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Caps & Capes - Volume IV Issue V

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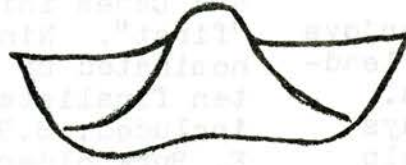
CAPS

AND



CAPES

APRIL 1962



Vol. IV No. V

EDITORIAL

Our country is challenging the new frontiers of the future, and we can truthfully say that your school of nursing is heading in the same direction. We can boast of many firsts, including the first "Miss Jefferson" Contest. This affair was a big success because of the support of the student body. It was our dream, and with your support it became a reality.

Success doesn't depend on one person or one group, but on everyone working together to reach a common goal. This goal can only be reached by the team. You are all members of the team whether you are the leaders or the followers.

When you have done something and it has been successful, you can be proud to know that you had a part in the success. But, when it fails because of your failure to make it a success, you can be very sad to know that if you had given a little more of yourself this project might have been a success.

This is true not only of your projects but everything you do. When you are at work and everything goes smoothly, you can be proud to know that you helped to make it this way. When it does not go smoothly, something is wrong, and you may have helped to make it that way.

Start now and turn all your bad times into good ones by working together and making each project a team project; one in which you can be proud to have participated.



CAROL FRAME

SPOTLIGHT

Our spotlight shines this month on one of the hardest workers and least famous members of the senior class. Carol Frame comes to us from Camp Hill., a small upstate town.

During her stay at Jeff, she has been in many activities, but is usually found in the background. Always willing to help, Carol is now chairman of the script committee of the Minstrel Show. She is also very talented when it comes to writing songs and poems for all occasions.

On her off hours at the residence, she can be found digging through hundreds of books looking for jokes for the coming Minstrel. She is working hard and is trying to turn a dream into a tradition. While not trying to supply the
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Minstrel Show with material, she can be found strumming a tune on her now famous banjo, or reminiscing about the good times at Byberry.

Carol is a good student, enjoys her studies, and is one of the leading members of the senior class. She enjoys her work and is always willing to stop a minute and help someone with a problem.

After graduation its on to college for Carol to further her education. Best wishes to Carol Frame, our Spotlight of the month.

INSTRUCTOR OF THE MONTH

Dolores Heckenberger is a native of Philadelphia who graduated from Olney High School. Besides academic achievement during her high school days, she received sports letters in bowling, tennis, basketball and swimming. Our Jefferson Basketball Team certainly values her constant moral support and assistance in coaching our team to its many victories. She is our indispensable spark.

The more you learn to know her the more you love her. Professionally and personally she is about as genuine a person as you can meet. After graduation from Jefferson, she received her Bachelor of Science Degree in Nursing Education from Temple and is working toward her Masters Degree.

Grass certainly will never get the chance to grow under her feet, for thus far she has traveled to California, Mexico, Nassau, Florida, and Bermuda. Her plans for the future include a vacation in Europe this summer. She is well oriented culturally and her interest is especially directed toward progressive jazz.

Her personalty is warm and receptive. She is always willing to help others and to listen to their problems. How lucky we are to have Miss Heckenberger.

MISS JEFFERSON CONTEST

The sponsoring of the "Miss Jefferson" Contest by the staff of Caps and Capes initiated another Jefferson "first". Nineteen students had been nominated by their classmates, and ten finalists were chosen. These included: B.Beiermeister, B. Berry, E. Burkholder, M. Grieshaber, B. Hartwell, B. Julius, C. Kurzen, G. MacKenzie, M. Maguire, and A. Williams.

Maureen Maguire was selected as the first "Miss Jefferson", with Ann Williams and Marci Grieshaber as first and second runners-up respectively.

Miss Jefferson received a bouquet of roses and a gold charm bracelet. Her runners-up received a corsage and tickets to "Judgement at Nuremburg".

We owe thanks to many for the success of our contest, but especially to the faculty and nursing personnel who gave up their own plans to act as advisors and judges. To Dr Mandle and Dr Toporak, members of the faculty of the Medical College, we extend our greatful appreciation for their capable assistance as emcees.



NEWSPAPER STAFF

EDITOR-IN-CHIEF----Janet Blumberg
CO-EDITOR-----Valerie O'Donnell
NEWS EDITOR-----Louise Baxter
FEATURES EDITOR----Polly Zimmerman
TREASURER-----Phyllis Sbrolla
HISTORIAN-----Linda Roth
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SPORTS-----Beth Reed
CIRC. MANAGER-----Donna Rockhill
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REPORTERS-----Emily Adams,
Shirley Marat, Peggy Carr, Arlene
Kania.

UNDER THE HOOP

Jefferson's basketball team found themselves victorious once again at the close of the Chestnut Hill game.

