

Celebrate

Expressions of Asia

Craft - Music - Dance - Food

Sponsored By The Activities Office, The Office Of Diversity & Minority Affairs
and The Office Of International Exchange Services

JADE Origami & Calligraphy Night

Kick off Expressions of Asia Month and get in tune with your artistic side! Refreshments provided.

Thursdays, January 5 @ 6:00 pm
Jefferson Alumni Hall, Center Cafeteria

For more information please contact
Theresa Nguyen at theresa.nguyen@jefferson.edu

Expressions of Asia Lecture Series

Healthcare Services for Chinese Immigrants in America

Featuring: Dr. Phillip Siu

Learn about the healthcare delivery system as it currently exists, and the particular challenges Chinese immigrants face in accessing healthcare in Philadelphia. The discussion will also include attempts to overcome these challenges, as well as those that lie ahead. Lunch provided.

Tuesday, January 10 @ 12:00 noon & 1:00 pm
Solis-Cohen Auditorium, Jefferson Alumni Hall

For more information please contact
Theresa Nguyen at theresa.nguyen@jefferson.edu

Indian Dance Sampler

Journey through ancient and modern India via dance. Take a peek into the world of "Bharatanatyam", the most revered classical dance style of India, and Bollywood fusion dance, a contemporary mix of dance styles from around the world.

Tuesdays, January 10, 17, 24, 31 @ 6:30 pm – 7:30 pm
Fitness Center Group Exercise Studio

\$30.00 for Jefferson Students
\$40.00 for Fitness Center Members
\$50.00 for Employees
\$60.00 for Guests of Students and Employees
Pre-registration with valid Jefferson ID is required.

For more information please contact the Activities Office
Jefferson Alumni Hall Room B67, (215) 503-7743

Tai Chi

A series of meditative and self-healing movements based on Chinese teachings over 6,000 years old, Tai Chi literally translates to "The Grand Ultimate Way of Life" as taught through movement.

Wednesdays, January 11, 18, 25,
February 1, 8, 15 @ 6:00 pm – 7:00 pm
Jefferson Alumni Hall, Center Cafeteria

\$25.00 for Jefferson Students
\$30.00 for Fitness Center Members
\$40.00 for Employees
\$50.00 for Guests of Students and Employees
Pre-registration with valid Jefferson ID is required.

For more information please contact the Activities Office
Jefferson Alumni Hall Room B67, (215) 503-7743

Dinner & A Movie: *Unleashed*

Thursday, January 12
Dinner @ 6:30 pm & Film @ 7:00 pm
Foerderer Lecture Hall, College Building

FREE for Full-time Jefferson Students (valid Jefferson ID required)
\$3.00 Employees & Part-time Students (valid Jefferson ID required)
\$5.00 Guests of Jefferson Students & Employees

For more information please contact the Activities Office
Jefferson Alumni Hall Room B67, (215) 503-7743

Expressions of Asia Lecture Series

HIV and AIDS in the Asian American Community - Myths and Realities

Featuring: Laura Lau, AIDS Services in the Asian Community (ASIAC)
Discover the commonly misunderstood stereotypes about HIV/AIDS and how they affect treatment outcomes. Learn more about the services provided by ASIAC and how you can get involved. Lunch provided.

Monday, January 16 @ 12:00 noon & 1:00 pm
Solis-Cohen Auditorium, Jefferson Alumni Hall

For more information please contact
Theresa Nguyen at theresa.nguyen@jefferson.edu

Ikebana Demonstration

Ikebana is the Japanese art of formal flower arrangement. With special regard to balance, harmony and form, Ikebana expresses ideas and impressions of nature through flowers.

Tuesday, January 17
Demonstration & Lecture: 12:00 noon – 1:00 pm
Arrangement Sale: 1:00 pm – 2:00 pm
Bluemle Life Sciences Building, Room 107

Free for Full-Time Students & Fitness Center Members
\$5.00 for Part-Time Students & Employees
\$10.00 for Guests of Students & Employees

For more information please contact the Activities Office
Jefferson Alumni Hall Room B67, (215) 503-7743

Expressions of Asia Cultural Evening

Celebrate Expressions of Asia while enjoying various Asian cuisines and unique entertainment. The evening will include a fashion show, martial arts demonstration, and performances by the Archana Dance Academy, Korean drummers, Hypnotiq, and much, much more!

Friday, January 20 @ 6:00 pm
Cafeteria, Jefferson Alumni Hall

For more information please contact the Office of
Diversity & Minority Affairs - Jefferson Medical College
Jefferson Alumni Hall Suite 163, (215) 503-6764

Expressions of Asia Lecture Series

Hepatitis B & Hepatocellular Carcinoma in the Asian American Population

Featuring: Hie-won Hann

Learn more about this devastating disease and its implications in the Asian American population. Discover how you can identify symptoms and make a diagnosis before it's too late. Lunch provided.

Tuesday, January 24 @ 12:00 noon & 1:00 pm
Solis-Cohen Auditorium, Jefferson Alumni Hall

For more information please contact
Theresa Nguyen at theresa.nguyen@jefferson.edu

Panel of Indian Doctors

Featuring: Dr. Salman Akhtar, Dr. Madhu Kalia, & Dr. Vijay Rao
Learn about the work and interests of some of Jefferson's Indian Doctors. Indian Cuisine Dinner provided.

Monday, January 30 @ 6:00 pm & 8:00 pm
Jefferson Alumni Hall, Room 307

For more information please contact
Neerav Goyal at neerav.goyal@jefferson.edu

Dance Dance Revolution Tournament

So you think you can dance? Show off what you got and win some awesome prizes! Registration tables will be available during lunch in the Jefferson Alumni Hall lobby during the month of January. Refreshments provided by Panda Garden.

Tuesday, January 31 @ 6:00 pm
Foerderer Lecture Hall, College Building

\$3.00 Cover Charge \$5.00 Tournament Entry Fee
All proceeds will be donated to the new Chinatown Mentoring Program.

For more information please contact
Theresa Nguyen at theresa.nguyen@jefferson.edu

Asian Cuisine

Stir-Fry Station

Wednesday, January 18 & 25
Cafeteria, Jefferson Alumni Hall
Prepared by the Department of Nutrition & Dietetics

Dinner Special
Show your Jefferson ID and get a free serving of soup and a soda with your dinner purchase.

Monday, January 30
New Heaven Restaurant
1119 Walnut Street, Philadelphia, Pennsylvania 19107

For more information please contact
Theresa Nguyen at theresa.nguyen@jefferson.edu



Thomas
Jefferson
University