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NEWSPAPER OF THE

JEFFERSON MEDICAL COLLEGE HOSPITAL SCHOOL OF NURSING

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EDITORIAL

What is education? Education, as defined by Jobster, is the development in knowledge, skill, ability, or character by teaching, training, studying, or experience.

Too many of us take our educations for granted. We just take it as something we have to have. We have all been very fortunate to have been selected as students at Jefferson, and we should make the most of our time spent here.

We can do this not only by preparing our class work, but also by supporting Jeff in any of its activities. How is the time to take an interest in our work, and resolve to do our best so that we will be able to say that our education was worthwhile.

CHORUS

The class of '63 has now discovered another JEFFERSON NURSING SCHOOL's traditions. We, too, have found delight in singing in the chorus. The first few rehearsals filled us with energetic enthusiastic girls, accomplished much.

Under the capable direction of Miss Rikela, the group is practicing Christmas songs which will be sung in some of the nearby churches.

Miss Rikela, along with Miss Cartel, our able accompanist, anticipates that much will be accomplished with the group. Miss Rikela has a full schedule planned ahead for us.

HEBREW CLUB NEWS

The first newspaper meeting was held on October 5, 1962. The new officers are as follows:

President: R. Keating
Vice-President: C. Becker
Secretary: J. Kanis
Treasurer: J. Tanick
Student-Faculty Rep. J. Campbell
Student Council: J. Koder
Judiciary Council: C. Ausmann

"SONG WITHOUT WORD"

"Never did more beautiful woman love one man. Never did greater music flow from the furs of tormented love." This is how Seventeen magazine describes Columbia's new production, "Song Without End."

This film, starring Dirk Bogarde and Genevieve Page, is now playing at the Randolph Theatre, 11th & Constant Streets.
It is the life story of Franz Liszt, a 17th Century concert pianist and composer.

The combination of vivid color, beautiful clothing, fine music and outstanding acting, make this picture well worth seeing.

For those who do not enjoy concert music, they would not enjoy Song Without End, because from the opening scene to the closing one, it is filled with Liszt's concerts and compositions.

His famous love for a Russian Princess, who inspired his best music, adds interest and romance to the plot.

So, for a film fully of romance, fine music and a surprise ending don't miss Song Without End.

FASHIONS AT JEFFERSON

The probies are now displaying the latest in fashion pink and white. Inspection of their new fashions took place four weeks ago, with some very different reactions.

Maureen and Bridgett suggested changing the color of their dresses from the traditional pink and white to something that wouldn't clash with their red.

While Joy insisted her sack was supposed to be a sheath.

Bonnie kept saying her dress wasn't on and therefore couldn't be measured. It's strange how red and blue can appear pink.

Sue and Nancy literally bent over backwards to keep their designs at the fashionable "knee length".

Connie appeared in a very nice V-neck dress. She received instructions on how to develop a goiter.

Perhaps the proudest peacock of all was Ann, who is thrilled with her crisp and efficient looking design.

Good luck to all of you in your JEFFERSON originals.

BASKETBALL

Dribble, pass, shoot, two points are familiar terms used during Basketball season. This year the coach is Tom Grey with Betty Snigelski as the captain.


This year the hopes for an undefeated team are more than likely after last year only losing to Temple. There are seven games in our league with a playoff at the end of the season.

So come out and support Jeff this year and boost the girls to an UNDEFEATED SEASON.

CHEERLEADING

Another addition to our activities at Jeff, is a cheerleading team. The girls have combined ideas to form cheers for the basketball games and they will be mineographed for you so everyone can help cheer Jeff to VICTORY!

The members of the squad are: M. Haines, J. Frizell, C. Lomboli, J. Hoblich, J. Little, M. Heilman, B. Hoffman (co-capt), and S. Keller who is the captain.

They have baby blue blouses black kilts, and light blue shakers. They are considering a pep rally for the first game but no date has been set as yet.

They would appreciate full backing and co-operation, for only with your support can Jeff fill those stands in the gym.

DID YOU EVER......

try to clamp off a catheter and find that you had cut it instead? How about it, Margie?
Going off duty at seven
To wear
When
Oh
Tired,
To remedy
Longing for
Blessing the
Because some nurse in her little sphere
The world grows better, year by year,
Because some nurse in her little sphere
Puts on her apron and grins and sings,
And keeps on doing the same old things
Taking the temperatures, giving the pills
To remedy mankind's numberless ills;
Feeding the baby, answering the bells,
Longing for home and all the while
Wearing the same old professional smile;
Blessing the new born babe's first breath,
Closing the eyes that are still in death,
Taking the blame for the doctor's mistakes,
Oh, dear, what a lot of patience it takes,
Going off duty at seven o'clock
Tired, discouraged, and ready to drop
When we lay down our caps and cross the bar
Oh Lord, will you give us just one little star,
To wear in our crowns with our uniforms new
In that city above, where the Head Nurse is You.

