

1961

Caps & Capes - Fall 1961

Terry Figueiredo

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1961

CAPS

n'

CAPE



The
Florence Nightingale
Pledge

I solemnly pledge myself
before God and in the presence
of this assembly, to pass my
life in purity and to practice
my profession faithfully. I
will abstain from whatever is
deleterious and mischievous,
and will not take or knowingly
administer any harmful drug.
I will do all in my power to maintain
and elevate the standard of my
profession, and will hold in confidence
all personal matters committed
to my keeping and all family
affairs coming to my knowledge
in the practice of my calling.
With loyalty will I endeavor to
aid the physician in his work,
and devote myself to the welfare
of those committed to my care.

EDITORIAL

School spirit is an intangible something that we all had in high school. We were out there cheering at pep rallies and ball games, and when our school accomplished something we were as proud as punch. What happened to the school spirit when we left high school?

Jefferson has a very fine basketball team which is rarely supported by the students. Isn't it more of an accomplishment to have a basketball team in a school of nursing than to have one in a high school? I feel that it is. I also feel that we are not displaying school spirit when we do not support these girls; our classmates; our friends; our fellow workers.

Also, we are all members of SNAP. Have we all supported our school in SNAP? I think the answer is fairly obvious. We have as many opportunities in this organization as do the other schools, but we are not utilizing these opportunities.

Your three years in training are what you make them. If you are proud of your school and of yourself, you will show school spirit. If you are not, you will be the same kind of citizen as you are a student. There are many organizations and functions available for you at Jefferson. These will succeed or fail because of you. If you show pride in your school, and in yourself, you will go on to become the type of nurse that people admire and respect. It is your decision, make it wisely.

NEWSPAPER STAFF

Editor.....Terry Figueiredo
Co-Editor.....Janet Blumberg
Advisor.....Miss McClean
Historian.....Carole Costello
Cartoonists.....Donna Knebb
 Judy Welsko
Reporters.....Carol Frame,
Jan Powell, Ginny Moore, Beth
Reed, Val O'Donnell, Joni Yelen,
Dottie Nuttall, Shirley Guitas,
Phyllis Sbrolla, Polly Zimmerman

SPOTLIGHT

In these few paragraphs, we will attempt to describe one of the best liked, versatile, hard working students that leads our school.

She was not only vice-president of her class in her first year, but was recently chosen president of the Student Council. To prove how much faith they have in her ability, her fellow classmates selected her to represent their school at the National Student Nurse's Association Convention that was held in Miami Beach, Florida in 1960. She also willingly accepted the difficult task of being literary editor of the 1962 "Nosokomos".

Even with her busy schedule, she always has time to listen to the problems of a friend. She is an efficient and conscientious nurse, and not only well-liked by her classmates but by her patients as well.

She is a tall, attractive, brunette with a perpetual smile, who in her "spare" time can usually be found sewing on some new creation to contribute to her extensive wardrobe or writing a line of poetry.

She hails from a small town in Connecticut and she considers living in a big city such as Philadelphia as a very meaningful experience. When she finishes her training at Jefferson, she hopes to continue her education. No matter what she may attempt, we are sure that she will succeed.

Needless to say, we cannot concentrate into these few sentences all of her many attributes, but we have adequately described a girl that everyone knows.....Shirley Sutthill.

HOUSEMOTHERS

Welcome to the new class, the Class of 1964. We hope you will enjoy being with us. Greetings to all of the girls from the Staff of the Residence.

We would like you to know and realize that we are here to maintain the standards of living in the House, set up by the Committee and to take care of your needs. We would like you to remember that we are also here to help you in any way possible. If you are feeling low, need someone to talk to, or a shoulder to cry on,

in fact, just anything we can help you with, don't hesitate to come.

STUDENT COUNCIL

Student Council has started the wheels rolling toward a more united and active student body. It is the hope of the officers that each student will participate in the bi-monthly meetings held the first and third Wednesday of each month at five o'clock in the recreation room of the residence.

We would like to extend special welcome to the class of '64, for in their participation is the hope and accomplishments of the future.

Our agenda for the year will include the presentation of a minstrel show scheduled for April. This will provide ample opportunity for students to display their talents, artistic ability, and sense of humor in a form that is sure to be appreciated by all those who contribute.

