NEWSPAPER OF THE
JEFFERSON MEDICAL COLLEGE HOSPITAL SCHOOL OF NURSING

Published by
The Newspaper Club
Vol. 11 Issue 1

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At the beginning of September a notice was posted at the Spruce Street residence stating the dates for moving into the new nurse's home. Everyone was excited when the day for moving arrived. One thing, however, was missing--a welcome mat--at the foot of the steps for the new September, 1962, Class. Was a welcome mat needed, or were the smiles, friendly hellos, "I'm your big sister," or "Hey I help you in anyway?" statements sufficient?

Where does this welcome mat lead? It leads to a diploma in nursing and a place in a noble profession.

The welcome mat is still missing at the foot of the steps, but the feeling of welcome is not missing. Everywhere can be seen signs of welcome from your upperclassmen, your instructors, and your housemothers. We are glad you are here, we hope we will be able to make you feel at home and aid you in attaining your goal of becoming a registered nurse. Again we bid you all "Welcome" and hope that you profit from your experiences, as we are, at Jefferson.

SPECIAL

To all of you who helped present the students a new home.

Ah-oooh! Wow! This was the extent of the English vocabulary used on those eventful days in September when the older students packed all belongings and oxen-tody moved from the old residence on Spruce Street to the magnificent building on the corner of Eleventh and Walnut Streets.

Those who were lucky enough to move in on the first day were appointed to relay the interior of the building to the others. But all that they said was "We can't really explain, it's just so lovely." They were right. It is lovely. To most of us it is as if we were now living in the King's palace, but even the new students who never experienced life in the old residence are delighted with their new home.

Two girls share one room containing two wall beds, two dressers, two closets, two desks, and two bulletin boards on which they can tack almost anything. The rooms are highlighted with lovely bedspreads and curtains which match the decor of the building. Piped in music into every room, air conditioning, kitchens containing electric ranges, refrigerators and dinette furniture, are just some of our many splendors. At night you will find many of us enjoying the solarium on which we may see the skyline of Philadelphia; during the summer we will be enjoying the warm sun on the open roof.

It is lovely! We appreciate all the work done in order that we may have a more pleasant place in which to live. Words cannot express exactly what is in our hearts. Many of you have all done more than your part in helping to present us with our new residence. Now what we the students must do is care for our new home so that in the years to come the hundreds of new students which step across the threshold of the residence enjoy the many pleasures of our palace.

To the classes of February 1960, September 1960, February 1961, September 1961, and September 1962, say--THANKYOU!

THANKYOU NOTES

Funds were appropriated from the entire student body for thank-you notes which were sent to the faculty, housemothers, Miss Bowman, Miss Provost, and the Women's Board for all the time and effort they took to beautify our new residence.

In comparison to what they have done for us, it isn't much but it is our small way of saying thank you.

SPOTLIGHT

One of the friendliest and best loved girls in the senior class is Martina Mockaitis. An able student, Marty also very capably fills the positions of house president, president of Judiciary Council, and yearbook editor. Her untiring efforts in behalf of her fellow students have endeared her to the entire student body and gained for her the respect of students and faculty alike.

Marty possesses the rare quality of complete and unselfish delight in the good fortune of others. She can be depended upon to listen to any problem and her
good judgement has proved helpful to many.

A talented artist, Marty enjoys working with modeling clay and sketching portraits.

Although her plans for the future are indefinite, Marty would like to enter Cornell University following graduation.

For those of us who have lived and worked with Marty, knowing her has been a gratifying experience and our very best wishes are with her.

**PROCTORS AND RESIDENCE**

The proctors are assigned to a two-week tour of duty. Usually, there are two to a floor and they are assigned by room sequence if possible. These girls are not "tattlers" but are "reminders". Their main duties are to check and make sure the lounges, bathrooms, showers, laundry rooms, etc., are kept clean. If they are not kept clean it is their job to remind the girls of their responsibility. If the responsibility of keeping the equipment clean is repeatedly ignored by the girls on the floors, privileges may be lost or punishment of the floor may occur.

