

Winter 2020

## This Holiday Season Give the Gift of Safety

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# This Holiday Season Give the Gift of Safety

*Keep these mask-wearing tips and facts in mind to have a safe holidays*

## 1. Mask-wearing is necessary

COVID spreads through respiratory droplets, wearing a mask will contain the spread of infectious particles.



Keep a checklist of everything you need before you leave the house for holiday shopping.

## 2. Stay safe

Wearing a mask will prevent you from touching your face.



Wear a mask for the safety of yourself and others while you're out gift shopping.

Just because you're not showing symptoms doesn't mean you're not putting others at risk.

Don't forget your mask when delivering gifts!



## 3. Responsibility to others

Wear a mask to gatherings when you expect to be close to others.

Think of your vulnerable family members: grandparents, those with weak immune systems.

Have a safe and happy holidays!