The Throat and The Voice: Cover, Frontismatter, Table of Contents, and Preface

Jacob Solis Cohen

Follow this and additional works at: http://jdc.jefferson.edu/throat_and_voice

Part of the History of Science, Technology, and Medicine Commons

Recommended Citation
http://jdc.jefferson.edu/throat_and_voice/2

This Article is brought to you for free and open access by the Jefferson Digital Commons. The Jefferson Digital Commons is a service of Thomas Jefferson University's Center for Teaching and Learning (CTL). The Commons is a showcase for Jefferson books and journals, peer-reviewed scholarly publications, unique historical collections from the University archives, and teaching tools. The Jefferson Digital Commons allows researchers and interested readers anywhere in the world to learn about and keep up to date with Jefferson scholarship. This article has been accepted for inclusion in The Throat and the Voice, by J. Solis Cohen, M.D. 1879 by an authorized administrator of the Jefferson Digital Commons. For more information, please contact: JeffersonDigitalCommons@jefferson.edu.
THE THROAT AND THE VOICE

CoHEN.
AMERICAN HEALTH PRIMERS.

Edited by W. W. KEEN, M.D.,
Fellow of the College of Physicians of Philadelphia; Surgeon to St. Mary’s Hospital, etc.

This series of American Health Primers is prepared to diffuse as widely and cheaply as possible, among all classes, a knowledge of the elementary facts of Preventive Medicine, and the bearings and applications of the latest and best researches in every branch of Medical and Hygienic Science. They are not intended (save incidentally) to assist in curing disease, but to teach people how to take care of themselves, their children, pupils, employés, etc.

They are written from an American standpoint, with especial reference to our Climate and modes of Life; and in these respects we differ materially from other nations.

The subjects selected are of vital and practical importance in every-day life, and are treated in as popular a style as is consistent with their nature. Each volume, if the subject calls for it, is fully illustrated, so that the text may be clearly and readily understood by any one heretofore entirely ignorant of the structure and functions of the body. The object being to furnish the general or unscientific reader, in a compact form and at a low price, reliable guides for the prevention of disease and the preservation of both body and mind in a healthy state.

The authors have been selected with great care, and on account of special fitness, each for his subject, by reason of its previous careful study, either privately or as public teachers.

The volumes are sold separately, neatly bound in cloth, at 50 cents, or subscriptions will be received for the series of 12 volumes at Five Dollars, if paid for in advance.

The first SIX volumes are now ready, others will follow at intervals of about once a month.

I. Hearing, and How to Keep It,
By CHAS. H. BURNETT, M.D., of Philadelphia, Consulting Aurist to the Pennsylvania Institution for the Deaf and Dumb, Aurist to the Presbyterian Hospital, etc.

II. Long Life, and How to Reach It,
By J. G. RICHARDSON, M.D., of Philadelphia, Professor of Hygiene in the University of Pennsylvania, etc.

III. The Summer and its Diseases,
By JAMES C. WILSON, M.D., of Philadelphia, Lecturer on Physical Diagnosis in Jefferson Medical College, etc.

IV. Eyesight, and How to Care for It,
By GEORGE C. HARLAN, M.D., of Philadelphia, Surgeon to the Wills (Eye) Hospital.

V. The Throat and the Voice,
By J. SOLIS COHEN, M.D., of Philadelphia, Lecturer on Diseases of the Throat in Jefferson Medical College.

VI. The Winter and its Dangers,
By HAMILTON OSGOOD, M.D., of Boston, Editorial Staff Boston Medical and Surgical Journal.

VII. The Mouth and the Teeth,

VIII. Our Homes,
By HENRY HARTSHORNE, M.D., of Philadelphia, Formerly Professor of Hygiene in the University of Pennsylvania.

IX. The Skin in Health and Disease,
By L. D. BULKLEY, M.D., of New York, Physician to the Skin Department of the Denbil Dispensary and of the New York Hospital.

