

11-1964

Caps & Capes - Volume V Issue VII

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Recommended Citation

"Caps & Capes - Volume V Issue VII" (1964). *Caps & Capes*. Paper 21.
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Laps 'n' Lapes

Vol 7 No VII

Jefferson Med. College Hosp.

NOVEMBER 1964



Student Council Officers

President---Tracey Valentine
Vice president---Ruth Kessler
Hous president---Marjorie Fischer
SNAP---Barbara Ott
Social Chairman---Elizabeth Sloman
Secretary---Marilyn Paynter
Treasurer---Jane Murphy
Student Council Representative---Pat Richardson
Judiciary---Judy Neis

Cheerleaders for 1964-1965

Linda Day
Sharon Englekraut
Pat Frain
Carol Gallihue

Jane McCafferty
Carol Sheaffer
Judy Stevenson

CoCaptains---Carol DuCoin
Bonnie Shisler

SHOW TIME

Plans for this year*s annual show are already under way. The show is one of the biggest projects of the year, and one in which all three classes participate.

The first meeting was held on September 24th, and the following girls were elected committee heads:

Tickets---Bonnie Sandt
Finance---Jane Murphy
Piano---Mary Ann Bealer
Choriography---Susan Wilhow
Music---Becky Fullerton
Script---Peggy Lucchesi
Stage Crew---Verna McCafferty
Refreshments---Polly Lupo
Scenery ---Judy Conald
Costumes---Anita Schlegal
Publicity---Eunice Kirner

Why not join a committee and be part of the show? No special talent needed. Just see any of the above girls for the committee that interests you most--- you'll enjoy being part of the show.

Judy Lawrence

A TROPHY FOR JEFF?

Upon reading this article, the first thing that probably popped into your mind was: "How can Jeff win a trophy?" The answer is easy--become this year's basketball champions! The team has a new coach this year, Ann Rutledge, a Sophomore Phys. Ed. major at Temple. The team captain is Linda Wolfe. Of course we can't eliminate the team--we have four girls back from last year's starting positions, and a multitude of enthusiastic Freshmen. Practices are held every Tuesday and Thursday nights, 5:30 to 7:30 p.m. With the hard work, (exercises and running laps, inclusive), and the great height of excitement, we're sure to win our games. Support your team to victory! Buses will be provided for your transportation. Games are held at Bala-Cynwood High School. Bring your trophy-polishing cloths with you!!!

BIG-LITTLE SISTER PARTY

The recreation room was the setting for the Big-Little Sister Party on September 17th. The party opened with a skit depicting the freshman's arrival, her meeting with her new roommate, the introduction to the housemothers, and the student's first day on the floor.

Following an introduction to the members of the basketball team, the girls sang some of the school songs.

The highlight of the evening was the capping of the freshmen by their big sisters.

The evening was completed by the serving of refreshments consisting of cupcakes, brownies, and punch.

SAD FAREWELL LEADS TO BRIGHT NEW FACES

The happiness which inevitably grips the Martin Residence during the month of September, that month of graduation and enthusiastic Freshmen, was tarnished this year by the farewell which we were forced to say to our two old friends, Mrs. Bard and Miss Wills. However, our loss has been recompensed by the new and cheerful face of Mrs. Mays and of Mrs. Harris.

Certainly there are many here who would be surprised to learn that the Jefferson School of Nursing has enjoyed the services of Miss Wills for twenty-two and those of Mrs. Bard for eighteen years as housemothers. Considering the job with which these two women have faced, all should agree that they are:

long overdue for a well deserved rest. So with fond memories of our two "mothers," we wished them a happy future, and reminded them to come by and see us now and then.

Now let us introduce ourselves to Mrs. Mays and Mrs. Harris and say that we are looking forward to a warm and happy friendship in the coming years. To Mrs. Mays and Mrs. Harris a glad "Hello!" from the student nurses of Jefferson, your new family.

THE DELIGHTFUL CREATURE

Author Unknown

Between the innocency of an entrance exam and the dignity of an R.N., there comes the delightful creature--the student nurse.

They come in assorted sizes, weights, and shapes, and they all have the very same creed--to enjoy every second of every hour of every day, off and on, and to protest with griping (their only weapon) when their forty hours are over and the supervisors are in the snack bar!

Student nurses are found everywhere--underneath everything or jumping through, swimming from, or running over. Patients love them, doctors tolerate them, and nothing protects them.

A student nurse is truth with blood on her uniform, beauty with gloves on her hands, wisdom with Abbecillin in her hair and the future with scissors in her pocket.

To the doctors a student nurse is an inconsiderate, questioning and intruistic jangle of noise. When you want her to make an impression, she becomes a sadistic, giggling creature, bent on wasting as much time as possible and sleeping through classes.