LEAVE IT TO BEAVER

first order of business this month.

Carole Costello, Pat Murphy, Henrietta Bonini, and Sally Nichols are sporting shiny new fraternity pins.

Irene Rongyes and Joann Paul are sporting diamonds.

Everyone sends get well wishes to Judy Mace. Your roommate is lonesome, Judy, hurry back soon.

The midnight oil was burned on October 12 by the second year students. Why? Ask them.

Sunshine did it again.
One of our fine doctors was shot in the eye with formaldehyde. Oops, sorry!

Some of the first year students were caught on the fifth floor of the old building.

Congratulations to Marian Krahling on being elected to the presidency of the second year class. Our congratulations also go out to the other members of the class elected to office. They are listed elsewhere in this issue.

Fun night was given by the 7th and 8th floors on Wednesday night and the costumes were a sight to see. Everyone had a ball.

Marge Bonner got her care package and is willing to share it with everyone.

What would you do if you saw a med student put a rectal thermometer in his mouth? "Give him some Lubritine", says S. C.

What would you do if you had a lacertus? (Muscular part of the arm)

H. Roth: I'd eat it.
E. Shively: I'd cut it off.
M. Shible: I'd take an Aspirin
C. Keagle: I'd give it to my roommate.
M. McCauley: I'd go to a doctor in a hurry.
M. Macknis: I'd go on a low fat diet."

CANCER CONFERENCE HELD
AT THE BEN FRANKLIN HOTEL

On October 5, 1960 the
eight annual Cancer Conference for nurses was held at the Benjamin Franklin Hotel. The first conference on the program was entitled "The Early Detection of Cancer." It was moderated by Dr. Catherine B. Hess of the Philadelphia Department of Health. Dr. Hess presented the mortality rate of cancer for 1958. It is as follows:

Head and neck 360
Breast 1682
Gastro-intestinal 5295

Dr. Hess also brought out that 39,000 women are subjected to vaginal cancer and only 26,000 tests were done last year. This is a shocking and regrettable figure considering the low cost and ease with which one of these tests is performed.

Dr. John Blady, clinical Professor of Surgery and Director of the Tumor Clinic at Temple University Medical School and Hospital, spoke on the Early Detection of Cancer of the Head and Neck. The most effective treatment of Cancer is early detection. This type of cancer is treated in any stage with the earliest stage giving the best results. However, the early stage is hard to describe as a precancerous lesion is benign today and malignant tomorrow. Dr. Blady then showed slides of cancerous lesions of the head and neck. He also stated that conditions of the tongue should be treated by a general practitioner, a specialist, and a dentist.

Dr. George Rosnord, Chairman, Cancer Control Committee, Philadelphia County Medical Society, Professor of Clinical Surgery at Temple University Medical School and Hospital, spoke on the early detection of Cancer of the breast. Dr. Rosnord opened by saying that total prevention of breast cancer is possible by total removal before the age of 20. Cancer also becomes more frequent as the woman gets older. Delay is also the worst factor in treatment. Eighty per cent of the cases are cured when there is early detection. It is relatively simple to have early detection because a woman is familiar with the contours of her breasts. 92% of these Cancers were discovered by the woman herself, while only 8% were discovered by the physician. Dr. Rosnord stated that most women are more worried about their appearance than they are about life or death. He stressed the importance of self breast examination.

Dr. Arden Turner, Assistant Professor of Gastroenterology at Hahnemann Medical College and Hospital, spoke on Early Detection of cancer in the GI tract. Dr. Turner stated that 90% of cancer deaths occur in the GI tract, the longest portion being in the colon and rectum. Early detection is very difficult because of the situation of the tract. A physical exam is used for early detection. This consists of the rectum, an anoscope and sigmoidoscopic exam. A barium enema should also be done every few years for older persons. The secondary symptoms are usually the first ones detected.

Dr. Hess summed up the talks by saying that the family physician should be consulted if there is any change from the normal. It was stressed that early detection is the best treatment for any type of cancer. The public should also be urged to support the American Cancer Society. Following the talks there was a question and answer period with audience participation.

Everyone who attended this conference came away with a better understanding of the dreaded disease of cancer.

GEMS O' WISDOM

Folks are funny! Everybody wants to live a long time but nobody wants to get old.

Some people will believe anything if it is whispered to them.

Criticism is something you can avoid by saying nothing, doing nothing, and being nothing.

There was a time when a fool and his money were soon parted. Now it happens to everybody.