Though it was a close score at the beginning of the game, Jeff soon pulled ahead to stay ahead. Although the Chestnut Hill six were outmatched, they had a fine defensive set-up which almost held back the "Black and Blue".

Our grim determination brought forth the usual number of injuries, but then this is not unusual, and to be expected eh Beth?! It was a well-played game and gave our sixth victory in seven games.

EXCHANGE COLUMN

Lankenau: Whites and Stripes
Twelve things to remember.
The value of time.
The success of perseverance.
The pleasure of working.
The dignity of simplicity.
The worth of a character.
The power of kindness.
The influence of example.
The obligation of duty.
The wisdom of economy.
The virtue of patience.
The improvement of talent.
The joy of origination.

AN EDUCATIONAL BASKETBALL GAME

For the first time in history, the students of Jefferson took positions of opposition to the faculty. No, this was not rebellion, it was the student-faculty game. To say that the game started with a bang would be a gross understatement! It really did open with the bang of heads as each team tried to maintain possession of the ball.

Starting for the instructors were: Miss Nicol, Miss Yenchco, Miss Staufer, Miss McInerny, Mrs Cozzilino, and Mrs Mariote. Amid cheers and laughter, the teams played on and entertained the crowd with both basketball "prowess" and hilarious clowning. Who else but Miss Nicol could sink a 20 foot shot, knock over an opposing player, a teammate, smile sweetly, and not be called for a foul? Another unusual sight was Gale MacKenzie, who developed the unusual talent of playing on her knees!

The well-attended game by students and faculty alike were led by Miss Staub, and her opposing students in some wonderful cheers. Miss Staub kept right on even though the final score was 40-11. This, however, is not a true measure of the game. What really counts is the fact that everyone enjoyed themselves immensely and both teams played hard and well.



Miss Nicol tries for a basket.

CLASS NEWS '62

The class is happy to announce that it made a profit of \$400.00 on the recent Spaghetti Dinner. The girls worked very hard and made this affair a big success.

We wish to extend our deepest sympathies to Ellen Boyle on the recent loss of her mother.

A plea is being made to all talented persons. Their help is needed to make the Minstrel Show, which is in preparation a success. The date of your performance will be April 12th and 13th. Anyone interested in helping, please contact Ruth Weiss or Marian Welsko.

The class is very proud of their seven girls who were nominated to be "Miss Jefferson". Congratulations to Marci Grieshaber who placed as second runner-up.

Best wishes are extended to Joan Campbell, Ellen Boyle, and Shirley Sutthill on their recent engagements.

CLASS NEWS '63

I guess you all know by now what the outcome of our first annual "Miss Jefferson" Contest was; and I dare say you won't mind if we give ourselves an extra pat on the back because of the two members of the class who really brought us glory. We'd like to again extend our congratulations to Maureen Maguire--Miss Jefferson 1962, and Ann Williams, who placed second. We'd also like to extend our congratulations to the other participants; you were all terrific and a credit to your school.

On the financial side of things we'd like to inform everyone that the class is selling Easter candy. Orders can be given until April 6th.

CLASS NEWS '64

The close of winter brings thoughts of spring, but to the class it also brings something else--thoughts of becoming Juniors! That long awaited day is filled with expectation and nervousness for all of us.

Congratulations to the following: Joan Yelen, Alice Wetzel, Pattie White, Gale MacKenzie, Kathy Langan, Becky Wyker, Kathy Cimachosky, and Elyse Burkholder who participated in the "Miss Jefferson" Contest.

Class officers were chosen with the following results:

President-Beth Reed
V. President-Gale MacKenzie
Secretary-Linda Roth
Treasurer-Gerry Marasco
SNAP Rep.-Pattie White
St. Coun.-Sally Ewing
Judiciary-Ginger Magee
Advisors-Miss Heckenberger
Miss Staub

NEWSPAPER CLUB NEWS

Like any self-respecting newspaper, "Caps and Capes" has met its good times and bad times. Now under the editorship of Janet Blumberg, the bad times are becoming fewer and farther between. Proof of our success lies in the fact that you are now reading the first printed issue in the history of Jefferson.

We are especially proud of the most important and exciting event which occurred on March 7th. This is none other than the "Miss Jefferson" Contest. Perhaps the reason why this means so much is because of the many hours of hard work contributed by the entire staff. However, our success does not depend on the staff alone, but on your interest, enthusiasm, and support. Working hand in hand we strive for even greater horizons.

WHOSE NEWSPAPER ARE YOU READING?

HOW IT FEELS TO BE A JUNIOR

Six months ago we were frightened and bewildered. Today, we are well on our way to becoming nurses. Our heads spin when we think of all that has happened since September 11th. We've made memories that will last a lifetime--and friendships that will endure forever.