The housemothers have been asked to point out to someone on the floor anything she finds wrong on that floor. In reality there is no reason for anyone finding anything wrong. It is only common courtesy to clean the bathtub after you have used it, to put trash where it belongs, to leave the lounge and other areas neat and orderly, to treat the equipment with care and to be reasonably quiet when others may be studying or sleeping.

We must realize that we are not the last class that will live in the building, but quite to the contrary we are the first and there will be many, many classes to follow us. We must do our best to leave the residence looking just as new and unscarred as it was when we entered it. Be considerate, please.

**OPEN HOUSE**

On September 25, 1959, Open House was held in the recreation room of the new residence to the delight of every student. Our first dance of the social season was a success.

The many invitations that were sent to various fraternities in the area were well accepted. This gave the new nursing students, Class of 1962, an opportunity to meet many friends. The older students also found this dance a relaxing and enjoyable change from everyday working hours and studies.

Our recreation room provides a long serving counter accompanied by a kitchen area from which refreshments were served. The large number of people concentrated in this section enjoyed such refreshment as 7 Up, sherbet punch, pretzels and cookies. Atmosphere was added by a hi fi record player which played popular music for the dancing couples.

I'm sure all who attended had a wonderful time. The students also had another pleasant memory to add to those all ready stored and a happy expectation of many more to come.

We should also like to extend a sincere thank you to all persons who helped make our Open House a success.

**CLASS NEWS**

February 1960

The February 1960 Class had a bake sale outside the Alcove on Tuesday, October 27. The sale was a big success due to the hard work of the February students, and to the many people who supported them by purchasing cakes. The February Class wishes to thank all the people who helped them by baking or by buying the baked foods.

September, 1961

The September 1961 Class pulled a few more capable leaders out of the hat in the recent class elections for this year's officers. They are as follows:

- **President**--Barbara Breithwaite (re-elect)
- **Vice President**--Dolores Gilmore (re-elect)
- **Secretary**--Barbara Canal
- **Treasurer**--Claire Lynch (re-elect)
- **Student Council Representative**--Barbara Greensaw (re-elect)
- **Alternate**--Jill Donch (re-elect)
- **Judiciary Council Representative**--Jacqueline Elsasser
September, 1961 (cont.)

SNAP Representative—Betty Ann Conley
Alternate—Connie Swor

Suggestions for future class projects included: a Thanksgiving dance, a cake sale, selling either candy, cards or gift wrapping paper for Christmas; and lastly, the annual Winter Ball. It was also decided that each girl should make a personal contribution to the United Fund Drive so that the Class could have a 100% representation.

CLUB NEWS

The NEWSPAPER CLUB meetings convene every Wednesday evening 5:30 to 7:00 P.M. These sessions, held in the comfortable surroundings of the student lounge, give each member an opportunity to participate in making "Caps and Gowns".

We welcome the new members from the Class of September '62.

Qualifications for becoming a member are an active interest in the paper, willingness to work, and school spirit.

Do you qualify?

The Newspaper Club had its annual election of officers on October 7, 1959. The results may be seen on page 1. Even though this was a joyous occasion, it was also one of regret for the outgoing staff. They did a splendid job in starting the newspaper club, improving it and keeping it going. Thanks and appreciation are only two ways in which we can show our gratitude for all they did. We, the new newspaper staff, hope that we maintain the very high standards they have set.

Thanks should also be expressed to Mrs. Harnish who was our advisor last year and is again our advisor for this year. She has helped us tremendously through some trying times, and we hope she realizes how much we appreciate her help and interest. Again, Mrs. Harnish, thank you.

The DRAMATIC CLUB held its first meeting of the season September 21, 1959. It was called to order by Ann Runyan. Marvel Lightner was appointed acting secretary.

Activities suggested were a puppet show and a Christmas play.

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Yearbook Flash (cont.)

Thanks to our parents and staff members we have all ready collected $400 towards our yearbook with $400 more to go. If all of our functions are supported and as successful as our Open House, we shall have no problem in meeting our quota.