A student nurse is a composite--she has the appetite of a horse, the digestion of an ulcer patient, the energy of an s.s. enema, the lungs of a telephone operator, the imagination of a Vanderbilt grad, the enthusiasm of central supply, the sharpness of a scapel, the audacity of a nurses' aide, and when she gives injections, she has five thumbs on either hand.

She likes food (few potatoes), vacations, Christmas, money from home, love stories, officers, water in its natural habitat, doctors, working elevators, off duty, and fire alarms. Not to mention handsome lads with Jaguars.

She's not much for books without pictures, ward clothes, hair nets, study hours, metric system, and campuses.

Nobody is so early to rise and so late to bed; nobody gets so much out of doctors and medical conferences; nobody else can cram into one day, 3 enemas, 12 complete baths, 3 trips to the morgue, 2 trips to the nursing office, set her meds up, press her uniform, polish her shoes, do her nails, stay out 'til 11:30 and still get along with her roommate.

A student nurse is a magical creature--you may campus her but you can't keep her out of trouble, so you might as well give up. She is your aide, your mail, your porter, and your classmate!

She is a freckle-faced, long legged, fun-loving bundle of noise. But when she gets off duty with her aching feet and her tired back, she d ops into bed with a flop and tells you goodnight with those famous last words, "Wake me at 6:00."

And finally, she has even been known to awaken a patient at 11:30 P.M., smile and say sweetly, "So sorry, but I forgot to give you your H.S."

'65 Class News

Now we are counting the months...the days...'65 promises to be a big year in all respects(Oh, how we will celebrate New Year's Eve!!)

The selling of Christmas cards, school supplies, hot dogs (only 20 cents--be sure to buy one!) and the spaghetti dinner head our projects and should bring in the needed funds for our "very own '65 Koskomos".

Congratulations are in order for our new class officers:

President--Kay Farber

Vice Pres.---Cassy Starrig

Secretary---Polly Lupo

Treasurer---Mary Bennett

SNAP---Judy Snyder

Judiciary Council ---Judy Connelly

Best wishes to Ellen May (August 7 to be exact) and Bobbi Foley on their engagements. And last, but certainly not least, congratulations are in order for Mrs. Williams (alias Miss Boyer) on her marriage. We wish them both the best of everything in all the years to come.

'66 Class News

Now singing out in the long anticipated second-year book are the eighty-odd members of the class of '66. Second year students are now gaining experience in such new specialties as the OR, Landis, OPD, Gynecology, and Diet Kitchen. Could it be that second year will be even busier than the first?

Several members of the class will soon join the ranks of the "night people." Armed with their trusty thermoses, they will learn to deal with the special nursing problems which occur during the 11 to 7 shift.

Congratulations to class officers elected in September. They are:

President---Marion Carey

Vice Pres---Judy Lawrence

Secretary---Judy Hartmann

Treasurer---Becky Fullerton

Student Council---Pat Richardson

Judiciary Council---Judi Neis

SNAP---Anita Schlegel

Our class project is again in full swing. Cake and milk will be sold on Monday nights for the bargain price of 25¢. All diets will be cancelled immediately.

Injured in the call of duty:

Elsa--author of "I've Got you Under my Skin."

Claire--you didn't have to scrub that hard!

Kandy---ortho seems to be her specialty...

Becky---just couldn't get off the ground

Helen---that addressograph will never be the same!

By the way---DK projects seem to be cropping up all over the place--someone doing a little propoganda on the four food groups?

...How's the comm~~u~~ttter special these days, Kathy?

...What hospital floor has been running short of rubber bands lately?

...Hardly a whole ear in the house, with one thing and another...

"DEAR FLORENCE"

This column is dedicated to those poor Student Nurses who are in desperate need of help.....

Question:

1. Dear Florence,

How many organs are contained in the thoracic cavity?

Answer:

About two more than you remembered for the anatomy quiz!

Question:

2. Dear Florence,

When raking an apical-radial pulse, which nurse should hold the watch?

Answer:

Naturally, the nurse starting first!

Due to a shortage of questions, I have few answers. Therefore, all questions addressed to "DEAR FLORENCE" and given to a staff member will be appreciated.

"FORGET YOUR DIET,

C'MON GET HAPPY"

DELICIOUS CAKE, NUTRITIOUS MILK

SOLD EVERY MONDAY NIGHT 25¢

SUPPORT THE SENIORS!

Buy an

ADORABLE JEFF DOLL

YOUR CHARM BRACELET ISN'T COMPLETE ----

WITHOUT A

JEFF CHARM!!!!!!