How does it feel to be a Junior--it feels like pride, in what we've accomplished, in what we have become; it feels like warmth--found in new relationships with people who are a part of a new life; it feels like confidence--gained from practice and classroom knowledge; it feels like faith in our profession and in our colleagues, and in our God; it feels like fear--are we capable of the responsibility placed on us--it feels like happiness--happy to be where we are and doing what we are doing; it feels like amazement--we actually made it through that first six months; and it feels like gratitude--to those who have taught us, those who have listened to us when we felt like talking those who have understood when we needed understanding; those who have laughed with us over our mistakes; and praised us when praise was due; and most of all those who had faith in us.



"No, Miss Sweeney, we have more gentle ways!"

MINSTREL SHOW

That's right, "The Showboat" is coming to Jeff and we promise you'll be glad you stepped on board to join in the fun on the evenings of April 12th and 13th.

This is the first Minstrel Show to be presented by the student nurses of our hospital. Rehearsals are under way and final plans completed to make this another one of our successful firsts.

The program will include such features as: group singing, soloists, dance routines and comedy skits. Many surprises are being planned and who knows--you may not even recognize these talented people as fellow schoolmates.

The tickets are only \$1.00 and will be sold by all of the students as well as at McClellan Hall on the evenings of the show.

MOVIE REVIEW

"El Cid", an Allied Artist release now playing at the Goldman Theatre, was produced by Samuel Bronston and stars Charlton Heston and Sophia Loren in the story of Spain's greatest legend, that of Rodrigo de Bivar and his beloved Lady Chimene. Filmed in Spain where architectural vestiges of the Middle Ages are still quite evident, the unforgettable pageantry and feudal intrigues of the eleventh century are once more brought to life. The magnificent portrayal of the Battle of Valencia is just one of the never to be forgotten sequences. In his fight for mutual tolerance and the unification of Spain under one Christian monarch, he faced the hatred of his peers and his loved ones. It is said that this is no drama of a bygone age, but the Challenge of our own time in the dedication of one man to the selfless task of seeking peace.

Mr Heston was in Philadelphia a few weeks ago publicising the film and he is definitely just as dynamic and sincere in person as he is on the screen.

BYBERRY

It is the unearthly hour of six a.m. on a Sunday morning. The place is a room in the nurses' home of Jefferson Hospital.

Clang.....Clang! "Oh roomie, for Pete's sake, leave me alone!"

Familiar words, familiar surroundings. Yes, what do we have here? The creatures of routine known as the student nurse.

Today, something is wrong. Her fifty yard dash to the bathroom is hindered with a bang as she sails over her over-stuffed laundry bag. In the mental fog so familiar to all student nurses at six a.m., she wonders why she packed all of her belongings.

Then the impact hits, hard. Today, she is to venture into the unknown. She is scheduled to report to a place called Byberry.

"Byberry? Isn't that somewhere north of Jeff?" "Do they really have all those people there? After all, it is a mental institution".

Miraculously, our student nurse makes it through her last day with the typical "Goodmorning" to the last 4 p.m. T.P.R.

Self sufficient and independent though she may be, the S.N. could never make the step alone. The family car is requisitioned. Finally, the car is packed with countless necessities and the harassed parent begins the trip. Naturally, a fog has taken over the city, but they at last reach their destination. Many thoughts whirl through the S.N.'s head as she enters her new residence.

After a shower, our S.N. reappears pajamaed and entangled in thirty million curlers. Disengaging herself from the pretzel-like position necessary for con-

versation, we can hear her yawn, "Wake me at six."

So it wasn't as bad as had been feared. Byberry is the Philadelphia State Hospital. Originally, it was known as Blockly, the Phila. Alms House and Asylum built in colonial days. It is now one of the largest mental institutions in the nation, caring for 6,800 patients. The professional staff includes about 100 doctors and nurses. There are three buildings where the student receives her clinical experience. One is for male patients, the other for female patients, and the third is the admissions building.

The activities are geared to enable each student to establish a relationship with a patient. Nursing duties include games, dancing and basic patient therapy. The only task performed that is also a part of general hospital duties is the pouring of medications.

Area hospitals send student nurses to affiliate. About 120 student nurses are now working here. Each building has a student group from each of the hospitals. Initially, classes are designed to introducing basic psychiatric concepts.

As classes advance, the illnesses most encountered are discussed. In some areas, physicians seminars are given to discuss specific nursing problems.

The affiliation is for three months. Whether or not you will be happy here is an individual matter. It is another phase of the nursing school program and like the rest, some enjoy it and others don't.

COME TO THE DINNER-DANCE!!

CHEERLEADERS

The function of any cheer-leading group is to boost school spirit, be peppy and cheer the team whether they are winning or losing. But the Jefferson cheerleaders did this and more. Attending every game in their black skirts and blue blouses, they became the leaders for the night.

However, the cheerleaders cannot function properly without the help of the student body. The games, on the whole, were very well attended and this was appreciated by the cheerleaders as well as the team.

