Caps & Capes - February 1963

Simone Papa

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The Florence Nightingale Pledge

I solemnly pledge myself before God and in the presence of the assembly, to pass my life in purity and to practice my profession faithfully. I will obtain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug. I will do all in my power to maintain and elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling. With loyalty will I endeavor to aid the physician in his work, and devote myself to the welfare of those committed to my care.
EDITORIAL

On January 31, Jefferson played its final game of the season. I think it is only fitting to mention the spirit and enthusiasm shown by the girls who attended the game.

A few days ago I was reading some past Caps 'n Capes editorials and Letters to the Editor. I was surprised and somewhat saddened to read one concerning the lack of attendance at the games, especially the last one. I was hoping that I would not see a repetition of this at this year's final game. I am happy to report that I didn't.

Two bus loads of singing, happy players and spectators were transported to the gym at Bala. Throughout the entire game both the players and the fans showed spirit that is indicative of a Jefferson student.

Throughout the entire basketball season the team has shown us what the words "good sportsmanship" mean. And what is probably just as important, our fans have also been "good sports".

The staff of Caps 'n Capes wish to extend thanks to all who supported the games. We also congratulate the coach, players, cheerleaders, and all those connected with the team in any way, for a job well done.

Letter to the Editor

Today we face a world crisis. Constantly, we hear "We must unite in peace", and constantly we hear criticism of world leaders.

I wonder how many of us have bothered to ask ourselves "What do I do to contribute to peace?" Peace, like charity, begins at home. If each of us made more effort to live peacefully with one another—perhaps the world would not be facing the crisis that it faces now.

We detest the ugly thought of war. We fear the reality of destruction and loss that it brings. We are grateful for the peace of the past years, and hopeful for a secure future. But do we detest, and fear, and hope enough to alter our own ways? Do we want peace strongly enough to sacrifice self-pride and self-endurance for pride in someone else's deeds? So many times in self-concern, we neglect kindness, consideration, thoughtfulness—these, the small and often unnoticed qualities that blend together and make peace.

Peace must begin here...now...with you and with me.

The shock of a threat of war has made me realize many shortcomings in may daily encounters with people; has it you?

Sincerely,
Polly Zimmerman
Senior Spotlight

Hallidaysburg, Pennsylvania has certainly made a valuable contribution to Jefferson—in the form of Jeanie Little. They must feel the same pride as we do when Jeanie serves as a representative of Jefferson—as she has done on so many occasions.

To name a few of her outstanding contributions: she was a member of chorus, the Bowling Team, and cheerleading her first year; S.N.A.P. representative and captain of cheerleading her second year, and is currently serving as President of Area One in the Student Nurses Association of Pennsylvania. In addition to these, she has represented Jefferson at several conventions, including the National Student Nurses Association convention held in Detroit, Michigan last March.

Jeanie represents Jefferson at its finest. All its enthusiasm, its spirit, its loyalty, its friendliness, and its ideals come to life through her.

Her warmth and sincerity have endeared her to the entire student body.

In appreciation for all your efforts, and for just being our friend— we SPOTLIGHT you, Jeanie Little, and we pledge our support and co-operation in all your endeavors to further the goals of "Jeff."
We wish to congratulate these girls and wish them success for the coming year.

Congratulations go out to Nadine Tallman and Carolyn Chioda on their engagements, and to all the girls who were pinned.

Class advisors for the Freshman Class were elected. Miss Boyer and Miss McClean were chosen.

How About

The daily stampedes to the mailbox...giving alcohol instead of mouthwash...when the elevator got stuck between floors...inserting the rectal tube in the wrong location...our "easy" Pharmacology Exam...117 girls on Friday night study hall...our first meal in the cafeteria...the knitting circles and the card sharks...the "care" packages from home...connecting the Bunsen Burner to the water spigot...the first time you heard the voice of the "Turtle"...the housemother calling "man on the floor" as they walk into your room and you're standing there in your_____!...getting scalded in the showers...your roommate's alarm going off at 5:00 when you don't have class until 9:00...getting up at 6:30 in the morning to style hair...the singing radiators...our trying times with the BR---A---IN!

Well, I guess this ends the Freshmen's News for the month. So, until next time----good-bye!

Basketball

The basketball season opened for Jeff on November 8 with the defeat of Women's Medical, 64-9. On December 10 we cheerfully went to the game, but returned down-hearted since we lost 37-20 to the Hospital of U. of P. On January 10 Hahmann fell to Jeff 60-23. Chestnut Hill fell victim to Jeff. Our last game was played against Abington on January 31. Jeff was downed 51-42.

