sydney A. Cassel Iane Hancock DeAngelis Nancy Yocum Dodson Mary Jouce Gibney Dolores Heckenberger Anne B. Johnson Mildred Murray Ieanne Curcio Pelleriti Nancy L. Schaeffer Nancy Culp Scott Susan Watson Simoneau Carol Bjork Schmidt

#### JEFFERSON NURSES' ALUMNAE BULLETIN

#### 1956 5 gifts - \$35.00 Shirley Orndorff Doernte Wilhelmina Fry Betty Depo Miller Virginia Handy Putney Lorene Gherardi Witthoff

#### 1957

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#### 1958 3 gifts - \$15.00 Pearl Barlieb Linda L. Doll Mary Ellen McDonald

#### 5 gifts - \$20.00

Grace Smith Clancu

#### 1959 4 gifts - \$25.00

Patricia Ann Heisey Anne V. Major Elizabeth A. Ossman Nancy A. Wood

#### PLEASE NOTE

Jefferson graduates and friends-Look-Cook-and enjoy the Favorite Receipes pub-lished by the Jefferson Nurses Alumnae Association. Order your Cook Book now, at the cost of \$4.00 per copy.

Send your order to Julia Gaskill, Cook Book Committee, Nurses' Alumnae Associa-tion, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.

\*Correction on page 49. The John Ruzzeth or "Slum Gullion" recipe requires one tbsp. of crisco not one lb.

The 1960 revision of The Alumnae Blue Book may be purchased at the cost of \$2.00 per copy.

Send your order to Nancy Scott, Blue Book Committee, Nurses' Alumnae Association, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.

Jefferson caps may be purchased at C. D.Williams and Company, 246 South 11th Streets, Philadelphia 7, Pa. Cost per cap is \$.55.

Identification necessary to make purchase.

Jefferson pins may be purchased at J. E. Caldwell and Company. Chestnut and Juni-per Streets, Philadelphia, Pa. Cost per pin is \$9.34.

Indentification may be obtained from Miss Mabel Prevost, Assistant Director, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.

#### NOTES

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# PLEASE NOTE

The ALUMNAE BULLETIN will be sent to members only. Non-members may obtain these upon request, at the cost of \$1.00 per copy. Order your Bulletin by April 15th.

# JOIN YOUR ALUMNAE ASSOCIATION

# **USE YOUR MAIDEN NAME**

Whenever you have occasion to write your Alumnae, PLEASE use your first name, maiden name then your married name plus the year you graduated.

Example: Jean Lawrence Monroe, 1940

Mrs. Harold Monroe makes it very difficult for us to locate you in our files.

Thank you.

# PLEASE CHANGE MY ADDRESS

Name as when graduated			
If married, husband's name in full			
Former address (Street and No.)			
City Zone State			
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Class			

Send to Vivian Moyer, Nurses' Alumnae Association, Jefferson Hospital, 11th and Walnut Streets, Philadelphia 7, Pa.

