

Exploring the Role of Life Review Videos with Patients Diagnosed with Advanced Cancer

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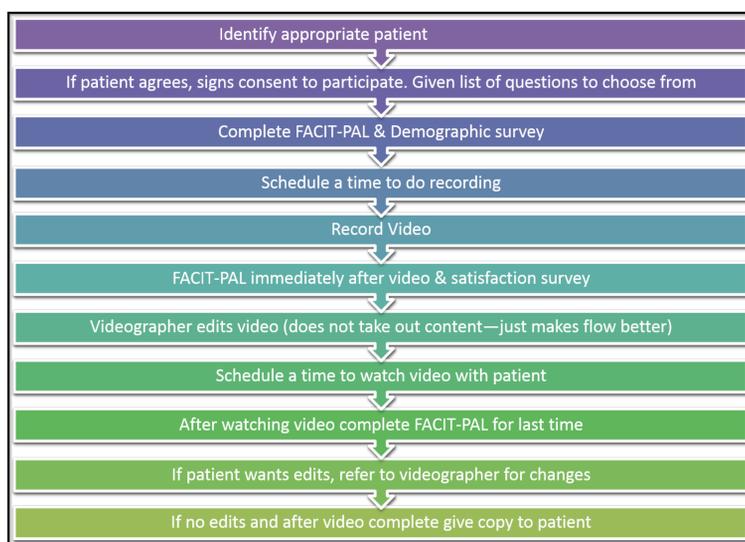
Background/Rationale

- Life Review Videos can provide patients with hope, help them finding meaning and value of life.
- Patients with cancer have limited opportunities to discuss their life before cancer.
- Insufficient research related to how patients would want their video to be used by family/friends and who they would chose to share their video with.
- Limited research regarding whether the relationship with the interviewer matters to participants of life review.

Goals/Objectives:

- To evaluate the impact of a life review video on terminally ill cancer patients' perceptions of quality of life.
- To determine if the relationship with the interviewer matters to participants
- To evaluate if participants discuss common themes during the recording of their life review video.

Strategy/Methodology

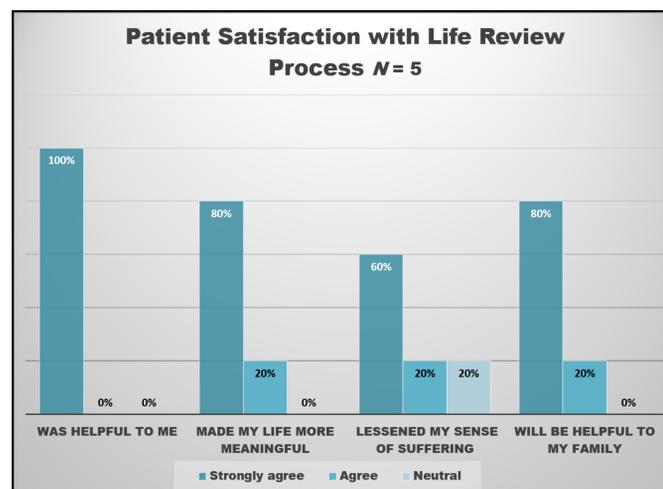


Characteristic	Frequency
Sex:	
Male-----	3
Female-----	2
Age:	
30-39-----	1
40-49-----	1
50-59-----	2
60-69-----	1
Education:	
High School Diploma--	0
Some College-----	4
College Degree-----	1
Disease:	
Lung cancer-----	2
Lymphoma-----	2
Pancreatic-----	1

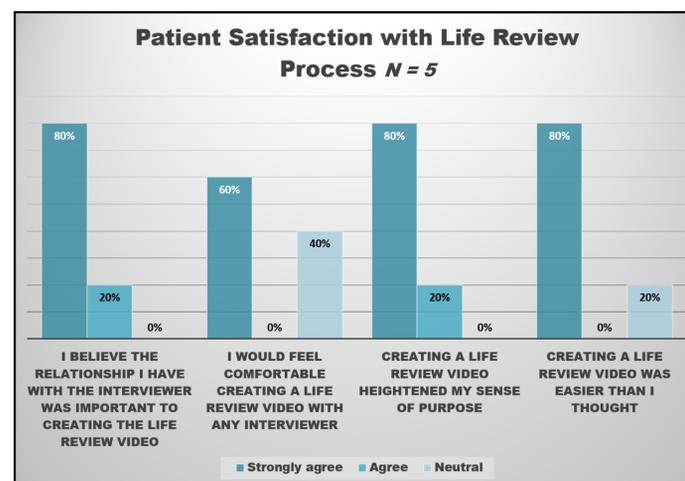
Characteristic	Frequency
Employment status:	
Disabled-----	4
Working Full time-----	1
Household Income:	
10,000-19,999-----	2
20,000-29,999-----	1
30,000-39,999-----	0
40,000-49,999-----	2
Race/Ethnicity	
Caucasian-----	4
Mixed; Hispanic/Black	1
Marital Status:	
Married-----	5
Not married-----	0