THE NEWSPAPER NEEDS YOU

AND YOUR SUGGESTIONS

HELP KEEP THE DUST OUT OF OUR

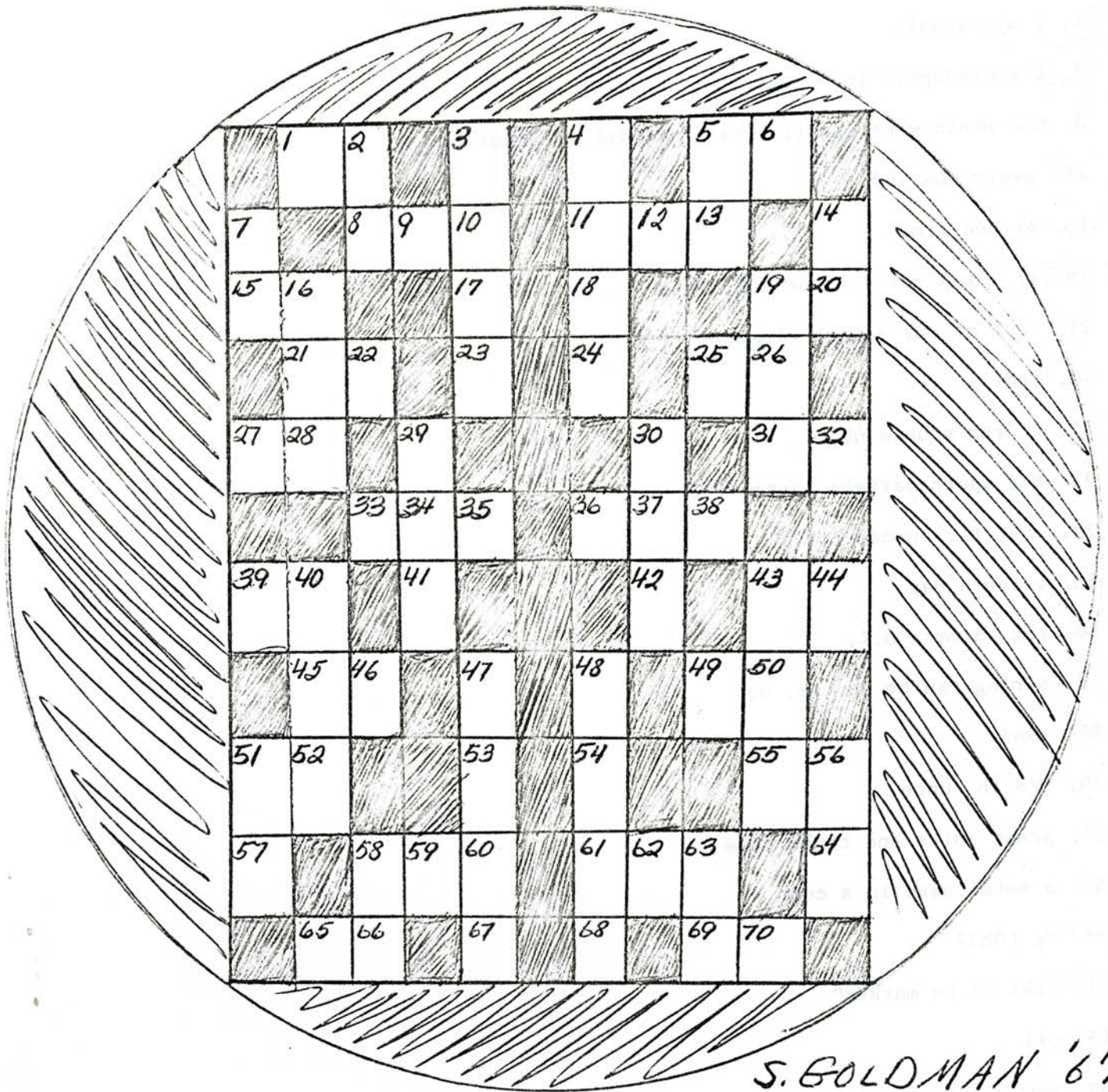
SUGGESTION BOX

ANY CONTRIBUTIONS WELCOME!



Everything is ready
Mrs. Smith. I'm going
to get my instructor to
check it...

JR



CROSSWORD

Across

1. 1 ml. equals
5. 1 avoirdupois lb. equals
8. the month when we all start to think of vacation
11. every (Latin)
15. at bed time
19. if it's not I.V. or I.M. it's
21. one of our newest elements
25. orally
27. 1 dram equals 60_
31. the apothecarie's system 1/2
33. XVI fl. ounces (pl.)
36. twice a day
39. the Army's D.K.
43. a ring can be Au. Ag. or
45. and
49. 1/8 th ounce
51. green suits and tight caps
55. a metal used in a coin
58. Mg (Oh)₂
61. "let it be marked"
65. oil
69. Mme. Curie found it

Down

2. 2.54 inches
3. under
4. night (Latin)
5. combined with oxygen, it's a catalyst used in the preparation of oxygen
7. every hour
14. after meals
16. syrup
19. if necessary
29. drops
30. three times a day
40. through or by
43. as needed
47. an abbreviation for that which can't be broken down by physical means
48. 3 teaspoons
51. that without which we can't live
56. parenteral fluids are administered this way
58. icc
63. 1/20th scruple

