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# Complete resolution of gastric amyloidosis after autologous stem cell transplantation.

Dinu Cherian

Jefferson Medical College

Kristin Braun
Thomas Jefferson University

Neal Flomenberg
Thomas Jefferson University

Juan P. Palazzo
Thomas Jefferson University

David Kastenberg

Thomas Jefferson University
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## Complete resolution of gastric amyloidosis after autologous stem cell transplantation.

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Dinu Cherian, B.S.<sup>1</sup>
Kristin Braun, M.D.<sup>2</sup>
Neal Flomenberg, M.D.<sup>3</sup>
Juan Palazzo, M.D.<sup>4</sup>
David Kastenberg, M.D.<sup>2</sup>

<sup>1</sup>Jefferson Medical College <sup>2</sup>Division of Gastroenterology and Hepatology, Thomas Jefferson University <sup>3</sup>Division of Medical Oncology, Thomas Jefferson University <sup>4</sup>Division of Pathology, Thomas Jefferson University

Corresponding Author:
David Kastenberg, M.D.
132 South 10th Street
Philadelphia PA 19107
David.Kastenberg@jefferson.edu
Fax 215-503-2578
Phone 215-955-8900

A 48-year-old female with multiple myeloma (MM) and amyloidosis presented with massive upper gastrointestinal (GI) bleeding one week after autologous stem cell transplantation (autologous-SCT). Esophagogastroduodenoscopy (EGD) demonstrated necrotic, purple, pigmented, friable lesions throughout the stomach (Figure 1a), along with a bleeding ulcer in the cardia (Figure 1b, Video 1) which was successfully treated with epinephrine (1:10,000) injections. Biopsies demonstrated nodular amyloid deposition (Figures 2) which was Congo red positive. The patient had no further hematemesis and was discharged home 4 days later. Ten months after autologous-SCT, EGD revealed a normal stomach (Figure 3, Video 2) with no histologic evidence of amyloid.

AL amyloid of the GI tract involves the stomach in 8% of cases [1]. Only 1% with gastric amyloidosis manifest symptoms such as bleeding [1,2], which has been attributed to light chain deposition in blood vessels causing increased friability and eventual bowel infarction [2,3]. Characteristic endoscopic findings include thickened folds, mucosal erosions, submucosal hematomas, ulcerations and mucosal friability [2]. Histology demonstrates deposition of amorphous hyaline material on H&E stain which is Congo-red stain positive. Treatment of AL amyloid is aimed at the underlying plasma cell disorder in order to decrease light chain production. High-dose melphalan followed by autologous-SCT induces a complete hematologic response, along with reversal of amyloid dependent organ dysfunction, in a majority of patients in about 3 months [4,5]. This therapy may be associated with significant toxicity, especially in patients with underlying cardiac disease.

There is very limited published data documenting reversal of symptomatic GI amyloid with MM therapy [4,5]. We believe this is the first reported case of complete endoscopic and histologic resolution of GI amyloid, particularly amyloid induced GI bleeding, following autologous-SCT. In carefully selected patients with MM, high-dose melphalan followed by autologous-SCT may be effective for symptomatic AL amyloid of the GI tract.

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#### Figure Legend

Video 1 Large ulcer in the cardia containing a bleeding pigmented lesion. Numerous additional lesions are present throughout the stomach which, upon probing, are friable and necrotic.

Video 2 Complete resolution of gastric amyloid 10 months after autologous stem cell transplant.

Figure 1a A large pigmented lesion in the body of the stomach.

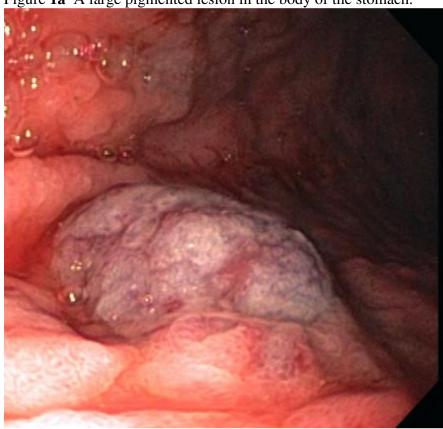


Figure **1b** Giant ulcer in the cardia containing a large, necrotic, bleeding pigmented lesion.

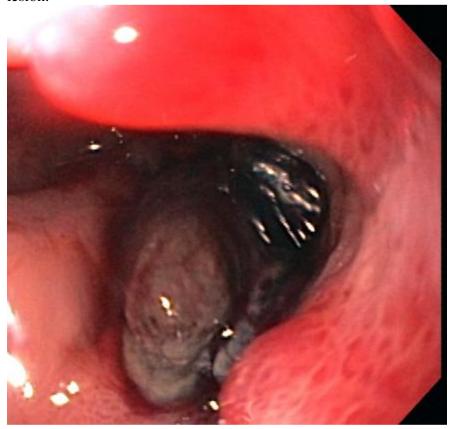


Figure 2 Gastric biopsy with dense amyloid deposition in the mucosa at high magnification.

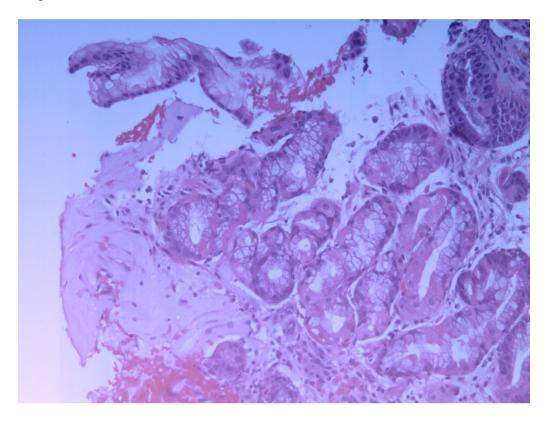


Figure 3 Normal gastric cardia and fundus 2 months after autologous stem cell transplant.