All seniors were to have had their yearbook proofs in by October 19 as our first eighteen pages went to press October 30. This means girls, we are well on our way to making this years NOSOKOMOS a credit to the graduating classes of 1960, and to all those who are making it possible to be successful, thanks for your interest and cooperation!

DEAR SAIRY,

Dear Sairly,
Why do medical students look so tired?  

Sincerely,
First Year

Dear First Year,
Guess they stayed up too late study-ing for their blood test.

Dear Sairly,
Why did that old lady want a chair at her bedside?  

Confused.

Dear Confused,
So when she died Rigor Mortis would have something to "set in".

Dear Sairly,
I'm on night duty. My patients all go to sleep except one who leaves his lamp on night after night. Do you know why?

Perturbed

Dear Perturbed,
Sure--he's a light sleeper!

Dear Sairly,
What do you do if you blush?

Blushing

Dear Blushing,
Tell them it's the reflection from your uniform.

DID YOU EVER....

Start off for third floor Pavilion on a Sunday afternoon with a urine specimen bottle in hand and ten minutes later find yourself cut on Sanson Street still carrying your little parcel. Nobody would believe your pathetic story about the exit doors locking behind you.

Forget about the feeding you put on the stove and come back a half hour later to find blenderized pudding.

Use a hard boiled egg to make strep. and egg white? ----How about it, Elaine?

Said to at 6 to find it was only 3? ----Sleepy, huh!

Prep Mrs. Myers for the O.R. and send Mrs. MIXERS?

DIE. It happens.

Spray a man's throat with dissolved codeine tablets using a 2 cc syringe?

----I wonder who did that?

Have the surgeon gown and glove you?

----Oh, so it has happened to you too.

Page the wrong interne at 3 A.M.?

----Sorry, sir.

HYPERTRICHOPHARYNGLA (answer on page 7)

How would you treat yourself- if you had HYPERTRICHOPHARYNGLA?

Frue Ingerman--I'd hold my breath. Joni Campbell--I'd go to bed on water for a week. Then say I was all right and had only illusions.

Marty McCartney--I'd get a dictionary.

Carol Becker--Give it a hug and a great big kiss.

Jessica Nicchi--Eat it.

Patience Stearnor--I'd die.

Peggy Kain--Seems to me it's a microscopic organism.

Clyene Moore--Ask a med student, they seem to know everything!

Experience--They don't know everything.

DEAR SIRAY WRITES HOME

Dear Mr. and Mrs. Wenzel's

How thipec an everybuddy.
I shore miss ther grumtin at nite.
Man oh man Mr., then Feler doktorz er sur smootylak, and they lef at my cles without twain as it iz kold her. Pliz send up my flanelz to ware under mi unifum biczuz its only made frum that new millen stuff and ther wind goz ripim three.

Today we sturted a kals
kalld Klatt o Me an i shore lak.
it. We lernd about prizon calz
with fancy nerd men livin in un.
Wun o ther men iz kallld GollyGees.
ain t that a leffer? Hah Hah.

Neckst wek we gotter kook
sum slop for the sickuns but we
I Wendy and we had a small party with cookies and juice. That was the best Christmas I had ever spent.

Funnest experience—"I was in the operating room. Here you are gloved and masked. This was my first week and I had to scrub for a major operation. I put on my mask and gown and was afraid to move. Half way through the operation my nose began to itch and I had to move it. With this the mask fell off and the operation had to wait until I rescrubbed. What do you think Jefferson has to offer?" It teaches you to be honest with yourself.

"There are many good instructors and equipment that you can learn from besides from your textbook.

"A large city also allows you many things to see and do, like libraries, museums, dances and historical sites."

GRETCHEN DREBELBIS

What are the reasons you came to Jefferson—"I think the large facilities of the hospital and the instructors were the main reasons.

"It was also recommended by our family doctor.

"I had also worked as a nurse's aide in a small town, and I wanted to be a nurse in a large city."

