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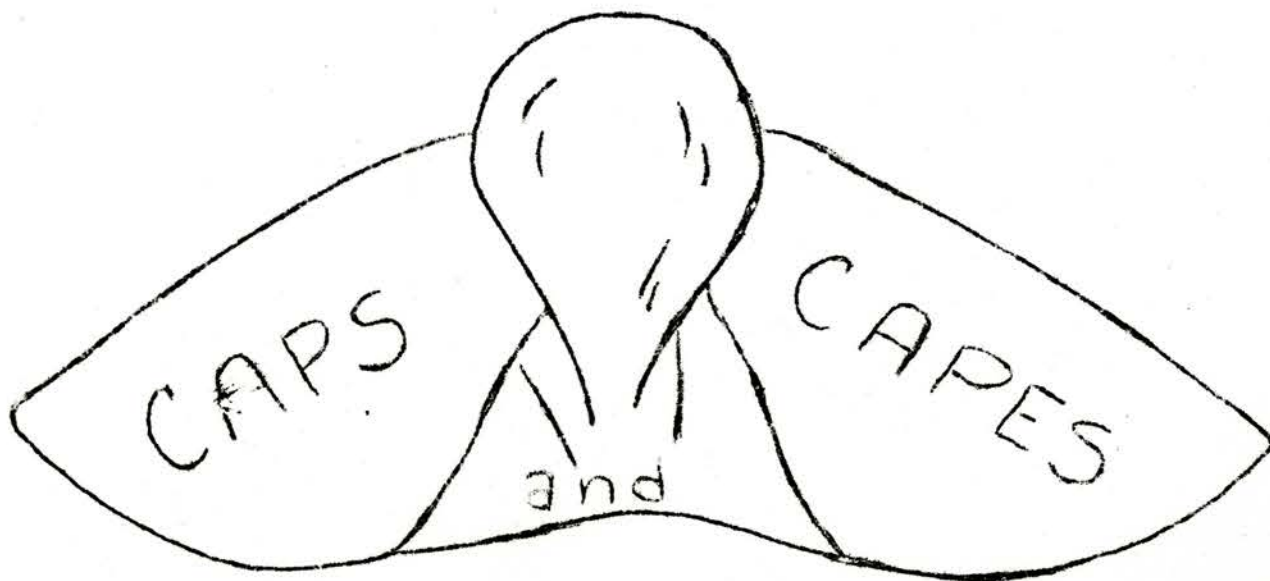
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1960



NEWSPAPER OF THE
JEFFERSON MEDICAL COLLEGE HOSPITAL SCHOOL OF NURSING

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Vol. II Issue IV

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ADDITIONAL ARTICLES;.....Staff Nurses
 Miss Stauffer, Miss Shenk, Miss Hippensteel

EDITORIAL

The holidays are over--no more signs of leftover turkey or pumpkin pie and many New Year's resolutions broken. Perhaps even the new zest and interest with which you promised yourself that you would use in your work and studies has died and last minute cramming or half-heartedness has again returned.

Perhaps now is the time that you should reconsider the resolutions with conviction. Past failure should prod you to keep them and in the near future you will see improvement and be glad that you remade your resolutions and stuck by them.

The Newspaper staff wants to take this time to say that they hope all had a happy holiday whether it was at home or not, and that the future decade gives you everything you wish for.

FAREWELL 2/60

Three years ago a group of very apprehensive girls entered Jefferson Hospital School of Nursing. Today these girls are at the end of the line at Jefferson. Actually, this is only the beginning. Soon, they will be discarding their student uniform and donning the uniform of the graduate nurse. Next comes State Boards, and at long last--R.N. Yes, this is the end of their life at Jefferson, but it is the beginning of their career.

Some will continue at Jeff, others will work at other hospitals, public health agencies, in industry, teaching and in many other fields of nursing. Let us not forget the coveted M.R.S. degree which is indeed a very good field for nurses.

And so, as you, the class of February 1960, are leaving, we, your little sisters, congratulate you and extend our very best wishes for all the luck and success in the future.