X. Brain Work and Overwork,
By H. C. WOOD, Jr., M.D., of Philadelphia, Clinical Professor of Nervous Diseases in the University of Pennsylvania, etc.

XI. Sea-Air and Sea-Bathing,
By JOHN H. PACKARD, M.D., of Philadelphia, Surgeon to the Episcopal Hospital.

Other volumes are in preparation, including the following subjects: “Preventable Diseases,” “Accidents and Emergencies,” “Towns we Live In,” “Diet in Health and Disease,” “The Art of Nursing,” “School and Industrial Hygiene,” etc., etc. They will be 16mo in size, neatly printed on tinted paper, and bound in cloth, 50 cents. Mailed free upon receipt of price.

LINDSAY & BLAKISTON, Publishers, Phila.
AMERICAN HEALTH PRIMERS.

EDITED BY

W. W. KEEN, M.D.,

FELLOW OF THE COLLEGE OF PHYSICIANS OF PHILADELPHIA,
AND SURGEON TO ST. MARY'S HOSPITAL.
THROAT AND THE VOICE.

BY

J. SOLIS COHEN, M.D.,
Lecturer on Diseases of the Throat and Chest in Jefferson Medical College, and on Physiology and Hygiene of Voice in the National School of Elocution and Oratory.

PHILADELPHIA: LINDSAY & BLAKISTON.
1879.
# CONTENTS

## PART I.

### THE THROAT

<table>
<thead>
<tr>
<th>CHAPTER</th>
<th>PAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>I. General Construction of the Throat</td>
<td>9</td>
</tr>
<tr>
<td>II. Care of the Throat</td>
<td>19</td>
</tr>
<tr>
<td>III. Acute Sore Throats</td>
<td>30</td>
</tr>
<tr>
<td>IV. Diphtheria</td>
<td>42</td>
</tr>
<tr>
<td>V. Croup</td>
<td>49</td>
</tr>
<tr>
<td>VI. Acute Laryngitis</td>
<td>53</td>
</tr>
<tr>
<td>VII. Chronic Sore Throats</td>
<td>56</td>
</tr>
<tr>
<td>VIII. Enlarged Tonsils</td>
<td>66</td>
</tr>
<tr>
<td>IX. Chronic Laryngitis</td>
<td>68</td>
</tr>
<tr>
<td>X. Foreign Bodies in the Throat and Wind-pipe</td>
<td>72</td>
</tr>
<tr>
<td>XI. Morbid Growths in the Throat and Wind-pipe</td>
<td>74</td>
</tr>
<tr>
<td>XII. Paralysis of the Throat</td>
<td>75</td>
</tr>
<tr>
<td>XIII. Spasm of the Throat</td>
<td>77</td>
</tr>
<tr>
<td>XIV. Neuralgia of the Throat</td>
<td>82</td>
</tr>
<tr>
<td>XV. Naso-Pharyngeal Catarrh</td>
<td>83</td>
</tr>
</tbody>
</table>
PART II.

THE VOICE.

CHAPTER                  PAGE
I.  THE VOICE           .  87
II.  ACOUSTICS OF VOICE  .  89
III. VARIETIES OF VOICE . 113
IV.  THE VOCAL ORGAN    . 116
V.  VOCAL CULTURE       . 129
VI. IMPROPER USE OF THE VOICE . 134
VII. VOCAL GYMNASTICS   . 143
VIII. DEFECTS OF VOICE  . 147
IX.  CARE OF THE VOICE  . 154

PREFACE.

THERE is no pretension, in the following pages, to teach either the art of practising medicine or the art of cultivating the voice. The aim of the writer has been to direct the attention of the general reader to some scientific facts concerning THE THROAT AND THE VOICE, and to present for consideration some opinions and advice based upon an intelligent appreciation of those facts.

Should the perusal of this little volume incite desire for fuller expositions than have been displayed in the "Primer," ample material is accessible in various treatises on Anatomy, Physiology, Physics, and Vocal Culture. Study from these sources will be the more profitable, the more it is supplemented by personal investigation.