Outcomes:

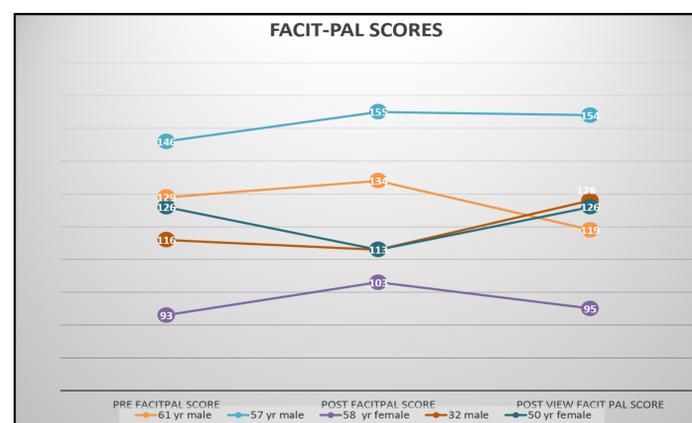
- 100% of patients felt that creating a life review video was helpful to them
 - "No one in my family will talk about the possibility of death, participating in this video gave me a chance to talk about some of those fears and that was really helpful." ~57 year old male



- Most patients felt creating a life review video was easier than they thought it would be
 - "I was afraid my video would be sad, but you know what? I am an entertaining guy. I could watch this video over and over again. This is how I want my family to remember me." ~ 61 year old male

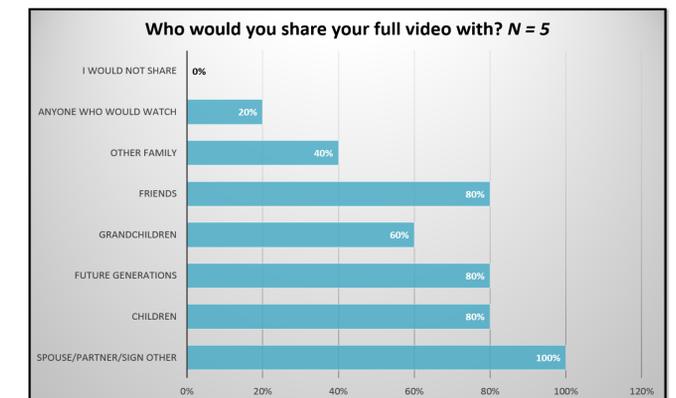


- FACIT-PAL scores takes into consideration physical, emotional, social and functional well being using a standardized reliable and valid tool.

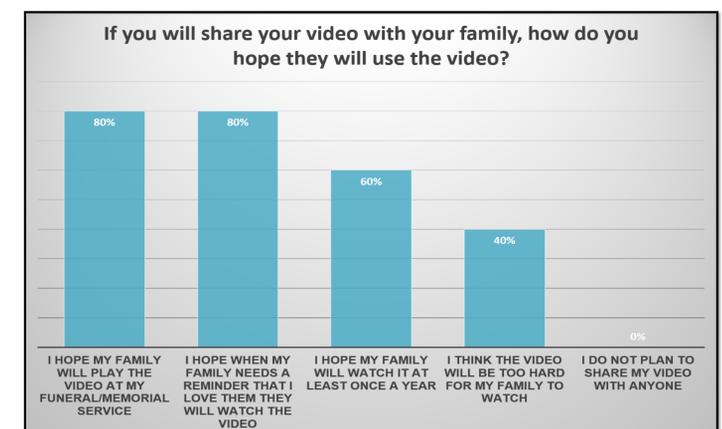


Outcomes:

- All participants wanted to share their video with at least someone
- One participant had no children, but would have shared with children if he had children
- 40% of patients were concerned their family would find the video too hard to watch
 - "I can't bring myself to watch the video right now. I'm glad he made the video as he talks about it often, but I'm just not ready to watch it" ~wife of patient



- "It is my wish that my family will watch this video when they feel sad and need to be remembered how much I love them...how much I have always loved them." ~58 year old female



Conclusions:

- All participants reported they found creating a life review video to be helpful to them
- FACIT-PAL likely not best choice to monitor quality of life for this project because of variability in patients functional status, emotional well-being and physical well-being could fluctuate for a myriad of ways through cancer trajectory.
- Participating in life review videos was very rewarding for oncology social worker
- Cost to create video (\$525) seemed reasonable to leave legacy behind for patients and their family.
- Small sample size, however participants generally pleased with results and enjoyed watching their video.
- Good opportunity for cancer centers to provide opportunities for patients to reflect on their life and create a life legacy in a meaningful way.