STUDENT COUNCIL
CHRISTMAS BASKETS

As a student council project, all students worked together to provide Christmas baskets for needy families. The class of Sept. 1962 made a basket for a Puerto Rican family with ten children. Fifth and sixth floors provided toys, food, and clothing for a widow with seven children. The girls on seventh floor fixed a basket for a family with five

children. A seventy-one year old woman, who was previously a patient on Women's Orthopedic Ward, received a basket of food and presents contributed by the eighth floor.

Information about these families was supplied by the Social Service department. The families appreciated these baskets and sent their deepest thanks and best wishes for a good year to all who helped provide them.

Many thanks, girls, for the tremendous job you all did.

SPOT-LIGHT

Enthusiastic! Ambitious! Full of Spirit! This describes Betty Boehmler--a senior who will graduate in a few short weeks.

You can usually hear Betty say, "You can't mean me!" However, this is backed by a good sense of humor and modesty.

Betty is known for her many ambitions and versatility. She does "wonders" with an accordion and is a former ballroom dance instructor. Cooking is another one of her specialties--although she will never admit it.

Here at Jeff Betty has been active in Student Council, Activity Club, Ping Pong Tournaments, President of her class (2nd year), and served a term as editor of "Caps and Capes".

Good luck to you, Betty, in whatever you do.

MISS HECKENBERGER'S INTERVIEW

Acting as Fundamentals Instructor to the first year students is Miss Dolores Heckenberger. Claiming Jefferson as her Alma Mater, she furthered her education at Temple University. She resides in Phila., but has traveled to Miami, Florida, the New England States, and Bermuda.

Among her many interests are sports and music. When in high school, she was captain of the tennis team. This avid softball enthusiast also played on the city championship bowling team for three years. Another of her hobbies is progressive jazz, especially "Harvard Ferguson's 'Jazz at Newport Over the 4th'".

Miss Heckenberger lists as some of the important qualities

of a nurse as a sense of humor, honesty, be able to work with others as well as to live with others, and be able to understand yourself before you can understand others. When asked for study suggestions, she replied that study habits depend on the individual.

Among the various organizations in which she participates are the National League for Nursing, American Nurses Association, and the Temple University Alumnae Association.

Her greatest satisfaction in nursing is teaching the first year students and nursing education.

CLASS NEWS "62"

On December 3, 1959, the class of "62" held its first meeting.

At the meeting Miss Marcy Grieshaber was elected to the office of Student Faculty Representative.

Two standing committees were formed, an Executive and a Financial. It was decided that six girls would be elected to each committee. In addition, the class officers are to be included in the Executive and the Treasurer in the Financial. The results of the election are as follows:

EXECUTIVE

- Edith Mc Keith
- Barbara Julius
- Ellen Glaspey
- Judy Zawada
- Sue Moore

FINANCIAL

- Janet Blumberg
- Linda Linner
- Arlene Kania
- Carol Becker
- Sue Eckerd
- Pat Koder

It was decided that there will be a class meeting once a month and whenever necessary.

NEWSPAPER CLUB NEWS

Newspaper Club meetings are held every Wednesday evening, 5:30 P.M., in the student recreation room.

We are looking forward to this year, 1960, hoping to make our issues bigger and better. Trite but true!

To have a successful paper we need support - so how about coming out to meetings and lending a hand.

CHORUS

The cadavers have awakened and the walls of the Medical College have shaken - the Nurses chorus has been practicing again.

The chorus received a very warm welcome on their first appearance of the year. Under the direction of Miss Rhiele, the girls sang at the friendly hour of the Arch Street Methodist Church. The program consisted of Christmas selections, readings by Dianne Schaffer, a collection of folk songs by Prue Ingerman and Guy Carawan. Following the program, refreshments were served.

On Tuesday, December 23rd, members of the chorus ushered in the spirit of Christmas for the children at Jeff. Santa Claus distributed gifts to each child. The children had a wonderful time, but perhaps we had even a better one.

The chorus is now rehearsing for their new spring program to be held in March.

BASKETBALL GAME

On Thursday, January 7, Jefferson competed in a basketball game against Philadelphia General Hospital. Jefferson came out the victors with a score of 48-29.