Presently a chosen committee consisting of each class president, house president, and the student council president is busy revising the by-laws of student council. Future work will include the compiling of a handbook for students in the school of nursing.

It is hoped that every student with honest interest in school activities will participate to the best of her ability. The newspaper can use people with a flair for writing and the basketball club would be happy to welcome new players. So girls, opportunity awaits. Let's broaden our interests, widen our horizons, and help make school activities bigger and better.

The next meeting of Student Council will be a mass meeting, Thursday October 26, in the pit, to be held at four o'clock.

FROM THE GAVEL

Judiciary Council consists of a representative of each class, and each class president. The house president is elected from the senior class by the entire student body. Meetings are held on the first and third Wednesday of each month in the recreation room. Our

faculty advisor for the year 1961-1962 is Miss Heckenberger.

The function of Judiciary Council is to make and enforce rules and regulations of the House. The meetings are conducted by the House President and each offense is discussed. The members of the council, excluding the house president, vote on the punishments to penalize the student body.

Each student is reminded to read the bulletin board daily. The log book is to be signed every day by the proctor on duty. This is a form of self-government which must be effective in order to be retained.

Co-operation is necessary to have a system whereby we are permitted to make and enforce our own rules and regulations.

"SNIPS FROM SNAP"

SNAP, the professional student nurses' organization, is divided into area, state, and national levels. Once you have become a member in the area, you are automatically included in the state and national associations.

Area #1, which contains the schools of Philadelphia, meets the second Tuesday of every month. The business meeting followed by a talent show or social hour or fashion show with gals from other schools constitutes an evening of a lot of fun. See you at the next meeting!...PGH, November 14, 8 P.M.

The highlight of SNAP for October is the state convention which is being held in Pittsburgh from October 23 to October 27. The convention AROUND THE WORLD WITH NURSING being the theme, promises to provide all in attendance with the current trends in nursing. Representing Jeff are Edie McKeith, Mary Greenwood, and Barbara Collins. To these Jeffersonians we wish a successful and rewarding trip. The Jefferson Nurses Alumnae Association contributed \$100 toward the expenses of our three representatives. We appreciate the interest and support of alumnae members in the progress of the school.

THE PROBIES SPEAK

On September 11, 1961, one hundred and three normal young girls began a new life. All our lives we had been protected and cared for by our family- and now we were suddenly alone. However, after the initial fear and strangeness wore off, we began to discover the wonder of being a student nurse.

Our new life is filled with many new things-the making of new and wonderful friends, the acquirement of a storehouse of knowledge, learning to live and work closely with others, and much study. At times, when the academic and emotional strain seems beyond our limits, a reminder of what we are working for gives us new strength and ambition.

All doubts of whether or not we would be happy in the field of nursing were erased after our first experience with the patient. The gratitude of the patient for even the smallest service is worth working for.

Our constant thought which we, as student nurses, have is that we are working toward the day when our dreams of becoming a professional nurse will be a reality.

THE TRADING POST

Whites and Stripes from
Lankenau Hospital School
of Nursing-----

The Senior class, under the leadership of president, Jane Munzinger, has just completed the sponsorship of the junior-senior Banquet and is currently in the process of turning over all sales accounts and properties to the Junior Class. Work is scheduled to begin on the yearbook shortly. The junior class is organizing their sales committees and planing activities for freshman orientation and fun.

The freshman at the moment are having hours of orientation, and are just trying to get organized into the perplexing life of a student nurse.

MOVIE REVIEW

"The Young Doctors", a
United Artist release based on

"The Final Diagnosis" by
Arthur Hailey stars Frederic
March, Ben Gazzara, Ina Balin,
and Dick Clark of Philadelphia's
Bandstand.

With the aid of the AMA
and New York City and state
hospitals, this absorbing
drama presents an accurate
account of daily hospital func-
tions. Black and white film
footage add to the authenticity
of the story.

NEWSPAPER CLUB NEWS

Every Wednesday evening
at 5:30 P.M., the newspaper
club holds its weekly meeting.
Under the leadership of Terry
Figueiredo, the Editor, and
Janet Blumberg, co-editor,
the club organizes plans for
the next edition. Several
meetings have been held since
the new students entered Jeff.
Among recent topics discussed
are a fund earning project,
and organization of committees
for various sections of the
paper. At the present, the
principle goal of the club is
to have a printed issue by
March. Student participation
in this club has been excellent
with the majority of the mem-
bers being freshman students.
It is hoped that other classes
will follow this example and
that more students will start
supporting their school paper
since it is the official organ
of the school.