The forwards of the first string are: Joy Stabile (captain), Beth Reed and Barbara Lenker. Gail McKenzie, Nancy Gallagher, and Carlleen Mahood are the guards.

Every Tuesday evening twenty-five happy and enthusiastic girls wind their way to practice. The ensuing games of the basketball season have proven that their efforts were not in vain.

"Two for the See Saw"

The minute Shirley MacLaine appears on the screen she captivates her entire audience. She is no longer Shirley MacLaine, she is now Gittel Mosca, and you can think of her in no other way. Miss MacLaine is ably supported by her co-star, Robert Mitchum. But, it is apparent to almost everyone that it is Shirley's show.
"Two for the See Saw" is the very moving story of a Nebraska lawyer who comes to New York to await the final decree of his divorce. While there, he meets Gittel, the poor man's philanthropist. She, of course, falls head over heels in love with Gerry, our lawyer.

To tell you what happens to the love of Gittel for Gerry would be to desecrate a beautiful thing. I can only suggest that you see this movie because only then can you fully appreciate the talent that Miss MacLaine takes into every role she lives.

Coming Events

The second annual Miss Jefferson Contest will be held Wednesday, March 13. Keep the date open; watch for further announcements; be on your good behavior—who knows—Miss Jefferson 1963 may be you!

See you at the Minstrel Show April 5 & 6...?!

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The Delightful Creature

Between the innocency of an entrance exam and the dignity of an R.N., there comes the delightful creature—the student nurse.

They come in assorted sizes, weights, and shapes, and they all have the very same creed—to enjoy every second of every hour of every day, off and on, and to protest with griping (their only weapon) when their forty hours are over and the supervisors are in the snack bar!

Student nurses are found everywhere—underneath everything or jumping through, swimming from or running over. Patients love them, doctors tolerate them, and nothing protects them.

A student nurse is truth with blood on her uniform, beauty with gloves on her hands, wisdom with Abbocillin in her hair and the future with scissors in her pocket.

To the doctors a student nurse is an inconsiderate, questioning and intrusive jangle of noise. When you want her to make an impression, she becomes a sadistic, giggling creature, bent on wasting as much time as possible and sleeping through classes.

A student nurse is a composite—she has the appetite of a horse, the digestion of an ulcer patient, the energy of an s.s.s. enema, the lungs of a telephone operator, the imagination of a Vanderbilt Grad, the enthusiasm of central supply, the sharpness of a scalpel, the audacity of a nurses' aide, and when she gives an injection, she has five thumbs on either hand.

She likes food (few potatoes), vacations, Christmas, money from home, love stories, officers, water in its natural habitat, doctors, working elevators, off-duty, and fire alarms. Not to mention handsome lads with Jaguars.

She's not much for books without pictures, ward clothes, hair nets, study hours, metric system, and campuses.

Nobody is so early to rise and so late to bed; nobody gets so much out of doctors and medical conferences; nobody else can cram into one day, 3 enemas, 12 complete baths, 3 trips to the morgue, 2 trips to the nursing office, set up meds, press her uniforms, polish her shoes, do her nails, stay out 'til 11:30 and still get along with her roommate.

A student nurse is a magical creature—you may campus her but you can't keep her out of trouble, so you might as well give up. She is your aide, your mail, your porter, and your classmate!

She is a freckle-faced, long legged, fun-loving bundle of noise. But when she gets off duty with her aching feet and her tired back, she drops into bed with a flop and tells you goodnight with those famous last words, "Wake me at 6:00."
And finally, she has even been known to awaken a patient at 11:30 P.M., smile sweetly and say, "So sorry, but I forgot to give you your H. S."

Author Unknown

CUT OUT THIS BALLOT!

Miss Jefferson Nomination Blank

Name of nominee________________________

Class________________

School Interest________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Reasons for nomination___________________

________________________________________________________________________

________________________________________________________________________

The Caps 'n Capes Staff reserve the right to screen all nominees.

Caps 'n Capes
February, 1963
Editor.................Simone Papa
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Sec., Treas............Mary Ann Chinappi
Circ, Manager.........Cassie Starry
Typist..................Peggy Steiniger
Reporters.............Caroline McDowell, Dianna Scheingold, Bernadette Grall.
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