On February 5, Jefferson concluded the 1961-82 basketball season with another victory, but the cheerleaders didn't stop working. Proof of this was their attendance at the student-faculty game on March 5, and their participation in the cheerleading contest on February 19th.

The Newspaper Staff would like to congratulate the cheerleaders on a job well done and hope they will continue the good work next year.

LEAVE IT TO BEAVER

Everyone is still talking about the now famous "Miss Jefferson Contest". Next year some of us may be judges for this same affair.

It gives me great pleasure to announce that Joan Campbell is among the ranks of the engaged. Not to mention Ellen Boyle and Shirley Sutthill.

Everyone is making plans for the future and it looks as though many girls from the Class of '62 will be staying at Jeff after graduation. The end is drawing nearer and the paper clip calender on L.C.'s bulletin board is shrinking rapidly.

SAIRY GAMP

It seems to me as if there has been a lot of "fuss" made about the "Miss Jefferson" Contest. I don't think it was nearly as exciting as the time I was running for "Miss Student Nurse".

Ah yes! I can easily visualize all--even today. On the night of the finals, first came the parade before the judges. I came tripping across the stage and stumbled over my rather large, white shoes; I landed on the judges' laps. I made quite an "impression" on them!

Then I was called to give my presentation of talent. I burst forth with a beautiful solo. Everyone was very "moved"--as a matter of fact, they moved outside until I was finished. I was then asked two questions. I got so nervous that I fainted, and didn't answer either of them. They thought that it was a very original approach!

I suppose you've guessed by now that I took the honors. Yes, I was elected "Miss Student Nurse". There wasn't much competition--I was the only one running. Tune in next month, I'll have another exciting story for you.

Sincerely yours,
Sairy Gamp

What would you do if you had Helminthoague? Ans: remedy that expels worms.

- N. Shearer---Enter it in the Miss Jefferson Contest.
- G. Trellel---Disinfect it.
- S. Ewing-----Ship it to Long Beach.
- R. Richardson---Take it to Micro lab.
- J. Newman----Send it to Kruschev.
- J. Ronalds---Ask Dr Mandle about it.
- J. Scheib----Ask it to take me to dinner.
- S. Wolfe-----Blow bubbles with it.
- P. Records---Pin it on my penguin.
- L. McMaster---Use a mouthwash.
- G. MacKenzie---Give it the "bee-sting".
- S. Weiss-----Go to a doctor.
- L. Wang-----Send it up with the next astronaut.

AN INSIDE VIEW OF THE JEFFERSON GLOBETROTTERS

Everyone agrees that Jefferson has quite a successful basketball season. It is true that it could not have been so, without complete team co-operation, but we would like to take a look at each player for just a moment and see the inside mechanism of a smoothly-running team.

CORKY KURZEN--

Corky was combination captain, comforter, and moral support. When the odds were against Jeff, she was the one who got behind the team and kept them playing their best. Her leadership was apparent here, as with everything else she does. Her characteristics are ones to be admired, not only as a player, but as a person. Jeff is sure going to miss this Senior. We hope the future holds only great things for one who is loved and respected by all. Hats off to Corky, a fine player, and an outstanding example of sportsmanship and leadership.

JOY STABILE--

Alias "Wilt". Everyone knows Joy as a clown, but she also has proven herself as a basketball player with her fine shots and smooth handling of the ball. During tense moments, Joy could always be counted on for an unusual play which brought both laughter and victory to the team.

BETH REED--

Although Beth came away from most of the games with numerous cuts and bruises, she was our leading scorer. She is good not only on the line, but is an excellent shot from the court as well. Rebounds were no problem as Beth scored again and again for our team. Looking to the future, this great player has two more seasons with the team.

GALE MACKENZIE--

Gale is one of the unsung heroes of the basketball team. Without her outstanding ability as a guard a few of those final scores might have been alot closer. Some say because of Gale, the rules may be changed so one can dribble down court on their hands and knees. But what could be more effective than shouting "mungfulness" at an opposing player.

NANCY GALLAGHER--

Another vital cog in the defensive wheel. Nancy's height proved to be quite valuable to Jefferson this year, as the team managed to maintain control of the backboards a good percentage of the time. Of course, height alone doesn't make a player. You have to know how to use it, and Nancy certainly does. She's always there when that opposing forward manages to get through the line. More than once she saved the day for Jeff.

LORETTA RICH--

Was it football or basketball? Those long, bullet passes of Loretta's sometimes may have confused a few people. But they always reached their intended receiver and quite a few points for Jeff resulted. Loretta can always seem to find that one little open space for a pass, and usually takes full advantage of it. A fine job playing Loretta.

Congratulations also to the rest of the team who didn't start, but whose abilities contributed to Jeff's victorious season.

SUPPORT YOUR SCHOOL