Through the leadership of their captain, Judy Haas, both the forwards and the guards played one of their best games. Keep up the good work.

The next game is on January 25. Jefferson plays Woman's Hospital School of Nursing. It should be a good game. Come out and support your undefeated team.

DID YOU EVER.....

Take a fractional from a "T" tube.....negative, wasn't it Carole?

Did you ever give a patient a cold bed pan.....oops, sorry.

Did you ever study three hours for the wrong test..... how about it Janet?

Did you ever send someone to the operating room carrying his own blood.

Believe there was such a thing as a fundus pen...Ask Dr. Goldberger

4. November 13th. was the day for election of officers. In the evening the banquet was held.

DEAR SAIRY WRITES HOME

Dear Ma 'n Pa,

Did we hev fun terda. We set in a big rum and sawed a gal git ther bugs get took out ov her haid. I cunt git clos ter see if them was lak Onkel Hirus hed.

I hev got lotz ov letterz frum Ezra an he luvs me ter peeces. Gee, gee, gee! I gut al them chillin namd. I hop Ezra laks them namz.

Them noos paper pipple ar buggin me ter finish so they kin koppe it. I haint see why them folks git sich a hick outa redin my stuff but it shore dont hurt none ter make pipple laf. I giss I'd bitter git on with my leter ter mi darlin Ezra man.

So long. Keep all them pigs feet rapped up gud so thay dont ketch hold.

Lots ov luv,
Sairy Lou

THE STAFF NURSE'S ASSOCIATION
SENDS REPRESENTATIVE TO P.N.A.
55TH ANNUAL CONVENTION

Mary Ann Stauffer was chosen and sponsored by the Staff Nurse's Association as their representative to the Pennsylvania Nurse's Association Convention, which was held at the Penn Sheraton Hotel, Pittsburgh, on November 10-14, 1959.

Miss Stauffer was asked to be a delegate from the Bucks-Philadelphia County District ##1. This allowed her the privilege of voting for the P.N.A. officers and also for District officers.

The highlights of the trip and the Convention were as follow:

1. Never having flown before, the two hour delay for departure at the airport, due to an oil leak, surely increased her apprehension.
2. Upon arriving at the hotel and after a hearty breakfast, she attended section meetings and House of Delegate meetings.
3. Evening of November 11, the Most Reverend John Joseph Wright, Bishop of Pittsburgh, spoke on "Nursing, A Professional Service."

Miss Stauffer enjoyed the Privilege extended to her, the opportunities of meeting new people, and the meetings (social and business). She returned and reported to the group what she had learned.

The main thought from this convention is for all nurses of Pennsylvania to become a member of the P.N.A. The cooperation and support of every nurse in the state is necessary to achieve the association goals.

We believe that everybody has seen the notice that follows:

ATTENTION
HOSPITAL & COLLEGE PERSONNEL

A VARIETY SHOW TO BE PRESENTED BY THE STAFF NURSES' ORGANIZATION

Can you SING, ACT, DANCE, or ENTERTAIN in any way? Do you know of anyone who can? If so, help make the VARIETY SHOW a success by your participation. Definite dates will be announced later, but approximate dates will be either in the last week of March or in April.

Anyone interested, please meet with the Committee in McClellan Hall, Tuesday, February 16, 1960, or contact Miss Hashem (at Extension 360) or Miss Shenk (Extension 285 or 286).

THANK YOU!!!!

STAFF NURSES-HEAR-SESSION ON INTENSIVE CARE EQUIPMENT

On Tuesday, January 12, members of the Staff Nurses Association enjoyed a lecture and demonstration of various pieces of equipment used for what we might call intensive patient care.

The program was presented by Dr. Louis J. Hampton, Professor of Anesthesiology, and members of his staff, in the Department of Anesthesia.

Among the items demonstrated and discussed were the Bennett Assistor, the Jefferson Ventilator, the Cardiac Monitor, Portable Defibrillator, and the Hypothermia Machine.

Although this equipment is most frequently used by the

Department of Anesthesia in the operating rooms, recovery room and our intensive care unit, it is not unlikely that it is and will be occasionally used in the general nursing units. Therefore, the knowledge of the principles involved in the use and the indications for the use of this equipment is important to nursing in maintaining an understanding of total patient care.

