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Talking to Insomniacs: Integrative Medicine Grand Rounds

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Talking to Insomniacs: Integrative Medicine Grand Rounds, June 3rd

Please join us for Integrative Medicine Grand Rounds on Tuesday, June 3, 2014 in 925 Chestnut Street, 2nd floor conference room from 8:00-9:00 am. *Please note the venue for this exciting program.* Dimitri Markov, M.D., FAPA is presenting and the title of his presentation is: **"Talking to Insomniacs."**Dr. Dimitri Markov is an attending physician in the Jefferson Sleep Disorders Center and the Division of Consultation-Liason Psychiatry here at Jefferson. Dr. Markov received his undergraduate degree in pharmacy from Temple University School of Pharmacy and his medical degree from the MCP-Hahnemann University School of Medicine. He completed the Adult Psychiatry Residency Program at the Thomas Jefferson University Hospital and received training in sleep medicine here at Jefferson.

Jefferson Medical College of Thomas Jefferson University is accredited by the ACCME to provide continuing medical education for physicians. Jefferson Medical College designates this live activity for a maximum of 1 *AMA PRA Category Credit(s)*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Overall Goals and Objectives:

1. Identify recent advances in integrative medical care and discuss their application to clinical practice.

2. Describe the latest data on complementary and alternative medical therapies that could improve patient outcomes.

3. Discuss core integrative medicine topics that patients frequently ask physicians about.

Looking forward to seeing you there! If you are unable to attend, you can view all of our Integrative Medicine Grand Rounds presentations on (<u>http://jdc.jefferson.edu/jmbcim_lectures/</u>)

Thank you. Daniel A. Monti, M.D. Professor and Center Director, Myrna Brind Center of Integrative Medicine Thomas Jefferson University and Hospital 925 Chestnut Street Ste.120 Philadelphia, PA, 19107 www.jeffersonhospital.org/cim

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