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## Parenting for Emotional Growth: Now in the JDC

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# [Parenting for Emotional Growth: Now in the JDC](#)

[Parenting for Emotional Growth, a Textbook, Workshops and Curriculum for Students in Grades K Thru 12](#) is the result of a multi-disciplinary research project lead by Henri Parens, MD, a TJU Professor of Psychiatry. An intensive study of a group of mothers and their children over thirty-seven years lead to the development of these materials—designed for parents, caregivers, educators and mental health professionals— addressing how to optimize a child’s emotional development and health.

To learn more view [The Urgent Need for Universal Parenting Education](#), a video overview of the research including footage and observations from the participants and the investigators recorded over the life of the project.

All of the [Parenting for Emotional Growth](#) materials have been added to the Jefferson Digital Commons and are freely available to download.



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If you have a similar study that you would like to make available in the Jefferson Digital Commons, contact [dan.kipnis@jefferson.edu](mailto:dan.kipnis@jefferson.edu).

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