Since we are becoming a little more "hospital budget conscious", perhaps we should all put on the "kid gloves" when caring for patients for whom any of these pieces of emergency equipment are being used; remembering that a Cardiac Monitor costs \$200.00. On second thought, why not keep these kid gloves on for all hospital equipment?

Our program meeting for February will also be presented by the Department of Anesthesia for all nursing personnel. It will be a film and discussion of "Rescue Breathing", on February 10th.

Answers to Turkey Puzzle
Down

- 1. Poke
- 2. Musket
- 3. Deci
- 4. Hello
- 5. Decal
- 6. Loll
- 7. Oh
- 8. Noose
- 9. Akin
- 10. Hades
- 11. Ends
- 12. Pilgrim
- 13. Turkey
- 14. Avert
- 15. Chord
- 16. Din
- 17. Amidin
- 18. Mount
- 19. Many
- 20. Toed
- 21. Vigilance
- 22. Etc.
- 23. Begun
- 24. Eclair
- 25. See
- 26. Rescue
- 27. Harvest
- 28. Right
- 29. Neure
- 30. Add
- 31. Kin
- 32. E.N.T.
- 33. Happy
- 34. Only
- 35. Did
- 36. Tot
- 37. Michael
- 38. Thanksgiving
- 39. Ed
- 40. Reedy
- 41. Loon
- 42. Irritate
- 43. Sell
- 44. Summit
- 45. Nonce
- 46. Ole
- 47. Bee

A Brief History Of Anesthesia,
and Two Modern Anesthetics.

Ever since the wild groans and shrieks of the caveman, upon whom a trephining operation was being performed, man has sought a pain killer. In many places during a later era, strong herb drinks made from plants such as hellebore (used by Hippocrates, in the fifth century), and opium, the dried milky juice of the poppy, were used. During the Middle Ages, little progress was made in the discovery of anesthesia, Hemlock, opium and mandrake continued in their use, however the most popular and convenient of all anesthetics was plenty of wine. The Renaissance period although a fruitful time for discoveries in other sciences and arts, showed a rather sad record for the alleviation of pain.

Ether, the first modern anesthetic, was discovered in the sixteenth century but its properties as an anesthetic were not revealed then, even though the search for painkillers continued. Chemical investigations increased toward the end of the eighteenth century, leading to the discovery of varied gases. The ether which Davy (1778-1829) breathed was nitrous oxide, and produced a sublime sensation: further sniffing of the substance caused a temporary loss of consciousness which was quickly restored by the tendency to laugh and stamp one's feet. Through the lives of C.W. Long (1815-1878), H. Wells (1815-1848): C.T. Jackson (1805-1880), nitrous oxide remained laughing gas, although each of these

men at some point used it as an anesthetic. W. Morton (1819-1868) was the man who was elected to the Hall of fame for his discovery and use of nitrous oxide chiefly for anesthetic purposes in major surgery.

At one point or another in their long histories, trichlorethylene and cyclopropane have been employed as anesthetics, yet their full uses are in modern medicine.

Trichlorethylene has the structural formula $h-c \begin{matrix} | \\ -c- \\ | \end{matrix} cl$ and is a heavy volatile liquid having an odor similar to the strong sweet one of chloroform. Some advantages of this anesthetic are its non-flammability when administered properly, and its effectiveness when administered in small doses. There is very little post-operative nausea with trichlorethylene because it is very pleasant to inhale; it is not expensive. The major disadvantage of the drug is the delayed recovery after its administration.

Cyclopropane or trimethylene is the very simplest of cyclic hydrocarbons: its formula being:

C_3H_6 . Some of its properties are its pleasant odor, its solubility in alcohol, benzene and organic solvents. Also it is able to be saturated and converted to propane. Despite its flammability, cyclopropane is a very important anesthetic because it does not interfere nor change any living tissues!

Perhaps the next discovery in the field of anesthesia will eliminate the present minimal post-operative discomfort, because man's quest for better pain killers will never cease.