

Primary provider beliefs and practice patterns contribute to the lack of HIV/HCV coinfected patients undergoing liver transplantation in the United States

Jonathan M. Fenkel, MD and Victor J. Navarro, MD

Division of Gastroenterology and Hepatology, Thomas Jefferson University Hospital, Philadelphia, PA, United States

DISCLOSURES

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BACKGROUND

- Up to 40% of patients with HIV infection in US are coinfected with Hepatitis C (HCV).¹⁻³
- Compared to HCV monoinfected patients, coinfected patients have:
 - Faster progression to cirrhosis^{1,2}
 - Poorer response to HCV treatment⁴
 - Increased incidence of hepatocellular carcinoma (HCC)⁵
- Liver transplant (LT) referrals are uncommon for coinfected patients despite increased risk of needing LT.

OBJECTIVE

To determine if primary providers' personal beliefs and selfreported practice patterns may be a barrier to LT for HIV/HCV coinfected patients.

METHODS

- 25-question survey sent via US Mail
- Study Cohort included all Primary Care and Infectious Diseases physicians in the US-census defined Philadelphia-Camden-Wilmington Metropolitan Statistical Area whose mailing addresses were publicly available (n=3,160).
 - 1608 Family Medicine (FM), 1384 General Internal Med (IM), 168 Infectious Diseases (ID)
 - 53 hospitals in 11 counties in four states (PA, NJ, DE, MD) had websites with a physician locator search function and were included in the study cohort.
- The survey measured provider demographics, practice patterns, and beliefs regarding patients with HIV/HCV coinfection, with and without known cirrhosis.

RESULTS

- The overall response rate = 12.3% (n=387).
- The responding cohort included:
 - 208 FM, 142 IM, 34 ID, 3 Med-Peds
- Respondent demographics are outlined in Table 1
- 34 (8.7%) self-identified as HIV specialists (28 ID, 6 IM)

Table 1: Respondent Demographics	
Median Age (range)	51.5 ± 11.6 (30-89)
Median Years in Practice	20 ± 12.2 (1- 61)
University/Academic	17.4%
Private Practice	59.9%
Median Total Patients/Month	320 ± 273.8
Median HIV/HCV Patients/Month	1 ± 7.24

- HIV specialists were significantly more likely to believe coinfected patients should be eligible for LT (91.2% vs. 41.5%, p<0.001, Figure 1)
- No significant differences were found between LT eligibility beliefs of providers trained before or after the introduction of highly active antiretroviral therapy (HAART) (p=0.74) or University vs. Non-University providers (p=0.09)

Figure 1: Should coinfected patients be eligible for LT?



** HIV specialists significantly more likely to believe coinfected patients should be eligible for LT (OR 14.6, 95% CI 4.36 – 48.6, p<0.001)

RESULTS (continued)

However, HIV Specialists reported no difference in referral rates for LT evaluation compared to non-HIV specialists (50% vs. 50%, p=1.00, Figure 2).



Figure 2: Likelihood of referral for LT evaluation

CONCLUSIONS

The majority of primary providers were ambivalent toward or against LT for HIV/HCV coinfected patients

Half of all respondents were unlikely to refer cirrhotic coinfected patients for LT evaluation.

HIV specialists were significantly more likely to believe transplant should be offered, but reported no difference in likelihood of LT referral.

These findings suggest that primary provider beliefs and self-reported practice patterns may partially explain the paucity of coinfected US liver transplant recipients.

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