First impressions—"I liked the dorm. I think the residence is beautiful. I also went to Jack's with one of the older students and they made me feel right at home."

What had you heard about Jefferson—"First I didn't believe what was supposed to frighten us and only hope that I will know what to do if I ever find myself in some situations that other students have found themselves."

SHIRLEY SUTTHILL—

First impression of Jefferson—"I come from a small town and coming to a large city is exciting and advantageous. I think all the students were very friendly and helpful. The new residence is even better than home.

Most frightening experience—"The entertainment the first night was frightening and I wonder if the floors will be that bad.

What are you looking forward to—"I am looking forward to my first operation."

FLOSSY SCHWARTZ

What was your happiest moment—"It was my first year in training and it was Christmas time. This was the first Christmas I had spent away from home. I worked on Urology ward and we had a small party with

POFFY SHEH—"One important moment is helping a surgical patient recover and gain back his strength."

(Happiest Moment)

Funnest Moment—"The incident with the blood pressure cuff stands out in my mind as well as in a certain doctor's.

"It was my first year and my first tour of night duty. It was 2 o'clock and I was taking the blood pressure on a lady. I pumped it up to 200 degrees and couldn't bring it down. While trying to release it, all I could think of was that the lady might get gangrene of the arm. So I took out my scissors and cut off the inflated cuff. I took it back to the nurse's station. In the morning I told the doctor. This experience cost me four dollars for a new cuff.

Jefferson offers—"It gives you the greatest clinical experience on the wards and floors.

"It also lets you accept responsibility at a young age.

You meet all different types of people from all walks of life."

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Advantages of Jefferson—"I think the advantages are the experiences, the friends you make, the many famous men you meet and the machines you see, like the heart-lung machine."

THY EGGLE

What are you looking forward to—"I'm looking forward to the first six months being over with and finally getting on the wards."

What things have you heard—"I have heard many mistakes people have made but they seem to have learned from them."

Why did you come to Jefferson—"I came to Jefferson because of the tradition and the reputation the school has. It is well-known and thought highly of by everyone."

**Eastern Equine Encephalitis**

Eastern equine encephalitis is one of the most feared forms (a 75% death rate) of a disease for which medical science has no cure or even an effective method of control. The symptoms of encephalitis are: headache, nausea, delirium, coma, and convulsions. The disease has killed 18 persons and hospitalized 11 others in the Atlantic, Cape May, and Ocean counties in southern New Jersey since August.

Researchers have long known that encephalites (inflammation of the brain) is caused by viruses transmitted to man and form animals from infected birds by insect vectors (i.e. carriers) usually in mosquitoes or ticks. There are two families of viruses "A" and "B". They disguise themselves in many different areas, e.g., Japanese "A" in eastern Asia, Murray Valley Fever in Australia; Mayaro and Ilheus in South and Central America, etc. The virulent Japanese "B" variety has been spread across Asia by migrating herons, sometimes affects thousands in a summer. Some 28,000 died in Japan and Korea last year; another epidemic this summer has killed 500 in Korea alone.

The United States in not often hurt by big, Asian-style outbreaks. The principal domestic forms—Western equine and St Louis encephalities are usually more benign than their Oriental cousins. During an epidemic of Western equine in Utah last year, 47 cases were reported, but only one victim died. Eastern equine is more virulent; those who survive the brain congestion and the raging temperatures (up to 110 before death) often suffer some mental impairment or partial paralysis. The disease is common among animals but is rare among man. New Jersey has never had a case of encephalites reported before.

Swamps are now being sprayed and people are warned to stay away from them or anywhere mosquitoes abound.

**BY—LOUISE BAXTER**

**WELCOME TO MISS BENITZ**

We have all found out that there is a new head house mother at the residence, Miss Benitz. We would like to take this opportunity to bid her welcome. We hope that we make her feel at home, and that we appreciate her presence.

Again we bid you welcome, Miss Benitz and appreciate all you are doing for us.

**ANSWER TO QUESTIONNAIRE**

Hypertrichophydia is a condition of the eyebrows when they have grown and become long and flowing.