



## Who We Serve

MATER is a program in the Department of Obstetrics & Gynecology at Thomas Jefferson University Hospitals, and includes the Sidney Kimmel Medical College departments of OB/GYN, Pediatrics and Psychiatry. The MATER Program includes Family Center Outpatient and Intensive Outpatient Services and My Sister's Place Residential Program

### Family Center Outpatient and Intensive Outpatient Programs

- 18 years or older
- Pregnant or parenting
- Needing treatment for any substance problems

### My Sister's Place Residential Program

- 18 years or older
- Pregnant or parenting
- Needing treatment for any substance problems
- Children under 6 years old are welcome to live in the residence with their mother

## Services Offered

**Comprehensive Care Services Offered by MATER**

<p><b>CARE COORDINATION &amp; CASE MANAGEMENT</b></p> <ul style="list-style-type: none"> <li>• INSURANCE COVERAGE</li> <li>• GOVERNMENT IDENTIFICATION</li> <li>• WELFARE BENEFITS, INCLUDING WIC, SNAP, TRANSPORTATION</li> <li>• JOB READINESS ASSISTANCE</li> </ul>	<p><b>MEDICAL CARE</b></p> <ul style="list-style-type: none"> <li>• PRENATAL CARE INCLUDING CENTERINGPREGNANCY FROM JEFFERSON AND PERINATAL/ WELL-CHILD PEDIATRIC CARE FROM NEMOURS</li> <li>• DELIVERED CARE FROM JEFFERSON WITH AVAILABLE NEONATAL AND PEDIATRIC CARE FROM NEMOURS</li> <li>• COORDINATION OF SPECIALTY AND GENERAL MEDICAL CARE FOR WOMEN AND THEIR CHILDREN</li> </ul>	<p><b>MENTAL HEALTH CARE</b></p> <ul style="list-style-type: none"> <li>• MENTAL HEALTH CHECKUPS WITH OUR STAFF PSYCHIATRIST</li> <li>• CONTINUED THERAPY INCLUDING ANY NEEDED PRESCRIPTIONS FROM STAFF PSYCHIATRIST</li> </ul>	<p><b>INDIVIDUAL THERAPY &amp; PEER SUPPORT</b></p> <ul style="list-style-type: none"> <li>• STRENGTH-BASED TREATMENT PLANNING TO MEET RECOVERY NEEDS</li> <li>• ONE-ON-ONE SESSIONS WITH AN EXPERIENCED THERAPIST</li> <li>• CERTIFIED PEER SPECIALISTS OFFER ONE-ON-ONE AND GROUP SUPPORT</li> </ul>
<p><b>GROUP THERAPY</b></p> <ul style="list-style-type: none"> <li>• MINDFULNESS-BASED PARENTING</li> <li>• YOGA</li> <li>• SMOKING CESSATION</li> <li>• ANGER MANAGEMENT</li> <li>• LIFE SKILLS, INCLUDING COOKING AND MONEY MANAGEMENT</li> <li>• 12-STEP MEETINGS AND SUPPORT GROUPS</li> <li>• TRAUMA INFORMED GROUPS</li> </ul>	<p><b>CHILD CARE</b></p> <ul style="list-style-type: none"> <li>• SAFE ENVIRONMENT FOR CHILDREN AGES 3 MONTHS TO 6 YEARS WHILE ATTENDING THERAPY APPOINTMENTS</li> <li>• PARENTING EDUCATION</li> <li>• CHILD DEVELOPMENT ASSESSMENT AND REFERRALS TO SERVICES</li> <li>• SUPPORT NAVIGATING DHS OR FAMILY COURT INVOLVEMENT</li> </ul>	<p><b>MEDICATIONS FOR OPIOID USE DISORDER &amp; SUPPORT</b></p> <ul style="list-style-type: none"> <li>• METHADONE AND BUPRENORPHINE (SUBUTEX) OR SUBOXONE CAN REDUCE CRAVINGS AND PREVENT WITHDRAWAL</li> <li>• A TEAM OF EXPERIENCED PROFESSIONALS WILL HELP FIND THE RIGHT MEDICATION AND DOSE</li> </ul>	<p><b>FAMILY ENGAGEMENT &amp; SUPPORT</b></p> <ul style="list-style-type: none"> <li>• MINDFULNESS-BASED FAMILY SUPPORT</li> <li>• FAMILY SUPPORT PERSON DINNERS</li> <li>• FAMILY THERAPY</li> </ul>

To refer a patient, call 215-955-3792. To learn more, visit [JeffersonHealth.org/MATER](http://JeffersonHealth.org/MATER).



## Research Portfolio

### Current Funded Research at MATER

- Substance Abuse Mental Health Services Administration funded Serving Women and Children: A Family Unity Approach Study Grant Number 3H79TI080335-01S1.
- National Institute Child Human Development funded Determinant of Breastfeeding Intention, Initiation and Continuation among Women Receiving Medication-Assisted Treatment for Opioid Use Disorder Grant No. HD092825-01A1.
- City of Philadelphia Department of Public Health funded Impact of Doula Care in Population of Pregnant and Parenting Women in Treatment for Opioid Use Disorder. Grant number pending.

### Completed Research at MATER

- U.S. Department of Health and Human Services, Children's Bureau funded Practicing Safety Mindfulness Project for Mothers in Drug Treatment Grant Number 90CB0190.
- Provost Clinical Research Award Thomas Jefferson University funded Perceptions of newborn and well-child care among mothers in treatment for opioid use disorder.
- March of Dimes funded Impact of Mindfulness Based Childbirth on Maternal Outcomes.
- National Institute of Drug Abuse funded The Mother (Maternal Opioid Treatment: Human Experimental Research) Study Grant Number R01DA015738.

## Research Questions

- How do we integrate pediatric trauma screening services in community based organizations?
- How can we use social network analysis to build better systems of support for pregnant and parenting women with substance use disorder?
- Does the current structure of the WIC food packages affect decision making around intent to breastfeed?
- Can doula care services engage women in drug treatment and improve adherence to recovery?
- Is there a relationship between resiliency and attachment in the mother child dyad in the population of pregnant and parenting women in drug treatment?

## MATER Research Staff & Contact Information

Diane Abatemarco, PhD, MSW  
Director of MATER

Professor of Department Obstetrics/Gynecology and Pediatrics  
[Diane.Abatemarco@Jefferson.edu](mailto:Diane.Abatemarco@Jefferson.edu)

Dennis Hand  
Associate Director MATER  
Assistant Professor, Department Obstetrics/Gynecology  
[Dennis.Hand@Jefferson.edu](mailto:Dennis.Hand@Jefferson.edu)

Vanessa Short  
Assistant Professor Department Obstetrics/Gynecology  
[Vanessa.Short@Jefferson.edu](mailto:Vanessa.Short@Jefferson.edu)

Meghan Gannon  
Assistant Professor Department Obstetrics/Gynecology  
[Meghan.Gannon@Jefferson.edu](mailto:Meghan.Gannon@Jefferson.edu)