The club would also like
to extend its appreciation
for the interest and help
given by Miss McClean, the new
advisor. Continuous coopera-
tion on the part of all inter-
ested individuals will provide
Jefferson students with one
of the best newspapers in the
area.

CLASS NEWS '62

The senior class will
be having elections of new
officers within the near
future.

On Friday, October 27,
the class is sponsoring a
mixer, the Fall Frolic.

The members of the class
who are in Pediatrics now are
planning a halloween party
for the youngsters. A good
time will be had by all.

CLASS NEWS '63

Now that the pre-clinical students are here, the class of '63 really feels that at last we belong here. Our second year has started with new classes, specialties, mixers, night duty, relief, elections, and other functions.

One of our first duties as a second year class was the Big and Little Sister party. We entertained our little sisters with skits, songs, poems, monologs, and refreshments.

The last weekend in September we had our mixer, the Halls of Ivy. Ninety-six fraternities were invited and we all had a wonderful time while we made a sizeable profit.

This month we had election of class officers and the results were:

President-Judy Frizell
V. President-Becky Kuntz
Secretary-Gerry Curly
Treasurer-Mary Ann Dutt
Student Council-Mary Lou Keim
Miriam Smart
Judiciary-Lucy Scriber
S.N.A.P.-Jean Little
Class Advisor-Miss Zarella

CLASS NEWS '64

Many thanks to the class of '63 for the wonderful fun-filled Big-Little Sister party.. also for the many wonderful suggestions they gave us for our orientation to "Jeff"... The mixer was a huge success and from recent comments couples are still miring... Polly, Joann, Dottie etc, etc... Two freshman--Beth Reed and Gale MacKenzie are on the starting lineup of the basketball team and many other girls have been going to practice... Let's hope all of us make it to the games... While we're talking about attendance... SNAP interest seems low... Could be those never ending exams, but let's hope our class attendance will improve.

DEAR SAIRY

Dear Sairy-

What would you do if you were dancing and you slipped?

Clumsy

Dear Clumsy-

Pretend it was part of the dance and get up gracefully or I'd grab your hanky and make like a cleaning lady.

Dear Sairy-

My boyfriend called the other night and asked me to go steady, what should I say?
Puzzled

Dear Puzzled-

If I were you, I'd tell him I'd rather go to the movies.

Dear Sairy-

I weigh 350 lbs. What should I do about it?
Teeny-Tiny

Dear Teeny-Tiny-

You forgot to mention- is that with or without your shoes on?

What would you do if you had Myeloradiculodysplasia?

Definition: a congenital abnormality of the spinal cord and nerve roots.

J. Newman: sing to it.

G. MacKenzie: amputate it.

G. Hagee: take an aspirin.

N. Shearer: buy it a bathing suit and take it swimming.

G. Tremmel: feed it.

J. Yelen: swallow it.

B. Wryker: give it to somebody.

J. Whitman: teach it to sing.

DID YOU EVER.....

---fill up the thermometer tray with a 24hr. urine instead of iodophor?

---have a patient in semi-isolation with BRP in a ward?

---try to sleep in the residence after working night duty?

---take all the eight o'clock temps and find that they had already been taken?

---do two care studies and a project in one night?

---lock yourself out of your room twice in the same night?

---oversleep and get to work at five after seven only to find it was your day off?

---get mail two days in a row?

---ask the Chief Orthopedic Resident if he was an intern?

---put a thermometer in backwards?

---get to work and work for two hours before you discovered you had forgotten your cap?

---meet your date with your brain patch on?

---iron a uniform and find out it wasn't yours?

---burn a hole in your only cap?

---walk off the floor with the narcotic keys in your pocket?

---deliver a baby on Gyn. ward when you haven't even had O.B.?

---work relief when it wasn't busy?

---try to write a Did You Ever?

---brush your teeth with an ice cube?

LEAVE IT TO BEAVER

Beaver's friends have been traveling around Jefferson learning many, many things by experience. Through this column, we will all learn by their mistakes.

The statement, "This is heaven, which angel do you want?" has caused a certain member of the fifth floor much embarrassment. Oh well, live and learn.

C. B., would you please explain what is meant by the "Big 6"?

If any of the seniors are interested in finding out how many days we have left in training, please see L. C's bulletin board.

P. S. is trying to sell a pink slip and cotton stockings. Really, Phyllis, we

were only kidding.

Two of the first year students are really taking things seriously. Yesterday they stood when the seniors entered the cafeteria. If this keeps up, they'll never get their lunch.

Get well wishes are sent out to Sally Boyer who is in the infirmary. Hurry back, Sally, we all miss you.

Beaver has just about run down for this issue, but news is welcome for the next issue.

Submit your gossip to Caps and Capes, or to one of the editors.

UNDER THE HOOP

Basketball season has rolled around again and the Student Nurses of Jefferson Hospital have a good record to follow from last year's team, which lost only one game; the high scorer of the whole league was a student from Jefferson.

Also, the Jefferson cheerleaders won first place in their competition.

This year's team has as its captain, Corky Kurzen, and the first string of players is:

Corky Kurzen-forward
Beth Reed-forward
Joy Stabile-forward
Nancy Gallagher-guard
Linda Kermick-guard
Gail MacKenzie-guard

Other members of the team include: Joan Spece, Janice Hebllick, Loretta Rich, Carol Archer, Mary Tarrachia, Donna Rockhill, Melinda Whipple, Mary Reggie, Penny Records, Polly Zimmerman, Val O'Donnell, and Kathy Cimachosky.

The coach of the team is Mr. Tom Grey; practice is held once a week at the local school gym.

All games are played on a neutral court at the Bala Cynwood High School gym. Jefferson provides a bus for transportation to the games, and admission is free. All first year students are excused from study hall to attend.

The team needs your support so please try to attend the games. The first one scheduled for November 9, 1961, with Albert Einstein as our opponent.

THE DELIGHTFUL CREATURE

Between the innocence of an entrance exam and the dignity of an R. N., there comes the delightful creature--the student nurse.

They come in assorted sizes, weights and shapes, and they all have the very same creed--to enjoy every second of every hour of every day, off and on, and to protest with griping (their only weapon) when their forty hours are over and the supervisors are in the snack bar!

Student nurses are found everywhere---underneath everything or jumping through, swimming from or running over. Patients love them, R. N.'s hate them, doctors tolerate them, and nothing protects them.

A student nurse is truth with blood on her uniform, beauty with gloves on her hands, wisdom with Abbocillin in her hair and the future with scissors in her pocket.

To the doctors a student nurse is an inconsiderate, questioning and intrusive jangle of noise. When you want her to make an impression, she becomes a sadistic, giggling creature, bent on wasting as much time as possible and sleeping through classes.

A student nurse is a composite---she has the appetite of a horse, the digestion of an ulcer patient, the energy of an S. S. enema, the lungs of a telephone operator, the imagination of a Vanderbilt grad, the enthusiasm of central supply, the sharpness of a scalpel, the audacity of a nurses' aide, and when she gives an injection, she has five thumbs on either hand.

She likes food (few potatoes), vacations, Christmas, money from home, love stories, officers, water in it's natural habitat, doctors, working elevators, off duty, and fire alarms. Not to mention handsome lads with Jaguars.

She's not much for books without pictures, ward clothes, hair nets, study hours, metric system and campuses.

Nobody is so early to rise and so late to bed; nobody gets so much out of doctors



"Here, let me!"

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and medical conferences; nobody else can cram into one day, 3 enemas, 12 complete baths, 3 trips to the morgue, 2 trips to the nursing office, set up meds, press her uniforms, polish her shoes, do her nails, stay out 'til 11:30 and still get along with her roommate.

A student nurse is a magical creature--you may campus her but you can't keep her out of trouble, so you might as well give up. She is your aide, your mail, your porter, and your classmate!

She is a freckle-faced, long legged, fun-loving bundle of noise. But when she gets off duty with her aching feet and her tired back, she drops into bed with a flop and tells you goodnight with those famous last words, "Wake me at 6."

And finally, she has even been known to awaken a patient at 11:30 P.M., smile sweetly and say, "So sorry, but I forgot to give you your H. S."

Author Unknown